

January 2018



Red Cliff Education Newsletter

Special points of interest:

- **January 31st ECC Family Night 5pm at LW. Storytelling!**
- **Policy Council Meeting January 9th at 9am at ECC. Open to all.**
- **ECC and TRIBE CLOSED Monday, January 15th**
- **No School for ECC Friday, January 26th**

Early Education Matters-Prevent Chronic Absenteeism

The Red Cliff Early Childhood Center works hard each and every day to maintain quality early childhood education. Children being present at school is our number one goal to providing that quality education. When children are present every day possible we are able to show considerable child progress through our on-going child assessments called 'check points'.

Chronic Absence data

Currently there are 21 of 32 children (66%) in Early Head Start center based that are chronically absent:

- 12 with 10% or more and 9% that have missed 20% or more

There are 34 of 50 children (68%) in Head Start that are chronically absent:

- 17 that are 10% or more and 17 that are 20% or more

Research shows that children who miss considerable amounts of school are less likely to read at grade level, have lower math competencies and have fewer achievements as they grow into adulthood. This is research we want to say does not apply to our children, so let's all work together to make that happen!

Some items to assist with getting your child and family into lifelong learning:

- ⇒ Set a bed time routine; this can include bathing, brushing teeth, reading books and getting to bed early enough. Sleep is so important to children and their families.
- ⇒ Set a morning routine; this can include waking up at the same time each morning, setting out clothing the night before, having a snack ready and knowing what time you will be leaving.
- ⇒ Ask for help. If you have a barrier to getting to school, setting a bedtime routine or anything



REMINDERS:

- School starts at 7:45am and ends at 3:00pm
- Read to your child every day at least 20 minutes.
- Limit television and screen time for children and family.
- The Bayfield Rec Center is a great place to spend quality family time in the winter and obtain some physical activity.

Home Based Services Update

Currently there are two teacher vacancies in the Home Based program. We sincerely apologize to all the families enrolled that are receiving minimal services and thank you for your patience while we are in transition. If you know anyone interested in the positions please refer them to the job posting or here to the ECC for more information. Home visiting provides vital services to 36 families with children ages 0-3 and prenatal women. Families experience companionship, learning opportunities in their home, how to use everyday experiences to enhance child development and an individualized service to their family. The Early Head Start Home Based program is a service that Red Cliff has had since 2000 and the benefits have been profound. We have many families that began in the Home Based program that are now employees of the ECC, Tribe and various other professions; their children have had experiences they may not have without the wonderful Home Based staff. Many Red Cliff community members have memories of their Home Based teachers coming into their homes and visiting with them during times of need and providing fun activities for their children. We thank our current Home Based teacher Haley Hyde and the many former Home Based staff. Please help us in finding our next great home visitors! Miigwech!



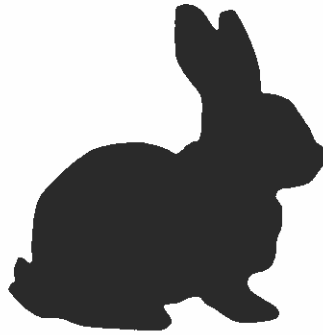
Gichi-Manidoo Giizis

(Great Spirit Moon)

January 2018



Sun	Mon	Tue	Wed	Thu	Fri	Sat
School held Monday through Friday from 7:45am-3:00pm	1 New Years Day ECC/Tribe Closed	2 Classes Re-sume for ECC/ Bayfield School	3	4	5	6
Unless otherwise indicated **	8	9 Policy Council Meeting @ 9:00 am	10	11	12 Home Base Social	13
14	15 MLK Day ECC/Tribe CLOSED	16	17	18	19	20
21	22	23	24	25	26 NO SCHOOL DAY Bayfield Early Release 12:45pm	27
28	29	30	31 <u>Family Story-telling Night/ Home Base Social</u>			



Waabooz

January 2018

Dear Parents,

We hope you had a Very Merry Christmas and Christmas Break. We look forward to a wonderful 2018 in the Waabooz Room.

Some of your children are walking. Some are working on tummy time. Some are working on sitting up. Some are crawling. It's an honor to be part of whatever their stage of development might be.

All of your children seem to enjoy all that we do; especially reading books, singing and playing with their friends. We look forward to another great month!

Miss Maggie and Mr. Fred

Amik News

JANUARY

2018

Boozhoo Amik Families!

We hope everyone had a great holiday and are ready to get back into the swing of things!

For the month of January we will be learning all about Winter clothing and dinosaurs.

Focusing on self-help skills when we are getting ready to go outside. Allowing the children to work on putting their own winter gear on that they need for outdoor play. We do plan on going outside every day weather permitting, so please remember to pack appropriate clothing.

Hat, mittens, boots, jacket, and snow pants.

We will be "hatching" our own dinosaur eggs along with other fun dinosaur related activities we have planned!

Please remember to call us by 9AM if your child will be absent for the day.

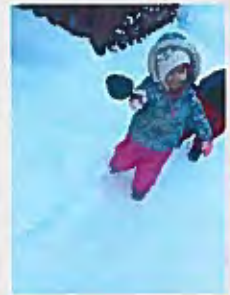
Words of the Month

Winter— Biboon

Cold— Gisinaa

Mitten—Minjikaawan

*Miigwech,
Miss Tiff & Miss Lacie
779-5030 x 2525*



Gichi-Manidoo-Giizis

Going to be working on making butter, and icecream , this will be the objectives for learning take care of needs appropriately, forms relationship with adults. Uses fingers and hands, follow directions, uses an expanding expressive vocabulary, demonstrates knowledge about self.

Ojibwe words for this month: are you tired: gidayekoz ina?

Gaandinan : find it, mikan bring extra clothes for out side and potty.

Kelsey Teresa

JANUARY





ESIBAN NEWS



January 2018

News and PLANS

We are officially in 2018! This month we will be learning about clothes, dinosaurs and working on how to get our winter gear on. Please make sure you send the children with their winter gear for outside. When weather is to cold we will use the large motor room

-Ms. Melissa & Ms.Amber

REMINDERS

01/01- ECC/Tribe Closed

01/02- ECC Classes Resume

01/15- ECC/Tribe Closed Martin
Luther King Day

01/26- No School Day

What we are doing

Layla- she enjoys playing with quite sand
Nathaniel- likes playing with the magnetic shapes

Javoni- likes playing in the dramatic play area

Isaac- likes to make music

Takodah- enjoys building bridges for the cars

Delilah- loves to play with the baby dolls

Danielle- works on using her words

Aniya- works on transitioning in to the classroom

Ojibwemowin

New Year: aabita-biboon

January: gichi-manidoo-giizis

Brush teeth: giziyaabide'o

Wash hand: giziibiigininjii



Mai'ingan Room

2018

Boozhoo. Welcome to the new year. 2018 promises to bring with it happiness and growth. Each of the kids has grown so much since September and we are excited to see where they will be by the end of the year. We hope that you are enjoying the gifts the kids received from the ECC and that they are helping you work with math skills.



During the month of January our study will be music. It is always fun to put little spins on songs that we have learned from our youth. Studies have shown music therapy to have great mental health for us.. Watch for items to do at home.

Please continue to send appropriate gear for outside. A little reminder that stretchy, finger gloves are not very warm and our supply of winter gloves at school is very small. Please help us make sure your child is safe and warm when outside. Snowpants do go home daily please remember to take them out of the backpack and dry them. It is no fun wearing wet snow pants and gloves outside. Thanks for your understanding.



Happy New Year and please feel free to call us at any time
During the school day.....

Ms. J and Ms. Alicia.

HAPPY NEW YEAR!!!

Red Cliff Early
Childhood Center
Red Cliff, WI

January 2018
Mashkodebizhiki Room

Mashkodebizhiki Classroom Newsletter

Gichi-Manidoo-Giizis (Great Spirit Moon)

Happy New Years from Mashko Class. Hope everyone had a safe, fun and family filled holiday. Time to jump start our learning into this New Year of 2018. Snow, snow, snow...It is everywhere. Be sure to grab your gloves/mittens, boots, snow-pants, jackets, hats and scarf's.



Do You Want to Build A Snowman?

This Month's Highlights

January 1st 2018- ECC/Tribe Closed: New Years Day

January 2nd 2018-ECC Classes Resume

January 15th 2018- MLK Day: ECC/Tribe Closed

January 26th 2018- NO SCHOOL DAY

2018 New Year's Resolution Time!

We are going to have the students come up with goals they would love to accomplish each week in the month of January; for a total of 5 goals.

Students will be learning all about Music, Snowmen, Penguins, Different kinds of Feelings, Identifying Anger and Classifying Same and Different feelings.

Crafty Students

First, our students will get the opportunity to make all different kinds of snowmen.

Second, they will get the opportunity to create many different kinds of music and instruments since we will be starting our Music Lesson.

Third, they will learn all about Penguins and their lifestyles and get to create their very own penguins.

Finally, they will get to learn and create snow/snowflakes of their very own.



MIGIZI NEWS

A new year has started with many anticipations and hopes.



The children are very excited today to be back into the classroom. Ms. Linda has changed the room around and has added many new toys and books. The children cannot wait till Free Choice to be able to play with the new items.

This month we will be focusing on music study and snowmen along with our numbers, alphabet.



Please remember with this really cold weather we still go outside each day if the temperature is 0 and above. With this in mind the children really need to have the proper outer wear so they can have fun outside and enjoy the fresh air.

Work with your child on their self-help skills to put on their outer wear. In the classroom we use #1 snow pants, #2 boots, and #3 coat, #4 hat and #5 mittens. The children need all 5

items on to be able to go outside



Ms. Diann, Ms. Linda, Ms. Kathy

December 2017 Attendance



Head Start: Sapphire Butterfield
Early Head Start: Mathias Lazano

In the Early Head Start we had a total of 13 out of 32 students
that met the perfect attendance requirement.

Waabooz	2 Children
Amik	4 Children
Makwa	6 Children
Esiban	1 Children

In the Head Start we had a total of 14 out of 50 students
that met the perfect attendance requirement.

Migizi	6 Children
Maiingan	6 Children
Mashkodebizhiki	2 Children



Attendance Matters
Send your child every day



American Academy of Pediatrics Announces New Recommendations for Children's Media Use 10-21-16

Today's children grow up immersed in digital media, which has both positive and negative effects on healthy development. The nation's largest group of pediatricians provides new set of recommendations and resources, including an interactive media use planning tool, to help families balance digital and real life from birth to adulthood.

Elk Grove Village, IL -- Recognizing the ubiquitous role of media in children's lives, the American Academy of Pediatrics (AAP) is releasing new policy recommendations and resources to help families maintain a healthy media diet. To support these recommendations, the AAP is publishing an interactive, online tool so families can create a personalized Family Media Use Plan.

The AAP recommends that parents and caregivers develop a family media plan that takes into account the health, education and entertainment needs of each child as well as the whole family.

"Families should proactively think about their children's media use and talk with children about it, because too much media use can mean that children don't have enough time during the day to play, study, talk, or sleep," said Jenny Radesky, MD, FAAP, lead author of the policy statement, "[Media and Young Minds](#)," which focuses on infants, toddlers and pre-school children. "What's most important is that parents be their child's 'media mentor.' That means teaching them how to use it as a tool to create, connect and learn." A second policy statement, "[Media Use in School-Aged Children and Adolescents](#)," offers recommendations for children ages 5 to 18, and a technical report, "[Children, Adolescents and Digital Media](#)," provides a review of the scientific literature to support both policies. All three documents will be published in the November 2016 Pediatrics (online October 21).

The AAP recommends parents prioritize creative, unplugged playtime for infants and toddlers. Some media can have educational value for children starting at around 18 months of age, but it's critically important that this be high-quality programming, such as the content offered by Sesame Workshop and PBS. Parents of young children should watch media with their child, to help children understand what they are seeing. For school-aged children and adolescents, the idea is to balance media use with other healthy behaviors.

"Parents play an important role in helping children and teens navigate media, which can have both positive and negative effects," said Megan Moreno, MD, MEd, MPH, FAAP, lead author of the policy statement on media use in school-aged children and teens. "Parents can set expectations and boundaries to make sure their children's media experience is a positive one. The key is mindful use of media within a family."

Problems begin when media use displaces physical activity, hands-on exploration and face-to-face social interaction in the real world, which is critical to learning. Too much screen time can also harm the amount and quality of sleep. Organizations like Common Sense Media can help parents evaluate media content and make decisions about what is appropriate for their family.

Among the AAP recommendations:

- For children younger than 18 months, avoid use of screen media other than video-chatting. Parents of children 18 to 24 months of age who want to introduce digital media should choose high-quality programming, and watch it with their children to help them understand what they're seeing.
- For children ages 2 to 5 years, limit screen use to 1 hour per day of high-quality programs. Parents should co-view media with children to help them understand what they are seeing and apply it to the world around them.
- For children ages 6 and older, place consistent limits on the time spent using media, and the types of media, and make sure media does not take the place of adequate sleep, physical activity and other behaviors essential to health.
- Designate media-free times together, such as dinner or driving, as well as media-free locations at home, such as bedrooms.
- Have ongoing communication about online citizenship and safety, including treating others with respect online and offline.

The **Family Media Use Plan** tool will be launched on HealthyChildren.org on Friday, Oct. 21. A preview version is available for journalists to review at [HealthyChildren.org/MediaUsePlan](https://www.healthychildren.org/MediaUsePlan). This link should not be made public until 12:01 a.m. ET Friday, Oct. 21.

Today's generation of children and adolescents is growing up immersed in media. This includes platforms that allow users to both consume and create content, including broadcast and streamed television and movies, sedentary and active video games, social and interactive media that can be creative and engaging, and even highly immersive virtual reality.

"Even though the media landscape is constantly changing, some of the same parenting rules apply," said Yolanda (Linda) Reid Chassiakos, MD, FAAP, lead author of the technical report. "Parents play an important role in helping children and teens navigate the media environment, just as they help them learn how to behave off-line. The AAP wants to provide parents the evidence-based tools and recommendations to help them make their children's media experience a positive one."

