ECC Family Day

On June 24th 2016 from 10-1pm.

We would like to invite all the ECC families to our Family day out at Little Sand Bay.

We will no longer have pony rides due to BINGO getting a little too old and he needs to kick back and take it easy.

Taking BINGOs place this year we have a Miniature Petting Zoo, Food and of course swimming in our great and beautiful Lake Superior so don’t forget to pack extra clothes.

Enrollment Days

Place: Red Cliff Early Childhood Center
Date: July 18th–22nd, 2016
For: All new and returning families
Time: Will be announced.

The ECC Staff will be able to help assist you with completing your paperwork for the fall 2016-2017 school year.

If you have not completed a new application form please stop by Jenny Defoe’s office and pick one up or you can call her at 715-779-5030 ext. 252
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Agongos
Home Based June News

We will continue with working on the goals you have set for your children.

This month we will be working on catching up with home visits as we prepare for the end of the year!

REMINDER:
Please get your applications for the upcoming school year to your Home Base Teacher!

Mino
Diibishkaan!

Audey
Bella
6/4
6/15

It's summer!

Aaniin ezhiwebak!
What's Happening!

- Language Table Thursday nights @ ECC
- Home Base Social 6/15: 4:30-6:30
- ECC FAMILY DAY 6/24

*HAPPY FATHERS DAY*
6/19

Miigwech!

- Haley ext. 236
- Rachel ext. 237
- Amaris ext. 238
WOW! Have we have grown. We are really busy having fun and learning, some play and learning are:
Jamie we really enjoyed the special garden and fish that you did for us!
We are having so much fun in the great out doors
And excited for warmer weather and the few months we have left.
Please bring extra clothes we will be getting wet and messy. Miigwetch! For all our families for all their paper work in and our home visits.

We love Kelsey in
Our room, and the kids are having fun lot of
Teresa Judy, Kelsey

A seed—miinikaan
Dust/dirt—wiiyagasen
A flower—waabigwan
Plant—gitigaazh
Amik Room

June 2016

Boozhoo from the Amik Room!

May was a very fun and busy month with our plants (now ready to transplant) and all of our projects. Bike riding seemed to be everyone’s favorite thing to do outside. We very much enjoyed the home visits with you too.

Berries, bugs and balls are the school themes for June. Our basketball hoop has already been a big hit and we are sure the bugs will be too. We like berries.

We have enjoyed Ms. Rose at meal times working with us on our Ojibway animals. For both Ms. Rose and Ms. Loretta, June will be their last month in Amik and at the ECC. Ms. Loretta has been working with ECC children for 14 years... Both will be missed.

Have a Great June, Ms. Maggie and Mr. Fred
This month we are talking about the way bugs transport the pollen from plant to plant and how it helps the berries and herbs grow. We are also getting ready for the big day GRADUATION DAY!!!! July 22\textsuperscript{nd}. We can’t wait for our class to graduate from our classroom. We are excited about summer finally coming so we can have warmer days.

Tara and Tiffany
NEWS AND PLANS

Now can you believe it is already June! This month we will be learning about bugs, berries and working on a ball study unit.

We will begin using the Head Start playground more frequently to help with our Head Start Transition! Please check your child's clothing bin to make sure there are some summer clothes. We do have a lot of water play outside during the summer!

Don't forget to get your application in for next year. These went home a few weeks ago.

DID YOU KNOW???? When you read with your child everyday you are promoting a lifelong love for reading!

WHAT WE ARE DOING

Walter- Puts together entire alphabet puzzle!
Layla- Teaches her friends new songs!
Melvin- Practices writing his name on the dry erase board.
Elizabeth- Enjoys playing outside with friends!
Emma- Is great at cleaning up!
Mika- Sings "have you ever been a fishing!"
Kendall- Shows the babies how to blow bubbles!
Tate- Is making new friends on the Head Start playground!

REMINDERS

- 6/24 ECC Family day! Stay tuned for an even flyer with more information.

OJIBWEMOWIN

- adeling-strawberry
- minaam-blueberries
- miskomin-raspberry
- nibin-summer
I know I mention this quite a bit but I really can’t believe how fast these months are going by. We are coming into summer once again and love being outside daily! This month we will be learning about Bugs, Berries and the Ball Study. The children are excited to go out to the school forest daily where we can enjoy nature at its finest!

In the classroom we continue to practice writing our names, counting, turn taking, talking things through, helping a friend, etc. Also, we will be watching caterpillars change into butterflies in our room and then freeing them.

This month we will talk about safety rules and how to stay safe.

More this month.

ECC Family Day
June 24

PLEASE be sure your child has extra clothes here—its getting warmer so they may need shorts and t-shirts.
Maingan Class Room

Summer time is finally upon us so we are asking
Parents please please send extra clothes for your child.
We will be going outside to play with hands on learning (in water-sand – mud-paint). It will all be FUN

Theme for June

BUGS
(MANIDOONSAG)

We will be talking about the different types of bugs

Bugs that crawl
Bugs that fly
Bugs that bite and
Bugs with a lot of legs

All types of bugs

So parents read a story about bugs then go out and take a walk with your child and talk about all the different types of bugs they see. Happy Trails……

Miss Patsy and Miss Alicia
Migizi News

The year is winding down! Where has the time gone?
This month we are working on our alphabet recognition, our name, bugs, ball study, berries, and much more.

Having your child ride the bus each and every morning is a great way to start the day and to get them ready for the big school. If your child comes late into school they are missing a lot of important learning tools to help their little minds develop.

It’s almost summer time and children love to wear flip flops, at school isn’t the safest place to wear them. There are a lot of falls from running, bike riding, and much more; which means scrapes and blood! Please send your child to school in tennis shoes.

Thank you to all the parents who took the time to attend the home visits this month.

Remember you are your child’s first teacher! Thanks for letting us be a part of your child’s development.

Miss Linda

& Miss Diann
Annual Babysitters Training
For 12 to 17 year olds!!

Date: 06/09/16
Time: 4:30 to 7:00
Location: Red Cliff Early Childhood Center in the Memengwaa

Registration is open until June 8, 2016.
Please call ahead of for registration.
There will be training in; Shaken Baby, SIDS, Fun stuff to do with Children, Nutrition, Safety, and lots of good information.
Everyone who completes course will receive a certificate.
Will take the first 10 people signed up!!

Contact person: Kim Gordon 779-5030 Ext 253. If not there leave name and message.
Head Start Field Trips for June

We are planning some fun field trips for our students!! The week of June 13th our children will be going to the community garden and helping them plant! Here is the list of dates and times for your child’s class:

June 14th from 9-11: Migizii (Diann & Linda)
June 15th from 9-11: Malingan (Alicia & Patsy)
June 16th from 9-11: Mashkodebizhikii (Julie & Karen)

We are also planning to have a hike at Frog Bay! This will take place the week of June 20th (weather permitting). Here is a list of dates and times for your child’s class:

June 21st from 9-11: Migizii (Linda & Diann)
June 22nd from 9-11: Malingan (Patsy & Alicia)
June 23rd from 9-11: Mashkodebizhikii (Karen & Julie)

If you would like to help out on your child’s field trip, please let your child’s teacher know. We would love to see you there!
Boozhoo!

It is always a pleasure to hear people using Ojibwemowin in the community! Please continue to speak Ojibwe whenever you are able! Seek out opportunities to hear or learn the language!

Below is a schedule of the remaining Ojibwe Language Tables held at the ECC on Thursday nights from 4:30 – 7:00!

Thursday nights

June 2 – 12 step booklet, 4 column system, Grammar booklet

June 9 – Last Day of School for Bayfield School District – No Class!

June 16 – Last Language Table of the School Year!!!

Other Ojibwe Language / ANA Project Opportunities

July 1 – 3 Red Cliff 38th Annual Pow-wow

July 4 – 10 Raspberry Ojibwe Language Camp

July 26 – 28 Red Cliff ECC’s Summer Gathering

This ANA Head Start / Kindergarten Project is scheduled to end on July 30th 2016.
Boozhoo!

It's hard to believe that we have been working on teaching our children how to speak the Ojibwe language for over 6 years now here at the ECC.

We were awarded an Administration for Native Americans – Native Language Preservation and Maintenance (ANA-NLPM) grant from 2010 - 2013 to teach the children and families of the Early Head Start Ojibwemowin.

We were then awarded another ANA-NLPM from 2013- 2016 to teach the children and families of the Head Start and Kindergarten, as well as their teachers, how to use Ojibwemowin everyday.

Through these two projects, we have been able to consistently hold a weekly language table on Thursday evenings to teach people who have never heard the language, to be able to quickly understand how to speak about their everyday surroundings in Ojibwe.

As the current ANA-NLPM project closes, we are doing everything we can to continue providing Ojibwe language and cultural teachings to our children on a daily basis!

The Tribe is currently applying for a new funding source through the Administration for Native Americans – Native Language Community Coordination Demonstration Project (ANA-NLCC).

This new funding source will fund four (4) projects across the United States that intend to address gaps in Native Language instruction for the full educational continuum available to Tribal Members.

This is a very competitive funding source that will fund a five (5) year project to address the instruction of Ojibwemowin at the Red Cliff ECC and at the Bayfield School District.

The project the Tribe is submitting is designed to teach the students, their teachers, and the entire community how to speak Ojibwe, even if they never heard the language before.

The project design is to fund a full time language instructor at both the ECC and the "Big" School as well as a Community Engagement Specialist.

**IF FUNDED**, we will be able to continue weekly language tables for the community with seasonal presentations, raffles, and a feast at the Legendary Waters Resort and Casino 4 times a year for 5 years.

Please be on the lookout for additional information related to the submission of this project and all other opportunities to learn Ojibwe language, customs, or traditions to help our children grow.

Miigwech for participating over the past six (6) years and for those of you who wish to learn more!

Wewenj! Reggie Cadotte, ANA Project Director 715-779-5030 ext. 233
May Attendance 2016

Congratulation to this Month’s Winners for perfect attendance.

Early Head Start — Avery Defoe

and

Head Start — Henry Cadotte

In the Early Head Start we had a total of 23 out of 32 students that met the perfect attendance requirement.

Waabooz 6 Children
Amik 5 Children
Makwa 5 Children
Esiban 7 Children

In the Head Start we had a total of 26 out of 50 students that met the perfect attendance requirement.

Migizi 9 Children
Maiingan 7 Children
Mashkodezhik 10 Children

Yahooooo way to go parents for getting your child to school. The importance of attendance does matter and you make this happen. Keep up the great work......

Family Service Staff
The Red Cliff Community Health Center
Behavioral Heath Department
will be holding a BAKE SALE on
Friday, June 17, 2016 11:00a.m-1:00 p.m.
(Front Reception Area Lobby)
All proceeds will help with the purchase of furniture
for the Mishomis House.

Please come help and support us as we make the
Mishomis House beautiful again for our community!!
For more information, contact Melissa Grooms @715-779-3707 ext 2312.
Healthy Tips for Picky Eaters

Do any of the statements below remind you of your child?

“Ebony will only eat peanut butter sandwiches!”
“Michael won’t eat anything green, just because of the color.”
“Bananas used to be Matt’s favorite food, now he won’t even touch them!”

Your child may eat only a certain type of food or refuse foods based on a certain color or texture. They may also play at the table and may not want to eat. Don’t worry if your child is a picky eater. Picky eating behavior is common for many children from the age of 2 to 5 years. As long as your child has plenty of energy and is growing, he or she is most likely eating enough to be healthy. If you have concerns about your child’s growth or eating behavior, talk to your child’s doctor.

How to cope with picky eating

Your child’s picky eating is temporary. If you don’t make it a big deal, it will usually end before school age. Try the following tips to help you deal with your child’s picky eating behavior in a positive way. Check the ones that work for you and your child.

☐ Let your kids be “produce pickers.” Let them pick out fruits and veggies at the store.

☐ Have your child help you prepare meals. Children learn about food and get excited about tasting food when they help make meals. Let them add ingredients, scrub veggies, or help stir food.

☐ Offer choices. Rather than ask, “Do you want broccoli for dinner?” ask “Which would you like for dinner, broccoli or cauliflower?”

☐ Enjoy each other while eating family meals together. Talk about fun and happy things. If meals are times for family arguments, your child may learn unhealthy attitudes toward food.

☐ Offer the same foods for the whole family.
Don’t be a “short-order cook,” making a different meal for your child. Your child will be okay even if he or she does not eat a meal now and then.
Trying new foods

Your child may not want to try new foods. It is normal for children to reject foods they have never tried before. Here are some tips to get your child to try new foods:

- **Small portions, big benefits.** Let your kids try small portions of new foods that you enjoy. Give them a small taste at first and be patient with them. When they develop a taste for more types of foods, it's easier to plan family meals.

