

Dove in Osseo

**Senior Dining & Fellowship & Home-Delivered Meals
Sponsored by Aging & Disability Resource Center (ADRC)
Of Trempealeau County**

Local Phone: 715-538-2001 or Toll Free: 1-800-273-2001

Serving Monday through Friday

Suggested Donation is \$ 4.00 per meal

(Anyone under 60 must pay the full meal cost of \$ 9.52)

August 2021

August 2-6:

- Monday: Sweet & Sour Meatballs, Rice, Carrots, Broccoli,
California Blend, Orange, Oreo
- Tuesday: Spaghetti w/Meat Sauce, Italian Blend Vegetables,
Fruit Juice, Mini Muffins
- Wednesday: BBQ Chicken, Tater Tots, Baked Beans, Grapes, Granola
Bar
- Thursday: Beef Roast, Potatoes, Cooked Cabbage, Watermelon
Salad
- Friday: Tuna Noodle Casserole, Peas, Pears, Lorna Doone

August 9-13:

- Monday: Lasagna, Broccoli, Bermuda Blend, Fresh Orange, Fig
Newton
- Tuesday: Creamy Pork Chop, Scalloped Potatoes, Carrots, Fresh
Banana, Granola Bar
- Wednesday: Glazed Ham, Black Beans, Sweet Potatoes, Applesauce,
Oreo
- Thursday: Beef Stroganoff, Asparagus, Apple/Peach Cobbler
- Friday: Cracker Crumb Haddock, Parsley Potatoes, Brussel
Sprouts, Mandarin Oranges, Rice Krispy Treat

August 16-20:

- Monday: Beef Stew, Mashed Potatoes, Carrots, Breen Beans, Fresh Apple, Pudding
- Tuesday: Oven Roasted Turkey w/Stuffing, Peas, Diced Peaches, Cookie
- Wednesday: Swedish Meatballs, Mashed Potatoes, Broccoli, Orange, Lorna Doone
- Thursday: Ravioli w/Cream Sauce, Vegetable Blend, Pears, Jello
- Friday: Beer Battered Pollack, Mashed Potatoes, Carrots, California Blend, Diced Pineapple, Oreo

August 23-27:

- Monday: Tomato Mac Hotdish, Broccoli, Fresh Orange, Jello
- Tuesday: Polish Sausage w/Sauerkraut, Baby Bakers, Carrots, fruit Cocktail, Fruit Yogurt
- Wednesday: Creamy Pork Loin, Cheesy Hash Browns, Baked Beans, Fruit Juice, Rice Krispy Treat
- Thursday: Sweet & Sour Meatballs, Rice, California Blend, Banana, Fig Newton
- Friday: Lemon Pepper Fish, Twice Baked Potato, Brussel Sprouts, Pears, Granola Bar

August 30-31:

- Monday: Chicken Alfredo, Broccoli, Fruit Cocktail, Jello
- Tuesday: BBQ Pork, Corn, Parsley Buttered Potatoes, Diced Peaches, Cookie

Bread, Coffee or Milk served with each meal

Grand View Care Center in Blair

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August 2021

August 2-6:

- Monday: Chicken Strips w/Honey Mustard, Garlic and Herb
Roasted Potatoes, Garbanzo Bean Salad, Pear Slices
- Tuesday: Polish Sausage, O/Brien Potatoes, Sweet Corn,
Applesauce
- Wednesday: Stuffed Green Peppers, Sweet Potato Tots, Broccoli,
Lemon Tarts
- Thursday: Fish and Chips, Baby Carrots, Mandarin
Oranges/Cookie Dessert
- Friday: Savory Ham Loaf, Harvest Mac, Cooked Spinach,
Cinnamon Apples

August 9-13:

- Monday: Salisbury Steak in Gravy, Mashed Potatoes, Corn,
Fruited Jello
- Tuesday: Pork Chops in Mushroom Gravy, Dressing, Peas,
Carrots, Cheesecake w/Fruit topping
- Wednesday: Ranch Chicken, Baby Red Potatoes, Broccoli, Mandarin
Oranges
- Thursday: Swedish Meatballs, Mashed Potatoes, Squash/Brown
Sugar, Caramel Apple Crisp

Friday: Baked Fish in Cheese Sauce, Baked Potato, Baked beans, Pineapple Bar

August 16-20:

Monday: Sloppy Joes, Sidewinders, Squash, Broccoli, Blueberries

Tuesday: Pork Roast w/Gravy, Baby Red Potatoes, Beets, Filled Pear Halves

Wednesday: Chicken, Mashed Potatoes, Brussel Sprouts, Rhubarb Betty

Thursday: Savory Ham, Au Gratin Potatoes, Baby Carrots, Black Bean Brownie

Friday: Poor Man's Lobster, Baked Potato, Bean Salad, Lettuce Salad, Red/White/Blue Yogurt Parfait

August 23-27:

Monday: Tuna and Noodles, Parslied Carrots, Buttered Spinach, Diced Pears

Tuesday: Hot Beef Sandwiches, Mashed Potatoes w/Gravy, Green Beans, Blueberry Delight

Wednesday: BBQ Pork on a Bun, Fried Potatoes, Corn, Baked Beans, Mandarin Oranges

Thursday: Steak Ranchero, Baked Potato, Beets, Peach Cobbler

Friday: Lemon-Pepper Chicken Breast, Parmesan Peas, Sweet Potatoes, Applesauce Jello Salad

August 30-31:

Monday: Brats & Kraut, Chips, Baked Beans, Peach Sauce

Tuesday: Meatballs, Mashed Potatoes, Green Bean Casserole, Cherry Crisp

Bread, Coffee or Milk served with each meal

Sacred Heart Church in Pine Creek
Senior Dining & Fellowship & Home-Delivered Meals
Sponsored by Aging & Disability Resource Center (ADRC)
Of Trempealeau County
Local Phone: 715-538-2001 or Toll Free: 1-800-273-2001
Serving Tuesday & Thursday at Noon
Suggested Donation is \$ 4.00 per meal
(Anyone under 60 must pay the full meal cost of \$ 9.52)
August 2021

August 3 & 5:

Tuesday: Goulash, Lettuce Salad, Pudding
Thursday: Beef Roast, Potatoes, Cooked Cabbage, Watermelon Salad

August 10 & 12:

Tuesday: Pork Cutlets, Potatoes, Carrots, Broccoli, California Blend, Date Bars
Thursday: Brats, Roasted Potatoes, Pineapple Bars

August 17 & 19:

Tuesday: Ham, Scalloped Potatoes, Beets, Dessert
Thursday: Creamed Chicken, Lemon Poppyseed Cake

August 24 & 26:

Tuesday: Meatloaf, Baked Potato, Carrots, Jello w/Fruit
Thursday: Tater Tot Hotdish, Fresh Vegetables, Cookies

August 31:

Tuesday: Chicken, Potatoes, Coleslaw, Marble Cake

Bread, Coffee or Milk served with each meal

Boon Docks Locker Room Bar & Grill
Senior Dining & Fellowship
Sponsored by Aging & Disability Resource Center (ADRC)
Of Trempealeau County
Local Phone: 715-538-2001 or Toll Free: 1-800-273-2001
Serving M-F from 11:00 to 12:00
Suggested Donation is \$ 4.00 per meal
(Anyone under 60 must pay the full meal cost of \$ 9.52)

August 2021

August 2-6:

Monday: Hamburger, Tomato/Lettuce, American Fries, Baked Beans
Tuesday: Pork Loin, Mashed Potatoes, Corn
Wednesday: Tuna Wrap, Tomato/Lettuce, Italian Pasta Salad
Thursday: Meatball Stroganoff, Green Beans, Peaches
Friday: Fish, Au Gratin Potatoes, Coleslaw