<https://www.aap.org/en-us/about-the-aap/aap-press-room/pages/american-academy-of-pediatrics-announces-new-recommendations-for-childrens-media-use.aspx>

AWE-SII-YAG / AWA-KAA-NAG (ANIMALS / FARM ANIMALS)

1. BEAR	MA-KWA
2. DEER	WAA-WAA-SHKE-SHII
3. FOX	WAA-GOSH
4. WOLF	MA'-IIN-GAN
5. BEAVER	A-MIK
6. SKUNK	ZHI-GAAG
7. PORCUPINE	GAAG
8. RABBIT	WAA-BOOZ
9. MUSKRAT	WA-ZHASK
10. OTTER	NI-GIG
11. MOUSE	WAA-WAA-BIG-A-NOO-JIINH
12. DOG	ANI-MOSH
13. CAT	GAAZH-A-GENS
14. COW	BI-ZHIKI
15. SQUIRREL	AJID-AMOO
16. BUFFALO	MASH-KO-DE-BI-ZHIKI
17. SHEEP	MAA-NISH-TAA-NISH
18. PIG	GOO-KOOSH
19. HORSE	BE-BE-ZHI-GOO-GAN-ZHII
20. MOOSE	MOOZ

Bineshiinyag - Birds

1. TURKEY	MI-ZI-SE
2. CHICKADEE	GIJI-GIJI-GAA-NE-SHII
3. ROBIN	O-PI-CHII
4. CHICKEN	BAA-KA'-AA-KWENH
5. DUCK	ZHI-SHIIB
6. EAGLE	MI-GI-ZI
7. OWL	GOO-KOO-KO'-OO
8. BEE	A-MOO
9. ROOSTER	NAA-BE-SE
10. THUNDERBIRD	ANI-MIKII-BINESI
11. MOSQUITO	ZA-GI-ME
12. BUTTERFLY	ME-MEN-GWAA
13. BAT	BAPA-KWAA-NAA-JIINH
14. GRASSHOPPER	BA-PA-KI-NE
15. BLUE JAY	DIIN-DII-SI
16. CARDINAL	MISKO-BINE-SHII
17. SEA GULL	GAY-AASHK
18. LOON	MAANG
19. CANADIAN GOOSE	NI-KA
20. PARTRIDGE	BI-NE'

New Year's Interview: our family



Year: _____

Directions: Sit down as a family. Eat the rest of the holiday cookies, make a big bowl of ice-cream, and get comfy. Write the responders' names in the grey boxes at the top of the table. Have your children take turns responding to the prompts, and you write their answers. Laugh about the year behind you and look forward to memories ahead. Cheers!

Questions	_____	_____
Write your name.		
How old are you?		
When is your birthday?		
What is your favorite thing to wear?		
What is your favorite toy?		
What is one cool thing you learned about last year?		
How do you like to spend your time?		
What is your favorite holiday?		
Who is your teacher?		
Who do like to hang out with the most?		
What is your favorite song?		
What is your favorite book?		
What did you love most about last year?		
What do you look forward to the most this year?		

Encourage Healthy Eating Habits

 eclkc.ohs.acf.hhs.gov/nutrition/article/encourage-healthy-eating-habits

Healthy eating is essential to a child's well-being. Children who are overweight are at risk for chronic health problems. The Weight-control Information Network (WIN), a service of the National Institute of Diabetes and Digestive and Kidney Diseases (NIDDK), offers guidance to parents and caregivers on how to encourage healthy eating habits in children.

Tips for Families to Help Children Eat Healthy

- Eat breakfast every day. Skipping breakfast can leave your child hungry, tired, and looking for less healthy foods later in the day.
- Plan healthy meals and eat together as a family. Eating together at meal times helps children learn to enjoy a variety of foods.
- Buy and serve more fruits and vegetables (fresh, frozen, or canned). Let your child choose them at the store.
- Buy fewer soft drinks and high fat/high calorie snack foods like chips, cookies, and candy. These snacks are OK once in a while, but keep healthy snack foods on hand too and offer them to your child more often.
- Start with small servings and let your child ask for more if he or she is still hungry. It is up to you to provide your child with healthy meals and snacks, but your child should be allowed to choose how much food he or she will eat. One tablespoon per year of age for each component of the meal is a great place to start when considering serving sizes for young children.
- Offer your child water or low-fat milk more often than fruit juice. Fruit juice is a healthy choice but is high in calories.
- Eat fast food less often. When you visit a fast food restaurant, try the healthful options offered.
- Do not get discouraged if your child will not eat a new food the first time it is served. Some kids will need to have a new food served to them 10 times or more before they will eat it.
- Try not to use food as a reward when encouraging kids to eat. Promising dessert to a child for eating vegetables, for example, sends the message that vegetables are less valuable than dessert.
- Make healthy choices easy by putting nutritious foods where they are easy to see and keep high-calorie foods out of sight.

Healthy Snack Ideas

- Fresh or frozen fruit, or fruit canned in juice or light syrup
- Small amounts of dried fruits such as raisins, apple rings, or apricots
- Fresh vegetables such as baby carrots, cucumber, squash, zucchini, or tomatoes
- Reduced fat cheese or a small amount of peanut butter on whole-wheat crackers
- Low-fat yogurt with fruit

- Graham crackers, animal crackers, baked pretzels, or low-fat vanilla wafers

The 5-2-1-0 Message Provides Suggestions for Building Healthy, Active Lives

- Eat at least **5** fruits and vegetables a day.
- Keep screen time (like TV, video games, computer) down to **2** hours or less per day.
- Get **1** hour or more of physical activity every day.
- Drink **0** sugar-sweetened drinks. Replace soda pop, sports drinks, and even 100 percent fruit juice with milk or water.

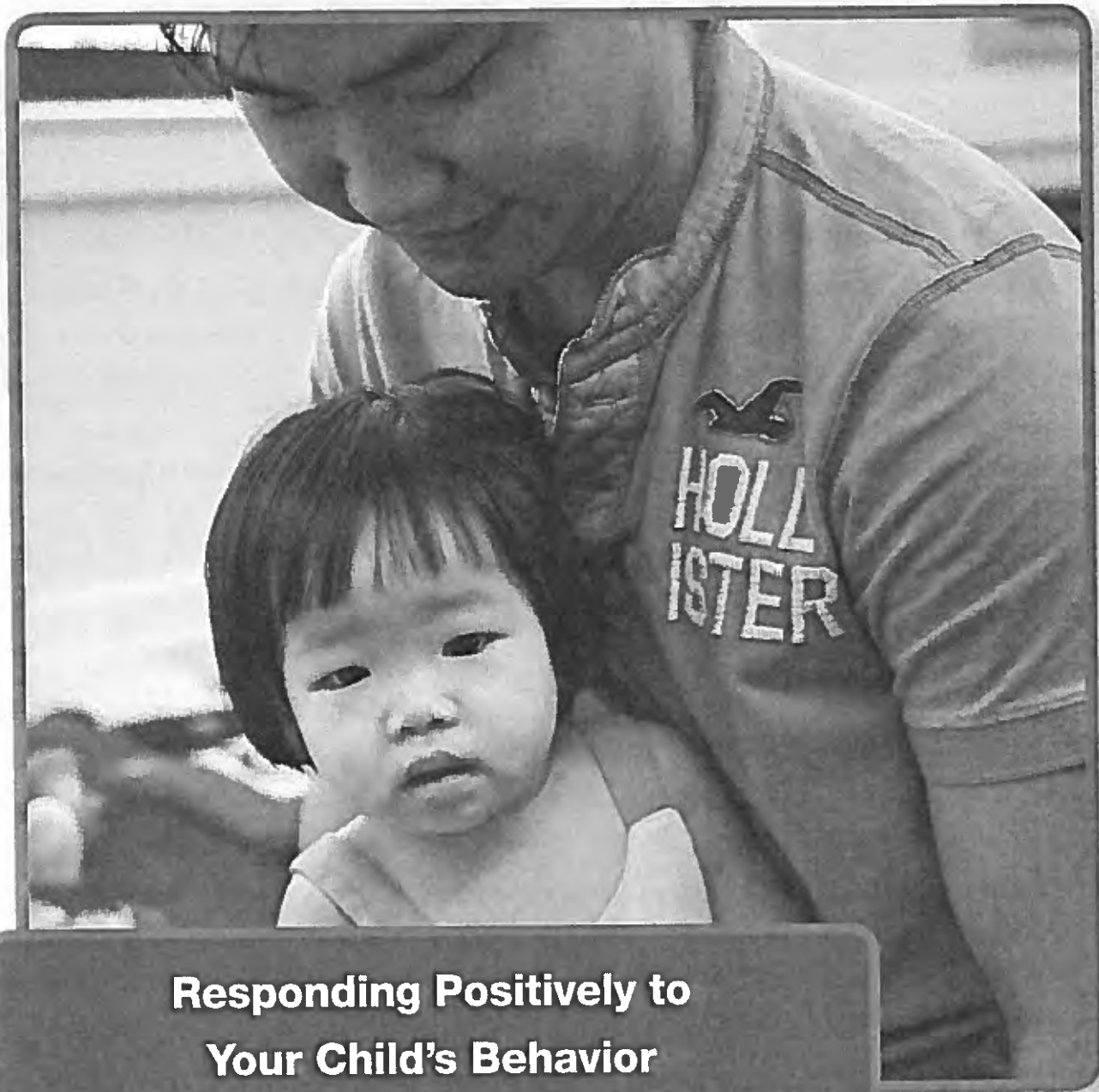
Be Supportive

Throughout any process or program that you undertake to address your child's eating habits, be supportive. Help your child set specific goals and track his or her progress. Reward successes with praise and hugs. Be positive.

Tell your child that he or she is loved, special, and important. Children's feelings about themselves are often based on how they think their parents and other caregivers feel about them. Children need compassion, understanding, and encouragement from caring adults.

Note: Foods that are small, round, sticky, or hard to chew, such as raisins, whole grapes, hard vegetables, hard chunks of cheese, nuts, seeds, and popcorn can cause choking in children under age 4. You can still prepare some of these foods for young children, for example, by cutting grapes into small pieces and cooking and cutting up vegetables. Children should always be supervised during meals and snacks.

NURTURE THEM, NURTURE YOURSELF



**Responding Positively to
Your Child's Behavior**

School readiness begins with health!



NATIONAL CENTER ON

Early Childhood Health and Wellness

Parents—help your child learn positive behavior!

- All children misbehave or engage in challenging behavior sometimes.
- How you handle your child's misbehavior can make a big difference in how your child behaves throughout her life.

Treating your child with kindness and respect will help her treat others with kindness and respect. You are modeling positive relationships.

You can take steps to teach your child positive behaviors!



School readiness begins with health!

Nurture your child and yourself!



How to nurture your child

- listen to your child
- respond to your child's needs
- remain calm
- don't expect your child to be perfect
- model appropriate behavior—
including saying sorry if you need to



How to nurture yourself

- take care of yourself
- take a break when you need it—
if your child is safe
- don't expect yourself to be perfect

Resources

APA—American Psychological Association

<http://www.apa.org/monitor/2012/10/parenting.aspx>

CDC—Centers for Disease Control and Prevention

<http://www.cdc.gov/ncbddd/childdevelopment/positiveparenting/index.html>

CSEFEL—Center on the Social and Emotional Foundations for Early Learning

<http://csefel.vanderbilt.edu/resources/family.html>

TACSEI—Technical Assistance Center on Social Emotional Intervention

http://challengingbehavior.org/do/resources/making_life_easier.html

School readiness begins with health!

7 Tips and Tools



Try to understand your child's behavior.



Validate your child's feelings—let her know you understand.



Set clear expectations and encourage the behavior you want.

Help Your Child Feel Loved



Tell your child what you want him to do.



Give choices.



Spend time playing, reading, singing together.



Pay attention to your own feelings and thoughts.

School readiness begins with health!



NATIONAL CENTER ON
Early Childhood Health and Wellness

Tooth Arrival Chart

Use this chart to identify the number and location of teeth at a given age. Baby teeth are shaded in blue and permanent teeth are shown in white.

When?	How many?	Where?
5-12 months	4 baby teeth 0 permanent teeth	upper lower
8-13 months	6 baby teeth 0 permanent teeth	upper lower
13-19 months	12 baby teeth 0 permanent teeth	upper lower
16-23 months	16 baby teeth 0 permanent teeth	upper lower
2-3½ years	20 baby teeth 0 permanent teeth	upper lower
6-7 years	20 baby teeth 4 permanent teeth	upper lower
6-8 years	16 baby teeth 8 permanent teeth	upper lower

When?	How many?	Where?
7-9 years	12 baby teeth 12 permanent teeth	upper lower
9-11 years	8 baby teeth 16 permanent teeth	upper lower
10-12 years	4 baby teeth 20 permanent teeth	upper lower
11-12 years	0 baby teeth 24 permanent teeth	upper lower
12-13 years	0 baby teeth 28 permanent teeth	upper lower
17-22 years	0 baby teeth 32 permanent teeth	upper lower

Your teeth and what they do

Each of your teeth is different because they perform different functions to help you eat.



Incisors (front teeth)
-have sharp, thin edges for cutting food.



Premolars/bicuspids (back teeth)
-have cusps for grasping and tearing food.



Canines/Cuspids (corner teeth)
-designed for cutting and tearing food.



Molars (back teeth)
-have short, blunt cusps for grinding solid food.



ChooseMyPlate.gov

United States Department of Agriculture



Why is it important to eat vegetables?

Eating vegetables provides health benefits – people who eat more vegetables and fruits as part of an overall healthy diet are likely to have a reduced risk of some chronic diseases. Vegetables provide nutrients vital for health and maintenance of your body.

Nutrients

- Most vegetables are naturally low in fat and calories. None have cholesterol. (Sauces or seasonings may add fat, calories, and/or cholesterol.)
- Vegetables are important sources of many nutrients, including potassium, dietary fiber, folate (folic acid), vitamin A, and vitamin C.
- Diets rich in potassium may help to maintain healthy blood pressure. Vegetable sources of potassium include sweet potatoes, white potatoes, white beans, tomato products (paste, sauce, and juice), beet greens, soybeans, lima beans, spinach, lentils, and kidney beans.
- Dietary fiber from vegetables, as part of an overall healthy diet, helps reduce blood cholesterol levels and may lower risk of heart disease. Fiber is important for proper bowel function. It helps reduce constipation and diverticulosis. Fiber-containing foods such as vegetables help provide a feeling of fullness with fewer calories.
- Folate (folic acid) helps the body form red blood cells. Women of childbearing age who may become pregnant should consume adequate folate from foods, and in addition 400 mcg of synthetic folic acid from fortified foods or supplements. This reduces the risk of neural tube defects, spina bifida, and anencephaly during fetal development.
- Vitamin A keeps eyes and skin healthy and helps to protect against infections.
- Vitamin C helps heal cuts and wounds and keeps teeth and gums healthy. Vitamin C aids in iron absorption.



