

Boozhoo and welcome to the Miisaninawiind weekly newsletter!

The Miisaniinawind brings you important news, announcements and updates, designed specifically for the Red Cliff community. But that's not all. The weekly eNewsletter will also provide news about neighboring tribes, communities and broader issues across Indian Country that matter to you.

If you have photos, news or information you'd like to share, please email submissions to communications@redcliff-nsn.gov.

Check out our website <u>HERE</u> and our Facebook page <u>HERE</u>.

Want to receive the newsletter each week? Sign up<u>HERE</u>.

Click HERE to view this email as a webpage instead.

# **Red Cliff News & Updates**

## **COVID-19 Community Updates**

Various Tribal programs, services, and events have been canceled or temporarily suspended in our efforts to limit the spread of COVID-19.

An up-to-date list can be found on the <u>Red Cliff Band website</u>, and is updated continuously throughout each day.

You can also find a series of video updates from the Red Cliff Health Division on the Tribal Facebook page.

## **Red Cliff Fish Company Update**

Follow Social Media Pages to Stay Informed

Red Cliff Fish Company is your new local source for the Great Lakes' best fish!

Like and follow their <u>Facebook</u> and <u>Instagram</u> pages for product updates, deals, and information.

Red Cliff Fish Company is preparing to open its on-site fish market this fall, and will offer wildcaught fish from the pristine waters off the Apostle Islands.





DRIVE UP FREE COVID-19 TESTING EVENT

The Wisconsin National Guard is assisting the Red Cliff Band to provide COVID-19 testing.

Testing is FREE, available to everyone.

Saturday, August 22nd, 2020 11 AM – 7 PM Red Cliff Community Health Center 36745 Aiken Rd Bayfield, WI

There are 450 tests available. Anyone 5 years to 17 years must have a parent or legal guardian present.



## **Tribal Council Scholarship Awards**

Bayfield High School seniors Victoria Kahite and Dusty LaFernier were awarded with the Red Cliff Tribal Council Scholarship at last week's Tribal Council meeting.

**Congratulations Victoria and Dusty!** 



## FBTNP Open to Tribal Members After Storm Cleanup

Frog Bay Tribal National Park is now reopened to Tribal Members only after Treaty Natural Resource department staff completed recent storm damage cleanup. Staff were forced to create four different trail reroutes due to the extent of downed trees.

The park is still closed to non-tribal members in an effort to limit the spread of COVID-19 within the reservation.

Click <u>HERE</u> to visit the FBTNP webpage. See below for photos of the storm clean up!







# FOOD BOXES Thursday August 13, 2020

Approx. 9:00 a.m. – 3:00 p.m. Red Cliff Boys & Girls Club Parking lot 89645 Youth Center Drive, Bayfield, WI Please stay in your vehicle! 4 items per household 2 different produce boxes Dairy box 4 Different types of Chicken boxes Sassy Cow 2% half gallon milk Sargento Mild Cheddar Cheese Sticks Klondike Greek yogurt Next Food Box Truck will be August 27, 2020



#### For <u>Elder Delivery</u> Only

please call: Marion Claremboux 715-779-3706 ext. 5010

Brought to you by Red Cliff Food Distribution and the Hunger Relief Federation For more info call Food Distribution 779-3740

Cut off time to call for delivery orders is Tuesday by 4:30 p.m.

OPEN TO EVERYONE!

## For All Other Deliveries Please call: Heidi Bresette 715-779-3707 Ext.2261

## Community Submissions: Recipes From Free Food Boxes

Community Members have shared various meals and recipes they've created using items from the free food boxes provided by Red Cliff Food Distribution.

Here are some meals created. Miigwech for sharing!

Broccoli Cheese Soup made with broccoli, carrots, potatoes, celery, shredded cheese.

