



SEPTEMBER/OCTOBER RECREATION PROGRAMS & ACTIVITIES

Register for programs at www.richfieldmn.gov/onlineregistration

YOUTH & FAMILY PROGRAMS



Youth Dance

Wednesdays, September 16—October 7
Vets Outdoor Picnic Shelter (6335 Portland Ave)
We're offering this modified, outdoor version of our popular Youth Dance Program.

4:00—4:30 pm Tutu and Tennis Shoes Limit 10
3 to 5 yr olds & Pre-School & Entering K, \$25

4:40—5:25 pm Dance & Groove Outdoors Limit 12
Entering 1st to 3rd grade, \$30

6:15—7:15 pm Get OUT and Dance Limit 20
Entering 4th grade & Up, \$40

Amazing Athletes (2-6 yr olds)

Thursdays, September 17—October 15
SESSION 1: 5:00-5:40 pm, \$58 * SESSION 2: 5:50-6:30 pm, \$58
Vets Outdoor Picnic Shelter (6335 Portland Ave)

Develop your child's motor skills, hand-eye coordination, and cardiovascular fitness through Amazing Athletes. This course covers ten sports: baseball, volleyball, lacrosse, football, basketball, soccer, golf, hockey, tennis and track & field. Each class encompasses two different developmental sports, muscle identification and nutrition lessons, using fun activities to build their skills, at their own pace, in a non-competitive atmosphere. Parent participation is needed to help enforce the social distance rules with the coaches. Masks will be necessary if participants cannot maintain at least 6' of distance between one another. Program is rain or shine; in the event of severe weather a decision will be made by 4:00 pm.

Sanneh Soccer Camp (5-13 yr olds)

Saturdays, September 12—October 3 (rain makeup Oct 10)
Washington Park (7600 18th Ave), \$45
9:00 am- 9:45 am – 5-7 year olds
10:00 am- 10:45 am- 8-10 year olds
11:00 am-11:45 am- 11-13 year olds

Richfield Recreation and the Sanneh Foundation are calling all kids for a fun soccer camp! This camp will introduce sound soccer fundamentals, help build character and most of all, have fun with the sport of soccer. Each participant will get their own soccer ball and shirt! Sign up now though, there are only 50 total spots available for each session time and they are filling fast. The camp will follow strict MDH Covid-19 youth athletic guidelines. Bring your own water bottle. Masks will be necessary if participants cannot maintain a distance of six feet from others.

Youth Tennis Lessons

Monday—Thursday (Friday rain make-up, if necessary)
All lessons at Donaldson Park (7434 Humboldt Ave)
Each four-day session is \$28/child
September 14—17
September 21—24
September 28—October 1

LEVELS & TIMES
Pre-School (4—5 year olds): 3:00—3:45 pm
Child (6—8 year olds): 3:55—4:40 pm
Youth (9—11 year olds): 4:50—5:50 pm
Middle School (12—14 year olds): 6:00—7:00 pm

Child & Babysitting Safety Training (ages 11 and up)

Tuesday, October 20, 4:00-8:00pm, \$49 (Max Participants: 7)
Richfield Central Education Center (7145 Harriet Ave)

Are you ready to learn skills and information that is necessary in caring for infants and children? In this American Health & Safety Institute accredited program, we teach the importance of responsibility, recognizing an emergency, action steps, personal safety, fire and water safety, infant/child basic care, and also, basic first aid & CPR. Upon successful completion, you will earn the American Health & Safety Institute Child and Babysitting Safety certification card. Please bring a snack, pen, paper and water bottle with beverage! We are implementing new safety measures to meet the Department of Health guidelines for group sizes, physical distancing, and cleaning.
Co-sponsored with Richfield Community Education.

