



ODE'IMINI-GIIZIS (STRAWBERRY MOON) JUNE 2014



Red Cliff Education Division Newsletter

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Community Event Calendar
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Pony Rides June 20 and 27th @ Little Sand Bay

It's that time of the year again.....Pony Rides. We will be having our pony rides this year on two different days: June 20 and 27, 2014. They will be out at Little Sand Bay from 10:00 am to 12:00pm and lunch will be provided. The EHS Pony Rides will be on June 20th and HS will be on June 27th. There will also be a Home-Base social on June 20. This year we will once again have our friend BINGO and his owner Eddie Johnson.

Early Head Start Families: June 20, 2014

Head Start Families: June 27, 2014

Time: 10:00am to 12:00pm



Can't make on one day feel free to attend the second day.

If you have any questions please call Jennifer Bresette @ 779-5030 Ext 257.



2014 Summer Gathering

The 2014 Summer Gathering will be July 22nd - 24th at the Red Cliff Early Childhood Center. We will have lots of cultural and outdoor activities, games, demonstrations, information and door prizes!! This year we are asking everyone for some ideas for cultural activities, games and demonstrations. Also, ideas for educational booths as well as any local presenters you may know or want to see invited to this event! We will have a suggestion box by the Main Office as you enter the ECC. If you want to share an idea or two feel free to take a sheet and fill it out no later than June 13th. We look forward to making this Summer Gathering the best it can be! If you have any questions, please contact Jennifer Bresette @ 779-5030 ext. 257.


Special points of interest:

- Home Base Social June 6, 10am @ ECC
- Bayfield Graduation June 7th @ Bayfield School
- VFW Ladies Auxiliary Fund-raiser June 20 11am - 1pm @ VFW
- EHS/HS Pony Rides June 20th and 27th from 10 to 12 @ Little Sand Bay

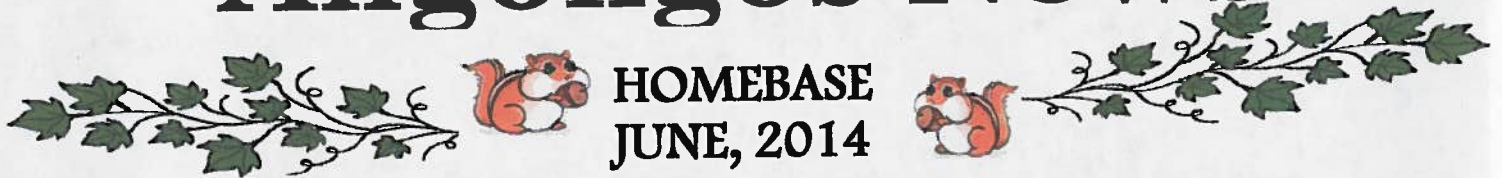


ODE'IMINI-GIIZIS (STRAWBERRY MOON) JUNE 2014



SUN	MON	TUE	WED	THU	FRI	SAT
1	2 *WIC Pickup *Tribal Council Mtg	3 WIC Pickup	4 JOM Mtg 3:45	5 *Language Table 4:30 - 7	6 Home Base Social 10am to 12pm @ ECC	7 *Bayfield Graduation
8	9 *WIC Pickup *ECC Security System start date	10 WIC Pickup	11	12 *Language Table 4:30 - 7 * Babysitters Training 4:30- 7 @ MM Trailer (Next to ECC)	13	14
15  Father's Day	16	17 * 12:30 Policy Council Mtg * Tribal Council Mtg	18	19 *Language Table 4:30 - 7	20 *EHS Pony Rides 10 to 12 @ Little Sand Bay	21
22	23	24	25	26 *Language Table 4:30 - 7	27 *HS Pony Rides 10 - 12 @ Little Sand Bay	28
29	30	July 1	2 JOM Mtg 3:45	3	4 TRIBE CLOSED Red Cliff Pow Wow	5

Angongos News



**HOME BASE
JUNE, 2014**

Home Base Socialization June 6th from 10-12 p.m. at the Red Cliff Early childhood Center:
Presenter: Sandra Gokee-Nevala
Discussion: Ojibwa Traditional plants and harvesting. Hope to see you there.

HAPPY BIRTHDAY WISH GO OUT TO:



**NICHOLAS
JUNE 1ST**



**HARTLYNN
JUNE 13TH**



**BELLA
JUNE 15TH**



**MELVIN
JUNE 20TH**



If you are interested in a Babysitting class
Please contact Kim Gordon @ 715-779-5030 Ext. 251



PONY RIDES

HOME BASE FAMILIES ARE INVITED BOTH DAYS TO
PONY RIDES ON THE 20TH AND 27ST OF JUNE AT LITTLE SAND BAY FROM
10-12 WITH LUNCH PROVIDED

BRING A SWIM SUIT AND ENJOY THE BEACH.

