



TOWNSHIP OF SOUTHAMPTON

5 Retreat Road, Southampton, NJ 08088
(609) 859-2736
www.southamptonnj.org



OCTOBER 2023 NEWS

UP COMING EVENTS

- 10/02/2023 Historic Society Presentation
- 10/05/2023 Planning Board Meeting 6 pm
- 10/09/2023 Columbus Day - Office Closed
- 10/10/2023 Southampton Recreation Commission 7 pm
- 10/12/2023 Zoning Board Meeting: 7:30 pm
- 10/17/2023 Committee Meeting 6 pm
- 10/18/2023 Preservation Commission 7 pm
- 10/19/2023 Planning Board Workshop Meeting 6 pm

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October 9
OFFICE CLOSED
Trash will be collected

Quote for the Month:

"If your actions inspire others to dream more, learn more, do more and become more, you are a leader." - John Quincy Adams

Dear Fellow Southampton Residents,

School is in session, the leaves are starting to turn and the weather is unpredictable. It's time to clean up around the house and deliver your bulk items to Public Works on November 4 which is Hazardous Waste Day.

Now is also the time to think about getting a flu shot and to start raking those leaves. Reminder all leaves must be placed in a clear plastic bag for pickup. Leaf pick up will begin in November. And November is also time to pay your quarterly taxes.

Enjoy these cool months and as always, we welcome your feedback and questions about the Township.

Mayor Michael Mikulski



Have you seen this bug's egg casing?

In the past few years, spotted lanternfly have become a problem for our trees and crops.



If you see the egg casings on the trees, please call the office and report the sighting. 609 859-2736 Option 5

The New Jersey Pine Barrens (source Wikipedia)

Southampton Township is located within the **New Jersey Pine Barrens**, also known as the **Pinelands** or simply the **Pines**, which is the largest remaining example of the Atlantic coastal pine barrens ecosystem, stretching across more than seven counties of New Jersey. Two other large, contiguous examples of this ecosystem remain in the northeastern United States: the Long Island Central Pine Barrens and the Massachusetts Coastal Pine Barrens. The name pine barrens refers to the area's sandy, acidic, nutrient-poor soil. Although European settlers could not cultivate their familiar crops there, the unique ecology of the Pine Barrens supports a diverse spectrum of plant life, including orchids and carnivorous plants. The area is also notable for its populations of rare pygmy pitch pines and other plant species that depend on the frequent fires of the Pine Barrens to reproduce. The sand that composes much of the area's soil is referred to by the locals as sugar sand.

The Pine Barrens remains mostly rural and undisturbed despite its proximity to the sprawling metropolitan cities of Philadelphia and New York City, in the center of the very densely populated Boston-Washington Corridor on the Eastern Seaboard. The heavily traveled Garden State Parkway and Atlantic City Expressway traverse sections of the eastern and southern Pine Barrens, respectively. The Pine Barrens territory helps recharge the 17-trillion-US-gallon (64-billion-cubic-metre) Kirkwood-Cohansey aquifer, containing some of the purest water in the United States.^{[1][2]}

As a result of all these factors, in 1978, Congress passed legislation to designate 1.1 million acres (4,500 km²; 1,700 sq mi) of the Pine Barrens as the Pinelands National Reserve (the nation's first National Reserve) to preserve its ecology. A decade later, it was designated by the United Nations as an International Biosphere Reserve. Development in the Pinelands National Reserve is strictly controlled by an independent state/federal agency, the New Jersey Pinelands Commission.

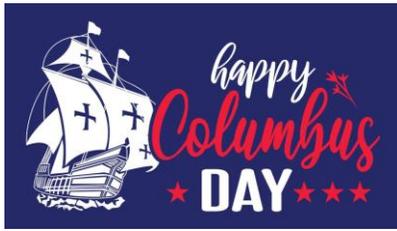
The Pinelands Reserve contains the Wharton, Brendan T. Byrne (formerly Lebanon), Penn, and Bass River state forests. The reserve also includes two National Wild and Scenic Rivers: the Maurice^[3] and the Great Egg Harbor.

