

# Binaakwe-Giizis (Falling Leaves Moon) October 2018

## Red Cliff Education Division Newsletter



### Dressing Warm

As we say good-bye to summer and hello to Fall and Winter, the weather varies daily and is getting a little colder every day. We would like to remind everyone to please dress your child according to the weather because we go outside daily—this is an important part of the programming here. Please send an extra set of clothing (or more) to be kept in the classroom. Please make sure your child has a hat, gloves, jackets, and other gear needed. If you have any questions, please ask your child's teacher or contact the Family Service staff for support. Miigwech!



### Dentals Screens at ECC

Red Cliff Early Childhood Center, in collaboration with the Red Cliff Community Health Center dental department, will have dental screens on October 17th and 24th at the ECC. These screens don't replace your child's regular dentist appointments and children are still encouraged to see the dentist as soon as their child gets their first tooth. If you have any questions, feel free to contact Patt Kenote-DePerry (ext. 2556) or Mikayla Topping-Defoe (2555) at 715-779-5030.



### INSIDE THIS ISSUE

- ECC/Community Event Calendar
- Classroom Updates
- Upcoming Events
- Health/Nutrition
- Mental Health
- Parent Resources
- Family Literacy
- Money Smart
- Adult Education
- Employment Opportunities
- Menu

### SPECIAL POINTS OF INTEREST

- ECC/Tribe Closed Oct. 1st
- Dad's Day Breakfast Oct. 4th
- No school Day Oct. 5th
- ECC Picture Day Oct. 9-10th
- Dental Screens Oct. 17th and 24th
- Mom's Day Breakfast Oct 18th
- ECC Fall Harvest/Home Base Social Oct. 31st. 9-11 at ECC

**EVERY  
SCHOOL DAY  
COUNTS**



# Binaakwe-Giizis (Falling Leaves Moon) October 2018



**School Hours-- 7:45 am. to 3:00 pm.**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 <b>ECC/Tribe Closed Treaty Day</b>	2	3	4 DAD'S DAY Join your child for Breakfast 8:30	5 <b>NO ECC School Day Home Base Social Bayfield Early</b>	6
7	8 Bayfield School Closed	9 ECC Picture Day	10 ECC Picture Day	11	12 EHS SCHOOL DAY	13
14	15	16	17 <i>"Dental Screens"</i>	18 MOM'S DAY Join your child for Breakfast 8:30	19	20
21	22	23	24 <i>"Dental Screens"</i>	25	26 EHS SCHOOL DAY	27
28	29	30 Gate Night	31 ECC Fall Harvest/ Home Base Social			

**No Head Start Classes on Friday's**

# **Red Cliff Early Childhood Center 2018-2019-Policy Council**



**Community Rep.  
Joanne Peterson  
Lisa Hanson**

**Head Start Reps  
Devon Defoe  
Rebecca Miller**

**Early Head Start Rep  
Alexis Livingston**

**Home Base Rep  
Shaleena Demirkol  
Amaris Andrews-DePerry**



Joni, Kelsey, Teresa are having fun getting to know our little waabooz! enjoying being outside watching our little friends and watching the leaves blow in the wind.

Make sure to send warm clothes for we try to go outside everyday! and to sign in and out your children check your mail box!

Enjoying the new season waabooz room

Waatebagaa-giizis

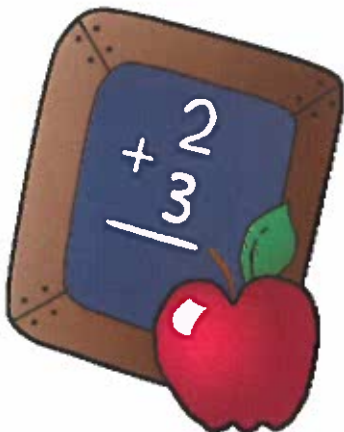
Welcome to the Waabooz Room!

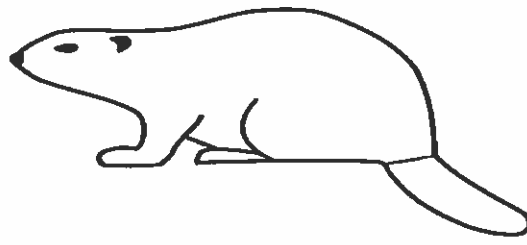
Teresa and Kelsey are so excited to meet our new babies!

Smile	OFTEN
Think	POSITIVELY
Give	THANKS
Laugh	LOUDLY
Love	OTHERS
Dream	BIG

A great year ahead Teresa and Kelsey

WAABOOZ– NEWSLETTER





**Amik**

**October 2018**

**Dear Parents,**

**Our first month back at school really flew by. The children are happy to be reunited with their friends.**

**We had to say giigaawaabamin to Mr. Fred. He decided he needed more time to do other things, so he had to leave his job here. We look forward to meeting our new teacher soon.**

**We've had fun doing our activities this month, and have more fun things planned for the fall season.**

**The weather has been getting much cooler, and wet outside. Please send proper outdoor wear, and warm clothes they can change into when we come back inside.**

**-Miss Maggie and Miss Tina**

Lacie &  
Tiffannie 715-  
779-5030 ext.  
2543 or 2544

# October 2018

## Binaakwe-Giizis

### (Falling Leaves Moon)



## Makwa News

Boohzoo! Welcome to the month of October. This month we will be focusing on more of our self-help skills. Along with working on using safety scissors at the table. Our theme for the month will be fall/leaves/Halloween. Learning many things about our themes for the month as well. We will also be having some snack time fun making treats with our teachers.

### Parent reminders:

Please bring in extra clothing for your

child. Also, please remember to sign your child in and out everyday. Thank you!!

### Ojibwemowin

Table-Adoopowin

Chair-Apabiwin

Wait-Bekaa

Listen-Bizindan

Bear-Makwa

Spoon-Emikwaanens



### **Important Dates:**

- OCT 1st-NO SCHOOL TREATY DAY
- OCT 4th-DADS DAY (JOIN YOUR CHILD FOR BREAKFAST 8:30AM)
- OCT 5th-NO SCHOOL DAY
- OCT 9th-10th-PICTURE DAY
- OCT 17th-DENTAL SCREENS
- OCT 19th-NO SCHOOL DAY
- OCT 24th-DENTAL SCREENS
- OCT 31st-ECC FALL HARVEST/HAPPY HALLOWEEN

## What are we up to?

Mason-Enjoys our new table toys.

Mathias-Enjoys the sensory table.

Layne-Likes doing puzzles at the table.

Ezmae-Likes to play with the music toys.

Anthony-Enjoys playing basketball.

Cynthia-Enjoys playing with playdough.

Felix-Loves using safety scissors to cut paper.

Violet-Loves playing with the dolls in the doll house.

*Happy Birthday*  
*Ezmae*  
*October 29th*

# ESIBAN ROOM

OCTOBER 2018  
BINAAKWE-GIIZIS

## Leaves Falling Moon



This month in the Esiban room we will start out by exploring Apples. We will be introducing an Apple corner, and tasting local homemade APPLE CIDER!!

Next we will be learning all about fall, the leaves, and all the different things happening in nature as the season changes, thus we will be starting to focus on getting dressed for outside ourselves. So please remember to pack warm clothes as the weather changes please.

We will finish off the month with some pumpkin and Halloween fun.

We will get to feel inside our own pumpkin for the room, and use plastic cookie cutters to make some fun designs on the outside.

Some Ojibwe words we are working on are:

SPOON EMIKWAAN PLEASE DAGA  
FORK BADAKA'IGAN THANK YOU MIIGWECH  
MORE NAWAJ

Miigwech for sharing your kids with us! Miss Ang & Miss Melissa



WORKING TOGETHER TO FINGERPAINT A SENSORY MURAL  
USING SHAVING CREAM AND FINGER PAINT.



No School  
Days:

Mon Oct 1st

Fri Oct 5th

Fri Oct 18th



Thurs Oct 4th

\*Dads' Day (Join Your Child  
For Breakfast @ 8:30 am)

Thurs Oct 18th

\*Moms' Day (Join Your Child  
For Breakfast @ 8:30 am)

\*\*\*PICTURE  
DAYS\*\*\*



Tues Oct 9th

Wed Oct 10th

\*\*Dental Screens \*\*

Wed Oct 17th

Wed Oct 24th

\*\*\*\*GATE NIGHT\*\*\*\*

Tues Oct 30th

Wed Oct 31st

ECC FALL  
HARVEST



Agongos Home Base  
*October Newsletter*

**Upcoming Events:**

October 5<sup>th</sup>  
Socialization @ Red Cliff Health  
Care Center 10am-Noon

October 9<sup>th</sup> & 10<sup>th</sup>  
Picture Day @ the ECC

October 17<sup>th</sup> & 24<sup>th</sup>  
Dental Screens  
9am-11am @ the ECC

October 31<sup>st</sup>  
Fall Harvest/Socialization  
@ the ECC 9am-Noon

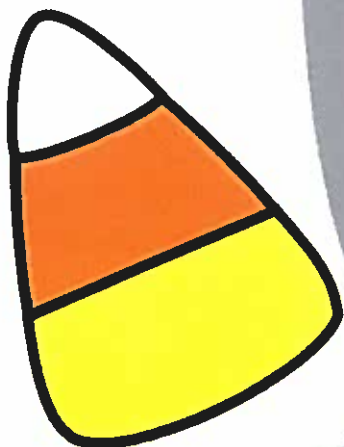


*Mino  
Dagwaagin*



Reminder that if you have  
not completed hearing  
and vision screening and  
your child is 24 months or  
older please contact your  
Home Base Teacher to  
arrange a time to do so!

*Miiqwech*



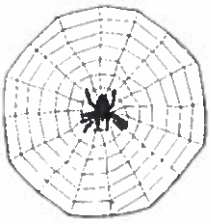
Ms. Haley 779-5030 ext. 2536

Ms. Patrice 779-5030 ext. 2537

Ms. Laura 779-5030 ext. 2538

## Mashkodebizhiki Class

Boozhoo. We are so excited to be starting a new school year. All of the kids seem to have transitioned well into the new routine and we are looking forward to a very fun and productive year. Thank you to all of our parents for sending extra clothes for your children. Accidents happen and it is helpful to have clothes on hand.



We will be doing a lot of talking about dagwaagi and the special things that come with it in the next month. Be sure to watch backpacks for Thursday summaries of what your child did in school that week. It is a good starting point when asking what they learned about and did. If anyone would like to contribute to our lessons or volunteer time to assist us in exploring our world please give us a call or just stop in.!

We hope you enjoy the cool weather and the beauty and abundance dagwaagi brings with it. Stand back and appreciate how lucky we are to live in such a wonderful place.

Miigwech

Ms. Nadine, Ms. Becca and Ms. J



# BIINAAKWE GIIZIS

## MA'IINGAN NEWS!!!

We have been staying busy in our classroom getting to know each other, learning routines, daily schedule, sharing, being a good friend, helper, and just getting used to being at school. We know it's getting colder outside these next few months, and we ask for parents to send extra clothes, hats, mittens or gloves, and mud boots because we do play outside when we can.

We will be learning and talking about healthy food choices, exercise, numbers, counting, writing, coloring, and much more for the month of October.

We like to share how important it is to have your child with us everyday, we love having them daily with us!! So Miigwech for sending your child/ children to learn everyday, keep it up you all are so AWESOME!!! We look forward to working with you all everyday. Just a reminder we like phone calls when your child will be absent for the day we do expect a call or message by 9am.

Miigwech,

Miss Alicia and Miss Sam



### OJIBWE WORDS

BEZHIG = ONE

NIIZH= TWO

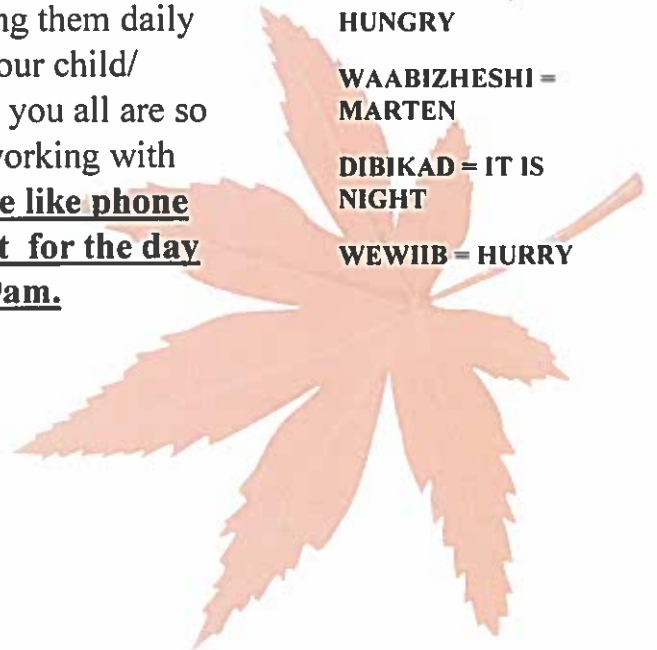
BINAAKWE GIIZIS =  
FALLING LEAVES  
MOON

BAKADE = H/SHE  
HUNGRY

WAABIZHESHI =  
MARTEN

DIBIKAD = IT IS  
NIGHT

WEWIIB = HURRY



## Mígízi Room

This month has been very busy! The children have been learning how to share, take turns, follow a routine, serve themselves at the table family style, clean up, follow rules that they made, and much more. Please ask your child each day what their favorite part of their day was.