Chicken fajitas Grilled cauliflower steaks Canning jars of salsa and stew tomatoes Cream of cauliflower soup; corn & potato chowder soup Sweet & Sour Chicken Nuggets Chicken Fried Rice Chicken Tacos and fresh Pico de Gallo Spicy Chicken Nuggets Nachos with chicken and fresh salsa. Chicken Alfredo with Broccoli. Spicy Chicken Wrap Romaine salad with blueberries Chicken Quesadillas & Tacos Broasted Chicken Smoothies **Blueberry Muffins & Pancakes** 

Broccoli Cauliflower Casserole recipe: 2 med. head Broccoli (chopped) 1 lrg. Head Cauliflower (chopped) 2 C. Cheddar cheese 4 tbsp. Butter (melted) 1 Cup sour cream 6 green onion (diced) I pkg. Real bacon bits 3 c. Chicken (optional)

Steam veggies until El Dante Mix all ingredients into casserole dish Bake 300° for 25 min.



Chicken quesadillas made with the chicken strips and shredded cheese and onions.



Jars of salsa using the tomatoes.



## **Long-Time Employees Bid Farewell**

Red Cliff Treaty Natural Resources Administrator Chad Abel and Tribal Administration employee Carmen VanderVenter were recognized at last week's council meeting.

Abel has served as the TNR Administrator for nine years and has shouldered many responsibilities during his time in Red Cliff. Most recently, Abel oversaw the creation and implementation of the Red Cliff Fish Company, which is set to begin operations this fall. He is moving to California to work with the Bureau of Reclamation.

VanderVenter has served Red Cliff for 10 years in Education and Compliance, most recently as the Compliance/Internal Audit Officer.

Miigwech Chad and Carmen for all of your hard work in helping to make Red Cliff a better place!



## **Traffic Advisory August 11-12**

Chip and fog seal operations scheduled for WIS 13 in Bayfield County

Maintenance crews from the Bayfield County Highway Department plan to chip and fog seal a section of WIS 13 from 7 a.m. to 7 p.m. on Tuesday, August 11 and Wednesday, August 12, 2020. Crews will be working on 7.39 miles of WIS 13 from .59 miles north of County C to Lake Avenue, Cornucopia to Herbster.



During chip sealing operations, the road will be open to through traffic. Work will be completed using lane closures with flagging

operations. Motorists will be led through the work zone at a safe speed by a pilot vehicle which will be identified by a "Pilot Car Follow Me" sign affixed to the vehicle.

Motorists can expect travel delays and may want to consider alternate routes. Schedules are dependent on weather conditions and are subject to change.

A chip seal consists of a layer of crushed stone placed on top of an application of liquid asphalt to reduce further deterioration of the pavement.

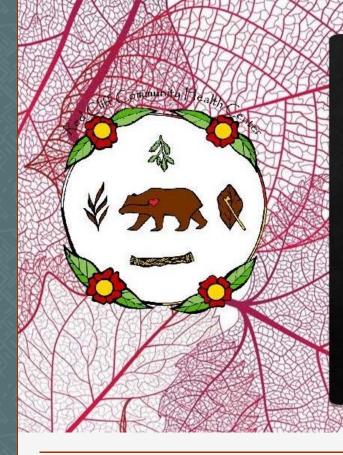
Fog sealing is a method that is used to lock in chips by placing a light application of diluted asphalt emulsion over a chip seal. It is commonly done to ensure reduction of stone loss and to add life to the pavement by increasing a pavement's impermeability to water and air.

Loose stones will be on the highway temporarily during the initial cure of the asphalt. Once the chip seal has cured, crews will sweep the highway to clear away loose stones.

Motorists are urged to take extra caution, drive slowly, and allow additional space between vehicles to prevent damage from any loose stone chips or asphalt emulsion.

For traffic information and construction activities throughout Wisconsin, visit <u>www.511wi.gov</u>

# Health & Wellness



Relapse Prevention Virtual Group

6 week Virtual Group

Beginning

August 18, 2020 - 11 a.m.

If interested in participating

Contact:

Jim Peacock at 715 779 3741 ext. 2401 or Linda Dunbar at 715 685 8401

You will receive a virtual access code to participate in the group.

## **Behavioral Health August Newsletter**

Click <u>HERE</u> to access the Behavioral Health newsletter. You'll also find other departmental newsletters.



## **Behavioral Health Department**

MH & AODA Outpatient • CCS • CST • TOR • RCTREE • CTAS Native Connections • Noojimo'ewewin • MWC

# AUGUST 2020 NEWSLETTER

Featured Articles/Program Updates

Stop Stigma. Start Connecting
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### ~Boozhoo from the Behavioral Health team~

We are excited to bring you news that you may find helpful. We hope to be able to provide information that you can use or share with others if you feel you are currently experiencing hard times, feeling down, or may not feel like you have anywhere to go.