- **Offer only one new food at a time.** Serve something that you know your child likes along with the new food. Offering more new foods all at once could be too much for your child.

- **Be a good role model.** Try new foods yourself. Describe their taste, texture, and smell to your child.

- **Offer new foods first.** Your child is most hungry at the start of a meal.

- **Sometimes, new foods take time.** Kids don't always take to new foods right away. Offer new foods many times. It may take up to a dozen tries for a child to accept a new food.

Make food fun!

Help your child develop healthy eating habits by getting him or her involved and making food fun! Get creative in the kitchen with these cool ideas. Check the ones you try at home, and be sure to add your own ideas, too!

- Cut a food into fun and easy shapes with cookie cutters.
- Encourage your child to invent and help prepare new snacks. Create new tastes by pairing low-fat dressings or dips with vegetables. Try hummus or salsa as a dip for veggies.

  "Make meals and memories together. It's a lesson they'll use for life."

- Name a food your child helps create. Make a big deal of serving "Maria's Salad" or "Peter's Sweet Potatoes" for dinner.

- Our family ideas to make food fun:

  __________________________________________________________
  __________________________________________________________
  __________________________________________________________

For more great tips on these and other subjects, go to: ChooseMyPlate.gov/preschoolers/
Handling A "Choosy" Eater

What would you do?
- Sara-Mei will not eat anything green – she even refuses a whole meal if one green pea appears on her plate.
- Santiago is interested in everything at the table BUT eating.
- Dillion gets upset when one food on his plate touches another.
- Mariffa will not eat anything but an orange or a banana; two days ago she would only eat peanut butter sandwiches.

"Choosy" eating is a child-size step toward growing up and showing independence.
In fact, what seems like a challenge to you may be an early step toward making food choices. A child’s “No” does not always mean no. What seems “choosy” may just be your child’s awkward first steps in learning to make decisions.

What appears to be “choosy” eating may instead be a smaller appetite.
Preschool-age children grow and develop at a slower rate than toddlers do. If left alone, most children become hearty eaters again when their body’s growth pattern requires more food for energy.

The best advice for you: Relax and be patient!
Learn how to handle eating challenges and how to avoid conflict. That way, your child will not learn to use food as a way to exert control.

Ten Effective Ways To Handle a "Choosy" Eater

1. Treat food jags casually since food jags do not last long anyway.
2. Consider what a child eats over several days, not just at each meal. Most kids eat more food variety than a parent thinks.
3. Trust your child’s appetite rather than force a child to eat everything on the plate. Forcing a child to eat more encourages overeating.
4. Set reasonable time limits for the start and end of a meal then remove the plate quietly. What is reasonable depends on each child.
5. Stay positive and avoid criticizing or calling any child a “picky eater.” Children believe what you say!
6. Serve food plain, and respect the "no foods touching" rule if that's important to your child. This will pass.

7. Avoid being a short-order cook by offering the same food for the whole family. Plan at least one food everyone will eat.

8. Substitute a similar food – if a child does not like a certain food; instead of squash, offer sweet potatoes.

9. Provide just two or three choices not a huge array of food. Then let your child decide.

10. Focus on your child’s positive eating behavior not on the food.

Check (✓) what you do already.
Circle ❌ what you can try right away.
Hunting For Treasures

MyPlate Grocery Store Treasure Hunt

GRAINS
Start every day the whole-grain way. Find a breakfast cereal that lists one of these listed as the first ingredient: brown rice, oatmeal, rolled oats, whole oats, whole-grain corn, or whole wheat.

- Check the box and name the cereal
- Make at least half of your grains whole grains

VEGETABLES
Look for a dark green and a red or orange vegetable.

- Check the box and name the red or orange vegetable
- Color your plate with great tasting veggies.

FRUITS
Find a fruit. If you choose a fruit juice, make sure it is 100% juice.

- Check the box and name the fruit

DAIRY
Dairy foods contain calcium for strong bones and teeth. Find a dairy food that is low-fat or fat-free.

- Check the box and name the dairy food

MEAT AND BEANS
Try fish, poultry, beans, and peas more often. Find a bag of dry beans.

- Check the box and name the beans

Families and Friends:
Take this sheet along with you the next time you go to the supermarket, and have your child look for foods in each food group. Make the the a fun treasure hunt and a memorable activity for your child.
What does a safe sleep environment look like?

Reduce the Risk of Sudden Infant Death Syndrome (SIDS) and Other Sleep-Related Causes of Infant Death

Use a firm sleep surface, such as a mattress in a safety-approved* crib, covered by a fitted sheet.

Make sure nothing covers the baby's head.

Do not use pillows, blankets, sheeepskins, or crib bumpers anywhere in your baby's sleep area.

Always place your baby on his or her back to sleep, for naps and at night.

Keep soft objects, toys, and loose bedding out of your baby's sleep area.

Dress your baby in light sleep clothing, such as a one-piece sleeper, and do not use a blanket.

Do not smoke or let anyone smoke around your baby.

Baby should not sleep in an adult bed, on a couch, or on a chair alone, with you, or with anyone else.

*For more information on crib safety guidelines, contact the Consumer Product Safety Commission at 1-800-638-2772 or http://www.cpsc.gov.
Safe Sleep For Your Baby

- Always place your baby on his or her back to sleep, for naps and at night, to reduce the risk of SIDS.

- Use a firm sleep surface, covered by a fitted sheet, to reduce the risk of SIDS and other sleep-related causes of infant death.

- Your baby should not sleep in an adult bed, on a couch, or on a chair alone, with you, or with anyone else.

- Keep soft objects, toys, and loose bedding out of your baby's sleep area to reduce the risk of SIDS and other sleep-related causes of infant death.

- To reduce the risk of SIDS, women should:
  - Get regular health care during pregnancy, and
  - Not smoke, drink alcohol, or use illegal drugs during pregnancy or after the baby is born.

- To reduce the risk of SIDS, do not smoke during pregnancy, and do not smoke or allow smoking around your baby.

- Breastfeed your baby to reduce the risk of SIDS.

- Give your baby a dry pacifier that is not attached to a string for naps and at night to reduce the risk of SIDS.

- Do not let your baby get too hot during sleep.

- Follow health care provider guidance on your baby's vaccines and regular health checkups.

- Avoid products that claim to reduce the risk of SIDS and other sleep-related causes of infant death.

- Do not use home heart or breathing monitors to reduce the risk of SIDS.

- Give your baby plenty of Tummy Time when he or she is awake and when someone is watching.

Remember Tummy Time!
Place babies on their stomachs when they are awake and when someone is watching. Tummy Time helps your baby's head, neck, and shoulder muscles get stronger and helps to prevent flat spots on the head.

For more information about SIDS and the Safe to Sleep campaign:
Mail: 31 Center Drive, 31/2A32, Bethesda, MD 20892-2425
Phone: 1-800-505-CRIB (2742)
Fax: 1-866-760-5947
Website: http://www.nichd.nih.gov/SIDS

NIH Pub. No. 12-5759  OCFS Pub 5136  September 2012
Greek Pork Chops

Prep time: 4 hours  
Cook time: 30 minutes  
Makes: 4 Servings

These pork chops are marinated in oregano and garlic and then pan-fried in a hot skillet until crispy. These tasty chops make a easy meal with quick clean up.

Ingredients

1 pound pork cutlets (or 4 boneless pork chops)  
1 tablespoon vegetable oil  
1 tablespoon dried oregano  
1/2 teaspoon salt  

1 tablespoon red wine vinegar  
2 cloves garlic (peeled and minced)  
1/4 teaspoon black pepper

Directions

1. Put the pork, oil, vinegar, oregano, and garlic in the glass or ceramic bowl, or in a sealed plastic bag and mix well. Cover bowl and refrigerate at least 4 hours or overnight.
2. Sprinkle the pork with the salt and pepper.
3. Place a large skillet on the stove over high heat. When hot, add the pork to the dry skillet, waiting about 30 seconds between each addition.
4. Cook about 7 minutes on each side until crispy. Serve right away.

Lemon, lime or orange juice can be used instead of red wine vinegar

Taken from My Plate  
June 2018 Newsletter
Regular physical activity can produce long term health benefits. People of all ages, shapes, sizes, and abilities can benefit from being physically active. The more physical activity you do, the greater the health benefits.

Being physically active can help you:

- Increase your chances of living longer
- Feel better about yourself
- Decrease your chances of becoming depressed
- Sleep well at night
- Move around more easily
- Have stronger muscles and bones
- Stay at or get to a healthy weight
- Be with friends or meet new people
- Enjoy yourself and have fun

When you are not physically active, you are more likely to:

- Get heart disease
- Get type 2 diabetes
- Have high blood pressure
- Have high blood cholesterol
- Have a stroke

Physical activity and nutrition work together for better health. Being active increases the amount of calories burned. As people age their metabolism slows, so maintaining energy balance requires moving more and eating less.

Some types of physical activity are especially beneficial:

- Aerobic activities make you breathe harder and make your heart beat faster. Aerobic activities can be moderate or vigorous in their intensity. Vigorous activities take more effort than moderate ones. For moderate activities, you can talk while you do them, but you can't sing. For vigorous activities, you can only say a few words without stopping to catch your breath.
- Muscle-strengthening activities make your muscles stronger. These include activities like push-ups and lifting weights. It is important to work all the different parts of the body - your legs, hips, back, chest, stomach, shoulders, and arms.
- Bone-strengthening activities make your bones stronger. Bone strengthening activities, like jumping, are especially important for children and adolescents. These activities produce a force on the bones that promotes bone growth and strength.
- Balance and stretching activities enhance physical stability and flexibility, which reduces risk of injuries. Examples are gentle stretching, dancing, yoga, martial arts, and t'ai chi.
What is Second and Third-hand Smoke?

Secondhand smoke is the smoke that comes from the burning end of a cigarette, cigar or pipe. It is also the smoke that smokers breathe out (exhale). Even smoke that is exhaled contains substances that irritate the lining of your lungs and other tissues, such as your eyes and throat. These substances cause changes that interfere with cells developing normally in your body. These changes in cells increase the risk of some cancers and other health conditions.

What is third-hand smoke?

Third-hand smoke is the invisible tobacco “dust” (or chemical) that settles in the environment and stays there even after a cigarette has been put out. Third-hand smoke contains more than 250 chemicals. We know that children exposed to third-hand smoke are at risk, because they have higher levels of cotinine (the by-product of nicotine) in their urine and blood. These harmful chemicals stay on your clothes, hair, rugs, curtains, toys, and coat every surface in your home and car. Babies and children can be harmed because they breathe or eat the toxins when they crawl on floors, sit on car seats, or cuddle adults, where toxins may have built up over time. Pets are also at risk because the toxins stay on their fur or feathers.

Why is second and third-hand smoke harmful?

Studies show that a person breathing second-hand smoke is exposed to the same tar, nicotine, cyanide, formaldehyde, arsenic, ammonia, methane, carbon monoxide and other cancer-causing chemicals, as the person smoking the cigarette. The smoke from the burning end of a cigarette has more toxins than the smoke inhaled by the smoker. Children exposed to second-hand smoke have increased hospital admissions for asthma, serious respiratory infections, ear problems, and are at increased risk of sudden infant death syndrome (SIDS) than those not exposed. When infants, children and nonsmoking adults inhale, ingest or touch substances containing third-hand smoke; they may place themselves at increased risk for tobacco-related health problems.

How can I protect my children and myself from second and third-hand smoke?

- If you smoke, avoid smoking around...
children. Choose a place to smoke outside, away from where children play. Ask other adults to smoke outside. Opening windows is not enough protection against second and third-hand smoke.

- Ask visitors, babysitters, grandparents and friends not to smoke in your home or around your children. Inform them that the smoke can increase your child’s risk for developing health problems (asthma, bronchitis, pneumonia, and middle ear problems).
- Do not allow smoking in your home or car, even when your children are not present.
- Choose a smoke-free day care center.
- Visit places where smoking is prohibited.

For help with quitting:
- Talk to your health care provider to find out if you are eligible to use medications or nicotine replacement products to help you quit smoking.
- Find a local smoking cessation program by visiting http://www.quitnet.com/library/programs/.
- Call 1-800-QUITNOW (1-800-784-8669) for telephone counseling and information about quitting in your state.
- Don’t give up! Keep trying.

References:

**US Department of Health and Human Services**


**National Cancer Institute**
http://www.cancer.gov/cancertopics/factsheet/Tobacco/ETS


Authors: Tobacco Control Committee of the American Thoracic Society, Pat Folan RN, DNP, Christine Fardellone, RN, DNP, Andrea Spatarella, FNP-BC, DNP
Reviewer: Suzanne C Lareau RN, MS
Free Lunches and Snacks for Children ages 0-18

SNACKS ONLY ON JUNE 9TH

Lunches & Snacks
Starts June 9, 2016
Ends August 31, 2015

Lunch 11:30 - 12:00
Food Distribution Building
Youth Center
Hillside Park
Birch Bark Park
Bayfield Rec. Center

Snacks 2:30-3:00
Food Distribution Building
Youth Center
Hillside Park
Birch Bark Park
Bayfield Rec. Center

USDA is an equal opportunity provider and employer
Organizing Your Finances

Ever feel like you're drowning in paperwork? Think about how you manage money, pay bills, and store documents. What’s working and what isn’t?

