

Ashley Pub in Arcadia
Home Delivered Meals
Sponsored by Aging & Disability Resource Center (ADRC)
Of Trempealeau County

Local Phone: 715-538-2001 or Toll Free: 1-800-273-2001 Option 1

Suggested Donation is \$ 5.00 per meal.

We require a 24-hour cancellation notice if you will not be home to receive your Home Delivered Meal. Anything less than 24-hour notice will be charged as a normal delivery.

February 2024

February 1-2:

Thursday: Scalloped Potatoes w/Ham, Carrots, Fruit Cup, Cherry Crisp

Friday: Grilled Salmon, Wild Rice, Broccoli, Cookie

February 5-9:

Monday: Salisbury Steak, Mashed Potatoes, Baked Beans, Cookie

Tuesday: Spaghetti w/Meat Sauce, Green Beans, Fruit Cup, Rice Pudding

Wednesday: Taco Casserole, Spanish Rice, Corn, Brownie

Thursday: Polish Sausage w/Sauerkraut, Scalloped Potatoes, Asparagus, Apple Crips

Friday: Baked Cod, Wild Rice, Broccoli, Coffee Cake

February 12-16:

Monday: Teriyaki Chicken Breast w/Pineapple, Mac & Cheese, Mixed Veggies, Cookie

Tuesday: Chicken Pot Pie, Carrots, Biscuits, Rice Pudding

Wednesday: Shredded Chicken w/Gravy, Mashed Potatoes, Asparagus, Brownie

Menu items are subject to change due to item availability and unexpected shortages or shipment delays.

Thursday: Chicken Alfredo, Green Beans, Garlic Bread, Cherry Crisp

Friday: Grilled Superior Salmon Patty, Scalloped Potatoes, Broccoli, Coffee Cake

February 19-23:

Monday: Grilled Herb Chicken Breast, Diced Potatoes, Asparagus, Cookie

Tuesday: Whitley's Chili, Mashed Potatoes, Fruit Cup, Rice Pudding

Wednesday: Chicken & Rice Casserole, Mixed Veggies, Garlic Bread, Brownie

Thursday: Hamburger Stroganoff over Noodles, Carrots, Fruit Cup, Apple Crisp

Friday: Grilled Shrimp, Cheesy Hashbrowns, Broccoli, Coffee Cake

February 26-29:

Monday: Beef Stew, Mashed Potatoes, Mixed Veggies, Cookie

Tuesday: Pizza Casserole, Corn, Fruit Cup, Rice Pudding

Wednesday: Smothered Chicken Breast, Mashed Potatoes, Carrots, Brownie

Thursday: Chicken Stir Fry w/Veggies, Wild Rice, Egg Roll, Cherry Crisp

Friendship First Community Center Senior Dining in Blair
Sponsored by Aging & Disability Resource Center (ADRC)
Of Trempealeau County
Serving Tuesdays at 11:30am
Reservations required by calling 608-989-2818
Local Phone: 715-538-2001 or Toll Free: 1-800-273-2001
Suggested Donation is \$5.00 per meal
February 2024

February 6:

Tuesday: Gumbo (Not Spicy), Rice, Corn Bread, Cookie

February 13:

Tuesday: Pot Roast w/Carrots and Celery, Baby Reds, Bread Pudding

February 20:

Tuesday: Parmesan Baked Cod, Rice Pilaf, Roasted Veggies, Bread, Nana Pudding

February 27:

Tuesday: Turkey, Mashed Potatoes w/Gravy, Glazed Carrots, Bread, Pumpkin Dessert

Boon Docks Locker Room Bar & Grill

Home Delivered Meals

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Of Trempealeau County**

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February 2024

February 1-2:

Thursday: Meatloaf, Mashed Potatoes w/Gravy, Peas
Friday: Fish, Au Gratin Potatoes, Macaroni Salad

February 5-9:

Monday: Meatballs, Stroganoff Pasta, Carrots
Tuesday: Baked Chicken, Mashed Potatoes w/Gravy, Peas
Wednesday: Sloppy Joe's, Roasted Potatoes, Coleslaw
Thursday: Popcorn Chicken Bowl
Friday: Baked Fish, Au Gratin Potatoes, Green Beans

February 12-16:

Monday: Loaded Chicken Breast, Garlic Mashed Potatoes
Tuesday: Chicken Breast, Oven Fries
Wednesday: Tuna Salad Wrap, Potato Salad
Thursday: Tator Tot Hotdish
Friday: Baked Fish, Au Gratins, Coleslaw

February 19-23:

Monday: Creamy Chicken over Biscuits
Tuesday: Lasagna, Side Salad

Menu items are subject to change due to item availability and unexpected shortages or shipment delays.

Wednesday: Country Fried Steak, Mashed Potatoes w/Gravy, Corn
Thursday: Pork Loin, Mashed Potatoes w/Gravy, Peas & Carrots
Friday: Baked Fish, Au Gratin Potatoes

February 26-29:

Monday: Hamburger w/Tomato, Baked Beans
Tuesday: Ham, Scalloped Potatoes, Carrots
Wednesday: Chicken Alfredo, Broccoli Medley
Thursday: Roast Beef, Mashed Potatoes w/Gravy, Green Beans

Menu items are subject to change due to item availability and unexpected shortages or shipment delays.

Boon Docks Locker Room Bar & Grill
Senior Dining & Fellowship
Sponsored by Aging & Disability Resource Center (ADRC)
Of Trempealeau County
Local Phone: 715-538-2001 or Toll Free: 1-800-273-2001 Option 1
Suggested Donation is \$ 5.00 per meal
February 2024

January 31 & Feb 1:

Wednesday: Pasta Bake, Green Beans

Thursday: Meatloaf, Mashed Potatoes w/Gravy, Peas

February 7-8:

Wednesday: Sloppy Joe's, Roasted Potatoes, Coleslaw

Thursday: Popcorn Chicken Bowl

February 14-15:

Wednesday: Tuna Salad Wrap, Potato Salad

Thursday: Tator Tot Hotdish

February 21-22:

Wednesday: Country Fried Steak, Mashed Potatoes w/Gravy, Corn

Thursday: Pork Loin, Mashed Potatoes w/Gravy, Peas & Carrots

February 27-28:

Tuesday: Ham, Scalloped Potatoes, Carrots

Wednesday: Chicken Alfredo, Broccoli Medley

Menu items are subject to change due to item availability and unexpected shortages or shipment delays.

Eau Claire County ADRC

Home Delivered Meals for Eleva, Strum, Osseo, Pigeon Falls, Whitehall, Blair, and Ettrick
Sponsored by Aging & Disability Resource Center (ADRC)
Of Trempealeau County

Local Phone: 715-538-2001 or Toll Free: 1-800-273-2001 Option 1

Suggested Donation is \$5.00 per meal

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February 2024

February 1 - 2:

Thursday: Baked Turkey w/Gravy, Mashed Yukon Potatoes,
Squash, Dinner Roll, Fruit Juice, Pistachio Pudding
Friday: Chicken Salad on Bun, Potato Salad, Grapes, Tomato
Juice

February 5-9:

Monday: Baked Cod w/Lemon Butter, Wild Rice w/Veggies,
California Blend, Dinner Roll, Fresh Fruit
Tuesday: Chicken Alfredo, Broccoli, Buttered Beets, Breadstick,
Rice Krispy Bars
Wednesday: Sloppy Joe on a Kaiser Roll, Steamed Corn, Bean
Medley, Creamy Coleslaw, Oreo Fluff
Thursday: Breaded Pork Chop, Au Gratin Potatoes, Carrots,
Dinner Roll, Chocolate Chip Cookie
Friday: Bacon Cheeseburger, Pickles, Sweet Potato Puffs,
Green Beans, Fresh Fruit

February 12-16:

Monday: Grilled Kielbasa w/Kraut, Roasted Red Potatoes, Peas
& Carrots, Dinner Roll, Fresh Fruit
Tuesday: Baked Ham, Mac & Cheese, Baked Beans, Butter & Egg
Roll, Applesauce

*Menu items are subject to change due to item availability and unexpected shortages or
shipment delays.*

Wednesday: Shrimp w/Cocktail Sauce, Baked Yukon Potatoes, Broccoli w/Cheese, Dinner Roll, Strawberry Shortcake w/Whipped Topping

Thursday: Creamed Chicken w/Veggies over Biscuits, Brussel Sprouts, Vanilla Pudding

Friday: French Toast, Apple Slices, Creamed Spinach, Blueberry Muffin

February 19-23:

Monday: Baked Chicken, Homestyle Gravy, Mashed Potatoes, Four Way Veggies, Butter & Egg Roll, Fruit

Tuesday: Swedish Meatballs, Egg Noodles, Steamed Carrots, Dinner Roll, Brownies

Wednesday: Turkey w/Roasted Gravy, Garlic Mashed Potatoes, Dinner Roll, 3 Bean Salad, Fruit

Thursday: Chef Salad, Cherry Crisp

Friday: Tuna Casserole, California Blend, Dinner Roll, Fresh Fruit

February 26-29:

Monday: Chicken Nuggets, Homestyle Gravy, Mashed Sweet Potatoes, Broccoli, Dinner Roll, Fruit

Tuesday: Beef Roll Ups, Homestyle Stuffing, Beef Gravy, Squash, Green Beans, Dinner Roll, Cookie

Wednesday: Meatloaf, Yukon Potatoes w/Spinach, Baked Beans, Dinner Roll, Cherry Chocolate Cake

Thursday: Shepards Pie, Carrots, Dinner Roll, Applesauce

Grandview Care Center

**Home Delivered Meals for the City of Blair
Sponsored by Aging & Disability Resource Center (ADRC)
Of Trempealeau County**

Local Phone: 715-538-2001 or Toll Free: 1-800-273-2001 Option 1

Suggested Donation is \$ 5.00 per meal

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February 2024

February 1-2

Thursday: Fish and Chips, Baked Beans, Baby Carrots, Mandarin Orange
Cookie Dessert

Friday: Savory Ham Loaf, Harvest Mac, Asparagus, Cinnamon Apples

February 5-9

Monday: Salisbury Steak w/Gravy, Mashed Potatoes, Buttery Corn,
Fruited Jell-O

Tuesday: Pork Chops w/Mushroom Gravy, Dressing, Peas, Carrots,
Cheesecake w/Fruit Topping

Wednesday: Ranch Chicken, Buttered Baby Red Potatoes, Broccoli,
Mandarin Oranges

Thursday: Swedish Meatballs, Mashed Potatoes, Squash, Caramel Apple
Crisp

Friday: Lemon Pepper Fish, Baked Potato, Baked Beans, Fresh Fruit

February 12-16

Monday: Sloppy Joe's, Sidewinders, Buttered Broccoli, Blueberries

Tuesday: Pork Roast w/Gravy, Baby Red Potatoes, Harvard Beets, Pear
Halves

Wednesday: Melt In Your Mouth Chicken, Mashed Potatoes, Squash,
Brussel Sprouts, Peaches

Thursday: Savory Ham, Au Gratin Potatoes, Sweet Baby Carrots, Fresh
Fruit

Menu items are subject to change due to item availability and unexpected shortages or shipment delays.

