Dressing Warm

As we say good-bye to summer and hello to Fall and Winter, the weather varies daily and is getting a little colder every day. We would like to remind everyone to please dress your child according to the weather because we go outside daily—this is an important part of the programming here. Please send an extra set of clothing (or more) to be kept in the classroom. Please make sure your child has a hat, gloves, jackets, and other gear needed. If you have any questions, please ask your child’s teacher or contact the Family Service staff for support. Miigwech!

Dentals Screens at ECC

Red Cliff Early Childhood Center, in collaboration with the Red Cliff Community Health Center dental department, will have dental screens on October 17th and 24th at the ECC. These screens don’t replace your child’s regular dentist appointments and children are still encouraged to see the dentist as soon as their child gets their first tooth. If you have any questions, feel free to contact Patt Kenote-DePerry (ext. 2556) or Mikayla Topping-Defoe (2555) at 715-779-5030.
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No Head Start Classes on Friday's
Red Cliff Early Childhood Center
2018-2019-Policy Council

Community Rep.
Joanne Peterson
Lisa Hanson

Head Start Reps
Devon Defoe
Rebecca Miller

Early Head Start Rep
Alexis Livingston

Home Base Rep
Shaleena Demirkol
Amaris Andrews-DePerry
Joni, Kelsey, Teresa are having fun getting to know our little waabooz! enjoying being outside watching our little friends and watching the leaves blow in the wind.

Make sure to send warm clothes for we try to go outside everyday! and to sign in and out your children check your mail box!

Enjoying the new season waabooz room
Waatebagaa-giizis

Welcome to the Waabooz Room!

Teresa and Kelsey are so excited to meet our new babies!

Smile          OFTEN
Think          POSITIVELY
Give           THANKS
Laugh          LOUDLY
Love           OTHERS
Dream          BIG

A great year ahead Teresa and Kelsey

WAABOOZ—NEWSLETTER
Dear Parents,

Our first month back at school really flew by. The children are happy to be reunited with their friends.

We had to say giigaawaabamin to Mr. Fred. He decided he needed more time to do other things, so he had to leave his job here. We look forward to meeting our new teacher soon.

We've had fun doing our activities this month, and have more fun things planned for the fall season.

The weather has been getting much cooler, and wet outside. Please send proper outdoor wear, and warm clothes they can change into when we come back inside.

-Miss Maggie and Miss Tina
October 2018
Binaakwe-Giizis
(Falling Leaves Moon)

Makwa News

Boohzoo! Welcome to the month of October. This month we will be focusing on more of our self-help skills. Along with working on using safety scissors at the table. Our theme for the month will be fall/leaves/Halloween. Learning many things about our themes for the month as well. We will also be having some snack time fun making treats with our teachers.

Parent reminders:
Please bring in extra clothing for your

What are we up to?

Mason-Enjoys our new table toys.
Mathias-Enjoys the sensory table.
Layne-Likes doing puzzles at the table.
Ezmae-Likes to play with the music toys.

Anthony-Enjoys playing basketball.
Cynthia-Enjoy playing with playdough.
Felix-Loves using safety scissors to cut paper.
Violet-Loves playing with the dolls in the doll house.

Happy Birthday
Ezmae
October 29th
This month in the Esiban room we will start out by exploring apples. We will be introducing an apple corner, and tasting local homemade apple cider!

Next we will be learning all about fall, the leaves, and all the different things happening in nature as the season changes, thus we will be starting to focus on getting dressed for outside ourselves. So please remember to pack warm clothes as the weather changes please.

We will finish off the month with some pumpkin and Halloween fun.

We will get to feel inside our own pumpkin for the room, and use plastic cookie cutters to make some fun designs on the outside.

Some Ojibwe words we are working on are:

SPOON EMIKWAAN PLEASE DAGA
FORK BADAKA'IGAN THANK YOU MIIGWECH
MORE NAWAJ

Miigwech for sharing your kids with us! Miss Ang & Miss Melissa

Working together to fingerpaint a sensory mural using shaving cream and finger paint.
Agongos Home Base
October Newsletter

Upcoming Events:

October 5th
Socialization @ Red Cliff Health Care Center 10am-Noon

October 9th & 10th
Picture Day @ the ECC

October 17th & 24th
Dental Screens
9am-11am @ the ECC

October 31st
Fall Harvest/Socialization
@ the ECC 9am-Noon

Reminder that if you have not completed hearing and vision screening and your child is 24 months or older please contact your Home Base Teacher to arrange a time to do so!

Miiqwech

Ms. Haley 779-5030 ext. 2536
Ms. Patrice 779-5030 ext. 2537
Ms. Laura 779-5030 ext. 2538
Mashkodebizhiki Class
Boozhoo. We are so excited to be starting a new school year. All of the kids seem to have transitioned well into the new routine and we are looking forward to a very fun and productive year. Thank you to all of our parents for sending extra clothes for your children. Accidents happen and it is helpful to have clothes on hand.

We will be doing a lot of talking about dagwaagi and the special things that come with it in the next month. Be sure to watch backpacks for Thursday summaries of what your child did in school that week. It is a good starting point when asking what they learned about and did. If anyone would like to contribute to our lessons or volunteer time to assist us in exploring our world please give us a call or just stop in.!

We hope you enjoy the cool weather and the beauty and abundance dagwaagi brings with it. Stand back and appreciate how lucky we are to live in such a wonderful place.

Miigwech
Ms. Nadine, Ms. Becca and Ms. J
We have been staying busy in our classroom getting to know each other, learning routines, daily schedule, sharing, being a good friend, helper, and just getting used to being at school. We know it’s getting colder outside these next few months, and we ask for parents to send extra clothes, hats, mittens or gloves, and mud boots because we do play outside when we can.

We will be learning and talking about healthy food choices, exercise, numbers, counting, writing, coloring, and much more for the month of October.

We like to share how important it is to have your child with us everyday, we love having them daily with us!! So Miigwech for sending your child/children to learn everyday, keep it up you all are so AWESOME!!! We look forward to working with you all everyday. **Just a reminder we like phone calls when your child will be absent for the day we do expect a call or message by 9am.**

Miigwech,

Miss Alicia and Miss Sam
Migizi Room

This month has been very busy! The children have been learning how to share, take turns, follow a routine, serve themselves at the table family style, clean up, follow rules that they made, and much more. Please ask your child each day what their favorite part of their day was.

We have been talking about safety, why the leaves are changing color, letters in their names, respect, and families.

Reminders...

You are your child’s first teacher!

Please send your child with a jacket, hat, socks, shoes/boots and gloves (it is getting colder each day)

Please dress your child appropriately for the weather (we go outside daily)

Picture day is October 9th, and 10th

If you have any questions or concerns please let us know 4715-779-5030 ext. 2540

Miss Linda, Miss Diann, and Miss Kathy
Red Cliff Early Childhood Center

SEPTEMBER

Attendance

Special Attendance
Head Start: Francis Haskins
Early Head Start: Ezmae Gordon

Head Start: 49 Children

- Migizi: 9 children
- Maiingan: 13 children
- Mashkodedibizhiki: 9 children

Great Attendance total= 31

Early Head Start: 30 Children

- Waabooz Room is Transitioning in.
- Amik: 5 children
- Makwa: 5 children
- Esiban: 2 children

Great Attendance total= 12

MISSING (SCHOOL) =
MISSING OUT

MAKE SURE YOUR CHILD IS IN SCHOOL EVERY DAY.
The Red Cliff ECC Hosts First Family Night of 2018-2019 School Year

A cozy crowd of nearly 30 parents and presenters came out for Family Night at the ECC. The University of Wisconsin extension food wise Nutrition Educator for Ashland, Bayfield & Iron Counties was present offering healthy choice food alternatives. A member of the dental staff Dr. Sunday attended. Phillip Soulier a medical assistant, and Registered Nurse Sherrie Beirn were in attendance from the Red Cliff Community Health Center. The three of them were also featured presenters at the ECC Family Night. Great information regarding the development of cavities in children 0-5 was shared by our dentist. The health nurses covered some topics that include the yearly timing of required health immunizations and when the immunization should be or can be administered to the ECC children. There was a home base socialization gathering that night as well.