Health benefits

- Eating a diet rich in vegetables and fruits as part of an overall healthy diet may reduce risk for heart disease, including heart attack and stroke.
- Eating a diet rich in some vegetables and fruits as part of an overall healthy diet may protect against certain types of cancers.
- Diets rich in foods containing fiber, such as some vegetables and fruits, may reduce the risk of heart disease, obesity, and type 2 diabetes.
- Eating vegetables and fruits rich in potassium as part of an overall healthy diet may lower blood pressure, and may also reduce the risk of developing kidney stones and help to decrease bone loss.
- Eating foods such as vegetables that are lower in calories per cup instead of some other higher-calorie food may be useful in helping to lower calorie intake.



United States Department of Agriculture

**10
tips**
Nutrition
Education Series



**MyPlate
MyWins**

Based on the
**Dietary
Guidelines
for Americans**

Got your dairy today?

The Dairy Group includes milk, yogurt, cheese, and fortified soymilk. They provide calcium, vitamin D, potassium, protein, and other nutrients needed for good health throughout life. Choices should be low-fat or fat-free—to cut calories and saturated fat. How much is needed? Older children, teens, and adults need 3 cups* a day, while children 4 to 8 years old need 2½ cups, and children 2 to 3 years old need 2 cups.

1 “Skim” the fat

Drink fat-free (skim) or low-fat (1%) milk. If you currently drink whole milk, gradually switch to lower fat versions. This change cuts saturated fat and calories but doesn't reduce calcium or other essential nutrients.



2 Boost potassium and vitamin D, and cut sodium

Choose fat-free or low-fat milk or yogurt more often than cheese. Milk and yogurt have more potassium and less sodium than most cheeses. Also, almost all milk and many yogurts are fortified with vitamin D.

3 Top off your meals

Use fat-free or low-fat milk on cereal and oatmeal. Top fruit salads and baked potatoes with low-fat yogurt instead of higher fat toppings such as sour cream.



4 Choose cheeses with less fat

Many cheeses are high in saturated fat. Look for “reduced-fat” or “low-fat” on the label. Try different brands or types to find the one that you like.

5 What about cream cheese?

Cream cheese, cream, and butter are not part of the dairy food group. They are high in saturated fat and have little or no calcium.

6 Switch ingredients

When recipes such as dips call for sour cream, substitute plain yogurt. Use fat-free evaporated milk instead of cream, and try low-fat or fat-free ricotta cheese as a substitute for cream cheese.



7 Limit added sugars

Flavored milks and yogurts, frozen yogurt, and puddings can contain a lot of added sugars. Get your nutrients from dairy foods with fewer or no added sugars.

8 Caffeinating?

If so, get your calcium along with your morning caffeine boost. Make or order coffee, a latte, or cappuccino with fat-free or low-fat milk.

9 Can't drink milk?

If you are lactose intolerant, try yogurt, lactose-free milk, or soymilk (soy beverage) to get your calcium. Calcium in some leafy greens is well absorbed, but eating several cups each day to meet calcium needs may be unrealistic.



10 Take care of yourself and your family

Parents who drink milk and eat dairy foods show their kids that it is important for their health. Dairy foods are important to build the growing bones of kids and teens and to maintain bone health in adulthood.

* What counts as a cup in the Dairy Group? 1 cup of milk, yogurt, or soy beverage; 1½ ounces of natural cheese; or 2 ounces of processed cheese.

January 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 <i>Closed</i>	2 <i>Closed</i>	3 Boxing 4-530 boys b-ball 4-530p Dream Catchers 5-7p Tutoring 4-5p Adult League 6-8p	4 Swimming 430 Flute Class 4-530p Open Gym 6-8p	5 Boxing 4-530p Archery 430 Open Gym 6-8p	6 <i>Grand Opening Boys & Girls Club 12pm-8pm</i> <i>Bball game 9am</i>
7 <i>Closed</i>	8 <i>Closed</i>	9 Cultural Night Arts and crafts Hoop Dance 4-6p	10 Boxing 4-530 boys b-ball 4-530p Dream Catchers 5-7p Tutoring 4-5p Adult League 6-8p	11 Swimming 430 Flute Class 4-530p Open Gym 6-8p	12 Movies 5pm Boxing 4-530p Archery 430 Open Gym 6-8p	13 Bball game our lady of the lakes. Open Gym 530-8pm
14 <i>Closed</i>	15 <i>Closed</i>	16 <i>Martin Luther king Closed</i>	17 Boxing 4-530 boys b-ball 4-530p Dream Catchers 5-7p Tutoring 4-5p Adult League 6-8p	18 Swimming 430 Flute Class 4-530p Open Gym 6-8p	19 Boxing 4-530p Archery 430 Open Gym 6-8p	20 Movie 2pm Open Gym 530-8pm
21 <i>Closed</i>	22 <i>Closed</i>	23 Cultural Night Arts and crafts Hoop Dance 4-6p	24 Boxing 4-530 boys b-ball 4-530p Dream Catchers 5-7p Tutoring 4-5p Adult League 6-8p	25 Swimming 430 Flute Class 4-530p Open Gym 6-8p	26 <i>Deep snow camp LCO</i> Archery 430 Open Gym 6-8p	27 <i>Deep snow camp LCO</i> Open Gym 530-8pm
28 <i>Closed</i> <i>Deep snow camp LCO</i>	29 <i>Closed</i>	30 Cultural Night Arts and crafts Hoop Dance 4-6p	31 Boxing 4-530 boys b-ball 4-530p Dream Catchers 5-7p Tutoring 4-5p Adult League 6-8p	Activities subject to change please call ahead 715-779-3722		



Grand Opening Boys & Girls Club of Gitchigami

Food

Family

FUN

We are proud to announce the Red Cliff Youth Center recently became The Boys & Girls Club of Gitchigami! Please help us Celebrate and attend our Grand Opening! We will be having boys and girls club registration, Food, Basketball free throw contest and 3 point contest.



BOYS & GIRLS CLUB

Date: January 6th 2018

Time: 12:00pm-8:00pm

**Location: 89645 Youth Center Dr.
Bayfield WI 54814**



**For More Info Contact
Donnie Gordon: 715-779-3722
Michael Charette 715-209-3937**

Grand Opening Boys & Girls Club of Gitchigami

Free Throw & 3 Point Contest

FREE ADMISSION

**FIRST PLACE
TROPHYS 1#**

Who's The Best??

*Red Cliff is known for its
basketball talent & shooters,
but lets see who's the best!!!!*



Date: January 6th 2018

Time: 12:00pm-8:00pm

Free Throw Contest:
Ages 4th-6th grades Only

3 point Contest:
Middle School 7th & 8th grade

High School 9th-12th grade

Adult 18 & up

Registration Ends Jan 4th 8pm

For More Info Contact Donnie Gordon 715-779-3722 or Michael Charrette 715-209-3937





BOYS & GIRLS CLUB



January 2018

Red Cliff Elderly Menu

All Meals Subject to Change without notice **All Meals Served with 1% milk**

Mon	Tue	Wed	Thu	Fri	Sat
1 *No Service* Tribal Holiday 	2 Sub Sandwich (Ham, Cheese) Chips Apple Sauce	3 Chicken Fajita Rice Casserole (Peppers, Cheese) Black Beans Peaches	4 Beef Vegetable Soup Egg Salad Sandwich Mandarin Orange	5 Grilled Sausage, Potato & Green Bean Bake/Bun Apricots	6 Sack Lunch Chicken/Swiss/ Rye Bread Carrot / Broccoli Grapes
8 Fish Boiled Baby Red Potato Green Beans Pears	9 Ham/Pea Soup/ w/Carrot Ground Bologna Sandwich Mandarin Orange	10 Taco Salad w/Meat Sauce (Lettuce, Tomato, Cheese, Chips) Strawberries	11 Kielbasa Baby Red Potato Carrots Pineapple	12 Tater Tot Hot dish Mixed Vegetables Cottage Cheese/ Peaches	13 Sack Lunch Ham & Cheese Chips Orange
15 *No Service* Tribal Holiday 	16 Scallop Potato & Ham Chunks Carrots Mandarin Orange	17 Swedish Meatball Mashed Potato Peas & Carrots Apple Sauce	18 Butternut Squash Bisque Soup Dinner Roll Cottage Cheese Fruit Salad	19 Breakfast Pancakes Sausage /Scrambled Eggs/Peppers/Hash browns/ Grapes	20 Sack Lunch Pastrami/ Swiss Cheese /Wheat Bread/ Carrot Sticks/Cauliflower Banana
22 Hamburger Gravy Mashed Potato Brussels Sprouts Apricots	23 Baked Chicken Mashed Potato/Gravy Dressing Beets/ Peaches	24 Turkey & Broccoli Cheese Rice Casserole Pears	25 Lasagna Salad Bread Stick Pineapple	26 BBQ Pulled Pork Sandwich Cole Slaw Baked Beans Short Cake	27 Sack Lunch Peanut Butter & Jelly Cheese Stick Chips Apple
29 Sloppy Jo's Tater tots Carrots Pears	30 Chicken Vegetable Soup Egg Salad Sandwich Pineapple	31 Ham/Gravy Mashed Potatoes Brussels Sprouts Bread/ Apricots			



January 2018 Elder Month of Events

**Monday January 1st - No Service New Year's Day*

**Friday January 5th - Ashland Shopping leave at 9:30am*

**Tuesday January 9th - Nursing Home visit leave at 1:00pm*

**Sunday January 14th - Venison Distribution Day Food Shelf 10am-3pm*

**Monday January 15th - No Service Martin Luther King Day*

**Wednesday January 17th - Library Trip 9:30-11:30am*

**Thursday January 18th - Corny Day Trip leave at 9:30am*

Saturday January 20th - Game day/Potluck Elderly Back Day Room 12p-4pm

**Sunday January 21st Movie Matinee leave at 10:30am*

**Saturday & Sunday January 27th & 28th - Powwow at Legendary Waters*

Resort and Casino Event center

If interested in attending any of these events, please feel free to call Elderly Program to sign up.

715-779-3781 ~Miiqwech~

Notice

Red Cliff Elders



Date: Sunday January 14th

Time: 10am-3pm

Location: Community Kitchen

Venison distribution to our Community Elders

Limit 1 per household

If you cannot make it to the center please send a proxy for pick up.

Questions please contact: Elderly Program

715-779-3781

Chi-Miigwech

Youth Mental Health

**Free
Training!**

First Aid TRAINING

Red Cliff Community Health Center

Front Conference Room

Wednesday, January 24th

8:00a.m.-4:30 p.m.

-Lunch will be provided-

What is Youth Mental Health First Aid?

- Identify risk factors & warning signs of common mental illnesses
- Support youth experiencing mental illness or emotional crisis
- Assess for risk of suicide or self-harm
- Listen non-judgmentally



**KNOW
THE SIGNS**



**LEARN THE
ACTIONS**



**BE A
LIFELINE**



Seats are limited!!

Register by

Phone

715-779-3741 x 2405 or

715-779-3707 x 2263

Email

cremacle@redcliffhealth.org



Sponsored by

School District of Ashland, Project AWARE & RCCHC

Red Cliff Family & Human Services Presents:

BATTLING SUBSTANCE ABUSE

A GREAT EVENT FOR CONCERNED COMMUNITY MEMBERS

Sponsored by: Red Cliff Family Violence Prevention Program
Partnerships with: Red Cliff ECC, Red Cliff Community Health Center, Red Cliff EPA, Red Cliff PD, & Mishomis Wellness Center

* RAFFLES *
* LUNCH *
* APPETIZERS *

**FEBRUARY 13TH, 2017
NOON - 7:00PM
LEGENDARY WATERS
EVENT CENTER**

INFORMATION EVERY PERSON SHOULD KNOW ABOUT

Join us & learn about the trends, how to prevent & protect, and understand the behaviors that lead to substance abuse.

Panel discussion

Native American Drug & Gang Initiative (NADGI)

Hidden In Plain Sight Room

Safety Presentation

Drug Exposed Pregnancies

Addiction in the Adolescent Brain

For more information, please contact: Red Cliff Family Violence Prevention Program, (715) 779-3706

Red Cliff Comprehensive Community Service



WHAT IS CCS

Comprehensive Community Services is a voluntary program that provides services to children and adults who have mental health or substance abuse issues. Services are

individualized offering an array of Red Cliff Tribal and Bayfield County services. Services are client directed, recovery oriented and strengths based.

The Red Cliff CCS program provides services to Red Cliff Tribal members and Red Cliff Community Members within reservation boundaries and Bayfield County. Services are covered by Medical Assistance through Wisconsin's Comprehensive Community Services. Services are not time limited. It is the vision of CCS to support participants to achieve maximum independence, ultimately resulting in discharge from CCS. Individualized criteria will identify what circumstance discharge should occur.

*On any journey,
we must find
out where we
are before we
can plan the
first step...*

Growth is never by
mere chance; It is
the result of forces
working together

CCS Eligibility

- Red Cliff Community Member
- Eligible Medical Assistance
- Mental health and/or AODA Diagnoses
- Prescription by Physician
- Have a need for psychosocial rehabilitation services
- Eligible as determined by a Wisconsin Functional Screen

**Red Cliff CCS Program
contact information:
Mishomis Wellness Cen-
ter at 715-779-3741 Ext:
2405 or 2406**



Great Lakes Indian Fish and Wildlife Commission and host tribe
Lac Courte Oreilles Band of Lake Superior Chippewa present
Ishpaagoonikaa Deep Snow Cultural Camp
January 26-28, 2018



**8575 N Trepania Rd,
Hayward, WI (Gym)**



Ishpaagoonikaa seeks to increase knowledge and utilization of treaty rights in harvesting and protecting natural resources, encouraging environmental stewardship, and promoting natural resource careers.

