

Behavioral Health Resources

Great Rivers 2-1-1: information, referral, and crisis line. Dial 2-1-1; call 1-800-8255; or go to www.greatrivers211.org.

Reaching Out Ministry Center Food Distribution: located at the corner of Highway 53 and W15822 Simonson Road, Whitehall (between Whitehall and Pigeon Falls). 1st and 3rd Thursdays of the month from 9am-11am. 2nd, 4th and 5th Thursdays of the month from 3pm-5pm. You may receive food once per month. www.reachingoutministry.wixsite.com/whitehallwi; askroch@triwest.net; 715-538-4775.

Trempealeau County AA meetings: listed online at: <https://www.aa-meetings.com/aa-meeting-location/trempealeau-county/>

NAMI (National Alliance on Mental Illness): 1-800-950-6264; text “helpline” to 62640

Survivors of Suicide Support Group: 608-633-3135; 3rd Wednesday of the month from 6-7:30pm.

Coulee Recovery Center: 933 Ferry Street, La Crosse, WI. 608-784-4177.

RAVE Mental Health Drop-in Center: 1806 State St, La Crosse, WI. 608-785-9615 Monday through Friday from 10am-3pm.

Gamblers Anonymous (National Hotline): 1-800-522-4700. Peer support forum at www.gamtalk.org.

Energy Assistance (WHEAP): Contact Western Dairyland at 715-985-2391, 8am-4:30pm, Monday through Friday.

Parenting Place: 1500 Green Bay Street, La Crosse, WI. 608-784-8125.

Women’s Clothes Closet: 612 Division Street, La Crosse, WI. 608-784-5745; youthfamily@oursaviorslutheranchurch.net. Helping women get clothing appropriate for working, business casual.