It was also election night for the Policy Council. The Policy Council consists of parents with students at the ECC and community members that have or had students in the program before. The event was held from 5pm-7pm and a dinner served during the first hour while socializing took place amongst those in attendance. Raffle prizes were given away at the end of the event where everyone received a prize.
Red Cliff Early Childhood Center
Policy Council Meeting Minutes
Tuesday July 10th, 2018 @ 1:30 pm
Memengwaa Trailer

Meeting called to order by Joanne @ 1:45 pm

Policy Council Members Present: Joanne Peterson, Rebecca (Becca) Miller, and Shannon Johnson. By phone: Cheri Defoe

Policy Council Members Absent: Melody Hanson, Auna Bresette, Devon Defoe and Johanna Wilson

Others Present: Nicole Boyd, Head Start Director; LaVonne Goslin, Early Head Start Director; Cindy Garrity, Family Services Manager; Jamie Goodlet, Education/Abilities Manager, Don Rosin, Tribal Administrative Liaison

Approval of Agenda
Motion by Becca to approve the agenda, second by Shannon, all in favor, motion carried.

Approval of Minutes
Motion by Becca to approve the June 6th, 2018 minutes, seconded by Shannon, all in favor, motion carried.

Financial reports
Report was given to the policy council and in discussion Nicole talked about fiscal year starting on July 1 and that the budget is in place along with the State Budget. We also received a waiver for

Red Cliff Early Childhood Policies and Procedures Revision
Nicole explained to the Policy Council why the ECC is asking for a revision to 4.6 open-door policy. Legal and Tribal Council have already approved this, now we are looking for action from the policy council. Motion by Shannon to approve Red Cliff Early Childhood Policies and Procedures Revision, second by Becca, all in favor, motion carried.

Education Plan 2018-2019
Jamie presented to the policy council the education plan with very little changes from last years. Page 9 the change would be Home Base is not using Parent as Teachers Curriculum, they are now using Creative Curriculum along with Great Beginning for prenatal. Page 24 in the Analyzing and Respond Action area, this area is not filled in until the last of the check points are completed. Page 26 Home Base has very low numbers since we only had 1 Home Base teacher at the time. It was explained that the data that we receive will help to plan for trainings that may be needed at in serves time. Motion by Becca to approve the Education Plan 2018-2019 with the changes, second by Shannon, all in favor, motion carried.
Program Summary
The Program Summary shows data for almost 1 full year. As of June 30th, the ECC was not fully enrolled by 1, attendance now is still doing very well and we have a waiting list for both Head Start and Early Head Start. Our health department is still working hard at getting information from clinic regarding visits from families and our Family Service department is at 97% completed with gathering their information.

Other
Update to policy council that we are waiting on the 4-K contract to go through legal.

Executive Session:
Motion by Becca to go into executive session at 2:05 pm, second by Shannon, all in favor, motion carried.

Motion by Becca to return to regular session at 2:18 pm, second by Shannon, all in favor, motion carried.

Adjourn
Motion to adjourn at 2:19 pm by Becca, second by Shannon, meeting adjourned.

Joanne M. Peterson (print name)
Policy Council Chairperson or delegate

Joanne M. Peterson (signature)
Policy Council Chairperson or delegate

9/13/18 Date

Minutes taken by Cindy Garrity, Family Services Manager
Annual income guidelines set for school and day care meals

MADISON — Each year, the U.S. Department of Agriculture (USDA) Food and Nutrition Service uses federal poverty information to update income eligibility guidelines for meals served at schools and day care programs.

The income guidelines began July 1 and will remain in effect until June 30, 2019. The guidelines apply to student eligibility for free and reduced-price school meals offered through the National School Lunch or School Breakfast Programs and milk offered through the Special Milk Program as well as to reimburse for meals served in day care centers and family child care homes participating in the Child and Adult Care Food Program.

The guidelines establish that students in a household with annual income that is 130 percent of the federal poverty level, or $32,630 or less for a family of four, qualify for free meals. If that same family has yearly income that is at or below $46,435 (185 percent of federal poverty level) children are eligible for reduced-price meals. The state's participating public and private schools and day care centers typically provide applications for free and reduced-price school meals during registration and in the beginning weeks of the school year. However, applications may be submitted at any time. Only one application is required per household.

"Food served to students contributes directly to the academics of a school or day care program," said State Superintendent Tony Evers. "Our kids can't learn when they are hungry. Wisconsin's dedicated nutrition professionals provide quality, well-balanced meals every school day through the federal school and day care meal programs, building positive relationships around food and nutrition."

(more)
Based on family circumstances, certain groups are automatically eligible to receive meal benefits, with eligibility based on program specifics. Those groups include children and adults who participate in or receive benefits from the following programs: Supplemental Nutrition Assistance Program (SNAP) or FoodShare in Wisconsin, Temporary Assistance for Needy Families (TANF) or Wisconsin Works (W-2) Cash Benefits in Wisconsin, some programs under Medicaid, and Food Distribution Program on Indian Reservations (FDPIR). Foster, homeless, migrant, or runaway children; children who are enrolled in Head Start, an At-Risk after-school center, or an emergency shelter; and adults who are Supplemental Security Income (SSI) or Medicaid participants also are eligible.

All students are eligible to eat school meals in public and private schools that participate in the National School Lunch or School Breakfast programs. To receive the meals for free or reduced-price, parents or guardians complete a form, providing the names and income from all sources for all household members. All information is kept confidential. Most day care centers and all family child care homes that participate in the Child and Adult Care Food Program provide meals to all enrolled participants without any separate charge. Reimbursement to the center or child care home for meals is based on household incomes of those enrolled for care. A list of the day care centers in Wisconsin that participate in the Child and Adult Care Food Program is available online.

The goal of both school-based and child care food programs is to improve the diets of students and young children and increase the opportunity for them to eat a variety of nutritious foods. The meals and snacks served meet nutrition standards set by the USDA.

As an agency administering USDA programs, the Wisconsin Department of Public Instruction is prohibited from discriminating on the basis of race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity. The full USDA nondiscrimination statement can be found on the department's nutrition website.

###

Picture Day Schedule

**October 9th, 2018**

- Head Start
- 8:00—Migizi
- 9:00---Mashko
- 10:00—Maiingan

**HOME BASE: 11:00 AM- 2:00 PM**

**October 10th, 2018**

- Early Head Start
- 8:00-8:30—Waabooz
- 8:30-9:00—Amik
- 9:00-9:30 Makwa
- 9:30-10:00—Esiban

**HOME BASE: 11:00 AM-2:00 PM**
YOU ARE NOT ALONE

Come see us at the
Noojimo’iwin Center

SERVICES AVAILABLE

• Peer Support
  We have two Wisconsin Peer Support Specialists on staff who are willing to listen and inspire you that Recovery is POSSIBLE!!! Peer support want to fill in the gaps for where you may be struggling. Our staff has been there done that and wants to give a helping hand where it is needed. No question is a silly question to ask one of our Peer Support Specialists!

• Volunteers
  We are looking for sober volunteers men and women to come join us and be apart of our new sober community! We can use your input and expertise of how YOU DID IT!

What is the Noojimo’iwin Center?

If you are struggling with addiction and looking for help, if you have a friend or family member struggling with addiction and you are looking for support, information, treatment options or just need someone to talk to, please stop by. Anyone that has been impacted by drug and/or alcohol addiction is welcome and encouraged to come to the drop in center.

The Noojimo’iwin Center is a safe and sober place to be yourself, relax, drink coffee, talk, find support, have fun and be creative. Come see us, as we heal together.

• Socialization
• Peer Support
• Cultural Activities
• Monthly Sober Feast
• Recreation
• Talking Circles
• Job Coaching
• Life Skill Coaching
• Help Finding Medical and Dental Services
• Help Finding Housing
• Kid Friendly
• 12 Step Meetings

You are NOT alone!

37450 Water Tower Rd. Bayfield, WI 54814 Tel 715.779.3508 Charlotte Ext. 2451 Sonia Ext. 2452
Please join us for a

Wellness
Talking Circle
on
Friday afternoons
from 1:30 - 3:30pm
at New Hope

Women and men are welcome!

For more information, please contact
Midge Montano, Behavioral Health Outreach
Specialist at 715-779-3707 ext. 2321.
Noojimo’iwewin We Heal

/services available

Recovery is POSSIBLE!

Check out our calendar and come join us in one of the many events we have in support of a sober lifestyle!

We need healthy community members to come and volunteer their help and gifts to promote sobriety. If you are interested in volunteering please contact Cassie McCray Pre-Juvin Coordinator at (715) 779-3508 Ext. 2450

Noojimo’iwewin Center Activities
Manoominike Giizis * August 2018
Open Monday–Friday 8:00 am–8:00 pm, Saturday 10:30 am–6:30 pm & Sunday: 12:00–5:00 pm

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<td>VRNA 1:00–3:00 pm Wellbriety 6:00–8:00 pm</td>
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Wellbriety Meeting
Wednesdays 6pm
@ Noojimo'iwewin Center
(New Drop-in Center)
37450 Water Tower Rd.
Red Cliff, WI 54814

Everyone is welcome!!!

