

Ashley Pub in Arcadia

Home Delivered Meals

Sponsored by Aging & Disability Resource Center (ADRC)

Of Trempealeau County

Local Phone: 715-538-2001 or Toll Free: 1-800-273-2001 Option 1

Suggested Donation is \$ 5.00 per meal.

We require a 24-hour cancellation notice if you will not be home to receive your Home Delivered Meal. Anything less than 24-hour notice will be charged as a normal delivery.

April 2024

April 1-5:

Monday: Salisbury Steak, Mashed Potatoes, Asparagus, Cookie
Tuesday: Spaghetti w/Meat Sauce, Carrots, Fruit Cup, Bread Pudding
Wednesday: Taco Casserole, Spanish Rice, Corn, Brownie
Thursday: Polish Sausage w/Sauerkraut, Scalloped Potatoes, Baked Beans, Apple Crisp
Friday: Lasagna Roll Ups, Butternut Squash, Garlic Bread, Coffee Cake

April 8-12:

Monday: Teriyaki Chicken Breast, Mac & Cheese, Asparagus, Cookie
Tuesday: Chicken Pot Pie, Mashed Potatoes, Carrots, Bread Pudding
Wednesday: Shredded Chicken w/Gravy, Stuffing, Baked Beans, Brownie
Thursday: Chicken Alfredo, Mixed Veggies, Garlic Bread, Cherry Crisp
Friday: Grilled Superior Salmon Patty, Scalloped Potatoes,

Menu items are subject to change due to item availability and unexpected shortages or shipment delays.

Butternut Squash, Coffee Cake

April 15-19:

Monday: BBQ Meatballs, Diced Potatoes, Asapargus, Cookie
Tuesday: Whitey's Chili, Mashed Potatoes, Fruit Cup, Bread
 Pudding
Wednesday: Chicken & Rice Casserole, Mixed Veggies, Garlic Bread,
 Brownie
Thursday: Hamburger Stroganoff over Noodles, Butternut
 Squash, Fruit Cup, Apple Crisp
Friday: Chef Salad, Cottage Cheese, Fruit, Coffee Cake

April 22-26:

Monday: Beef Stew, Mashed Potatoes, Mixed Veggies, Cookie
Tuesday: Smothered Chicken Breast, Mashed Potatoes, Baked
 Beans, Bread Pudding
Wednesday: 5 Cheese Ravioli, Corn, Garlic Bread, Brownie
Thursday: Chicken Stir Fry, Wild Rice, Egg Roll, Cherry Crisp
Friday: Chicken Caesar Salad, Cottage Cheese, Fruit, Coffee
 Cake

April 29-30:

Monday: Chicken Strips, Mashed Potatoes, Asparagus, Cookie
Tuesday: Diced Ham w/Scalloped Potatoes, Butternut Squash,
 Fruit Cup, Bread Pudding

Friendship First Community Center Senior Dining in Blair
Sponsored by Aging & Disability Resource Center (ADRC)
Of Trempealeau County
Serving Tuesdays at 11:30am
Reservations required by calling 608-989-2818
Local Phone: 715-538-2001 or Toll Free: 1-800-273-2001
Suggested Donation is \$5.00 per meal
April 2024

April 2:

Tuesday: ½ Chicken Salad Sandwich, Soup, Fresh Veggies, Dessert

April 9:

Tuesday: Tuna Gravy over Biscuits, Beans, Dessert

April 16:

Tuesday: Meat Lovers Pizza, Side Salad, Breadsticks, Dessert

April 23:

Tuesday: Baked Cod, Baby Reds, Bread, Dessert

April 30:

Tuesday: Turkey w/Gravy, Stuffing, Mashed Potatoes, Veggies, Bread

Boon Docks Locker Room Bar & Grill

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April 2024

April 1-5:

Monday: Chili, Grilled Cheese
Tuesday: Creamy Chicken over Biscuits
Wednesday: Sloppy Joe's, Potato Wedges, Coleslaw
Thursday: Pork Loin, Mashed Potatoes w/Gravy, Corn
Friday: Fish, Au Gratin Potatoes, Pea

April 8-12:

Monday: Chicken Alfredo Casserole, Broccoli
Tuesday: Tuna Noodle Hotdish
Wednesday: Hamburger Gravy, Mashed Potatoes, Carrots
Thursday: Hot Ham and Cheese Sandwich, Roasted Potatoes, Pea
Salad
Friday: Fish, Au Gratin Potatoes, Lima Beans

April 15-19:

Monday: Lasagna, Side Salad
Tuesday: Crack Chicken Sandwich, Roasted Potatoes, Baked
Beans
Wednesday: Garlic Chicken, Asparagus
Thursday: Roast Beef, Mashed Potatoes w/Gravy, Carrots
Friday: Fish, Au Gratin Potatoes, Coleslaw

Menu items are subject to change due to item availability and unexpected shortages or shipment delays.