We have been talking about safety, why the leaves are changing color, letters in their names, respect, and families.

### Reminders...

You are your child's first teacher!

Please send your child with a jacket, hat, socks, shoes/boots and gloves (it is getting colder each day)

Please dress your child appropriately for the weather (we go outside daily)

Picture day is October 9<sup>th</sup>, and 10<sup>th</sup>

If you have any questions or concerns please let us know 4715-779-5030 ext. 2540

Miss Linda, Miss Diann, and Miss Kathy

# Red Cliff Early Childhood Center



## Attendance

Special Attendance

Head Start: Francis Haskins

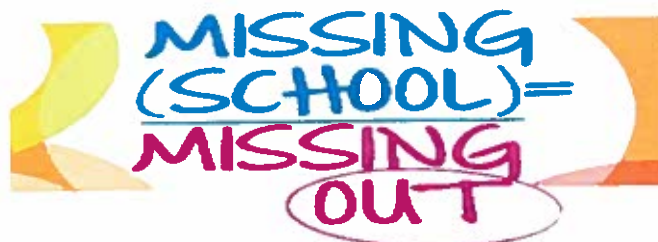
Early Head Start: Ezmae Gordon

### Head Start: 49 Children

Migizi	9 children
Maiingan	13 children
Mashkodebizhiki	<u>9 children</u>
Great Attendance total=	31

### Early Head Start: 30 Children

Waabooz Room is Transitioning in.	
Amik	5 children
Makwa	5 children
Esiban	<u>2 children</u>
Great Attendance total=	12



**MAKE SURE YOUR CHILD  
IS IN SCHOOL EVERY DAY.**



## The Red Cliff ECC Hosts First Family Night of 2018-2019 School Year

A cozy crowd of nearly 30 parents and presenters came out for Family Night at the ECC. The University of Wisconsin extension food wise Nutrition Educator for Ashland, Bayfield & Iron Counties was present offering healthy choice food alternatives. A member of the dental staff Dr. Souday attended. Phillip Soulier a medical assistant, and Registered Nurse Sherrie Beirl were in attendance from the Red Cliff Community Health Center. The three of them were also featured presenters at the ECC Family Night. Great information regarding the development of cavities in children 0-5 was shared by our dentist. The health nurses covered some topics that include the yearly timing of required health immunizations and when the immunization should be or can be administered to the ECC children. There was a home base socialization gathering that night as well.

It was also election night for the Policy Council. The Policy Council consists of parents with students at the ECC and community members that have or had students in the program before. The event was held from 5pm-7pm and a dinner served during the first hour while socializing took place amongst those in attendance. Raffle prizes were given away at the end of the event where everyone received a prize.





**Red Cliff Early Childhood Center  
Policy Council Meeting Minutes  
Tuesday July 10<sup>th</sup>, 2018 @ 1:30 pm  
Memengwaa Trailer**



**Meeting called to order by Joanne @ 1:45 pm**

**Policy Council Members Present:** Joanne Peterson, Rebecca (Becca) Miller, and Shannon Johnson. By phone: Cheri Defoe

**Policy Council Members Absent:** Melody Hanson, Auna Bresette, Devon Defoe and Johanna Wilson

**Others Present:** Nicole Boyd, Head Start Director; LaVonne Goslin, Early Head Start Director; Cindy Garrity, Family Services Manager; Jamie Goodlet, Education/Abilities Manager, Don Rosin, Tribal Administrative Liaison

**Approval of Agenda**

Motion by Becca to approve the agenda, second by Shannon, all in favor, motion carried.

**Approval of Minutes**

Motion by Becca to approve the June 6<sup>th</sup>, 2018 minutes, seconded by Shannon, all in favor, motion carried.

**Financial reports**

Report was given to the policy council and in discussion Nicole talked about fiscal year starting on July 1 and that the budget is in place along with the State Budget. We also received a waiver for

**Red Cliff Early Childhood Policies and Procedures Revision**

Nicole explained to the Policy Council why the ECC is asking for a revision to 4.6 open-door policy. Legal and Tribal Council have already approved this, now we are looking for action from the policy council. Motion by Shannon to approve Red Cliff Early Childhood Policies and Procedures Revision, second by Becca, all in favor, motion carried.

**Education Plan 2018-2019**

Jamie presented to the policy council the education plan with very little changes from last years. Page 9 the change would be Home Base is not using Parent as Teachers Curriculum, they are now using Creative Curriculum along with Great Beginning for prenatal. Page 24 in the Analyzing and Respond Action area, this area is not filled in until the last of the check points are completed. Page 26 Home Base has very low numbers since we only had 1 Home Base teacher at the time. It was explained that the data that we receive will help to plan for trainings that may be needed at in serves time. Motion by Becca to approve the Education Plan 2018-2019 with the changes, second by Shannon, all in favor, motion carried.

### **Program Summary**

The Program Summary shows data for almost 1 full year. As of June 30<sup>th</sup>, the ECC was not fully enrolled by 1, attendance now is still doing very well and we have a waiting list for both Head Start and Early Head Start. Our health department is still working hard at getting information from clinic regarding visits from families and our Family Service department is at 97% completed with gathering their information.

### **Other**

Update to policy council that we are waiting on the 4-K contract to go through legal.

### **Executive Session:**

Motion by Becca to go into executive session at 2:05 pm, second by Shannon, all in favor, motion carried.

Motion by Becca to return to regular session at 2:18 pm, second by Shannon, all in favor, motion carried.

### **Adjourn**

Motion to adjourn at 2:19 pm by Becca, second by Shannon, meeting adjourned.

Joanne M Peterson (print name)  
Policy Council Chairperson or delegate

Joanne M Peterson (signature)  
Policy Council Chairperson or delegate

9/13/18 Date

Minutes taken by Cindy Garrity, Family Services Manager

## News Release

Education Information Services ■ 125 South Webster Street ■ P.O. Box 7841 ■ Madison, WI 53707-7841 ■ (608) 266-3559

FOR IMMEDIATE RELEASE

DPI-NR 2018-70

Wednesday, July 25, 2018

Contact: Tom McCarthy, DPI Communications Director, (608) 266-3559

### Annual income guidelines set for school and day care meals

MADISON — Each year, the U.S. Department of Agriculture (USDA) Food and Nutrition Service uses federal poverty information to update income eligibility guidelines for meals served at schools and day care programs.

The income guidelines began July 1 and will remain in effect until June 30, 2019. The guidelines apply to student eligibility for free and reduced-price school meals offered through the National School Lunch or School Breakfast Programs and milk offered through the Special Milk Program as well as to reimburse for meals served in day care centers and family child care homes participating in the Child and Adult Care Food Program.

The guidelines establish that students in a household with annual income that is 130 percent of the federal poverty level, or \$32,630 or less for a family of four, qualify for free meals. If that same family has yearly income that is at or below \$46,435 (185 percent of federal poverty level) children are eligible for reduced-price meals. The state's participating public and private schools and day care centers typically provide applications for free and reduced-price school meals during registration and in the beginning weeks of the school year. However, applications may be submitted at any time. Only one application is required per household.

"Food served to students contributes directly to the academics of a school or day care program," said State Superintendent Tony Evers. "Our kids can't learn when they are hungry. Wisconsin's dedicated nutrition professionals provide quality, well-balanced meals every school day through the federal school and day care meal programs, building positive relationships around food and nutrition."

(more)

<b>Child Nutrition Income Eligibility Guidelines*</b>		
<i>Annual Household Income At or Below</i>		
<b>Household Size</b>	<b>Free Meals</b>	<b>Reduced- Price</b>
1	\$15,782	\$22,459
2	21,398	30,451
3	27,014	38,443
4	32,630	46,435
5	38,246	54,427
6	43,862	62,419
For Each Additional Household Member, Add	5,616	7,992
* Guidelines are effective from July 1, 2018, to June 30, 2019		

Based on family circumstances, certain groups are automatically eligible to receive meal benefits, with eligibility based on program specifics. Those groups include children and adults who participate in or receive benefits from the following programs: Supplemental Nutrition Assistance Program (SNAP) or FoodShare in Wisconsin, Temporary Assistance for Needy Families (TANF) or Wisconsin Works (W-2) Cash Benefits in Wisconsin, some programs under Medicaid, and Food Distribution Program on Indian Reservations (FDPIR). Foster, homeless, migrant, or runaway children; children who are enrolled in Head Start, an At-Risk after-school center, or an emergency shelter; and adults who are Supplemental Security Income (SSI) or Medicaid participants also are eligible.

All students are eligible to eat school meals in public and private schools that participate in the National School Lunch or School Breakfast programs. To receive the meals for free or reduced-price, parents or guardians complete a form, providing the names and income from all sources for all household members. All information is kept confidential. Most day care centers and all family child care homes that participate in the Child and Adult Care Food Program provide meals to all enrolled participants without any separate charge. Reimbursement to the center or child care home for meals is based on household incomes of those enrolled for care. A list of the day care centers in Wisconsin that participate in the Child and Adult Care Food Program is available online.

The goal of both school-based and child care food programs is to improve the diets of students and young children and increase the opportunity for them to eat a variety of nutritious foods. The meals and snacks served meet nutrition standards set by the USDA.

As an agency administering USDA programs, the Wisconsin Department of Public Instruction is prohibited from discriminating on the basis of race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity. The full USDA nondiscrimination statement can be found on the department's nutrition website.

###

**NOTES:** Additional information is available on the department's Wisconsin Child Nutrition Programs website at <https://dpi.wi.gov/nutrition>. This news release is available electronically at <https://dpi.wi.gov/sites/default/files/news-release/dpinr2018-70.pdf>.

# Picture Day Schedule

You do not  
have to pay  
till pictures are picked up

October 9<sup>th</sup> 2018

Head Start

8:00--Migizi

9:00---Mashko

10:00—Maiingan

HOME BASE : 11:00 AM- 2:00 PM

Octoberr 10th, 2018

Early Head Start

8:00-8:30—Waabooz

8:30-9:00—Amik

9:00-9:30 Makwa

9:30-10:00—Esiban

HOME BASE: 11:00 AM-2:00 PM



# YOU ARE NOT ALONE

## Come see us at the Noojimo'iwewin Center

### SERVICES AVAILABLE

#### • Peer Support

We have two Wisconsin Peer Support Specialists on staff who are willing to listen and inspire you that Recovery is POSSIBLE!!! Peer support want to fill in the gaps for where you may be struggling. Our staff has been there done that and wants to give a helping hand where it is needed. No question is a silly question to ask one of our Peer Support Specialists!

#### • Volunteers

We are looking for sober volunteers men and women to come join us and be apart of our new sober community! We can use your input and expertise of how YOU DID IT!

### What is the Noojimo'iwewin Center?

If you are struggling with addiction and looking for help, if you have a friend or family member struggling with addiction and you are looking for support, information, treatment options or just need someone to talk to, please stop by. Anyone that has been impacted by drug and/or alcohol addiction is welcome and encouraged to come to the drop in center.

The Noojimo'iwewin Center is a safe and sober place to be yourself, relax, drink coffee, talk, find support, have fun and be creative. Come see us, as we heal together.

- ❖ Socialization
- ❖ Peer Support
- ❖ Cultural Activities
- ❖ Monthly Sober Feast
- ❖ Recreation
- ❖ Talking Circles
- ❖ Job Coaching
- ❖ Life Skill Coaching
- ❖ Help Finding Medical and Dental Services
- ❖ Help Finding Housing
- ❖ Kid Friendly
- ❖ 12-Step Meetings

**You are NOT alone!**

Please join us for a  
**Wellness  
Talking Circle**  
on  
**Friday afternoons**  
**from 1:30 - 3:30pm**  
**at New Hope**

**Women and men are welcome!**

For more information, please contact  
**Midge Montano, Behavioral Health Outreach  
Specialist at 715-779-3707 ext. 2321 .**

Red Cliff Band of Lake Superior Chippewa



# Noojimo'iwewin We Heal

## SERVICES AVAILABLE

### SAFE AND SOBER ENVIRONMENT

Need somewhere safe to relax? Or  
Maybe need a breather from life  
stresses? Or a 12 Step meeting?

