

Red Cliff Education Division Newsletter



Ode'imini-Giizis (Strawberry Moon) June 2015

Special points of interest:

- Home Base Socialization June 5th @ 10am
- Bayfield High School Graduation June 6th
- Bayfield Early Release @ 12:45 June 9th
- Babysitting Training Course 4-7:30 @ ECC June 11th
- EHS and HS Family Pony Rides June 19th and June 26th
- Parent Committee Mtg @ 2:15 June 24th

EHS and HS Family Pony Rides

The Red Cliff Early Childhood Center will be having their annual Family Pony Rides. Early Head Start will be on June 19th and Head Start will be June 26. If you can't make the one day, you are welcome to come to the other date. We are welcomed again with our friend BINGO and Eddy Johnson. The event will be located at the Little Sand Bay Campgrounds and lunch will be provided. If you have any questions, feel free to contact Cindy Garrity (ext. 253) or Jennifer Brette (ext. 257) @ 779-5030.



June 19th	Early Head Start (Center and Home Base)
June 26th	Head Start 10am to Noon @ Little Sand Bay Campground

*Can't make one day?
Come the 2nd day*

INSIDE THIS ISSUE:

Community Calendar of Events

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Upcoming Events

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Employment Opportunities

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Summer Gathering

Save the Date

Summer Gathering is not too far away and is coming up fast. This year's event will be Tuesday July 28th - Thursday July 30, 2015. We will have our fun cultural activities for people of all ages. Our activities will be Tuesday and Wednesday and our community Pow wow will be on Thursday at our Red Cliff Child Early Childhood Center. This Event is open to the public.

*Save
THE
DATE*



Ode'imini-Giizis (Strawberry Moon) June 2015



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 WIC Pick Up Tribal Council Mtg	2 WIC Pick Up	3	4 Language Table	5 Home Base Socialization 10am @ ECC	6 Bayfield High Graduation 
7	8 WIC Pick Up School Board Mtg	9 WIC Pick Up Bayfield Early Release @ 12:45	10	11 Policy Council Mtg @ 12:30 Babysitters Training 4-7:30pm @ ECC Language Table	12	13
14	15	16 Tribal Council Mtg	17 Housing Mtg	18 Language Table	19 EHS Pony Rides	20
21  Father's Day	22	23	24 Parent Committee Mtg 2:15 @ MM Trailer	25 Language Table	26 HS Pony Rides	27
28	29	30	July 1	July 2 Language Table	July 3 Closed	July 4  Red Cliff Pow wow

AGONGOS

Odeiimini-Giizis



Home Based JUNE News

**A joint socialization for ECC Home
Base & Zaagichigaazowin Families**

Friday June 5th, 10AM-12PM

At the ECC!

June 9th

Bayfield Early Release

PONY RIDES

June 19th—EHS

June 26th— HS

***Home Base Socializa-
tion June 19th.**

***Home Based may at-
tend either day.**

LANGUAGE TABLE

THURSDAYS!

4:30 PM—7PM

HAPPY

FATHERS DAY!

June 21st!

**If you have any
questions or concerns,
please contact us!**

715-779-5030

Amaris—ext. 238

Amber—ext. 237

Gena—ext. 236

Mino Dibishkaa!

Hartlynn 6/13

Bella 6/15

Wabooz Room June 2015

Wow, it's June already! We have been busy in the Wabooz room with eight babies/ toddlers at eight different stages of development. Our walkers are achieving better balance and speed every day. Our crawlers are busy crawling to where they want to go, and are all able to pull themselves up and stand.

We are going outside daily, when the weather is nice. The kids are having a great time discovering all the fun things there are to do on the playground. Please send extra clothes for your child in case they get dirty or wet while playing, and we need to change them. Also send them in clothes that you don't mind will get dirty . This month at the ECC there is a babysitter's training on the 11th, EHS Pony rides on the 19th, Father's Day is the 21st, and HS Pony rides are on the 26th.

The end of the year is closing in quickly! We have a lot of fun things planned to do in the Wabooz Room!



Amik News

Odeiimini-Giizis ~ June

Another busy month has come and gone in the Amik room. The kids have been working so hard on building new vocabulary, both English and Ojibwe. They are all working on counting to ten in English and Ojibwemowin and almost everyone can count to five in both languages. We have started doing circle time during breakfast when it's easiest to

get them to sit still long enough :) The children really love the book "Hug" by Jez Alborough. If you have the opportunity to either purchase this book or borrow it from the local library, I highly suggest it. The kids almost have it memorized now! It is a great way to introduce print in a book and how it has meaning. We also talk

about the different emotions we see in the book. The kids ask for it everyday, it's a go-to book.

We continue to work on our Ojibwe animals and the sounds they make each morning with Rosie.

This next month we will be talking about "Things that go" (cars, planes, people).

Have a great month!

Amik Room

Beth and Corky

715-779-5030 ext 225

Special points of interest:

- ☺ Don't forget to check your child's basket each day for notes from the center.
- ☺ Miigwech for calling when your child is absent, we truly appreciate that!
- ☺ Please remember to still send a jacket with your child for windy days.

Ojibwemowin

Flower - Waabigwaan

It's raining - gimiiwaan

It's heavy - mashkawiiniigwad

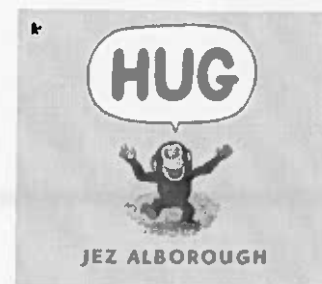
Giigawaabamin...

With a heavy heart I say giigawaabamin this month to you all. I have loved getting to know your families and your children. They are all incredible and you all as parents and guardians are amazing too!

I wish the best for all of you and hope to see you again down the road soon. Miigwech for all you have taught me.

- Miss Beth

Mr. Fred will be in the classroom when I leave. The kids will be so excited to have him there each day as they have a great bond with him. Hopefully that should ease the transition :)



Lacie & Teresa

715-779-5030 ext. 244

June Odeiimini-Giizis (Strawberry Moon)

Upcoming Events:

June 6th-- Bayfield High
School Graduation

June 11th-- Babysitting Train-
ing 4-7:30 PM @ ECC

June 12th-- SIDS & Shaken
Baby Training 9-12 @ ECC

June 19th-- EHS Pony Rides

June 21st-- Father's Day

Reminder:

Please remember to
bring in extra clothes
for your child. We are
going to be outside a
lot more now that its
summer time.

Ojibwemowien

Let's take a walk:

Pinoseda

Use the bathroom

Zaag'atn

Get ready:

Och'taan

Beer: Amoo

Summer: Nibin

Frog: Omakaakii

Butterfly: Memengwa

Makwa News

Boozhoo. We are
already into the
summer months.
We are almost done
with the school year.
For the month of
June we will be fo-
cusing on sports and
the outdoors. The
types of balls sports
use including shapes
and sizes. We will
also be taking some
nature walks and

looking for bugs and
animals. So please if
you have mud boots
bring them in too.
We have also been
working on
tracing the letters of the
alphabet.

Colors, numbers,
and shapes are also
some things we've
been working on.
Also, if you practice



Henry digging and finding worms with Mr. Reggie.

at home it can be
very beneficial. :)

We've been enjoy-
ing our outdoor
time thus far. :)

WHAT has our ROOM been doing!!

Myles-- Enjoys playing with
the trucks and tractors in the
sand box.

Maycee-- Really enjoys rid-
ing the bikes outside and
uses the peddles.

Henry-- Enjoys the bikes
outside and uses good man-

ners.

Loyalty-- Is a great helper
when its time to pick up
toys. Also enjoys doing art
work.

Delilah-- Likes to play in the
sand & water table.

Azalyn-- Is liking the science

table and enjoys art.

Tim-- Likes to play with the
sports balls. Also, enjoys
doing art work.

Edward-- Enjoys the blocks
and cars.

We hope you all enjoy your
summer!!! :)



Special points of interest:

- Group lessons
- Calendar events
- Children's interests

Karen & Nadine

CAMPING...BUGS...BERRIES....OH MY

We are able to get outside a lot more but still would like the sun and warmer days to stick around for awhile!

We have learned about ponds, frogs, caterpillars and butterflies.

For this month we will have fun camping in the classroom and learning more about different

bugs and talking about berries.

The children will continue to get ready for head start by riding the bus to school and visiting their new classroom.

Next month will be graduation and then summer break.

Have a great month!



EVENTS...

June 11th

Babysitting Training 4-7:30 @ ECC

June 12th

SBS/SIDS/CANS training 9-12 @ECC

June 19th

EHS Pony Rides

June 21st

Father's Day

Brandy can snap the beads together .

Layla can do the butterfly puzzle.

Adena can do picture dominos.

Nicholas can 'read' the duck book.

Kenyon can identify numbers 1 thru 5.

Michael can build with small legos.

Robert can bead.

Manuel can make his own ramp for the cars.

Mashkodebizhiki Class

We are moving into the month of June! We can't believe it! The time is sure flying by!! In the month of June, we will be doing lots of activities outdoors. Please send you child dressed appropriately for the weather. We know that it is sometimes hard to predict how the weather is going to be, so If you would like, you can send a pair of shorts and a t-shirt as well as a sweatshirt to stay at school.

We want to say a big MIIIGWECH to those that have already done their home visit. For those that still need to, we will be getting in contact with you or if you would like to just stop by, that would be great!!.

We will be doing a camping unit for the month of June! Also, we will be continuing to talk about safety rules and how to keep us safe. So far we have learned about car seat safety, fire safety, gun safety, street safety and what to do if you are lost.

Ms. J and Ms. Jamie

We are planning a field trip to the Frog Bay National Park this month and would love to have some extra chaperones! If you would like to join us, please give us a call at ext. 247! Miigwech!





MA'IINGAN ROOM

Boozhoo Families!

We would like to tell you that we appreciate your patience, cooperation and understanding through the year so far. We have been doing lots of learning about plants, trees, bugs, insects, flowers, and living things in our outdoor environment.

We will be planting this whole month and working on the life cycle of butterflies, planting, and growing our own plants. So if your children are talking about plants, and have extra questions about plants? How they grow ? We ask of all the parents to get your kids involved in planting and exploring at home in your own yards, its okay to play and get dirty your kids will love it !

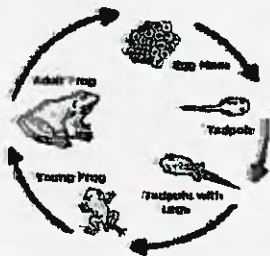
We will continue learning about our numbers, letters, writing, tracing, self help skills, days of the week, months, cutting, turn taking, helping hands, color recognition, name recognition, and much more.

Miigwech to all of your effort to sending your children daily, and taking daily attendance serious, and your communication when your child will be out for the day. Our hours of operation are 8 am to 2pm we really look forward to hearing from you when your child isn't going to be in school.

Miigwech, Ms. Patsy and Ms. Alicia

Migizi

We have been very busy in our room this past month! We are learning about the life cycle of all the animals. The tadpoles we have gotten are starting to change in their body shape and it has been fun checking on them every few days. Now we have butterfly larva's that are hatching into caterpillars and making their journey up the container to start their chrysalis. We are hoping the weather will be warm when they finally turn into Butterflies and we let them fly.



We have also been working really hard on having nice hands and learning all the different ways our hands can be used. The children are earning little hands each day by using their hands with helping and doing kind things or picking up with out being asked.



Kindergarten has been a very exciting topic in the classroom and the field trip to the Bayfield school was awesome!