April 22-26:

Monday: Ravioli, Snap Peas
Tuesday: Grilled Chicken, Rice, Carrots
Wednesday: Meatballs, Mashed Potatoes w/Gravy, Peas
Thursday: Scalloped Potatoes w/Ham, Corn
Friday: Fish, Au Gratins, Broccoli Slaw

April 29-30:

Monday: Hamburger w/Tomato, American Fries, Baked Beans
Tuesday: Goulash, Corn

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Eau Claire County ADRC

Home Delivered Meals for Eleva, Strum, Osseo, Pigeon Falls, Whitehall, Blair, and Ettrick
Sponsored by Aging & Disability Resource Center (ADRC)
Of Trempealeau County

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April 2024

April 1-5:

- Monday: Citrus Tarragon Chicken, Golden Rice w/Vegetables, Italian Blend Vegetables, Dinner Roll, Fruit
- Tuesday: Pork Loin w/Apple, Red Mashed Potatoes, Peas w/Pearl Onion, Dinner Roll, Frosted Marble Cake
- Wednesday: Beef Stir Fry, Asian Vegetable Blend, Brown Rice, Dinner Roll, Cherry Bar
- Thursday: Parmesan Crusted Baked Cod, Vegetable Rice Pilaf, White Italian Beans, Oatmeal Cookies
- Friday: Egg Bake, Breakfast Potatoes, Roasted Asparagus, Fresh Fruit

April 8-12:

- Monday: Oven Fried Chicken, Roasted Red Potatoes, Broccoli, Dinner Roll, Fruit
- Tuesday: Pork w/Dijon Sauce, Caribbean Rice & Beans, Corn w/Edamame, Egg & Butter Roll, Jell-O Cake
- Wednesday: Beef Tips, Yukon Mashed Potatoes, California Blend, Dinner Roll, Lemon Bars
- Thursday: Lemon Butter Cod, Wild Rice w/Roasted Brussel Sprouts, Succotash Vegetable, Cottage Cheese w/Peaches
- Friday: Breaded Pork Chop, Au Gratin Potatoes, 3 Beans,

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Dinner Roll, Mandarin Cake

April 15-19:

Monday: Bone-In Chicken w/Gravy, Red Mashed Potatoes, 5-Way Blend, Dinner Roll, Fruit

Tuesday: Salmon Burger, Seasoned Potato Wedges, Vegetable Blend, Oatmeal Raisin Cookie

Wednesday: BBQ Beef on a Bun, Roasted Red Potatoes, Cowboy Beans, Frosted Carrot Bars

Thursday: Turkey Tetrazzini, Italian Vegetable Blend, Breadstick, Cherry Strudel Bar

Friday: Cashew Chicken Stir Fry, Asian Vegetables, Brown Rice, Fruit

April 22-26:

Monday: Baked Teriyaki Chicken, Rice Pilaf w/Vegetables, Broccoli & Cauliflower, Dinner Roll, Fruit

Tuesday: Cheeseburger Chowder, Roasted Sweet Potato Root, Pea Salad, Vegetable Blend, Corn Bread

Wednesday: Roasted Pork w/Gravy, Yukon Mashed Potatoes, Mediterranean Vegetable Blend, Double Chocolate Chip Cookies, Dinner Roll

Thursday: Grilled Salmon, Wild Rice, Red Lentil Stew, Egg & Butter Roll, Jell-O Cake

Friday: Meatballs Subs, Roasted Mixed Vegetables, Fruit

April 29-30:

Monday: Chicken Pot Pie, 5 Way Mixed Vegetables, Southern Biscuit, Fruit

Tuesday: Tender Roast Beef w/Gravy, Red Mashed Potatoes, Zucchini w/Tomatoes, Dinner Roll, Pumpkin Bar

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Grandview Care Center

**Home Delivered Meals for the City of Blair
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Of Trempealeau County**

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April 2024

April 1-5

- Monday: Fish Sandwich, Potato Wedges, Baked Beans, Peach Sauce
Tuesday: Meatballs, Mashed Potatoes w/Gravy, Green Bean Casserole, Cherry Crisp
Wednesday: Herb Baked Chicken, Hashbrown Casserole, Tangy Carrot Coins, Blueberries
Thursday: Pork Chop Supreme, Mashed Potatoes, Creamed Corn, Pear Lime Jell-O
Friday: Cajun Fish, Parsley Buttered Round Potatoes, Cali Blend Veggies, Applesauce