August 9-13:

Monday: Hamburger, Oven Fries, Baked Beans
Tuesday: Taco Salad, Tomato/Lettuce, Tortilla Bowl
Wednesday: Beef Goulash, Carrots, Tomato Sauce
Thursday: Sloppy Joes, Potato Salad, Celery
Friday: Fish, Au Gratin Potatoes, Coleslaw

August 16-20:

Monday: Hamburger, Cottage Cheese, Oven Fries, Tomato/Lettuce
Tuesday: Lasagna, Tomato Sauce, Salad
Wednesday: Ham, Scalloped Potatoes, Green Beans

Thursday: Hot Dog, Mac & Cheese, Baked Beans,
Friday: Fish, Au Gratin Potatoes, Coleslaw

August 23-27:

Monday: Hamburger, Tomato/Lettuce, Oven Fries, Baked Beans
Tuesday: Roast Beef, Corn, Mashed Potatoes
Wednesday: Country Fried Steak, Peas, Mashed Potatoes
Thursday: Ham/Turkey Sub, Tomato/Lettuce, Pasta Salad
Friday: Fish, Au Gratin Potatoes, Coleslaw

August 30-31:

Monday: Hamburger, Tomato/Lettuce, Oven Fries, Baked Beans
Tuesday: Meatballs, Mashed Potatoes, Green Beans

All Meals are served with Bread/Butter, Choice of Milk and/or Coffee

Rainbow Restaurant in Blair
Senior Dining & Fellowship
Sponsored by Aging & Disability Resource Center (ADRC)
Of Trempealeau County

Local Phone: 715-538-2001 or Toll Free: 1-800-273-2001

Serving Monday thru Friday from 11:00 to 1:00

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August 2021

August 2-6:

Monday: Grilled Chicken Sandwich, Tomato/Lettuce, American Fries, Baked Beans, Pie

Tuesday: Tater Tot Hotdish, Carrots, Mixed Vegetables, Jello w/Fruit

Wednesday: Pot Roast, Red Potatoes, Baby Carrots, Fruit

Thursday: Baked Pork Chop, Whipped Potatoes, Broccoli, Pudding

Friday: Hand Breaded Fish, Whipped Potatoes, Coleslaw, Cake

August 9-13:

Monday: Meatloaf, Whipped Potatoes, Corn, Jello w/Fruit

Tuesday: Grilled Ham, Au Gratin Potatoes, Baked Beans, Pudding

Wednesday: Port Roast, Whipped Potatoes, Green Beans, Fruit

Thursday: Beef Goulash, Carrots, Cake

Friday: Hand Breaded Fish, Baked Potato, Salad, Jello

August 16-20:

Monday: Polish Sausage, Baked Potato, Baked Beans, Fruit

Tuesday: Spaghetti w/Meat Sauce, Corn, Cake

Wednesday: Beef Roast Sandwich, Whipped Potatoes, Carrots, Fruit

Thursday: Meatloaf, Whipped Potatoes, Broccoli, Pudding

Friday: Hand Breaded Fish, Hash Browns, Coleslaw, Ice Cream

August 23-27:

Monday: Salisbury Steak, Whipped Potatoes, Baked Beans, Fruit

Tuesday: Chopped Sirloin, Corn, Baked Potato, Pie

Wednesday: Pork Roast, Whipped Potatoes, Carrots, Fruit

Thursday: Chicken Fried Steak, Whipped Potatoes, Carrots, Mixed Vegetables, Cake

Friday: Hand Breaded Fish, American Fries, Salad, Pudding

August 30-31:

Monday: Beef Goulash, Corn, Pie

Tuesday: Meatballs, Whipped Potatoes, Broccoli, Fruit

All Meals are served with Choice of Bread or Dinner Roll and 2% Milk and/or Coffee