Diann and Linda



Red Cliff Early Childhood Center
88385 Pike Rd Hwy 13--89830 Tiny Tot Drive--Bayfield, WI 54814
PH: 715-779-5030 FAX: 715-779-5046 or 715-779-3239



PRE-APPLICATION FORM

Proof of Age & Proof of Income MUST accompany this pre-application for your child to be considered for enrollment:
Homeless (Includes living with relatives or friends) Yes or No
Child is in Foster Care Yes or No
On public Assistance (TANF/SSI) Yes or No

Child's/Prenatal Name:	Child's Date of Birth or Due Date:	Child's Tribal Affiliation:	
Living Address	City:	Zip:	
Mailing Address:	City:	Zip:	Sex: M or F
Parent 1's Name:	Parent 1's Date of Birth:	Parent 1's Tribal Affiliation:	
Parent 2's Name:	Parent 2's Date of Birth:	Parent 2's Tribal Affiliation:	
Number in Household:	Home Phone: _____ Contact Phone: _____	Email Address: _____	

(Please Check All That Apply)
☐ Home Based Only ☐ Center Based Only ☐ Home Based and Center Based ☐ 18-36 Months Esiban Classroom
☐ Zaaglichigaazowin Home Visiting Referral

Eligibility for Center Based Openings is dependent upon VACANCIES AND SCORE.

ENROLLMENT CRITERIA

Please mark all that apply to the family as this information will be used to assist in determining enrollment priority along with income eligibility. This information is confidential and will be used for program purposes only.

Special Needs Child Prenatal-Age 5 with a diagnosis and verification	Incarcerated Parent
Do you have a concern that your child has a special need (If yes follow up will be required)	Military Parent Absent from home due to Active Duty
Serious Health Issues of Child Applicant (Need Physician Documentation)	First Time Parents
Prenatal Substance Abuse (Check all that apply) <input type="checkbox"/> Drugs <input type="checkbox"/> Alcohol <input type="checkbox"/> Tobacco	Teen Parent/Pregnant Teen
Parent or Sibling Living in the Household with a Long Term Chronic Illness	No Prenatal Care
Alcohol & Drug Abuse within Child's Primary Household	Premature Birth (before 35 weeks) or Low Birth Weight(<5lbs 5oz)
Was mother in the habit of drinking before she knew she was pregnant	High Birth Weight (>10 lbs) With Diabetes(any type) during pregnancy
Parent Diagnosed with Mental Illness (Check all that apply) <input type="checkbox"/> Anxiety <input type="checkbox"/> Bi-Polar <input type="checkbox"/> ADHD <input type="checkbox"/> PTSD <input type="checkbox"/> Depression <input type="checkbox"/> Other	Multiple Births (Twins, Triplets, etc.)
Domestic Violence within Child's Primary Household	Single Parent
Child History of Neglect/Abuse	Parent Does Not Have High School Diploma or GED
Loss of Child's Parent/Sibling by Death	Not working and not in School/Job training
Elder is Primary Caregiver (55 years or older)	Home Safety Concerns
Health Insurance: No _____ Yes _____ (Circle Type):	MA IHS Badger Private

When all factors are equal; preference will be given as follows within the service area

1. Red Cliff Tribal Member on and off reservation 2. Other Tribal Members 3. Non-Tribal Members living on Reservation
I certify that the above information is correct to the best of my knowledge and will provide additional documentation if needed

Signature of Parent/Guardian: _____ Date: _____

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PH: 715-779-5030 FAX: 715-779-5046 or 715-779-3239

All Carry Over 4 year olds (Automatic)

4 year olds income eligible

4 year olds with no Head Start experience

4 year olds over income

3 year olds income eligible

3 year olds over income

Date Application Received: _____ By Whom: _____

Proof of Income Attached: _____ Income Eligible: _____ Pre-App. Score: _____ CC Score: _____ Combined Score: _____

Application Status: ACCEPTED: _____ WAITING LIST: _____ Assigned Classroom: _____

On Reservation: _____ Off Reservation: _____ Proof of Tribal Identification Attached: _____

Annual Babysitters Training For 12 to 17 year olds!!



Date: 06/11/15

Time: 4:30 to 7:00

Location: Red Cliff Early Childhood Center in the Memengwaa

Registration is open until June 8, 2015.

Please call ahead of for registration.

There will be training in ; Shaken Baby, SIDS, Fun stuff to do with Children, Nutrition, Safety, and lots of good information. Everyone who completes course will receive a certificate.

Will take the first 10 people signed up!!!

Contact person: Kim Gordon 779-5030 Ext 251. If not there leave name and message.



SIDS, CANS & Shaken Baby Syndrome Training

June 12, 2015

9 am to Noon

In Memengwaa at ECC

**If you have any questions please call Kim Gordon
@**

715-779-5030 ext 251



5 Language tables left

- June 4th
- June 11th
- June 18th
- June 25
- No language table week of July 3rd – Red Cliff Pow wow
- No Language table week of July 10th- Raspberry Language camp all week.
- Final Language table July 16th
- ECC Graduation July 23rd
- ECC Summer Gathering July 28 – July 30th

ECC Pony Rides



We will be having our pony rides this year on two different days: June 19 and 26, 2015. They will be out at Little Sand Bay from 10:00 am to 12:00pm and lunch will be provided. The Early Head Start Pony Rides will be on June 19th and Head Start will be on June 26th. This year we will once again have our friend BINGO and his owner Eddie Johnson.

Early Head Start Families: June 19, 2015

Head Start Families: June 26, 2015

Time: 10:00am to 12:00pm

@ Little Sand Bay Campgrounds

Can't make on one day feel free to attend the second day.

If you have any questions please call Jennifer Bresette ext 257 or Cindy ext. 253 @ 715-779-5030.

Circle of Care Project:

Red Cliff Band of Lake Superior Chippewa, Education Division



"Everyone is of value in the community healing process..." (SAMHSA)

Invitation for Community Participants :

from Red Cliff Band of Lake Superior Chippewa, Education Division

Participant criteria:

- ⇒ **Anyone who is concerned about our youth - mental health and the effects of alcohol and /or other drug use in our community.**
- ⇒ **age 18-25 Red Cliff Tribal Member or parent of child(ren) who are age 0-25, enrolled or eligible for enrollment with Red Cliff**
- ⇒ **Available to attend 3 day workshop at Bad River Lodge and Casino
(June 15, 16, & 17, 2015)**
- ⇒ **Agree to participate in small group discussion or interview w/ CoC staff last day of event.**

When: June 15, 16, & 17, 2015

What: A 3 day workshop : Walking the Four Directions: CESA 12 Event: Presenters: Shannon Crossbear & Alan Rabideaux: Using the medicine wheel to develop strength-based techniques when working with tribal youth..Using the "medicine wheel" as a framework, participants will learn: A traditional view of discipline. How to build positive relationships with youth. Proactive means of teaching or working with youth.

Incentives available for participants

contact: Katherine Morrisseau—715-779-5030 ext. 261

by Wednesday June 10th -4:30 pm

"Grass roots involvement is the key to prevention "

WITHIN
My Reach[®]
PREP, Inc.



Relationships Matter!

Communication ■ Respect ■ Awareness
Decisions ■ Smart Love



Would you like to reduce stress and improve communication in your couple, family, work, and other relationships?

Are you in a relationship you'd like to strengthen?

Are you wondering what to look for in a successful, future relationship?

Relationships Matter is an awareness and communication skills program for individuals. Through discussion and activities, students learn how communication, conflict management, expectations and goals can make or break all kinds of relationships: couple, parenting, friendships, work and more. **Relationships really matter!** They impact our health and well-being, our families, financial stability, even our communities. Explore ways to boost your relationship smarts.

Wednesdays, June 24—July 29, 4:00-5:30, Bayfield County Annex. 6 sessions. \$10

■ Light refreshments ■

Features curriculum from the PREP, Inc. evidence-based relationship series.

Registration Required ■ Space is Limited. ■ Call: 715-373-6104 ext. 2 for registration or questions.



An EEO/Affirmative Action employer, University of Wisconsin-Extension provides equal opportunities in employment and programming, including Title IX and ADA requirements. Requests for reasonable accommodations for disabilities or limitations should be made prior to the date of the program or activity for which it is needed. Requests will be kept confidential.

Mad Isle 2015

Ojibwe Cultural Celebration and La Pointe Community Picnic

Dear Friends,

We would like to invite you to join us to celebrate the establishment of Anishinaabemowin signage in La Pointe. On Saturday, June 27th at Joni's Beach from 10:00 - 2:00, there will be a community picnic and an offering of lectures from various speakers on subjects of Ojibwe culture, language and history. The intent is to celebrate the completion of Phase I of the signage project as well as those who collaborated to see it to fruition, and most importantly, the Ojibwe culture's presence on Moningwanekaaning (Madeline Island)!

At Noon there will be a community pot-luck feast. We hope to have speakers before and after the Noon gathering, and to offer small language lessons in groups throughout the day. There will also be a ceremonial hanging of the signs marking the Anishinaabe Jiibayaki (Indian Cemetery) and Gichi-weshki Manidooke-aki (Chief Buffalo Ceremonial Grounds).

We are in the process of planning the event and organizing speakers for the occasion. We would like to take this opportunity to invite you to speak at this important event. Discussion and lectures can offer education on the current and historical context of the language, its use and pronunciation, the vision of the signage project in La Pointe and the purpose of preserving diverse cultural landscapes in society today.

If you are interested please let us know at your earliest convenience. We can be reached at the emails below. We would also welcome any support with spreading the word. Feel free to forward this email around the globe.

Thank you for your time,
Hope you can join us





















Nick Nelson Marina Lachecki Martin Curry

Nick's email: wildcyclefarm@gmail.com

Marina's email: lighthouse@cheqnet.net

Martin's email: curry1ma@yahoo.com

June 2015 Ode'imini Giizis Strawberry Moon

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 CLOSED	2  Cultural Night 5PM	3  HS Open Gym 6-8pm	4  MS Open Gym 4p-6p	5  Native Flute Making Class @ 5pm	6  CLOSED
7 CLOSED	8 CLOSED	9 Hand  Drum Making Class Cultural Night 5PM	10  Frog Hay Field Trip-Noon	11  NATIVES 101 5:30-6:30 PM	12  Movie Night 5:30 Start	13 Swimming @ Pool 12-3pm Crafting with RCMP Cops 2-4pm
14 Adult Open Gym 9a-12noon	15 CLOSED	16 Hand  Drum Making Class Cultural Night 5PM	17 Did you know?? On June 15, 1924 US Congress passed citizenship act, recog- nizing Natives as citi- zens of America	18  Mojito Beach Field Trip-Vashin NATIVES 101 5:30-6:30 PM	19  Native Flute Making Class @ 5pm	20 Soccer  Skills Camp Crafting with RCMP Cops 2-4pm
21  CLOSED	22 CLOSED	23 Hand  Drum Making Class Cultural Night 5PM	24  Little Sand Bay Field Trip-Noon	25  NATIVES 101 5:30-6:30 PM	26  Movie Night 5:30 Start	27  Fire Hall Tour! Lam Swimming @ Pool 12-3pm Also Saturday
28 Adult Open Gym 9a-12noon	29 CLOSED	30 Hand  Drum Making Class Cultural Night 5PM		Soccer Skills Camp is set from 12noon-3pm on June 20th—times may change (watch for poster)		Crafting with RCMP Cops 2-4pm



Summer Hours begin Tuesday,
June 9th



...Some activities begin before youth center
opens, pay attention to times!!!!...