April 8-12

- Monday: Beef Tips over Noodles, Capri Blend Veggies, Pear Slices
Tuesday: Polish Sausage, O'Brien Potatoes, Buttery Sweet Corn, Applesauce
Wednesday: Country Fried Steak, Mashed Potatoes w/Gravy, Broccoli, Peaches
Thursday: Fish and Chips, Baked Beans, Baby Carrots, Mandarin Orange Dessert
Friday: Savory Ham Loaf, Harvest Mac, Asparagus, Cinnamon Apples

April 15-19

- Monday: Salisbury Steak in Gravy, Mashed Potatoes, Buttery Corn, Fruited Jell-O

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Tuesday: Pork Chops in Mushroom Gravy, Dressing, Peas & Carrots, Cheesecake w/Fruit Topping
Wednesday: Ranch Chicken, Buttered Baby Red Potatoes, Broccoli, Mandarin Oranges
Thursday: Swedish Meatballs, Mashed Potatoes, Squash, Caramel Apple Crisp
Friday: Lemon Pepper Fish, Baked Potato, Baked Beans, Fresh Fruit

April 22-26

Monday: Sloppy Joe's, Sidewinders, Buttered Broccoli, Blueberries
Tuesday: Prok Roast w/Gravy, Baby Red Potatoes, Harvard Beets, Filled Pear Halves
Wednesday: Melt in Your Mouth Chicken, Mashed Potatoes, Squash, Brussel Sprouts, Peaches
Thursday: Savory Ham, Au Gratin Potatoes, Sweet Baby Carrots, Fresh Fruit
Friday: Salmon, Roasted Potatoes, Bean Salad, Red/White/Blue Yogurt Parfait

April 29 – May 3

Monday: Tuna and Noodles, Parslied Carrots, Buttered Spinach, Dicey Pears
Tuesday: Beef Stir Fry and Egg Rolls, Vegetable Fried Rice, Blueberry Delight
Wednesday: BBQ Pork on a Bun, Fried Potatoes, Buttered Corn, Baked Beans, Mandarin Orange Jell-O
Thursday: Steak Ranchero, Baked Potato, Buttered Beets, Glorified Rice
Friday: Lemon Pepper Chicken Breast, Sweet Potatoes, Parmesan Peas, Applesauce Jell-O Salad

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Sacred Heart Church in Pine Creek
Senior Dining & Fellowship
Sponsored by Aging & Disability Resource Center (ADRC)
Of Trempealeau County
Local Phone: 715-538-2001 or Toll Free: 1-800-273-2001 Option 1
Serving Tuesday & Thursday at Noon
Reservations Required by calling 608-539-5391
Suggested Donation is \$ 5.00 per meal.
April 2024

April 2 & 4:

Tuesday: Goulash, Lettuce Salad, Pudding

Thursday: Pork Chops, Potatoes, Carrots, Rocky Road Pizza

April 9 & 11:

Tuesday: Beef Tips, Potatoes, Corn, Cookies

Thursday: Chicken Hotdish, Broccoli, Jell-O Cake

April 16 & 18:

Tuesday: BBQ on a Bun, Potato Salad, Baked Beans, Chocolate Revel Bars

Thursday: Ham, Scalloped Potatoes, Green Beans, Luscious Tropical Dream Cake

April 23 & 25:

Tuesday: Meatloaf, Baked Potatoes, Cauliflower, Spice Cake

Thursday: Pork Roast, Potatoes, Carrots, Salted Peanut Bars

April 30:

Tuesday: Chicken, Potatoes, Coleslaw, Fruit Salad

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Immanuel Lutheran Church Senior Dining in Strum
Sponsored by Aging & Disability Resource Center (ADRC)
Of Trempealeau County

Serving Tuesdays and Thursdays at 11:30am

Reservations required by calling 715-695-3511

Local Phone: 715-538-2001 or Toll Free: 1-800-273-2001

Suggested Donation is \$5.00 per meal.