### PEER SUPPORT

At the Noojimo'iwewin Center we have  
two Certified Peer Specialists who just  
want to help and inspire you that  
Recovery is POSSIBLE!!

### SOBRIETY EVENTS

Check out our calendar and come join us  
in one of the many events we have in  
support of a sober lifestyle!

### WELCOME

We need healthy community members to  
come and volunteer their help and gifts to  
promote sobriety! If you are interested in  
Volunteering please contact:

Cassie McCrow Program Coordinator at  
(715) 779-3508 Ext. 2450



## Noojimo'iwewin Center Activities

### Manoominike Giizis \* August 2018

Open Monday - Friday: 8:00am - 8:00pm, Saturday: 10:00am - 6:30pm & Sunday: 12:00 - 5:00pm



Sun

Mon

Tue

Wed

Thu

Fri

Sat

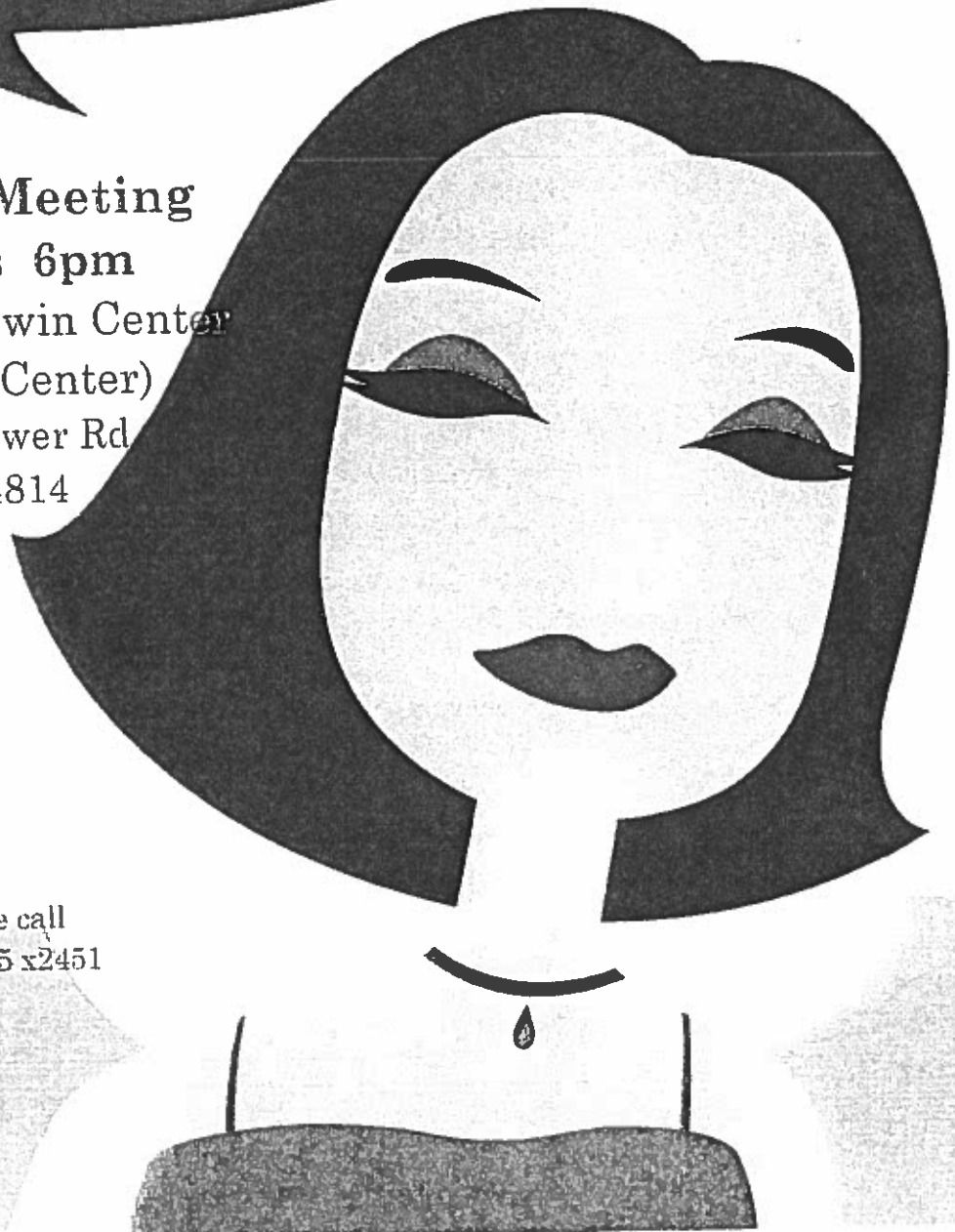
			1 VRNA 1:00 - 3:00pm Wellbriety 6:00 - 8:00pm	2 Arts & Crafts Activities	3 Alcohol Anonymous 6:00-7:00pm	4 Narcotics Anonymous 5:00-6:30pm
5	6 Sharing Circle 5:00 - 7:00pm	7 Cultural Activities	8 VRNA 1:00 - 3:00pm Wellbriety 6:00 - 8:00pm	9 Arts & Crafts Activities	10 Alcohol Anonymous 6:00-7:00pm	11 Narcotics Anonymous 5:00-6:30pm
12	13 Sharing Circle 5:00 - 7:00pm	14 Cultural Activities	15 VRNA 1:00 - 3:00pm Wellbriety 6:00 - 8:00pm	16 Arts & Crafts Activities	17 Alcohol Anonymous 6:00-7:00pm	18 Narcotics Anonymous 5:00-6:30pm
19	20 Sharing Circle 5:00 - 7:00pm	21 Monthly Feast	22 VRNA 1:00 - 3:00pm Wellbriety 6:00 - 8:00pm	23 Arts & Crafts Activities	24 Alcohol Anonymous 6:00-7:00pm	25 Narcotics Anonymous 5:00-6:30pm
26	27 Sharing Circle 5:00 - 7:00pm	28 Cultural Activities	29 VRNA 1:00 - 3:00pm Wellbriety 6:00 - 8:00pm	30 Arts & Crafts Activities	31 Alcohol Anonymous 6:00-7:00pm	

# Wellbriety Meeting is Back!

**Wellbriety Meeting**  
**Wednesdays 6pm**  
@ Noojimo'iwewin Center  
(New Drop-in Center)  
37450 Water Tower Rd  
Red Cliff, WI 54814

Everyone is  
welcome!!!

Any questions please call  
Char @ 715-779-3805 x2451





# NA Meeting

\* Narcotics Anonymous is a nonprofit group of men and women for whom drugs has become a major problem. We are recovering addicts who meet weekly to help each other stay clean. The only requirement is a desire to stop using.

**Saturdays at 5pm**

**Noojimo'iwewin Center (New Drop-in Center)**

37450 Water Tower Rd.

Red Cliff WI. 54814

Any questions please call Char @ 715-779-3508 ext. 2451  
or 715-209-7009.



*Healing our grieving heart*

**Sharing circle**

**Wednesday Evenings - 6 to 8 p.m.**

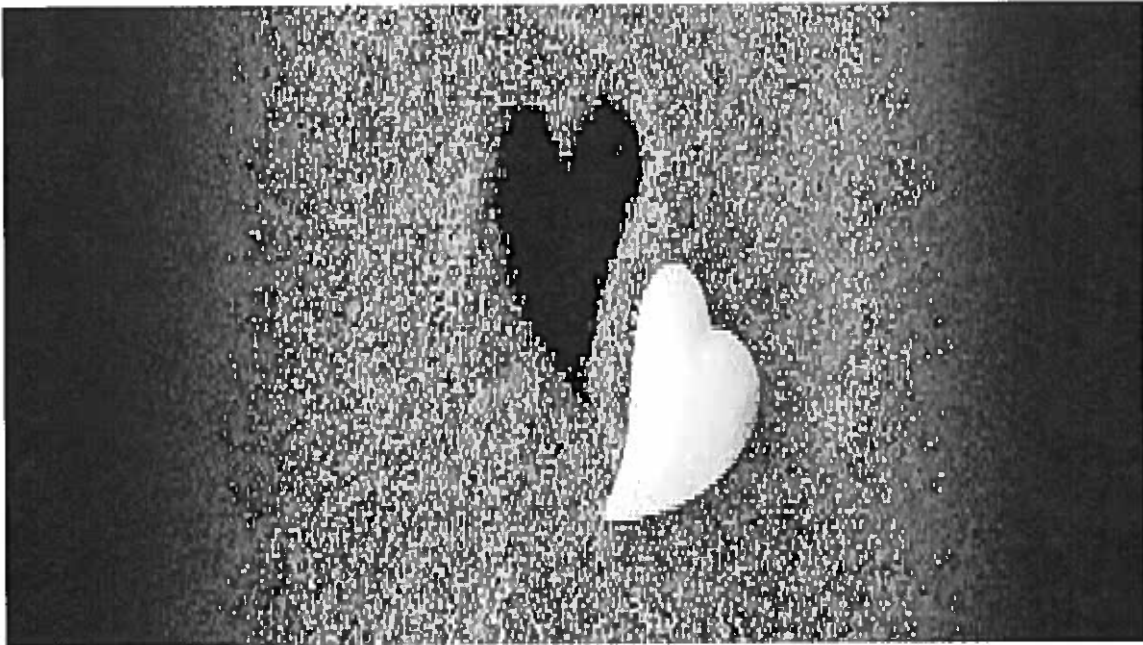
**Begins September 19, 2018**

**Mishomis Wellness Center**

**37390 N. Bradum Road**

**Permission to grieve in one's own way without  
judgement or advice**

**With the compassion and understanding of others who  
share your journey of mourning.**



**ATTENTION**

**PARENTS**



**Reminder: DENTAL SCREENS AT ECC**

**WEDNESDAY – OCTOBER 17 TH FROM 9:00 AM – 11:00 AM**

**AND WEDNESDAY – OCTOBER 24<sup>TH</sup> 9:00 AM – 10:30 AM**

All children will receive a dental screen and fluoride at this time. If you do not want your child to be screened please contact Patt or Mikayla. This procedure will be provided by the Red Cliff Dental Program; as per the Head Start Federal Program Standards.

**ANY QUESTIONS PLEASE CALL THE ECC HEALTH OFFICE 715-779-5030**

**PATT @ EXT. 2556 OR MIKAYLA @ EXT. 2555**





## RED CLIFF COMMUNITY HEALTH CENTER



### Early Childhood Caries Prevention

Children should have their first dental visit by the age of 1, or as early as the first teeth erupt into the mouth. Early dental preventative education can have a positive effect on a patient's dental health for a lifetime. Dental Bacteria (both good and bad bacteria), can be established in a child's mouth during the first two years of life. Bacteria levels tend to remain the same for the entire life of the patient. Early preventative education can help guide a patient to a lifetime of good dental health. During an early child dental visit, Dr Sunday will provide the proper education based on your child's caries risk level and formulate a plan to prevent your child from acquiring the very common disease, Early Childhood Caries.

### Red Cliff Pediatric Dentist Provides Interceptive Orthodontics

Dr Sunday, our pediatric dentist can provide this new service (**Interceptive Orthodontics**) to our community. *Interceptive Orthodontics* is a phased type of orthodontics. The treatment can correct immediate problems and future issues. In interceptive orthodontics, children are treated at much earlier ages (usually between age 7-11 years old) to take advantage of continuing growth. Malocclusions occur as a result of tooth or jaw misalignment and affect the way you smile, chew, clean your teeth or even the way you feel about your smile. Recent studies have shown that malocclusions left untreated can result in problems as we age, and crowded teeth are much more difficult to brush and floss.

Examples of Interceptive Orthodontic treatment include

- Expansion of the upper jaw to eliminate a crossbite
- Expansion of one or both jaws to create space for overly crowded teeth
- Early removal of specific baby teeth to facilitate the proper eruption of permanent teeth
- Maintaining space for permanent teeth after the premature loss of a baby tooth

Some of the most direct results of interceptive treatment are creating room for crowded, erupting teeth, creating facial symmetry by influencing jaw growth, preserving space for unerupted teeth, expanding the palate to properly position back molars reducing the need for tooth removal.

**TO MAKE AN APPOINTMENT FOR AN EARLY CHILD DENTAL VISIT, OR AN INTERCEPTIVE ORTHODONTIC EXAM, CALL 715-779-3096.**

# October IS BREAST CANCER AWARENESS MONTH

The Red Cliff Community Health Center's Cancer Support Group (CSG), would like to remind you to

**"GET IT DONE!"**

Native American population are more likely to get breast cancer and a much higher rate than non-native women.

