



Members
**CHRISTMAS
PARTY**
2024

WEDNESDAY, DECEMBER 11

12:00 - 4:00 PM

LUNCH, DANCING, AND PRIZES

\$10 for Lunch

Van Buren Community Center

46425 Tyler Road, Van Buren Township

Please RSVP by December 1 at 734-699-8918



VAN BUREN
SENIOR CENTER

Classes, Clubs and Special *Events*

SPECIAL EVENTS AND TRIPS:

CHRISTMAS MOVIE IN THE BLACK BOX THEATER

A successful song-and-dance team become romantically involved with a sister act and team up to save the failing Vermont inn of their former commanding general, just in time to celebrate a fresh fallen blanket of snow for Christmas. Your day will include light refreshments before the movie in the Aspen room.

Day	Time	Location
Wed 12/18	12 – 12:45 pm Refreshments in the Aspen Room, 1 pm Movie begins	Willow Room

JINGLE BELL BINGO

This members-only bingo afternoon is sure to get you into the holiday spirit. Your afternoon will include the following: 2 bingo cards (each card has 3 games each) 4 games of bingo and drinks, snacks and prizes. Jingle bells will be provided or bring your own.

Day	Time	Location
Sat 12/7	1:00 pm	Aspen Room

RESTAURANT RAMBLERS

Enjoy dining at restaurants with other VBT senior members and form new connections. In fairness to the restaurants, we respectfully request you do not show up at the restaurant. Meet in the Willow Room, members only. Cost is \$3 for transportation, which must be paid at the time of sign-up. Lunch is on your own.

Day	Time	Location
Tues, 10/9, 11/13 No December trip planned due to the Members Only Christmas Party	11:30 am - 2:30 pm	Wheat and Rye Little Brown Jug

ONE DAY WHIRLS

These trips combine a little fun with a little bit of food. Each trip will take you to a different venue and then to a nearby restaurant for lunch. Each trip leaves at 11:30 am from the VBT Senior Center. Return times will vary depending on the location of the trip. Cost will vary per trip and includes bus ride and admission into the venue. Lunch is on your own. Please note that all the trips listed will require a moderate to heavy amount of walking.

Day	Cost (Lunch is on your own)	Location
Tues 10/15 Tues 11/19 (trip will be leaving at 9 am)	\$10 \$36.00 (admission into the Henry Ford Museum and Transportation)	Plymouth Orchards/Karl's Kabin The Henry Ford Museum

Classes, Clubs and Special

MIRACLE ON 34TH STREET MEMBERS ONLY PRE-GLOW

Join other Senior Center members in the Willow Room for some holiday cheer before a performance of Miracle on 34th Street in the Black Box Theater. Tickets for the play are purchased on your own; limited number of tickets put aside for members to purchase. Ticket price for Senior Members is \$16 per person.

Day	Time	Location
Sun 12/8	12:30 - 1:30 pm Show starts at 2 pm	Willow Room

ONE-DAY EXCURSIONS ARE BACK!

In partnership with Custom Holidays, VBT Senior Center members can take advantage of these great one-day travel opportunities. Registration forms will be available at the VBT Senior Center. Payments for each trip are made directly to Custom Holiday. More information will be available at the Senior Center desk in September.

AUTUMN COLOR CRUISE ON BOARD THE MICHIGAN PRINCESS

Board the Michigan Princess for a scenic riverboat cruise with a buffet lunch and entertainment by the Dixie Land Band. The Grand Princess Riverboat combines the charm of an earlier time in history with modern conveniences of today. What better way to see the explosion of colors than a cruise down the Grand River. Discover a one-stop shop at Horrock's Farm Market offering a delectable array of fresh produce, gourmet oils and vinegars, craft beer, a variety of dry goods and so much more. Trip includes luxury motor coach transportation and a buffet lunch aboard the Michigan Princess.

Day	Time	Cost	Depart Location
Tues 10/15	9 am - 6 pm	\$129 per person	Senior Center

WINTER WONDRETTES AT TURKEYVILLE

The Wonderettes are back! Custom Holidays is ready to take you to Cornwell's Turkeyville for this seasonal celebration that find the girls entertaining at the Harper's Hardware Holiday Party. Featuring great 60's versions of the holiday classics such as "Santa Clause is coming to Town," "Jingle Bell Rock" and many others. This energetic and glittering holiday package is guaranteed to delight. This package includes luxury motor coach transportation and Cornwell's famous turkey dinner with all the trimmings!