Any questions please call
Char @ 715-779-3895 x2451
NA Meeting

*Narcotics Anonymous is a nonprofit group of men and women for whom drugs has become a major problem. We are recovering addicts who meet weekly to help each other stay clean. The only requirement is a desire to stop using.

Saturdays at 5pm

Noojimo'iwewin Center (New Drop-in Center)

37450 Water Tower Rd.
Red Cliff WI. 54814

Any questions please call Char @ 715-779-3508 ext. 2451 or 715-209-7009.
Healing our grieving heart

Sharing circle

Wednesday Evenings - 6 to 8 p.m.

Begins September 19, 2018

Mishomis Wellness Center

37390 N. Bradum Road

Permission to grieve in one’s own way without judgement or advice

With the compassion and understanding of others who share your journey of mourning.
ATTENTION

PARENTS

Reminder: DENTAL SCREENS AT ECC

WEDNESDAY – OCTOBER 17TH FROM 9:00 AM – 11:00 AM

AND WEDNESDAY – OCTOBER 24TH 9:00 AM – 10:30 AM

All children will receive a dental screen and fluoride at this time. If you do not want your child to be screened please contact Patt or Mikayla. This procedure will be provided by the Red Cliff Dental Program; as per the Head Start Federal Program Standards.

ANY QUESTIONS PLEASE CALL THE ECC HEALTH OFFICE 715-779-5030

PATT @ EXT. 2556 OR MIKAYLA @ EXT. 2555
Early Childhood Caries Prevention

Children should have their first dental visit by the age of 1, or as early as the first teeth erupt into the mouth. Early dental preventative education can have a positive effect on a patient’s dental health for a lifetime. Dental Bacteria (both good and bad bacteria), can be established in a child’s mouth during the first two years of life. Bacteria levels tend to remain the same for the entire life of the patient. Early preventative education can help guide a patient to a lifetime of good dental health. During an early child dental visit, Dr Sunday will provide the proper education based on your child’s caries risk level and formulate a plan to prevent your child from acquiring the very common disease, Early Childhood Caries.

Red Cliff Pediatric Dentist Provides Interceptive Orthodontics

Dr Sunday, our pediatric dentist can provide this new service (Interceptive Orthodontics) to our community. Interceptive Orthodontics is a phased type of orthodontics. The treatment can correct immediate problems and future issues. In interceptive orthodontics, children are treated at much earlier ages (usually between age 7-11 years old) to take advantage of continuing growth. Malocclusions occur as a result of tooth or jaw misalignment and affect the way you smile, chew, clean your teeth or even the way you feel about your smile. Recent studies have shown that malocclusions left untreated can result in problems as we age, and crowded teeth are much more difficult to brush and floss.

Examples of Interceptive Orthodontic treatment include
- Expansion of the upper jaw to eliminate a crossbite
- Expansion of one or both jaws to create space for overly crowded teeth
- Early removal of specific baby teeth to facilitate the proper eruption of permanent teeth
- Maintaining space for permanent teeth after the premature loss of a baby tooth

Some of the most direct results of interceptive treatment are creating room for crowded, erupting teeth, creating facial symmetry by influencing jaw growth, preserving space for unerupted teeth, expanding the palate to properly position back molars reducing the need for tooth removal.

TO MAKE AN APPOINTMENT FOR AN EARLY CHILD DENTAL VISIT, OR AN INTERCEPTIVE ORTHODONTIC EXAM, CALL 715-779-3096.
October IS
BREAST CANCER
AWARENESS MONTH

The Red Cliff Community Health Center’s Cancer Support Group (CSG), would like to remind you to
“GET IT DONE!”

Native American population are more likely to get breast cancer and a much higher rate than non-native women. Breast cancer does not discriminate. Men can get breast cancer too. Ask your doctor for more information about self-breast exams and mammograms. Early detection/screening is vital for all cancers!

Schedule your mammogram today: call the Red Cliff Community Health Center 715-779-3707 ext 2230

10/18/18 is Indigenous Pink Day! Wear PINK to show your support!

RCCHC CSG
“GET IT DONE!”
CSG meets 3rd Thursdays 5-7 pm at Red Cliff Community Health Center
Mardella, Jenelle, Lorine and Anna

INDIGENOUS PINK
DAY 10.18.18
INDIGENOUS PINK
Parents Connect is an online series designed to support parents in Ashland and Bayfield Counties.

- For parents of kids ages 3-12
- Strengths-based learning, discussion, videos, & more
- Twice monthly; Tuesdays; connect at 1:00 or 6:00pm
- Join live video conference via phone/laptop/computer
  (Or join in-person, call for location and details)

Registration required - Limit 10 per session - Free

To register or learn more, call 715-682-7017 or 715-373-6104

Or Register Online at https://bayfield.uwex.edu/

Fall 2018 Series

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<th>Date</th>
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<td>Sept. 11</td>
<td>Manage Household Stress</td>
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<td>Sept. 25</td>
<td>Gain Cooperation/Reduce Power Struggles</td>
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<td>Oct. 9</td>
<td>Strong Feelings: Tantrums, Anger, Sadness, &amp; More</td>
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<td>Oct. 23</td>
<td>Sibling Conflict</td>
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<td>Nov. 13</td>
<td>Routines: Bedtime, Mornings, Meals, Homework</td>
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<td>Nov. 27</td>
<td>Building Confidence by Building Competence</td>
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<td>Dec. 11</td>
<td>Trouble with Friends and Bullies</td>
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An AA/EEO employer, University of Wisconsin-Extension provides equal opportunities in employment and programming, including Title VI, Title IX and ADA requirements.
Launching young readers!

Reading Rockets

Family Literacy Tips: From A to Z

By: Hamilton Mountain News

Encourage literacy in your home and community. Here are some great tips to start everyone on the road to reading.

Ask your child questions about the story you're reading to ensure comprehension.

Book family time to read with your children every day.

Create a special reading place in your home, with your child's favorite books within reach.

Donate funds to a literacy cause.

Encourage children to read words on TV, street signs, mugs and T-shirts.

Find new stories to read with your children every week. Vary their length and subject matter.

Give your time to read aloud to a child.

Have a child read a book to you.

International Literacy Day is held on September 8 every year. Celebrate the day by picking up a book and reading to a child.

January 27 is Family Literacy Day in Canada and November 1 in the United States. Find out how to create an event in your corner of the world.

Keep teens reading. Give them books, newspaper articles and magazines about things that interest them – music, movies, TV and computers.

Let children count out the change when making a purchase. Reinforce the importance of math in everyday life!

Make every day a learning day. Ask your children to make a shopping list, read recipes together or help them make a calendar of their weekly activities.

Newborns benefit from reading too!

Organize a children's book club with friends in your neighborhood.

Pick one night a week to make a regular visit to the library.
Quiet, cozy reading spaces are good places for your child to read independently.

Remember that children learn by example – if you recognize the importance of reading, your children will too!

Start early! It's never too early to read to your children.

Treat a child to a story a day.

Use reading time to create a special bond with a child.

Volunteer your time. Family literacy groups in your community could use your help with tutoring adults, reading to children and helping out with administrative tasks.

Write a letter.

X-cercise your mind! Reading ability is like a muscle; if you don't exercise it often, you will not maintain the same level of reading ability as you get older. So – "use it or lose it"!

You are the key to improving a child's reading ability by placing a high priority on reading in your home.

Zap off the TV - pick up a book instead!

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Related Topics

Motivation
Parent Tips

"I feel the need of reading, it is a loss to a man not to have grown up among books."

Abraham Lincoln
ATTENTION  ATTENTION  ATTENTION

ALL PARENTS OF CENTER BASED  EARLY HEAD START AND HEAD START CHILDREN

Earlier this this year you signed a Consent Authorizations & Release Form . A part of the form stated: “FOR MY CHILD/ FAMILY TO PARTICIPATE IN AGENCY HEALTH & DEVELOPMENTAL SCREENING AND MENTAL HEALTH OBSERVATIONS AS REQUIRED BY WI STATE LICENSING STANDARDS AND HEAD START PERFORMANCE STANDARDS

By these screens being completed here @ ECC we are covering the 45 day requirement of our Federal Performance Standards.

Some of the screens have taken place with your assistance. The height, weight, vision and hearing screens will be completed here at ECC if possible. Once completed you will get a copy of the completed screens.

THANK YOU PARENTS FOR YOUR SUPPORT, SO ECC CAN PROVIDE ALL THE REQUIREMENTS TO MEET THE HEALTH AND EDUCATIONAL NEEDS OF OUR CHILDREN.