SENIOR PROGRAMS

Bingo

Wednesdays, September 16 and 30, 10:30-11:30am
Community Center Patio (7000 Nicollet Ave), No Cost (Max Participants: 25)
Join us for socially distant Bingo games. Chris Mathews from Home Instead Care will be the caller and providing snacks. All participants must wear a mask during the program and should bring their own chair and beverage. Staff will socially distance tables in advance, provide individually wrapped snacks and photo-copied bingo sheets that will be discarded after use. Please share any food allergies upon registration.

Read-A-Story Theater

Mondays, September 21 and October 19, 1:00-3:00 pm
Community Center Patio (7000 Nicollet Ave)
Time to bring the group back together to catch-up, discuss school year plans and impacts of performances, as well as play a few get-to-know-you games.

Lunch & Learn Senior Social

Fridays, September 25 and October 9, 11:00am-12:00pm
Vets Outdoor Picnic Shelter (6335 Portland Ave), No Cost (Max Participants: 25)
Join us for short fall series with guest speakers who will come discuss topics like current City forecasts and plans related to projects, COVID and other pressing community issues along with lighter topics presented by staff from Wood Lake Nature Center.

RICHFIELD ICE ARENA

Youth Skating Lessons

Saturdays, October 3—December 5 (no class 11/28)
11:00 am or 11:30 pm (depending on class)
Richfield Ice Arena (636 East 66th Street)
\$90/student (residents: \$5 discount)
Register at www.richfieldmn.gov/onlineregistration
Due to COVID guidelines, Parent & Me, Snowplow Sam, Basic 1, and Hockey 1 classes, as well as hand-holding assistance or use of the pushers, cannot be offered this session. Youth skate lessons are for ages three and older and are 30-minute lessons. Includes practice time and a pass to five public skate sessions.

Limited amounts of rental skates are available for \$1.50 per pair during skate lessons. We encourage skaters to buy their own skates. Local shops such as Westwood Sports, Strauss and Play it Again Sports sell skates. We utilize the United States Learn to Skate USA program. Professional skating instructors will be teaching this program and enforce proper skating form while using developmentally appropriate activities and exercises for the skaters.

Open Skating @ Ice Arena

Mondays, Tuesdays, & Thursdays-12:00-1:30 pm
Wednesdays-12:00-1:30 pm AND 6:30-8:00 pm
Richfield Ice Arena (636 East 66th Street)
Kids (17 and under) skate free (limited-time offer).

ADULT FITNESS

Interval Walking

INSTRUCTOR: SUSIE LUTTENEGGER
Mondays & Wednesdays, August 31—October 21, 5:30-6:15 pm
Vets Outdoor Picnic Shelter (6335 Portland Ave), No Cost
Adult walking group. Five-minute warm-up followed by 35 minutes of walking the trails of Veterans Park stopping every five minutes for weight toning exercises. End class with floor work and cool down stretching. Participants are asked to bring their own mat, weights, water bottle. Masks will be necessary if participants cannot maintain at least 6' of distance between one another.



Virtual Recreation Programs

www.richfieldmn.gov/virtualrecreation
Check out recreation resources available to you...anytime, anywhere! Videos, online activities, games, and more.

Richfield Farmers Market

Saturdays through October 17, 8:00 am—Noon,
Vets Outdoor Picnic Shelter (6335 Portland Ave)

Wheel Fun Mini-Golf Course

6335 Portland Ave
Open Saturdays and Sundays, 12:00-7:00 pm through Sep 27
Kids (17 and under) golf free in 2020. Voucher at www.richfieldmn.gov/minigolf or at the free libraries (Community Center and Ice Arena).



SEPTEMBER/OCTOBER RECREATION PROGRAMS & ACTIVITIES (continued)

Register for programs at www.richfieldmn.gov/online registration

WOOD LAKE NATURE CENTER

6710 Lake Shore Drive, Richfield 612-861-9365 www.richfieldmn.gov/online registration

PARK HOURS: Daily, 5:00 am—11:00 pm (building currently closed)



We're looking forward to seeing you at Wood Lake Nature Center this fall! We have lots of different opportunities for learning and enjoying nature. The building remains closed to the public, so all programs are based outside with access to portable toilets in the parking lot. All participants are required to wear masks, social distance, and all equipment will be sanitized before and after programs.