Breast cancer does not discriminate. Men can get breast cancer too. Ask your doctor for more information about self-breast exams and mammograms. Early detection/screening is vital for all cancers!

Schedule your mammogram today: call the Red Cliff Community Health Center 715-779-3707 ext 2230

10/18/18 is **Indigenous Pink Day!** Wear **PINK** to show your support!

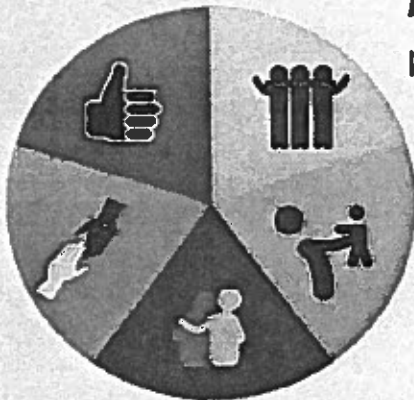


RCCHC CSG  
"GET IT DONE!"  
CSG meets 3<sup>rd</sup> Thursdays 5-7 pm  
at Red Cliff Community Health Center  
Mardella, Jenelle, Lorine and Anna



# PARENTS CONNECT

## Online Parenting Classes



***Parents Connect*** is an online series designed to support parents in Ashland and Bayfield Counties.

- ♦ For parents of kids ages 3-12
- ♦ Strengths-based learning, discussion, videos, & more
- ♦ Twice monthly; Tuesdays; connect at 1:00 or 6:00pm
- ♦ Join live video conference via phone/laptop/computer (Or join in-person, call for location and details)

**Registration required - Limit 10 per session - Free**  
**To register or learn more, call 715-682-7017 or 715-373-6104**  
**Or Register Online at <https://bayfield.uwex.edu/>**

### Fall 2018 Series

<b>Sept. 11</b>	Manage Household Stress
<b>Sept. 25</b>	Gain Cooperation/Reduce Power Struggles
<b>Oct. 9</b>	Strong Feelings: Tantrums, Anger, Sadness, & More
<b>Oct. 23</b>	Sibling Conflict
<b>Nov. 13</b>	Routines: Bedtime, Mornings, Meals, Homework
<b>Nov. 27</b>	Building Confidence by Building Competence
<b>Dec. 11</b>	Trouble with Friends and Bullies



*Launching young readers!*

# Reading Rockets

## Family Literacy Tips: From A to Z

By: [Hamilton Mountain News](#)



Encourage literacy in your home and community. Here are some great tips to start everyone on the road to reading.

Ask your child questions about the story you're reading to ensure comprehension.

Book family time to read with your children every day.

Create a special reading place in your home, with your child's favorite books within reach.

Donate funds to a literacy cause.

Encourage children to read words on TV, street signs, mugs and T-shirts.

Find new stories to read with your children every week. Vary their length and subject matter.

Give your time to read aloud to a child.

Have a child read a book to you.

International Literacy Day is held on September 8 every year. Celebrate the day by picking up a book and reading to a child.

January 27 is Family Literacy Day in Canada and November 1 in the United States. Find out how to [create an event](#) in your corner of the world.

Keep teens reading. Give them books, newspaper articles and magazines about things that interest them – music, movies, TV and computers.

Let children count out the change when making a purchase. Reinforce the importance of math in everyday life!

Make every day a learning day. Ask your children to make a shopping list, read recipes together or help them make a calendar of their weekly activities.

Newborns benefit from reading too!

Organize a children's book club with friends in your neighborhood.

Pick one night a week to make a regular visit to the library.

Quiet, cozy reading spaces are good places for your child to read independently.

Remember that children learn by example – if you recognize the importance of reading, your children will too!

Start early! It's never too early to read to your children.

Treat a child to a story a day.

Use reading time to create a special bond with a child.

Volunteer your time. Family literacy groups in your community could use your help with tutoring adults, reading to children and helping out with administrative tasks.

Write a letter.

Exercise your mind! Reading ability is like a muscle, if you don't exercise it often, you will not maintain the same level of reading ability as you get older. So – "use it or lose it"!

You are the key to improving a child's reading ability by placing a high priority on reading in your home.

Zap off the TV - pick up a book instead!

Adapted and excerpted with permission from [Brabant Newspapers](#)

## Reprints

You are welcome to print copies for non-commercial use, or a limited number for educational purposes, as long as credit is given to Reading Rockets and the author(s). For commercial use, please contact the author or publisher listed.

## Related Topics

[Motivation](#)

[Parent Tips](#)

"I feel the need of reading. It is a loss to a man not to have grown up among books." —

Abraham Lincoln

**ATTENTION ATTENTION ATTENTION**  
**ALL PARENTS OF CENTER BASED EARLY HEAD**  
**START AND HEAD START CHILDREN**

Earlier this this year you signed a Consent Authorizations & Release Form . A part of the form stated: "FOR MY CHILD/ FAMILY TO PARTICIPATE IN AGENCY HEALTH & DEVELOPMENTAL SCENING AND MENTAL HEALTH OBSERVATIONS AS REQUIRED BY WI STATE LICENSING STANDARDS AND HEAD START PERFORMANCE STANDARDS

By these screens being completed here @ ECC we are covering the 45 day requirement of our Federal Performance Standards.

Some of the screens have taken place with your assistance. The height, weight, vision and hearing screens will be completed here at ECC if possible. Once completed you will get a copy of the completed screens.

**THANK YOU PARENTS FOR YOUR SUPPORT, SO ECC CAN PROVIDE ALL THE REQUIRMENTS TO MEET THE HEALTH AND EDUCATIONAL NEEDS OF OUR CHILDREN.**

Questions please call : the Health Office 715-779-5030

**Patt @ ext. 2556 or Mikayla @ ext. 2555**



# Routines

[fyi.uwex.edu/parentingthepreschooler/](http://fyi.uwex.edu/parentingthepreschooler/)

## Patterns Children Can Count On

- Repeat actions and events every day, such as washing hands before meals or reading before bed, to add consistency to a child's day.
- Give children a sense of security and control by making a daily schedule with pictures so children can see what comes next.
- Encourage children to lead the routine, for example, by picking their own clothes ("Pick which socks you'd like to wear today.") or feeding themselves ("Grab a banana or some grapes to start your breakfast.").
- Post pictures of daily activities on a clock face so children learn what to expect at different times of day.
- Remind children of what is happening next in the routine to help them transition more easily between activities ("After breakfast, it is time to brush your teeth.")
- Establish and stick to a routine. Children will argue less when they know what to expect.



Photograph by Nancy Munoz

## Why Routines?

Routines are important because they give children a sense of security and control over their environment. Children learn what to expect at different times of the day. They feel pride and satisfaction when they can participate in and perform these routines.

# Routines Build Independence

Preschoolers like to be independent but sometimes they need a parent's encouragement. Teaching independence through skills like feeding, hand washing, brushing teeth, and dressing are important steps in development that can be achieved when children are taught how to do each step in each routine.

Skills children learn from routines include: self-control, positive behaviors, and social skills.



## Morning Routines

A key to a smooth morning is preparing the night before—make lunches, pack backpacks, and set out clothes. Make sure you allow enough time that your child can go at their own pace.

Some parents find it helpful to create a morning routine chart with pictures and drawings that remind children what tasks need to be completed. Try to remove distractions such as television and favorite books or toys as it can distract them from what needs to get done.

Following a morning routine helps everyone be on time. It also helps children be healthier, better behaved, and perform better in school.

## Bedtime Routines

Preschoolers need 11 to 13 hours of sleep each night to be healthy, behave well, and learn. Establishing a bedtime routine is one way to achieve this. If your child needs to wake up at 7 AM, they need to go to sleep between 6-8 PM.

Be consistent with bedtime routines by starting around the same time each night and going in the same order (e.g. bath, pajamas, brush teeth, read book). Give children gentle reminders before bedtime. Try to encourage calm activities before you start to get them to sleep, such as a bath, books, puzzles, or soothing music. Sometimes the bedtime routine continues after bedtime, such as checking in on a child after a certain amount of time has passed as promised.

## UW-Extension Family Living Programs

"Raising Kids, Eating Right, Spending Smart, Living Well"



For more information, please contact your county UW-Extension office:

<http://counties.uwex.edu/>

[Link To References](#)

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# MONEY \$MART

in Head Start 

Issue 1



## In This Issue

- What makes a strong goal?
- What if I have a BIG goal?
- How can I increase my chances for success?
- For More Information
- To Sum It Up

## Setting Goals for Your Money

A “goal” is a purpose. It’s something to aim for. A goal can point you in the direction you want to take.

A good place to start is thinking about what’s important to you. You can set goals for your health, your habits, your work, your education, or for your family. Once you know your goal, you can decide how to move forward.

---

### What makes a strong goal?

- It says *specifically* what you want.
  - It says **when** you want it.
  - It says **why** you want it.
  - It says **how much** you need.
  - It is **written down** (think about carrying a picture of your goal in your wallet or posting it on the refrigerator).
- 

### What if I have a BIG goal?

Big goals can be easier if you break them down into some smaller goals, to be tackled one at a time. As you meet each small step, you will be building confidence, motivation, and a good track record.

When you have a money goal, it’s helpful to think about how long it might take to reach it because not many of us can come up with a pile of money overnight.

- Goals to meet in the next few months are called **short-term goals**. Short-term money goals might be saving for the holidays, opening a bank account, or checking your credit report.
- **Medium-term goals** can take a year or two to meet. They take more patience and planning. Some medium-term money goals might be paying off the car, going back to school, or finding a different place to live.
- A money goal that will take more than a couple of years is a **long-term goal**. Long-term money goals could be having a down payment on a house, saving for a child’s education, or saving for retirement. Long-term goals can be challenging because it’s so easy to put off getting started since “there’s always tomorrow.”

## What if I have more goals than money?

To get to your medium and long-term money goals, you may need to give up something you want right now so you can get something even better in the future.

Besides having too many goals at once, other reasons people might not meet their goals are:

- The goal is out of reach for the amount of time and money available
- Another goal took priority
- The goal is too broad or unclear

## How can I increase my chances for success?

Think back to something you needed or wanted in the past.

- How did you get there?
- What support did you need?
- Who helped you reach that goal?
- How did it feel when you got there?

Consider what worked for you in the past, what road blocks came up and how you handled them, and what you learned from that experience.

Be sure to reward yourself for success along the way, like when you open a savings account or cut \$20 from your spending.

## What else do I need to succeed?

Before you set your money goals, it's helpful to talk about plans, dreams, and values with your family (including your children) and your friends. Having a conversation with those who are close to you can help them understand what you want to do and why. Your friends and family are much more likely to support you if they know why your goals are important to you.

As you include your children in this discussion, this may be a good time to talk with them about **needs** (things required to live like food, shelter, transportation) and **wants** (extras that make life more fun and comfortable, or things they'd like to have but that aren't necessary to survive). Needs and wants are different for every person and for every family.

---

*If you begin with the end in mind, you will have a great head start on the goals you want to reach!*

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### For More Information...

Contact your local UW-Extension Family Living Educator for more financial education resources. Go to [www.uwex.edu/ces/cty/](http://www.uwex.edu/ces/cty/) to find your County office.

For help with balancing your monthly spending plan, contact a non-profit Certified Consumer Credit Counselor online at [www.debtadvice.org](http://www.debtadvice.org) or by calling 800.388.2227.

### To \$um It Up:

- \$ You are more likely to meet your goals when you work on only *one* or *two* at a time.
- \$ Too many goals mean you have less money, less time, and less energy to put toward any of them.
- \$ Share your goals with family and friends and ask for their support.
- \$ People who write down their goals are much more likely to reach them.
- \$ If you don't plan where you want to go, you may not like where you end up.

"Money Smart in Head Start" is provided by UW-Extension Family Living as part of the Head Start Financial Capability Project funded through the Annie E. Casey Foundation and reviewed by Peggy Olive, Financial Capability Specialist, UW-Madison/Extension. Authored by Sarah Siegel, Family Living Educator, UW-Extension Wood County, University of Wisconsin, U.S. Department of Agriculture and Wisconsin counties cooperating. Copyright © 2015 by the Board of Regents of the University of Wisconsin System doing business as the division of Cooperative Extension of the University of Wisconsin-Extension. All rights reserved. An EEO/Affirmative Action employer, the University of Wisconsin-Extension provides equal opportunities in employment and programming, including Title IX and ADA requirements.



# Grandparent Cafés

FOR GRANDPARENTS RAISING THEIR  
GRANDCHILDREN

Join us to learn strategies for  
keeping your family strong. Share  
the joys and challenges of parenting  
the second time around.

Coffee, tea and light refreshments  
provided.

Free! Registration Required!