Please use this newsletter as a resource for you to know you are NOT alone, and there are services that are here to help right in our own community!

During the month of August we wanted the community to become more aware of the Coordinated Tribal Assistance Solicitation (CTAS) Tribal Victims of Crime (VOC) Program!

## Stop Stigma. Start Connecting. Save Lives

August 31<sup>st</sup> 2020 is International Overdose Awareness Day. The aim of the event is to spread the message that overdose death is preventable. Our traditional teachings as Anishinaabe people are grounded in the belief that we are all connected. They encourage us to think of one another as relatives and to work together to keep our circle strong. Stigma and shame push people out of the circle. Stigma and shame prevent our relatives from getting the help they need. During the month of August, we encourage you to stop stigma, start connecting and save lives. Stigma is a negative belief, attitude or discriminating act against someone or a group of people because of a characteristic or trait. People who experience stigma often feel shame. Shame is not helpful, is unmotivating, drives disconnection and is very different than guilt. Guilt is feeling bad about something you did, shame is feeling bad about who you are. If you see stigma, call it out for what it is, and if you find yourself engaging in stigmatizing acts, stop. Connection and empathy are the opposite of shame and stigma. Connection is the opposite of addiction. Connection can be as simple as acknowledging one another's presence with a heartfelt "aaniin" or letting someone know you care.

We have the tools available at the Red Cliff Community Health Center to prevent overdose. Stigma and shame keep these tools from getting to the hands and homes they are needed to prevent overdose deaths. By stopping stigma we allow people to connect to the help that can save lives. Stop stigma. Start connecting. Save lives. To learn more visit <u>https://www.overdoseday.com/</u> or call 715-779-3707 and ask for more information.

**Red Cliff Community** 

# \*\*Especially YOUTH\*\*



Native Connections needs YOUR input for our up and coming billboard campaign!

## What is Native Connections?

Native Connections is a five-year grant program that helps American Indian and Alaska Native communities identify and address the behavioral health needs of Native youth.

If you have any ideas for the billboard as far as image, slogan, representation, art, or any other ideas, we want to know about them.

**Please contact Clarissa Bressette at** 

715 779 3741 ext 2409

cbressette@redcliffhealth.org

CHI-MIIGWECH!



## NATIVE BREASTFEEDING COALITION OF WISCONSIN

The Big Latch On

Join us for our first Big Virtual Latch On Event! *Wednesday August 12, 2020* 

Strong. Kesilient. Latched.

Native Breastfeeding Coalition of Wisconsin

Native Breastfeeding @NBCofWisconsin

#StrongResilientLatched

We are here to protect, promote and support breastfeeding in our Native American Communities, one latch at a time.

On August 12 please post your favorite nursing picture and/or your breastfeeding story via our Facebook or Twitter page with #StrongResilientLatched. We would also like to acknowledge those of you who exclusively pump or donate milk by joining in as well. Dad's are also encouraged to post and share!

## **New Health Center Employees**

**Eleesa Kline, Certified Medical Assistant** 

Eleesa is a Certified Medical Assistant through the American Association of Medical Assistants (AAMA). She graduated from WITC in 2013 with an EMT-Basic Certification and from Northland College in 2015 with a broad field Biology degree and minors of History and Environmental Studies. She returned to WITC in Fall of 2015 and completed her CMA. She became a member of the Red Cliff Tribal Ambulance Service in April of 2020 and now



she is thrilled to begin working more regularly with members of the community at the Red Cliff Community Health Center as an MA. Eleesa has been involved with several international experiences and loves to volunteer for community events. In her free time, Eleesa loves to be outdoors, read novels, and bake.

#### **Olivia Garramone, Community Outreach**

Olivia is a Community Outreach Worker at the Red Cliff Community Health Center. She recently graduated from Bayfield High School. She plans on attending the University of Minnesota-Duluth to work towards a degree in psychology. Someday, Olivia would like to return close to home and use her knowledge to help the Native American community. Her career goal is to become a school psychologist. During her free time, she enjoys spending

time with family and friends, going on adventures, and finding a good show to watch.