Afterschool Explorers (AGES 5-12)

Sign up separately for each day: \$10/day

Tuesdays, Wednesdays, Thursdays, September 8—October 15, 3:00-4:30 pm

Limit 10 per session

Join Wood Lake Nature Center naturalists after school for some engaging 100% out-doors exploration and nature-based recreation activities! With a naturalist, explore different habitats, play games and learn stewardship along the way! Sign up for each day separately (\$10/day). Classes are held **outside** in our Picnic Pavilion (with access to a portable restroom). Rain makeup week will be added, if necessary. Register online at www.richfieldmn.gov/online registration

Nature Adventurers (PARENT/CHILD-KIDS AGES 3-5)

Wednesdays, Sep 9, Sep 16, Sep 23, Sep 30, Oct 7, or Oct 14, 10:00-11:00 am

\$10/child/day Maximum: 5 adult/child pairs

Preschool kids, accompanied by an adult, will have an exciting time exploring a different nature topic together each visit! Enjoy circle time, stories, songs, crafts, activities and hikes in nature. Each class is fully outdoors and located in our picnic pavilion with access to portable bathrooms and a hand-washing station.

Group Programs with a Naturalist

This fall, we are excited to offer several classes that will get children outside. These offerings are perfect for homeschool groups, education pods, neighborhood groups, and scout troops. All classes will be held entirely outdoors with a limit of 25 students or group members, wearing masks, hand washing, and socially distancing. The duration of the program is 1.5 hours and the fee is \$4 per participant with a \$40 minimum charge. Portable toilet facilities are available on site. Programs are available Monday through Friday, September 8 through October 14, 9:00 am to 2:00 pm. We will do our best to re-schedule weather cancellations. Call 612-861-9365 to make a reservation.

Animal Camouflage (Pre-K—2nd)

Critter Walk (Pre-K-2nd)

Marsh Explorers (K-8th)

Animal Homes & Habitats (1st-5th)

Cold-Blooded Critters (1st-5th)

Plants on the Move (1st-5th)

Soil, Plants & Insects (1st-5th)

Animal Adaptations: Migration/Hibernation (1st-8th)

Forest Explorers (1st-8th)

Birds Around Us (3rd-8th)

Birthday Parties (AGES 4-12)

Saturdays (see www.richfieldmn.gov/online registration for available dates/times)

Wood Lake offers several different outdoor birthday parties that are fun and educational. Join us in the Picnic Pavilion for a two hour party that is 100% outside! Start off with a one-hour naturalist-led activity, followed by use our outdoor picnic pavilion and sanitized picnic tables (with access to a portable restroom) for one hour. Food is not permitted. Party bags available for \$3.50 each. 10% discount on party fee for Friends of Wood Lake members. Limit of 10 kids and 4 adults at the party. \$120 for 2 hours. View available dates and times and register online at www.richfieldmn.gov/online registration.

Critter Hunt Birthday (ages 4-5): Become nature detectives and look for hidden animals at Wood Lake.

Treasure Hunt Birthday (ages 5-9): Find nature clues along the trail to receive puzzle pieces that lead to a hidden treasure.

Scaly Tales Birthday (ages 5-12): Meet a live snake, turtle, and salamander to learn all about these amazing creatures. Then take a hike to look for reptiles and amphibians in their natural habitat.

Survival Birthday (ages 8-12): Learn the basics of survival and build an outdoor shelter. Work together to see if your group can survive!

Sunday Specials (ALL AGES)

Register in advance at www.richfieldmn.gov/online registration.

\$5/person (free for members). Maximum of 15 people per session.

