



NC DEPARTMENT OF
**HEALTH AND
HUMAN SERVICES**
Division of Health Benefits

ROY COOPER • Governor
KODY H. KINSLEY • Secretary
JAY LUDLAM • Deputy Secretary, NC Medicaid

December 29, 2023

Dear County DSS Director:

The Department of Health and Human Services, Division of Health Benefits (DHB) hereby provides notice of its intent to amend the Medicaid State Plan to apply rate increases supported by the North Carolina General Assembly appropriated funds in the Current Operations Appropriations Act of 2023 (SL 2023-134) House Bill 259 to the following Outpatient Behavioral Health psychotherapy services:

Increase to 100% of Medicare

- Interactive Complexity Add-on (90785)
- Psychotherapy (90832-90838)
- Brief Interventions - Tobacco Cessation (99406-99407)
- Brief Interventions - SBIRT (99408-99409)
- Family/Group Therapy (90846-90853)
- Electroconvulsive Therapy (90870)
- Therapeutic, prophylactic or diagnostic injection (96372)

Increase to 120% of Medicare

- Developmental/Psychological Testing and Evaluation (96110-96146)

Inflationary Increase

- Diagnostic Assessment (T1023)
- RBI-BHT (97151-97157)

Please post this notice in your facility so that interested parties may be made aware of this proposed change and may comment as necessary. The posting can be removed after ninety days from the date of this letter.

Sincerely,

Betty J Staton

Betty J Staton
State Plan and Amendments Manager

Attachment: Public Notice SPA 24-0008 (**Outpatient Behavioral Health - Psychotherapy**)

NC MEDICAID
NC DEPARTMENT OF HEALTH AND HUMAN SERVICES • DIVISION
OF HEALTH BENEFITS

LOCATION: 1985 Umstead Drive, Kirby Building,
Raleigh, NC 27603 MAILING ADDRESS: 2501
Mail Service Center, Raleigh, NC 27699-2001
www.ncdhhs.gov • TEL: 919-855-4100 • FAX:
919-733-6608

AN EQUAL OPPORTUNITY / AFFIRMATIVE ACTION EMPLOYER

PUBLIC NOTICE
(SPA 24-0008)
Outpatient Behavioral Health - Psychotherapy

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This rate amendment will become effective January 1, 2024.

The annual estimated state fiscal impact of this change is:

- a. SFY 2024 \$6,815,358
- b. SFY 2025 \$14,149,482

A copy of the proposed public notice may be viewed at the County Department of Social Services. Questions, comments and requests for copies of the proposed State Plan amendment should be directed to the Division of Health Benefits at the address listed below:

Jay Ludlam
Deputy Secretary
Division of Medical Assistance
2501 Mail Service Center
Raleigh, NC 27699-2501
medicaidrulescomments@dhhs.nc.gov

Posted on the Division of Health Benefits Website: December 22, 2023
<https://medicaid.ncdhhs.gov/get-involved/nc-health-choice-state-plan>