Bayfield Area Recreation Center

Spring/Summer
2015

Dear Chequamegon Bay neighbors,

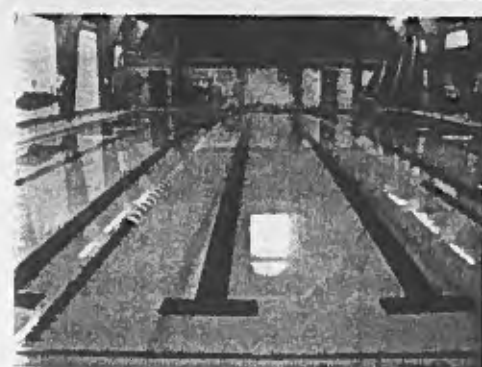
Look at the great new classes we have this summer! For kids, we have **Outdoor Adventure Camp** and a **Kid's Night Out**. For adults, we finally have an after-work group class called **Fitness at Five**, a special **Ladies Night**, plus new **Yoga** and **Meditation** classes. Add those to our usual martial arts and aquatics classes, and there is a lot to do with the Rec Center this summer.

North Coast Community Sailing has some really exciting changes too. Our new home base at Washburn's West End Park allows us to offer **open sailing for families 4 days a week**. Our new **Teen Sailing Program** lets kids drop in 3 afternoons a week to get instruction, race, do skill tests, hang out, or just take a boat out on a sunny day. We have classes for youth, families and adults. Check it all out on Saturday, June 20 for our **Sailing Open House**, and visit northcoastcommunitysailing.org for more information.

2014 was a record year for the Bayfield Rec Center, breaking all previous records with over 38,000 visits. This year looks to be even better, again smashing records this past winter. Our martial arts program now has over 70 participants; SilverSneakers and noon lap swim have been full. We are grateful to the community for supporting the Rec Center. This place really rocks!

This summer, our new event is the **Apostle Island Relay Swim** – a 20 mile solo or relay swim around Madeline Island on August 22. We are looking for boat owners to serve as escort guides for the swimmers. For the **Point to LaPointe Swim** on August 1, we need kayak guides. Call the Rec Center to get involved.

–Scott Armstrong, Executive Director



Hours and Rates

Fitness Gym & Racquetball Hours

Monday–Friday 6:00 am - 8:00 pm

Saturday 7:00 am - 5:00 pm

Sunday 11:00 am– 5:00 pm

Pool Hours

Monday-Friday 6:00-9:00 am *Lap Swim*
4:00-8:00 pm *Open Swim*

Beginning Monday, June 15

Summer Hours 12:00-8:00pm *Open Swim*

Mon, Wed 12:00-1:00 pm *Lap Swim*

Saturday 7:00-9:00 am *Lap Swim*
9:00- 5:00 pm *Open Swim*

Sunday 11:00-5:00 pm *Open Swim*

Great 3 Month Membership Rates

Adult \$102 Senior \$93

Student \$84 Family \$132

Senior Family \$126

Single Parent Family \$108

Aqua Zumba

with Lynda Warren

Wednesdays April 22-May 13 at 7 pm

Wednesday May 27 - June at 7 pm

Known as the Zumba "pool party," the Aqua Zumba program gives new meaning to the idea of an invigorating workout. Aqua Zumba is a safe, challenging, water-based workout that's cardio-conditioning, body-toning, and most of all, exhilarating beyond belief.

4 week session - Members \$24/Non-Mem \$28 DROP IN for \$10 a day.

Preschool Swimming Lessons

June 9, 11, 16, 18 Tuesday/Thursday for 2 weeks (parent must be in water)

Water Babies/Little Fish 5:00-5:30 pm (6 mos.- 3 yrs.)

Big Fish 5:30-6 pm (3 - 5 years)

Members: \$22 Non-members: \$27

FREE LUNCH FOR KIDS ALL

SUMMER! at the Bayfield Rec Center
 June 10-August 31

Lunch Monday-Friday 11:30-12:00

Snack Monday-Friday 2:30-3:00

The Rec Center is a site to receive free lunch and snack through the Red Cliff Summer Food program. All lunches will meet USDA guidelines and include milk. Eat lunch then swim in the pool at noon!



AQUATICS

Wisconsin Boaters Safety Class

Tues, Wed, Thurs June 2-4 4-6 pm

This WI certified safety course will cover all basic safety instruction and issue you a certificate to operate boats in WI. Navigation, regulations, equipment, emergencies, trailers, and first aid are just some of the topics covered. Children between 12 and 15 must have this certificate to legally operate a boat on their own. Adults - take this course to learn the laws and lower your insurance rates. Ages 10-15 \$15, Over age 15 \$25 Min. 6

Red Cross Swimming Lessons with

Brittany Schmitt

Monday-Thursday July 13-23

Level 1: 10:00-10:30 am Students explore and learn basic aquatic skills.

Level 2: 10:30-11:00 am Students will successfully use primary skills and start developing aquatic locomotion.

Level 3: 11:00-11:30 am Students develop stroke readiness including elementary backstroke, treading water and diving.

Level 4: 11:30-12:15 pm Students will build confidence and improve strokes including breaststroke, sidestroke, and turns.

Level 5: 12:15-1:00pm Students refine their performance of all strokes and increase their distances
 Members \$57, Non-members \$68, Minimum of 4 per class

Ladies Night,

Thursday July 9, 5 - 8 pm

The evening starts with an exercise program that targets women's health, and a cool down with relaxing yoga. Moms, daughters, and friends of all ages, join us in a fun celebration, socializing, and homemade spa after yoga.

\$20 for the night. Treat yourself!

Aqua Fit

Mon, Wed, Fridays 9-10 am

Mon, Wed 4-5 pm during the school year
 Aqua Fit is aerobics in the pool. Get a great total body workout without getting your hair wet! A very popular class—great for beginners and fitness pros alike. Drop ins welcome. Members: FREE Non-members can drop in for the standard facility fee.

Community CPR training

with Red Cross instructor Brittany Schmitt

Re-cert Saturday May 16 5:30pm

Full Course Saturday May 16 from 12-5pm

Need a Red Cross certification or re-certification? AED, First Aid and Child and Infant CPR can be taught if needed. Learn a skill to save a life. Min of 6

Full certification - Members \$40, Non Mem \$45

Lifeguard Training Class

with Red Cross Instructor Brittany Schmitt

Friday May 22 from 4-9 pm, Saturday May 23 from 8-8 pm, and Sunday May 24 from 8-5

Recertification only - Sun June 14 8am-5pm
 If you are interested in becoming a lifeguard or simply need to get your certification renewed, then this is the class for you. Learn all the skills necessary to become a Red Cross certified lifeguard in only a weekend!

Full Course Rec Center candidates \$49 plus 3 training shifts, outside candidates \$159
 Minimum of 6 Recertification \$50

Native Expressions Drum and Dance

call 715-209-3255 for info

Summer Youth Soccer

Join a team in Bayfield or Washburn, with practices and games starting in late July through September. Ages 4-14,
 Both towns—register online at www.washburnsoccer.org

Sail this summer!

Open House June 20 - West End Park, Washburn.

North Coast Community Sailing is expanding for an exciting summer of sailing, sun and fun! From our new home base at West End Park, Washburn we will offer **MUCH MORE SAILING** for adults and families, plus a **NEW TEEN SAILING PROGRAM** where kids ages 12-17 can get instruction, race or just take a boat out 3 days a week.

Check out our updated Youth & Adult Classes and Season Pass Visit us at www.northcoastcommunitysailing.org

Kids Night Out!

Friday June 26, 5-9 pm

Kids, join us for a night of games, capture the flag, crafts, snacks and swimming. Parent, drop the kids off for a night out by yourselves!

\$5 per child for the whole night! Bargain babysitting...

Outdoor Adventure Camp

Thursdays 12-4, June 25-August 13

Each Thursday will be a new adventure in our local area. Adventure Camp combines outdoor activities like swimming, hiking, explorative nature crafts, insect collections, and much more! Ages 7-12

\$80 per child for the entire season (8 weeks) or \$20 per day

Financial Scholarships are available for both memberships and classes

Please call or visit the Rec Center to apply. If you have a child getting free or reduced price lunch at school, you will qualify.

Martial Arts Schedule

Tuesday

4:15 Little Kickers

5:00 White/Yellow

6:00 Green and Above

Wednesday on Madeline Island

3:30 Youth

5:00 Adults

Thursday

4:15 Little Kickers

5:00 White/Yellow

6:00 Green and Above

Saturday

10:00 Beginners

11:00 All Belts

Aspire Martial Arts Beginner Package

with Brittany Schmitt

Saturdays 10-11am and Tuesdays from 5-6pm Starting May 9

Martial Arts helps improve reflexes and coordination, instills a positive attitude, builds confidence and self esteem as well as improving concentration. Students will learn the basic kicks, punches, blocks and self defense techniques. Join Martial Arts today! This comprehensive beginners package includes: a uniform, belt, first month of classes and first belt promotion all for \$45

Visit www.aspiremartialarts.org and like us on Facebook for more information on classes and scheduling.

Little Kickers- A special program designed for kids ages 4-7. Students interested in Little Kickers can start at anytime.

Madeline Island residents can join the Wednesday's on Madeline Island class at anytime. Call 779-5408 to start!



Senior Wellness Day

Seniors are FREE every Friday, thanks to Memorial Medical Center

First Steps to Fitness

Want to get healthier and start exercising but don't know where to start? First Steps is a comprehensive, quick-start fitness plan for the individual who is new to exercise. First Steps will be held in small groups starting the last Tuesday of each month, 6-7 pm. \$49 covers the entire program and your first month of membership! Our financial assistance fund can be applied to this class. Call for details and to sign up for this

Ballroom Dancing

Wednesdays July 22 to August 19

6-7:30 pm at the Bayfield Pavilion

The class will consist of the basic step and a few variations of six different ball room dances including Foxtrot, Rumba, Waltz, Tango, Swing and Cha-Cha. Couples are preferred. Non-members \$27, Members \$23, Students \$12

Yoga in Bayfield year 'round

Tuesdays and Thursdays 7:30-8:45 am at the Bayfield Pavilion

Yoga at the Bayfield Pavilion is a great way to exercise and meditate with great views of our amazing lake. Drop in to try in for \$10, or join for a month for only \$59 (\$52 for members).

Gentle Yoga Tues and Thurs,, starting June 2, 10-11

am Looking for some balance, upper body strength, flexibility, and gentle stretching? Using chairs and other props, this class will focus on developing steadiness and comfort, alertness and relaxation. Yoga's physical benefits can assist with stress relief and overall good health. Ideal for seniors and those who want a more relaxing class

Non-members \$54 per month, Members \$47 per month

Yoga in the Park

Sundays in July and August, 10-11 am.

Bring your mats and sample some FREE yoga at Memorial Park (behind the Bayfield Inn) to round out your weekend activities

Meditation Tuesdays 7 pm April 28-June 2

Six weeks Jodi Supanich from the Washburn Meditation Center will lead this class at the Bayfield Pavilion. This series will focus on the key elements of Buddhist meditation practice, including mindfulness training and addressing common obstacles that arise. All levels welcome \$39, minimum of 4

Fitness at Five – new program!

Mon and Wed 5:00-6:00 pm Start Date June 1

End your Mondays and Wednesdays with a mix of strength and cardio. Circuits are done with bodyweight and free-weights, all levels are welcome!

Members \$15 per month, Non-members \$29 per mo. 1st week FREE!