Questions please call : the Health Office 715-779-5030

   Patt @ ext. 2556 or Mikayla @ ext. 2555

BACK TO SCHOOL
Routines

Patterns Children Can Count On

- Repeat actions and events every day, such as washing hands before meals or reading before bed, to add consistency to a child’s day.
- Give children a sense of security and control by making a daily schedule with pictures so children can see what comes next.
- Encourage children to lead the routine, for example, by picking their own clothes (“Pick which socks you’d like to wear today.”) or feeding themselves (“Grab a banana or some grapes to start your breakfast.”).
- Post pictures of daily activities on a clock face so children learn what to expect at different times of day.
- Remind children of what is happening next in the routine to help them transition more easily between activities (“After breakfast, it is time to brush your teeth.”).
- Establish and stick to a routine. Children will argue less when they know what to expect.

Why Routines?
Routines are important because they give children a sense of security and control over their environment. Children learn what to expect at different times of the day. They feel pride and satisfaction when they can participate in and perform these routines.
Routines Build Independence

Preschoolers like to be independent but sometimes they need a parent’s encouragement. Teaching independence through skills like feeding, hand washing, brushing teeth, and dressing are important steps in development that can be achieved when children are taught how to do each step in each routine.

Morning Routines

A key to a smooth morning is preparing the night before—make lunches, pack backpacks, and set out clothes. Make sure you allow enough time that your child can go at their own pace.

Some parents find it helpful to create a morning routine chart with pictures and drawings that remind children what tasks need to be completed. Try to remove distractions such as television and favorite books or toys as it can distract them from what needs to get done.

Following a morning routine helps everyone be on time. It also helps children be healthier, better behaved, and perform better in school.

Bedtime Routines

Preschoolers need 11 to 13 hours of sleep each night to be healthy, behave well, and learn. Establishing a bedtime routine is one way to achieve this. If your child needs to wake up at 7 AM, they need to go to sleep between 6-8 PM.

Be consistent with bedtime routines by starting around the same time each night and going in the same order (e.g. bath, pajamas, brush teeth, read book). Give children gentle reminders before bed-time. Try to encourage calm activities before you start to get them to sleep, such as a bath, books, puzzles, or soothing music. Sometimes the bedtime routine continues after bedtime, such as checking in on a child after a certain amount of time has passed as promised.

UW-Extension Family Living Programs
"Raising Kids, Eating Right, Spending Smart, Living Well"

For more information, please contact your county UW-Extension office:
http://counties.uwex.edu/

Link To References

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Setting Goals for Your Money

A “goal” is a purpose. It’s something to aim for. A goal can point you in the direction you want to take.

A good place to start is thinking about what’s important to you. You can set goals for your health, your habits, your work, your education, or for your family. Once you know your goal, you can decide how to move forward.

What makes a strong goal?
- It says **specifically** what you want.
- It says **when** you want it.
- It says **why** you want it.
- It says **how much** you need.
- It is written down (think about carrying a picture of your goal in your wallet or posting it on the refrigerator).

What if I have a BIG goal?

Big goals can be easier if you break them down into some smaller goals, to be tackled one at a time. As you meet each small step, you will be building confidence, motivation, and a good track record.

When you have a money goal, it’s helpful to think about how long it might take to reach it because not many of us can come up with a pile of money overnight.

- Goals to meet in the next few months are called **short-term goals**. Short-term money goals might be saving for the holidays, opening a bank account, or checking your credit report.
- **Medium-term goals** can take a year or two to meet. They take more patience and planning. Some medium-term money goals might be paying off the car, going back to school, or finding a different place to live.
- A money goal that will take more than a couple of years is a **long-term goal**. Long-term money goals could be having a down payment on a house, saving for a child’s education, or saving for retirement. Long-term goals can be challenging because it’s so easy to put off getting started since “there’s always tomorrow.”
What if I have more goals than money?

To get to your medium and long-term money goals, you may need to give up something you want right now so you can get something even better in the future.

Besides having too many goals at once, other reasons people might not meet their goals are:

- The goal is out of reach for the amount of time and money available
- Another goal took priority
- The goal is too broad or unclear

How can I increase my chances for success?

Think back to something you needed or wanted in the past.

- How did you get there?
- What support did you need?
- Who helped you reach that goal?
- How did it feel when you got there?

Consider what worked for you in the past, what road blocks came up and how you handled them, and what you learned from that experience.

Be sure to reward yourself for success along the way, like when you open a savings account or cut $20 from your spending.

What else do I need to succeed?

Before you set your money goals, it’s helpful to talk about plans, dreams, and values with your family (including your children) and your friends. Having a conversation with those who are close to you can help them understand what you want to do and why. Your friends and family are much more likely to support you if they know why your goals are important to you.

As you include your children in this discussion, this may be a good time to talk with them about needs (things required to live like food, shelter, transportation) and wants (extras that make life more fun and comfortable, or things they’d like to have that aren’t necessary to survive). Needs and wants are different for every person and for every family.

If you begin with the end in mind, you will have a great head start on the goals you want to reach!

To $um It Up:

$ You are more likely to meet your goals when you work on only one or two at a time.
$ Too many goals mean you have less money, less time, and less energy to put toward any of them.
$ Share your goals with family and friends and ask for their support.
$ People who write down their goals are much more likely to reach them.
$ If you don’t plan where you want to go, you may not like where you end up.

For More Information...

Contact your local UW-Extension Family Living Educator for more financial education resources. Go to www.uwex.edu/ces/cfy/ to find your County office.

For help with balancing your monthly spending plan, contact a non-profit Certified Consumer Credit Counselor online at www.debtadvice.org or by calling 800.388.2227.
Grandparent Cafés

FOR GRANDPARENTS RAISING THEIR GRANDCHILDREN

Join us to learn strategies for keeping your family strong. Share the joys and challenges of parenting the second time around.

Coffee, tea and light refreshments provided.

Free! Registration Required!

Tuesdays
October 2, 9, 16, 23 & 30
9:30-11:00 am
Bad River Health & Wellness Center
Childcare available at the Food Sov. Building, 9:15-11:15am

Thursdays
October 4, 11, 18, 25 & November 1
1-2:30 pm
Chequamegon Clinic
2201 Lake Shore Drive E
Ashland, WI

Registration required by Sept 28th, call Ashland County UWEX at: 715-682-7017
Sponsored by: UW-Extension, Ashland County Human Services & Bad River ARC, CST, TANF and Child Care Programs

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Grandparent Cafés

What happens at a Grandparent Café?

During the Grandparent Café series, we discuss themes common to all families, as well as topics specific to raising grandchildren. These include:

- Taking Care of Yourself
- Reducing Household Stress
- Being a Strong Caregiver
- Building Strong Relationships with Your Grandchildren
- Providing Trauma-Informed Care
- Communicating with Adult Children

Grandparent Cafés:

- Provide education and resources for grandparents raising grandchildren.
- Are a fulfilling way for grandparents to talk, to listen, and to support others with stressors, worries and challenges that many have struggled with alone.
- Support grandparents building friendships and a strong network of families who help each other stay strong!

Café themes focus on five “protective factors”:

- Be strong and flexible
- Grandparents need friends
- Being a great caregiver is part natural and part learned
- We all need help sometimes
- Grandparents need to help their grandchildren communicate

Research from the Center for the Study of Social Policy (CSSP) shows that when Protective Factors are present, families are stronger and children have a better chance for positive outcomes.

Questions and/or to register please call the Ashland County UW-Extension office at 715-682-7017.

UW Extension
University of Wisconsin-Extension
2018 Community Baby Welcome

Place: Legendary Waters
Date: Wednesday, October 24, 2018
Time: 5:00 pm - 8:00 pm

Celebrating new Red Cliff Community babies born

September 29, 2017 through

September 29, 2018

Call or email Maxine Babineau to register your baby

mbabineau@redcliffhealth.org OR 715.779.3707 ext. 2247

Please include a picture of your baby, Baby’s full name and Anishinaabe name if preferred, Parent’s Names, Baby’s Birth date, Baby’s Weight and Length and a favorite thing your baby likes or colors you prefer.

NEW this year: Please provide pictures of your families ancestors/elders,
   Ex: grandparents, great-grandparents, etc.

We will be developing a slideshow for the event:

ALL SUBMISSIONS MUST BE RECEIVED NO LATER THAN OCTOBER 10, 2018
COLLEGE is possible!

FREE one-stop services

CLASSES BEGIN THURSDAY, OCTOBER 18th

Tuesday
October 2nd 2018
10:00 a.m. – 3:00 p.m.