Day	Time	Cost	Depart Location
Thurs 11/21	8:30 am - 6:30 pm	\$119 per person	Planet Fitness - Van Buren Township 10900 Belleville Road

A VERY MOTOWN CHRISTMAS

For more than 30 years, The Prolifics have delighted audiences with their outstanding tribute to the Motown legends. The music, moves, and audience interaction make for a memorable entertaining experience. Their Motown Christmas Tribute combines all the Motown hits we've grown to love along with all the holiday classics that were performed by The Temptations, The Jackson 5, Four Tops and many more. Trip includes luxury motor coach transportation, a visit to Bronners Christmas Wonderland and Zehnder's famous chicken dinner.

Day	Time	Cost	Depart Location
Tues 12/3	9 am - 6:30 pm	\$125 per person	Allen Park Civic Center 15800 White Ave

CHESS CLUB

All skill levels welcome. Chess boards and pieces will be provided, or bring your own.

Day	Time	Location
Wednesdays	10 am - 1 pm	Willow Room

BACKGAMMON CLUB

Backgammon equipment will be provided or bring your own. All skill levels welcome.

Day	Time	Location
Fridays	10 am - 1 pm	Willow Room

CLUB VINYL

Looking to share your interest with other like-minded enthusiasts of classic vinyl? Then this group is for you. We will provide the record player you bring in the records. Sit and enjoy that classic sound that only comes from a vinyl record.

Day	Time	Location
Wednesdays	1 - 3 pm	Willow Room

GAME DAY

If you have a favorite game, feel free to bring it and share. Card games are also welcome.

Day	Time	Location
Thurs 10/3, 10/17 11/7, 11/21 12/5, 12/19	1 - 3 pm	Aspen Room

TRIVIA

Test your trivia skills and see how much you know – or don't know. Categories will include facts such as history, people, events, geography, food and sports.

Day	Time	Location
Thurs 10/10, 10/24 11/14, 12/12	12 - 2 pm	Cherry Room

CONTINUED

BINGO

Save your pennies for an afternoon of fun. If you love a good game of Bingo, this is the time and place for you. Bring your own pennies. \$1 per card, each card has 3 games. Members only.

Day	Time	Location
Fri	12:30 - 2:00 pm (card selection at noon, doors open at 11:30 am)	Aspen Room

CORNHOLE LEAGUE

This is a fun league open to all skill levels. You will play everyone once, during the course of the 5 weeks. Trophy to the league champion. This is a VBT Senior Center member-only league, space limited to 6 teams (12 players). Please sign up as a team.

Day	Time	Location
Thurs 11/7 - 12/12 League does not meet on 11/28	11 am - 1 pm	Aspen Room

INDOOR CORNHOLE

Get together with your friends to keep your game sharp. Boards and bags will be provided.

Day	Time	Location
Thurs Does not meet 11/7 - 12/12	11 am - 1 pm	Aspen Room

3-ON-3 PICK-UP BASKETBALL

Meet in the gym every Tuesday for half-court 3-on-3 pick-up basketball. Each game is played up to 20 points.

Day	Time	Location
Tuesdays	11 am - 1 pm	Gym - East

POOL LEAGUE

Take your cue from others and join the pool league. This is a fun league open to all skill levels. You will play everyone once during the course of the 7 weeks. Trophy to the league champion!!! This is a members-only league; please sign up in advance. Spots are limited to the first 8 members that register.

Day	Time	Location
Wed 11/6 - 11/18	1 - 3 pm	Dogwood Room

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LUNCH AND LEARN

Different agencies come and share topics that are of interest to seniors. Lunch and beverages are provided, or bring your own lunch. There is no charge for this program, however we do ask that you pre-register.

Day	Time	Location
Mon 10/28, 11/25, 12/16	12 - 1 pm	Cherry Room

BILLIARDS ROOM

Grab some friends or shoot on your own. Bring your own equipment or use one of the house cues. *Please note that there may be certain times and days the room will be closed for a pool league, this information will be posted at the Senior Center.*

Day	Time	Location
Mon - Fri	6 am - 8 pm	Dogwood Room
Sat	8 am - 6 pm	
Sun	9 am - 2 pm	

EUCHRE (NEW)

Bring a friend or get paired up at this monthly gathering of Euchere enthusiasts. Beginner and experienced players alike are welcomed.