#### Giovanni Garramone, Community Outreach

Giovanni Garramone is a 19-year-old member of the community health outreach team and is an enrolled member of the Red Cliff tribe. He is a graduate from Bayfield High School and is currently attending college at Stanford University, but is still unsure of what type of degree he wishes to pursue. Giovanni hopes to be able to make big impacts on his community in Red Cliff and hopes to be able to help make Red Cliff an even better place.

#### Nancy Scribner, Community Outreach

Nancy has worked in the Bureau of Indian Affairs where she recently retired with 30 year of service. Nancy has worked in various departments such as Administration, Records, Property, Procurement, Contracts, Realty, Roads and most recently Natural Resources. During that interim Nancy worked for two years with the Bureau of Indian Education at the Midwest Regional Office, as the Administration Specialist. Nancy attended WITC for

Administrative Office Professionals and Northland College for Computer Science. Nancy is a Red Cliff tribal member and currently resides in Ashland, WI. Nancy enjoys gardening, traveling, visiting and spending time with family and friends.

For other Health Center information or general questions call: 715-779-3707 or Email RCHealthCenter@redcliffhealth.org

Click HERE to visit the Red Cliff Community Health Center website

## **Family & Human Services**

## **Alzheimer's Foundation Virtual Conference**

The Alzheimer's Foundation of America is offering a free virtual conference on August 20 to help participants learn about topics such as caregiving strategies and support, communication and safety tips, research and public policy during the COVID-19.

Click <u>HERE</u> to register for the free conference.









# AFA's Educating America Tour Wisconsin Virtual Conference

## THURSDAY, AUGUST 20, 2020 10:00 AM - 12:30 PM CT

## Register by visiting www.alzfdn.org/tour

The Alzheimer's Foundation of America is holding a free virtual educational conference as part of its Educating America Tour to connect Wisconsin residents with information about Alzheimer's disease, brain health, caregiving and advance planning.

View the agenda and register by visiting www.alzfdn.org/tour

**Registration is free and open to all!** Please call AFA at **866-232-8484** with any questions.

## 2020 EDUCATING AMERICA TOUR SPONSORS





Scan with your smartphone's camera to register

## Healthy babies start with you! You can help by telling your story.



#### WHAT IS PRAMS?

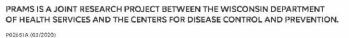
PRAMS stands for Pregnancy Risk Assessment Monitoring System. It is a confidential survey that collects information from women who have recently given birth.

The purpose of PRAMS is to improve the health of new mothers and their babies.

#### WHO RECEIVES THE SURVEY?

- Each month, the Department of Health Services sends the survey to about 200 women who recently gave birth, and who were chosen by chance.
- In 2020, we are surveying all Native moms who give birth in Wisconsin, in partnership with the Great Lakes Inter-Tribal Epidemiology Center.
- Your voice is important to this effort.
- If you are selected, the survey will be mailed to you and you will be asked to fill it out. All responses will be returned to the Department of Health Services and will be kept confidential, to the extent permitted by law.

WHO CAN I CALL IF I WANT MORE INFORMATION ABOUT THE PRAMS SURVEY? If you would like to learn more about PRAMS, call the PRAMS team at 1-866-743-9737. The call is free. Our staff speaks English and Spanish. We are ready to help.





Various Family and Human Services offerings have unique guidelines and hours in response to COVID-19.

See the Notices section toward the top of this newsletter for more information. You can also call the Family Human Services Division at 715-779-3706.

## **Education**

# LCOOC CONTINUING EDUCATION

# Intro to Supervisory Management



Introduction to Supervisory Management

Instructor:Dr. James Pete

Contact: <u>ext@|co.edu</u> or (715)634-4790 Ext. 121

#### Open to All Community Members

Cost: \$63

<u>Dates:</u> August 14, 21, 28 September 4 <u>Time:</u> 8:00-12:00p <u>Location:</u> Zoom

> To Register <u>E</u>mail <u>ext@lco.edu</u>

\*Register by August 12





#LCOcollege | #Community | #Extension

## Northern Wisconsin Outdoor Experiential Education Scholarship

The Northern Wisconsin Outdoor Experiential Education Fund provides *up to \$1000* to Chequamegon Bay area residents to participate in high-quality programs providing transformative experiences in outdoor settings. Particularly, the scholarship wants to support individuals for whom it would otherwise be financially difficult to participate and individuals who are typically underrepresented in such programs.