Between 170–200 million years ago, the Atlantic coastal plain began to form. The Barrens formed in the southernmost and newest land area in New Jersey 1.8 to 65 million years ago, during the Tertiary era.

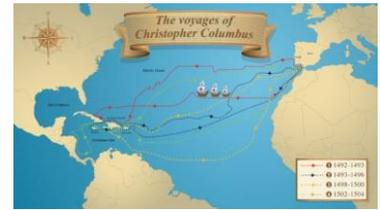
Over millions of years, the rising and falling of the coastline deposited minerals underground, culminating with the end of the last ice age about 12,000 years ago, when plants and trees began growing in what is now New Jersey.

Forest fires have been a common occurrence before habitation by humans. Fire has played a major ecological role in the Pinelands, and the ecotypes "suggest that short fire intervals may have been typical in the Pine Plains for many centuries, or millennia.





Office will be closed October 9
in recognition Columbus Day
(trash will still be collected)



Southampton Township Recreation Association events:

Trunk or Treat

OCTOBER, 27 2023

6:00 PM - 8:00 PM

Harry Thompson Baseball Field
458 Red Lion Road
Southampton, NJ 08088

Register online: www.strasports.org

SOUTHAMPTON KICKBALL PROGRAM

TUESDAYS & THURSDAYS
10/3 - 10/26
STARTING [AT] 6PM
[AT] HARRY THOMPSON FIELDS

\$45 PER PLAYER
COED & OPEN TO
CHILDREN IN
GRADES 3RD - 6TH

SAVE THE DATE:
OCTOBER 3RD [AT] 6PM
OPENING NIGHT & EVALS

REGISTER: STRASPORTS.ORG



SOUTHAMPTON HISTORICAL SOCIETY: MEETING and PROGRAM
"CAMPBELL'S: MORE THAN JUST SOUP"

MONDAY, OCTOBER 2, 2023 at OLD TOWN HALL, 25 Plum Street, Vincentown

Join us at 7:30 pm for this special presentation by Marisa Bozarth, Museum Curator, Burlington County Division of Parks. The program follows the company from its humble beginnings as a small canning company through to becoming a multi-million-dollar global food company. Marisa will discuss Joseph Campbell and others who worked to make the company what it is today, as well as how Burlington County farmers played a role in its success.

This program is **FREE** and open to the public.
For Information: Kathy Rosmando (609) 859-0524

CLEAN UP DAY AND HOUSEHOLD HAZARDOUS WASTE DROP OFF
(BUSINESS WASTE WILL NOT BE ACCEPTED)
SATURDAY, November 4, 2023 - PUBLIC WORKS BUILDING
16 BUDDTOWN ROAD - 8 A.M. TO NOON

- Latex and oil-based paints, paint solvents, aerosols, driveway sealers, anti-freeze, batteries, lighting ballasts (must be removed from fixture), smoke detectors, and thermostats
- Product must be in sealed containers – leaking containers will be refused
- No waste oil, pesticides, herbicides, fungicides or pool chemicals
- Proof of residency is required.
- Dumpsters will be available for yard and household debris but not for demolished buildings.

WHO SHOULD GET A VACCINE?

YOU SHOULD GET A FLU SHOT IF YOU:

- Are over 6 months of age
- Live or work in a nursing home
- Work in a healthcare setting
- Take care of elderly and/or children
- Have chronic health problems
- Are pregnant during flu season

FOR QUESTIONS ABOUT UPCOMING FLU CLINICS:

BCHD COMMUNICABLE DISEASE SECTION
609-265-5533



WWW.CO.BURLINGTON.NJ.US/HEALTH
 609-265-5548

UPDATED 09/05/2023

BURLINGTON COUNTY HEALTH DEPARTMENT



FLU SHOT THURSDAYS 2023-2024

CLINIC SCHEDULE

CLINIC TIMES AND GENERAL INFO

Getting a flu shot is the best thing you can do to protect yourself and your loved ones from the flu this season. Clinics will be held on **Thursdays**.