HOPEFULLY ALL THE ICE WILL BE GONE BY THEN, CROSS YOUR FINGERS



IF YOU HAVE ANY QUESTION CALL 715-779-5030

GENA M. 236

AMBER H. 237

CINDY G. 238



Ode'imini Giizis

What are we up to?

Samara loves to dance and sing songs.

Izzy likes to play hide and seek games.

Walter really like to play outside in the sand box.

Zaylia likes to swing on the swings outside.

Maycee likes to climb up on everything especially the lunch table.

Niigani likes to talk and play ball and trucks with his buddies in class and Amik kids.

Avery really like to paint and is starting to really like books

Emylia likes to play outside and take walks.

Very soon Ashley is going to be leaving us. We would like to say, "Chi-Miigwech" for becoming such a critical part of our class. We love you and are going to miss you everyday. The love you have shown with the Waabooz Room is truly appreciated and will not be forgotten.

The summer here. Ziigwan Omaa. Yab... We are playing outside a lot and doing more art activities since the little Waabooz are getting ready to transition and into the Amik Room very soon.

We are so happy that we will have Beth back with us on June 12, we have really missed her. We sure are going to miss Ashley though she was awesome to be part of class and plans to still come and visit us.

Things we are working on is self-help skills like feeding themselves with silverware, drinking out of big kid cups, remembering to wash hands and brush our teeth.

One thing we all really like is to be read to and look at books, we like books with babies, that has counting in it and those with animals.

Words we are using a lot:

Daga wiidookawaashin. Please help me Nimbakade. I am hungry.

Ni wii minikwe. I want a drink.

Izhaadaa! Let's go!

Binosedaa! Let's go for a walk.

Webinan. Throw it away.

Ombe omaa. Come here.

Wjiwishin. Come with me.

Gigiigashkitoon! You did it!

These are just a few we are using in the classroom. If you need help with saying them you can ask us at any time.

At the end of June, June 30th I will be leaving for an immersion session that last five weeks down in LCO and at the CARLA Institute. Judy Boutin will be taken my place, she is great and has subbed in the class before.

I know there is a lot of changes coming up but soon will be settling down. You guys are so great, we appreciate your patience while we try and further our education... Miigwech..

Remember extra clothes, water play will be happening.



Amik-ODE*IMINI-GIIZIIS
We are having fun Giitigaan
Sheena-Teresa



We are so Happy to have Edward Morris
And his family, he is really liking school.
We will be doing home visits. And going out a
lot more we will get wet ,so bring extra clothes.
We also would like to give a warm welcome to
our New friend Myles Newago-Howe.
Working on Ziigwan!!!!.
SSHHHHH fathers day!
E.H.S. pony rides June 20th 10-12
We are really enjoying our class.

Makwa Classroom!

This month our class is going to be busy!!! We are going to work on "All about me". What we look like, what are favorite colors are, how old we are, what we like to do, and lots more! This month we are also starting bus transitioning and classroom transitioning so please watch for flyers in your children's mailboxes for the information!

Ojibwe we are working on!!!

Aanin ga izhichigeyan dibikong?

(what did you do lastnight)

Giminowaanagoz ina?

(are you having fun?)

Gi gii piinichige na?

(did you clean up?)

Events:

EHS pony rides 6/20!

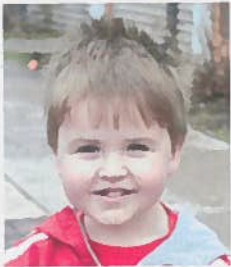
Caitlin & Jamie



ESIBAN ABIWIN

June 2014

Nadine &
Karen



We had fun learning about farms. We know animals that live on a farm, what we get from some animals, the sounds they make, foods that are grown and much more. We got to see and touch a bunny, duck and chicks. Miigwech to Ms. J and Ms. Diann

Upcoming month...

We can't believe that June is here already. This year is zooming by and not before long some of the children will be moving on to head start. But right now we still have more 'work' to do and loads of **FUN** to be had!

This month and into July, we will be

focusing our theme



around bugs and critters. Children like to look for worms right now (some just want to look and NOT hold them :) and the searching is fun.

Ojibwemowin is used daily in the

routines and we add some new ones each month.

Through songs, attendance, play, and more, the children can use the words given so please use them at home every chance you get.



Upcoming Events

Babysitters training will occur this month so watch for flyers and contact Kim Gordon.