Additionally, the program strives to increase leadership skills in tribal youth, foster intergenerational learning opportunities between tribal elders and tribal youth, and focus on passing traditional Anishinaabe winter activity knowledge from generation to generation.

This year's Ishpaagoonikaa program will be held in Hayward, Wisconsin, on January 26-28, 2018, where GLIFWC's Law Enforcement Division will partner with the Lac Courte Oreilles Band of Lake Superior Chippewa Indians.

Tribal youth will interact with elders, cultural knowledge sharers and GLIFWC Law Enforcement officers in activities such as traditional tip-ups and ice spearing, storytelling, small game trapping/snaring, animal processing, outdoor cooking, brain tanning, animal and track identification, winter shelter building, ishkode (fire) making, outdoor survival tactics, snow snake play, snowshoes, cultural crafting, and moccasin games. **This year will also feature an optional Sweat Lodge.** The program seeks youth in grades 4-10. Older youth may apply to serve as mentors.

Participants must spend both nights in the LCO school gym. Saturday meal will include a feast and family members are welcome to bring a dish and stay for storytelling.

The program will start on Friday at 6:00 pm CST and conclude Sunday at 1:00 pm. For information, please contact:

Heather Bliss, GLIFWC LE Outreach Officer
(906)458-3778, hnaigus@glifwc.org

Patti Quaderer, LCO Trails Coordinator
(715)558-7449, Patti.Quaderer@lco-nsn.gov

LEGENDARY WATERS POW WOW

SAT JAN 27
SUN JAN 28
2018

SATURDAY, JANUARY 27

Grand Entry 1 pm

Break 4 pm

Grand Entry 6 pm

SUNDAY, JANUARY 28

Grand Entry 1 pm

Closing 6 pm

HOST DRUM Spirit Bay Singers Red Cliff, Wisconsin
CO - HOST DRUM Cedar Creek Singers Fond du Lac, Minnesota
MASTER OF CEREMONIES Terry Goodsky Nett Lake, Minnesota
ARENA DIRECTOR Joe Medicine Sault Ste. Marie, Michigan
SPIRITUAL ADVISOR Louis Councilor Northwest Bay, Ontario
HEAD DANCERS Gretchen Morris Red Cliff, Wisconsin
Carl Chalepah Oklahoma Apache

Sorry, No Walk-In Drums Special Event Hotel Rate Vendor Tables Contact Number 715-779-9463

LEGENDARY WATERS RESORT & CASINO | 37600 ONIGAMING DRIVE | RED CLIFF, WISCONSIN | 800-226-8478

Gaming Hotel Restaurant Snack Bar Lounge Event Center Campgrounds Marina

Nutrition Nuggets™

Food and Fitness for a Healthy Child

January 2018

BEST BITES

Junior chef

Get your child excited about helping in the kitchen by letting her dress the part. Find a large white button-down shirt she can wear like a chef's outfit. Have her write her name on a mailing label ("Chef Suzy") and stick it on. Hand her a colorful spatula, and enjoy cooking together.



Swap parsnips for potatoes

Make "french fries" from parsnips, a root vegetable that's high in fiber and folate. Peel 2 lbs. parsnips, and cut into thick strips. Toss with 2 tbsp. olive oil, $\frac{1}{2}$ tsp. salt, and $\frac{1}{4}$ tsp. pepper. Place on a baking sheet, and bake 10 minutes at 450°. Flip, and roast 10 minutes more.

DID YOU KNOW?

Swimming builds endurance, strengthens all muscle groups, and is easy on joints and bones. Encourage your youngster to swim year-round with trips to an indoor community pool. He might take swim lessons or sign up for a winter league. *Ideas:* Join him in the pool and swim together, race against each other, or play tag.

Just for fun



Q: What's green and bumpy and jumps every few seconds?

A: A pickle with hiccups.

Get healthier together!

Make eating better and getting fit a family affair this year. Being "in it together" can keep everyone motivated. Use these simple tips to get started.

Be a role model

Your youngster will copy your good *and* not-so-good behaviors. Telling him to eat an orange while you munch on potato chips sends a mixed message, as does using your tablet while encouraging him to go shoot baskets. A better approach? Ask him to help you cut apples for a snack, or suggest that you play basketball together.



Focus on variety

Instead of dieting or emphasizing foods to avoid, identify healthy foods to *add* to meals. Think: fresh fruits, crisp vegetables, beans and lentils, nuts, seeds, whole grains, and lean protein. This ensures you're not limiting nutrients your growing child needs. It also pushes less-nutritious foods off your plates.

Increase physical activity

Brainstorm regular family fitness ideas with your youngster, then put them on the calendar. You might try nightly after-dinner walks or Saturday morning bike rides. Move more during everyday activities, too. Park farther from your destination, take the stairs rather than the elevator, or shovel snow together. Before you know it, being more active will become a household habit. ●

DIY supersized fun

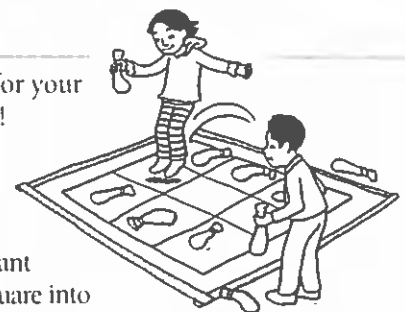
Looking for some life-size entertainment for your child? Let her create a giant tic-tac-toe board!

Materials: old sheet, marker, duct tape, 10 old socks (5 of one color and 5 of another), dry beans, rubber bands

Help your youngster measure and draw a giant square on the sheet. Draw lines dividing the square into 9 equal boxes, and tape the sheet to the floor, or set it outside.

Make beanbags by filling socks with beans and sealing them shut with rubber bands.

Each player gets 5 same-color beanbags. Now take turns hopping into a square, dropping a beanbag, and hopping out. The first to get three in a row across, down, or diagonally wins. ●



A well-stocked kitchen

With the right ingredients on hand, you can quickly whip up nutritious dinners on busy weeknights. Plus, you'll avoid last-minute impulse purchases or costly takeout. Try these steps for shopping and planning

1. Take inventory. Help your child list ingredients you use frequently, such as rice, pasta, shredded cheese, green beans, bread, and ground beef. Let her go through the refrigerator and pantry and cross out items you already have. Bonus: She'll practice reading and writing.



To make it healthier, grate zucchini and stir into the sauce. Have a can of black beans and some brown rice? Just add cooked broccoli for a healthy rice bowl. ●

2. Stock up. Shop together for ingredients that remain on your list. Look for healthy swaps, such as whole-wheat bread rather than white, frozen vegetables instead of canned, and extra-lean ground beef in place of regular.

3. Figure out meals. Ask your youngster to help you create nutritious menus based on what's on hand. For instance, if you've got whole-grain spaghetti and a jar of marinara sauce, there's an easy meal.

PARENT TO PARENT

What's in your smoothie?

My son Liam loves our local smoothie place, and I'm happy he's getting more fruit into his diet. But recently, I noticed a sign listing nutrition information, and I realized his favorites have a lot of sugar and fat. So I decided to start making smoothies at home in the blender.



We experiment with fruit combinations like strawberry and banana or peach and mango. Instead of flavored yogurt, which has a lot of sugar, I use plain yogurt and a little honey. Sometimes I include peanut butter or flaxseed for protein. I've even added kale and spinach so my son gets greens.

Liam enjoys our homemade smoothies, and now he's eating more fruits and vegetables—and less sugar and fat. ●

ACTIVITY CORNER

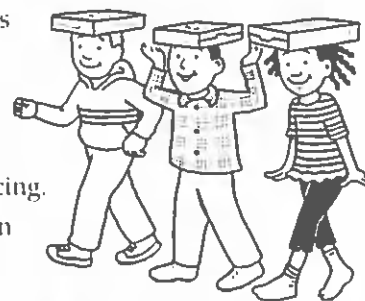
Boosting balance skills

Set your youngster up for success in sports and games by helping her improve her balance. Consider these fun ideas.

● **Flamingo contest:** See who can stand on one foot the longest. Switch legs, and do it again. To increase the challenge, close your eyes while balancing.

● **Cereal box challenge:** Have each person place an empty cereal box on her head. Keeping your back straight and chin up, race across the room. If you drop your box, return to the start. The first player to cross the room wins.

● **Hula hop:** Scatter a few hula-hoops on the ground a few feet from each other (or make circles with pieces of yarn). Family members can jump into each hula-hoop—without losing their balance and falling outside the hoop. Try it again, this time jumping backward. ●



IN THE KITCHEN

Slow-cooked meals

Tap into the power of your slow cooker with these recipes to enjoy on cold winter days.

Chicken-quinoa risotto

Place 1½ lbs. boneless chicken breasts into a slow cooker. Add 1 cup uncooked quinoa, 2 cups low-sodium chicken broth, and 2 cloves minced garlic. Cook on high 4 hours. Shred chicken, and return to slow cooker. Add 2 cups frozen peas, stir, and cook 30 minutes more.

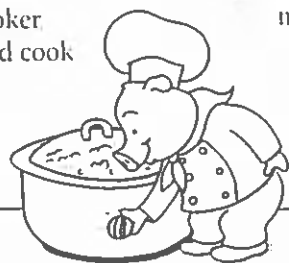
Vegetarian "pot roast"

Chop 1 lb. mushrooms (white or portobello), 1 lb. sweet potatoes, and 2 carrots. Put in slow

cooker with 2 cups vegetable stock, 1 tbsp. tomato paste, 1 tsp. dried thyme, ¼ tsp. salt, ¼ tsp. pepper, and ½ tsp. garlic powder. Cook on low 6–8 hours.

Beef stroganoff

Fill slow cooker with 1½ lbs. lean stew meat, 1 medium onion (diced), 1 cup low-sodium beef broth, 2 tbsp. Worcestershire sauce, 2 tbsp. Dijon mustard, and ¼ tsp. each salt and pepper. Cook on low 6–8 hours. Stir in 1 cup Greek yogurt just before serving. Enjoy over whole-grain egg noodles. ●



OUR PURPOSE

To provide busy parents with practical ways to promote healthy nutrition and physical activity for their children.

Resources for Educators,
a division of CCH Incorporated
128 N. Royal Avenue • Front Royal, VA 22630
800-394-3052 • recustomer@wolterskluwer.com
www.rfeonline.com

Nutrition Nuggets™ is reviewed by a registered dietitian. Consult a physician before beginning any major change in diet or exercise.

ISSN 1935-4630

Red Cliff Native Connections



Let's Break the Cycle of Sadness!

SUICIDE IS THE SECOND MOST COMMON CAUSE OF DEATH IN AGES 10-24

Signs to Watch for:

Observable signs of serious depression, such as low mood that is unrelenting, hopelessness & desperation; increased alcohol or substance abuse; recent impulsiveness/risk taking; threatening suicide; giving away possessions; purchasing firearms; unexpected rage or anger.



32,000 people die of suicide each year in the United States. Every 16.6 minutes, someone intentionally ends their life. Suicide is the fourth leading cause of death in adults from 18-65. The suicide rate for 2005 was 10.7/100,000.

• Past suicide attempts

• Symptom risk factors

- Desperation
- Hopelessness
- Anxiety/Panic Attacks

• Access to lethal means

90% of the individuals that die as a result of suicide suffer from one or more psychiatric disorders

- Major Depressive Disorder
- Bipolar Disorder
- Alcohol or substance abuse
- Schizophrenia
- Personality Disorders
- Major physical illness, chronic pain, family history of suicide



Three Basic Steps:

• Show You Care

- Listen carefully
- Be genuine
- Reflect what you hear
- Use language appropriate for age
- Take all mention of suicide seriously

• Ask About Suicide

- Be direct, but not confrontational
- Do not hesitate to raise the subject

• Get Help

- Do not leave the person alone
- Know referral resources
- Be reassuring
- Encourage the person to participate in the helping process



Mishomis Wellness Center Native Connections Grant

For more information about
suicide prevention please contact Lorna Gamble
or for mental health and AODA services call Laura Gordon
at
(715) 779-3741

Our 5 Core Services

Information & Referral

Provides information about disability related issues, resources, and services. Topics range from adaptive equipment aids, housing information, funding alternatives, benefits and other disability issues.

Peer Support

Assists an individual in learning how to cope with their disability through sharing of real-life disability experiences of others.

Independent Living Skills

Training is provided on a one-to-one basis on topics such as money management, self advocacy, housekeeping, communication, housing and more.

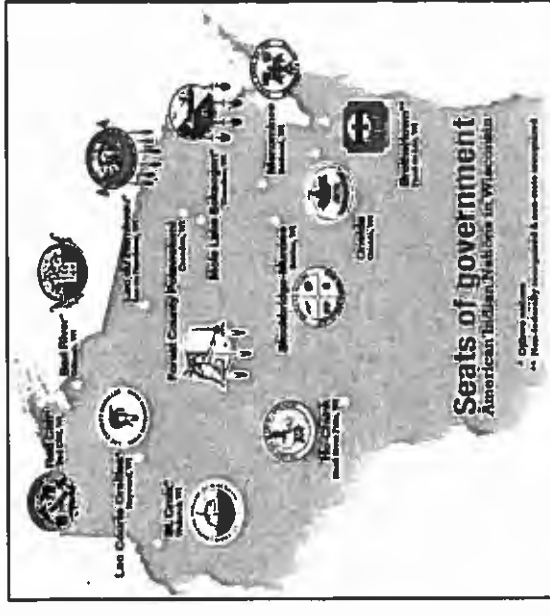
Advocacy

Persons with disabilities are taught to advocate for themselves, and can engage in activities designed to affect positive change in local, state, and federal systems for persons with disabilities.

