



## **INFORMATION FOR PARTICIPANTS**

# **2023 North Carolina Seniors Farmers' Market Nutrition Program (SFMNP)**

***Supplement your diet with the purchase of healthful, locally grown produce, and support local farmers and farmers markets.***

### **PROGRAM OVERVIEW**

Eligible lower-income older adults in participating NC counties may receive coupons to purchase fresh fruits and vegetables at NC SFMNP certified farmers' markets. The program is designed to improve the nutrition of older adults and increase business for local farmers.

**Program Eligibility:** ages 60+ with self-declared household incomes of no more than 185% of Federal poverty level (\$2,248 one-person household; \$3,041 two-person household).

**SFMNP Season:** July 1 through September 30, 2023.

**Products:** Only fresh fruits and vegetables may be purchased with SFMNP coupons. *(Coupons CANNOT be used for baked goods, crafts, cooked foods, honey, eggs, plants, or other non-food items.)*

### **COUPON DISTRIBUTION AND USE**

Applications and coupon distribution will be handled by participating local aging service agencies in **June and July**. The agency list will be on the following website in June:

<https://www.ncdhhs.gov/divisions/aging-and-adult-services/north-carolina-seniors-farmers-market-nutrition-program-sfmnp>

- Eligible participants will receive ONE set of ten coupons, worth \$50 total.
- Participants cannot receive change from coupons at markets. If purchasing an amount in excess of the coupon(s) value, participants may pay the difference to farmers.
- Lost or stolen coupons cannot be replaced.
- **Participants must redeem coupons by September 30, 2023.** Coupons will be invalid after that date.

### **MARKET LOCATIONS**

Only SFMNP certified markets and farmers may accept coupons. The market list will be on the following website in June: <https://www.ncdhhs.gov/divisions/aging-and-adult-services/north-carolina-seniors-farmers-market-nutrition-program-sfmnp>

- A list of certified market locations also will be provided to participating aging service agencies.
- SFMNP posters will be displayed by certified farmers who accept the coupons.

**FOR MORE INFORMATION, contact your local aging services agency.**