One on One Strength Training

with Personal Trainer John Murphy

A one hour private orientation to the fitness room equipment. Personalize your workouts! Members \$30, Non-Members \$35

Functional Fitness Training

Group fitness for men and women;

'preparedness for life's personal challenges'

Mon, Wed, Fri year round Women 6-7 am

Men 7-8 am Call 715-779-3283 for details

SilverSneakers

Muscular Strength and Range of Motion

Mondays, Fridays 11-12

Great for seniors who are looking to improve their strength, balance and coordination.

FREE to members, \$6 drop ins

A Natural Branch of Learning

Mini-Branches is a playing-to-learn outdoor class for children aged two to five, offering imaginative and challenging interactions with nature for children and families. Visit anaturalbranch.org for more information. Scholarships are available.

UCARE is partnering with the Rec Center to support senior exercise and wellness. UCARE is an independent, non-profit health plan that serves 285,000 members, and offers a FREE MEMBERSHIP to the Rec Center with its SilverSneakers benefit! For more info, visit www.ucare.org

Pare



Summer **FREE LUNCH** FOR Kids & Teens

Free Lunches and Snacks for Children ages 0-18

SNACKS ONLY ON JUNE 9TH



Lunches & Snacks

Starts June 10, 2015

Ends August 31, 2015



Lunch 11:30 –12:00

Food Distribution Building

New Housing Park

Hillside Park

Birch Bark Park

Bayfield Rec. Center



Snacks 2:30-3:00

Food Distribution Building

New Housing Park

Hillside Park

Birch Bark Park

Bayfield Rec. Center

USDA is an equal opportunity provider and employer



Community Garden



The United States Department of Agriculture's (USDA) People's Garden initiative has grown into a collaborative effort of over 700 local and national organizations all working together to establish community and school gardens. People from states across the country share their successes, trials-and-errors and great photos with a network of supporters.

Because they benefit the community, are collaborative efforts and incorporate sustainable practices, community gardens are assets that benefit entire neighborhoods, cities and towns. There are thousands of community gardens across the country – are you ready to start yours? Begin by bringing people and different organizations together to learn which issues are important to your community.

Red Cliff has a community Garden...for more information contact Carl Butterfield at 715-779-3782 or Cassie McCrow at the clinic 715-779-3707. Seeds are being given away at the Red Cliff Library starting 5/21/15. Plants to be given away will be available in early June, so watch for notices. Also tilling of gardens as well a limited amount pots to plant your produce will be available soon.

**WATCH FOR NOTICES FROM the MIINO BIMAADZIIWIIN
GARDEN PROJECT.**



Gardening Guide

School Garden



Students and teachers across the country have already begun using their school gardens for benefits that go beyond the classroom. In this hands-on learning environment, students care for and watch their vegetables grow plus they have fun eating the fruits of their labor. Programs like the Healthier US School Challenge help to promote healthier schools and healthier kids. By planting a school garden with them you can start your students on a healthier path, too.

Ready to start your own school garden? The first step is finding the best location. Tarmac, dry earth, mud and empty fields can be turned into green grounds, outdoor laboratories, vegetable plots, herb gardens, play spaces and study areas. **Come check out ECC's garden in the Head Start Playground area.**



Kitchen Garden

Various types of lettuce, herbs and other tasty treats grow right on the grounds of the White House -- the South Lawn to be exact. White House chefs like Cris Comerford and Bill Yosses use produce from the White House Kitchen Garden's harvests to create delicious and healthful recipes to cook for the First Family and for special events, like State Dinners.

Ready to start your own garden in the window sill or your backyard? Involve your whole family in planting a vegetable garden for your home and each step of the way -- selecting seeds, tending the garden and enjoying delicious meals around the dinner table -- you'll all have an opportunity to enjoy many memorable moments, while you get moving and eat healthy as a family. If you're looking for inspiration, follow the First Lady's lead and try the varieties she planted in the White House Kitchen Garden.

Mini Meatloaves

by Hunt's Mini Meatloaves Photo



Mini Meatloaves

Hands On: 5 minutes

Total Time: 30 minutes

Mini Meatloaves from Hunt's® are individually sized and ready in minutes. They make a great weeknight meal that the whole family will enjoy.

INGREDIENTS:

PAM® Original No-Stick Cooking Spray
1 pound ground sirloin beef
2 cans (8 oz each) Hunt's® Tomato Sauce, divided
1 egg, lightly beaten
1/2 cup dry unseasoned bread crumbs
1/4 teaspoon salt
1/8 teaspoon ground black pepper
3 tablespoons firmly packed brown sugar

PREPARATION:

1. Preheat oven to 375°F. Line shallow baking pan with aluminum foil; spray with cooking spray.
2. Mix meat, 1 can of the tomato sauce, the egg, bread crumbs, salt and pepper until well blended. Shape into 6 mini loaves; place in prepared pan. Combine sugar and the remaining 1 can tomato sauce; pour evenly over tops of meat loaves.
3. Bake 25 minutes, or until centers of meat loaves are no longer pink (160°F). Let stand 5 minutes before serving.

NUTRITIONAL INFORMATION:

Serving Size: 1 meatloaf	Vitamin A 6 %	Protein 17 g	Sugars 10 g
Dietary fiber 2 g	Carbohydrate 18 g	Sodium 708 MG	Iron 12 %
Calcium 3 %	Vitamin C 7 %	Cholesterol 82 MG	
Saturated fat 3 g	Total fat 7 g		

10 tips

Nutrition
Education Series

be food safe

10 tips to reduce the risk of foodborne illness



A critical part of healthy eating is keeping foods safe. Individuals in their own homes can reduce contaminants and keep food safe to eat by following safe food handling practices. Four basic food safety principles work together to reduce the risk of foodborne illness—**Clean, Separate, Cook, and Chill**. These four principles are the cornerstones of Fight BAC!®, a national public education campaign to promote food safety to consumers and educate them on how to handle and prepare food safely.

CLEAN

1 wash hands with soap and water
Wet hands with clean running water and apply soap. Use warm water if it is available. Rub hands together to make a lather and scrub all parts of the hand for 20 seconds. Rinse hands thoroughly and dry using a clean paper towel. If possible, use a paper towel to turn off the faucet.

2 sanitize surfaces
Surfaces should be washed with hot, soapy water. A solution of 1 tablespoon of unscented, liquid chlorine bleach per gallon of water can be used to sanitize surfaces.

3 clean sweep refrigerated foods once a week
At least once a week, throw out refrigerated foods that should no longer be eaten. Cooked leftovers should be discarded after 4 days; raw poultry and ground meats, 1 to 2 days.

4 keep appliances clean
Clean the inside and the outside of appliances. Pay particular attention to buttons and handles where cross-contamination to hands can occur.

5 rinse produce
Rinse fresh vegetables and fruits under running water just before eating, cutting, or cooking. Even if you plan to peel or cut the produce before eating, it is important to thoroughly rinse it first to prevent microbes from transferring from the outside to the inside of the produce.



SEPARATE

6 separate foods when shopping
Place raw seafood, meat, and poultry in plastic bags. Store them below ready-to-eat foods in your refrigerator.

7 separate foods when preparing and serving
Always use a clean cutting board for fresh produce and a separate one for raw seafood, meat, and poultry. Never place cooked food back on the same plate or cutting board that previously held raw food.

COOK AND CHILL

8 use a food thermometer when cooking
A food thermometer should be used to ensure that food is safely cooked and that cooked food is held at safe temperatures until eaten.



9 cook food to safe internal temperatures
One effective way to prevent illness is to check the internal temperature of seafood, meat, poultry, and egg dishes. Cook all raw beef, pork, lamb, and veal steaks, chops, and roasts to a safe minimum internal temperature of 145 °F. For safety and quality, allow meat to rest for at least 3 minutes before carving or eating. Cook all raw ground beef, pork, lamb, and veal to an internal temperature of 160 °F. Cook all poultry, including ground turkey and chicken, to an internal temperature of 165 °F (www.isitdoneyet.gov).

10 keep foods at safe temperatures
Hold cold foods at 40 °F or below. Keep hot foods at 140 °F or above. Foods are no longer safe to eat when they have been in the danger zone between 40-140 °F for more than 2 hours (1 hour if the temperature was above 90 °F).

10 tips

**Nutrition
Education Series**

be an active family



10 tips for becoming more active as a family

Physical activity is important for children and adults of all ages. Being active as a family can benefit everyone. Adults need 2½ hours a week of physical activity, and children need 60 minutes a day. Follow these tips to add more activity to your family's busy schedule.

1 set specific activity times
Determine time slots throughout the week when the whole family is available. Devote a few of these times to physical activity. Try doing something active after dinner or begin the weekend with a Saturday morning walk.



2 plan ahead and track your progress
Write your activity plans on a family calendar. Let the kids help in planning the activities. Allow them to check it off after completing each activity.

3 include work around the house
Involve the kids in yard work and other active chores around the house. Have them help you with raking, weeding, planting, or vacuuming.



4 use what is available
Plan activities that require little or no equipment or facilities. Examples include walking, jogging, jumping rope, playing tag, and dancing. Find out what programs your community recreation center offers for free or minimal charge.

5 build new skills
Enroll the kids in classes they might enjoy such as gymnastics, dance, or tennis. Help them practice. This will keep things fun and interesting, and introduce new skills!

6 plan for all weather conditions
Choose some activities that do not depend on the weather conditions. Try mall walking, indoor swimming, or active video games. Enjoy outdoor activities as a bonus whenever the weather is nice.

7 turn off the TV
Set a rule that no one can spend longer than 2 hours per day playing video games, watching TV, and using the computer (except for school work). Instead of a TV show, play an active family game, dance to favorite music, or go for a walk.

8 start small
Begin by introducing one new family activity and add more when you feel everyone is ready. Take the dog for a longer walk, play another ball game, or go to an additional exercise class.



9 include other families
Invite others to join your family activities. This is a great way for you and your kids to spend time with friends while being physically active. Plan parties with active games such as bowling or an obstacle course, sign up for family programs at the YMCA, or join a recreational club.



10 treat the family with fun physical activity
When it is time to celebrate as a family, do something active as a reward. Plan a trip to the zoo, park, or lake to treat the family.



United States
Department of
Agriculture

Go to www.ChooseMyPlate.gov
for more information.

DG TipSheet No. 29
MAY NEWS 2015
Center for Nutrition Policy and Promotion
USDA is an equal opportunity provider and employer.

10 tips

Nutrition Education Series

choose MyPlate

10 tips to a great plate



Making food choices for a healthy lifestyle can be as simple as using these 10 Tips.

Use the ideas in this list to *balance your calories*, to choose foods to *eat more often*, and to cut back on foods to *eat less often*.

1 balance calories
Find out how many calories YOU need for a day as a first step in managing your weight. Go to www.ChooseMyPlate.gov to find your calorie level. Being physically active also helps you balance calories.

2 enjoy your food, but eat less
Take the time to fully enjoy your food as you eat it. Eating too fast or when your attention is elsewhere may lead to eating too many calories. Pay attention to hunger and fullness cues before, during, and after meals. Use them to recognize when to eat and when you've had enough.



3 avoid oversized portions
Use a smaller plate, bowl, and glass. Portion out foods before you eat. When eating out, choose a smaller size option, share a dish, or take home part of your meal.

4 foods to eat more often
Eat more vegetables, fruits, whole grains, and fat-free or 1% milk and dairy products. These foods have the nutrients you need for health—including potassium, calcium, vitamin D, and fiber. Make them the basis for meals and snacks.



5 make half your plate fruits and vegetables
Choose red, orange, and dark-green vegetables like tomatoes, sweet potatoes, and broccoli, along with other vegetables for your meals. Add fruit to meals as part of main or side dishes or as dessert.