### INDIVIDUAL ELIGIBILITY

Individuals who fulfill all the characteristics below can apply for this scholarship:

- have lived in the Chequamegon Bay communities of Red Cliff, Bayfield, Madeline Island, Washburn, Ashland or Bad River for at least four years;
- will enroll in an outdoor program listed below, or another qualifying program;
- are at least 16 years of age and have financial need;

Applicants of all ability levels are encouraged to apply.

### PROGRAM ELIGIBILITY

Programs emphasizing backcountry non-motorized travel, engage in environmentally sustainable practices, promote participation by people who are typically underrepresented in outdoor education programs, and promote social responsibility are eligible. Example organizations which would currently be eligible include:

- Breckenridge Outdoor Education Center 
  Northland College outdoor related programs
- National Outdoor Leadership School
- No Barriers USA
- Environmental Traveling Companions
- Outward Bound

Wilderness Inquiry

Other programs of non-profit organizations that provide opportunity for transformative experiences in an outdoor natural setting may also be eligible.

### APPLICATION INFORMATION

Applications are available at www.dsacommunityfoundation.com/NoWIOutdoor. Annual deadlines are **April 1st** for summer based programs and **October 1st** for winter based programs.

Contact the Duluth Superior Area Community Foundation (218-726-0232 or scholarships@dsacommunityfoundation.com) with questions.





## Wisconsin Agriculture Youth Council OVERVIEW



#### Purpose

The purpose of the Wisconsin Agriculture Youth Council is to encourage young people to engage with state government and increase their awareness of DATCP's interactions with Wisconsin's agriculture industry.

#### Goals

The four goals of the Wisconsin Agriculture Youth Council are:

- Highlight the agricultural-related career opportunities available in state government.
- Share the state tools available to support Wisconsin farmers
- Provide insight on how to effectively engage in state agricultural policy development.
- Increase networking opportunities for participants across the agricultural industry

#### Structure

The Wisconsin Agriculture Youth Council will be comprised of 15 Wisconsin high school seniors. Students will serve a one-year term and receive a certificate at the completion of their year.

#### Recruitment

Students will nominate themselves for the Council during the designated recruitment period and utilize the application available on DATCP's website. Council members will be selected based on their submitted materials and plan to meet the determined goals. Members will be representative of the state's geographic and agricultural diversity.

#### Expectations

Council members are expected to attend eight monthly 90-minute virtual sessions and one final all-day event involving the DATCP Board. Members must prepare at least one question prior to each session, and complete a survey after each session. All Council members will also complete a final written reflection about their experience.

#### **Meeting** assignments

For each session, members will rotate serving in three leadership roles. The schedule for the rotation will be determined at the first meeting. They are:

- Chair: Introduce and thank the speakers
- Vice Chair: Initiate the question and answer period and encourage others to ask questions.
- Secretary: Take notes and provide a summary to DATCP for distribution to the membership

#### Contact

DATCPAgYouthCouncil@wisconsin.gov

## 2811 Agriculture Drive P.O. Box 8911 Madison, WI 53708-8911

datcp.wisconsin.gov

Interested in the being on the Wisconsin Agriculture Youth Council? Self-nominations will be accepted through August 21, 2020. Students need to submit the completed on-page application and four required attachments: a resume, 300-word essay, one-minute video, and letter of recommendation.

Click <u>HERE</u> to access the application and for more information.

## **Boys and Girls Club of Gitchigami**

# Calling All Youth Ages 6-17 <u>Pre-Register Now!</u>



"Healthy Lifestyles Challenge" \*Call Patsy at 715-779-3741

For the

Challenge will be based

on amount of physical activity miles tracked

More details to follow!





Limited space!

Call now!

# Join us for the



# November 2-4, 2020

# **Register at:**

https://na.eventscloud.com/ehome/index.php?eventid=5535

24&

To Reserve Your

## **BE THERE SWAG!**

Connect with peers, Dynamic Speakers, Team Activities,



prizes, fun, and a Virtual Dance Party!