Day	Time	Location
Thurs 10/10, 11/14, 12/12	1 - 3 pm	Aspen Room

HAND AND FOOT (NEW)

Hand and Foot is a popular card game that is played with partners. It is a variation of Canasta and is played with two decks of cards. The game is easy to learn and can be played by anyone, regardless of their skill level. The objective is to score points by creating melds of cards and getting rid of all the cards in your hand and foot. The game is fast-paced and exciting, making it a great choice for game night with friends and family.

Day	Time	Location
Thurs 10/24 Does not meet 11/28 - 12/26	1 - 3 pm	Aspen

YOGA

Learn to relax with slow, gentle movements and correct breathing. Introduce Yoga into your life and increase strength, balance and flexibility.

Day	Time	Location
Tues Session 2 - 9/10 - 10/29	11 am - 12 pm	Fitness Studio

ZUMBA GOLD

Zumba Gold is the perfect exercise for you to stay active, burn calories, and train coordination with simple dance moves. Wear loose, comfortable clothing and supportive athletic shoes.

Day	Time	Location
Mon Session 2 - 9/10 - 10/28 Mon Session 3 - 11/11 - 12/19 Wed Session 2 - 9/11 - 10/30 Wed Session 3 - 11/13 - 12/11 Fri Session 2 - 9/13 - 11/1 Fri Session 3 - 11/15 - 12/13	10:30 - 11:30 am	Gym

AFEP

Stay Active! This class will increase joint flexibility and range of motion, and help maintain muscle strength. This class is geared specifically toward those with Arthritis, most exercises are done sitting in a chair.

Day	Time	Location
Mon Session 2 - 9/9 - 10/28 Mon Session 3 - 11/11 - 12/5 Wed Session 2 - 9/11 - 10/30 Wed Session 3 - 11/13-12/18 Fri Session 2 - 9/13 - 11/1 Fri Session 3 - 11/15 - 12/20	9:30 - 10:30 am	Gym

TAI CHI

Tai Chi has been proven to increase balance, prevent falls and enhance relaxation. Learn the Yang 24 Form, one of the most popular forms of Tai Chi Practices.

Day	Time	Location
Tues Session 1 - 9/10 - 10/29 Session 2 - 11/12 - 12/10	11:30 am - 12:30 pm	Fitness Studio

ATI Fall Risk Reduction

Join the staff from ATI Physical Therapy as they show you techniques to reduce falls.

Day	Time	Location
Thurs 10/24, 11/21, 12/19	12 - 1 pm	Aspen Room

GET YOUR *Craft On*

BEADING

Do you like to create beautiful jewelry to sell, give as gifts or simply to keep for yourself? If so, this is the workshop is for you. Learn to make beautiful necklaces, bracelets and more!

Day	Time	Location
Thursday (no class 11/27 or 12/11)	12 - 3 pm	Cedar Room

GREETING CARD WORKSHOP

Our card workshop takes greeting cards to a whole new level by letting you design and personalize every card you create. From start to finish, Denise will show you how to make beautiful cards of all occasions.

Day	Time	Location
Thurs 10/3, 10/17, 11/7, 11/21, 12/3	10 am - 12 pm	Cedar Room

CROCHET/KNITTING

Bring your own project or come and learn a new pattern. Learn to read a pattern, a new stitch, and trade patterns. Learn about hooks, needles, and yarn.

Day	Time	Location
Tuesday	12 - 3 pm	Cherry Room

QUILT CLASS

This group works on individual projects as well as mission projects. Come enjoy the quilting and comraderie.

Day	Time	Location
Tuesday	12 - 3 pm	Cedar Room

WE CARE QUILTERS

This group works solely on charity quilting projects. All materials and equipment are supplied. Finished quilts are donated to various causes and organizations.

Day	Time	Location
Wed, 10/9, 10/23, 11/13	12 - 3 pm	Cedar Room

PAINTING WITH DENISE - HALLOWEEN PAINTING

Enjoy an afternoon of painting as Denise takes you step-by-step to creating a Halloween painting on a 12" wood circle. Prior experience painting is not needed. All supplies will be provided.

Day	Time	Location
Wed 9/18	1 - 3 pm	Cedar Room

PAINTING WITH DENISE - THANKSGIVING PAINTING

Enjoy an afternoon of painting as Denise takes you step-by-step to creating a Thanksgiving painting on a 12" wood circle. Prior experience painting is not needed. All supplies will be provided.

Day	Time	Location
Wed 10/16	1 - 3 pm	Cedar Room