The Cabin
37360 State Hwy. 13
Bayfield, WI

Information:
Cody Bigboy-Powless
715 812-1040
cbigboy@lco.edu

Services INCLUDE:
- ADMISSIONS APPLICATION
- ACCUPLACER ASSESSMENT
- FINANCIAL AID – FAFSA
- ACADEMIC ADVISING
- REGISTRATION
- ORDER TEXTBOOKS

Course Offerings INCLUDE:
- General Mathematics
- Basic English
- Introduction to Higher Education
- Introduction to Ojibwe Culture
- College Writing, Research, & Critical Reading
- Fundamentals of Speech
- Native Art – Traditional Techniques

Honor Your Past, Strengthen Your Future
www.lco.edu info@lco.edu 715 634-4790

REFRESHMENTS SERVED
Snacks for Healthy Kids

Kids are experts at snacking

According to a United States Department of Agriculture study, after-school snacks provide about one-third of children's calories. Because children have smaller stomachs, they need the energy and nutrients provided by these mini-meals. However, when high fat, high sugar snack foods are combined with screen time—either TV or computer—instead of active play time, children are likely to gain more weight than they should for optimum health.

Choosing food implies having POWER

Refusing to eat certain foods or demanding to eat others is one way children practice their growing independence. They test values and decide which ones to reject, modify, and adopt. Consequently, doing what everyone else is doing may become more tempting than doing what parents have taught.

The key for parents and caregivers is to strike a balance between providing good nutrition and letting children make independent decisions. One way to do this is by offering a wide variety of foods. Provide food choices that offer a range of taste experiences, such as crunchy, soft, chewy, smooth, hot, cold, sweet, sour, bland, and spicy.

Food should never be used as a reward for good behavior, or withheld as punishment for bad behavior.

Focus on physical activity as well as food

All children benefit from physical activity—walking, riding bikes, or playing together is a great way to build family communication. If your child shows a tendency toward being overweight, encourage more physical activity and less screen time at the television or computer. Do not cut back drastically on food intake.

Children need those nutrients for growth and development.

Distinguish between food facts and myths

Current research does not support claims that sugar and food colors are linked to hyperactivity, criminal behavior, or increased anxiety. However, meal-skipping, especially breakfast, has been shown to harm children's performance in school.
1 Plan snack choices
Offer snacks that fulfill part of the daily recommendation for these food groups:

![MyPlate.gov](ChooseMyPlate.gov)

<table>
<thead>
<tr>
<th>Age</th>
<th>Grains</th>
<th>Veggies</th>
<th>Fruits</th>
<th>Oil</th>
<th>Dairy</th>
<th>Protein</th>
</tr>
</thead>
<tbody>
<tr>
<td>2-6 years</td>
<td>5 oz. equivalent</td>
<td>1½ cups</td>
<td>1½ cups</td>
<td>6 tsp.</td>
<td>2 cups</td>
<td>4 oz. equivalent</td>
</tr>
<tr>
<td>7-13 years</td>
<td>6 oz. equivalent</td>
<td>2½ cups</td>
<td>1½-2 cups</td>
<td>6-8 tsp.</td>
<td>3 cups</td>
<td>5-5½ oz. equivalent</td>
</tr>
<tr>
<td>14-18 years*</td>
<td>6-9 oz. equivalent</td>
<td>2½-3½ cups</td>
<td>2 cups</td>
<td>6-8 tsp.</td>
<td>3 cups</td>
<td>5½-6½ oz. equivalent</td>
</tr>
</tbody>
</table>

Recommended food intake is based on children who get 30 to 60 minutes of moderate activity, such as walking briskly or biking.
*Lower end of range represents the moderately active female while the upper end of the range represents the moderately active male.

2 Encourage label detectives
Help students make smart choices. Have them read the Nutrition Facts label to see how food fits into their plate.

Choose more snacks that have:
- 2 or more grams of fiber
- 10% of the Daily Value for one of the following:
  - Vitamin A
  - Vitamin C
  - Calcium
  - Iron

Choose fewer snacks that have:
- 10% or more of the Daily Value for total fat
- 10% or more of the Daily Value for sodium
- More than 10 to 15 grams of sugar
- Remember that every 4 grams equal 1 teaspoon of sugar.
Yummy help-yourself cupboard snacks

Place these on a shelf in a cupboard that children can reach.

**Fruits**
- 100% fruit roll-ups
- Apple rings, dried
- Apricots, dried
- Banana halves
- Prunes, pitted
- Raisins
- Cranberries, dried
- Pineapple, dried

**Protein**
- Peanut butter
- Roasted soy nuts or pumpkin seeds
- Sunflower seeds

**Grains**
(Choose whole grain options most often; look for whole grain as the first ingredient.)
- Bagel
- Banana bread
- Breadstick
- Bread, whole grain or enriched
- Cereal pieces, low sugar (such as Cheerios®, Chex®, Crispix®)

**Cookies**
- Cornbread
- Crackers (animal, graham, oyster, whole grain)
- English muffin
- Granola, low fat
- Muffins, low fat
- Pita bread
- Popcorn
- Pumpkin bread
- Pretzel, soft
- Raisin bread
- Vanilla wafers
- Whole wheat tortillas

**Chilly help-yourself refrigerator snacks**

Place these snacks in a storage bin or on a shelf in the lower part of the refrigerator so that children can reach them. Also, be sure children have access to water in a cup or bottle.

**Fruits**
- Apple wedges*
- Apple wedges, peeled
- Applesauce
- Apricots, fresh or canned
- Banana chunks
- Fruit slushes
- Fruitsicles, frozen
- Grapes, seedless*
- 100% juice boxes
- Kiwi halves
- Melon pieces
- Nectarine, fresh
- Orange sections
- Tangerine segments
- Peach or pear pieces, fresh or canned in juice
- Pineapple chunks
- Plums, fresh or canned
- Strawberries

**Dairy**
(Choose low-fat milk options most often.)
- Cheese cubes or slices
- String cheese
- Fruit yogurt
- Milk, plain or flavored
- Pudding cups
- Cottage cheese

**Vegetables**
- Baby carrots*
- Cauliflowerettes,* slightly cooked, chilled
- Celery sticks*
- Celery stuffed with peanut butter or cheese*
- Green or red pepper pieces*
- Vegetable juices
- Cherry tomatoes*
- Zucchini pieces*
- Ranch Dip (See page 4)

**Super snacks in seconds**

Here are some examples of how you and your child could combine foods from the two snack stations for a nutritious snack:

- Oatmeal cookies and milk
- Raw vegetables and cheese dip
- Cheese and crackers
- Cottage cheese and fresh fruit
- Raisin bread toast and fruit juice

**Pears or apples, cheese, and milk**

**Hard-cooked egg and cherry tomatoes**

**Fresh fruit with yogurt dip**

**Kabobs made with fruit and cheese**

**String cheese and fruit juice**

**Celery with peanut butter and fruit juice**

**Sliced apple with peanut butter dip and fruit juice**

*Caution: These foods may cause choking in children under the age of 5.

Money saving tip: Make your own easy-to-go snacks by portioning them into small plastic bags or reusable plastic containers.
Banana Smoothie
Make up your own variations using other fruits and juices.
1 small frozen banana, cut in chunks
1/2 cup plain low-fat yogurt
1/4 cup orange juice

Put all ingredients in blender and whirl until smooth. These are fairly thick. Add more liquid if you want them thinner.

Makes two 1/2-cup servings.
Per serving: 125 calories, 7 grams protein, 213 mg calcium, 10 mg vitamin C, 160 mg sodium.

Raisin Banana Mini Muffins™
2 very ripe, medium bananas, peeled
1 egg, beaten
1/3 cup vegetable oil
1 1/2 cups all-purpose flour
1 cup sugar
6 tablespoons unsweetened cocoa powder
1 teaspoon baking soda
1/2 teaspoon salt
1/4 teaspoon baking powder
1/2 cup raisins

Spray muffin pan with cooking spray. Preheat oven to 350° F.

Put bananas into food processor or blender. Secure lid and blend until smooth. Add egg and oil; cover and blend. In mixing bowl, combine flour, sugar, cocoa, baking soda, salt, and baking powder. Add banana mixture, and stir until moistened. Stir in raisins.

Spoon about 1 tablespoon of batter into each muffin pan cup. Bake for 12 to 15 minutes. Cool muffins slightly before removing from pan.