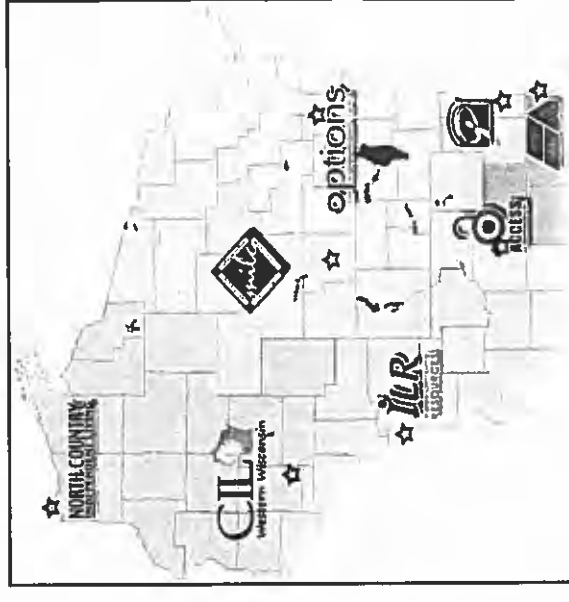
Transition

Facilitates the transition of people with disabilities from nursing homes and other institutions to home and community based living; provides assistance to those at risk of entering an institution; and facilitates the transition of postsecondary youth with disabilities into education, the workforce and the community.

Tribal Communities in Wisconsin



Independent Living Centers in Wisconsin



North Country Independent Living

Empowering People with Disabilities

North Country Independent Living (NCIL) is a non-profit agency serving people with disabilities in northwestern Wisconsin. NCIL currently holds the grant that North WIND operates under.

NCIL & WIND staff provide information, training and support to people with disabilities while they make informed decisions about their disability related needs. All services are consumer controlled and each individual decides which services they wish to participate in while working with staff to establish goals and determine steps to meet those goals.



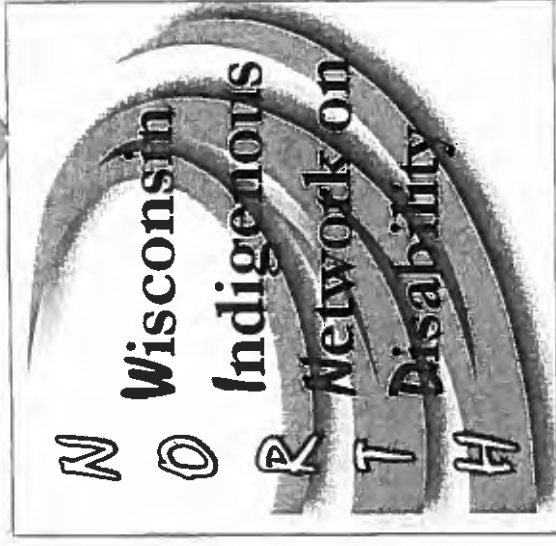
Sunshine Lemieux, J.D.
North WIND Program Coordinator
sunshine@northcountryil.org
Phone: 715-392-9118 V/TTY
Cell: 715-817-4646
Fax 715-392-4636

Doug Defoe
Independent Living Specialist, ILS
doug@northcountryil.org
Cell: 715-919-4945
Fax: 715-392-4636
Tribes & Counties Served: Bad River & Red Cliff

Ashland, Bayfield, Douglas & Iron

Ann Belisle, M.Ed
Independent Living Specialist, ILS
ann@northcountryil.org
Cell: 715-817-2530
Fax: 715-392-4636
Tribes & Counties Served: LCO & St. Croix
Burnett, Price, Sawyer & Washburn

North Country Independent Living
69 N 28th St. Suite 28
Superior, WI 54880
Phone: 715-392-9118 or Toll Free 1-800-924-1200
Both lines offer V/TTY
Fax: 715-392-4636



Giiwedii

We serve tribal members with disabilities who are currently living within an eight county area in NW Wisconsin.

North WIND's goal is to provide culturally appropriate services by tribal members in tribal communities to tribal people.

RED CLIFF BAND

of Lake Superior Chippewa

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[:: Red Cliff Mail Login ::](#) [Council Meetings::](#) [Divisions::](#) [Employment Opportunities ::](#) [Request for Proposals ::](#) [Resources ::](#)

▣ [Employment Opportunities](#)

▣ [Job Openings](#)

▣ [Job Application](#)

▣ [Law Enforcement Job Application](#)

▣ [Background Information Disclosure Form \(HFS-64\)](#)

▣ [Tribal Benefits Sheet](#)

:: Job Openings ::

Current Openings

Job Center of Wisconsin displays open job orders maintained by the Job Center of Wisconsin.
[Link to Job Center of Wisconsin](#)

All jobs require that you use the Job Application posted on this site and require a Background Information Disclosure (also posted).

Disclosures



Current Openings for the Red Cliff Tribe

Early Head Start Home Based Teacher – 2 Positions

DEADLINE: December 29, 2017 at 4:00pm

Native Connections Project Coordinator

DEADLINE: January 5, 2017 at 4:00pm

THPO Intake/Bookkeeper

DEADLINE: January 11, 2017 at 4:00pm

ECC Substitute Assistant Teacher/Support-Staff

DEADLINE: Applications Accepted Year Round

Elderly Director

DEADLINE: Open Until Filled

Transportation Driver and Teacher Support

DEADLINE: Open Until Filled

Planning Administrator

DEADLINE: Open Until Filled

Administrative Assistant, Family Violence Program

DEADLINE: Open Until Filled

ECC Family Services Worker

DEADLINE: Open Until Filled

Coordinated Service Team and Brighter Futures Initiative Coordinator

DEADLINE: Open Until Filled

Chief Financial Officer

DEADLINE: Open Until Filled

Tribal Administration Liaison

DEADLINE: Open Until Filled

*** * * Current Openings for Legendary Waters Resort & Casino**

[Click Here to view Current Legendary Waters Resort & Casino Job Openings](#)

LW Kitchen Manager

DEADLINE: Open Until Filled

LW - General Manager**DEADLINE: January 20, 2018 at 4:00pm***** * * Current Openings for Milwaukee Indian Community School****Culture Apprentices****Culture Coordinator***** * * Current Openings for GLITC****Great Lakes Inter Tribal Council Job Postings***** * * Current Openings for GLIFWC****GLIFWC Website with Current Job Openings****GLIFWC - Executive Administrator***** * * Current Openings for School District of Bayfield, WI****Click here for Available Job Vacancies at Bayfield School****Substitutes Vacancies at Bayfield School***** * * Current Openings for Family Forum****Family Forum Job Openings****Family Forum Head Start Bus Driver***** * * Current Openings for Bay Area Home Health****Bay Area Home Health - Personal Care Workers / Supportive Home Care Workers / Certified Nursing Assistants***** * * Current Openings for the National Park Service****National Park Service - Biological Science Technician - Saint Croix Falls, WI****DEADLINE: 12/27/2017 to 1/2/2017****National Park Service - Park Ranger (I) - Williston, ND * Harrison, NE * Interior, SD * Trego, WI****DEADLINE: 12/27/2017 to 1/2/2017****National Park Service - Wildland Firefighter (Range/Forestry Aid/Technician) - Hot Springs, SD * International Falls, MN * Medora, ND * Interior, SD****DEADLINE: 2/27/2018****National Park Service - Wildland Fire Module Crewmember (Forestry Technician) - Custer, SD****DEADLINE: 2/27/2018****National Park Service - Park Guide - Williston, ND****DEADLINE: 2/27/2018***** * * Current Openings for the BIA.gov****BIA Fire & Forestry Job Openings***** * * Current Openings for the University of Wisconsin-Extension****Current Opportunities for UW Extension Cooperative Extension Site****Current Opportunities for UW Extension***** * * Current Openings for the UMOS Job Openings****Current Opportunities for UMOS**

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Contact Us : Terms of Use : Privacy Statement**© Copyright 2004 Red Cliff Band of Lake Superior Chippewa**



Red Cliff Band of Lake Superior Chippewa Indians

88455 Pike Road
Bayfield, WI 54814
Phone: 715-779-3700 Fax: 715-779-3704
Email: redcliff@redcliff-nsn.gov

Red Cliff Tribal Council

JOB DESCRIPTION

POSITION: Early Head Start Home Based Teacher – 2 Positions

LOCATION: Red Cliff Early Childhood Center

PROGRAM: Early Head Start

WAGE: \$10.00 to \$14.00 Entry Level Wage Scale, Plus Benefits
*Entry level wage scale refers to starting wage for new hires only.
Educational background and years of experience will be considered
in wage determination upon hiring.*

THIS IS A REGULAR FULL-TIME NON-EXEMPT POSITION

SUPERVISOR: Early Head Start Director

JOB SUMMARY: Primary responsibility is to provide weekly home-based services to a maximum of 12 Early Head Start families, which includes infants and toddlers 0 – 3 and pregnant women, using a *Creative Curriculum* home visitor curriculum. Home visits are provided primarily during weekday and daytime hours. Late afternoon home visits may be considered if necessary, with approval from director. Job duties require planning and implementation of home-based option which reflects best practices while incorporating Ojibwe language and culture into curriculum.

DUTIES AND RESPONSIBILITIES:

1. Must satisfactorily complete *New Home Base Teacher Training* checklist during first 75 days of employment.
2. Conduct minimum of 1½ hour weekly home visits for each Early Head Start home-based family as well as each prenatal mom as stated in Federal Performance Standards, with minimum requirement of 46 home visits per family per program year.
3. Plan and implement home-based activities which are age appropriate and that enhance infant and toddlers' social/emotional, physical, cognitive development and child development, parenting information for pregnant women.
4. All EHS Home Based teachers will collaborate together to provide up to 22 group socializations per year for Early Head Start children and their parents to allow for age-appropriate peer group interaction with parent involvement. This could include play groups, group meetings, parent-child interactions which are held during the day or early evening.
5. Responsible for working with each family to develop a Family Partnership Agreement in accordance with Head Start Federal Performance Standards.

6. Must attend two annually Coordinated Service Team meetings scheduled for your 12 families
7. Responsible for recordkeeping on Child Plus, Teaching Strategies' Gold, and maintenance of weekly *Creative Curriculum* home-based files, and documenting resource or referral for delivery of other services as needed.
8. Mandatory depression screen training to screen prenatal and postpartum mothers will be provided through a collaborative agreement with the Red Cliff Community Health Center.
9. Mandatory first aid and CPR certification training within six (6) months from date of employment. Program will cover costs.
10. Will provide EHS director with program statistics annually for the Head Start Program Information Report (PIR).
11. Work with tribal, community, and county service providers in order to provide necessary services to the EHS home based child, their parents and any pregnant women enrolled in the program.
12. Documentation of all home visits and contacts with families as well as other required program information.
13. Develop and maintain a professional relationship with families enrolled in Early Head Start as well as must maintain confidentiality of all child/family information and records.
14. Collaborate with other home based staff, parents, and community resources to incorporate Ojibwe language and culture into home-based activities and curriculum.
15. Reinforce positive self-image, pride, and cultural identity with both the parents and the infants/toddlers during all activities.
16. Must attend and participate in home base staff meetings, all staff meetings and ECC Policy Council meetings if requested as well as participate in job related training as required.
17. Any program equipment, cameras, IPADS, or any other supplies purchased or obtained by the EHS program must remain within the EHS Home Based offices, and cannot be used outside of the Early Childhood Center unless you have *prior express permission* by the EHS Director to use outside of the center. Violations of this policy can result in disciplinary action.
18. Adhere to all EHS/ECC policies and procedures and ensure that Head Start Federal Performance Standards are being met.
19. The above duties and responsibilities are not an all-inclusive list but rather a general representation of the duties and responsibilities associated with this position. The duties and responsibilities will be subject to change based on organizational needs and/or as deemed necessary by the supervisor.

SUPERVISORY AUTHORITY: None

KNOWLEDGE: Knowledge of Ojibwe language and culture preferred. Knowledge of the uniqueness of the Red Cliff Community preferred.

QUALIFICATIONS:

EDUCATIONAL QUALIFICATIONS

Required:

1. High school diploma, HSED or GED required
2. Can have a minimum of a home-based Child Development Associate (CDA) credential if you do not have equivalent coursework as part of an associate's or bachelor's degree

Preferred:

1. Associate Degree in Early Childhood Education or related degree or:
2. Applicants can be considered if currently enrolled in an associates' degree early childhood program and meets minimum education requirements or
3. Applicant has any early childhood education coursework from previously and is willing to enroll in associates' degree early childhood within probationary period.

Highly desirable (but not required):

1. Bachelors' degree in Early Childhood Education

OTHER QUALIFICATIONS:

1. Minimum of one year prior experience in home visitation services, counseling/guidance, or family service/human service field.
2. Demonstrate competency to plan and implement home-based learning experiences that ensure effective implementation of the home visiting curriculum and promote children's progress across the standards described in the Head Start Early Learning Outcomes Framework: Ages Birth to Five, including for children with disabilities and dual language learners, as appropriate, and to build respectful, culturally responsive, and trusting relationships with families.
3. Excellent oral and written communication skills and knowledge of local community resources.
4. Cultural sensitivity to Ojibwe culture, Native American beliefs, values, community mores.
5. Must be able to work some nights if needed for ECC Family nights or home based socializations or late afternoon home visits if requested.
6. Must have a valid driver's license, vehicle and appropriate vehicle coverage and maintain driver's eligibility as a condition of employment. Be eligible to be put on the tribe's vehicle insurance policy.

PERSONAL CONTACTS: Students and their family members, ECC staff, Community Members.

SPECIAL REQUIREMENTS: Also required are: five year health exam, initial TB test and annual TB questionnaire, immunizations including Hepatitis B (or sign waiver), mumps vaccine (or waiver or proof of immunization) and required trainings such as confidentiality, CPR, Shaken Baby Syndrome, Sudden Infant Death (SIDS), etc.

PHYSICAL REQUIREMENTS: The physical demands described here are representative of those that must be met by an employee to successfully perform the essential functions of this job. Reasonable accommodations may be made to enable individuals with disabilities to perform the essential functions as long as the staff disability does not create an undue risk of injury to any enrolled children in the home based option.

Must be physically able to work with young children and must be able to regularly lift and/or move up to *forty pounds*; occasional lifting of fifty pounds is required. Required to stand, walk, climb or balance, stoop, kneel, crouch or crawl when working with small children and parents in the home. Required to use hands to finger, handle or feel objects, keyboards, tools or controls, reach with hands and arms, speak and hear, and ability to operate keyboard (computer).