#NativeClubsTeenSummit2020



## **GREAT FUTURES START HERE.**



Gitchigami

# **Treaty Natural Resources**

# **Ogaa Feeding Update**

The Red Cliff Fish Hatchery provides an update on the progress of Ogaa (Walleye) this summer.

Watch closely and you can see Ogaa feeding on smaller fish.

Click <u>HERE</u> to learn more about the Tribal Fish Hatchery.



## **Hazardous Waste Disposal Event**

The Environmental Department is encouraging tribal members to participate in this hazardous waste collection event.

The Ashland and Bayfield counties annual Cleansweeps hazardous materials collection events will be held rain or shine on Tuesday and Wednesday, August 11 and 12. Clean out your garage or basement and take advantage of this safe way to dispose of toxic stuff!

Any resident of any county or tribal nation can bring household, agricultural, and small business materials to any collection event. You can attend one event or several, if needed. Covid-19 safety guidelines will be practiced, and all participants will stay in their vehicles while technicians unload materials.





To ensure the public health and safety at the Red Cliff Transfer Station, please review the following:

- <u>ALL BAGS MUST BE TAGGED</u>. Tags can be purchased at the Tribal Administration, Peterson's Store, and Buffalo Bay Gas Station.
- If you are able, please dispose of <u>tagged bags</u> directly into the compactor.
   See red arrow in photo.
- If you are unable to throw <u>tagged bags</u>, please leave your <u>tagged bags</u> by the compactor. See red box outlining drop off area in photo.



Please contact 715-779-3650 or 715-779-0171, if there are any questions. Miigwech! Red Cliff Environmental Department

## **Housing Authority**



### **RED CLIFF CHIPPEWA HOUSING AUTHORITY**

37645 New Housing Road Bayfield, WI 54814 (715) 779-3744 (715) 779-5044 Fax

## **Operational Update for Tenants**

Week of 8/10/2020

- Rent
  - April, May and June 2020 monthly tenant rent cost was absorbed by the Housing Authority. As of July 2020, normal rent charge/payment schedule has resumed.
  - If you have experienced a loss of income, completion of an interim recertification may reduce your monthly rent amount. Contact Housing Reception at ext. 3500 for the paperwork.
  - All tenants that are behind on rent are expected to execute and have a approved Payback Agreement in place, to be considered 'current'.
- Garbage

 Housing Tenants may put out three (3) untagged per household per week. If you need additional assistance with garbage beyond this, please contact Resident Services at ext. 3501.

- <u>Communication Lines/Connectivity</u>
  - It is especially important now to be able to reach you via telephone or email. Please complete an updated Tenant Information Sheet so that we have current contact information. If you do not have a phone number or email address, please provide a phone number where we may leave messages for you. Contact Housing Reception at ext. 3500 for the form.
- Lease-Ups, Transfers & Unit Inspections
  - Lease-Ups, Transfers & Unit Inspections are being done using a combination of safe practices electronic documents, social distancing & appropriate PPE.
- Supportive Services
  - If you need assistance, Pete Newago, our Resident Opportunity and Self-Sufficiency (ROSS) Program Coordinator is available to help; please contact him at ext. 3514.
- <u>Recertifications</u>

Annual Recertifications are a required compliance element of our Housing Programs. They have deadlines for completion. Please do your part, by completing and returning yours as soon as possible.

- Work Orders
  - Our Maintenance Department is trying to complete all work orders that they safely can; primary focus is on emergency work orders, which consists of the following:
    - Water-Related Issues water pipe break; sump pump issues; plumbing back-up, overflows,
    - consistent running (sinks & toilets); leaks in the roof, windows, walls.
    - Lack of electricity in the unit.
    - Non-working appliances & alarms range, refrigerator, washer, dryer, smoke & carbon monoxide alarms.
    - Crisis Events fire, accident, natural disaster, break-in, vandalism.
- <u>Cleaning & Disinfecting</u>
  - Extra steps are being taken to clean & disinfect the common spaces and entryways of all multi-family and office buildings for both the community's and the staff's safety and protection. RCCHA staff may sometimes don personal protective equipment (PPE) that includes a hazmat suit, in an effort to protect themselves from anything they could potentially transmit to vulnerable family members.