6 switch to fat-free or low-fat (1%) milk
They have the same amount of calcium and other essential nutrients as whole milk, but fewer calories and less saturated fat.



7 make half your grains whole grains
To eat more whole grains, substitute a whole-grain product for a refined product—such as eating whole-wheat bread instead of white bread or brown rice instead of white rice.

8 foods to eat less often
Cut back on foods high in solid fats, added sugars, and salt. They include cakes, cookies, ice cream, candies, sweetened drinks, pizza, and fatty meats like ribs, sausages, bacon, and hot dogs. Use these foods as occasional treats, not everyday foods.

9 compare sodium in foods
Use the Nutrition Facts label to choose lower sodium versions of foods like soup, bread, and frozen meals. Select canned foods labeled "low sodium," "reduced sodium," or "no salt added."



10 drink water instead of sugary drinks
Cut calories by drinking water or unsweetened beverages. Soda, energy drinks, and sports drinks are a major source of added sugar, and calories, in American diets.



Home Safety Tips

Everything you need to know to keep your kids safe in your home.

Every parent wants their children to grow up healthy and strong in the place where they deserve to feel safest: at home. The good news is that there are simple and easy steps that families can take to protect their children.

Preventing Falls

- Use approved safety gates at the tops and bottoms of stairs and attach them to the wall, if possible. Remember to read the manufacturer's instructions to make sure you have the right gate for your needs. Not all gates are safe for use at the top of stairs.
- Keep babies and young kids strapped in when using high chairs, swings or strollers. When placing your baby into a carrier, remember to place the carrier on the floor, not on top of tables or other furniture.
- Properly install window guards and stops to prevent window falls. Windows above the first floor should have an emergency release device in case of fire.



Water Safety

- Actively supervise children in and around water. Avoid distractions of any kind, such as reading or talking on the phone.
- Once bath time is over, immediately drain the tub. Keep toilet lids closed and keep doors to bathrooms and laundry rooms closed to prevent drowning.
- Make sure home pools have four-sided fencing that's at least 4 feet high with self-closing, self-latching gates to prevent a child from wandering into the pool area unsupervised.
- Every child is different, so enroll children in swimming lessons when you feel they are ready. Teach young children from an early age not to go near or in water without an adult. Older children should swim with a partner, every time.



Poison Prevention

- Store all household products and cleaning solutions out of children's sight and reach. Young kids are often eye-level with items under the kitchen and bathroom sinks.
- Keep cleaning products in their original containers. Don't put a potentially poisonous product in something other than its original container (such as a plastic soda bottle) where it could be mistaken for something else.
- Put the toll-free Poison Help Number into your phone in case of emergency: 1-800-222-1222.

Safety from Fire

- For the best protection, install smoke alarms on every level of your home, especially near sleeping areas. Test batteries every six months.
- Create and practice a home fire escape plan with two ways out of every room. In the event of a fire, leave your home immediately. Once you're out of the house, stay out.
- Keep anything that can catch fire, such as dish towels or wooden spoons, away from your stovetop. Have a fire extinguisher in the kitchen in case of emergency, and make sure you know how it works.
- Blow candles out when you leave the room or before you go to sleep.



Every year, more than 2,200 children die from injuries that happen at home.



**SAFE
KIDS
WORLDWIDE™**

Preventing Burns

- Don't carry a child while cooking on the stove. It's better to put your child in a high chair where you can still see them.
- Keep an eye on appliances such as irons, curling irons or hair dryers that can heat up quickly or stay warm. Unplug and safely store these items after use.
- Keep appliance cords out of children's reach, especially if the appliances produce a lot of heat.

Preventing Scalds

- To prevent accidental scalding, set your water heater to 120 degrees Fahrenheit or the manufacturer's recommended setting. Check the water with your wrist or elbow before giving your baby a bath.
- To prevent hot food or liquid spills, use the back burner of your stove and turn pot handles away from the edge. Keep hot foods and liquids away from the edge of your counters and tables.



Safety from Carbon Monoxide

- Make sure your home has a carbon monoxide alarm. For the best protection, install a carbon monoxide alarm on every level of your home, especially near sleeping areas.
- Don't use a grill, generator or camping stove inside your home, garage or near a window. Don't use your oven or stovetop to heat your home.
- If you need to warm a vehicle, remove it from the garage immediately after starting. Don't leave a car, SUV or motorcycle engine running inside a garage, even if the doors are open.



Medication Safety

- Put all medicine and vitamins up and away and out of sight after every use.
- Use the dosing device that comes with the medicine, not a kitchen spoon. Kitchen spoons aren't all the same, and a teaspoon or tablespoon used for cooking won't measure the same amount as the dosing device.



Preventing TV and Furniture Tip-overs

- Mount flat-panel TVs to the wall to prevent them from falling off stands. Follow the manufacturer's instructions to ensure that you have a secure fit.
- Use brackets, braces or wall straps to secure unstable or top-heavy furniture to the wall.
- If you have a large, box-style cathode ray tube (CRT) TV, place it on a low, stable piece of furniture. If you no longer use your CRT TV, consider recycling it. To find a recycle location, go to www.GreenerGadgets.org.

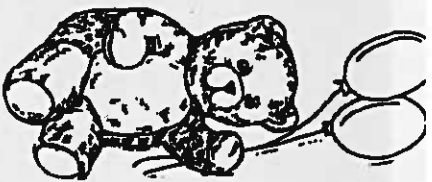


Sleep Safety

- Make sure babies sleep on their backs and in their own crib, bassinet or play yard. Room sharing is a safer option than having your baby sleep in bed with you.
- Choose a firm mattress covered with a tight-fitting crib sheet for your baby's crib. Avoid using soft bedding, pillows, stuffed animals and bumpers in the crib.

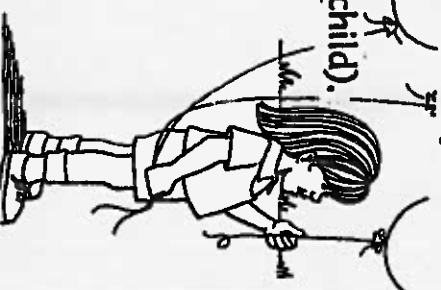


50 Ways for a Parent to Say "Very Good"



1. You are very good at that.
2. GREAT!
3. Nice going.
4. PERFECT!
5. Much better!
6. FANTASTIC!
7. Keep it up!
8. Good thinking!
9. I'm very proud of you.
10. That's really nice.
11. That's great!
12. Keep working on it-you're getting better.
13. That's RIGHT!
14. GOOD WORK!
15. You're really working hard today.
16. That's quite an improvement.

17. I sure am happy you're my child.
18. You did it that time!
19. Keep up the good work.
20. That's the best ever.
21. WONDERFUL!
22. Nice going.
23. Good remembering!
24. You're doing fine.
25. Good going!
26. I knew you could do it.
27. You're really growing up!
28. That's better.
29. TERRIFIC!
30. You did that very well.
31. You're really improving.
32. TREMENDOUS!
33. I like that.
34. You figured that out fast.
35. You're right.
36. That's it!
37. Congratulations, you got (name behavior) right.
38. That's GOOD!
39. I'm proud of that way you worked today.
40. THAT'S IT!
41. You are doing that much better today.
42. Good for you!
43. That's the way!
44. EXCELLENT!
45. FINE!
46. That's better than ever.
47. You must have been practicing!
48. You did a lot of work today!
49. Good for you!
50. Good job, (name child).



Red Cliff Early Childhood Center

School Readiness Goals 2014-2015

Children Ages 0 to 5

Ready Children Ready Families Ready Communities Ready Schools

It is our belief that teaching our Ojibwe children their own traditions, culture, and language will greatly increase their self-esteem by understanding their role in the world's history. Knowing these concepts will help them further their willingness to be successful in the modern world. The principles and philosophies associated with Ojibwe traditions, culture, and language are closely tied to their social and emotional development. We strongly believe that a child's social and emotional development is intrinsically tied to their ability to develop skills related to their educational achievement as well as their overall physical and mental health.

Ojibwe language, cultural knowledge, and teachings are imbedded throughout our curriculum, lesson planning, and assessment processes. Since spring 2014, the ECC staff have been engaged in an effort called Making It Work!, a framework designed by the Office of Head Start National Center on Cultural and Linguistic Responsiveness. The framework provides a written context to document and connect cultural activities to the OHS Child Development and Early Learning domains of learning. OHS has posted extensive information on Culturally and Linguistically Responsive Research and Evidence-Based Practice on their website:

<http://eclkc.ohs.acf.hhs.gov/hslc/tta-system/cultural-linguistic/ecd/early-childhood-development-learning.html>

I. Social Emotional Development

1. Social Emotional Development	Strategies and Implementation	Analyze and Respond Action Plans
<p>Children will regulate their own emotions at age appropriate levels.</p> <p>Children will demonstrate progress as measured by Teaching Strategies Gold assessments in the area of:</p> <ul style="list-style-type: none"> • Manages feelings (1a) <p>Children will establish and sustain positive relationships at age appropriate levels.</p> <p>Children will demonstrate progress as measured by Teaching Strategies Gold assessments in the area of:</p> <ul style="list-style-type: none"> • Forms relationships with adults (2a) • Interacts with peers (2c) 	<p><u>Education and Child Development:</u></p> <p>Teachers model and reinforce respectful relationships through the use of positive verbal and non-verbal communication and by establishing warm, supportive relationships with children.</p> <p><u>Health and Mental Health:</u> Classroom activities are designed to teach the Anishinaabe values of sharing, respect, honesty, and kindness, and to promote wellness. Head Start classrooms implement the <i>Second Step</i> curriculum to promote the social and emotional competence of children by building skills such as empathy, emotion management, and problem solving. RCECC implements <i>Talking About Touching</i>, a personal safety curriculum.</p> <p><u>Community and Family Engagement:</u> The Family Resources Team provides information to the community, Policy Council and Tribal Council regarding the planning, implementation and progress of the ECC School Readiness Goals.</p> <p>The Family Resources Team provides resources in the area of social emotional development in the monthly newsletter. In addition, each ECC family is provided the annual family resource guide, which links families to local and regional medical and social-economical resources</p>	<p>Data indicates significant gains in this domain from Fall to Winter. However, six children in the Head Start Pre-K 4 and eleven children Preschool 3 age groups/color bands are below widely held expectations for Teaching Strategies Gold objective 2a, <i>forms relationships with adults</i>. This may be due to two Head Start teachers in each classroom instead of three teachers, as in previous years, and a reduced capacity for 1:1 teaching time. Objective 2a may be an area that requires more intentional, focused observations. Additionally, center-wide data indicates that the children who are below widely held expectations are also children with poor attendance and/or an IEP.</p> <p>Recommendations:</p> <ul style="list-style-type: none"> • Continue to stress the importance of attendance in the ECC monthly newsletter and with Policy Council. • Continue analyzing monthly attendance data, both child attendance and teacher attendance. • Head Start teachers report that the Second Step program is working. Expand Second Step to EHS children who will be transitioning to HS in September, adding Second Step to the Esiban and Makwa classroom activities for June and July, 2015. • Support continued Second Step implementation with a teacher initiated workshop during in-service week August 31-September 4. • Actively promote the Bayfield School's Summer Kindergarten Readiness program in August. May is ECC Home Visit month. ECC teachers will have filters for the Bayfield School program to give to parents. Family Services will follow-up with phone calls to each k-bound child's family. • Support improved child observations. Using the book <i>Observations: The Key to Responsive Teaching</i>, the Education Manager will structure a series of observation in-services for program year 2015-2016, starting during in-service week, August 31-September 4.