WORK ENVIRONMENT: Red Cliff Early Childhood Center facility. Student homes for home visits. All Tribal buildings are smoke free.

TRAVEL REQUIREMENTS: The ability to travel and attend meetings and trainings; overnight and out of town, both locally & nationally.

BEHAVIOR AND ATTITUDE: The vision, goals and objectives of the Red Cliff Band of Lake Superior Chippewa requires that the employee performs in both a professional and personable manner. The manner in which the employee relates to fellow employees, customers and visitors is considered parallel in importance to technical knowledge and ability. Respect and consideration given to the dignity of each customer, visitor and fellow employee is a requisite of successful job performance. Any Behavior or Attitude that tarnishes the Image or Name of the Red Cliff Band of Lake Superior Chippewa will be subject to immediate disciplinary action up to and including termination.

Indian preference will be applied in the case of equally qualified applicants, but all applicants will be considered.

This job description is subject to change at employer's discretion, after consultation with the employee.

APPLICATION SUBMITTAL REQUIREMENTS: The following items are required for this position:

1. Completed tribal application, to include work history and references; available on the Tribal website.
2. Tribal Background Investigation Disclosure; available on the tribal website.
3. Cover letter and resume.
4. Post-secondary transcripts or certifications; if applicable.

POSTING DATE: December 15, 2017
DEADLINE: December 29, 2017 @ 4:00 pm

FOR FURTHER INFORMATION CONTACT:

Red Cliff Band of Lake Superior Chippewas
Human Resources Department
88455 Pike Road
Bayfield, WI 54814
www.redcliff-nsn.gov
ashley.poch@redcliff-nsn.gov
diane.cooley@redcliff-nsn.gov

(715) 779-3700, Ext. 4268 or 4267

The Red Cliff Tribal Council has a Drug Free Work Place Policy and adheres to the intent of the Drug Free Work Place Act. All new hires are subject to a drug test prior to starting.

All applicants for employment with the Red Cliff Tribe will be subject to the background investigation and other requirements of RCCL Chapter 43, and are under a continuing obligation to supplement this application for employment with information concerning any convictions that occur after commencement of employment with the Tribe.

All Early Childhood Center employees must submit mandatory criminal background check information to Human Resources Department with application. Per WI Department of Children & Families (DCF) Bureau of Early Care Regulation (BECR) Memo 2014-03, all licensed child care center employees must complete a one-time fingerprint-based background check on all employees effective December 31, 2015. Every year thereafter, a name-based background check through the Department of Justice (DOJ) must be conducted annually or following any conviction occurring after commencement of employment.

The Red Cliff Early Head Start has a Drug Free/Smoke Free environmental policy and follows the intent of the Drug Free Work Place Act.

Tribal preference will be applied in case of equally qualified applicants, but all qualified applicants will be considered.

(45) CFR Part 1302.90 (b)(6) A program must consider current and former program parents for employment vacancies for which such parents apply and are qualified.

EMPLOYEE BENEFITS PACKAGE

THE EMPLOYEE BENEFITS PACKAGE INCLUDES THE FOLLOWING:

1. A Health Insurance Plan which is through the Federal Employee Health Benefits (FEHB). FEHB is offered for both single and family coverage. Employees considered to be full time status will be required to pay 12% of the premium for the plan selected.
2. The Dental package is through Delta Dental. This benefit is offered at no cost to the employees with single or family medical coverage.
3. Short Term Disability is offered to all employees at no cost and pays 60 % of weekly pay for a maximum of 90 days if you get sick or injured off the job.
4. Life insurance of \$15,000 is included at no cost to all employees. Spouses are covered at \$7,500.00 and children are prorated. Employees can purchase additional life insurance from the plan provider at their own cost.
5. Profit Sharing Plan with a 401(k) component is offered to employees after one year of work, with a minimum of 1000 hours. The Tribe puts 3% of employee's wages into the Profit Sharing Plan.
6. The Tribe also offers General Leave to Full time employees. Employees will accrue 16 hours of General Leave per month and can accumulate up to 192 hours per year. After 5 years of employment, General Leave goes up to 20 hours per month with a maximum of 240 hours.
7. The Tribe observes a total of 11 paid holidays.



Red Cliff Band of Lake Superior Chippewa Indians

88455 Pike Road

Bayfield, WI 54814

Phone: 715-779-3700 Fax: 715-779-3704

Email: redcliff@redcliff-nsn.gov

Red Cliff Tribal Council

JOB DESCRIPTION

POSITION: ECC Substitute Assistant Teacher/Support Staff

LOCATION: Red Cliff Early Childhood Center

WAGE: \$9.00 - \$10.00 depending on qualifications

SUPERVISOR: Program Director

THIS IS AN ON-CALL POSITION

JOB SUMMARY: Replacement for ECC teacher or support staff and provide a safe, healthy, friendly, caring and nurturing environment for children ages 0-5.

RESPONSIBILITIES:

1. Must attend confidentiality training and must maintain confidentiality of children/classroom each day.
2. Must follow ECC and Red Cliff Tribal policies and procedures as introduced during orientation.
3. Assist teacher or ECC staff member with daily supervision and interaction with children; supervision during meals/snacks/naps; follow ECC Policies & Procedures for best practices with children; praise and reinforce positive behavior.
4. Assist teachers with facilitation of classroom activities and support children's self-direction during individual, small and large groups.
5. Reinforce positive self-image and promote positive self-esteem of all children.
6. Engage children in interactive experiences per teacher lesson plan.
7. Assist teacher in encouraging independence and self-help skills such as set-up and clean-up at meals, snacks and play time throughout the day.
8. Eat meals with children and encourage mealtime in a family setting. Food is never used as a punishment or reward.
9. Must maintain safety and health practices and regulations when working in kitchen.
10. The above duties and responsibilities are not an all-inclusive list but rather a general representation of the duties and responsibilities associated with this position. The duties and responsibilities will be subject to change based on organizational needs and/or deemed necessary by the supervisor.

SUPERVISORY AUTHORITY: None

"The Hub of the Chippewa Nation"



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Red Cliff Tribal Council

KNOWLEDGE: Knowledge of Ojibwe language and culture highly desirable; cultural sensitivity required.

QUALIFICATIONS:

1. Must be 18 years of age or older.
2. Minimum of high school diploma, HSED or GED required.
3. Complete a minimum of 15 paid *shadow* hours in the classroom and 8 paid *shadow* hours in the kitchen prior to actual subbing at ECC.
4. Preference for an associate's degree in Early Childhood Education/related field *but not required*.
5. Ability to work cooperatively with staff, parents, community members, and other child support systems in the best interest of children is required.
6. Must pass health examination, obtain required immunizations/vaccines including TB test, Hep B (or waiver); mumps vaccine (or waiver or proof of immunity).
7. Must be physically able to work with young children, including lifting a minimum of 40 pounds; occasional lifting of fifty pounds is required.
8. Must adhere to Early Childhood Center standards of conduct, serving as a positive role model in the community.

PERSONAL CONTACTS:

Collaboration with local, state, and national collaborating partners, with particular emphasis on networking with parents, extended families, and the Red Cliff community

PHYSICAL AND SPECIAL REQUIREMENTS: Must be physically able to work with young children, initial health exam, TB test, immunizations including Hepatitis B (or sign waiver), and required trainings such as confidentiality, CPR, etc.

WORK ENVIRONMENT: Primary work environment: classrooms, outdoor play spaces, kitchen. All Tribal Buildings are smoke free.

TRAVEL REQUIREMENTS: The ability to travel and attend meetings and trainings; overnight and out of town, both locally & nationally.

BEHAVIOR AND ATTITUDE: The vision, goals and objectives of the Red Cliff Band of Lake Superior Chippewa requires that the employee performs in both a professional and personable manner. The manner in which the employee relates to fellow employees, customers and visitors is considered parallel in importance to technical knowledge and ability. Respect and consideration given to the dignity of each customer, visitor and fellow employee is a requisite of

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Red Cliff Tribal Council

successful job performance. Any Behavior or Attitude that tarnishes the Image or Name of the Red Cliff Band of Lake Superior Chippewa will be subject to immediate disciplinary action up to and including termination.

Indian preference will be applied in the case of equally qualified applicants, but all qualified applicants will be considered.

APPLICATION SUBMITTAL REQUIRMENTS: The following items are required for this position:

1. Completed Tribal Application, available on the Tribal website.
2. Signed Tribal Background Investigation Disclosure; available on the Tribal website.

This job description is subject to change at employer's discretion, after consultation with the employee.

POSTING DATE: December 6, 2017

DEADLINE: Applications accepted year round

FOR FURTHER INFORMATION CONTACT:

Red Cliff Band of Lake Superior Chippewa

Human Resources Department

88455 Pike Road

Bayfield, WI 54814

www.redcliff-nsn.gov

ashley.poch@redcliff-nsn.gov

(715) 779-3700 ext. 4268

The Red Cliff Tribe has a Drug-Free Work Place Policy and follows the intent of the Drug-Free Work Place Act. All new employees will be tested prior to starting employment.

All applicants for employment with the Red Cliff Tribe will be subject to the background investigation and other requirements of RCCL Chapter 43, and are under a continuing obligation to supplement the application for employment with information concerning any convictions that occur after commencement of employment with the Tribe.

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Red Cliff Tribal Council

All Early Childhood Center employees must submit mandatory criminal background check information to Human Resources Department with application. Per WI Department of Children & Families (DCF) Bureau of Early Care (BECR) Memo 2014-03, as of 12-31-16 all licensed child care center employees must complete a one-time fingerprint-based background check on all employees. Every year thereafter, a name-based background check through the Department of Justice (DOJ) must be conducted annually or following any conviction occurring after commencement of employment.

45 CFR 1301.31 requires preference be given to qualified current or former parents of Head Start/Early Head Start children as position vacancies occur.

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Red Cliff Tribal Council

JOB DESCRIPTION

POSITION: ECC Substitute Assistant Teacher/Support Staff

LOCATION: Red Cliff Early Childhood Center

WAGE: \$9.00 - \$10.00 depending on qualifications

SUPERVISOR: Program Director

THIS IS AN ON-CALL POSITION

JOB SUMMARY: Replacement for ECC teacher or support staff and provide a safe, healthy, friendly, caring and nurturing environment for children ages 0-5.

RESPONSIBILITIES:

1. Must attend confidentiality training and must maintain confidentiality of children/classroom each day.
2. Must follow ECC and Red Cliff Tribal policies and procedures as introduced during orientation.
3. Assist teacher or ECC staff member with daily supervision and interaction with children; supervision during meals/snacks/naps; follow ECC Policies & Procedures for best practices with children; praise and reinforce positive behavior.
4. Assist teachers with facilitation of classroom activities and support children's self-direction during individual, small and large groups.
5. Reinforce positive self-image and promote positive self-esteem of all children.
6. Engage children in interactive experiences per teacher lesson plan.
7. Assist teacher in encouraging independence and self-help skills such as set-up and clean-up at meals, snacks and play time throughout the day.
8. Eat meals with children and encourage mealtime in a family setting. Food is never used as a punishment or reward.
9. Must maintain safety and health practices and regulations when working in kitchen.
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SUPERVISORY AUTHORITY: None

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Red Cliff Tribal Council

KNOWLEDGE: Knowledge of Ojibwe language and culture highly desirable; cultural sensitivity required.

QUALIFICATIONS:

1. Must be 18 years of age or older.
2. Minimum of high school diploma, HSED or GED required.
3. Complete a minimum of 15 paid *shadow* hours in the classroom and 8 paid *shadow* hours in the kitchen prior to actual subbing at ECC.
4. Preference for an associate's degree in Early Childhood Education/related field *but not required*.
5. Ability to work cooperatively with staff, parents, community members, and other child support systems in the best interest of children is required.
6. Must pass health examination, obtain required immunizations/vaccines including TB test, Hep B (or waiver); mumps vaccine (or waiver or proof of immunity).
7. Must be physically able to work with young children, including lifting a minimum of 40 pounds; occasional lifting of fifty pounds is required.
8. Must adhere to Early Childhood Center standards of conduct, serving as a positive role model in the community.

PERSONAL CONTACTS:

Collaboration with local, state, and national collaborating partners, with particular emphasis on networking with parents, extended families, and the Red Cliff community

PHYSICAL AND SPECIAL REQUIREMENTS: Must be physically able to work with young children, initial health exam, TB test, immunizations including Hepatitis B (or sign waiver), and required trainings such as confidentiality, CPR, etc.

WORK ENVIRONMENT: Primary work environment: classrooms, outdoor play spaces, kitchen. All Tribal Buildings are smoke free.

TRAVEL REQUIREMENTS: The ability to travel and attend meetings and trainings; overnight and out of town, both locally & nationally.

BEHAVIOR AND ATTITUDE: The vision, goals and objectives of the Red Cliff Band of Lake Superior Chippewa requires that the employee performs in both a professional and personable manner. The manner in which the employee relates to fellow employees, customers and visitors is considered parallel in importance to technical knowledge and ability. Respect and consideration given to the dignity of each customer, visitor and fellow employee is a requisite of

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Red Cliff Tribal Council

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APPLICATION SUBMITTAL REQUIREMENTS: The following items are required for this position:

1. Completed Tribal Application, available on the Tribal website.
2. Signed Tribal Background Investigation Disclosure; available on the Tribal website.

This job description is subject to change at employer's discretion, after consultation with the employee.

POSTING DATE: December 6, 2017

DEADLINE: Applications accepted year round

FOR FURTHER INFORMATION CONTACT:

Red Cliff Band of Lake Superior Chippewa
Human Resources Department
88455 Pike Road
Bayfield, WI 54814
www.redcliff-nsn.gov
ashley.poch@redcliff-nsn.gov

(715) 779-3700 ext. 4268

The Red Cliff Tribe has a Drug-Free Work Place Policy and follows the intent of the Drug-Free Work Place Act. All new employees will be tested prior to starting employment.

All applicants for employment with the Red Cliff Tribe will be subject to the background investigation and other requirements of RCCL Chapter 43, and are under a continuing obligation to supplement the application for employment with information concerning any convictions that occur after commencement of employment with the Tribe.