Makes 36 mini-muffins.
Per muffin: 35 calories, 1 gram protein, 2 grams fat, 9 grams carbohydrate, 43 mg sodium, 3 mg cholesterol

Ranch Dip for Veggies™
2/3 cup light sour cream
1/3 cup light mayonnaise
1 tablespoon cider vinegar
1 teaspoon dried dill
1 teaspoon Dijon mustard
Pinch of salt
Pinch of freshly ground black pepper

In a small bowl, whisk together sour cream, mayonnaise, and vinegar until smooth. Add dill, mustard, salt, and pepper. Whisk to blend. Cover and refrigerate up to one week.

Makes four 1/4-cup servings.
Per serving: 104 calories, 1 gram protein, 9 grams fat, 5 grams carbohydrate, 128 mg sodium, 21 mg cholesterol

Mild Salsa Cheese Dip™
1/2 cup mild salsa
1 cup shredded light cheddar cheese
4 ounces light cream cheese
1 to 2 tablespoons ketchup

In a small microwaveable bowl, combine salsa, cheddar cheese, and cream cheese. Microwave on medium for 1 minute or until cheeses are melted. Stir in ketchup until mixture is smooth. Cover and refrigerate up to one week, reheating when served. Good with veggies and crackers.

Makes four 1/4-cup servings.
Per serving: 128 calories, 10 grams protein, 6 grams fat, 6 grams carbohydrate, 615 mg sodium, 19 mg cholesterol

Fruity Parfait™
Create your own variations by using other fruits as desired.
2 cups chopped fresh pineapple or canned pineapple tidbits
1 cup frozen raspberries, thawed
1 cup low-fat vanilla yogurt
1 firm, medium banana, peeled and sliced
1/3 cup chopped dates
1/4 cup sliced almonds

In four glasses, layer pineapple, raspberries, yogurt, banana, and dates. Sprinkle the top with almonds.

Makes four servings.
Per parfait: 258 calories, 6 grams protein, 5 grams fat, 47 grams carbohydrate, 43 mg sodium, 3 mg cholesterol

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Adapted from: Better Food for Kids, Saab, J. and Lindings, D. Robert Rose Inc. Toronto, Ontario 2002

Reprinted with Permission of Dole Food Company, Inc.
BAKE AN APPLE PIE

AT THE NOOJIMO CENTER

OCTOBER 24TH, 2018 @ 1:00p-3:00p
37450 WATER TOWER RD. RED CLIFF, WI 54814

Come join us in making APPLE PIES! We will teach you! Fall isn't the same with warm Apple Pie and Ice Cream!!!
Apple Trail Mix Recipe

Ingredients:

- 1/2 cup Apple Cinnamon Cheerios
- 1/2 cup unsalted dry roasted almonds
- 1/2 cup unsalted dry roasted peanuts
- 1/2 cup unsalted dry roasted cashews
- 1/2 cup dried apple chips, broken into small pieces

Directions:

1. Add all of the ingredients in a medium bowl or sealable bag.
2. Stir or shake until thoroughly mixed.
3. Divide the trail mix between 10 snack bags for an easy snack or a tasty addition to brown bag lunches.
Great Healthy Snacks

- Dry cereal and dried cherries
- Oat-Os, peanuts, raisins and sunflower seeds
- Shredded wheat, low-fat milk and blueberries
- Layered yogurt, granola and strawberries
- Skewered cantaloupe and cheddar cheese cubes
- Air popped popcorn and roasted peanuts
- Banana dipped in peanut butter
- Strawberries dipped in vanilla yogurt
- Clementine and cheese stick
- Applesauce cup and graham crackers
- Hummus and pretzels
- Hummus and baby carrots
- Tortilla with melted cheese (quesadilla)
- Baked potato with shredded Monterey Jack cheese and salsa
- Whole wheat toast with jam
- Toast with peanut butter and banana slices
- English muffin with peanut butter and honey
- Banana or other fruited muffin and 6 oz. milk
- Snap peas and red peppers with cheddar cheese
- Coconut yogurt, pineapple chunks and kiwi slices
- Nuts and dried fruit
- Fresh pineapple with pomegranate seeds and mint
- Half of a sandwich and a 6 ounce glass of 100% fruit juice
- Cheese and whole grain crackers
- Peanut butter and pretzels
- Mini bagel and hard boiled egg
- Red grapes and cheese kabobs
- Pepperoni mini pizza (pita, sauce, sliced green peppers and turkey pepperoni)
- Frozen yogurt popsicle
- All fruit popsicle
- Oatmeal and berries
- Mozzarella and tomato skewers
- Tuna fish salad and crackers
- Tossed salad with cheese cubes and dressing
- Veggies with low fat ranch dressing
- Smoothie made with frozen berries, yogurt and banana
- Celery sticks with peanut butter and raisins
- Melon balls with a dollop of yogurt
- Avocado spread on whole grain crackers
- Whole grain waffle swiped with peanut butter
- Cherry tomatoes and cottage cheese
HUNTER SAFETY EDUCATION
CLASS

WHEN:
TUE., OCT. 30, 2018  600-700PM
TUE., NOV. 6, 2018  600-800PM
WED., NOV. 7, 2018  600-800PM
FRI., NOV. 9, 2018  600-900PM
SAT., NOV. 10, 2018  8AM-2PM

WHERE: RED CLIFF FIRE HALL, 37435 STATE HWY, 13, BAYFIELD, WI.

TO REGISTER: You must pre-register online by going to gowild.wi.gov, and click on the green “get started” tab.

OR

You can contact instructor Lucas Cadotte at 715-209-3872 or at lucas.cadotte@redcliff-nsn.gov with your DNR Customer ID# and contact information.

If you have questions about the course, or any difficulty with sign-up please contact the instructor above.

NOTE: If you under the age of 18, a parent or guardian must attend the first class to complete the registration. The class fee is $10.00. Class fees will be collected in class on Tues., 10/30/2018.

HOMES FOR SALE

Site(s): 37240 Water Tower Road – 3 bedroom, 2 bath home
37250 Water Tower Road – 3 bedroom, 2 bath home

These are modular homes, that will not be moved/relocated. Lease is transferrable to an eligible* buyer.

Pricing: Home without garage - $100,000
Home with garage - $115,000

Financing Terms: Approximate monthly payments are listed below.
$102,050 financed on the $100,000 loan. This rolls in the closing costs (application fee and the origination fee) for the loan.
- 15 years @ 6% interest = $861.16 per month
- 20 years @ 6% interest = $731.12 per month
$100,000 financed (pay the origination and application fee out of your own pocket).
- 15 years @ 6% interest = $843.86 per month
- 20 years @ 6% interest = $716.43 per month

$117,300 financed on the $115,000 loan (rolling in closing costs).
- 15 years @ 6% interest = $989.84 per month
- 20 years @ 6% interest = $840.37
$115,000 financed (pay the origination and application fee out of your own pocket).
- 15 years @ 6% interest = $970.44 per month
- 20 years @ 6% interest = $823.90 per month

*Eligible is defined by RCCL 18.4.2. Contact the Red Cliff Land Office at 715-779-3700 for more information.
*Homeowner’s insurance is required and an annual out-of-pocket cost to the home-owner. It is not escrowed.

Lender
Wisconsin Native Loan Fund
PO Box 580, 705 Peace Pipe Road
Lac du Flambeau, WI 54538
Phone: 715-588-1600 Fax: 715-588-3535

Online Applications: http://winlf.org/lending.php

Occupancy can occur in December 2018; upon approved financing.
Current Openings for the Red Cliff Tribe

**Anishinaabe Language/Culture Coordinator**  
DEADLINE: September 25, 2018 @ 4:00 p.m.

**Dental Assistant**  
DEADLINE: September 27, 2018 @ 4:00 p.m.

**Human Resources Coordinator – LTE**  
DEADLINE: September 27, 2018 @ 4:00 p.m.

**Planning Administrator**  
DEADLINE: September 28, 2018 @ 4:00 p.m.

**Youth Activities Coordinator**  
DEADLINE: October 2, 2018 @ 4:00 p.m.

**Youth Peer Specialist**  
DEADLINE: October 3, 2018 @ 4:00 p.m.

**Parent Peer Specialist/Family Coordinator**  
DEADLINE: October 3, 2018 @ 4:00 p.m.

**Tribal Historic Preservation Office Administrative Assistant**  
DEADLINE: October 3, 2018 @ 4:00 p.m.

**Laboratory Medical Assistant**  
DEADLINE: October 8, 2018 @ 4:00 p.m.

**Farm Technician - LTE**  
DEADLINE: Open Until Filled

**Wiring Technician – LTE Position**  
DEADLINE: Open Until Filled

**2018 Red Cliff Tribal AmeriCorps**  
DEADLINE: Open Until Filled

**Child Care Program Coordinator/Teacher**  
DEADLINE: Open Until Filled

**Tribal Law Enforcement Officer – Part-Time**  
DEADLINE: Open Until Filled

**Elderly Nutrition On Call Assistant Cook**  
DEADLINE: Applications accepted all year

**ECC Substitute Assistant Teacher/Support-Staff**  
DEADLINE: Applications Accepted Year Round

FOR FURTHER INFORMATION CONTACT:  
Red Cliff Band of Lake Superior Chippewa  
Human Resources Department 88455 Pike Road Bayfield, WI 54814  
www.redcliff-nsn.gov  
ashley.poch@redcliff-nsn.gov  (715) 779-3700 ext. 4268
Red Cliff Band of Lake Superior Chippewa Indians