Registration required by Sept 28<sup>th</sup>, call Ashland County  
UWEX at: 715-682-7017

Sponsored by: UW-Extension, Ashland County Human Services &  
Bad River ARC, CST, TANF and Child Care Programs

## TUESDAYS

October 2, 9, 16,  
23 & 30

9:30-11:00 am

Bad River Health &  
Wellness Center

Childcare available at the Food Sov.  
Building, 9:15-11:15am



## THURSDAYS

October 4, 11, 18, 25 &  
November 1

1-2:30 pm

Chequamegon Clinic  
2201 Lake Shore Drive E  
Ashland, WI

**UW**  
**Extension**  
University of Wisconsin-Extension

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# Grandparent Cafés

## What happens at a Grandparent Café?

During the Grandparent Café series, we discuss themes common to all families, as well as topics specific to raising grandchildren. These include:

- ⇒ Taking Care of Yourself
- ⇒ Reducing Household Stress
- ⇒ Being a Strong Caregiver
- ⇒ Building Strong Relationships with Your Grandchildren
- ⇒ Providing Trauma-Informed Care
- ⇒ Communicating with Adult Children

### Grandparent Cafés:

- ⇒ Provide education and resources for grandparents raising grandchildren.
- ⇒ Are a fulfilling way for grandparents to talk, to listen, and to support others with stressors, worries and challenges that many have struggled with alone.
- ⇒ Support grandparents building friendships and a strong network of families who help each other stay strong!

### Café themes focus on five “protective factors”:

- ⇒ Be strong and flexible
- ⇒ Grandparents need friends
- ⇒ Being a great caregiver is part natural and part learned
- ⇒ We all need help sometimes
- ⇒ Grandparents need to help their grandchildren communicate

Research from the Center for the Study of Social Policy (CSSP) shows that when Protective Factors are present, families are stronger and children have a better chance for positive outcomes.

Questions and/or to register please call the Ashland County UW-Extension office at 715-682-7017.

**UW**  
**Extension**  
University of Wisconsin-Extension

*The Red Cliff Community Health Center's Zaagichigaaazowin Home Visiting*

# 2018 Community Baby Welcome

**Place: Legendary Waters**

**Date: Wednesday, October 24, 2018**

**Time: 5:00 pm - 8:00pm**

Celebrating new Red Cliff Community babies born

**September 29, 2017 through**

**September 29, 2018**

Call or email Maxine Babineau to register your baby

[mbabineau@redcliffhealth.org](mailto:mbabineau@redcliffhealth.org) OR 715.779.3707 ext. 2247

Please include a picture of your baby, Baby's full name and Anishinaabe name if preferred, Parent's Names, Baby's Birth date, Baby's Weight and Length and a favorite thing your baby likes or colors you prefer.

**NEW this year: Please provide pictures of your families ancestors/elders,  
Ex: grandparents, great-grandparents, etc.**

**We will be developing a slideshow for the event:**

**ALL SUBMISSIONS MUST BE RECEIVED NO LATER THAN OCTOBER 10 , 2018**



# COLLEGE *is possible!*

**FREE one-stop services**

**CLASSES BEGIN THURSDAY, OCTOBER 18<sup>th</sup>**

*Tuesday*  
**October 2nd** 2018  
**10:00 a.m. – 3:00 p.m.**

**The Cabin**

37360 State Hwy. 13  
Bayfield, WI

**Information:**

**Cody Bigboy-Powless**  
715 812-1040  
cbigboy@lco.edu

*REFRESHMENTS SERVED*

Services **INCLUDE:**

ADMISSIONS APPLICATION  
ACCUPLACER ASSESSMENT  
FINANCIAL AID – FAFSA  
ACADEMIC ADVISING  
REGISTRATION  
ORDER TEXTBOOKS

Course Offerings **INCLUDE:**

General Mathematics  
Basic English  
Introduction to Higher Education  
Introduction to Ojibwe Culture  
College Writing, Research, & Critical Reading  
Fundamentals of Speech  
Native Art – Traditional Techniques



**Honor Your Past, Strengthen Your Future**

[www.lco.edu](http://www.lco.edu)

[info@lco.edu](mailto:info@lco.edu)

715 634-4790

# Snacks for Healthy Kids

## Smart Snack Strategies

### 1 Plan snacks as part of daily food choices

- Provide snack choices from several food groups
- Schedule regular snack times and amounts; don't let children nibble constantly during the day (more on page 2)

### 2 Encourage label detectives

- Limit convenience-type snacks that are high in sugar, fat, and salt and use excessive packaging (more on page 2)

### 3 Create snack stations

- Package your own ready-to-go snacks
- Allow children to make their own snacks (more on page 3)

### 4 Provide chef-in-training opportunities

- Let youngsters help pick out fruits, vegetables, and cheeses when shopping
- Include children in snack food preparation
- Use snacks to introduce new foods (more on page 4)

### Bottom line

Healthy snacks supply energy and help meet a child's daily nutrition requirement. Do-it-yourself snacks help children practice independence.

## Kids are experts at snacking

According to a United States Department of Agriculture study, after-school snacks provide about one-third of children's calories. Because children have smaller stomachs, they need the energy and nutrients provided by these mini-meals. However, when high fat, high sugar snack foods are combined with screen time—either TV or computer—instead of active play time, children are likely to gain more weight than they should for optimum health.

## Choosing food implies having POWER

Refusing to eat certain foods or demanding to eat others is one way children practice their growing independence. They test values and decide which ones to reject, modify, and adopt. Consequently, doing what everyone else is doing may become more tempting than doing what parents have taught.

The key for parents and caregivers is to strike a balance between providing good nutrition and letting children make independent decisions. One way to do this is by offering a wide variety of foods. Provide food choices that offer a range of taste experiences, such as crunchy, soft, chewy, smooth, hot, cold, sweet, sour, bland, and spicy.

Food should never be used as a reward for good behavior, or withheld as punishment for bad behavior.

## Focus on physical activity as well as food

All children benefit from physical activity—walking, riding bikes, or playing together is a great way to build family communication. If your child shows a tendency toward being overweight, encourage more physical activity and less screen

time at the television or computer. Do not cut back drastically on food intake. Children need those nutrients for growth and development.

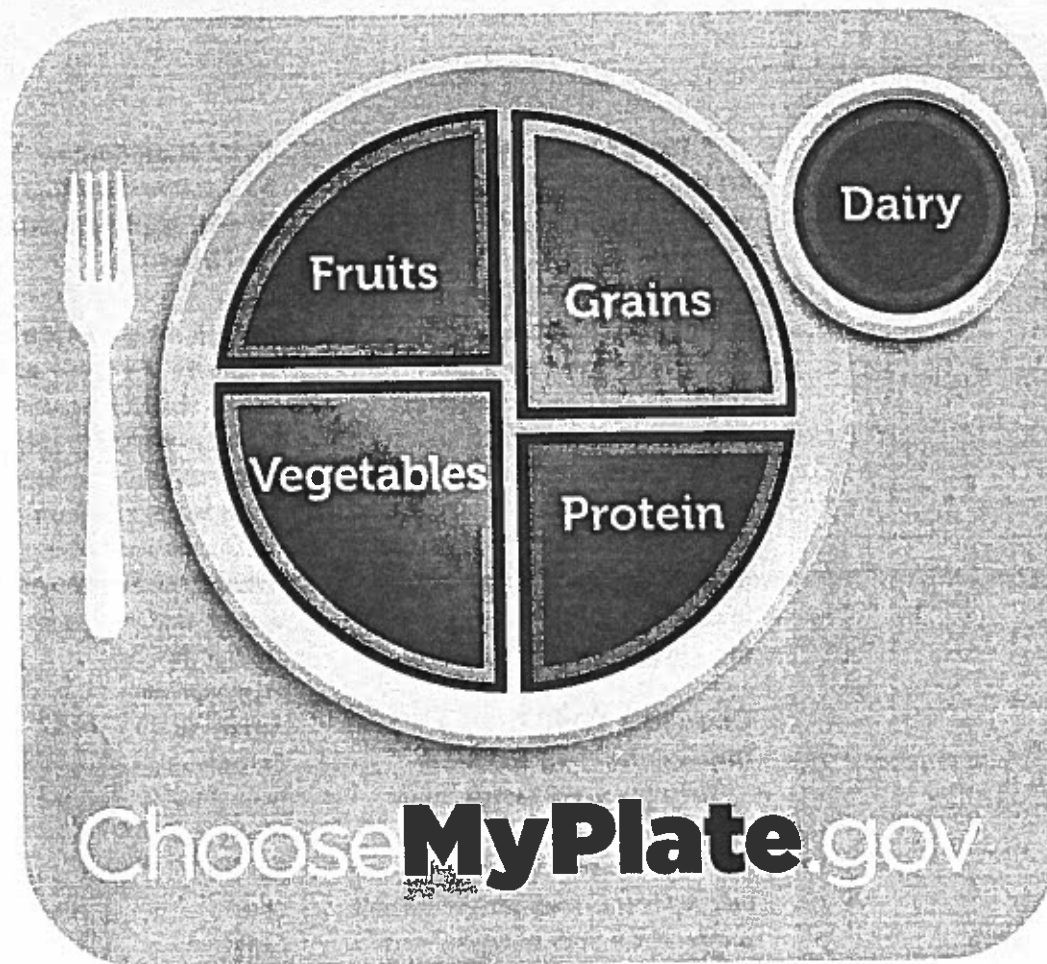
## Distinguish between food facts and myths

Current research does not support claims that sugar and food colors are linked to hyperactivity, criminal behavior, or increased anxiety. However, meal-skipping, especially breakfast, has been shown to harm children's performance in school.



## 1 Plan snack choices

Offer snacks that fulfill part of the daily recommendation for these food groups:



	Grains	Veggies	Fruits	Oil	Dairy	Protein
2-6 years	5 oz. equivalent	1½ cups	1½ cups	4 tsp.	2 cups	4 oz. equivalent
7-13 years	6 oz. equivalent	2½ cups	1½-2 cups	5-6 tsp.	3 cups	5-5½ oz. equivalent
14-18 years*	6-9 oz. equivalent	2½-3½ cups	2 cups	6-8 tsp.	3 cups	5½-6½ oz. equivalent

Recommended food intake is based on children who get 30 to 60 minutes of moderate activity, such as walking briskly or biking.

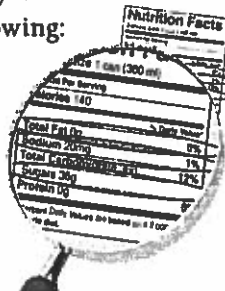
\*Lower end of range represents the moderately active female while the upper end of the range represents the moderately active male.

## 2 Encourage label detectives

For snacks that do not include a MyPlate group, examine the nutrition facts label to determine if it contains:

### Choose *more* snacks that have:

- 2 or more grams of fiber
- 10% of the Daily Value for one of the following:
  - Vitamin A
  - Vitamin C
  - Calcium
  - Iron



### Choose *fewer* snacks that have:

- 10% or more of the Daily Value for total fat
- 10% or more of the Daily Value for sodium
- More than 10 to 15 grams of sugar
  - Remember that every 4 grams equal 1 teaspoon of sugar.

3

### Create snack stations

To help children practice making snack choices, some families set up snack areas in the refrigerator and in a kitchen cupboard. Children are allowed to choose from either.

### Yummy help-yourself cupboard snacks

Place these on a shelf in a cupboard that children can reach.

#### Fruits

100% fruit roll-ups  
Apple rings, dried  
Apricots, dried  
Banana halves  
Prunes, pitted  
Raisins  
Cranberries, dried  
Pineapple, dried

#### Protein

Peanut butter  
Roasted soynuts or pumpkin seeds  
Sunflower seeds

#### Grains

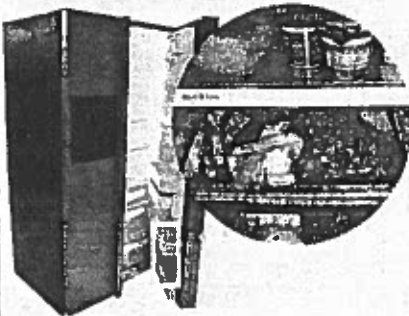
(Choose whole grain options most often; look for whole grain as the first ingredient.)

Bagel  
Banana bread  
Breadstick  
Bread, whole grain or enriched  
Cereal pieces, low sugar (such as Cheerios®, Chex®, Crispix®)  
Cookies  
Cornbread  
Crackers (animal, graham, oyster, whole grain)  
English muffin  
Granola, low fat  
Muffins, low fat  
Pita bread  
Popcorn\*  
Pumpkin bread  
Pretzel, soft  
Raisin bread  
Vanilla wafers  
Whole wheat tortillas



### Chilly help-yourself refrigerator snacks

Place these snacks in a storage bin or on a shelf in the lower part of the refrigerator so that children can reach them. Also, be sure children have access to water in a cup or bottle.