September 13: Marsh Explorers (12:30—2:00 pm) Discover the incredible diversity of life in the marsh during this multigenerational program in honor of Grandparents Day. Explore the marsh with nets and buckets to find out what attracts all the waterfowl and shorebirds to Wood Lake's marsh!

September 20: Native Bee Boxes & Plant Hike (3:00—4:30 pm)

Learn the different species of native bees that live in Minnesota and decorate a simple wooden native bee box to take home and hang in your yard! End the program with a guided hike through our educational prairie and learn about the native plants that help our friendly pollinators.

September 27: Animal Signs and Homes (12:30—2:00 pm)

Wood Lake has abundant wildlife and in the fall many of them are on the move to get ready for winter. We will learn about different strategies animals have to survive (some freeze solid!), and where they spend the winter. We will follow tracks and see what mammals make Wood Lake their home this time of year. Before we head out on our hike we will make a plaster cast of a track to take home.

October 4: Outdoor Survival Skills (3:00—4:30 pm)

Learn the rule of three to help you succeed in a survival situation. Then head into the woods to build your own survival shelter using sticks, logs, and other natural materials. Learn how to safely start a one match fire. See if you have what it takes to survive!

October 11: Totally Terrific Trees (12:30—2:00 pm)

Discover the magic that happens within trees during photosynthesis and why trees are more important to our ecosystems and planet than ever before! Identify some local varieties and collect some leaves and learn how to press them for crafts or leaf ID projects. Check out the amazing lightning scar that was left on one of our cottonwood trees during an electrical storm!

Bird Hikes (AGES 12 AND UP)

Thursday, September 10, 6:00-7:30 pm

Tuesday, September 15, 6:00-7:30 pm

Wednesday, September 23, 6:00-7:30 pm

\$5/person/hike (free for members) Maximum: 10

Fall is an exciting time to spot migrating birds. Enjoy an educational and leisurely walk through the nature center on a guided bird hike. Both amateur and advanced bird watchers are welcome! We encourage participants to bring their own binoculars but we will have sanitized binoculars and field guides available for loan. Class will be cancelled for inclement weather. Pre-registration and payment required at www.richfieldmn.gov/online registration

Full Moon Hike (AGES 12 AND UP)

Thursday, October 1, 7:00-9:00 pm

Friday, October 30, 6:00-8:00 pm

\$5/person/hike (free for members) Maximum: 15

Explore the park with a naturalist after dark as the nocturnal inhabitants become active. Watch for owls, listen for the coyotes, and discover the deer's favorite haunts on this leisurely stroll through forest and prairie. Ages 12 and up. \$5/person per hike, (free for members) Register online at www.richfieldmn.gov/online registration

Roving Naturalist (ALL AGES)

Saturday, September 19 (9:00-11:00 am)

Sunday, September 27 (10:00-11:30 am)

Sunday, September 20 (12:30-2:00 pm)

Saturday, October 3 (9:00-11:00 am)

Saturday, September 26 (3:00-5:00 pm)

Saturday, October 10 (9:00-11:00 am)

Find a roving naturalist at the following dates and times. Daily locations and topics will be posted by the front door of the nature center. Look on Facebook for additional roving naturalist times as we add them. Free! All ages. Drop in anytime.



Sports To Go!

Announcing....the new Sports To Go program, a recreation equipment check-out program that's absolutely free! Equipment can be checked out (and returned) on Wednesdays, 2:00-5:00 pm, at the Community Center (7000 Nicollet), and can be used for one week. Some of the equipment available for checkout will include baseballs, basketballs, footballs, soccer balls and portable goals, volleyballs, disc golf discs with portable baskets, Pickleball paddles and balls, bean bag games, and more! The number of items that can be checked out per family is limited (depending on which items are checked out). To see what equipment is available and check something out, stop by the Community Center on Wednesdays, 2:00-5:00 pm. Sports To Go has been made possible by a Youth Moves Grant from Hennepin County.