I. Social Emotional Development

Progress Monitoring by Checkpoint Season

Fall Checkpoint Data				Winter Checkpoint Data				Spring Checkpoint Data			
Kindergarten Bound Pre-K 4 Blue Color Band				Kindergarten Bound Pre-K 4 Blue Color Band				Kindergarten Bound Pre-K 4 Blue Color Band			
	Below	Meets	Exceeds		Below	Meets	Exceeds		Below	Meets	Exceeds
1a	10	20	0	1a	3	26	0	1a			
2a	11	19	0	2a	6	23	0	2a			
2c	4	24	2	2c	1	16	12	2c			
Head Start Preschool 3 Green Color Band				Head Start Preschool 3 Green Color Band				Head Start Preschool 3 Green Color Band			
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2a	13	11	0	2a	11	16	0	2a			
2c	6	24	1	2c	2	19	5	2c			
Early Head Start Birth to 3 Years Red, Orange, Yellow Color Bands				Early Head Start Birth to 3 Years Red, Orange, Yellow Color Bands				Early Head Start Birth to 3 Years Red, Orange, Yellow Color Bands			
	Below	Meets	Exceeds		Below	Meets	Exceeds		Below	Meets	Exceeds
1a	4	28	11	1a	1	46	4	1a			
2a	6	38	7	2a	4	39	8	2a			
2c	1	25	8	2c	0	28	4	2c			
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II. Approaches to Learning

II. Approaches to Learning	Strategies and Implementation	Analyze and Respond Action Plans
<p>Children will demonstrate positive approaches to learning at age appropriate levels.</p> <p>Children will demonstrate progress as measured by Teaching Strategies Gold assessments in the areas of:</p> <ul style="list-style-type: none"> • Attends and engages (11a) • Persists (11b) • Solves problems (11c) 	<p><u>Education and Child Development:</u> Teachers encourage children's attention and persistence through modeling curiosity, excitement, wonder, engaging in activities, and conversation.</p> <p>Teachers provide opportunities to experiment with open-ended materials and try a variety of new experiences.</p> <p>Teachers intentionally use developmentally appropriate strategies to teach children conflict resolution skills, problem solving, and how to cooperate with others.</p> <p><u>Health and Mental Health:</u> Our outdoor learning playgrounds offers interest areas for self-exploration and an outdoor covered classroom for small/whole group activities. These environments foster the development of curiosity and persistence.</p> <p><u>Community and Family Engagement:</u> The Family Resources Team provides resources in the area of approaches to learning in the monthly newsletter or on an individual basis per the family request or staff referral. The Family Service Team is also involved in all Coordinated Service Team efforts as a bridge between home and school.</p>	<p>Data indicates significant gains in this domain from Fall to Winter for Pre-K 4 kindergarten bound children. For k-bound children, Teaching Strategies Gold objectives 11b, <i>persists</i>, and 11c, <i>solves problems</i>, are notable strengths. These objectives encompass skills such as planning and pursuing a variety of appropriately challenging tasks; and solving problems without having to try every possibility.</p> <p>Our new developmental screening tool, Ages and Stages Questionnaire-3 (ASQ-3) provides an opportunity to gain parent input in this area. Completing the screen with parents gives teachers an opportunity to observe the child in a 1:1 situation. Making time in the ECC calendar for extended parent/teacher conferences supports efforts for high quality screening and assessment, relationship building with families, and family goal setting.</p> <p><u>Recommendations:</u></p> <ul style="list-style-type: none"> • Continue to support quality parent teacher partnerships, setting aside time in the ECC calendar for meaningful parent-teacher conferences.

II. Approaches to Learning Progress Monitoring by Checkpoint Season

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III. Literacy and Language Development

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<p>Children will use appropriate conversational and other communication skills at age appropriate levels.</p> <p>Children will demonstrate progress as measured by Teaching Strategies Gold assessments in the areas of:</p> <ul style="list-style-type: none"> Engages in conversations (10a) <p>Children will demonstrate knowledge of print and its uses at age appropriate levels.</p> <p>Children will demonstrate progress as measured by Teaching Strategies Gold assessments in the areas of:</p> <ul style="list-style-type: none"> Uses and appreciates books (17a) Uses emergent reading skills (18b) 	<p><u>Education and Child Development:</u> Teachers provide developmentally appropriate pre-writing activities to support emerging literacy development. The <i>Handwriting Without Tears Get Set for School</i> curriculum is used in Head Start classrooms. Literacy is promoted as a source of enjoyment through real alouds, daily book discussions, and encouraging oral traditions through storytelling.</p> <p>Toys and experiences in the infant/toddler environment are designed to build children's understanding and appreciation of language and print.</p> <p>Health and Mental Health: Children with healthy teeth are better able to eat, speak, and focus on learning. The ECC schedules regular dental varnishes, educates the community about the importance of oral health, and supports parents' dental appointments.</p> <p><u>Community and Family Engagement:</u> The Family Resources Team provides resources in the area of family literacy development in the monthly newsletter. In addition, each ECC family is provided the annual family resource guide, which links families to local and regional medical and social-economical resources. The ECC provides language activities include weekly staff and community Ojibwemowin language tables, Head Start trips to the Bayfield library, book donations, and Scholastic book orders. In addition, the ECC provides on-site Adult Basic Education classes to support literacy and educational goals of families as lifelong learners.</p>	<p>While this area shows improvement from Fall to Winter, the School Readiness Leadership Team expressed concern over the children who are below widely held expectations for Teaching Strategies Gold objective 10a, <i>engages in conversations</i>. This objective includes such developmental steps as engaging in simple back-and-forth exchanges with others; initiating and attending to brief conversations; and engaging in conversations of at least three exchanges. While the ECC has a large number of children with a speech and language delay, this does not account for the numbers of children who are below widely held expectations in this area.</p> <p>The number of children who are below widely held expectations for objective 18b, <i>uses emergent reading skills</i>, is also a concern. Objective 18b includes early reading skills such as pretending to read a familiar book; describing the action across book pages and using the pictures to sequence events.</p> <p>Recommendations:</p> <ul style="list-style-type: none"> Language and literacy development is currently a major initiative of the Wisconsin Department of Public Instruction. CESA 12 in Ashland is offering a series of workshops. <i>Literacy Explorations: An Early Childhood Approach</i>, fall 2015 through spring 2016. The School Readiness Leadership Team recommended that <u>all</u> ECC teaching staff attend these workshops. In order to accomplish this, the ECC would need to close on Thursday, November 5, the first workshop date. In order to avoid this, the Education Manager has asked CESA 12 if a special session could be scheduled on a Friday for ECC staff. Purchase sets of the Child/Home Early Language and Literacy Observation (CHELLO), and Early Language and Literacy Classroom Observation (ELLO) tools for language and literacy observations, as a compliment to the CESA 12 workshop series.

III. Literacy and Language Development

Progress Monitoring by Checkpoint Season

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IV. Physical Development and Health

IV. Physical Development and Health	Strategies and Implementation	Analyze and Respond Action Plans
<p>Children will demonstrate self-help skills at age appropriate levels.</p> <p>Children will demonstrate progress as measured by Teaching Strategies Gold assessments in the areas of:</p> <ul style="list-style-type: none"> • Takes care of own needs appropriately (1c) <p>Children will demonstrate travelling skills, gross-motor manipulative skills, and fine-motor strength and coordination at age appropriate levels.</p> <p>Children will demonstrate progress as measured by Teaching Strategies Gold assessments in the areas of:</p> <ul style="list-style-type: none"> • Demonstrates traveling skills (4) • Demonstrates gross motor manipulative skills (6) • Uses fingers and hands (7a) 	<p><u>Education and Child Development:</u> Self-help skills in all areas are facilitated and encouraged throughout daily activities in order to build confidence and develop mastery. Children are allowed and encouraged to use toilet facilities independently when they are developmentally ready and/or physically able. All classrooms in the Early Childhood Center are equipped with child-size toilet facilities. Early Head Start Teachers create opportunities for children to develop fine motor skills by providing materials that encourage dropping, pulling, pushing, grasping, touching, smelling, throwing, and tasting.</p> <p><u>Health and Mental Health:</u> Activities that get children moving build large and small muscles, which support later reading, writing, and math skills. Large motor time is scheduled daily. As much as possible, this time is spent outdoors. Classrooms implement the <i>I Am Moving I Am Learning</i> program.</p> <p>Health screens make use of technologically advanced screening tools such as an otoacoustic emissions screener (OAE) and SureSight autorefractor vision screener. These tools enable early identification of children for further evaluation for hearing and vision concerns. This supports children's learning and development across all domains.</p> <p><u>Community and Family Engagement:</u> The Family Resources Team schedules, plans and provides direct service/resources/events/activities and in the area of physical development and health on a regular basis (scheduled events can be found in the monthly newsletter and annual calendar). The annual ECC Family Health and Wellness Fair features a wide variety of providers in the Chequamegon Bay area ranging in services from dental to mental wellness, providing screenings and valuable information; other family events featuring strong physical health focus include Family Swim Days, Winter Carnival Day and the annual sugar bush season. In addition to ECC events, the Family Service team facilitates individual family referrals and resource coordination to health and development resources.</p>	<p>While children are demonstrating progress in this area, the School Readiness Leadership Team is concerned about the number of children below widely held expectations for objective 1c, <i>takes care of own needs appropriately</i>. This area of development addresses self-help skills such as getting dressed, eating, washing and drying hands. Self-help skills are important for all children but these skills are especially important for children who are transitioning to kindergarten.</p> <p><i>Demonstrates gross motor manipulative skills</i>, objective 6, is an area of concern for Preschool 3 children. However, this may be the effect of a long cold winter spent mainly indoors. Progress in this area is expected, when children can return to outdoor play, riding bikes, throwing balls, digging in the sand, etc.</p> <p>Recommendations:</p> <ul style="list-style-type: none"> • Send home information about how families can support self-help skills at all age levels in May and June 2015. • Include a self-help skill development area in our September 2015 Opening Day Orientation.

IV. Physical Development and Health

Progress Monitoring by Checkpoint Season

Fall Checkpoint Data	Winter Checkpoint Data	Spring Checkpoint Data																																																																																																																																																																																				
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V. Cognition and General Knowledge

V. Cognition and General Knowledge	Strategies and Implementation	Analyze and Respond Action Plans
<p>Children will use number concepts and operations at age appropriate levels.</p> <p>Children will demonstrate progress as measured by Teaching Strategies Gold assessments in the areas of:</p> <ul style="list-style-type: none"> Counts (20a) Connects numerals with their quantities (20c) <p>Children will demonstrate knowledge of patterns at age appropriate levels.</p> <p>Children will demonstrate progress as measured by Teaching Strategies Gold assessments in the areas of:</p> <ul style="list-style-type: none"> Demonstrates knowledge of patterns (23) 	<p>Education and Child Development: Teachers use everyday situations to develop math and reasoning skills. Children build connections and remember experiences when they are in the context of daily routines, new experiences, and guided investigations. Children are able to demonstrate an understanding of concepts such as shapes, sorting, patterning, number sense, counting, number recognition, positional words (on, under, between) and music (beats, tempo).</p> <p>Health and Mental Health: When children get a good night's sleep, they can pay attention, remember what they learn, and manage their feelings. Information about healthy sleep patterns and sleep requirements is sent home and included in monthly newsletters.</p> <p>Community and Family Engagement: The Family Resources Team provides resources in the area of child development in the monthly newsletter. In addition, each ECC family is provided the annual family resource guide, which links families to local and regional medical and social-economical resources. All ECC activities and events take into consideration the need to involve and improve general knowledge in families and children; collaboration with community partners is vital in responding to and implementing needed services for the community.</p>	<p>Generally, we have shown progress in this area but the data indicates that this is an area for improvement for all children participating in the program.</p> <p>Recommendations:</p> <ul style="list-style-type: none"> The Head Start and Early Head Start Directors have been reaching out to the Wisconsin Indianhead Technical College, WITC. As a result of making these connections, they have met several WITC instructors. The ECC Education Manager will pursue workshop and coaching options through WITC for the 2015-2016 program year. Add the National Center on Quality Teaching and Learning's one hour in-service suites, <i>Teacher Time</i>, to Head Start and Early Head Start staff's monthly activities for June, July, and August, 2015. We will focus on archived Science Technology Engineering Art and Math, STEAM, webinars.