#### Vegetables

Baby carrots\*  
Cauliflowerettes, slightly cooked, chilled  
Celery sticks\*  
Celery stuffed with peanut butter or cheese\*  
Green or red pepper pieces\*  
Vegetable juices  
Cherry tomatoes\*  
Zucchini pieces\*  
Ranch Dip (See page 4)

#### Fruits

Apple wedges\*  
Apple wedges, peeled  
Applesauce  
Apricots, fresh or canned  
Banana chunks  
Fruit slushes  
Fruitsicles, frozen  
Grapes, seedless\*  
100% juice boxes  
Kiwi halves  
Melon pieces  
Nectarine, fresh  
Orange sections  
Tangerine segments  
Peach or pear pieces, fresh or canned in juice  
Pineapple chunks  
Plums, fresh or canned  
Strawberries

#### Dairy

(Choose low-fat milk options most often.)

Cheese cubes or slices  
String cheese  
Fruit yogurt  
Milk, plain or flavored  
Pudding cups  
Cottage cheese

#### Protein

Hard-cooked egg

### Super snacks in seconds

Here are some examples of how you and your child could combine foods from the two snack stations for a nutritious snack:

Oatmeal cookies and milk  
Raw vegetables and cheese dip  
Cheese and crackers  
Cottage cheese and fresh fruit  
Raisin bread toast and fruit juice

Pears or apples, cheese, and milk  
Hard-cooked egg and cherry tomatoes  
Fresh fruit with yogurt dip  
Kabobs made with fruit and cheese  
String cheese and fruit juice  
Celery with peanut butter and fruit juice  
Sliced apple with peanut butter dip and fruit juice



**\*Caution: These foods may cause choking in children under the age of 5.**

Money saving tip: Make your own toady-to-go snacks by portioning them into small plastic bags or reusable plastic containers

#### 4 Provide chef-in-training opportunities

Healthy snacks taste even better when kids create them with their own hands.

### Banana Smoothie

Make up your own variations using other fruits and juices.

1 small frozen banana, cut in chunks  
1/2 cup plain low-fat yogurt  
1/4 cup orange juice

Put all ingredients in blender and whirl until smooth. These are fairly thick. Add more liquid if you want them thinner.

Makes two 1/2-cup servings.

Per serving: 125 calories, 7 grams protein, 213 mg calcium, 10 mg vitamin C, 160 mg sodium.

### Raisin Banana Mini Muffins\*\*

2 very ripe, medium bananas, peeled  
1 egg, beaten  
1/3 cup vegetable oil  
1 1/2 cups all-purpose flour  
1 cup sugar  
6 tablespoons unsweetened cocoa powder  
1 teaspoon baking soda  
1/2 teaspoon salt  
1/4 teaspoon baking powder  
1/2 cup raisins

Spray muffin pan with cooking spray. Preheat oven to 350° F.

Put bananas into food processor or blender. Secure lid and blend until smooth. Add egg and oil; cover and blend. In mixing bowl, combine flour, sugar, cocoa, baking soda, salt, and baking powder. Add banana mixture, and stir until moistened. Stir in raisins.

Spoon about 1 tablespoon of batter into each muffin pan cup. Bake for 12 to 15 minutes. Cool muffins slightly before removing from pan.

Makes 36 mini-muffins.

Per muffin: 55 calories, 1 gram protein, 2 grams fat, 9 grams carbohydrate, 43 mg sodium, 3 mg cholesterol

\* Adapted from: Better Food for Kids, Saab, J. and Kalnins, D. Robert Rose Inc. Toronto, Ontario 2002

\*\* Reprinted with Permission of Dole Food Company, Inc.

### Ranch Dip for Veggies\*

2/3 cup light sour cream  
1/3 cup light mayonnaise  
1 tablespoon cider vinegar  
1 teaspoon dried dill  
1 teaspoon Dijon mustard  
Pinch of salt  
Pinch of freshly ground black pepper

In a small bowl, whisk together sour cream, mayonnaise, and vinegar until smooth. Add dill, mustard, salt, and pepper. Whisk to blend. Cover and refrigerate up to one week.

Makes four 1/4-cup servings.

Per serving: 104 calories, 1 gram protein, 9 grams fat, 5 grams carbohydrate, 128 mg sodium, 21 mg cholesterol

### Mild Salsa Cheese Dip\*

1/2 cup mild salsa  
1 cup shredded light cheddar cheese  
4 ounces light cream cheese  
1 to 2 tablespoons ketchup

In a small microwaveable bowl, combine salsa, cheddar cheese, and cream cheese. Microwave on medium for 1 minute or until cheeses are melted. Stir in ketchup until mixture is smooth. Cover and refrigerate up to one week, reheating when served. Good with veggies and crackers.

Makes four 1/4-cup servings.

Per serving: 128 calories, 10 grams protein, 6 grams fat, 6 grams carbohydrate, 615 mg sodium, 19 mg cholesterol

### Fruity Parfait\*\*

Create your own variations by using other fruits as desired.

2 cups chopped fresh pineapple or canned pineapple tidbits  
1 cup frozen raspberries, thawed  
1 cup low-fat vanilla yogurt  
1 firm, medium banana, peeled and sliced  
1/3 cup chopped dates  
1/4 cup sliced almonds

In four glasses, layer pineapple, raspberries, yogurt, banana, and dates. Sprinkle the top with almonds.

Makes four servings.

Per parfait: 258 calories, 6 grams protein, 5 grams fat, 47 grams carbohydrate, 43 mg sodium, 3 mg cholesterol

### Check these resources

Center for Science in the Public Interest

[www.cspinet.org/healthysnacks](http://www.cspinet.org/healthysnacks)

Fruits & Veggies More Matters™

[www.fruitsandveggiesmorematters.org](http://www.fruitsandveggiesmorematters.org)

Fruit & Veggie Color Champions™ (for kids)

[www.foodchamps.org](http://www.foodchamps.org)

Iowa State University Extension and Outreach Nutrition and Wellness

[www.extension.iastate.edu/humansciences/child-nutrition-families](http://www.extension.iastate.edu/humansciences/child-nutrition-families)

Iowa State University Extension Publications

[store.extension.iastate.edu](http://store.extension.iastate.edu)

Live Healthy Iowa

[www.livehealthyiowa.org](http://www.livehealthyiowa.org)

Michigan State University Team Nutrition Booklist and Preschool Booklist

[www.michigan.gov/documents/mde/UpdatedMichiganTeamNutritionBooklist\\_290287\\_7.pdf](http://www.michigan.gov/documents/mde/UpdatedMichiganTeamNutritionBooklist_290287_7.pdf)

MyPlate for Kids

[www.ChooseMyPlate.gov](http://www.ChooseMyPlate.gov)

Revised by Ruth Litchfield, Ph.D., R.D., L.D., extension nutritionist. Originally published as "Simple Snacks for Kids" by Elizabeth Schatz, Ph.D., and Carol Hank, R.D., Ph.D., former extension nutritionists, and Nicholas K. Frangley, former extension assistant.

and Lynette McElroy  
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Michigan State University Extension is an equal opportunity provider. For more information, contact the Michigan State University Extension, 4800 Farmington Avenue, East Lansing, MI 48824-1300. MSU Extension is an equal opportunity provider.



# BAKE AN APPLE PIE

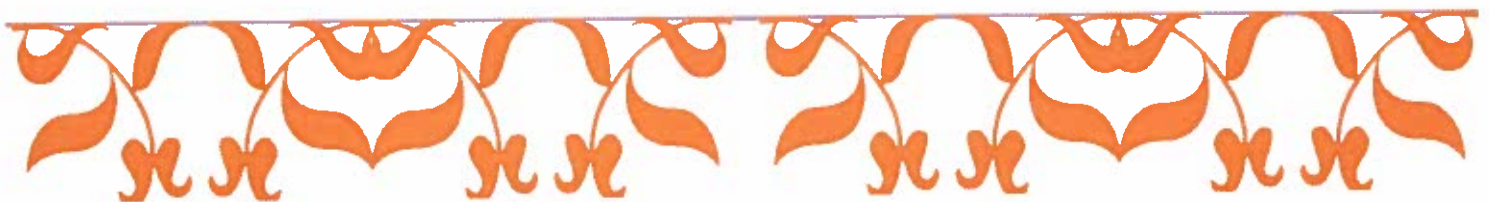


# AT THE NOOJIMO CENTER

OCTOBER 24TH, 2018 @ 1:00p-3:00p

37450 WATER TOWER RD. RED CLIFF, WI 54814

**Come join us in making APPLE PIES! We  
will teach you! Fall isn't the same with  
warm Apple Pie and Ice Cream!!!**



# Apple Trail Mix Recipe

## Ingredients:

- 1/2 cup Apple Cinnamon Cheerios
- 1/2 cup unsalted dry roasted almonds
- 1/2 cup unsalted dry roasted peanuts
- 1/2 cup unsalted dry roasted cashews
- 1/2 cup dried apple chips, broken into small pieces

## Directions:

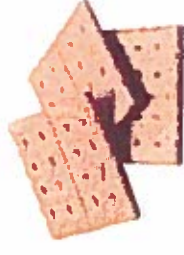
1. Add all of the ingredients in a medium bowl or sealable bag.
2. Stir or shake until thoroughly mixed.
3. Divide the trail mix between 10 snack bags for an easy snack or a tasty addition to brown bag lunches.



# Great Healthy Snacks



- \* Dry cereal and dried cherries
- \* Oat-Os, peanuts, raisins and sunflower seeds
- \* Shredded wheat, low-fat milk and blueberries
- \* Layered yogurt, granola and strawberries
- \* Skewered cantaloupe and cheddar cheese cubes
- \* Air popped popcorn and roasted peanuts
- \* Banana dipped in peanut butter
- \* Strawberries dipped in vanilla yogurt
- \* Clementine and cheese stick
- \* Applesauce cup and graham crackers
- \* Hummus and pretzels
- \* Hummus and baby carrots
- \* Tortilla with melted cheese (quesadilla)
- \* Baked potato with shredded Monterey Jack cheese and salsa
- \* Whole wheat toast with jam
- \* Toast with peanut butter and banana slices
- \* English muffin with peanut butter and honey
- \* Banana or other fruited muffin and 6 oz. milk
- \* Snap peas and red peppers with cheddar cheese
- \* Coconut yogurt, pineapple chunks and kiwi slices
- \* Nuts and dried fruit
- \* Fresh pineapple with pomegranate seeds and mint



- \* Half of a sandwich and a 6 ounce glass of 100% fruit juice
- \* Cheese and whole grain crackers
- \* Peanut butter and pretzels
- \* Mini bagel and hard boiled egg
- \* Red grapes and cheese kabobs
- \* Pepperoni mini pizza (pita, sauce, sliced green peppers and turkey pepperoni)
- \* Frozen yogurt popsicle
- \* All fruit popsicle
- \* Oatmeal and berries
- \* Mozzarella and tomato skewers
- \* Tuna fish salad and crackers
- \* Tossed salad with cheese cubes and dressing
- \* Veggies with low fat ranch dressing
- \* Smoothie made with frozen berries, yogurt and banana
- \* Celery sticks with peanut butter and raisins
- \* Melon balls with a dollop of yogurt
- \* Avocado spread on whole grain crackers
- \* Whole grain waffle swiped with peanut butter
- \* Cherry tomatoes and cottage cheese

WNEP education is supported by the USDA Food Stamp Program, UW-Extension, Food Share Wisconsin plus Ashland and Bayfield County partners. In Wisconsin, Food Share can help provide a healthy diet. To find out more about Food Share call Ashland County Health and Human Services Department (715) 682-7004, Bayfield County Department of Human Services (715) 373-6144 or the Food Share office at Odanah (715) 682-7127 or Red Cliff (715) 779-3705.

# HUNTER SAFETY EDUCATION CLASS



WHEN:	TUE.,	OCT. 30, 2018	600-700PM
	TUE.,	NOV. 6, 2018	600-800PM
	WED.,	NOV. 7, 2018	600-800PM
	FRI.,	NOV. 9, 2018	600-900PM
	SAT.,	NOV. 10, 2018	8AM-2PM

**WHERE:** RED CLIFF FIRE HALL, 37435 STATE HWY, 13, BAYFIELD, WI.

**TO REGISTER:** You must pre-register online by going to [gowild.wi.gov](http://gowild.wi.gov), and click on the green “get started” tab.

**OR**

You can contact instructor **Lucas Cadotte** at **715-209-3872** or at [lucas.cadotte@redcliff-nsn.gov](mailto:lucas.cadotte@redcliff-nsn.gov) with your DNR Customer ID# and contact information.

If you have questions about the course, or any difficulty with sign-up please contact the instructor above.