EHS and HS Pony Rides will be this month. Watch for flyers for dates and times.

June 15th
Happy Father's Day!

Mashkodebizhiki Class

The summer sun is finally here! Unfortunately, it brings sun burns and bug bites. All of the children should have sun screen and bug spray permission slips signed from the fall. If your child is missing theirs we will send one home to be signed. National Mud Day is June 29th!! We will be observing this "holiday" on June 30th. Please prepare to send your child to school with clothes that can get really, really dirty (probably dirty beyond repair). We will be sending a note home as this fun activity gets closer. We are also hoping that as the weather gets warmer we will be able to do some water play outside. Please be sure your child has at least one change of clothes so they can cool off too.



We have a couple of ideas for field trips and will be sending out a letter with the dates and destinations in the next week. We would love to have parents attend and share in the fun. The more the merrier!!!



The creepy crawly unit is going great. We have made a worm house, planted grass and learned where Monarch butterflies go for the winter. We are waiting for our caterpillars to get here so we can watch them change into beautiful butterflies. The vocabulary that the kids are catching onto is amazing. We are so proud of all of them and all that they are learning.

We have begun our Talk About Touching curriculum. Notes went home describing what the first part of the curriculum covers. Watch for more notes as we get farther into the lessons. Our first lesson was on car safety. Be sure to ask your child how they can stay safe in a car and how others can help keep them safe.

Thank you again for sharing your wonderful children with us.

Ms. J and Ms. Jenn

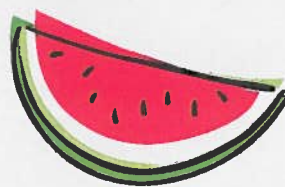


Ode'imini Giizis

Ma'iingan News Letter

It's that time of year where we can start looking forward to some warmer weather. We will be doing lots of spring flower projects, planting, learning about the life cycle of butterflies, learning about different kinds of bugs, self help skills, waiting our turn, sharing, number recognition, letter recognition, recognizing our names and writing our names, and we take this time to extend a special miigwech to all the families we work with

for sharing your children with us and for your patience with our switching days, an we cannot say miigwech enough! We have the family fishing day coming up at the end of the month, we open our door to all the families to come and visit our classroom to be a part of your child's day we do lots of learning and are always looking for volunteers for field trips.



Every Thursday starting at 430 to 7pm we have language table bring yourselves and bring your kids, we look forward to seeing you all.

Migizi

Finally warm weather is here and the snow is gone! Now we have been talking about all the changes taking place with the trees and all the animals having babies. We had a rabbit come visit our classroom and all the children enjoyed it. They still ask how it is doing!!

June will be a busy month of planting seeds and learning about the life cycle of plants and animals. We will be starting our incubator with eggs and hopefully in 28 days we will have some baby chicks. We also will be looking for some frog eggs to watch the life cycle of them and soon our butterfly larva will be here so we can watch them hatch. Spring is so exciting with all the new things around us.

Remember to have extra clothes for your children at school because we will be getting dirty and muddy outside on the playground. It is really nice to have an extra pair of play tennis shoes here. Fancy heels are hard to play in and flip flops can not be worn when walking in the woods or riding bikes.

There is a lot of talk about Kindergarten in the classrooms who is going and who is staying back. The excitement of the children is fun to watch and we will be reading a lot of books about Kindergarten for the more timid children. We want it to be an exciting experience.

During our outside play we will continue working on our numbers and letters as usual but learning from nature.

Don't forget the pony rides in the month of June also. Hop to see our families there.