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Email: redcliff@redcliff-nsn.gov

Red Cliff Tribal Council

All Early Childhood Center employees must submit mandatory criminal background check information to Human Resources Department with application. Per WI Department of Children & Families (DCF) Bureau of Early Care (BECR) Memo 2014-03, as of 12-31-16 all licensed child care center employees must complete a one-time fingerprint-based background check on all employees. Every year thereafter, a name-based background check through the Department of Justice (DOJ) must be conducted annually or following any conviction occurring after commencement of employment.

45 CFR 1301.31 requires preference be given to qualified current or former parents of Head Start/Early Head Start children as position vacancies occur.

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Red Cliff Tribal Council

JOB DESCRIPTION

POSITION: Transportation Driver and Teacher Support

LOCATION: Red Cliff Early Childhood Center

PROGRAM: Head Start and Early Head Start

WAGE: \$10.00-\$14.00, depending on qualifications, plus benefits

THIS IS A PART-TIME NON-EXEMPT POSITION/up to 40 hours per week

SUPERVISOR(S): Head Start Director & Transportation Supervisor

JOB SUMMARY: Provide safe transportation to children riding the school bus and support to the Early Childhood Center classrooms.

JOB DUTIES & RESPONSIBILITIES:

1. Responsible for developing and keeping a current schedule for the safe transportation of Head Start children to and from the Center.
2. Must maintain and observe all current safety standards with regard to the vehicle and conduct of the children entering, riding, and exiting the bus.
3. Must maintain accurate daily mileage reports, file reports monthly.
4. Must maintain daily attendance reports on all children riding the bus.
5. Responsible for general maintenance and up-keep of the Head Start vehicles using licensed mechanic service.
6. Responsible for reporting any problems, accidents, or concerns that may affect the smooth and safe transportation of the children. These must be documented in writing.
7. Must enforce Head Start policies on required use of seat belts for all passengers, including self; all children must be placed in child safety restraints.
8. Must conduct and document daily pre-trip safety check on Head Start vehicle.
9. Must maintain accurate, up-to-date emergency contact info on all children riding the bus, including current photo.
10. Must conduct and document all required training regulations including annual on-board observation, annual behind-the-wheel and refresher classroom training for bus drivers.
11. Must maintain an organized method of documenting that federal and state transportation requirements are being met.
12. Assist when needed with playground and building maintenance

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Red Cliff Tribal Council

13. Assist with attendance outreach.
14. Assist teachers in the classroom and outdoor learning environments with activities.
15. Must maintain staff file at ECC.
16. Responsible for obtaining a qualified substitute when absences are known ahead of time.
17. Attend monthly all-staff meetings
18. The above duties and responsibilities are not an all-inclusive list but rather a general representation of the duties and responsibilities associated with this position. The duties and responsibilities will be subject to change based on organizational needs and/or deemed necessary by the supervisor.

SUPERVISORY AUTHORITY: None

KNOWLEDGE: Must have knowledge of vehicle maintenance. Computer skills helpful; if computer training is needed, must be willing to learn. Knowledge of and ability to follow and apply the policies and procedures of the Red Cliff Band of Lake Superior Chippewa and Red Cliff Early Childhood Center. Knowledge of Red Cliff demographics, culture, history and lifestyles.

QUALIFICATIONS:

1. High school diploma, HSED or GED required.
2. Post-secondary training or education in early childhood development, willingness and ability to complete required early childhood courses as needed.
3. Must possess and maintain a valid Commercial Driver's License/with a School Bus & Passenger Endorsement; CDL must meet minimum Class C License Must have a vehicle and appropriate vehicle coverage and maintain driver's eligibility as a condition of employment. Be eligible to be put on the tribe's vehicle insurance policy.
4. Must provide consent for the ECC or Personnel Dept. to request a Driving Record from the WI Dept. of Transportation (form MV896) and pass the state driving record check EACH YEAR.
5. Must be 21 years of age or older.
6. Meet any physical, mental, and other requirements established under applicable law or regulations as necessary to perform job-related functions; and, must pass a physical exam and TB test performed by a licensed medical provider
7. Ability to manage and relate to preschool children.

PERSONAL CONTACTS: Daily interaction with Head Start parents, children and ECC staff; occasional contact with mechanics and community members.

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PHYSICAL AND SPECIAL REQUIREMENTS: Must be physically able to work with young children, initial health exam, TB test, immunizations including Hepatitis B (or sign waiver), and required trainings such as confidentiality, CPR, SIDS/SBS, etc.

WORK ENVIRONMENT: Primary work environment: Head Start classrooms, Head Start school busses and Early Childhood Center. Field Trips throughout school year. All tribal buildings are smoke free.

TRAVEL REQUIREMENTS: The ability to travel and attend meetings and trainings; overnight and out of town, both locally & nationally.

BEHAVIOR AND ATTITUDE: The vision, goals and objectives of the Red Cliff Band of Lake Superior Chippewa requires that the employee performs in both a professional and personable manner. The manner in which the employee relates to fellow employees, customers and visitors is considered parallel in importance to technical knowledge and ability. Respect and consideration given to the dignity of each customer, visitor and fellow employee is a requisite of successful job performance. Any Behavior or Attitude that tarnishes the Image or Name of the Red Cliff Band of Lake Superior Chippewa will be subject to immediate disciplinary action up to and including termination.

Indian preference will be applied in the case of equally qualified applicants, but all qualified applicants will be considered.

APPLICATION SUBMITTAL REQUIREMENTS: The following items are required for this position:

1. Completed Tribal Application, available on the Tribal website.
2. Signed Tribal Background Investigation Disclosure; available on the Tribal website.

POSTING DATE: December 8, 2017

DEADLINE: Open Until Filled

FOR FURTHER INFORMATION CONTACT:

Red Cliff Band of Lake Superior Chippewa

Human Resources Department

88455 Pike Road

Bayfield, WI 54814

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Red Cliff Tribal Council

ashley.poch@redcliff-nsn.gov

diane.cooley@redcliff-nsn.gov

(715) 779-3700 ext. 4268 or 4267

The Red Cliff Community Health Center is a Drug-Free Workplace in accord with the Drug-Free Workplace Act of 1988, P.L. 100-690, and has a Drug-Free Workplace Policy in effect.

All applicants for employment with the Red Cliff Tribe will be subject to the background investigation and other requirements of RCCL Chapter 43, and are under a continuing obligation to supplement the application for employment with information concerning any convictions that occur after commencement of employment with the Tribe.

All Early Childhood Center employees must submit mandatory criminal background check information to Human Resources Department with application. Per WI Department of Children & Families (DCF) Bureau of Early Care Regulation (BECR) Memo 2014-03, all licensed child care center employees must complete a one-time fingerprint-based background check on all employees effective December 31, 2015. Every year thereafter, a name-based background check through the Department of Justice (DOJ) must be conducted annually or following any conviction occurring after commencement of employment.

45 CFR 1301.31 requires preference be given to qualified current or former parents of Head Start/Early Head Start children as position vacancies occur.

This job description is subject to change at employer's discretion, after consultation with the employee.

EMPLOYEE BENEFIT PACKAGE – PART-TIME EMPLOYEES

1. A Health Insurance Plan which is offered through the Federal Employee Health Benefits (FEHB). FEHB is offered for both single and family coverage. Part-time employees will be on a prorated pay status depending on hours worked.
2. Short Term Disability is offered to all employees at no cost and pays 60% of weekly pay for a maximum of 90 days if you get sick or injured off the job.
3. The Tribe offers General Leave to part-time employees as stated below:

Regular Part-time 30-37 hours/week	Vacation/GL – 12 hours/month
Regular part-time 20-29 hours/week	Illness/GL – 8 hours/month

“The Hub of the Chippewa Nation”



Red Cliff Band of Lake Superior Chippewa Indians

88455 Pike Road

Bayfield, WI 54814

Phone: 715-779-3700 Fax: 715-779-3704

Email: redcliff@redcliff-nsn.gov

Red Cliff Tribal Council

JOB DESCRIPTION

POSITION: ECC Family Services Worker

LOCATION: Red Cliff Early Childhood Center

PROGRAM: Head Start and Early Head Start

SALARY: 10.00-12.00/hour (DOQ), Plus Benefits

SUPERVISOR: Family Services Manager

THIS IS A REGULAR FULL-TIME NON-EXEMPT POSITION

JOB SUMMARY:

Build relationships with families and community partners to ensure families' support in reaching their individual goals.

DUTIES AND RESPONSIBILITIES:

1. Maintain accurate and up-to-date files of all ECC families
2. Complete Family Assessment Forms with families, goal setting, follow up and referral to comply with Federal Head Start Performance Standards.
3. Provide information/resources to families/teachers as identified in family partnership agreement and ensure that Head Start family data is entered into the Child Plus data management system to track services and progress.
4. Work with Family Services Team to coordinate services with tribal, community, and county providers to meet specified health needed services.
5. Must maintain confidentiality regarding, children, families, and staff at all times.
6. Document contacts with parents
7. Outreach to families not connected to services. Identify barriers to receipt of services and problem-solve solutions.
8. Work closely with Family Services team, teachers and Director to monitor daily attendance and follow up on chronic absences.
9. Responsible to work closely with mental health professionals to assure children's unique behavioral needs are individually addressed and that staff are educated regarding children's' needs.
10. Assist with tracking ongoing data for the completion of the annual Program Information Report (PIR).

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11. Assist with coordinating services including outreach and referral for general health and dental care for children birth to five years of age.
12. Attend ECC Family Services Team, all-staff, and other meetings as required.
13. Must have demonstrated ability to work well with a team.
14. Bus monitor as needed
15. Assist in classrooms as needed
16. Assist in main office as needed
17. Perform other duties as directed.

KNOWLEDGE: Knowledge of Ojibwe culture and language preferred, cultural sensitivity required. Understanding of the uniqueness and dynamics of the Red Cliff community highly desirable.

QUALIFICATIONS:

1. Must be at least 18 years old.
2. High school diploma, HSED, or GED required.
3. AA degree in human services, early childhood or related field is preferred.
4. If no degree, staff must obtain a credential or certification in social work, human services, family services or related field within 18 months of hire.
5. Strong computer skills required.
6. Must have ability to work effectively as a team player in conjunction with ECC staff, parents, community members, and other tribal/county support systems in the best interest of the child /family.
7. Must have demonstrated positive experience working with tribal families.
8. Ability to maintain professional relationships with health care providers is required
9. Must have a valid driver's license, vehicle and appropriate vehicle coverage and maintain driver's eligibility as a condition of employment. Be eligible to be put on the tribe's vehicle insurance policy.
10. CPR and First Aid certification or willingness to obtain them is required.
11. The above duties and responsibilities are not an all-inclusive list but rather a general representation of the duties and responsibilities associated with this position. The duties and responsibilities will be subject to change based on organizational needs and/or deemed necessary by the supervisor.

PERSONAL CONTACTS: Collaboration with local and non-local health partners, state, and national collaborating partners, with particular emphasis on networking with parents, extended families, and the Red Cliff Community.

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PHYSICAL REQUIREMENTS: Must be physically able to work with young children, pass an initial health exam with periodic health exams every five years thereafter.

SPECIAL REQUIREMENTS: Must obtain an initial TB test and complete additional TB screenings annually. Must obtain other recommended immunizations including Hepatitis B (or sign waiver). Must attend required trainings such as confidentiality, CPR, SIDS, Shaken Baby, etc. Must attend appropriate staff meetings, Policy Council, and parent meetings as required.

WORK ENVIRONMENT: Red Cliff Early Childhood Center office environment. All Tribal buildings are smoke free.

TRAVEL REQUIREMENTS: Will be required to attend training and meetings both in state and out of state. Home visits within ECC service area as needed.

BEHAVIOR AND ATTITUDE: The vision, goals and objectives of the Red Cliff Band of Lake Superior Chippewa requires that the employee performs in both a professional and personable manner. The manner in which the employee relates to fellow employees, customers and visitors is considered parallel in importance to technical knowledge and ability. Respect and consideration given to the dignity of each customer, visitor and fellow employee is a requisite of successful job performance. Any Behavior or Attitude that tarnishes the Name or Image of the Red Cliff Band of Lake Superior Chippewa will be subject to immediate disciplinary action up to and including termination.

Indian preference will be applied in the case of equally qualified applicants, but all qualified applicants will be considered.

This job description is subject to change at employer's discretion, after consultation with the employee.

APPLICATION SUBMITTAL REQUIREMENTS: The following items are required for this position:

1. Completed Tribal Application, to include work history and references; available on the tribal website.
2. Tribal Background Investigation Disclosure; available on the tribal website.
3. Cover letter and resume.
4. Post-secondary transcripts or certifications; if applicable

POSTED: November 1, 2017

DEADLINE: Open Until Filled

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Red Cliff Tribal Council

FOR FURTHER INFORMATION CONTACT:

Human Resources Department

Red Cliff Tribe

88455 Pike Road, Hwy 13

Bayfield, WI 54814

ashley.poch@redcliff-nsn.gov

(715) 779-3700 ext. 4268

All applicants for employment with the Red Cliff Tribe will be subject to the background investigation and other requirements of RCCL Chapter 43, and are under a continuing obligation to supplement the application for employment with information concerning any convictions that occur after commencement of employment with the Tribe.

All Early Childhood Center employees must submit mandatory criminal background check information to Human Resources Department with application. Per WI Department of Children & Families (DCF) Bureau of Early Care Regulation (BECR) Memo 2014-03, all licensed child care centers must complete a one-time fingerprint-based background check on all employees effective December 31, 2015. Every year thereafter, a name-based background check through the Department of Justice (DOJ) must be conducted annually or following any conviction occurring after commencement of employment.

The Red Cliff Tribe has a Drug-Free Work Place Policy and follows the intent of the Drug-Free Work Place Act. All new employees must be tested prior to starting employment. 45 CFR 1302.90 (b)(6) requires preference be given to qualified current or former parents of Head Start/Early Head Start children as position vacancies occur. Acknowledgement of understanding of job duties, knowledge & qualifications:

THE EMPLOYEE BENEFITS PACKAGE INCLUDES THE FOLLOWING:

1. A Health Insurance Plan which is through the Federal Employee Health Benefits (FEHB). FEHB is offered for both single and family coverage. Employees considered to be full time status will be required to pay 12% of the premium for the plan selected.

