

LAND FITNESS CLASSES

- **Silver Sneakers® Classic**
Tues & Thurs @ 9:15am FREE ***
- **SAIL:** Mon, Wed, Fri @ 9:15am
\$1 Seniors/\$2 adults ***
- **Arthritis Foundation Exercise Class :**
Mon & Wed @ 10:15am \$1 Seniors/\$2 adults ***
- **Yoga with Mary Grace:** Tues & Thurs @ 8:00 am
and 5:30 pm \$3 everyone
- **Tia Chi Gung:** Mon & Fri @ 6pm & Wed @ 11sm
Free for Full Members/\$3 Non-Members ***
- **Homeschool PE Class:** Thurs @ 1pm
(September—May) Free for Full Members / \$3
Non-Members ***
- **DKP/Power Hour:** Tues & Thurs @ 5:30 pm
\$3 everyone
- **Refit:** Mon. & Wed. @ 4:30 pm & Wed @ 5:30pm
\$3 everyone

WATER FITNESS CLASSES

- **Arthritis Foundation Aquatics Class:**
Mon/Wed/Fri @ 8:00 am ***
- **Morning Waves** (low intensity)
Tue & Thurs @ 8:00 am ***
- **Hydrocize** (medium intensity)
Mon/Wed/Fri @ 9:00 am ***
- **Water Dance** (medium intensity)
Mon & Wed @ 10:15am ***
- **N 2 the Deep** (medium intensity)
Tues/Thurs @ 9 am ***
- **Aqua Cycle** (medium intensity)
Tues/Thurs @ 10:15am ***

*** Classes marked are included in Full memberships

GENERAL RULES

- All Members and Visitors MUST sign in at the Front Desk
- NO Tobacco OR vaping products allowed in the building
- NO DRUGS or ALCOHOLIC BEVERAGES in the building OR the Park
- SHIRT and SHOES must be worn in all areas of the building except the pools
- NO FIGHTING, HORSEPLAY, PROFANITY, or GAMBLING
- NO expression of PHYSICAL or VERBAL ABUSE to any STAFF MEMBER or other user of facility
- NO WEAPONS
- NO MISUSE of EQUIPMENT.
- NO HANGING on RIMS or NETS in gymnasium
- NO PUBLIC DISPLAYS of AFFECTION
- NO RUNNING in the building except in designated areas
- CHILDREN UNDER 12 MUST be accompanied by a person of responsibility 16 or older
- CHILDREN UNDER 4 that are swimming MUST have a person of responsibility at LEAST 16 or older within ARMS REACH.
- Children 12 and under are NOT allowed to use the FITNESS room. Children 13-15 must have an adult 18 or older present.

Please help us maintain a
“Family Friendly”
Environment.

CITY OF SHELBYVILLE

SHELBYVILLE RECREATION CENTER



220 Tulip Tree Rd
Shelbyville, TN 37160
684-9780

<http://www.shelbyvilletn.org/reccenter>

Online Registrations: www.shelbyvilletn.org

All prices listed within this brochure were approved by the
Shelbyville City Council and Park Board.

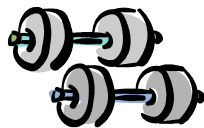
1/1/2014 & 1/12/2017

MEMBERSHIPS		Single (Ages 5-49)	Household of 4	Senior (Ages 50+)	Senior Couple (Both 50+)
FULL MEMBERSHIPS					
Full Annual Membership	R	\$225.00	\$325.00	\$150.00	\$225.00
	NR	\$275.00	\$375.00	\$175.00	\$250.00
	Corporate	\$175.00	\$275.00		
	Active/Reserve Military	No Charge	\$137.50		
	Veterans (Honorable Discharge)	\$175.00	\$275.00		
30 Day Full Membership	R	\$40.00	\$50.00	\$30.00	
	NR	\$50.00	\$60.00	\$40.00	
30 Visit Full Pass	R	\$80.00			
	NR	\$105.00			
7 Day Full Visitors Pass (NR only)		\$20.00			
SINGLE -AREA MEMBERSHIPS					
Summer Pool Pass*	R	\$100.00	\$150.00	\$75.00	
	NR	\$125.00	\$175.00	\$100.00	
Pool, Fitness Room, or Gym Only*	R	\$125.00	\$175.00	\$100.00	
	NR	\$175.00	\$225.00	\$125.00	
Track Only *	R	\$65.00		\$55.00	
	NR	\$80.00		\$65.00	
30 Day Track Only Pass* <i>Special Price for Ages 5 - 17</i>		(Ages 18 - 49)		(Ages 5 - 17 and 50 +)	
	R	\$10.00		\$5.00	
	NR	\$15.00		\$10.00	

R—Resident / NR—Non Resident



Household (4)	\$15
Adult (18-49)	\$5
Senior (50+)	\$5
Youth (5-17)	\$5
Child (4 & u)	FREE



Gymnasium	\$3
Pools	\$3
Fitness	\$3
Track	\$3
Spectator Fee	\$1



FULL MEMBERSHIPS INCLUDE:

Gymnasium, Fitness Room, Swimming Pools, Walking Track, Racquetball Court, & center-sponsored land and water fitness classes.

***AREA PASSES ARE ONLY GOOD FOR THE AREA PURCHASED AND DO NOT INCLUDE CLASSES.**

RECREATION CENTER HOURS

Monday-Friday 5:30 am - 8 pm

Saturday 8 am - 7 pm

Sunday 1 pm - 6 pm

INDOOR POOL HOURS

Monday - Friday 6:00am - 11am

(Fitness Swim/Classes Only)

Monday - Friday 11am - 7pm (Open Swim)

Saturday 11 am - 6 pm

Sunday 1-5 pm

RENTALS

Must book with Front desk, prepay, and sign user agreement.

Racquetball	\$6/hour
Wallyball	\$1/player - Resident \$2/player - Non-Resident
Party Room or Arts & Craft Room	\$12/hour- Resident \$15/hour- Non-Resident
Meeting Room ½	\$15/hour - Resident \$18/hour- Non-Resident
Meeting Room whole	\$20/hour - Resident \$25/hour- Non-Resident
Kitchen	\$20/rental
Lockers	\$8/month