Ms. Diann
Ms. Patsy

2014 WIC Pick Up Days

2014

January 6, 7, 13 & 14

February 3, 4, 10 & 11

March 3, 4, 10 & 11

April 7, 8, 14 & 15

May 5, 6 & 12

June 2, 3, 9 & 10

July 7, 8, 14 & 15

August 4, 5, 11 & 12

September 2, 8 & 9

October 6, 7, 13 & 14

November 3, 4 & 10

December 1, 2, 8 & 9

January							February							March							April						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
5	6	7	8	9	10	11	1	2	3	4				1	2	3	4	5			6	7	8	9	10	11	12
12	13	14	15	16	17	18	2	3	4	5	6	7	8	9	10	11	12	13	14	15	13	14	15	16	17	18	19
19	20	21	22	23	24	25	16	17	18	19	20	21	22	15	17	18	19	20	21	22	20	21	22	23	24	25	26
26	27	28	29	30	31		23	24	25	26	27	28		23	24	25	26	27	28	29	27	28	29	30			
May							June							July							August						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
4	5	6	7	8	9	10	1	2	3	4	5	6	7	6	7	8	9	10	11	12	3	4	5	6	7	8	9
11	12	13	14	15	16	17	15	16	17	18	19	20	21	13	14	15	16	17	18	19	10	11	12	13	14	15	16
18	19	20	21	22	23	24	22	23	24	25	26	27	28	20	21	22	23	24	25	26	17	18	19	20	21	22	23
25	26	27	28	29	30	31	29	30						27	28	29	30	31			24	25	26	27	28	29	30
September							October							November							December						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
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7	8	9	10	11	12	13	5	6	7	8	9	10	11	2	3	4	5	6	7	8	7	8	9	10	11	12	13
14	15	16	17	18	19	20	12	13	14	15	16	17	18	9	10	11	12	13	14	15	14	15	16	17	18	19	20
21	22	23	24	25	26	27	19	20	21	22	23	24	25	16	17	18	19	20	21	22	21	22	23	24	25	26	27
28	29	30					26	27	28	29	30	31		23	24	25	26	27	28	29	28	29	30	31			

CALENDAR of EVENTS

May

Cheeky Monkey

Adventure Day

Tuesday, May 6 • 9:30-10:30 a.m.

at Northern Great Lakes Visitor Center

Free and Open to the Public

For the Love of Cheese:

Cheese Tasting

Thursday, May 15 • 3-6 p.m.

In-Store Demo at Chequamegon Food Co-op

Green Smoothies

Thursday, May 22 • 11 a.m.-1 p.m.

In-Store Demo at Chequamegon Food Co-op

Homemade Granola Cooking Class

Saturday, May 24 • 10 a.m.-12 p.m.

with Outreach Coordinator Amy Trimbo

at Washburn Public Library Basement

Cost: \$10 members, \$15 non-members

Children are free.

Natural Weight Loss

Thursday, May 29 • 6:30-7:30 p.m.

with Craig Schowalter

at Chequamegon Health and Fitness Center

Free and Open to the Public

June

Hemp History Week

Movie Screening: Bring It Home

Thursday, June 5 • 5:30 p.m.

at Vaughn Public Library Meeting Room

Free and Open to the Public

Hemp-tastic

Friday, June 6 • 11 a.m.-1 p.m.

In-Store Demo at Chequamegon Food Co-op

Kid's Fishing Day

Saturday, June 7 • 9 a.m.-1 p.m.

at Northern Great Lakes Visitor Center

Free and Open to the Public

National Eat Your Vegetables Day

Tuesday, June 17 • 11 a.m.-1 p.m.

In-Store Demo at Chequamegon Food Co-op

June (continued)

Outdoor Adventure Day

and Let's Dip Demonstration

Saturday, June 21st, 8 a.m.-12 p.m.

at Ashland Area Farmer's Market

Chapple Ave in front of the Co-op

Free and Open to the Public

Intro to Shiatsu

Thursday, June 26 6-8 p.m.

with Erica Rosenfeld

Washburn Public Library Greenwood Room

Free and Open to the Public

July

Nutrition for the Childbearing Years

Wednesday, July 9 • 5-6 p.m.

with Savita Jones, CPM, LM

at the Ashland Birth Center

Free and Open to the Public

Kids' Day

Saturday, July 12th • 8 a.m.-12 p.m.

at Ashland Area Farmer's Market

Chapple Ave in front of the Co-op

Free and Open to the Public

Shake it up!

Make Your Own

Salad Dressing

Friday, July 18 • 11 a.m.-1 p.m.

In-Store Demo at Chequamegon Food Co-op

Peak Performance Nutrition

Thursday, July 24 • 6-7 p.m.

with Craig Schowalter

at Chequamegon Health and Fitness

Free and Open to the Public

August

Farm Tour - South Route

Sunday, August 3 • 10 a.m.-4:30 p.m.

Free and Open to the Public

Taste of the Bay Local Food Festival

Saturday, August 16 • 8 a.m.-12 p.m.

at Ashland Area Farmer's Market

Chapple Ave in front of the Co-op

Free and Open to the Public

Farm Tour North Route

Sunday, August 17 • 10 a.m.-4:30 p.m.

Free and Open to the Public

Cheeky Monkey

Family Lunch and Berry Hike

Friday, August 8 • 11 a.m.-1 p.m.

with Joy Schelble, Wisconsin Nutrition Edu-

cator, UW-Ex Iron County

Long Lake National Park

Free and Open to the Public

Herbal Preparations Class

Wednesday, August 27 • 5-6:30 p.m.

with Britton Doolittle

of Deep Roots Farm and Herbs

Washburn Public Library Basement

Cost \$10 members/ \$15 non-members

Tomato Tasting and Heirloom Facts

Thursday, August 21 • 11 a.m.-1 p.m.