V. Cognition and General Knowledge

Progress Monitoring by Checkpoint Season

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Revised 2-18-2015

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of Lake Superior Chippewa

Home :: Planning :: Heritage and Culture :: Tourism :: Current Events :: Tribal Government :: Newsletters ::
Red Cliff Mail Login :: Council Meetings :: Divisions :: Employment Opportunities :: Request for Proposals :: Resources ::

■ Employment Opportunities

■ Job Openings

■ Job Application

■ Law Enforcement Job Application

■ Background Information Disclosure Form (HFS-64)

■ Tribal Benefits Sheet

:: Job Openings ::

Current Openings

Job Center of Wisconsin displays open job orders maintained by the Job Center of Wisconsin.
[Link to Job Center of Wisconsin](#)

Current Openings for the Red Cliff Tribe

Summer Intern Crew Leader

DEADLINE: May 29, 2015 @ 4:00 p.m.

Youth Center Worker Part Time (1 Position)

DEADLINE: May 29, 2015 @ 4:00 p.m.

Commercial Fishery Monitor

DEADLINE: May 29, 2015 @ 4:00 p.m.

Habitat Technician

DEADLINE: June 1, 2015 @ 4:00 p.m.

Early Head Start Infant/Toddler Center Based Teacher

DEADLINE: June 3, 2015 @ 4:00 p.m.

Community Health Representative (CHR) -2 positions available

DEADLINE: June 8, 2015 @ 4:00 p.m.

Water Resource Technician

DEADLINE: June 10, 2015 @ 4:00 p.m.

Field Technician

DEADLINE: June 10, 2015 @ 4:00 p.m.

Coordinated Service Team and Brighter Futures Initiative Coordinator

DEADLINE: June 11, 2015 @ 4:00 p.m.

Program Planner

DEADLINE: June 1, 2015 @ 4:00 p.m. or Until Filled

Substitute Librarian

DEADLINE: Open until adequate pool of substitutes become available.

Chief Judge / Court Administrator

DEADLINE: Open Until Filled

Dentist

DEADLINE: Open Until Filled

Dental Assistant Fill-In

DEADLINE: Open Until Filled

Relief Manager (1-3 Positions)

DEADLINE: Open Until Filled

RCECC Subs needed flyer 2014

DEADLINE: Open

Current Openings for Legendary Waters Resort & Casino

Legendary Waters Resort & Casino - Campground-Marina Supervisor



DEADLINE: May 25, 2015

[Legendary Waters Resort & Casino - Dishwasher](#)

DEADLINE: Open Until Filled

[Legendary Waters Resort & Casino - Laundry Attendant](#)

DEADLINE: Open Until Filled

[Legendary Waters Resort & Casino - Hotel Housekeeping](#)

DEADLINE: Open Until Filled

[Legendary Waters Resort & Casino - Line Cook \(2 Positions Available\)](#)

DEADLINE: Open Until Filled

[Legendary Waters Resort & Casino - Table Games Dealer](#)

DEADLINE: Open Until Filled

[Legendary Waters Resort & Casino - Marketing Director](#)

DEADLINE: Open until filled

[Legendary Waters Resort & Casino - Restaurant Manager / Executive Chef](#)

DEADLINE: Open until filled

[Legendary Waters Resort & Casino - Controller](#)

DEADLINE: Open until filled

Current Openings for Red Cliff Housing Authority

[Red Cliff Housing - Maintenance Assistant](#)

DEADLINE: April 21, 2015 or until position is filled

Current Openings for School District of Bayfield, WI

[Click here for Available Job Vacancies at Bayfield School](#)

Current Openings for Bay Area Home Health

[Bay Area Home Health - Personal Care Workers / Supportive Home Care Workers / Certified Nursing Assistants](#)

Current Openings for UW Extension

[Current Opportunities for UW Extension](#)

Current Openings for the National Park Service

[Maintenance Mechanic - National Park Service](#)

DEADLINE: Wednesday, June 3, 2015

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**LEGENDARY WATERS
RESORT & CASINO**

3 Miles N of Bayfield WI
37600 Onigaming Drive
Red Cliff, WI 54814
1-800-226-8478



 > Employment



Open Positions:

Accepting applications for all positions

Bartender

Campground/Marina Attendant

Controller

Dishwasher

Hotel Front Desk Clerk

Host/Hostess

Line Cook

Marketing Director

Players Club Attendant

Security Officer

Surveillance Operator

Table Games Dealer

JOB APPLICATION

The Red Cliff Tribal Council has a drug free work place policy and adheres to the intent of the drug free work place act.

All new hires are subject to a drug test prior to starting.

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Job Search

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Any Category ▼

Enter Keyword

Any Employer ▼

Search

Results Found: 25

Sort by: A-Z Category

Lost Creek Adventures & Outfitter



22475 State Hwy 13 Cornucopia, WI 54827

Contact:

Greg Weiss

[Send Email](#)

Phone:(715) 209-6956

[MAP](#)

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Lost Creek Adventures - Reservations Assistant

Category: Administrative, Support & Clerical

Work with a fun team in a fun environment, talking with visitors to our area and helping them have the best experience possible. For a complete description please see our Jobs web page.

Highland Valley Farm



87080 Valley Road Bayfield, WI 54814

Contact:

Magdalen Dale

[Send Email](#)

Phone:(715) 779-5446

[MAP](#)

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Blueberry Harvest Crew

Category: Agricultural, Forestry & Fishing

We are currently hiring people to help us with the blueberry harvest this summer. The work is seasonal, four to six days a week, for six weeks usually starting in late July and running through mid-September. Most positions require a balance of picking berries alternating with sorting and packing berries. Pay is above minimum wage. College students with an interest in local and sustainable food

[...read more →](#)

Bayfield Inn, The



20 Rittenhouse Avenue Bayfield WI 54814

Contact:

Nathan Lawver / Human



Join our Spring 2015 Sales Team!

Category: Customer Service

The Bayfield Inn is currently seeking qualified applicants to join or Front Desk Summer Sales Team (Day Shifts and Night Auditors). Phone sales/reception experience a major plus, but will train the right applicant. Competitive pay, based on experience. Fun, exciting, and rewarding work environment. Flexible scheduling. Must like fast paced, challenging work environment and be available to work ...[read more](#) →

Resource Department

[Send Email](#)

Phone:(715) 779-3363

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All Sisters' Winery

87380 Betzold Road Bayfield, WI 54814

Winery Tasting Room Associate

Category: Customer Service

Looking for energetic, friendly, and hard working weekend help for our fun environment. This is a sales and customer service centered position.

Employees will be expected to provide a pleasant and informative wine tasting to guests, clean, stock, take inventory, and use a point of sale. Must be able to lift 40 lbs. Must love wine! 21 and over please.

Required training session must be ...[read more](#) →

Contact:

Caitlin Hauser

[Send Email](#)

Phone:(715) 779-3274

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Hauser's Superior View Farm

86565 County Highway J Bayfield, WI 54814

Store Clerk at Hauser's Superior View Farm/Bayfield Winery

Category: Customer Service

Weekend help needed for our retail store/gift shop at local farm, nursery, orchard, and winery. Includes customer service, cash registers, wine tasting, stocking, pricing, inventory, cleaning, and watering. Must be at least 18 years of age and able to lift 40 pounds. Seasons vary from spring plant sale to summer berry season to fall apple season. Always something new!

Work Hours: 9:30 ...[read more](#) →

Contact:

Ellen Hauser

[Send Email](#)

Phone:(715) 779-5404

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School District of Bayfield

300 N Fourth Street Bayfield, WI 54814

Summer School Teachers

Contact:

Linda Weber

[Send Email](#)

Phone:(715) 779-3304

Category: Education

The School District of Bayfield is seeking qualified individuals with excellent classroom management skills to teach and assist with summer school during the summer of 2015 (June - August).

Successful candidates will be selected by licensure and teaching interests and be able to demonstrate the ability to work well with students, the ability to work well with other teaching staff, and the

[...read more →](#)

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Mt Ashwabay Outdoor Recreation Area



32525 Ski Hill Road Bayfield, WI 54814

Contact:

Carol Fahrenkrog

[Send Email](#)

Phone: (715) 779-3227

Cashier - Ashwabay Grill Summer 2015

Category: Food Industry and Restaurants

Job Description

Cafe/Grill Cashier

Receive food and beverage (alcoholic and non-alcoholic) orders from customers and accurately process orders in register during Big Top Chautauqua events from mid-June through mid-September on the grounds of Mt. Ashwabay. Work schedules may be between Wednesday and Sunday from early evening to late night.

Responsibilities Include:

-Receive payment by cash, [...read more →](#)

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Old Rittenhouse Inn

301 Rittenhouse Avenue Bayfield, WI 54814

Grill Chef

Category: Food Industry and Restaurants

Experienced Grill Chefs: join the team at Old Rittenhouse Inn's Landmark Restaurant and enjoy flexible hours and a competitive salary at an established business in downtown Bayfield, WI.

The prestigious Landmark Restaurant, celebrating 40 years in business in 2015, is now hiring Grill Chefs for both AM and PM shifts.

The position is responsible for preparation, cooking, and plating of

[...read more →](#)

Contact:

[Send Email](#)

Phone: (715) 779-5111

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Old Rittenhouse Inn

301 Rittenhouse Avenue Bayfield, WI 54814

Dishwasher

Category: Food Industry and Restaurants

Contact:

Michael Taylor

[Send Email](#)

Phone: (715) 779-5111

Join the team at Old Rittenhouse Inn's Landmark Restaurant and enjoy flexible hours and a competitive salary at an established business in downtown Bayfield, WI.

[MAP](#)[VISIT WEBSITE](#)

The prestigious Landmark Restaurant, celebrating 40 years in business in 2015, is now hiring Dishwashers for both AM and PM shifts in our gourmet restaurant under the supervision of Executive Chef, Matt Chingo.

Old Rittenhouse Inn

301 Rittenhouse Avenue Bayfield, WI 54814

Food Service Professional

Category: Food Industry and Restaurants

Waiters: join the team at Old Rittenhouse Inn's Landmark Restaurant and enjoy flexible hours and significant income working for an established business in downtown Bayfield, WI.

The prestigious Landmark Restaurant, celebrating 40 years in business in 2015, is now hiring Food Service Professionals for both AM and PM shifts in our gourmet restaurant. If you like to serve and enjoy people, you ...[read more](#) →

Contact:

Michael Taylor

[Send Email](#)

Phone:(715) 779-5111

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Big Water Coffee Roasters

117 Rittenhouse Avenue Bayfield, WI 54814

Summer Help - Barista

Category: Food Industry and Restaurants

Position Summary

The barista is the master of multi-tasking, whose responsibilities include giving great service to each customer, cash handling, making delicious coffee and espresso drinks, and keeping the place clean and orderly. All baristas start at level 1 as Coffee Slingers.