Keep it Simple
A simple system that fits a busy schedule is the one that works best. Do you have a way to:
- Keep important papers safe?
- Pay bills on time?
- Find receipts, tax documents, insurance records, and other papers?

A good system for organizing finances can help you find documents when you need them and stay on top of bills and other paperwork. It can also give you more time and money to spend on things you enjoy.

Getting Started
Do some bills slip through the cracks? Is there too much clutter? Making small changes to a good plan can smooth out trouble spots. Think about:

- **Time.** Managing money takes time, which can be hard to find for busy parents. Instead of doing it all at once, set aside short chunks of time to tackle a few tasks. About an hour a week or 10 minutes every few days is enough to go through mail, pay a bill or two, check bank balances, etc.

- **Space.** Do you have a spot for important papers so they don’t get mixed up with junk mail and kid’s artwork? It’s no fun finding an overdue bill buried under a stack of paper.

- **Storage.** Where do you store papers you need to keep? Options include a plastic bin, a cabinet drawer, or a shoe box — any of these can do the job if they are labeled and organized.

Digging In
Have a place to put mail, school forms, and other papers as they arrive. Go through these every day or two. Toss or shred what you don’t need.

Handle bills to be paid or calls to make right away, or set up a time to do this once a week. Find a place to put bills where you won’t lose track of them. They could be clipped together on the fridge, in a basket on a shelf, or another place you see every day.

Many people pay bills online or set up automatic payments from their bank. This saves time, postage, gas, and late fees. Auto payments work best when you know you will have enough in your account when the bill is due. Contact your bank to learn more.

For bills that aren’t set up for auto-pay, find a way to remind yourself to pay on time. Some people make a note on a calendar or set reminders on their phone or computer. Choose a way that’s easy for you.

Caution: Paying bills online is best done at home on a protected computer. Avoid banking on a public computer or devices connected through public wireless networks.
How do you know what papers to keep? Here are some tips:

<table>
<thead>
<tr>
<th>What</th>
<th>How Long</th>
</tr>
</thead>
<tbody>
<tr>
<td>Marriage Licenses</td>
<td>Keep these in a safe place forever. Don’t carry these with you unless you need them for a specific reason.</td>
</tr>
<tr>
<td>Social Security Cards</td>
<td></td>
</tr>
<tr>
<td>Birth &amp; Death Certificates</td>
<td>To replace birth, marriage or death certificates, go to <a href="http://www.dhs.wisconsin.gov">www.dhs.wisconsin.gov</a> &amp; look for Vital Records</td>
</tr>
<tr>
<td>Legal documents (wills, adoption papers)</td>
<td>To replace a Social Security card, go to <a href="http://www.ssa.gov/ssnumber">www.ssa.gov/ssnumber</a></td>
</tr>
<tr>
<td>Income Tax Records</td>
<td>Keep tax returns and receipts for 7 years. Keep pay stubs for 1 year until you receive a W2 that matches your records.</td>
</tr>
<tr>
<td>Housing Records</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Keep current policies for homeowners/renters insurance until you renew, along with proof of up-to-date payment.</td>
</tr>
<tr>
<td></td>
<td>Keep lease until you move and deposit is returned.</td>
</tr>
<tr>
<td></td>
<td>For tax purposes, keep home improvement documents until 7 years after you sell your home.</td>
</tr>
<tr>
<td></td>
<td>Keep mortgage documents until paid. Keep a receipt of the final payment.</td>
</tr>
<tr>
<td>Vehicle Records</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Keep title in a safe place (not in the car) while you own the car.</td>
</tr>
<tr>
<td></td>
<td>Keep loan documents until paid, keep proof of payment.</td>
</tr>
<tr>
<td></td>
<td>For insurance, keep active policy until you renew it.</td>
</tr>
<tr>
<td>Receipts, Credit Card Statements, Bank Statements (online or paper)</td>
<td>Most can be tossed. Keep them...</td>
</tr>
<tr>
<td></td>
<td>If you use it to track spending.</td>
</tr>
<tr>
<td></td>
<td>If you might return an item.</td>
</tr>
<tr>
<td></td>
<td>If you need proof of purchase for a warranty.</td>
</tr>
<tr>
<td></td>
<td>Until it shows up as “paid” on the next month’s bill (like utilities or cell phone bills or credit card statements).</td>
</tr>
</tbody>
</table>

When you’re ready to toss financial papers, be sure to shred them to prevent identity theft.

For More Information...
Contact your local UW-Extension Family Living Educator for more financial education resources. Go to www.uwex.edu/ces/cty/ to find your County office.

For help with balancing your monthly spending plan, contact a non-profit Certified Consumer Credit Counselor online at www.debtadvice.org or by calling 800.388.2227.

To Sum It Up:
$ Late fees add up. Paying bills on time saves money and helps build a good credit rating.
$ Don’t get caught by surprise. For quarterly or once-a-year bills (insurance, license plate renewal, property taxes, etc.), set aside money from every paycheck and set a due date reminder.
$ Struggling to pay bills on time? Is it because you forget or lose track of a bill? Or is it hard to stretch your money? You can call your local UW-Extension office for more tips on managing money.
Treaty Education Day
June 22nd, 2016

Join us for an exciting day learning about the Chippewa Ceded Territory Treaties and Treaty Rights!
We will start the day at Legendary Waters Casino and make our way to Madeline Island!

**Legendary Waters Casino**
9:30am Opening Ceremony
Migration Story
Treaty Talk
Treaty Rights Experiences Discussion
Historical Timeline Table Walk
12:00pm Lunch

**Madeline Island** (times/events subject to change)
1:15pm Ferry to Madeline Island
Ferry tickets (walk on only) and light refreshments on the island will be provided
You must pre-register for this with Julie Gordon at Administration 715-779-3700
2:30pm Madeline Island Museum Tour
4:30pm Tribal Council Treaty Discussion at Treaty Hall Marker
Copies of the original 1837, 1842, and 1854 treaties will be shown!
6:00pm Ceremony with Chief Buffalo’s Pipe at St Joseph Mission Cemetery
7:30pm Ferry back to Bayfield (next and last ferry of the day is at 9pm)

**Chippewa Federation Meeting to follow on June 23rd at Legendary Waters!**

Please feel free to bring your family! And an item that you feel embodies Treaty Rights Questions? Please contact Marvin Defoe at 715-209-1651 or Gabrielle VanBergen at 715-779-3650

Sponsored by: Tribal Council, Circles of Care, Community Health Center, Environmental Department, Earth Partnership, Tribal Historic Preservation Office, Youth Center, Re-Entry Program, Family Services, and Early Childhood Center
Rabies Clinic

Date: Wednesday, July 13th, 2016
Time: 9:00 AM – 2:00 PM
Location: Red Cliff Fire Hall

Your pet must be at least 3 months old to receive their first rabies shot. (6 – 9 weeks old for other vaccines)

For more information, contact Will Tillmans at 715-779-3707 ext. 2228

Free rabies shots for dogs and cats will be available. The Red Cliff Tribal Animal Control Ordinance requires that dogs must be vaccinated for rabies and licensed. Red Cliff Wardens will also be present to register dogs.

There will be other vaccines available as stated below. Pet owners will be responsible for the cost of these additional vaccinations & deworming.

*NOTE: follow-up/booster vaccine costs at our clinic will be different than those listed here.*

For Dogs:
- Rabies (R) FREE
- Distemper/Parvo (DHPPL4) $15.00
- Lyme disease (LL) $30.00
- Bordetella (Kennel Cough) (B) $13.00
- Deworming (Pyrantel) $5.00

For Cats:
- Rabies (R) FREE
- Leukemia/4-way (RCCPLv) $24.00
- Deworming (Pyrantel) $5.00
Full circle learning

Our Goals:

To get youth excited and strengthen their connection to the outdoors

To educate on the importance of traditional ecological knowledge and cultural traditions

To encourage natural resource careers

To build confidence, leadership, and self-reliance

To promote and protect treaty rights

To honor all our relations

To deepen understanding of traditional ways

For more information, please contact:

Heather Naigus, GLIFWC
LE Outreach Officer
906.458.3778
hnaigus@glifwc.org

Joe Panci, USFS
Conservation Education Coordinator
906.358.4018 ext 328
jpanci@fs.fed.us

Onji-Akiing
(From the Earth)

Natural Resource Cultural Summer Camp

July 18-22, 2016

Camp Nesbit, Sidnaw, Michigan in the Ottawa National Forest

Sponsored by GLIFWC and USFS

Great Lakes Indian Fish & Wildlife Commission
FOREST SERVICE
DEPARTMENT OF AGRICULTURE
Camp Onji-Akiing (From the Earth) is a cooperative effort between the Great Lakes Indian Fish and Wildlife Commission (GLIFWC) and the Ottawa National Forest to explore opportunities for connecting children with their natural world. Hosted at the Lake Nesbit Environmental Center near Sdnaw, Michigan, the camp centers around the Medicine Wheel, addressing not only the physical but also the emotional, mental, and spiritual aspects of adventure-based learning workshops. Children explore natural resource careers and Native American treaty rights, while building leadership skills and environmental stewardship. Onji-Akiing is open to 5th-7th grade students.

2016 Programs

- Environmental Sciences (e.g., aquatic ecology, bird life, forestry, terrestrial ecology, wildlife, technology, Career Fair, etc.)
- Ropes course/team building
- Sweat lodge
- Service learning
- Cultural exploration
- Hunting, fishing, archery
- Fireside programs
- Canoeing/Manoomin safe harvest
- Brain tanning
- Drum making

Students will be expected to participate fully in all activities of the camp. It is important to the success of the students that they take part in all group and individual activities for service, leadership, recreation, and cultural awareness to the best of their abilities. Students will stay in the Camp cabins and eat meals in the dining commons.

Sample daily schedule

7:00 – Rise and shine
7:15 – Spirit Run
8:00 – Breakfast
9:00 – Team building activity
12:00 – Lunch
1:00 – Problem solving activity
3:30 – Leadership development
5:00 – Dinner
6:00 – Clan time
7:00 – Warrior games
9:00 – Snack
9:30 – Talking Circle fireside
10:00 – In cabins
10:30 – Lights out
Onji-Akiing Summer Program  
“From the Earth”  
July 18-22, 2016  
Lake Nesbit Environmental Center  
Sidnaw, Michigan  
GLIFWC/USFS application

Participant

Name __________________________________________________________

Address ______________________________________________________

City __________________ State ________ Zipcode ____________

Email ________________________________________________________

Grade __________ Age __________ 

Tribe Affiliation __________________________________________ (if none, leave blank)

Phone #( )__________________

Please attach another sheet of paper with a short essay (at least 100 words) on why you want to attend the 2016 Camp Onji-Akiing Summer Program. Please include any special achievements, how this camp might help you in school, your community, and any life goals.

Please attach one letter of recommendation from an adult, not related to you, about why they think you should attend the camp and will benefit from it.

Students, 5th-8th, are accepted on the basis of their essays, recommendations and space availability. In the event you are accepted, you will be expected to sign a statement saying that you will participate fully in all activities and parents/guardians will have to complete and sign health forms and permissions for all camp activities.

For questions or concerns, please contact:

Heather Bliss, GLIFWC LE Outreach Officer
906-458-3778
hmoigus@glifwc.org

Mail application and essay to:
Heather Bliss
Attn: Camp Onji-Akiing,
253 Silver Creek Rd
Marquette, MI 49855

Or fax to (715)682-4221...............DEADLINE for applications is JUNE 13, 2016.
State of Wisconsin
Department of Transportation

Emergency Rule helps people obtain photo identification for voting

The Wisconsin Department of Transportation (WisDOT) filed emergency rule language, effective May 13, 2016, to better assist persons in obtaining free photo identification documentation valid for the purposes of voting.

Any Wisconsin voter that currently has a Wisconsin Driver License or a Wisconsin Identification Card already has valid photo ID for voting. If an eligible Wisconsin voter does not have this identification, DMV offers Wisconsin Identification Cards free for the purposes of voting.

The documentation requirements to obtain a Wisconsin ID card may be found online. This site also describes the petition process, which assists persons in obtaining proof of name and date of birth or proof of U.S. citizenship, if unavailable to the applicant. The process to obtain verification of name and date of birth/U.S. citizenship can take time, especially for out-of-state births, so DMV will now be issuing photo identification card receipts no later than six (6) business days from receipt of the petition application. This identification card receipt, valid for the purposes of voting, is effective for 60 days, and will be renewed as long as the application remains in process. This will ensure customers have the identification needed to vote while their application remains in process.

