



TOWNSHIP OF SOUTHAMPTON

5 Retreat Road, Southampton, NJ 08088
(609) 859-2736
www.southamptonnj.org



SEPTEMBER 2023 NEWS

UPCOMING EVENTS

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Spotted Lanyard Bug
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Paw Prints
School Opening
Mystery Dinner
Arts in the village
Art Show -Library
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SEPTEMBER 4th OFFICE CLOSED

09/04/2023 Labor Day - Office Closed – Trash pickup on 9/5
09/07/2023 Planning Board Meeting 6 pm
09/14/2023 Zoning Board Meeting: 7:30 pm
09/12/2023 Southampton Recreation Commission 7 pm
09/19/2023 Committee Meeting 6 pm
09/20/2023 Preservation Commission 7 pm
09/21/2023 Planning Board Workshop Meeting 6 pm
09/23/2023 Arts in the Village starting at 9 am
09/29/2023 Library Art Show (see flyer for details)

Quote for the Month:

The best and most beautiful things in the world cannot be seen or even touched — they must be felt with the heart. -Helen Keller

Dear fellow Southampton Residents,

It seems we say this every year but... Where did the summer go? We hope it has been an enjoyable summer for you and your families. As the fall approaches and schools re-open, we ask that you pay particular attention when driving as students return to waiting for the school bus. Similarly, when driving in Vincentown, be mindful of the students walking to and from school.

We want to thank everyone involved with the Fireworks/Community Day and all of the summer concerts . It has certainly been a full summer of activities in Southampton.

As always, we welcome your feedback and questions about the Township.

Mayor Michael Mikulski

Have you seen this bug?

SPOTTED LANTERNFLY



In the past few years, this bug has become a problem for our trees and crops.

If you see this bug, please call the office and report the sighting. 609 859-2736 Option 5

The Friends of the Burlington County Animal Shelter (FOBCAS) is having its annual Paw Prints Pet Fest and 5K on Sunday, September 17th at beautiful historic Smithville Park. We would be extremely grateful if you could share this event flier on your social media pages and township website. This wonderful event attracts over 4,000 attendees and over 500 runners. There will be vendors, food trucks, DJ, kid zone, entertainment, beer garden, etc; a fun day for all.

The Friends of the Burlington County Animal Shelter, Inc. is a 501(c)(3) non-profit organization founded in 2010 to save the lives of homeless animals by providing advanced medical care, spay & neuter support, foster care, and more within Burlington County. Our work is within the community and the county shelter with a shared vision of becoming no-kill by 2025 (90% saved). Last year over 3,209 animals entered the shelter and only 2,522 were saved. We are committed to increasing this number and saving them all. Please visit our site for more information, friendsofbcas.org.

Attached is the information flyer for your use on your community social media pages and website. By increasing awareness and attendance of this event, we are increasing the resources available to help the animals at the Burlington County Animal Shelter.

Thank you for your time. If you have any questions, please feel free to reach out.

Sue Andris

FOBCAS Volunteer



Friends of the Burlington County Animal Shelter

Paw Prints PetFest & 5K

SEPTEMBER 17, 2023, 10 AM - 3 PM

Smithville Park, Eastampton

PETFEST FUN FOR ALL!

- Family Fun
- Games & Contests
- Food Trucks & Beer Garden
- Music & Vendors
- 5K - registration required

For more PetFest info or to register for the 5K Run/Walk, scan the QR code or visit our site:

www.friendsofbcas.org/skpetfest

signature sponsor by **DAVIS Honda**



WARRIOR REMINDERS

**1ST STUDENT DAY- TUESDAY,
SEPTEMBER 5TH. (FULL DAY
SESSION)**

**BACK TO SCHOOL NIGHT
SCHOOL #1 AND SCHOOL #2 -
TUESDAY, SEPTEMBER 12TH
6:00-8:00 PM**



**BACK TO SCHOOL NIGHT
SCHOOL #3 - WEDNESDAY,
SEPTEMBER 13TH 6:00-8:00 PM**

WE CAN'T WAIT TO SEE YOU!