All Clinics are Walk-Up and will be open to all individuals 6 months and older.

Pneumonia vaccines are no longer offered. Please contact your doctor to get a pneumonia vaccine.

Vaccinations are available free of charge to residents. Donations for the flu shot are appreciated.



Date & Time	Location	Date & Time	Location
Sept. 21 9:30 AM – 11:30 AM	Woodland Twp. Municipal Building 3943 Route 563, Chatsworth	Nov. 2 10:00 AM – 12:00 PM	Shamong Twp. Municipal Building 105 Willow Grove Rd, Shamong
Sept. 21 1:00 PM – 3:00 PM	Old Green Bank School 2436 Route 563, Egg Harbor City	Nov. 2 2:00 PM – 4:00 PM	Fire Station 431 76 Hawkin Rd, Tabernacle
Sept. 28 10:00 AM – 12:00 PM	New Gretna Fire Company 5 North Maple Ave, New Gretna	Nov. 9 10:00 AM – 12:00 PM	Carslake Community Center 207 Crosswicks St, Bordentown
Oct. 12 10:00 AM – 12:00 PM	Wrightstown Volunteer Fire Co. 21 Saylor's Pond Rd, Wrightstown	Nov. 9 2:00 PM – 4:00 PM	Medford Twp. Municipal Building 49 Union St, Medford
Oct. 12 2:00 PM – 4:30 PM	Palmyra Cove Nature Center 1335 Route 73 South, Palmyra	Nov. 16 10:00 AM – 12:00 PM	The Gibson House 535 East Main St, Evesham
Oct. 19 9:00 AM – 11:00 AM	Evesham Fire Dept. 26 East Main St, Evesham	Nov. 30 2:00 PM – 4:00 PM	Burlington County Health Dept. 15 Pioneer Blvd, Westampton
Oct. 19 2:00 PM – 4:00 PM	Keegan Center 522 Wood Street, Burlington City	Dec. 7 10:00 AM – 12:00 PM	Burlington County Health Dept. 15 Pioneer Blvd, Westampton
Oct. 21 (SATURDAY) 10:00 AM – 2:00 PM	Burlington Twp. Municipal Building 851 Old York Rd, Burlington Twp.	Dec. 14 2:00 PM – 4:00 PM	Burlington County Health Dept. 15 Pioneer Blvd, Westampton
Oct. 26 10:00 AM – 12:00 PM	Palmyra Community Center 30 West Broad St, Palmyra	Dec. 28 10:00 AM – 2:00 PM	Burlington County Health Dept. 15 Pioneer Blvd, Westampton
Oct. 26 2:00 PM – 4:00 PM	Florence Twp. Municipal Building 711 Broad St, Florence	Jan. 4 (2024) 10:00 AM – 12:00 PM	Burlington County Health Dept. 15 Pioneer Blvd, Westampton

FALL 2023

PAPER SHREDDING EVENTS

"The fall will be here before you know it and the Board of Commissioners is pleased to offer three fall paper shredding events for your confidential documents. Mark your calendars today to take advantage of this free County service!"



- Tom Pullion, Deputy Director,
Board of County
Commissioners



SUNDAY **SEPT 24**
OCT 22
and
NOV 19

All events are from 9 AM until 1 PM*
RAIN OR SHINE

**Burlington County
Resource Recovery Complex**
(Landfill)

22000 Burlington-Columbus Road
Florence, NJ 08518 (Exit 52A off I-295)

***EVENTS MAY END PRIOR TO 1PM IF
SHREDDING TRUCKS REACH CAPACITY.**

**Find Paper Shredding
dates and more!**



Download the **FREE** app today!



- Remain in your car.
- Put paper in your trunk or truck bed; our staff will remove it from your vehicle.
- Confidential files ONLY - ABSOLUTELY NO MAGAZINES/JUNK MAIL!**
- Limit of 4 bags/boxes of unshredded paper weighing no more than 10 lbs. each. Shredded paper is also accepted.
- No businesses or non-profits.