88455 Pike Road
Bayfield, WI 54814
Phone: 715-779-3700 Fax: 715-779-3704
Email: redcliff@redcliff-nsn.gov

JOB DESCRIPTION

POSITION: Child Care Program Coordinator/Teacher

LOCATION: Early Childhood Center (ECC)

SALARY: Negotiable depending on qualifications

SUPERVISOR: To be assigned

THIS IS A NON-EXEMPT PART-TIME POSITION
(28 hours/week starting with possible increase in hours after probationary period and potential for additional hours in Early Head Start and Head Start)

JOB SUMMARY: The Child Care Program Coordinator/Teacher will be responsible for the planning and administration of the Child Care Development Fund (CCDF) grant, including completion of all reporting requirements and providing quarterly reports for the Tribal Council. The Child Care Program Coordinator/Teacher will also be responsible for the planning, and operation of child care services at the Early Childhood Center. Ensure compliance with the State of Wisconsin’s group child care center licensing requirements and Head Start Performance Standards.

DUTIES AND RESPONSIBILITIES:
CCDF Grant Administration
1. Prepare grant applications including budget and any supporting documents or actions required.
2. Monitor the CCDF budget, including revenues and expenditures to ensure stability and compliance.
3. Complete trainings and meetings relevant to CCDF to ensure compliance with applicable tribal, state, and federal regulations, including SIDS/SBS, CANS, CPR.
4. Assist with maintaining current policies and procedures for the ECC and Child Care Program.
5. Complete on-going monitoring and changes as needed.
6. Plan, implement and supervise the Child Care Program at Red Cliff ECC.

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Operation of Child Care Program:
1. Work daily child care schedule with child care teachers from 3- 5 pm Mondays-Fridays, ensuring appropriate adult to child ratios at all times.
2. Regular communication with ECC staff and parents on Child Care programming.
3. Ability to work a flexible schedule to meet the needs of children and families.
4. Maintain child files, including all required documents for compliance.
5. Maintain Child Care Program attendance records for billing purposes.
6. Billing for the Child Care Program, including payment plans and follow up of the WI State Child Care subsidy.
7. Guide families to obtain State and other child care assistance as needed.
8. May be asked to attend *Train the Trainer* Classes in Sudden Infant Death Syndrome, Shaken Baby Syndrome, Child Abuse and Neglect and others applicable.
9. Assist ECC Management staff with annual In-Service.
10. Attend weekly management meetings and ECC all staff meetings.
11. Attending monthly ECC Policy Council meetings when needed.
12. Complete annual Child Count of children 12 and under.
13. Must maintain confidentiality.
14. The above duties and responsibilities are not an all-inclusive list but rather a general representation of the duties and responsibilities associated with this position. The duties and responsibilities will be subject to change based on organizational needs and/or deemed necessary by the supervisor.

SUPERVISORY AUTHORITY: All child care center assistant teachers including evaluations, time sheets, staff meeting, staff file, performance monitoring and professional development.

KNOWLEDGE: Knowledge of the Native American Tribes and the uniqueness of the Red Cliff Community are desirable. Must have knowledge of and experience in child guidance and child development. Knowledge of Ojibwe culture and language.

QUALIFICATIONS:
1. Minimum of high school diploma, HSED or GED required.
2. 6 months experience in a child care setting or related coordinator position is required.
3. Prefer Associate’s degree in Early Childhood Education.
4. Related degrees may be considered based on coursework completed (transcript review required).
5. Applicants can be considered if they have at least one of the following:
   a. Completed a Child Development Associate (CDA) credential.
   b. Completed two non-credit department-approved courses in early childhood education.
   c. Completed two courses for credit in early childhood education or its equivalent from an institution of higher education.
   d. A one-year child care diploma from an institution of higher education.
   e. Are enrolled in a program leading to an Associate or Bachelor degree (must provide documentation of enrollment).
6. Computer skills including email, Excel, Microsoft Word, Publisher and Power point.
7. Budget experience.
8. Supervisory experience.

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9. Experience in communicating effectively with parents, families and co-workers.
10. Must be physically, mentally and emotionally able to provide responsible care for all children including children with disabilities.
11. Must maintain confidentiality.
12. Must have a valid driver’s license, vehicle and appropriate vehicle coverage and maintain driver’s eligibility as a condition of employment. If no insurance, must be able to obtain it within the first 30 days of employment. Be eligible to be put on the tribe’s vehicle insurance policy.

PERSONAL CONTACTS: Daily interaction with Child Care parents.
As needed contact with community members, required collaboration with State and federal, and when needed national Tribal Child Care partners.

PHYSICAL REQUIREMENTS:
The physical demands are representative of those that must be met by an employee to successfully perform the essential functions of this job. Reasonable accommodations may be made to enable individuals with disabilities to perform the essential functions as long as the staff disability does not create an undue risk of injury to any enrolled children in the classroom.

Must be physically able to work with young children (0-5 years old) and must be able to regularly lift and/or move up to forty pounds; twenty pounds overhead and forty pounds from waist to shoulder; occasional lifting of fifty pounds is required and must be able to push/pull up to fifty pounds horizontally.

Required to stand, walk, climb or balance, stoop, kneel, crouch or crawl when working with small children. Required to use hands to finger, handle or feel objects, keyboards, tools or controls, reach with hands and arms, speak and hear, and ability to operate keyboard (computer).

Also required are: five-year health exam, initial TB test and annual TB questionnaire, immunizations including Hepatitis B (or sign waiver), mumps vaccine (or waiver or proof of immunization) and required trainings such as confidentiality, CPR, Shaken Baby Syndrome, Sudden Infant Death (SIDS), etc.

WORK ENVIRONMENT: All tribal buildings are smoke free. Primary work environment is in a 0-5-year-old setting at the Red Cliff Early Childhood Center.

TRAVEL REQUIREMENTS: The ability to travel and attend meetings and trainings; overnight and out of town, both locally & nationally. Attend ECC Policy Council, Tribal Council meetings as directed.

BEHAVIOR AND ATTITUDE: The vision, goals and objectives of the Red Cliff Band of Lake Superior Chippewa requires that the employee performs in both a professional and personable manner. The manner in which the employee relates to fellow employees, customer and visitors is considered parallel in importance to technical knowledge and ability. Respect and consideration given to the dignity of each customer, visitor and fellow employee is a requisite of successful job performance. Any behavior or attitude that tarnishes the name or image of the Red

"The Hub of the Chippewa Nation"
Cliff Band of Lake Superior Chippewa will be subject to immediate disciplinary action up to and including termination.

Indian preference will be applied in the case of equally qualified applicants, but all qualified applicants will be considered.

This job description is subject to change at employer’s discretion, after consultation with the employee.

APPLICATION SUBMITTAL REQUIREMENTS: The following items are required for this position:
1. Completed tribal application, to include work history and references; available on the tribal website.
2. Tribal background investigation disclosure; available on the tribal website.
3. Cover letter and resume.
4. Post-secondary transcripts or certifications; if applicable.

POSTING DATE: May 16, 2018
DEADLINE: Open until filled

FOR FURTHER INFORMATION:
Red Cliff Band Lake Superior Chippewa
Human Resources Department
88455 Pike Road
Bayfield, WI 54814
www.redcliff-nsn.gov
ashley.poch@redcliff-nsn.gov
diane.coolev@redcliff-nsn.gov

(715) 779-3700 Ext. 4268 or 4267

The Red Cliff Tribal Council has a Drug Free Work Place Policy and adheres to the intent of the Drug Free Work Place Act. All new hires are subject to a drug test prior to starting.

All applicants for employment with the Red Cliff Tribe will be subject to the background investigation and other requirements of RCCL Chapter 43, and are under a continuing obligation to supplement this application for employment with information concerning any convictions that occur after commencement of employment with the Tribe.

All Early Childhood Center employees must submit mandatory criminal background check information to Human Resources Department with application. Per WI Department of Children & Families (DCF) Bureau of Early Care Regulation (BECR) Memo 2014-03, all licensed child care center employees must complete a one-time fingerprint-based background check on all employees by December 31, 2015. Every year thereafter, a name-based background check through the Department of Justice (DOJ) must be conducted annually or following any conviction occurring after commencement of employment.