#### Operating Hours

- Currently operating primarily M-F, 8am-4:30pm; with some staff working weekend hours.
- Home-Buyer Interest
  - If you are a Housing Tenant interested in owning a home, as opposed to renting; please contact our Housing Counselor at ext. 3516.

## **Legendary Waters Resort & Casino**

CONTRACTOR OF CONT		ACK B Ut Sp		(715) 779-9468 SUN-THURS 8AM-9PM FRI & SAT 8AM-10PM Regular Snack Bar Take-Out Menu Available Also
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
August 10	August 11	August 12	August 13	August 14
Meatball Sub & Potato Wedges	Dorito Taco Salad	Legendary Grilled Cheese on Texas Toast & Fries	Blended Chicken Cordon Bleu Sandwich & Waffle Fries	FRIDAY FISH FRY Whitefish w/French Fries Cole Slaw Tartar Sauce
\$7.95 +Tax	\$7.95 +Tax	\$7.95 +Tax	\$7.95 +Tax	\$11.99 +Tax

Subject to change or cancellation. While supplies last. Management decisions final. 2020

# **News Across Indian Country**

## **Free Real Estate Training**

The 2020 Real Estate Training will be held September 15th through September 17th. While we cannot meet in person, these engaging sessions will offer valuable information.

The Training includes a Q & A panel in each session with Tribal Real Estate professionals, WisDOT and BIA staff invited.

PARTICIPATE IN ONE, TWO OR ALL THREE SESSIONS!

Training is free, but registration is required.

Click <u>HERE</u> to register for the Real Estate training!

The need is constant. The gratification is instant.

Give blood.



# **Bayfield High Blood Drive**

Gymnasium

## August 18th

## 10:45 – 3:45

To make an appointment: https://www.redcrossblood.org/give.html/drive-results?zipSponsor=Bayfield%20High%20School To pre-register using Rapid Pass: https://www.redcrossblood.org/donate-blood/manage-my-donations/rapidpass.html

Temperatures will be taken at the door and face coverings are required.

## redcrossblood.org | 1-800-RED CROSS

12 2012 The American National Red Cross, Mid-America #0368 Col. 3010

## Wisconsin Tribes Commemorate Native Breastfeeding Week

Tribes across the country will be celebrating Native Breastfeeding Week August 9-15, 2020. The Native Breastfeeding Coalition of Wisconsin is using the week to bring awareness to the value of breastfeeding for tribal communities. In its second year, Native Breastfeeding Week serves to hold space for Native lactation providers and supporters and lift up the visibility of Indigenous breastfeeding experiences.

Using the slogan "Strong. Resilient. Latched.," the coalition is celebrating the importance of strong tribal customs and community support, being resilient despite challenges today and in the past, and the value of breastfeeding as a tradition and pathway to improving health in future generations. Breastfeeding has long been known to have extensive health benefits for

mom and baby. Many of the health benefits reduce the risk of chronic diseases that are known to impact the American Indian populations at greater rates than other populations.

During the week, the Native Breastfeeding Coalition of Wisconsin will be sharing breastfeeding stories and celebrating through virtual events. On Wednesday, August 12<sup>th</sup>, 2020, the coalition will host a latch-on event and invite anyone impacted by breastfeeding to share a picture or story on one of the coalition's social media platforms. The Coalition will be highlighting the work of Indigenous Breastfeeding Counselors across the state. The Indigenous Breastfeeding Counselors have completed a clinical program that has trained them to provide breastfeeding education and support to families in their communities. Each day, a virtual support circle will be held featuring multiple topics. The support circles will provide a space for discussion, sharing experiences and connecting with other tribal communities across the nations.

All events and information for Native Breastfeeding Week will be available on Facebook at Native Breastfeeding Coalition of Wisconsin and Twitter @NBCofWisconsin. For more information about Native Breastfeeding Week or breastfeeding education and support in tribal communities, please contact: Cheri Nemec, Great Lakes Inter-Tribal Council, Inc. 715-588-1020 or visit the website <u>https://www.glitc.org/programs/family-health-services/nativebreastfeeding-coalition-of-wi/overview/</u>



## **Community Updates**

Interested in upcoming events?

## View our Events Calendar.

Red Cliff Tribal Administration Office 88455 Pike Road Bayfield, Wi. 54814 715-779-3700 <u>redcliff-nsn.gov</u>