Position Schedule

6:30am - 12:30ish first shift

11:45 - 6pm-ish second shift

July and August ...[read more](#) →

Contact:

Joe Defoe

[Send Email](#)

Phone:(715) 779-9619

[MAP](#)[VISIT WEBSITE](#)

Greunke's First Street Inn & Restaurant

17 Rittenhouse Avenue Bayfield, WI 54814

Restaurant Positions Available

Contact:

Judith or Rachael

[Send Email](#)

Restaurant Positions Available

Category: *Food Industry and Restaurants*

Greunke's First Street Inn in Bayfield, WI is now hiring for several part-time and full-time restaurant positions for the Summer 2015 season. Experience is a plus, but training is available for the right applicant.

We are a historic inn and restaurant in the heart of Bayfield, WI (the gateway to the Apostle Islands). We are open 7 days a week serving breakfast, lunch, and dinner and we're ...[read more](#) -->

Phone:(715) 779-5480

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Pub Restaurant and Wine Bar, The



700 Main Street La Pointe, WI 54850

Contact:

Amitty Romunstad

[Send Email](#)

Phone:(715) 747-6315

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Pool Attendant at The Inn on Madeline Island

Category: *Hotel, Gaming, Leisure, and Travel*

5 days a week - approximately 25 - 30 hours depending on weather.

Proactively greet, interact and assist pool guests upon arrival in a professional manner to ensure guest satisfaction.

Make sure guests sign in and that they have a valid pool membership.

Maintain effective communications with Maintenance and the Front Desk staff to effectively resolve situations impacting guest service or

...[read more](#) -->

Bayfield Inn, The

20 Rittenhouse Avenue Bayfield, WI 54814

Housekeeping Summer 2015 Team

Category: *Hotel, Gaming, Leisure, and Travel*

The Bayfield Inn is currently seeking qualified applicants to join our professional housekeeping staff. Previous experience is preferred, but training is provided. This supervised position is seasonal starting May 1 through October 31 of each calendar year. Applicants must be available to work on weekends or holidays and can expect a fast-paced, teamwork approach to meeting our high standards. We ...[read more](#) -->

Contact:

[Send Email](#)

Phone:(715) 779-3363

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Old Rittenhouse Inn

301 Rittenhouse Avenue Bayfield, WI 54814

Housekeeper

Contact:

Michael Taylor

[Send Email](#)

Phone:(715) 779-5111

Category: Hotel, Gaming, Leisure, and Travel

Housekeepers: join the team at Old Rittenhouse Inn and work for an established business in downtown Bayfield, WI. The prestigious Old Rittenhouse Inn, celebrating 40 years in business in 2015, is now hiring.

Our team of housekeepers works under the direction of management to clean all guest rooms and common areas.

Duties include: changing linens and making beds, dusting, sweeping, mopping, ...[read more](#) →

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Bay Front Inn

15 Front Street Bayfield, WI 54814

Desk Clerks for Inn

Category: Hotel, Gaming, Leisure, and Travel

2 Part Time Openings available in the office of the Bay Front Inn. A few days a week, usually late afternoon to evening - 2 pm - 8 or 9 pm, days vary and may include week nights and weekend nights.

Looking for mature, friendly, flexible, reliable candidates. Previous experience with the public a plus.

Duties include answering phone, taking reservations, checking guests in or out, retail ...[read more](#) →

Contact:

Sharon Johnson

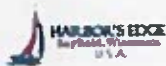
[Send Email](#)

Phone:(715) 779-3330

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Harbor's Edge Motel



33 N Front Street Bayfield, WI 54814

Front Desk Reservationist

Category: Hotel, Gaming, Leisure, and Travel

Harbor's Edge Motel is seeking a Part-time Front Desk Reservationist. Please call or email Dave Johnson at Harbor's Edge Motel.

Contact:

Dave Johnson or Mike Rasmus

[Send Email](#)

Phone:(715) 779-3962

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Hauser's Bayfield Cabin



94495 Raspberry Shore Drive Bayfield, WI 54814

Hauser's Bayfield Cabin Cleaning Person

Category: Hotel, Gaming, Leisure, and Travel

Initially serve as backup cleaning person which may transition into a full time position. Clean cabin after each guest leaves starting at 11 AM on the day of checkout. Must have flexible schedule if there are

Contact:

Rick Hauser

[Send Email](#)

Phone:(847) 809-6867

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last minute bookings - but you will typically have a head's up. Must be easy to contact via EM or phone or text. Attention to detail and past cleaning experience required.

Superior Body Massage & Spa

33 N First Street Bayfield, WI 54814

Manicurist/Nail Technician

Category: Personal Care and Services

Superior Body Massage & Spa would love to have another nail technician join our team to help part-time with the busy summer season, in particular with the many bridal group spa days. This is a great way to earn extra money in a fun, friendly work environment. Choose your own days and hours, May - October with potential to continue in the winter. Applicants must hold a current WI Manicurist or

[...read more →](#)

Contact:

Anna Johnson

[Send Email](#)

Phone:(715) 209-0428

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Enso Wellness Center & Day Spa



83645 State Hwy 13 Bayfield, WI 54814

Contact:

Darcy Schwerin

[Send Email](#)

Phone:(715) 209-5553

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Part Time Licensed Massage Therapist

Category: Personal Care and Services

Enso is looking for a strong and personable Licensed Massage Therapist. Must be personable, friendly, prompt, and have strong communication skills, ability to manage time and be flexible to change in schedules or services. Must be licensed in multiple modalities of massage techniques. Preferred they have worked in massage for at least two years.

Eckels Pottery and Fine Craft Gallery

85205 State Hwy 13 Bayfield, WI 54814

Retail assistant

Category: Retail/Wholesale

Work opportunity in an art environment Part time position opening for summer season.

Hours include 2 days a week in May through June 15th. Additional 3-hour shifts are added through labor day. Sept returns to 2 days weekly.

28-30 hours a week helping customers, maintaining the gallery, packing and shipping boxes are part of the daily responsibilities.

Contact:

Dede Eckels

[Send Email](#)

Phone:(715) 779-5617

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Please send resume to ...[read more](#)→

Bayfield Wine and Spirits



13 S Second Street Bayfield, WI 54814

Contact:

Joanne Cirillo

[Send Email](#)

Phone:(715) 913-0141

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Wine Shop Retail Assistant

Category: Sales

Bayfield Wine and Spirits is seeking a qualified retail assistant for work beginning June 1 through September 1, 2015.

Available shifts are primarily evening and weekend hours, with between 10 and 15 hours per week available. Combine a pleasant and fun working environment with an opportunity to expand your wine, spirits and craft beer knowledge. Past retail experience and basic knowledge of ...[read more](#)→

Kerr Studio & Gallery

21 Front Street Bayfield, WI 54814

Art Gallery Sales in Bayfield

Category: Sales

Mature adult wanted for customer service and retail sales. Daytime hours. Starts in mid-May & June then 2-3 days per week July through mid-October.

Contact:

[Send Email](#)

Phone:(715) 779-5790

[MAP](#)

[VISIT WEBSITE](#)

Living Adventure, Inc.



88260 State Hwy 13 Bayfield, WI 54814

Contact:

Gail Green

[Send Email](#)

Phone:(715) 779-9503

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[VISIT WEBSITE](#)

Sea Kayak Guide and Intern Guide

Category: Sports and Recreation

Train and work with Bayfield's most experienced sea kayak guides!

The atmosphere at Living Adventure is professional and fun. We support our guides with high quality sea kayaking and camping equipment and state of the art training and knowledge.

Our senior guides are ACA Instructor Trainer Educators; we travel and teach across the country to keep up with the most current methodology which ...[read more](#)→

PMG Charters LLC

1 Front Street Bayfield, WI 54814



Contact:

[Send Email](#)

Phone:(262) 337-3078

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Kayak Guide

Category: Sports and Recreation

PMG Charters is looking to hire Kayak Guides. 1st Aid & CPR required, knowledge of the Apostle Islands is helpful. Experience on the the water is a must. Wage is dependent on experience and very competitive. Please contact Ashley (641) 757-2796.

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42 South Broad St | P.O. Box 138, Bayfield, WI 54814 | 715-779-3335

JUNE 2015

ODEIMINI-GIIZIS

NTAM ANOKI-GIIZHIGAD	NIIZHOO-GIIZHIGAD	AABITOOSE	NIYO-GIIZHIGAD	NAANO-GIIZHIGAD	
1B EGG OMLETS BER- RIES, YGT, TRK BACON L HAMB HD, BROCC, PEARS, CC S CRACKERS/CHZ	2B CORN CHEX, PEARS, TOAST, PB L CRABBY PATTIES, BUN, ORANGES, CARROT S PRETZL/JUICE	3B KIX, APPLES, YGT, MUFFIN L TOMATO SOUP/GR CHEEZ, GR BEANS, MANGO, CC S RICE CAKE/MILK	4B CHEERIOS, BANANA, TOAST, PBJ L BURRITOS, RICE, CC PEACHES, CORN S CARROTS/DIP	MENU SUBJECT TO CHANGE	
8B BKF BAGEL, CANTA- LOUPE, CC L TACOS, CORN, BERRIE, YGT S APPLE/PB DIP	9B RICE CRISPIES, STR BERRIES, ENG MUFFIN, YGT L CHIX SALAD HD, PEAS, SALAD, TROP FRUIT S TOSTADOS /SALSA	10B HB OATS, HONEY- DEW, CC, TOAST, JELLY L KEILBASA, GR BEAN, MANGO, NOODLES S GRAHAM/MILK	11B RICE CHEX, AP- PLES, YGT, MUFFIN L BEEF STIR FRY, RICE, PEARS, CC, SALAD S ROASTED RED PEP HU- MUS/PITA CHIPS	MILK SERVED WITH ALL MEALS	
15B WAFFLE/HAM/ CHEEZ, PINEAPPLE, CC L CHIX SOUP, CHEZ SAND FRUIT COCKTAIL, SALAD S MUFFIN/JUICE	16B KIX, BERRIES, CC BAGEL L HAM, POT, CARROT, BISCUIT, PINEAPPLE S CINN. TOAST/MILK	17B CHEERIOS, TOAST, PEACHES, CC L CHEZ BRG, BEANS, WA- TERMELON, CARROTS S VEGGIE,PITA PIZZA	18B HB OATS, PEARS ENG MUFFIN, YGT L CHIX QUESADILLA, SALAD, PEAS, TROP FR. S POPSICLE/ TEDDYGRAM		
22B OATMEAL, BLUEBER- RIES, TOAST L IT BEEF BK, CORN, AP- PLES, YGT S CHEX MIX/JUICE	23B CORN CHEX, HON- EYDEW, BAGEL, CC L WATERMELON SOUP, CHEEZ SAND, VEG/DIP S NILLA/MILK	24B RICE CRISPIES, BA- NANA, MUFFIN, YGT L CHIX ALFREDO, CAR- ROTS, SALAD, MANGO, S TURKEY/CHZ/CRACK	25B KIX, CANTALOUPE, CC, TOAST, JELLY L HAM SAND, SLAW,PINE APPLE, VEG/DIP S ANTS ON LOG		
29B EGG OMELET, TOAST, APPLES, YGT L EGG ROLL, RICE, CAN- TALOUPE, JELLO, SALAD S PINEAPPLE/CC	30B HB OATS, BERRIES, MUFFIN, CC L CR BROC SOUP, PB SAND, HONEYDEW, YGT S CUPCAKES/MILK				