Friday: Salmon w/Lemon Wedge, Roasted Potatoes, Bean Salad,
Red/White/Blue Yogurt Parfait

February 19-23

Monday: Tuna and Noodles, Parslied Carrots, Buttered Spinach, Dicey
Pears

Tuesday: Beef Stir Fry and Egg Rolls, Vegetable Fried Rice, Blueberry
Delight

Wednesday: BBQ Pork On A Bun, Fried Potatoes, Baked Beans, Buttered
Corn, Mandarin Orange Jell-O

Thursday: Steak Ranchero, Baked Potato, Buttered Beets, Glorified Rice

Friday: Lemon-Pepper Chicken Breast, Sweet Potatoes, Parmesan
Peas, Applesauce Jell-O Salad

February 26 – March 1

Monday: Fish Sandwich, Potato Wedges, Baked Beans, Peach Sauce

Tuesday: Meatballs, Mashed Potatoes, Green Bean Casserole, Cherry
Crisp

Wednesday: Herb Baked Chicken, Hashbrown Casserole, Tangy Carrot
Coins, Blueberries

Thursday: Pork Chop Supreme, Mashed Potatoes, Creamed Corn, Pear
Lime Jell-O

Friday: Cajun Fish, Parsley Buttered Round Potatoes, Cali Blend
Veggies, Applesauce

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shipment delays.*

Sacred Heart Church in Pine Creek
Senior Dining & Fellowship
Sponsored by Aging & Disability Resource Center (ADRC)
Of Trempealeau County
Local Phone: 715-538-2001 or Toll Free: 1-800-273-2001 Option 1
Serving Tuesday & Thursday at Noon
Reservations Required by calling 608-539-5391
Suggested Donation is \$ 5.00 per meal.
February 2024

February 1:

Thursday: Goulash, Lettuce Salad, German Chocolate Cake

February 6 & 8:

Tuesday: Ham, Scalloped Potatoes, Corn, Pineapple Bars

Thursday: Beef Stew, Cherry Jell-O

February 13 & 15:

Tuesday: Creamed Chicken over Biscuits, Apple Bars

Thursday: Pork Chops, Potatoes, Green Beans, Blueberry Crumble

February 20 & 22:

Tuesday: Polish Sausage, Potatoes, Sauerkraut, Raisin Cookies

Thursday: Hamburger on a Bun, Broccoli Soup, Poppyseed Cake

February 27 & 29:

Tuesday: BBQ Ribs, Baked Potatoes, Cauliflower, Mounds Bars

Thursday: Chicken, Potatoes w/Gravy, Coleslaw, Angel Food Cake
w/Strawberries

Menu items are subject to change due to item availability and unexpected shortages or shipment delays.

Immanuel Lutheran Church Senior Dining in Strum
Sponsored by Aging & Disability Resource Center (ADRC)
Of Trempealeau County
Serving Tuesdays and Thursdays at 11:30am
Reservations required by calling 715-695-3511
Local Phone: 715-538-2001 or Toll Free: 1-800-273-2001
Suggested Donation is \$5.00 per meal.

February 2024

Jan 30 & Feb 1:

- Tuesday: Cream Chicken over Biscuits, Mixed Veggies, Apple Crisp
Thursday: Chili w/Crackers, Grilled Cheese, Fresh Veggies, Fruit Crisp

February 6 & 8:

- Tuesday: Gumbo (Not Spicy), Rice, Corn Bread, Cookie
Thursday: Beef Stew with Veggies, Rolls, Cookies

February 13 & 15:

- Tuesday: Pot Roast w/Carrots and Celery, Baby Reds, Bread Pudding
Thursday: Cornish Game Hens, Sweet Potatoes, Fresh Veggies, Corn Bread, Strawberry Jell-O

February 20 & 22:

- Tuesday: Parmesan Baked Cod, Rice Pilaf, Roasted Veggies, Bread, Nana Pudding
Thursday: Pork, Roasted Reds, Green Beans, Bread, Apple Crisp

February 27 & 29:

- Tuesday: Turkey, Mashed Potatoes w/Gravy, Glazed Carrots, Bread, Pumpkin Dessert
Thursday: Closed – No Meal

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Tri-County Memorial Hospital in the City of Whitehall
Home Delivered Meals
Sponsored by Aging & Disability Resource Center (ADRC)
Of Trempealeau County

Local Phone: 715-538-2001 or Toll Free: 1-800-273-2001 Option 1

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February 2024

February 1-2:

Thursday: Pepper Steak, Broccoli, Mandarin Oranges, Tapioca Pudding

Friday: Battered Fish Fillet, Ms. Potatoes, Beets, Grape Juice, Strawberry Ice Cream

February 5-9:

Monday: Salisbury Steak, Ms. Potatoes, Peas, Tropical Fruit Cup, Vanilla Pudding

Tuesday: Roast Pork, Mashed Potatoes, Cooked Cabbage, Pineapple, Jell-O

Wednesday: Italian Baked Chicken, Mashed Potatoes, Butternut Squash, Cinnamon Applesauce, Banana

Thursday: Beef Cubes, Mashed Potatoes, Rutabagas, Orange Juice, Butterscotch Delight

Friday: Chicken Kiev, Mashed Potatoes, Broccoli, Peaches, Chocolate Marble Ice Cream

February 12-16:

Monday: Meatballs, Ms. Potatoes w/Gravy, Carrots, Orange

Tuesday: Fish Au Gratin, Noodles w/Parslied Butter, Green Beans, Grape Juice, Sliced Apples w/Caramel

Wednesday: Beef Stew, Pears, Valentine's Day Dessert

Menu items are subject to change due to item availability and unexpected shortages or shipment delays.

Thursday: Roast Pork, Mashed Potatoes w/Gravy, Corn,
Pineapples, Pumpkin Delight
Friday: Parmesan Fish, Hashbrowns w/Onions, Broccoli,
Tropical Fruit Juice, Jell-O Cup

February 19-23:

Monday: Fish Sticks, Baked Beans, Carrots, Apple Juice, Fresh
Orange
Tuesday: Pork, Mashed Potatoes, Cream Style Corn, Banana,
Fruit Cheese Delight
Wednesday: Parmesan Chicken, Parsley Buttered Potatoes,
Cauliflower, Grapes, Chocolate Ice Cream
Thursday: Pepper Steak, Broccoli, Mandarin Oranges, Tapioca
Pudding
Friday: Battered Fish Filet, Ms. Potatoes, Beets, Grape Juice,
Strawberry Ice Cream

February 26 – March 1:

Monday: Salisbury Steak, Ms. Potatoes, Peas, Tropical Fruit Cup,
Vanilla Pudding
Tuesday: Roast Pork, Mashed Potatoes, Cooked Cabbage,
Pineapple, Jell-O
Wednesday: Italian Baked Chicken, Mashed Potatoes, Butternut
Squash, Banana, Cinnamon Apples
Thursday: Beef Cubes, Mashed Potatoes, Rutabagas, Orange
Juice, Butterscotch Delight
Friday: Chicken Kiev, Mased Potatoes, Broccoli, Peaches,
Chocolate Marble Ice Cream

Wanek Center in Arcadia Senior Dining
Sponsored by Aging & Disability Resource Center (ADRC)
Of Trempealeau County
Serving Wednesday and Friday 11:30 am to 12:30pm
Reservations required by calling 608-409-2470
Local Phone: 715-538-2001 or Toll Free: 1-800-273-2001
Suggested Donation is \$5.00 per meal

February 2024

February 2:

Friday: Chicken Salad Croissant, Soup, Fresh Veggies w/Dill Dip, Dessert

February 7 & 8:

Wednesday: Taco Salad, Tortilla Chips, Seasonal Fruit, Dessert
Friday: Smothered Chicken, Soup, Cottage Cheese, Dessert

February 14 & 16:

Wednesday: Shredded Chicken w/Gravy, Mashed Potatoes, Asparagus, Dessert
Friday: Crab Salad Croissant, Soup, Fresh Veggies w/Dill Dip, Dessert

February 21 & 23:

Wednesday: Chicken and Rice Hotdish, Mixed Veggies, Garlic Bread, Dessert
Friday: Garlic Herb Shrimp Skewer, Cheesy Potatoes, Asparagus, Dessert

February 28:

Wednesday: Beef & Tater Hotdish, Calico Beans, Seasonal Fruit, Dessert

Menu items are subject to change due to item availability and unexpected shortages or shipment delays.