At Leisuretowne



Hospital Foundation

Southampton Chapter

Presents

Dinner and a Show at Laurel Hall

| | | | |
|-----------------|------------------------|-------------------|------------------------|
| Tickets \$35 | Doors Open 12:30 pm | Dinner 1:00 pm | Show Starts 2:30 pm |
|-----------------|------------------------|-------------------|------------------------|

Sunday, September 17, 2023

Spaghetti Dinner will be catered by the
Hampton Lakes Emergency Squad

Performance by



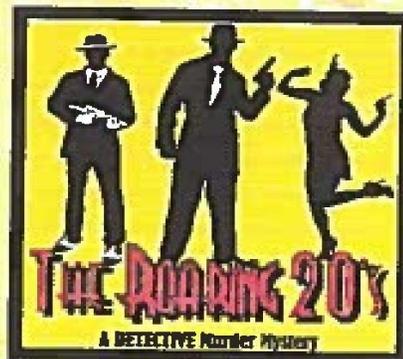
**Come dressed as a
"flapper" for extra fun**

For tickets contact:

Sunday Pittman 609-217-9019

or

Barbara Sullivan 856-534-5454





In the Village Market Day

Saturday, September 23, 2023

9am-3pm

Main Street, Vincentown

Join us for an open air market on Main Street with booths by artisans, music, food, book and plant sales. School museum open and yard sales around the village. Something for everyone!

Proudly supporting
the Arts in
Southampton

More info on
Facebook: Arts
in the Village
Market Day

Sally Stretch Keen Memorial Library

**94 Main Street
Vincentown**

Invites you to the

2023 Local Art Exhibit and Sale

**Local scenes by over 20
artists displayed in the
historic Vincentown Library**

Wine and cheese reception Friday

Friday, September 29th

5:00–8:00 pm

Saturday, September 30th

1:00–5:00 pm

FALL 2023

PAPER SHREDDING EVENTS

"The fall will be here before you know it and the Board of Commissioners is pleased to offer three fall paper shredding events for your confidential documents. Mark your calendars today to take advantage of this free County service!"



- Tom Pullion, Deputy Director,
Board of County
Commissioners



Find Paper Shredding dates and more!



Download the **FREE** app today!



SUNDAY
SEPT 24
OCT 22
and
NOV 19

All events are from 9 AM until 1 PM*
RAIN OR SHINE

**Burlington County
Resource Recovery Complex**

(Landfill)

22000 Burlington-Columbus Road
Florence, NJ 08518 (Exit 52A off I-295)

***EVENTS MAY END PRIOR TO 1PM IF
SHREDDING TRUCKS REACH CAPACITY.**

- Remain in your car.
- Put paper in your trunk or truck bed; our staff will remove it from your vehicle.
- Confidential files ONLY - ABSOLUTELY NO MAGAZINES/JUNK MAIL!**
- Limit of 4 bags/boxes of unshredded paper weighing no more than 10 lbs. each. Shredded paper is also accepted.
- No businesses or non-profits.

**SPECIAL PLASTIC
COLLECTION**
AT SHRED EVENTS

Bag up separately and bring clean and dry plastic bubble wrap, plastic shipping mailers, and plastic wrap from cases of water and paper products.

**BURLINGTON COUNTY RESIDENTS ONLY.
IDENTIFICATION REQUIRED.**

Questions? Call **(609) 499-1001 ext. 271 or 266**
or email **recycle@co.burlington.nj.us**

September is Pain Awareness Month

September is National Pain Awareness Month, a time when pain specialists and advocates promote pain education and raise awareness about issues related to chronic pain. Many people who suffer from chronic pain do so silently. They hide their pain because of the stigma surrounding chronic pain. The goal of Pain Awareness Month is to break down the barriers to effective pain management, reduce stigma, and create a greater understanding of chronic pain among healthcare providers, patients, and the community.

- Nearly 100 million Americans experience chronic pain — more than those who have diabetes, heart disease and cancer combined.
- Pain is a warning sign that indicates a problem that needs attention.
- Pain starts in receptor nerve cells located beneath the skin and in organs throughout the body.
- Living with pain can be debilitating and adversely affect everyday life.
- The biggest cause of disabilities in Americans under the age of 45 is back pain.
- According to the National Institutes of Health, eight out of ten people will have back pain at some time in their life.

If you are experiencing pain contact your primary care physician to discuss possible options



September 2023

| Su | M | Tu | W | Th | Fri | Sa |
|------------------------|---------------------------------|------------------------------|-----------------------------------|----------------------------------------------------|--------------------------------------|------------------------------------------|
| | | | | | 1 | 2 World Coconut Day |
| 3 | 4 Labor Day | 5 | 6 National Read a Book Day | 7 International Day of Clean Air and Blue Skies | 8 International Literacy Day | 9 |
| 10 Grandparents Day | 11 | 12 | 13 International Chocolate Day | 14 | 15 International Day of Democracy | 16 Rosh Hashanah |
| 17 | 18 National Cheeseburger Day | 19 Eski Like a Pirate Day | 20 | 21 International Day of Peace | 22 Autumn Equinox | 23 International Day of Sign Language |
| 24 | 25 Tote Kipper | 26 | 27 World Tourism Day | 28 National Son's Day | 29 National Coffee Day | 30 Orange Shirt Day |