The emergency rule makes a number of other changes to the petition processing requirements—all of which are intended to provide clarity to petition applicants.

With the upcoming elections this calendar year, Wisconsin DMV has published rule changes to help educate our customers, while providing streamlined access to valid identification for voting purposes.

For more information, contact:
Patricia Mayers, WisDOT Office of Public Affairs
(608) 266-5599, patricia.mayers@dot.wi.gov
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**Ode mini-gizmo (Strawberry Moon)**

**June 2016**
38th Annual TRADITIONAL

Open to everyone from everywhere!

RED CLIFF BAND OF LAKE SUPERIOR CHIPPEWA

Red Cliff is located three miles north of Bayfield, Wisconsin on Highway 13 | (715) 779-3700

POW-WOW

GRAND ENTRY

Friday, July 1 7 pm
Saturday, July 2 1 pm & 7 pm
Sunday, July 3 1 pm

JULY 1-2-3 2016

MASTER OF CEREMONIES
Larry "Amik" Smallwood
Mille Lacs, Minnesota

SPiritual Advisor
Brian Goodwin
Red Cliff, Wisconsin

Head Drum
White Fish Bay Singers
Kenora, Ontario, Canada

Arena Director
Domenci Morris
Red Cliff, Wisconsin

Head Veteran
Norman Crazy Thunder
Pine Ridge, S. Dakota

Hometown Host Drum
Buffalo Bay Singers
Red Cliff, Wisconsin

Head Dancers
Fran 7 pm
Jim Pete & Vennessa Gordon
Bobet Powless & Carolyn Gouge
SAT 1 pm
SUN 1 pm

Free camping in designated areas. Shuttle service from Legendary Waters Resort & Casino to/from the grounds. Red Cliff Pow Wow is not responsible for theft, accidents and/or personal injury, damages or lost articles.

VENDORS! ARTISTS!
Call (715) 779-3700

THIS IS A FAMILY-ORIENTED EVENT  NO ALCOHOL | NO DRUGS | NO PETS
Natural Resource Activities for Tribal Youth

Gi Mikanimin Mashki Ziibii
(Discover the Bad River)

Bad River Falls Trip, May 18th 2016
- Experience Spring at the Bad River Falls.
- Learn about Bad River Natural Resources’s restoration efforts on the Falls Trail.
- Learn the cultural significance of the Bad River and the Bad River Falls to the Ojibwe people.

Kakagon River Eco-tour, June 28th 2016
- Take a boat tour of the Kakagon Sloughs with Bad River NRD staff.
- Visit the wild rice ecosystem of our reservation sloughs and learn how we study and manage our area’s natural resources.

Forestry: Paper Birch & Balsam Harvest, August of 2016
- Learn the safe way to remove paper bark and balsam boughs without damaging the trees.
- Learn the historical and cultural uses of paper birch and balsam and how those uses compare to the contemporary use today.

For further information regarding these Tribal youth events: IAS@Badriver-nsn.gov 715.682.7111 ext.1602
I understand that I hold the Bad River Band of the Lake Superior Tribe of Chippewa Indians, its officers, employees and agents harmless from all liability and claims arising out of or in connection with my participation in this activity. I hereby release and discharge the Tribe from all liability arising out of or in connection with the activity.

Print Name of Participant: ____________________________________________________________

_________________________________________  __________________________
Signature of Participant                        Date

_________________________________________  __________________________
Signature of Parent or Guardian, if participant is a minor under 18 years of age.

Date
GATHERING OF ELDERS

INTRODUCTION TO EFFORTS IN THE COLLECTION OF INFORMATION FOR FUTURE ELDER NEEDS!!!!

JUNE 15, 2016
LEGENDARY WATERS CASINO/CONVENTION CENTER
11:00 A.M. TO 1:00 P.M.
LUNCH SERVED AT 11:30 A.M.

SPONSORED BY:
JAMES E. PETE, DBA
TRIBAL MANAGEMENT CONSULTANT
715/779-5782

GUYAUSHK AND ASSOCIATES
www.guyaushk4.com
<table>
<thead>
<tr>
<th>Day</th>
<th>Meal 1</th>
<th>Meal 2</th>
<th>Meal 3</th>
<th>Meal 4</th>
<th>Meal 5</th>
<th>Meal 6</th>
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<th>Meal 11</th>
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<th>Meal 17</th>
<th>Meal 18</th>
<th>Meal 19</th>
<th>Meal 20</th>
</tr>
</thead>
</table>
June 2016 Elder Month of Events

Friday June 3rd - Ashland Shopping leave at 9:00am
Wednesday June 15th - Gathering of Elders Session 11am-1pm
   @ Legendary Waters Event Center
Thursday June 16th - Corny Day Trip leave at 9:30am
Thursday June 16th - Foster Grandparent/Senior Companion Mtg 1pm
Tuesday June 21st - Ashland Shopping Day leave at 9:00am

If interested in attending any of these events, please feel free to call Nutrition Center to sign up.

715-779-3746
Help our community and become a Child Care Provider!!

Summer time is coming, and a lot of our families and friends are going to be looking for child care providers. Help them out! Stop by Family/Human Services and talk with Mallory Andrews, the Child Care Coordinator, to start your application!

Reasons to become a Child Care Provider:

1. You have a passion for working with children
2. Enjoy being your own boss, and set your own hours
3. Enjoy working from home
4. Helping other parents and community members
5. Teaching, and learning from, children who may need a slower environment than a Child Care Center
6. Support to those parents who are working different shift hours than that of the hours of a Child Care Center
7. Providing care to children with needs that may exceed the care provided at Child Care Centers
8. Enjoy working with a smaller group of children than a Child Care Center
GENERAL
TRIBAL ELECTION
CANDIDACY DEADLINE

If you are interested in running for a At-Large position, you must submit your name in writing to Laura J. Gordon, Tribal Secretary by Monday June 20th, 2016 by 6:00 p.m.

Polls are open 8:00 a.m. to 8:00 pm. at Legendary Waters Resort and Casino

General Election
July 5, 2016

If you have any questions, please feel free to contact: Laura J. Gordon at 715-779-5518 (home) or email me: llgordon@redcliff-nsn.gov
Summer Fun Day

When: Monday, June 20, 2016
2pm until 7pm (Tentatively)

Where: Red Cliff Youth Center

Summer is a time for sunshine, fun, family and friends. You are welcome to celebrate the summer season with a family style picnic.

Games, prizes, raffles and food

If you have any questions, please feel free to call Jeremy or Denise at (715) 779-3706

This is a Red Cliff Family and Human Services Collaborative Event.

Brighter Futures/CST; Family Violence Prevention Program; GA/TANF; Family Services; Youth Services; Elderly Services; Childcare Program; Income Maintenance; Re-Entry Program; Child Support; ICW; and Food Distribution.
Using traditional Anishinaabe techniques & materials we will be building a Long House at Big Top Chautauqua.

Dates for this event are, June 12, 13, 14, 15, 16, from 11:00am-2:00pm and June 17th from 6:30-7:30pm

If you are interested in learning more about the Ojibwe culture and wish to take part in this project please contact:

Michael Charette, Red Cliff Youth Activities Coordinator. 715-779-3722 or 715-209-3937

This event is free and open to all ages.
RED CLIFF COMMUNITY

The Pow Wow Committee is looking for bids for the Pow Wow FEAST

FEAST: Pow Wow – Sat. July 2, 2016 - 5:00 p.m. New Pow Wow Grounds

Your bid would be for preparing the feast for 500 people to include:

Set up & Clean up

Cook the main dishes: Fish, Venison, Mashed Potatoes, Wild Rice, Gravy, Corn and Fry Bread. *(The food and condiments will go through a purchase order system through the Red Cliff Tribe and will not be part of the bid. You would submit what is needed and it will be ordered.)*

Coordinate with the community on desserts, fruit, vegetable trays, relish trays (pickles, olives), etc.

Any questions, please contact the Tribal Administration at 715-779-3700.

Total: ____________________________

Name & Phone Number: ____________________________

Submit bid to Tribal Administration

Deadline: June 15, 2016 at 12 noon
FATHER'S DAY RAFFLE

This Father's Day, surprise dad with a brand new John Deere Riding Mower (Model # D110) valued at $1,699.99.

Winner will be drawn at 12:00 noon
On Sunday, June 19, 2016 at CHA.
Tickets are $10.00 each or 3 for $20.00

Get Your Tickets at the following locations:

- CHA, 409 Old Airport Road, Ashland, WI
- Neighborly Bar, 1301 Main St W, Ashland, WI
- Styl'n Up North, 720 Lake Shore Drive, Ashland, WI
- Washburn Hardware Store, Washburn, WI

All proceeds earmarked for construction of New Shelter.

Be a part of building CHA's new Shelter!

For more information please contact CHA at 715-687-9744 or visit our website at www.chaadopt.org

Mail Sue DeRipple for tickets (715) 779-9771
Red Cliff Community
Plant Giveaway

Sunday June 5th from 10-4 &
Tuesday June 7th from 9-3

Minobimaadiziiwin Gitigaanin's
Annual Plant Giveaway

* Plants available for Red Cliff Members on June 5th &
  open to members as well as tribal employees June 7th
  * First come first serve
  * Limit 8 total plants/person

Located at the Minobimaadiziiwin Farm adjacent to Red
Cliff Clinic at the corner of Aiken Road and Hwy 13

Questions? Please call Nathanael Secor (Farm Manager) at 715-779-3782
Swim Mini-Camps at the Bayfield Rec Center
June 20-22 and August 22-24  10-3 pm
It’s Summer Olympics time! You can learn the techniques used by Olympic athletes in our Rec Center Mini-Swim Camps for 8 – 17 year olds. Each 3-day session includes classroom instruction and pool practice intensely focused on two of the four required strokes for competitive swimmers. New swimmers are welcome (must be able to swim one complete lap without stopping) – team swimmers are strongly encouraged to attend both sessions to improve performance in all four strokes. Please call 715-779-5408 for more information or to sign up.

Red Cross Swimming Lessons
with Brittany Schmitt and Anney Olson Monday-Thursday July 11-21

**Level 1: 10:00-10:30 am**  Students explore and learn basic aquatic skills.

**Level 2: 10:30-11:00 am**  Students will successfully use primary skills and start developing aquatic locomotion.

**Level 3: 11:15-11:30 am**  Students develop stroke readiness including elementary backstroke, treading water and diving.

**Level 4: 11:30-12:00 am**  Students will build confidence and improve strokes including breaststroke, sidestroke, and turns.

**Level 5: 12:00-12:30 pm**  Students refine their performance of all strokes and increase their distances.

**Level 6: 12:30-1 pm**  Refine strokes so participants swim them with greater efficiency and effectiveness over longer distances.

Members $57, Non-members $68, Minimum of 4 per class, financial assistance available

**FREE LUNCH FOR KIDS ALL SUMMER!** at the Bayfield Rec Center

June 9-August 31
Lunch Monday-Friday 11:30am-12:00pm  The Rec Center is a site to receive free lunch and snack through the Red Cliff Summer Food program.  All lunches will meet USDA guidelines and include milk.

**Become a sailor this summer!**

Financial Assistance Available! Take a class, get a season pass, and become a sailor this summer with North Coast Community Sailing. There are so many ways to sail with us! Brand new sailors often start with a class - we offer youth (ages 7 and up), teen, family, and adult classes. No experience is necessary. Too busy to take a class? Drop in to our Basic Sailor Instruction Sessions on Wednesdays and Saturdays and learn to sail on a timeline that fits your schedule. Once you’ve got the basics down, sail four days a week at Open Sailing and Teen Sailing, then put your skills to the test at our Tuesday Night
Laser League. Season pass is half price with a paid class. Stop by and say hi during our Open House at our home base at Washburn’s West End Park on Saturday, June 25 from 12-5 pm. For more information, visit our website – www.northcoastcommunitysailing.org

Aspire Martial Arts Beginner Package with Brittany Schmitt

Beginners Course--Financial Assistance Available!

June 14, 15, 16, 21, 22, 23 from 3:00-4:00 pm (Tuesday–Thursday for 2 weeks) at the Bayfield Pavilion

Martial Arts helps improve reflexes and coordination, instills a positive attitude, builds confidence and self-esteem as well as improving concentration. Students will learn the basic kicks, punches, blocks and self-defense techniques. Join Martial Arts today! This comprehensive beginner’s package includes: a uniform, belt, t-shirt, first month of classes and first belt promotion all for $45.