**NOTE:** If you under the age of 18, a parent or guardian must attend the first class to complete the registration. The class fee is \$10.00. Class fees will be collected in class on Tues., 10/30/2018.

**REQUIREMENTS:** For Tribal members born after January 1<sup>st</sup>, 1977, Hunter Safety Education is required to obtain an off-reservation hunting permit. To purchase a state hunting license, hunter education is required for anyone born after January 1<sup>st</sup>, 1973.



## RED CLIFF CHIPPEWA HOUSING AUTHORITY

37645 NEW HOUSING ROAD BAYFIELD, WI 54814  
(715) 779-3744 (715) 779-5044 FAX

### HOMES FOR SALE

Site(s): 37240 Water Tower Road – 3 bedroom, 2 bath home  
37250 Water Tower Road – 3 bedroom, 2 bath home

These are modular homes, that will not be moved/relocated. Lease is transferrable to an **eligible\*** buyer.

Pricing: Home without garage - \$100,000  
Home with garage - \$115,000

Financing Terms: Approximate monthly payments are listed below.

\$102,050 financed on the \$100,000 loan. This rolls in the closing costs (application fee and the origination fee) for the loan.

- 15 years @ 6% interest = \$861.16 per month
- 20 years @ 6% interest = \$731.12 per month

\$100,000 financed (pay the origination and application fee out of your own pocket).

- 15 years @ 6% interest = \$843.86 per month
- 20 years @ 6% interest = \$716.43 per month

\$117,300 financed on the \$115,000 loan (rolling in closing costs).

- 15 years @ 6% interest = \$989.84 per month
- 20 years @ 6% interest = \$840.37

\$115,000 financed (pay the origination and application fee out of your own pocket).

- 15 years @ 6% interest = \$970.44 per month
- 20 years @ 6% interest = \$823.90 per month

**\*Eligible is defined by RCCL 18.4.2. Contact the Red Cliff Land Office at 715-779-3700 for more information.**

**\*Homeowner's insurance is required and an annual out-of-pocket cost to the home-owner. It is not escrowed.**

### Lender

### Wisconsin Native Loan Fund

PO Box 580, 705 Peace Pipe Road  
Lac du Flambeau, WI 54538  
Phone: 715-588-1600 Fax: 715-588-3535

Online Applications:

<http://winlf.org/lending.php>

**Occupancy can occur in December 2018; upon approved financing.**

## Current Openings for the Red Cliff Tribe

### Anishinaabe Language/Culture Coordinator

DEADLINE: September 25, 2018 @ 4:00 p.m.

### Dental Assistant

DEADLINE: September 27, 2018 @ 4:00 p.m.

### Human Resources Coordinator – LTE

DEADLINE: September 27, 2018 @ 4:00 p.m.

### Planning Administrator

DEADLINE: September 28, 2018 @ 4:00 p.m.

### Youth Activities Coordinator

DEADLINE: October 2, 2018 @ 4:00 p.m.

### Youth Peer Specialist

DEADLINE: October 3, 2018 @ 4:00 p.m.

### Parent Peer Specialist/Family Coordinator

DEADLINE: October 3, 2018 @ 4:00 p.m.

### Tribal Historic Preservation Office Administrative Assistant

DEADLINE: October 3, 2018 @ 4:00 p.m.

### Laboratory Medical Assistant

DEADLINE: October 8, 2018 @ 4:00 p.m.

### Farm Technician - LTE

DEADLINE: Open Until Filled

### Wiring Technician – LTE Position

DEADLINE: Open Until Filled

### 2018 Red Cliff Tribal AmeriCorps

DEADLINE: Open Until Filled

### Child Care Program Coordinator/Teacher

DEADLINE: Open Until Filled

### Tribal Law Enforcement Officer – Part-Time

DEADLINE: Open Until Filled

### Elderly Nutrition On Call Assistant Cook

DEADLINE: Applications accepted all year

### ECC Substitute Assistant Teacher/Support-Staff

DEADLINE: Applications Accepted Year Round

## FOR FURTHER INFORMATION CONTACT:

Red Cliff Band of Lake Superior Chippewa

Human Resources Department 88455 Pike Road Bayfield, WI 54814

[www.redcliff-nsn.gov](http://www.redcliff-nsn.gov)

ashley.poch@redcliff-nsn.gov (715) 779-3700 ext. 4268





## *Red Cliff Band of Lake Superior Chippewa Indians*

88455 Pike Road

Bayfield, WI 54814

Phone: 715-779-3700 Fax: 715-779-3704

Email: [redcliff@redcliff-nsn.gov](mailto:redcliff@redcliff-nsn.gov)

### **JOB DESCRIPTION**

**POSITION:** Child Care Program Coordinator/Teacher

**LOCATION:** Early Childhood Center (ECC)

**SALARY:** Negotiable depending on qualifications

**SUPERVISOR:** To be assigned

#### **THIS IS A NON-EXEMPT PART-TIME POSITION**

(28 hours/week starting with possible increase in hours after probationary period and potential for additional hours in Early Head Start and Head Start)

**JOB SUMMARY:** The Child Care Program Coordinator/Teacher will be responsible for the planning and administration of the Child Care Development Fund (CCDF) grant, including completion of all reporting requirements and providing quarterly reports for the Tribal Council. The Child Care Program Coordinator/Teacher will also be responsible for the planning, and operation of child care services at the Early Childhood Center. Ensure compliance with the State of Wisconsin's group child care center licensing requirements and Head Start Performance Standards.

#### **DUTIES AND RESPONSIBILITIES:**

##### **CCDF Grant Administration**

1. Prepare grant applications including budget and any supporting documents or actions required.
2. Monitor the CCDF budget, including revenues and expenditures to ensure stability and compliance.
3. Complete trainings and meetings relevant to CCDF to ensure compliance with applicable tribal, state, and federal regulations, including SIDS/SBS, CANS, CPR.
4. Assist with maintaining current policies and procedures for the ECC and Child Care Program.
5. Complete on-going monitoring and changes as needed.
6. Plan, implement and supervise the Child Care Program at Red Cliff ECC.

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**Operation of Child Care Program:**

1. Work daily child care schedule with child care teachers from 3- 5 pm Mondays-Fridays, ensuring appropriate adult to child ratios at all times.
2. Regular communication with ECC staff and parents on Child Care programming.
3. Ability to work a flexible schedule to meet the needs of children and families.
4. Maintain child files, including all required documents for compliance.
5. Maintain Child Care Program attendance records for billing purposes.
6. Billing for the Child Care Program, including payment plans and follow up of the WI State Child Care subsidy.
7. Guide families to obtain State and other child care assistance as needed.
8. May be asked to attend *Train the Trainer* Classes in Sudden Infant Death Syndrome, Shaken Baby Syndrome, Child Abuse and Neglect and others applicable.
9. Assist ECC Management staff with annual In-Service.
10. Attend weekly management meetings and ECC all staff meetings.
11. Attending monthly ECC Policy Council meetings when needed.
12. Complete annual Child Count of children 12 and under.
13. Must maintain confidentiality.
14. The above duties and responsibilities are not an all-inclusive list but rather a general representation of the duties and responsibilities associated with this position. The duties and responsibilities will be subject to change based on organizational needs and/or deemed necessary by the supervisor.

**SUPERVISORY AUTHORITY:** All child care center assistant teachers including evaluations, time sheets, staff meeting, staff file, performance monitoring and professional development.

**KNOWLEDGE:** Knowledge of the Native American Tribes and the uniqueness of the Red Cliff Community are desirable. Must have knowledge of and experience in child guidance and child development. Knowledge of Ojibwe culture and language.

**QUALIFICATIONS:**

1. Minimum of high school diploma, HSED or GED required.
2. 6 months experience in a child care setting or related coordinator position is required.
3. Prefer Associate's degree in Early Childhood Education.
4. Related degrees may be considered based on coursework completed (transcript review required).
5. Applicants can be considered if they have at least one of the following:
  - a. Completed a Child Development Associate (CDA) credential.
  - b. Completed two non-credit department-approved courses in early childhood education.
  - c. Completed two courses for credit in early childhood education or its equivalent from an institution of higher education.
  - d. A one-year child care diploma from an institution of higher education.
  - e. Are enrolled in a program leading to an Associate or Bachelor degree (must provide documentation of enrollment).
6. Computer skills including email, Excel, Microsoft Word, Publisher and Power point.
7. Budget experience.
8. Supervisory experience.

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9. Experience in communicating effectively with parents, families and co-workers.
10. Must be physically, mentally and emotionally able to provide responsible care for all children including children with disabilities.
11. Must maintain confidentiality.
12. Must have a valid driver's license, vehicle and appropriate vehicle coverage and maintain driver's eligibility as a condition of employment. If no insurance, must be able to obtain it within the first 30 days of employment. Be eligible to be put on the tribe's vehicle insurance policy.

**PERSONAL CONTACTS:** Daily interaction with Child Care parents.

As needed contact with community members, required collaboration with State and federal, and when needed national Tribal Child Care partners.

**PHYSICAL REQUIREMENTS:**

The physical demands are representative of those that must be met by an employee to successfully perform the essential functions of this job. Reasonable accommodations may be made to enable individuals with disabilities to perform the essential functions as long as the staff disability does not create an undue risk of injury to any enrolled children in the classroom.

Must be physically able to work with young children (0-5 years old) and must be able to regularly lift and/or move up to forty pounds; twenty pounds overhead and forty pounds from waist to shoulder; occasional lifting of fifty pounds is required and must be able to push/pull up to fifty pounds horizontally.

Required to stand, walk, climb or balance, stoop, kneel, crouch or crawl when working with small children. Required to use hands to finger, handle or feel objects, keyboards, tools or controls, reach with hands and arms, speak and hear, and ability to operate keyboard (computer).

Also required are: five-year health exam, initial TB test and annual TB questionnaire, immunizations including Hepatitis B (or sign waiver), mumps vaccine (or waiver or proof of immunization) and required trainings such as confidentiality, CPR, Shaken Baby Syndrome, Sudden Infant Death (SIDS), etc.

**WORK ENVIRONMENT:** All tribal buildings are smoke free. Primary work environment is in a 0-5-year-old setting at the Red Cliff Early Childhood Center.

**TRAVEL REQUIREMENTS:** The ability to travel and attend meetings and trainings; overnight and out of town, both locally & nationally. Attend ECC Policy Council, Tribal Council meetings as directed.

**BEHAVIOR AND ATTITUDE:** The vision, goals and objectives of the Red Cliff Band of Lake Superior Chippewa requires that the employee performs in both a professional and personable manner. The manner in which the employee relates to fellow employees, customer and visitors is considered parallel in importance to technical knowledge and ability. Respect and consideration given to the dignity of each customer, visitor and fellow employee is a requisite of successful job performance. Any behavior or attitude that tarnishes the name or image of the Red

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Cliff Band of Lake Superior Chippewa will be subject to immediate disciplinary action up to and including termination.

**Indian preference will be applied in the case of equally qualified applicants, but all qualified applicants will be considered.**

**This job description is subject to change at employer's discretion, after consultation with the employee.**

**APPLICATION SUBMITTAL REQUIREMENTS:** The following items are required for this position:

1. Completed tribal application, to include work history and references; available on the tribal website.
2. Tribal background investigation disclosure; available on the tribal website.
3. Cover letter and resume.
4. Post-secondary transcripts or certifications; if applicable.

**POSTING DATE:** May 16, 2018

**DEADLINE:** Open until filled

**FOR FURTHER INFORMATION:**

**Red Cliff Band Lake Superior Chippewa**

**Human Resources Department**

**88455 Pike Road**

**Bayfield, WI 54814**

**[www.redcliff-nsn.gov](http://www.redcliff-nsn.gov)**

**[ashley.poch@redcliff-nsn.gov](mailto:ashley.poch@redcliff-nsn.gov)**

**[diane.cooley@redcliff-nsn.gov](mailto:diane.cooley@redcliff-nsn.gov)**

**(715) 779-3700 Ext. 4268 or 4267**

**The Red Cliff Tribal Council has a Drug Free Work Place Policy and adheres to the intent of the Drug Free Work Place Act. All new hires are subject to a drug test prior to starting.**

**All applicants for employment with the Red Cliff Tribe will be subject to the background investigation and other requirements of RCCL Chapter 43, and are under a continuing obligation to supplement this application for employment with information concerning any convictions that occur after commencement of employment with the Tribe.**

***All Early Childhood Center employees must submit mandatory criminal background check information to Human Resources Department with application. Per WI Department of Children & Families (DCF) Bureau of Early Care Regulation (BECR) Memo 2014-03, all licensed child care center employees must complete a one-time fingerprint-based background check on all employees by December 31, 2015. Every year thereafter, a name-based background check through the Department of Justice (DOJ) must be conducted annually or following any conviction occurring after commencement of employment.***

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***The Red Cliff Early Childhood Center has a Drug Free/Smoke Free environmental policy and follows the intent of the Drug Free Work Place Act.***

***(45) CFR Part 1302.90 (b)(6) A program must consider current and former program parents for employment vacancies for which such parents apply and are qualified.***

**EMPLOYEE BENEFIT PACKAGE – PART-TIME EMPLOYEES**

1. A Health Insurance Plan which is offered through the Federal Employee Health Benefits (FEHB). FEHB is offered for both single and family coverage. Part-time employees will be on a prorated pay status depending on hours worked.
2. The Tribe offers General Leave to part-time employees as stated below:

Regular Part-time 30-37 hours/week	Vacation/GL – 12 hours/month
Regular part-time 20-29 hours/week	Illness/GL – 8 hours/month
3. The Tribe observes a total of 11 paid holidays.