**SPECIAL PLASTIC
COLLECTION**
AT SHRED EVENTS

Bag up separately and bring clean and dry plastic bubble wrap, plastic shipping mailers, and plastic wrap from cases of water and paper products.

**BURLINGTON COUNTY RESIDENTS ONLY.
IDENTIFICATION REQUIRED.**

Questions? Call **(609) 499-1001 ext. 271 or 266**
or email **recycle@co.burlington.nj.us**

OCTOBER IS BREAST CANCER AWARENESS MONTH

BREAST CANCER *awareness month*

BREAST CANCER IN THE U.S. WILL AFFECT



1 IN 8
WOMEN



OVER THE COURSE OF HER LIFETIME

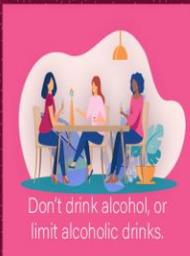
PREVENTION TIPS



Keep a healthy weight.



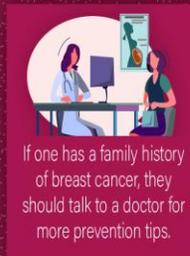
Exercise regularly.



Don't drink alcohol, or limit alcoholic drinks.



Breastfeed one's children, if possible.



If one has a family history of breast cancer, they should talk to a doctor for more prevention tips.

RISK FACTORS

ALCOHOL

Breast cancer risk increases with the amount of alcohol a woman drinks.

SMOKING

Smoking is associated with a small increase in breast cancer risk.

OBESITY

Being overweight is associated with increased risk of breast cancer.

SIGNS AND SYMPTOMS



- New lump in the breast or underarm (armpit).
- Thickening or swelling of part of the breast.
- Irritation or dimpling of breast skin.
- Redness or flaky skin in the nipple area or the breast.
- Pulling in of the nipple or pain in the nipple area.
- Nipple discharge other than breast milk, including blood.
- Any change in the size or the shape of the breast.
- Pain in any area of the breast.



APPROXIMATELY **1 OUT OF EVERY 100** BREAST CANCER DIAGNOSES IN THE U.S. IS FOUND IN A **MAN**.

INFORMATION PROVIDED BY:

[HTTPS://WWW.BREASTCANCER.ORG](https://www.breastcancer.org)

[HTTPS://WWW.CDC.GOV/CANCER](https://www.cdc.gov/cancer)

October- Fun Holidays

Breast Cancer Awareness Month

1. International Coffee Day | National Homemade Cookies Day
2. National Pumpkin Seed Day | International Day of Non-Violence
3. Mean Girls Day | National Poetry Day | National Boyfriend Day
4. National Taco Day | National Vodka Day | World Animal Day
5. World Teacher's Day | National Do Something Nice Day
6. National Mad Hatter Day | National Coaches Day
7. National Frappe Day | National Child Health Day | Bathtub Day
8. National Pierogi Day | National Flutternuff Day
9. National Moldy Cheese Day | National World Post Day
10. World Mental Health Day | National Curves Day | World Homeless Day
11. National Coming Out Day | World Sight Day
12. National Savings Day | National Gumbo Day
13. National No Bra Day | National Train Your Brain Day
14. National Dessert Day | National Kick Butt Day
15. National Pregnancy and Infant Loss Awareness Day
16. National Dictionary Day | National Boss Day | World Food Day
17. National Pasta Day | Get Smart About Credit Day
18. National Chocolate Cupcake Day | National No Beard Day
19. National Sweetest Day | National New Friends Day
20. National Youth Confidence Day | World Statistics Day
21. National Apple Day | International Gin and Tonic Day
22. National Nut Day | National Color Day
23. National Boston Cream Pie Day | National iPod Day
24. United Nations Day | National Bologna Day
25. World Pasta Day | International Artists Day
26. National Pumpkin Day | National Make a Difference Day
27. National Black Cat Day | National American Beer Day
28. National Chocolate Day | National Immigrants Day
29. National Cat Day | National Oatmeal Day | World Internet Day
30. National Candy Corn Day | National Checklist Day
31. Halloween | National Magic Day | National Caramel Apple Day