Women’s Beginners Class

Wednesdays from 5:00-6:00 pm June 1, 8, 15, 22 at the Bayfield Pavilion

Join us in this new 4 part Women’s Only beginners class! Cost is $39 and includes a uniform and t-shirt

Visit us at www.aspiremartialarts.org, call 715-779-5408 with questions or to sign up.

Little Kickers

Our Little Kickers program is a specially designed program just for 4-7 year olds. Little Kickers is an ongoing program that new students can join at any time. Classes on Tuesday and Thursday at 4:15 pm $45 for the first month.

The 30 Minute Core

NEW Program!

with Emily Moravec

Thursdays at 5:00 pm

Join us for a 30 minute core strength and stretch class! Focusing on strong core and back - for people of all levels of fitness. Every Thursday at 5:00 pm.

$5 per day or $15 per calendar month

Yoga in Bayfield year ‘round

Tuesdays and Thursdays 7:30-8:45 am at the Bayfield Pavilion
Yoga at the Bayfield Pavilion is a great way to exercise and meditate with great views of our amazing lake. Drop in to try in for $10, or join for a month for only $59 ($52 for members). 10 visit punch cards available for $79

Gentle Yoga

Tuesdays and Thursdays, 11:00 am-12:00 pm

Gentle Level is ideal for seniors and anyone wanting a more gentle approach to yoga. Gentle Yoga has a slower pace and the teacher gives more instruction on how to use props such as chairs, the wall, blocks, and blankets for support. It is ideal for seniors and anyone wanting a more gentle approach to yoga. This class introduces fundamental Hatha Yoga postures while ensuring that students have time to understand the instructions, and get the props needed to practice the pose to their capacity.

Non-members $54 per month, Members $47 per month

10 visit punch cards available for $79

$5 Drop In Yoga

9:30-10:30 am Tuesdays

May 17th - June 21st, July 5th - August 9th.

Level 1 Beginning Yoga is the perfect choice for students new to yoga, out of practice, or students looking to build a stronger foundation in their practice. These classes are challenging and rewarding! This class focuses on fundamental standing poses, seated poses, easy inversions, and relaxation poses. $5 drop in

Aqua Fit

Mondays, Wednesdays, and Fridays 9-10 am

Aqua Fit is aerobics in the pool. Get a great total body workout without getting your hair wet! A very popular class—great for beginners and fitness pros alike. Drop ins welcome. Members: FREE Non-members can drop in for the standard facility fee. $10 for adults, $6 for seniors and students.

Brazilian Jiu Jitsu

Tuesdays and Thursdays from at 7:00pm at the Bayfield Pavilion Starting May 3

Come join us for an opportunity to learn Brazilian Jiu Jitsu, we have classes available for basics and fundamentals, or competition team classes for those who want to perfect the art of BJJ.

$30/mo non-members, $25/mo members
FOOTBALL CAMP
UW-GREEN BAY
JULY 14-15-16

AHMAN GREEN FORMER
GREEN BAY PACKER
PLAYER - EVENT
HEAD COACH

AGES
10-17

Limited to 100 students. If all slots are not filled by July 1st, then those remaining slots will be available to Non-Native youth to participate in the camp.

*REQUIRES REGISTRATION AND MEDICAL CONSENT FORMS*

Contact Information: Tena Quackenbush 715-284-2622 Ext. 5114
Family Services Program Community Supportive Services Division of the Ho-Chunk Nation Social Services.
JUNE 28th - JULY 1st, 2016

Ho-Chunk Nation Basketball Camp

In conjunction with:
UW-Stevens Point, Neale Hall
433 Isadore St. Stevens Point, WI

REGISTRATION DATES: 4/8/16 - 6/15/16

BOYS & GIRLS AGES 10-17

PAYMENT STRUCTURE

Ho-Chunk Member $0
Descendent of a Ho-Chunk $25
Other Native American $50
Non-Native $75

Check-in Neale Hall: Tuesday June 28, 5:00 PM - 7:00 PM
Check-out Neale Hall: Friday, July 1st, 12:00 PM - 2:00 PM

Contact Information: Tena Quackenbush, 715-284-2622 Ext. 5114 Family Services Program Community Supportive Services Division of the Ho-Chunk Nation Social Services.

Tena.quackenbush@ho-chunk.com
**WHY:**

"Reading aloud with children is known to be the single most important activity for building the knowledge and skills they will eventually require for learning to read."

- Dr. Manlyn Jagar Adams
  Author of: "Beginning To Read: Thinking and Learning About Print"

**HOW:**

1. Stop into the Bayfield Library and sign up for the program.
2. *5 minutes to spare and a picture ID and you'll have your own library card*
3. Pick out some great books.
4. Read to your child.
5. Come back and repeat steps #2 and #3 often!

**WHEN:**

**NOW!**

(with a special kick off party June 20th from noon to 3:00)

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**1000 Books Before Kindergarten**

Pass the word about this fun program to help nurture the life long love of learning and reading!

**PARENTS ARE THEIR CHILD’S FIRST AND MOST IMPORTANT TEACHER!**

*If you read only one book to your child each night for 3 years you will have read 1095 books! If you read 3 books to your child each night for one year, again, you will have read 1095 books!
THE RED CLIFF TRIBAL COUNCIL IS SEEKING TWO (2) INDIVIDUAL INTERESTED IN SERVING ON THE HUMAN/FAMILY SERVICES ADVISORY COMMITTEE.

1-TANF or former TANF participant
1-Community member

FOR FURTHER INFORMATION CONTACT REBECCA BENTON AT 715-779-3706.

If you are interested in serving on this committee, please pick up an application at the front desk of the administration building.
Please return your application to the receptionist at the administration building.

The deadline is open until filled.
VACANCY

The School District of Bayfield has the following vacancy
POSITION: Science Teacher (Middle School)
Beginning 2016-2017 School Year
SCHOOL: School District of Bayfield
QUALIFICATIONS: Wisconsin DPI Certification #600 Science,
#601 Broad Field Science, #27-620 General Science, #37-621 Science
or #46-621 Science. Candidates having 1st through 8th grade certification
with Science emphasis will also be considered. Candidates must have
excellent written and verbal communication skills. Computer proficiency
is required. Additionally, the candidate must be able to work collaboratively
with staff and administration. The candidate must be flexible and have
outstanding organizational skills. The School District of Bayfield is a
multicultural environment making experience with and sensitivity to Native
American Culture Imperative. Knowledge of Wisconsin Act 31 important.
Native Americans are encouraged to apply.
TO APPLY: Application deadline is June 17, 2016. Submit application
available online at www.bayfield.k12.wi.us, letter of interest, resume, three
recent letters of reference and copy of DPI licensures to:
Dr. David Aslyn, District Administrator
School District of Bayfield
300 North 4th Street
Bayfield, WI 54814

THE SCHOOL DISTRICT OF BAYFIELD IS AN EQUAL OPPORTUNITY
EMPLOYER AND DOES NOT DISCRIMINATE ON THE BASIS OF RACE,
GENDER, AGE, HANDICAP, OR SEXUAL ORIENTATION.
ANCESTRAL LANDS CORPSMEMBER
AMERICORPS POSITION
NATIONAL PARK SERVICE, LITTLE SAND BAY

The AmeriCorps Ancestral Lands Corpsmember, (ages 18-25 preferred) will work with the Apostle Islands National Lakeshore to complete conservation projects and build connections between the park and the Native American community the Red Cliff Reservation.

Qualifications:
Member of a Native American tribe
Positive attitude and commitment to service and community work
Strong written and oral communications skill, strong organizational and word processing skills
Experience working with children and youth in outdoor settings
Willingness and ability to travel by airplane for up to a week at a time
Previous experience or education with natural resource management is not required

Requirements:
18 -25 years old
US citizen, US National or lawful resident alien of the US
Must pass the NSOPR registry and no history of violent offenses on the criminal history check.
Full term of service must be completed in order to receive the education award.
Must successfully pass medical review process.

Benefits:
Monthly stipend $1,565
Education award upon successful completion of term. $1515.55
Skill training and job experience.
Health insurance
Student loan forbearance during service term.

Questions? Contact Kellie Lager, Recruitment Coordinator
recruit@conservationcorps.org
651-209-9900 x 31
:: Job Openings ::

Current Openings

Job Center of Wisconsin displays open job orders maintained by the Job Center of Wisconsin. [Link to Job Center of Wisconsin]

All jobs require that you use the Job Application posted on this site and require a Background Information Disclosure (also posted).

[Disclosures]

Current Openings for the Red Cliff Tribe

**20 Hour/Week EHS/HS Position**
DEADLINE: June 6, 2016 at 4:00 p.m.

**Deputy Conservation Warden 1 (Commercial Fishing Emphasis)**
DEADLINE: June 6, 2016 at 4:00 p.m.

**Health Information Management Administrator**
DEADLINE: June 9, 2016 at 4:00 p.m.

**Income Maintenance Assistant**
DEADLINE: June 10, 2016 at 4:00 p.m.

**Community Health Representative**
DEADLINE: June 15, 2016 at 4:00 p.m.

**HS EHS Family Services Worker**
DEADLINE: June 20, 2016 at 4:00 p.m.

**Medical Assistant**
DEADLINE: Until Filled

**Home Visitor**
DEADLINE: Until Filled

**Program Planner**
DEADLINE: Until Filled

**ECC Family Services Worker**
DEADLINE: Until Filled

**Tribal Law Enforcement Officer – Part Time**
DEADLINE: Until Filled

**Chief Executive Officer, Red Cliff Business Development Corporation**
DEADLINE: Until Filled

**General Practice Physician or Pediatrician**
DEADLINE: Open Until Filled

**Chief Financial Officer**
DEADLINE: Open Until Filled

Current Openings for Legendary Waters Resort & Casino
Legendary Waters Resort & Casino - Bartender
DEADLINE: Open until filled

Legendary Waters Resort & Casino - Beverage Server
DEADLINE: Open until filled

Legendary Waters Resort & Casino - Executive Chef
DEADLINE: Open until filled

Legendary Waters Resort & Casino - Restaurant Staff
DEADLINE: Open until filled

Legendary Waters Resort & Casino - Host/Hostess
DEADLINE: Open until filled

Legendary Waters Resort & Casino - Table Games Dealer
DEADLINE: Open until filled

Legendary Waters Resort & Casino - Drop Team Leader
DEADLINE: Open until filled

Legendary Waters Resort & Casino - Drop Team Member
DEADLINE: Open until filled

Current Openings for School District of Bayfield, WI
Click here for Available Job Vacancies at Bayfield School

Current Openings for Bay Area Home Health
Bay Area Home Health - Personal Care Workers / Supportive Home Care Workers / Certified Nursing Assistants

Current Openings for UW Extension
4-H YOUTH DEVELOPMENT EDUCATOR

Current Opportunities for UW Extension

Department of Workforce Development
Sheet Metal Apprentice

Current Openings for the National Park Service
More Park Service Openings in Bayfield

Current Openings for the AMERICORPS
ANCESTRAL LANDS CORPSMEMBER
WisDOT Labor Compliance Specialist-Journey
DEADLINE To Apply: June 5th

Current Openings for the Wisconsin Jobs

IS Business Automation Specialist - IT Project Lead
DEADLINE: Sunday, June 5th 2016.
JOB DESCRIPTION

POSITION: 20 Hour/Week EHS/HS Position
10 Hour/Week Early Head Start Home Based Supervisor/
10 Hour/Week ECC Health Assistant
(Hours are flexible according to employee and supervisors)

LOCATION: Red Cliff Early Childhood Center

PROGRAM: Early Head Start/Head Start

WAGE: $12.00/hour

SUPERVISOR: Early Head Start Director – primary
Health Mental Wellness Manager – secondary

NON-EXEMPT: 20 hours per week/12 months

GENERAL DESCRIPTION OF DUTIES
Primary responsibility of EHS home based supervisor is to assist with minimal supervision of home based teachers; to assist with coordination of monthly requirement enrollment and home visit reports; and assistance to ensure all home base socializations and teacher absences for training have proper written notification to parents. Assist with annual Parents As Teachers’ report, annual Visit Tracker data as well as collaborate with staff on the annual mandatory Program Information Report (PIR).

JOB RESPONSIBILITIES:
EHS Home Base Supervisor
Part-time home based supervisor position may increase up to eight more hours if 2016 fiscal year budget allows. Supervisor position will assist with in-house training of new home based teachers, assistance with more consistent and smoother communication with home based teachers regarding issues with job duties, needs of families, absences due to trainings, communications with families. This list is not meant to be inclusive; other duties as assigned.

ECC Health Assistant
Primary responsibility is to work with Health and Mental Wellness Manager. Duties include tracking health data, health referral follow up, and family resource coordination related to health needs.