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2. The Dental package is through Delta Dental. This benefit is offered at no cost to the employees with single or family medical coverage.
3. Short Term Disability is offered to all employees at no cost and pays 60 % of weekly pay for a maximum of 90 days if you get sick or injured off the job.
4. Life insurance of \$15,000 is included at no cost to all employees. Spouses are covered at \$7,500.00 and children are prorated. Employees can purchase additional life insurance from the plan provider at their own cost.
5. Profit Sharing Plan with a 401(k) component is offered to employees after one year of work, with a minimum of 1000 hours. The Tribe puts 3% of employee's wages into the Profit Sharing Plan.
6. The Tribe also offers General Leave to Full time employees. Employees will accrue 16 hours of General Leave per month and can accumulate up to 192 hours per year. After 5 years of employment, General Leave goes up to 20 hours per month with a maximum of 240 hours.
7. The Tribe observes a total of 12 paid holidays.

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JOB DESCRIPTION

Position:	Residential Night Manager – Security	Status:	non-exempt
Salary:	\$7.50-\$10.00/hr. – DOQ/DOE; plus benefits*	Hours:	Full-time; 40 hrs. per week
Schedule:	8-hr shifts - evenings, weekends	Supervisor(s):	Housing Manager; RCHA Executive Director
Location:	New Hope Supportive Housing Facility		
Dept.:	Housing Services		

***Residency Requirement/Benefit:** Selected candidate will be required to live on-site in a designated manager's unit apartment at the New Hope Housing complex. Rent will be calculated for the selected candidate but will be paid by the Housing Authority as an employee benefit. Candidate must remain employed with RCCHA to maintain occupancy in the identified unit.

SUMMARY

Live-in resident night manager responsible for resident/building safety/security and safeguarding against illegal activity including theft, loitering, trespassing, vandalism and other criminal behavior. Duties include patrolling the premises of residences or buildings to detect suspicious activity, assist tenants, to ensure the safety of the occupants and to protect assets and property.

DUTIES & RESPONSIBILITIES

- Protect property and lives by patrolling RCCHA housing areas (making rounds). Guard against theft and maintain security. Document results of rounds (security/visitor logs/reports), incidents, details of emergencies, unusual circumstances, crisis situations, etc.
- Monitor entrances of New Hope property physically and through surveillance/camera security systems. Inspect and secure all exits, windows and doors.
- Identify visitors and ask for appropriate documents. Stop suspicious people and ask for identification.
- Respond to disturbances, alarms and calls of distress in the New Hope buildings/on-site. Provide crisis intervention as needed. Call for aid/law enforcement as necessary.
- Enforce New Hope house rules. Report rule infractions and violations to Housing Manager/Resident Services Specialist.
- Inspect and adjust security systems, equipment, machinery to ensure operational use and to detect evidence tampering.
- Responds to New Hope tenant requests for assistance.
- Remove trespassers and detain violaters until law enforcement arrives. Act as liaison contact for law enforcement agents.
- Perform housekeeping/light maintenance in New Hope building common areas, offices and restrooms as needed.
- Establish, maintain, and update various logs and books related to custodial and building maintenance.
- Responsible for development and 'championing' of the Neighborhood Watch Program.
- Attend staff meetings; collaborate/assist RCCHA staff as needed.

- Adheres to confidentiality agreement with residents and other professionals. Maintains all resident interactions and relationships on a professional level.
- Other duties as assigned by supervisor.

The above represent the major essential and secondary duties of the position. They are not intended to be all-inclusive, but rather a general representation of the duties/responsibilities associated with this position. The Housing Authority reserves the right to change, reassign, or combine job duties at any time to respond to organizational needs and/or as deemed necessary.

SUPERVISORY AUTHORITY

This position has no supervisory authority.

KNOWLEDGE, SKILLS & ABILITIES (KSA)

To perform this job successfully, an individual must be able to perform each essential duty satisfactorily. The requirements listed below are representative of the knowledge, skill, and/or ability required. Reasonable accommodations may be made to enable individuals with disabilities to perform the essential functions.

- 1) Possess a high level of observation; and have the ability to perform quick assessments of circumstances and/or identify potential safety hazards.
- 2) Possess strong inter-personal and good public relations skills. Must be able to maintain composure in stressful, high pressure situations and have the ability to deal with irate individuals.
- 3) Knowledge of basic house-cleaning and building elements such as breakers, shut off valves, use of fire extinguishers, etc.
- 4) Knowledge of crisis intervention techniques, protocol.
- 5) Self-motivated; ability to work independently under minimal supervision.
- 6) Tech-savvy enough to operate computer and electronic security systems.
- 7) Ability to obtain first-aid and CPR certification.

QUALIFICATIONS/REQUIREMENTS

In addition to the KSAs listed above, we are seeking a candidate who also the following qualifications:

- 1) Must be at least 18 years of age.
- 2) Must have a minimum of a high school diploma or GED.
- 3) Previous background/experience in law enforcement and/or security preferred.
- 4) Physically fit; ability to stand, sit and walk for long periods of time.
- 5) Emotionally stable and mature.
- 6) Previous experience working with Native American/Ojibwe culture and/or diverse populations.
- 7) Must have a valid driver's license, vehicle and appropriate vehicle insurance coverage. Must be eligible to be put on Housing Authority's vehicle insurance policy and maintain driver's eligibility to maintain employment.
- 8) Must pass criminal background checks and drug screenings.

PERSONAL CONTACTS: Nightly contacts with residents of the New Hope housing community, RCHA staff. Recurring, occasional contact with service providers, partners, law enforcement.

PHYSICAL REQUIREMENTS

The physical demands described here are representative of those that must be met by an employee to successfully perform the essential functions of this job. Reasonable accommodations may be made to enable individuals with disabilities to perform the essential functions.

While performing the duties of this job, the employee is regularly required to sit; use hands to finger, handle, or feel; and talk or hear. The employee is occasionally required to stand; walk; reach with hands and arms; climb or balance; and stoop, , bend kneel, crouch, or crawl. The employee must occasionally lift and/or move up to 100 pounds. Specific vision abilities required by this job include ability to adjust focus.

WORK ENVIRONMENT

The work environment characteristics described here are representative of those an employee encounters while performing the essential functions of this job. While performing light maintenance/custodial elements of this job, employee may be exposed to wet or humid conditions; moving mechanical parts, high precarious places (ladders); outside weather conditions; fumes or airborne particles (associated with paint, varnish, floor strippers and other cleaning supplies. The noise level in the work environment during the night shift is usually low. Building is smoke-free. Reasonable accommodations may be made to enable individuals with disabilities to perform the essential functions.

TRAVEL REQUIREMENTS: No travel requirements anticipated for this position.

NOTICES

Indian preference will be applied in the case of equally qualified applicants; but all qualified applicants will be considered.

The Red Cliff Tribal Council has a Drug Free Work Place Policy and the Red Cliff Housing Authority adheres to the intent of the Drug Free Work Place Act. All new hires are subject to a drug test prior to starting employment.

All applicants for employment are subject to a Background Investigation and other requirements of Red Cliff Tribe's RCCL Chapter 43. An employee is under continuing obligation to supplement this application for employment with information concerning any convictions that occur after commencement of employment.

TO APPLY

Submit the following to the identified. Items **MUST** be submitted in your application package to be considered for this position.

SUBMIT:

Fully completed Red Cliff Housing Application
Background Investigation Disclosure/Release
Resume
Educational Transcripts/Training Certs
Cover Letter

SUBMIT TO:

Red Cliff Housing Authority
37645 New Housing Road
Bayfield, WI 54814
FAX: 715-779-5044
ATTN: Tanya Wachsmuth, HR

POSTING: _____
DEADLINE: _____

FOR FURTHER INFORMATION: Contact Tanya Wachsmuth at 715-779-3744, ext. 103 or via email at twachsmuth@redcliffhousing.org

Job Opportunities



2018 SUMMER HOUSEKEEPING STAFF ASSISTANCE

Woodside Cottages of Bayfield Inc*Hospitality Services*

*** SUMMER 2018 *** HOUSEKEEPING STAFF ASSISTANCE Earn \$\$ and have your evenings free all summer long! Where ...

(715) 779-5600 [Website](#) [Directions](#)



Outdoor Leader

Wilderness Inquiry*Hotel, Gaming, Leisure and Travel*

OVERVIEW: Outdoor Leaders are the backbone of our adventures at WI. Outdoor Leaders staff all WI events, from single day...

(612) 676-9400 [Website](#) [Directions](#)



Sea Kayak Guides & Reservations

Trek & Trail*Sports and Recreation*

Trek & Trail is seeking to fill our staff for the 2018 season. Positions are available throughout the company. Paid...

(715) 779-3595 [Website](#) [Directions](#)



Journeyman Level Painter

Distinctive Painting, LLC*Construction, Installation and Mechanical*

Distinctive Painting LLC is seeking an individual to fill a skilled position. We are a high end professional contracting Co....

(715) 209-0770 [Website](#) [Directions](#)

B.R.B. RECYCLING AUTHORITY

BRB Recycling Authority*Government*

B.R.B. Recycling Authority is looking for a person to work on a part-time basis. We need to have help with Saturdays through the...

(715) 779-9720 [Website](#) [Directions](#)





Reservations Assistant

Lost Creek Adventures & Outfitter*Administrative, Support & Clerical*

Seasonal - Full & Part time These are our front line professionals! Responsible for all day to day tasks in...

(715) 953-2223 [Website](#) [Directions](#)



Food Manager, Maintenance, and Repair Staff

Lost Creek Adventures & Outfitter*Sports and Recreation*

The following positions are not full time, so we are either hiring staff part-time or will combine each with one...

(715) 953-2223 [Website](#) [Directions](#)



Sea Kayaking Guides Needed

Lost Creek Adventures & Outfitter*Sports and Recreation*

Seasonal Full & Part-Time, Internships Available. We hire our guides based on who they are just as much as on what...

(715) 953-2223 [Website](#) [Directions](#)

JANUARY 2018

GICHI-MANIDOO-GIIZIS

NITAM ANOKII-GIIZHIGAD	NIIZHOO-GIIZHIGAD	AABITOOSE	NIYYO-GIIZHIGAD	NAANO-GIIZHIGAD
1 ECC CLOSED TRIBAL HOLIDAY	2B OATMEAL, WGR TOAST, BLUEBERRIES SMUFFINS/MILK L PIZZA, CORN, TR FRUIT SALAD S VEGGIE/CCDIP	3B WG KIX, BANANA, YGT S GR CRACKER/PB L HAM/PT SP, WGR BR STICK, PEAS, MANGO S BERRY PARFAIT	4B WG CHEERIOS, PEARS TOAST, PB S CHEESE ITS/ JUICE L WG HAMB HD, CARROT, FR COCKTAIL, CC S NUTRA BAR/MILK	5B SCR EGGS, MUFFIN, ORANGES, YGT S CUCUMBERS/HUMMUS L BBQ CHIX, RICE, GR BEANS, PEACHES S CRACKERS/MILK
8B FR TOAST STIX, BERRIES, YGT S NUTRA BAR/MILK L CHIX WR SOUP, WG BR STIC, SALAD, TR FR S CARROTS/CC DIP	9B OATMEAL SQUARES, CC, PEARS S CHEX MIX/ JUICE L CHILI, CORNBR, CORN, HONEYDEW, YGT S MINI RICE/MILK	10B EGG BURRITO, BA- NANA, YGT, S GR CRACKER/MILK L PORK CHOP, MAC/CHE PEAS, TR FRUIT S SLEEPY BEAR/MILK	11B CORN CHEX, AP- PLES, YGT S WG GOLDFISH/FR CUP L BEEF VEG SP, EGG SAL- AD SAND, MANGO, CARR S CRACKER/PB	12B PANCAKES, BER- RIES, CC S BROCCOLI/CC DIP L CHIX WGHD, GR BEAN, PEACHES, CC S OATMEAL ROUND/MLK
15 MARTIN LUTHER KING DAY ECC/TRIBE CLOSED	16B WG WAFFLE CHEZ/HAM, PEARS, CC S BROCCOLI/CC DIP L KIELBASA SP, MANGO, PEAS, BR STICK, YGT S MUFFIN/MILK	17B HB OATS, BERRIES, CC, WGR TOAST S YGT/BANANA L PIZZA, CORN, PEARS, CC S PB/GR CRACKERS	18B RICE CHEX, ORANG- ES, YGT S MINI RICE CAKE/MILK L CHES BRG, FRIES, TR FR, BROCCOLI S CUCUMBERS/MILK	19B BOILED EGGS, WG TOAST, PB, PEACHES S NUTRA BAR/MILK L CHIX, RICE, GR BEANS, PINEAPPLE, CC S CARROTS/MILK
22B QUICHE' PEARS, CC S RICE CAKE/MILK L SP WGHD, CARROTS, PEARS, YGT S YGT/BERRIES	23B LIFE, APPLESauce, CC, ENG MUFFIN WG S TRAIL MIX/MILK L EGG ROLLS, RICE, MANGO, PEAS S WG GOLDFISH/ JUICE	24B MULTI GR CHEERIOS ORANGES, YGT S CRACKER/CHEESE L HAM, POTATO, CAULI- FLOWER, WG BUN, PINEA S TREES IN THE SNOW	25B OATMEAL, RASBP- ERIES, WGR TOAST, PB S FR CUP/TEDDY GRS L TACOS, APPLES, CORN, FIXINGS S EGG SALAD/CRACKER	SKIM MILK SERVED WITH ALL MEALS 1- YRS WHOLE
29B WG WAFFLES, AP- PLESAUCE, CC S WG GOLDFISH/MILK L BURRITO, RICE, MAN- GO, BROCCOLI S CHEESE IT/PEARS	30B CORNFLAKES, PEACHES, CC, WGR BB S MANGO/CC L TOMATO SP, GR CHEES PINEAPPLE, GR BEANS S GR CRACKER/MILK	31B OMELET, APPLES, YGT, BAGEL S NUTRA BAR/MILK L MAN O CHIX, RICE, M ORANGES, PEAS S EASY APPLECRISP		MENU SUBJECT TO CHANGE

SIGN IN SHEET

EVENT Management

PRESENTER(S) _____

[illegible]