"The Hub of the Chippewa Nation"
The Red Cliff Early Childhood Center has a Drug Free/Smoke Free environmental policy and follows the intent of the Drug Free Work Place Act.

(45) CFR Part 1302.90 (b)(6) A program must consider current and former program parents for employment vacancies for which such parents apply and are qualified.

EMPLOYEE BENEFIT PACKAGE – PART-TIME EMPLOYEES
1. A Health Insurance Plan which is offered through the Federal Employee Health Benefits (FEHB). FEHB is offered for both single and family coverage. Part-time employees will be on a prorated pay status depending on hours worked.
2. The Tribe offers General Leave to part-time employees as stated below:
   - Regular Part-time 30-37 hours/week
   - Regular part-time 20-29 hours/week
   - Vacation/GL – 12 hours/month
   - Illness/GL – 8 hours/month
3. The Tribe observes a total of 11 paid holidays.

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88455 Pike Road
Bayfield, WI 54814
Phone: 715-779-3700  Fax: 715-779-3704
Email: redcliff@redcliff-nsn.gov

Red Cliff Tribal Council

JOB DESCRIPTION

POSITION:  ECC Substitute Assistant Teacher/Support Staff

LOCATION:  Red Cliff Early Childhood Center

WAGE:  $9.00 - $10.00 depending on qualifications

SUPERVISOR:  Program Director

THIS IS AN ON-CALL POSITION

JOB SUMMARY:  Replacement for ECC teacher or support staff and provide a safe, healthy, friendly, caring and nurturing environment for children ages 0-5.

RESPONSIBILITIES:
1.  Must attend confidentiality training and must maintain confidentiality of children/classroom each day.
2.  Must follow ECC and Red Cliff Tribal policies and procedures as introduced during orientation.
3.  Assist teacher or ECC staff member with daily supervision and interaction with children; supervision during meals/snacks/naps; follow ECC Policies & Procedures for best practices with children; praise and reinforce positive behavior.
4.  Assist teachers with facilitation of classroom activities and support children’s self-direction during individual, small and large groups.
5.  Reinforce positive self-image and promote positive self-esteem of all children.
7.  Assist teacher in encouraging independence and self-help skills such as set-up and clean-up at meals, snacks and play time throughout the day.
8.  Eat meals with children and encourage mealtime in a family setting.  Food is never used as a punishment or reward.
9.  Must maintain safety and health practices and regulations when working in kitchen.
10.  The above duties and responsibilities are not an all-inclusive list but rather a general representation of the duties and responsibilities associated with this position.  The duties and responsibilities will be subject to change based on organizational needs and/or deemed necessary by the supervisor.

SUPERVISORY AUTHORITY:  None
**Red Cliff Band of Lake Superior Chippewa Indians**  
88455 Pike Road  
Bayfield, WI 54814  
Phone: 715-779-3700 Fax: 715-779-3704  
Email: redcliff@redcliff-nsn.gov  

**Red Cliff Tribal Council**

**KNOWLEDGE:** Knowledge of Ojibwe language and culture highly desirable; cultural sensitivity required.

**QUALIFICATIONS:**
1. Must be 18 years of age or older.
2. Minimum of high school diploma, HSED or GED required.
3. Complete a minimum of 15 paid *shadow* hours in the classroom and 8 paid *shadow* hours in the kitchen prior to actual subbing at ECC.
4. Preference for an associate’s degree in Early Childhood Education/related field *but not required.*
5. Ability to work cooperatively with staff, parents, community members, and other child support systems in the best interest of children is required.
6. Must pass health examination, obtain required immunizations/vaccines including TB test, Hep B (or waiver); mumps vaccine (or waiver or proof of immunity).
7. Must be physically able to work with young children, including lifting a minimum of 40 pounds; occasional lifting of fifty pounds is required.
8. Must adhere to Early Childhood Center standards of conduct, serving as a positive role model in the community.

**PERSONAL CONTACTS:**  
Collaboration with local, state, and national collaborating partners, with particular emphasis on networking with parents, extended families, and the Red Cliff community.

**PHYSICAL AND SPECIAL REQUIREMENTS:** Must be physically able to work with young children, initial health exam, TB test, immunizations including Hepatitis B (or sign waiver), and required trainings such as confidentiality, CPR, etc.

**WORK ENVIRONMENT:** Primary work environment: classrooms, outdoor play spaces, kitchen. All Tribal Buildings are smoke free.

**TRAVEL REQUIREMENTS:** The ability to travel and attend meetings and trainings; overnight and out of town, both locally & nationally.

**BEHAVIOR AND ATTITUDE:** The vision, goals and objectives of the Red Cliff Band of Lake Superior Chippewa requires that the employee performs in both a professional and personable manner. The manner in which the employee relates to fellow employees, customers and visitors is considered parallel in importance to technical knowledge and ability. Respect and consideration given to the dignity of each customer, visitor and fellow employee is a requisite of

*"The Hub of the Chippewa Nation"*
successful job performance. Any Behavior or Attitude that tarnishes the Image or Name of the Red Cliff Band of Lake Superior Chippewa will be subject to immediate disciplinary action up to and including termination.

Indian preference will be applied in the case of equally qualified applicants, but all qualified applicants will be considered.

APPLICATION SUBMITTAL REQUIREMENTS: The following items are required for this position:
1. Completed Tribal Application, available on the Tribal website.
2. Signed Tribal Background Investigation Disclosure; available on the Tribal website.

This job description is subject to change at employer’s discretion, after consultation with the employee.

POSTING DATE: December 6, 2017
DEADLINE: Applications accepted year round

FOR FURTHER INFORMATION CONTACT:

Red Cliff Band of Lake Superior Chippewa
Human Resources Department
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www.redcliff-nsn.gov
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(715) 779-3700 ext. 4268

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All applicants for employment with the Red Cliff Tribe will be subject to the background investigation and other requirements of RCCL Chapter 43, and are under a continuing obligation to supplement the application for employment with information concerning any convictions that occur after commencement of employment with the Tribe.

"The Hub of the Chippewa Nation"
All Early Childhood Center employees must submit mandatory criminal background check information to Human Resources Department with application. Per WI Department of Children & Families (DCF) Bureau of Early Care (BECR) Memo 2014-03, as of 12-31-16 all licensed child care center employees must complete a one-time fingerprint-based background check on all employees. Every year thereafter, a name-based background check through the Department of Justice (DOJ) must be conducted annually or following any conviction occurring after commencement of employment.

45 CFR 1301.31 requires preference be given to qualified current or former parents of Head Start/Early Head Start children as position vacancies occur.
Job Opportunities

Deckhands & Office Staff needed through October
Apostle Islands Cruises
Sports and Recreation
Come watch the fall colors from Lake Superior! Apostle Islands Cruises is seeking deckhands & office staff to work through...
(715) 779-3925
Website
Directions

Lifeguard
Recreation and Fitness Resources
Sports and Recreation
- Hourly rate depending on experience and schedule/availability - Part-time - Opportunities for raises and potential for growth and advancement...
(715) 779-5408
Website
Directions

Facility Shift Manager
RFR
Facilities, Maintenance and Repair
Facility Shift Managers are responsible for the daily facility operations of the Bayfield Rec Center, including the pool. Duties include...
(715) 779-5408
Website
Directions

Facility Cleaning and Maintenance
Recreation and Fitness Resources
Customer Service
- Starting pay $10.00/hr - Part-time nights and evenings: weekdays 7-11pm and weekends 5-9pm - Opportunities for raises and potential...
(715) 779-5408
Website
Directions

Full and Part Time Job Positions at Brownstone Centre & Sweet Sailing
Sweet Sailing
Customer Service
We are seeking energetic, organized, and confident sales team members for Brownstone Centre and Sweet Sailing. Full and Part Time...
(715) 779-3682
Website
Directions
## OCTOBER 2018

### BINAAKWE GIIZIS

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<td><strong>ECC/TRIBE CLOSED</strong></td>
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<td>L PORK CHOP KRAUT, PEAS, BABYR, MANGO</td>
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<td><strong>WAFFLES, BLUE-BERRIES, CC</strong></td>
<td>30B CHEERIOS, YGT ORANGES, WG ENG MUFFIN</td>
<td>31B PANCAKES, APPLESauce, TRK BACON</td>
<td>26B OATMEAL, BANANAS, WG TOAST</td>
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- **Skim Milk Served with Meals**
- **1 YRS Whole Menu**
- **Subject To Change**