- Maintain accurate and up-to-date child files as given by Health Manager.
- Provide information/resources to families/teachers as identified in family partnership agreement and ensure that Head Start family data is entered into the Child Plus data management system to track services and progress.
- Must maintain confidentiality regarding, children, families, and staff at all times.
- Document contacts with parents and maintain confidentiality of each family’s information and records.
- Must be able to pick up health documents from Red Cliff Community Health Center or from ECC parents’ homes as requested.
- Must be able to transport parent/guardian (only) to and from ECC as requested by supervisors.
- Hours of work are flexible according to hired employee and supervisors.

QUALIFICATIONS
- High school diploma
• Applicant must have strong computer skills
• Excellent oral and written communication skills and knowledge of local community resources.
• Must have ability to work effectively as a team player in conjunction with Health and Mental Wellness Manager and EHS home base staff. Attendance at ECC Management meetings only when requested.
• Cultural sensitivity to Ojibwe culture, Native American beliefs, values, community mores.
• Minimal amount of experience in family service/human service field, home visitation services
• Must pass mandatory background check and drug tests prior to hiring.
• Mandatory requirement for valid driver’s license, reliable automobile, and proof of auto insurance. (Proof of auto insurance can be provided upon hire.) Be eligible to be put on the tribe’s vehicle insurance policy.

Preferred
• Preferred minimum of one year prior experience in supervision/management of employees

Highly desirable (but not required)
• Associates’ degree or bachelors’ degree in early childhood education

WORK ENVIRONMENT: Red Cliff Early Childhood Center facility

PHYSICAL REQUIREMENTS: The physical demands described here are representative of those that must be met by an employee to successfully perform the essential functions of this job. Reasonable accommodations may be made to enable individuals with disabilities to perform the essential functions as long as the staff disability does not create an undue risk of injury to any enrolled children in the home based option.

Teacher positions must be physically able to regularly lift and/or move up to forty pounds if needed and/or occasional lifting of fifty pounds is required.

Required to stand, walk, climb or balance, stoop, kneel, crouch or crawl when working with small children and parents in the home. Required to use hands to finger, handle or feel objects, keyboards, tools or controls, reach with hands and arms, speak and hear, and ability to operate keyboard (computer).

Also required are: five year health exam, initial TB test and annual TB questionnaire, immunizations including Hepatitis B (or sign waiver), mumps vaccine (or waiver or proof of immunization) and required trainings such as confidentiality, CPR, Shaken Baby Syndrome, Sudden Infant Death (SIDS), etc.

TRAVEL REQUIREMENTS: Must be able to attend local, regional, and national trainings as required for successful performance of job duties.

Indian preference will be applied in the case of equally qualified applicant, but all qualified applicants will be considered.

TO APPLY: Applicants must submit Red Cliff application and background information disclosure to be considered for the position. If all the required documents are not submitted by the deadline, the applicant will not be considered. Job application and background information disclosure can be found on our website at www.redcliff-nsn.gov

POSTING DATE: May 20, 2016

DEADLINE: June 6, 2016 until 4:00 p.m.

FOR FURTHER INFORMATION, CONTACT:  
Human Resources Department
Red Cliff Tribe
88455 Pike Road
Bayfield, WI 54814
All Early Childhood Center employees must submit mandatory criminal background check information to Human Resources Department with application. Per WI Department of Children & Families (DCF) Bureau of Early Care Regulation (BECR) Memo 2014-03, all licensed child care center employees must complete a one-time fingerprint-based background check on all employees effective December 31, 2015. Every year thereafter, a name-based background check through the Department of Justice (DOJ) must be conducted annually or following any conviction occurring after commencement of employment.

Native American preference will be applied in case of equally qualified applicants, but all qualified applicants will be considered.

(45) CFR Part 1301.31 requires preference be given to qualified current or former parents of Head Start children as position vacancies occur.

The Red Cliff Early Head Start has a Drug Free/Smoke Free environmental policy and follows the intent of the Drug Free Work Place Act.
JOB DESCRIPTION

POSITION: ECC Family Services Worker

NON-EXEMPT/40 hours per week/12 months

LOCATION: Red Cliff Early Childhood Center

PROGRAM: Head Start and Early Head Start

WAGE: $10.00 - $12.00 per hour DOQ

SUPERVISOR: Family Services Manager

GENERAL STATEMENT OF DUTIES:
Build relationships with families and community partners to ensure families support in reaching their individual goals.

RESPONSIBILITIES:
- Maintain accurate and up-to-date files of all ECC families
- Complete Family Assessment Forms with families, goal setting, follow up and referral to comply with Federal Head Start Performance Standards.
- Provide information/resources to families/teachers as identified in family partnership agreement and ensure that Head Start family data is entered into the Child Plus data management system to track services and progress.
- Work with Family Services Team to coordinate services with tribal, community, and county providers to meet specified health needed services.
- Must maintain confidentiality regarding, children, families, and staff at all times.
- Document contacts with parents
- Outreach to families not connected to services. Identify barriers to receipt of services and problem-solve solutions Work closely with Health Manager, Family Services Team, teachers and Head Start Director to monitor daily attendance. Follow up on chronic absences due to health related reasons.
- Responsible to work closely with mental health professionals to assure children’s unique behavioral needs are individually addressed and that staff are educated regarding children’s’ needs.
- Assist with ongoing tacking data for the completion of the annual Program Information Report (PIR).
- Assist with coordinating services including outreach and referral for general health and dental care for children birth to five years of age.
- Attend ECC Family Services Team, all-staff, and other meetings as required.
- Must have demonstrated ability to work well with a team.
- Perform other duties as directed.
- The above duties and responsibilities are not an all-inclusive list but rather a general representation of the duties and responsibilities associated with this position. The duties and responsibilities will be subject to change based on organizational needs and/or deemed necessary by the supervisor.

QUALIFICATIONS/KNOWLEDGE/SKILLS:
- Must be at least 18 years old.
- Minimum of high school diploma, HSED, or GED required.
- AA degree in human services, early childhood or related field is preferred.
- Strong computer skills required.
- Must have ability to work effectively as a team player in conjunction with Health staff, Family Service Team, ECC staff, parents, community members, and other tribal/county support systems in the best interest of the child /family.
Knowledge of Ojibwe culture and language preferred, cultural sensitivity required. Understanding of the uniqueness and dynamics of the Red Cliff community highly desirable. Must have demonstrated positive experience working with tribal families.

Ability to maintain professional relationships with health care providers is required

Must have valid driver’s license and proof of insurance.

CPR and First Aid certification or willingness to obtain them is required.

WORK ENVIRONMENT:
Red Cliff Early Childhood Center office environment.

PERSONAL CONTACTS:
Collaboration with local and non-local health partners, state, and national collaborating partners, with particular emphasis on networking with parents, extended families, and the Red Cliff Community.

SPECIAL REQUIREMENTS:
Must be physically able to work with young children, pass an initial health exam with periodic health exams every five years thereafter. Must obtain an initial TB test and complete additional TB screenings annually. Must obtain other recommended immunizations including Hepatitis B (or sign waiver). Must attend required trainings such as confidentiality, CPR, SIDS, Shaken Baby, etc. Must attend appropriate staff meetings, Policy Council, and parent meetings as required.

TRAVEL REQUIREMENTS:
Must be able to attend overnight job-related trainings—local, regional, and national trainings as required. Home visits within ECC service area as needed.

Native American preference will be applied in the case of equally qualified applicants, but all qualified applicants will be considered.

APPLICATION SUBMITTAL REQUIREMENTS:
The following items are required for this position:

1. Completed Tribal Application

2. Tribal Background Investigation Disclosure

REPOSTING: June 3, 2016
DEADLINE: June 20, 2016 at 4:00 p.m.

FOR FURTHER INFORMATION CONTACT:
Human Resources Department
Red Cliff Tribe
88385 Pike Rd. Hwy 13
Bayfield, WI 54814
(715) 779-3700, Ext. 4268

www.redcliff-nsn.gov
susie.gurnoe@redcliff-nsn.gov

All Early Childhood Center employees must submit mandatory criminal background check information to Human Resources Department with application. Per WI Department of Children & Families (DCF) Bureau of Early Care Regulation (BECR) Memo 2014-03, all licensed child care center employees much complete a one-time fingerprint-based background check on all employees effective December 31, 2015. Every year thereafter,
a name-based background check through the Department of Justice (DOJ) must be conducted annually or following any conviction occurring after commencement of employment.

The Red Cliff Tribe has a Drug-Free Work Place Policy and follows the intent of the Drug-Free Work Place Act. All new employees will be tested prior to starting employment.

Tribal preference will be applied in the case of equally qualified applicants, but all applicants will be considered.

45 CFR 1301.31 requires preference be given to qualified current or former parents of Head Start/Early Head Start children as position vacancies occur.
JOB DESCRIPTION

POSITION: Deputy Conservation Warden I (Commercial Fishing Emphasis)

LOCATION: Red Cliff Warden Department

SALARY: $16-17/hour

THIS IS A REGULAR FULL-TIME NON-EXEMPT POSITION

SUPERVISOR(S): Chief Conservation Warden, Treaty Natural Resources Administrator

JOB SUMMARY: The primary responsibility of the Deputy Conservation Warden is to endorse, preserve, and uphold the Red Cliff Code of Laws, the Lake Superior Fishing Agreement, and commercial fishing activities in Michigan waters of Lake Superior.

DUTIES AND RESPONSIBILITIES:

2. Protection of the Red Cliff Reservation natural resources.
3. Patrol Lake Superior fishing grounds to enforce Tribal commercial fishing regulations and prevent theft or destruction of fishing equipment.
4. Monitor effort, locations, and soak times through routine grid checks including all Wisconsin and Michigan tribal fishing waters of both commercial and subsistence fishermen.
5. Conduct dock side monitoring of fish harvested by commercial fishermen.
6. Review commercial reports compared to observed grid check reports.
7. Conduct randomized routine inspections of fishermen and vessels.
8. Conduct randomized routine inspections of Tribally owned fish wholesalers.
9. Conduct educational programs for the Community with respect to Conservation Code provisions and general resource management.
10. Receive permit applications for activities specified in the conservation Code.
11. Bring violations to the attention of the Tribal Court.
12. Direct and conduct investigations of alleged conservation violations and issue citations.
13. Maintain a detailed daily log of activities.
14. Maintain all certifications required to be BIA contracted Warden.
15. Responsible for insuring that monthly reports are submitted to the Chief Conservation Warden.
16. The above duties and responsibilities are not an all-inclusive list but rather a general representation of the duties and responsibilities associated with this position. The duties and responsibilities will be subject to change based on organizational needs and/or as deemed necessary by the supervisor.


QUALIFICATIONS: Federal Law Enforcement Training Center (FLETC) certification training or State Certification FLETC Equivalent is required. If the applicant is not currently certified, they must be able to achieve certification within 1 year of hire. High School diploma or equivalent with at least 60 college credits. Good physical health. Training in natural resource field desirable. Training or experience in boat operation and safety desirable. Good communication and public relation skills essential. Must be 18 years of age. Must not have a felony conviction on record. Must possess a valid driver’s license, with appropriate vehicle insurance and be eligible to be placed on the tribe’s vehicle insurance policy.

PERSONAL CONTACTS: General public, tribal officials, tribal court staff, B.I.A., local police, State D.N.R., Great Lakes Indian Fish & Wildlife Commission, local fire departments.
PHYSICAL REQUIREMENTS: Ability to lift 50-75 pounds.

WORK ENVIRONMENT: Office setting and driving in department vehicles. Outside work would include on Lake Superior, streams and tribal lands.

TRAVEL REQUIREMENTS: Patrolling of the Lake Superior ports used by the Red Cliff commercial fishermen, including those located in Michigan and Wisconsin.

Indian preference will be applied in the case of equally qualified applicant, but all qualified applicants will be considered.

TO APPLY: Applicants must submit a resume, cover letter, background check, and completed Red Cliff job application to be considered for the position. If all the required documents are not submitted by the deadline, the applicant will not be considered. Job application and background information disclosure can be found on our website at www.redcliff-nsn.gov

POSTED: May 20, 2016
DEADLINE: June 6, 2016 at 4:00 p.m.

Red Cliff Band of Lake Superior Chippewa
Human Resources Department
88455 Pike Road, Hwy 13
Bayfield, WI 54814
susie.gurnoe@redcliff-nsn.gov

(715) 779-3700 ext. 4268

The Red Cliff Tribal Council has a Drug Free Work Place Policy and adheres to the intent of the Drug Free Work Place Act. All new hires are subject to a drug test prior too starting.