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Bayfield, WI 54814

Phone: 715-779-3700 Fax: 715-779-3704

Email: [redcliff@redcliff-nsn.gov](mailto:redcliff@redcliff-nsn.gov)

## *Red Cliff Tribal Council*

### **JOB DESCRIPTION**

**POSITION:** ECC Substitute Assistant Teacher/Support Staff

**LOCATION:** Red Cliff Early Childhood Center

**WAGE:** \$9.00 - \$10.00 depending on qualifications

**SUPERVISOR:** Program Director

### **THIS IS AN ON-CALL POSITION**

**JOB SUMMARY:** Replacement for ECC teacher or support staff and provide a safe, healthy, friendly, caring and nurturing environment for children ages 0-5.

### **RESPONSIBILITIES:**

1. Must attend confidentiality training and must maintain confidentiality of children/classroom each day.
2. Must follow ECC and Red Cliff Tribal policies and procedures as introduced during orientation.
3. Assist teacher or ECC staff member with daily supervision and interaction with children; supervision during meals/snacks/naps; follow ECC Policies & Procedures for best practices with children; praise and reinforce positive behavior.
4. Assist teachers with facilitation of classroom activities and support children's self-direction during individual, small and large groups.
5. Reinforce positive self-image and promote positive self-esteem of all children.
6. Engage children in interactive experiences per teacher lesson plan.
7. Assist teacher in encouraging independence and self-help skills such as set-up and clean-up at meals, snacks and play time throughout the day.
8. Eat meals with children and encourage mealtime in a family setting. Food is never used as a punishment or reward.
9. Must maintain safety and health practices and regulations when working in kitchen.
10. The above duties and responsibilities are not an all-inclusive list but rather a general representation of the duties and responsibilities associated with this position. The duties and responsibilities will be subject to change based on organizational needs and/or deemed necessary by the supervisor.

**SUPERVISORY AUTHORITY:** None

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Email: [redcliff@redcliff-nsn.gov](mailto:redcliff@redcliff-nsn.gov)

### *Red Cliff Tribal Council*

**KNOWLEDGE:** Knowledge of Ojibwe language and culture highly desirable; cultural sensitivity required.

#### **QUALIFICATIONS:**

1. Must be 18 years of age or older.
2. Minimum of high school diploma, HSED or GED required.
3. Complete a minimum of 15 paid *shadow* hours in the classroom and 8 paid *shadow* hours in the kitchen prior to actual subbing at ECC.
4. Preference for an associate's degree in Early Childhood Education/related field *but not required*.
5. Ability to work cooperatively with staff, parents, community members, and other child support systems in the best interest of children is required.
6. Must pass health examination, obtain required immunizations/vaccines including TB test, Hep B (or waiver); mumps vaccine (or waiver or proof of immunity).
7. Must be physically able to work with young children, including lifting a minimum of 40 pounds; occasional lifting of fifty pounds is required.
8. Must adhere to Early Childhood Center standards of conduct, serving as a positive role model in the community.

#### **PERSONAL CONTACTS:**

Collaboration with local, state, and national collaborating partners, with particular emphasis on networking with parents, extended families, and the Red Cliff community

**PHYSICAL AND SPECIAL REQUIREMENTS:** Must be physically able to work with young children, initial health exam, TB test, immunizations including Hepatitis B (or sign waiver), and required trainings such as confidentiality, CPR, etc.

**WORK ENVIRONMENT:** Primary work environment: classrooms, outdoor play spaces, kitchen. All Tribal Buildings are smoke free.

**TRAVEL REQUIREMENTS:** The ability to travel and attend meetings and trainings; overnight and out of town, both locally & nationally.

**BEHAVIOR AND ATTITUDE:** The vision, goals and objectives of the Red Cliff Band of Lake Superior Chippewa requires that the employee performs in both a professional and personable manner. The manner in which the employee relates to fellow employees, customers and visitors is considered parallel in importance to technical knowledge and ability. Respect and consideration given to the dignity of each customer, visitor and fellow employee is a requisite of

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## *Red Cliff Tribal Council*

successful job performance. Any Behavior or Attitude that tarnishes the Image or Name of the Red Cliff Band of Lake Superior Chippewa will be subject to immediate disciplinary action up to and including termination.

**Indian preference will be applied in the case of equally qualified applicants, but all qualified applicants will be considered.**

**APPLICATION SUBMITTAL REQUIREMENTS:** The following items are required for this position:

1. Completed Tribal Application, available on the Tribal website.
2. Signed Tribal Background Investigation Disclosure; available on the Tribal website.

**This job description is subject to change at employer's discretion, after consultation with the employee.**

**POSTING DATE:** December 6, 2017

**DEADLINE:** Applications accepted year round

### **FOR FURTHER INFORMATION CONTACT:**

**Red Cliff Band of Lake Superior Chippewa**

**Human Resources Department**

**88455 Pike Road**

**Bayfield, WI 54814**

**[www.redcliff-nsn.gov](http://www.redcliff-nsn.gov)**

**[ashley.poch@redcliff-nsn.gov](mailto:ashley.poch@redcliff-nsn.gov)**

**(715) 779-3700 ext. 4268**

**The Red Cliff Tribe has a Drug-Free Work Place Policy and follows the intent of the Drug-Free Work Place Act. All new employees will be tested prior to starting employment.**

**All applicants for employment with the Red Cliff Tribe will be subject to the background investigation and other requirements of RCCL Chapter 43, and are under a continuing obligation to supplement the application for employment with information concerning any convictions that occur after commencement of employment with the Tribe.**

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## *Red Cliff Tribal Council*

***All Early Childhood Center employees must submit mandatory criminal background check information to Human Resources Department with application. Per WI Department of Children & Families (DCF) Bureau of Early Care (BECR) Memo 2014-03, as of 12-31-16 all licensed child care center employees must complete a one-time fingerprint-based background check on all employees. Every year thereafter, a name-based background check through the Department of Justice (DOJ) must be conducted annually or following any conviction occurring after commencement of employment.***

***45 CFR 1301.31 requires preference be given to qualified current or former parents of Head Start/Early Head Start children as position vacancies occur.***

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[EXPERIENCE](#)[STAY](#)[DINE](#)[LODGING  
AVAILABILITY](#)

## Job Opportunities



Deckhands & Office Staff needed through October

### Apostle Islands Cruises

*Sports and Recreation*

Come watch the fall colors from Lake Superior! Apostle Islands Cruises is seeking deckhands & office staff to work through...

(715) 779-3925

[Website](#)

[Directions](#)



Lifeguard

### Recreation and Fitness Resources

*Sports and Recreation*

• Hourly rate depending on experience and schedule/availability • Part-time • Opportunities for raises and potential for growth and advancement...

(715) 779-5408

[Website](#)

[Directions](#)



Facility Shift Manager

### RFR

*Facilities, Maintenance and Repair*

Facility Shift Managers are responsible for the daily facility operations of the Bayfield Rec Center, including the pool. Duties include...

(715) 779-5408

[Website](#)

[Directions](#)



Facility Cleaning and Maintenance

### Recreation and Fitness Resources

*Customer Service*

- Starting pay \$10.00/hr - Part-time nights and evenings: weekdays 7-11pm and weekends 5-9pm - Opportunities for raises and potential...

(715) 779-5408

[Website](#)

[Directions](#)



Full and Part Time Job Positions at Brownstone Centre & Sweet Sailing

### Sweet Sailing

*Customer Service*

We are seeking energetic, organized, and confident sales team members for Brownstone Centre and Sweet Sailing. Full and Part Time...

(715) 779-3682

[Directions](#)



Enter Your Email for Updates

JOIN LIST



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# OCTOBER 2018

## BINAAKWE GIIZIS

NITAM ANOKII-GIIZHIGAD	NIIZHOO-GIIZHIGAD	AABITOOSE	NIIOY-GIIZHIGAD	NAAANO-GIIZHIGAD
1 <b>ECC/TRIBE CLOSED</b>	2B H/CH WAFFLE, AP- PLES, PB S TEDDY GR/MILK L TOT RICE HD, GR BEANS, MANGO S VEGGIE/CC DIP	3B RICE CHEX, BANANA, YGT, S FR CUP/NILLA WAFF L CHIX, PEAS, M ORNG, WG BUN SBOILED EGG/CRACKER	4B HB OATS, WG TOAST, PB, PEACHES S NUTRA GR BAR/MILK L BEEF NOODLE SP, PBJ, CORN, PEARS, CC S YGT/BERRIES	<b>No ECC SCHOOL DAY</b>
8B FR TOAST, BLUE- BERRIES, CC S GOLDFISH/MILK L KIELBASA, B REDS, PEAS, MANGO S CARROTS/CCDIP	9B CORN CHEX, AP- PLES, YGT, S PRETZEL/APPLESAUC L CHIX SP, CHEZ SND, CARROTS, PEARS S ORANGES/MILK	10B EGGS, WG TOAST, TRK BACON, BERRIES S RICE CAKES/MILK L BEEF STIR FRY, STR FR PINEAPPLE, BR RICE S BANANA FR TREE/MLK	11B RICE CRISPIES, OR- ANGES, YGT ENG MUFFIN S GR CRACKER/PB L CRABBY PATTIES, FRIES VEG/DIP, PEACHES S BROOC/HUMMUS	12B EGG BURRITO, PEARS, CC S NILLA WAF/MILK L TOMATO SP, GR CHEZ, TR FRUIT, CC S BERRIES/YGT
B15 MALTO MEAL, BERRIES, WG TOAST S CRACKERS/PB L PIZZA BRG, FRIES, SALAD, TR FRUIT S APPLES/YGT	16B KIX, PEACHES, CC WG ENG MUFFIN S CHEESE ITS/ JUICE L CHIX, PEAS, CANTA- LOUPE, YGT S M ORANGES/TEDDY G	17B CORNFLAKES, BA- NANA, YGT S NILLA WAFER/MILK L HAM, BR RICE, CARROT SALAD, HONEYDEW S BERRY PARFAIT	18B EGG COMBOS, FR COCKTAIL, CC S CRACKERS/CHEESE L BEEF VEG SP, PBJ, MANGO, YGT S CARROTS/PB	<b>No ECC SCHOOL DAY</b>
22B QUICHE', HONEY- DEW, YGT S OATMEAL BAR/MILK L CHIX WRC SP, BR STX M OJ, GR BEAN S CUCUMBERS/CRK	23B HB OATS, BERRIES, CC S FR CUP/GOLDFISH L SPAGHETTI, CORN, SALAD, MANGO S GR CRACKER/PB	24B BOILED EGGS, TOAST, PB, ORANGES S CARROTS/MILK L HAM/CHZ QUESADIL- LAS, PINEAPPLE, BROCC S PUMPKIN COOKIE/MLK	25B RICE CHEX, APPLES, YGT, MUFFIN S PRETZELS/CHEESE L PORK CHOP KRAUT, PEAS, BABYR, MANGO S ORANGES/TEDDY GR	26B OATMEAL, BANA- NAS, WG TOAST S YGT/BERRIES L RAVIOLI, CORN, PEARS, S NILLA W/MILK
29B WAFFLES, BLUE- BERRIES, CC S CHEESEITS/MILK L KIELBASA, GR BEAN PINEAPPLE, BUN YGT S PEARS/CC	30B CHEERIOS, YGT OR- ANGES, WG ENG MUFFIN S JELLO JIGGLER/CRCK L HALLOWEEN PIZZA, BERRIES, BR, CAUL,CAR S YGT/APPLES	31B PANCAKES, AP- PLESAUCE, TRK BACON S CHEX MIX/MILK L HAM, SQUASH, W RICE, CRANBERRIES, APPLE CR S CUTIES/TEDDY GR	<b>SKIM ILK SERVED WITH MEALS 1-YRS WHOLE</b>	<b>MENU SUBJECT To CHANGE</b>