April 2024

April 2 & 4:

Tuesday: ½ Chicken Salad Sandwich, Soup, Fresh Veggies, Dessert

Thursday: Hamburger Gravy, Baked Potato, Corn, Bread, Dessert

April 9 & 11:

Tuesday: Tuna Gravy over Biscuits, Beans, Dessert

Thursday: Pulled Pork, Chips, Veggies, Dessert

April 16 & 18:

Tuesday: Meat Lovers Pizza, Side Salad, Breadsticks, Dessert

Thursday: Chicken Barley Soup, Poppy Chicken Salad, Bread, Dessert

April 23 & 25:

Tuesday: Baked Cod, Baby Reds, Bread, Dessert

Thursday: Asparagus Bacon Quiche, Fried Potatoes, Fruit, Dessert

April 30:

Tuesday: Turkey w/Gravy, Stuffing, Mashed Potatoes, Veggies, Bread

Tri-County Memorial Hospital in the City of Whitehall

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April 2024

April 1-5:

- Monday: Fish Sticks, Baked Beans, Carrots, Apple Juice, Fresh Orange
- Tuesday: Pork, Mashed Potatoes, Cream Style Corn, Banana, Fruit Cheesecake Delight
- Wednesday: Parmesan Chicken, Parsley Buttered Potatoes, Cauliflower, Grapes, Ice-Cream
- Thursday: Pepper Steak, Brown Rice, Broccoli, Mandarin Oranges, Cherry Crisp
- Friday: Battered Fish Filet, Ms. Potatoes, Beets, Grape Juice, Chocolate Chip Cheesecake

April 8-12:

- Monday: Salisbury Steak, Ms. Potatoes, Peas, Tropical Fruit Cup, Vanilla Pudding
- Tuesday: Roast Pork, Mashed Potatoes, Cooked Cabbage, Pineapple, Oreo Fluff Dessert
- Wednesday: Italian Baked Chicken, Mashed Potatoes, Butternut Squash, Cinnamon Applesauce, Butterscotch Pudding Delight
- Thursday: Beef Cubes, Noodles, Rutabagas, Orange Juice, Apple

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Cheesecake
Friday: Chicken Kiev, Mashed Potatoes, Broccoli, Peaches,
Lemon Bar

April 15-19:

Monday: Meatballs, Mashed Potatoes w/Gravy, Carrots, Orange,
Chocolate Pudding
Tuesday: Fish Au Gratin, Noodles w/Parslied Butter, Green
Beans, Grape Juice, Apple Cake
Wednesday: Beef Stew, Apple Juice, Pears
Thursday: Roast Pork, Mashed Potatoes w/Gravy, Corn,
Pineapples, Pumpkin Delight
Friday: Parmesan Fish, Hashbrowns w/Onions, Broccoli,
Tropical Fruit Juice, Blueberry Crisp

April 22-26:

Monday: Fish Sticks, Baked Beans, Carrots, Apple Juice, Fresh
Orange
Tuesday: Pork, Mashed Potatoes, Cream Style Corn, Banana,
Fruit Cheesecake Delight
Wednesday: Parmesan Chicken, Parsley Buttered Potatoes,
Cauliflower, Grapes, Ice-Cream
Thursday: Pepper Steak, Brown Rice, Broccoli, Mandarin Oranges,
Cherry Crisp
Friday: Battered Fish Filet, Ms. Potatoes, Beets, Grape Juice,
Chocolate Chip Cheesecake

April 29-30:

Monday: Salisbury Steak, Ms. Potatoes, Peas, Tropical Fruit Cup,
Vanilla Pudding
Tuesday: Roast Pork, Mashed Potatoes, Cooked Cabbage,
Pineapple, Oreo Fluff Dessert

Wanek Center in Arcadia Senior Dining
Sponsored by Aging & Disability Resource Center (ADRC)
Of Trempealeau County
Serving Wednesday and Friday 11:30 am to 12:30pm
Reservations required by calling 608-409-2470
Local Phone: 715-538-2001 or Toll Free: 1-800-273-2001
Suggested Donation is \$5.00 per meal

April 2024

April 3 & 5:

Wednesday: Broccoli Mac & Cheese Bake, Caesar Salad, Seasonal Fruit, Dessert
Friday: Lasagna Roll Ups, Garlic Toast, Butternut Squash, Dessert

April 10 & 12:

Wednesday: Shredded Chicken w/Gravy, Mashed Potatoes & Stuffing, Seasonal Fruit, Dessert
Friday: Taco Salad, Tortilla Chips, Seasonal Fruit, Dessert

April 17 & 19:

Wednesday: Chicken & Rice Hotdish, Mixed Veggies, Garlic Bread, Dessert
Friday: Polish Sausage w/Kraut, Scalloped Potatoes, Seasonal Fruit, Dessert

April 24 & 26:

Wednesday: Beef & Tater Hotdish, Garlic Bread, Seasonal Fruit, Dessert
Friday: Chicken Salad Club, Soup, Cold Pasta Salad, Dessert

Menu items are subject to change due to item availability and unexpected shortages or shipment delays.