ALL APPLICANTS FOR EMPLOYMENT WITH THE RED CLIFF TRIBE ARE SUBJECT TO THE BACKGROUND INVESTIGATION AND OTHER REQUIREMENTS OF RCCL CHAPTER 43, AND THAT YOU ARE UNDER A CONTINUEING OBLIGATION TO SUPPLEMENT THIS APPLICATION FOR EMPLOYMENT WITH INFORMATION CONCERNING ANY CONVICTIONS THAT OCCUR AFTER COMMENCEMENT OF EMPLOYMENT WITH THE TRIBE.
RED CLIFF COMMUNITY HEALTH CENTER
36745 AIKEN ROAD
BAYFIELD, WI 54814

JOB DESCRIPTION

POSITION: Community Health Representative
NON-EXEMPT POSITION
LOCATION: Red Cliff Community Health Center
REPORTS TO: Community Health Supervisor
SCHEDULE: Permanent, Full-time
WAGE: $11.00-13.00 Depending on qualifications
GENERAL:

DUTIES AND RESPONSIBILITIES:

Prerequisites:
1. Assist in smoking cessation and support program.
2. Collaborate with Community Health Nurse to develop and administer Tribal... Employees Health Initiative.
3. Assist in organizing and producing Health Center monthly newsletter.
4. Coordinate annual quarterly community events to include 5K walk/run, seasonal fitness activity, and Health Fairs.
5. Coordinate and conduct elderly fitness group once weekly.

Optical:
6. Assist with Optometrist
7. Maintain optical files including client card, prescriptions and order information... guidelines.
8. Collaborate with Contract Health Program to verify client’s eligibility.
9. Assist clients with frame selection including color, fit, quality and size.
10. Measure frames including pupil distance, bifocal/trifocal heights to ensure proper fit.
11. Prepare cost figures and accept payment as needed.
12. Prepare, verify and send order to eyeglass vendor.
13. Check incoming orders to ensure correct prescription and frames are satisfactory.
14. Dispense eyewear and adjust frames as needed for comfortable fit and best eyesight.
15. Complete minor repairs; forward major repairs to manufacturer.
16. Order and maintain adequate optical supplies according to Red Cliff Health Center policy to ensure proper inventory control and proper fiscal accounting.

WIC (Women, Infants and Children)
17. Provide outreach for WIC program, including displays, newspaper articles and flyers.
18. Schedule and determine income eligibility for pregnant and lactating women, infants and children up to five years to receive supplemental foods.
19. Assist with re-certifying participants for the WIC program. May include weighing, measuring, dietary recalls and assessing need for Hgb testing.
20. Provide counseling, Education and guidance to individuals on good health.
21. Notify participants of their rights and responsibilities.
22. Maintain all records, filing, and supplies needed for WIC program.
23. Contact appropriate personnel with WIC software updates or problems identified.
24. Issue food vouchers to eligible clients.

Community Health Representative
25. Transport coordinator to include intake, scheduling and transports of clients in accordance with the Red Cliff CHR transportation policy.
26. Track and coordinate annual staff CPR re-certification classes.
27. Provide home visits as determined by Community Health Nurse.
28. Communicate with clients and families via telephone and on an individual basis.

General
30. Provide clinic coverage as licensure permits.
31. Complete monthly and annual reports as required by Health Center.
32. Administration, Health Board, Tribal Council, regulatory bodies, and/or third party payers. Maintain a record of all reports and supporting documentation as required.
33. Maintain the confidentiality of all client specific information and data in accord with federal and state guidelines and requirements.
34. Present a professional, caring image for the Health Center and its programs.
35. Maintain a cooperative relationship with other Health Center staff and employees.
36. Maintain a cooperative relationship with Health Center patients, visitors, and staff and with outside agencies and programs.
37. Promote a working environment noted for effective cooperation and collaboration between programs, services, and co-workers.
38. Dress appropriately to promote professionalism within the Health Center.
39. Participate in quality assurance measures conducted within the Health Center.
40. Adhere to a professional code of conduct and applicable federal and state laws and regulations in the discharge of these assigned duties.
41. Attend staff and other meetings, in-services, and other events as directed by supervisor.
42. Participate in the implementation of grants, contracts, and projects being carried out under the auspices of the Red Cliff Community Health Center and at the direction of the Administrator. These activities are to comply with the directives of the Tribal Council and Health Center Administration to fulfill the conditions of the individual grant, contract, or project. The specific duties will reflect the individual program in initiative and the concurrent needs and resources of the Health Center.
43. Perform other job related duties as directed by the immediate supervisor or Health Center Administration.

QUALIFICATIONS/KNOWLEDGE:
1. High school diploma, HSED, or GED.
2. Preferred, Certified Nursing Assistant or Community Health Representative
Certificate or associate degree in a health related field.
3. Computer literacy, in particular, the use of MS Office software.
4. Capacity to deal with conflict and stress.
5. Good communication skills, written and oral.
6. Yearly certification in CPR.
7. Knowledge of and sensitivity for Ojibwe culture and traditions.
8. Non-smoker preferred due to smoking cessation responsibilities.
9. Must possess a valid driver’s license, minimum of liability insurance. Be eligible to be added to the Tribe’s vehicle insurance.

PERSONAL CONTACTS:
Daily contact with patients, visitors, primary care providers, Tribal and Health Center Administration, and other Health Center staff.

WORK ENVIRONMENT:
1. Red Cliff Community Health Center; office and clinic settings.
2. Exposure to hazards of the health care industry.
3. Work setting must be maintained as a clean, non-smoking, well-ventilated area in compliance with all applicable safety regulations.
4. Information Access: Class 2
5. Private residences, when utilized for professional activities, will not necessarily meet the criteria of the established environmental safety regulations.

PHYSICAL REQUIREMENTS:
The duties assigned to this position involve bending, stooping, lifting, and carrying. Items may be placed on overhead storage. Weights to be carried are usually less than 50 pounds.

TRAVEL REQUIREMENTS:
May require overnight travel to attend meetings or training. May be asked to perform visits to patient homes.

Indian preference will be applied in the case of equally qualified applicants, but all qualified applicants will be considered.

TO APPLY: The following items MUST be in your application package to be considered for this position:
1. Fully Completed Red Cliff Job Application (available on website)
2. Background information Disclosure (available on website)

REPOSTED DATE: May 31, 2016
DEADLINE: June 15, 2016 at 4:00 p.m.

FOR FURTHER INFORMATION CONTACT:
Red Cliff Band of Lake Superior Chippewa
88455 Pike Road
Bayfield, WI 54814
(715) 779-3700 x 4268

russ.garace@redcliff-asn.gov

The Red Cliff Community Health Center is a Drug-Free Workplace in accord with the Drug-Free Workplace Act of 1988, P.L. 100-690, and has a Drug-Free Workplace Policy in effect. All new hires are subject to drug test prior to starting.

All applicants for employment with the Red Cliff Tribe will be subject to the background investigation and other requirements of RCCL Chapter 43, and are under a continuing obligation to supplement this application for employment with information concerning any convictions that occur after commencement of employment with the Tribe.

Approved:
Red Cliff Community Health Center

Administrator: ___________________________ Date: __________

Employee: _______________________________ Date: __________

Revised: ________________________________ Date: __________

Back To Employment Page
JOB DESCRIPTION

POSITION: Health Information Management Administrator

LOCATION: Red Cliff Community Health Center

REPORTS TO: Health Center Administrator

SCHEDULE: Permanent, Full-time

WAGE: $18.00 - $20.00 per hour depending on qualifications

THIS IS A REGULAR FULL-TIME NON EXEMPT POSITION

GENERAL: The HIM Administrator coordinates the administration management and supervision of all activities relative to day-to-day operations, including oversight and participation of scanning and qualitative analysis to insure the integrity of the Red Cliff Community Health Center's (RCCHC) patient medical record. Develops and maintains good rapport and relations with customers. Ensures that policies and procedures are updated and followed for maintenance of patient health information and that the release of patient information meets all legal requirements. Ensures that RCCHC adheres to the State and Federal requirements for content, quality and completeness of documentation, records retention and release of information.

DUTIES AND RESPONSIBILITIES:

1. Direct/Coordinates within the department to ensure that ICD-10CM diagnostic codes HCPS, and CPT-4 procedure codes are reviewed and responsible for coordination of codes with providers for accuracy of daily patient health record.

2. Direct/Coordinate department workforce on registration & scheduling and oversee completeness of daily tasks.

3. Direct/Coordinate department regarding progress notes for completion, review deficiencies, and report to appropriate individual for completion on visits in a timely manner.

4. Direct/Coordinate department on responding to requests for personal health record, direct messaging, and medical record information received from outside providers or other parties with reference to Health Center patients in a timely manner and complying with Health Center policy, state and federal law and regulation, and sound professional practice.

5. Train and/or coordinate all new employees on job duties within the HIM department.

6. Maintain the physical storage of individual medical records within the designated area, in compliance with Health Center policy and sound professional practice.

7. Direct/coordinate medical records to be filed correctly, checked out properly, and otherwise handled to facilitate multiple provider access in a timely and convenient manner.

8. Direct/Coordinate any alert(s) in a timely manner appropriate workforce of discrepancies, gaps, or other problems with individual or groups of medical records.

9. Serves as a member of the Electronic Health Record (EHR) team providing health information management to the committee as needed and according to Health Center privacy policies.

10. Directs/Coordinates workforce to establish team meetings. i.e. E.H.R., Revenue Generation, QLIN (Quality Learning Information Network), clinic monthly staff meetings.

11. Services as a member of the Supervisory Team.

12. Services as the Privacy Officer to monitor compliance, investigation of complaints, sanction policies and review of HIPAA (Health Insurance Portability Accountability Act) policies, and procedures per 42 C.F.R. Behavioral/Mental Health/AODA.

13. Maintain/Coordinate annual training for all workforce and health board on HIPAA and 42 C.F.R.

14. Coordinates with Security Officer to monitor compliance with HIPAA Regulations.

15. Perform secondary Clinical Application Coordinator duties relating to the electronic health record. This
would include maintaining pick list with accurate codes.

16. Coordinate Training for all new workforce within the H.I.M. department of basic instruction of packages within the system.

17. Monitoring of any E.H.R. Issues within the H.I.M. department and forwarding those issues to Primary. Coordination of E.H.R. with Red Cliff Tribe IT department.

18. Co-Manage Onsite Coordination of the RPMS system. Including of adding new users to RPMS system, assigning electronic signature, access of keys.

19. Maintain and manage performance reports/audits of incomplete charts.

20. Responsible for processing/coordinating PCC data entry. i.e. pharmacy refills, incomplete charts etc.

21. Responsible to provide monthly reports to the Health Board.

22. Monitor and manage the department budget to include ordering supplies following the property and procurement policies and procedures.

23. Direct patient complaints to the proper channels.

24. Adheres to, maintain and supports department policies, facility policies, programs and activities.

25. Maintain strict confidentiality and safeguard the privacy of patients in common areas of the clinic.

26. Present a professional, caring image for the Health Center and its programs.
   a. Maintain a cooperative relationship with other Health Center staff and employees.
   b. Demonstrate tact, courtesy, and respect in communication and interaction with Health Center patients, visitors, and staff and with outside agencies and programs.
   c. Promote a working environment noted for effective cooperation and collaboration between programs, services, and co-workers.
   d. Dress appropriately to promote professionalism within the Health Center. Follow Dress Code Policy.

27. Facilitate self/staff for advance job knowledge and skills through continuing education efforts after approval of Health Center Administration.

28. Attend staff and other meetings, in-services, and other events as directed by supervisor.

29. The above duties and responsibilities are not an all-inclusive list but rather a general representation of the duties and responsibilities associated with this position. The duties and responsibilities will be subject to change based on organizational needs and/or as deemed necessary by the supervisor.

KNOWLEDGE:
1. Medical terminology, ICD-10 Certification, or currently working towards certification and CPT-4 coding.
2. Computer literacy, in particular the use of word processing software.
3. Sound judgment and the ability to respond to unusual circumstances.
4. Ability to deal constructively with conflict.
5. Ability to plan, coordinates, and directs varied and complex operations.
6. Co-Clinical Applications Coordinator (picklist)

QUALIFICATIONS:
1. Associates Degree or 3 years’ experience in related position; Bachelor’s degree in a health-related field strongly preferred.
2. Registered Health Information Administrator and/or Registered Health Information Technician, if not, would be required to obtain within 3-5 years of hire date.
3. Certificate of ICD 10 coding through the American Health Information Management Association or certification within 2 years’ of hire date.
4. Supervisory experience is highly recommended and preferred.
5. Must possess a valid driver’s license, vehicle, and at least liability insurance. If no insurance, must obtain within three weeks and be eligible for the Tribe’s vehicle insurance.

SKILLS:
1. Technical- Knowledge of the operation of a healthcare organization or system and principles and practices of health care management.
2. Interpersonal Effectiveness-Ability to establish and maintain effective relationships with internal and external groups and individuals.
3. Customer Service- Ability to design work processes and systems that are responsive to customers.
JOB DESCRIPTION

POSITION: Income Maintenance Assistant

LOCATION: Red Cliff Tribal Administration Building, Lower Level

SALARY: $10.00 per hour / 30 hours a week

THIS IS A TEMPORARY PART-TIME NON-EXEMPT POSITION FUNDED TO SEPTEMBER 30, 2016. THERE WILL BE NO INTERVIEWS FOR THIS POSITION. SELECTION WILL BE MADE FROM INFORMATION PROVIDED ON THE TRIBAL APPLICATION

SUPERVISOR (S): Economic Support Specialist and Family/Human Service Administrator

JOB SUMMARY: The job will consist of filing, scanning and customer service.

DUTIES AND RESPONSIBILITIES:
- Scanning and validating files to an Electronic Case Filing system
- Organizing files
- Answer phones as needed
- Help clients get set up with Life Line Phones
- Assist as back-up Electronic Case File Scanner
- Perform other job related duties as directed by the immediate supervisor or Family/Human Service Administrator

SUPERVISOR AUTHORITY: None

HOURS AND DAYS: To be determined by supervisor.

KNOWLEDGE:
- Must be able to demonstrate confidentiality as files have privacy information
- Basic filing or clerical skills

QUALIFICATIONS:
- A minimum of a High School Diploma, HSED or GED is preferred
- Knowledge of basic filing or clerical skills is preferred.
- Ability to work as a team member, as well as independently
- Must have a positive and respectful attitude and working relationship toward clients, coworkers and other professionals such as Law Enforcement, other divisions staff, Tribal Administration, vendors, suppliers, etc.

PERSONAL CONTACTS: will/may include: Family/Human Service Division Administrator, Other staff within the division, Economic Support Specialist, Tribal Council Members and appointees; Tribal employees and children and families in the Red Cliff service area.

PHYSICAL REQUIREMENTS: Primarily office position that may require bending, lifting and reaching.
May need to lift up to 25 pounds.

**WORK ENVIRONMENT:** Non-smoking. Tribal Administration Building, Lower Level.

**TRAVEL REQUIREMENTS:** None

Indian preference will be applied in the case of equally qualified applicants, but all qualified applicants will be considered.

**TO APPLY:** The following items MUST be in your application package to be considered for this position:

1. Fully Completed Red Cliff Job Application (available on website)
2. Background Information Disclosure (available on website)

**REPOSTED:** May 31, 2016  
**DEADLINE:** June 10, 2016 at 4:00 p.m.

**FOR FURTHER INFORMATION:**

Red Cliff Tribal Administration Building  
Human Resources Department  
88455 Pike Road  
Bayfield, WI 54814  
(715)779-3700 ext. 4268  

[susie.gumce@redcliff-nsn.gov](mailto:susie.gumce@redcliff-nsn.gov)

The Red Cliff Tribal Council has a Drug Free Work Place Policy and adheres to the intent of the Drug Free Work Place Act. All new hires are subject to a drug test prior to starting.

**ALL APPLICANTS FOR EMPLOYMENT WITH THE RED CLIFF TRIBE ARE SUBJECTED TO THE BACKGROUND INVESTIGATION AND OTHER REQUIREMENTS OF RCCL CHAPTER 43, AND THAT YOU ARE UNDER A CONTINUING OBLIGATION TO SUPPLEMENT THIS APPLICATION FOR EMPLOYMENT WITH INFORMATION CONCERNING ANY CONVICTIONS THAT OCCUR AFTER COMMENCEMENT OF EMPLOYMENT WITH THE TRIBE.**
Highland Valley Farm
87080 Valley Road Bayfield, WI 54814

Blueberry Harvest Crew
Category: Agricultural, Forestry & Fishing
We are currently hiring people to help us with the blueberry harvest this summer. The work is seasonal, four to six days a week, for six weeks usually starting in late July and running through mid-September. Most positions require a balance of picking berries alternating with sorting and packing berries. Pay is above minimum wage. College students with an interest in local and sustainable food production are preferred. Older high school students and others may also apply. Contact MAGDALEN at ...read more

Madeline Island School of the Arts
978 Middle Road La Pointe, WI 54850

Art Models (clothed) needed for 1 week July painting workshop
Category: Arts & Entertainment
Madeline Island School of the Arts is seeking several clothed models (two per day) for a five day studio painting workshop, July 11-15, 2016 at our island campus. Models will be needed from 9-4 with a 1 hour lunch break (lunch provided) from 12-1 for a total of 6 working hours per day. Hours on Thursday and Friday may have more flexibility. Ferry fees will be covered to and from the island each day. We are seeking black and white models of different ages, genders and body types. The pay is $12.50/hour. ...read more
Bayfield Inn, The
20 Rittenhouse Avenue Bayfield, WI 54814

Join our 2016 Front Desk Sales Team!

Category: Customer Service

The Bayfield Inn is currently seeking qualified applicants to join our Seasonal 2016 Front Desk Sales Team! Phone sales/reception experience a major plus, but will train the right applicant. Competitive pay, based on experience. Fun, exciting, and rewarding work environment. Flexible scheduling. Must like fast-paced, challenging work environment and be available to work weekends & holidays. Basic computer skills and ability to communicate clearly and effectively are a must! Applications may be ...read more →

Big Water Coffee Roasters Cooperative
117 Rittenhouse Avenue Bayfield, WI 54814

Barista

Category: Customer Service

Big Water Coffee Roasters roasts amazing coffee, make awesome lattes, and have scratch made bakery to accompany both. We are passionate about what we do, and giving great service to our fellow workers and customers. A Barista at Big Water serves up more than just great brew or another perfect latte, he or she embraces our passion for creating a unique and flavorful experience. If you are passionate about coffee and serving the finest espresso drinks in a quick-paced environment, then we may be the right ...read more →

Bayfield Inn, The
20 Rittenhouse Avenue Bayfield, WI 54814

Housekeeping Summer 2016 Team

Category: Hotel, Gaming, Leisure, and Travel

The Bayfield Inn is currently seeking qualified applicants to join our professional housekeeping staff. Previous experience is preferred, but training is provided. This supervised position is seasonal starting May 1 through October 31 of each calendar year. Applicants must be available to work on weekends or holidays and can expect a fast-paced, teamwork approach to meeting our high standards. We offer competitive wages based on experience and job performance. Applications can be printed online at ...read more →
Part-time Manicurist/Nail Technician Wanted

Category: Personal Care and Services

Superior Body Massage & Spa is hiring a part-time manicurist to work June - September with the potential for some off-season work if desired. Provide manicures and pedicures in our newly-remodeled nail room with two spa pedicure thrones and a manicure station. We are busy with both visitors and locals alike in the summer months and this is a fun, fast-paced work environment during that time. Hours are flexible and you can choose between half-days or full days, two - three days a week. Applicant must

...read more →

Ehlers General Store

Category: Retail/Wholesale

Spend the summer in beautiful Cornucopia, WI and be at the center of everything going on in this amazing little town! We are hiring one part time and one full time person for the summer, beginning mid-June and ending in September with some opportunity for reduced hours in the fall. Duties include running cash register, stocking, customer service and some gardening if interested! Must be responsible, reliable and enjoy being helpful. We are a family run business and strive to treat our staff as if they

...read more →
# JUNE 2016

**ODE’IMINI-GIIZIS**

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| **B6 EGG OMELET, PEARs, TOAST, PB**<br>**L EGG ROLLS, RICE, MANGO, STIR FRY**<br>**S NUTRA BAR/MILk**<br>**8B CHEERIOS, BANANA, TOAST, YGT**<br>**L HAM, POTATO, CARROT, PINEAPPLE, BUN**<br>**S SMOOTHIE/FISH CR** | **14B CORNFLAKES, CC, PEACHES, ENG MUFFIN**<br>**L CRABBY PATTIES, SLAM VEG, HONEYEW, BUN**<br>**S CHEX MIX/MILK**<br>**15B HB OATS, STRAWBERRIES, YGT, MUFFIN**<br>**L HAM/P SOUP, CHEZ SAND, PINEAPPLE, CARR S LADY BUGS/MILK**<br>**16B QUICHE’ BK, PEARS, L PORK CH, MAC/CHEEZ BROCC, APPLESAUCE, SALAD S STRING CHEEZ/PEAR**<br>**21B KIX, APPLES, YGT, BKF ROUND**<br>**L POTATO SOUP, PB, HDEW, SALAD, PEACHES S PB/GR CRACKER**<br>**22B CORNFLAKES, FR COCKTAIL, BAGEL, PB**<br>**L TORTELLINI, CANTALOupe, PEAS S BIRDS NEST/MILK**<br>**23B OATMEAL, TOAST, ORANGES, YGT**<br>**L HAM, BEANS, PT SARD, WTMELON S RICE CAKES/MILK**<br>**27B EGG BURRITO, ORANGES, YGT**<br>**L KEILBASA, PASTA, CARROT/DIP, PINEAPPLE S ORANGES/YGT**<br>**28B HB OAT, PEARS, YGT, TOAST**<br>**L BEEF STIR FRY, ST FRY RICE, PEACHES S BERRIES/CC**<br>**29B CHEERIOS, BANANA, YGT, MUFFIN**<br>**L CHEF SALAD, HDEW/CLOUP, BR STIX, S CAMPING BEAR/MILK**<br>**30B RICE PUDDING, TOAST PBj**<br>**L PIZZA, CC, GR BEANS, TR FRUIT S WAFFLE/PUDD/MILK**<br>**20B FR TOAST, BLUEBERRIES, CC**<br>**L ASIAN CHIX BK, STIR FRY, MANGO, S PIZZA ROLL/JuICE**<br>**21B KIX, APPLES, YGT, BKF ROUND**<br>**L POTATO SOUP, PB, HDEW, SALAD, PEACHES S PB/GR CRACKER**<br>**22B CORNFLAKES, FR COCKTAIL, BAGEL, PB**<br>**L TORTELLINI, CANTALOupe, PEAS S BIRDS NEST/MILK**<br>**23B OATMEAL, TOAST, ORANGES, YGT**<br>**L HAM, BEANS, PT SARD, WTMELON S RICE CAKES/MILK**<br>**27B EGG BURRITO, ORANGES, YGT**<br>**L KEILBASA, PASTA, CARROT/DIP, PINEAPPLE S ORANGES/YGT**<br>**28B HB OAT, PEARS, YGT, TOAST**<br>**L BEEF STIR FRY, ST FRY RICE, PEACHES S BERRIES/CC**<br>**29B CHEERIOS, BANANA, YGT, MUFFIN**<br>**L CHEF SALAD, HDEW/CLOUP, BR STIX, S CAMPING BEAR/MILK**<br>**30B RICE PUDDING, TOAST PBj**<br>**L PIZZA, CC, GR BEANS, TR FRUIT S WAFFLE/PUDD/MILK**<br>**13B MALTO MEAL, BERRIES, TOAST, PB**<br>**L SHEPHERDS PIE, BUN IT VEG, PEARs, CC S CHEESE/CRACKER**<br>**14B CORNFLAKES, CC, PEACHES, ENG MUFFIN**<br>**L CRABBY PATTIES, SLAM VEG, HONEYEW, BUN S CHEX MIX/MILK**<br>**15B HB OATS, STRAWBERRIES, YGT, MUFFIN**<br>**L HAM/P SOUP, CHEZ SAND, PINEAPPLE, CARR S LADY BUGS/MILK**<br>**16B QUICHE’ BK, PEARS, L PORK CH, MAC/CHEEZ BROCC, APPLESAUCE, SALAD S STRING CHEEZ/PEAR**<br>**20B FR TOAST, BLUEBERRIES, CC**<br>**L ASIAN CHIX BK, STIR FRY, MANGO, S PIZZA ROLL/JuICE**<br>**21B KIX, APPLES, YGT, BKF ROUND**<br>**L POTATO SOUP, PB, HDEW, SALAD, PEACHES S PB/GR CRACKER**<br>**22B CORNFLAKES, FR COCKTAIL, BAGEL, PB**<br>**L TORTELLINI, CANTALOupe, PEAS S BIRDS NEST/MILK**<br>**23B OATMEAL, TOAST, ORANGES, YGT**<br>**L HAM, BEANS, PT SARD, WTMELON S RICE CAKES/MILK**<br>**27B EGG BURRITO, ORANGES, YGT**<br>**L KEILBASA, PASTA, CARROT/DIP, PINEAPPLE S ORANGES/YGT**<br>**28B HB OAT, PEARS, YGT, TOAST**<br>**L BEEF STIR FRY, ST FRY RICE, PEACHES S BERRIES/CC**<br>**29B CHEERIOS, BANANA, YGT, MUFFIN**<br>**L CHEF SALAD, HDEW/CLOUP, BR STIX, S CAMPING BEAR/MILK**<br>**30B RICE PUDDING, TOAST PBj**<br>**L PIZZA, CC, GR BEANS, TR FRUIT S WAFFLE/PUDD/MILK**

**Milk Served With All Meals**