In-Store Demo at Chequamegon Food Co-op



215 Chapple Avenue • Ashland, WI • 715.682.8251
www.chequamegonfoodcoop.com

Live.Learn.Grow.

For more information, please
visit our Events page at
chequamegonfoodcoop.com
or call Amy Trimbo, Outreach
Coordinator, at (715) 682-8251.



At the Early Childhood Center, the most important goal is to protect the safety and well-being of our children.

We are excited to announce that our new security system is installed and ready to go!

We will be starting the system on Monday, June 9th, 2014.

Each person visiting the ECC will be buzzed into the building by the front office.

****For entrance into the classrooms please ring the doorbell located on the wall by each door.**

All interior and exterior doors will be locked so no entry can be made into the building other than the main entrance.

Please remember, during this transition we anticipate a little congestion for drop-off and pick-up times, but it will get better. ☺

~MIIIGWECH~

Red Cliff Early Childhood Center



**NOW taking applications for fall
2014 enrollment!**

**If you know a child ages 0-5 or a pregnant mother
living in the Red Cliff/Bayfield areas please have
them complete a pre-application or
call 779-5030 for more information.**

Home Base and Center Based services available Monday-Thursday!!!!

**If your child is already enrolled, please ensure that your child has
their annual paperwork completed!!**



Red Cliff Early Childhood Center
88385 Pike Rd Hwy 13—89830 Tiny Tot Drive—Bayfield, WI 54814
PH: 715-779-5030 FAX: 715-779-5046 or 715-779-3239



PRE-APPLICATION FORM

Proof of Age & Proof of Income MUST accompany this pre-application for your child to be considered for enrollment:

Homeless (includes living with relatives or friends) Yes or No
Child is in Foster Care Yes or No
On public Assistance (TANF/SSI) Yes or No

Child's/Prenatal Name:		Child's Date of Birth or Due Date:		Child's Tribal Affiliation:	
Address:		City:		Zip:	Sex: M or F
Parent 1's Name:		Parent 1's Date of Birth:		Parent 1's Tribal Affiliation:	
Parent 2's Name:		Parent 2's Date of Birth:		Parent 2's Tribal Affiliation:	
Number in Household:	Home Phone: _____ Contact Phone: _____			Email Address: _____	

(Please Check One)

☐ Home Based Only ☐ Center Based Only ☐ Home Based and placed on Center Based waiting list
Eligibility for Center Based Openings is dependent upon VACANCIES AND SCORE.

ENROLLMENT CRITERIA

Please mark all that apply to the family as this information will be used to assist in determining enrollment priority along with income eligibility. This information is confidential and will be used for program purposes only.

Special Needs Child Prenatal-Age 5 with a diagnosis and verification	Incarcerated Parent
Do you have a concern that your child has a special need (If yes follow up will be required)	Military Parent Absent from home due to Active Duty
Serious Health Issues of Child Applicant (Need Physician Documentation)	First Time Parents
Prenatal Substance Abuse (Drugs, Alcohol, or Tobacco)	Teen Parent/Pregnant Teen
Parent or Sibling Living in the Household with a Long-Term Chronic Illness	No Prenatal Care
Alcohol & Drug Abuse within Child's Primary Household	Premature Birth (before 35 weeks) or Low Birth Weight (<5lbs 5oz)
Was mother in the habit of drinking before she knew she was pregnant	High Birth Weight (>10 lbs) With Diabetes (any type) during pregnancy
Parent Diagnosed with Mental Illness	Multiple Births (Twins, Triplets, etc.)
Domestic Violence within Child's Primary Household	Single Parent
Child History of Neglect/Abuse	Parent Does Not Have High School Diploma or GED
Loss of Child's Parent/Sibling by Death	Not working and not in School/Job training
Elder is Primary Caregiver (55 years or older)	Home Safety Concerns
Health Insurance: No _____ Yes _____ (Circle Type): MA IHS Badger Private	

When all factors are equal; preference will be given as follows within the service area

1. Red Cliff Tribal Member on and off reservation 2. Other Tribal Members 3. Non-Tribal Members living on Reservation

I certify that the above information is correct to the best of my knowledge and will provide additional documentation if needed.

Signature of Parent/Guardian: _____

Date: _____

Approved by Policy Council: Jul 12, 2007
Revisions Approved by Policy Council Nov 13, 2008, Jun 15, 2009, Sep 22, 2010, Mar 13, 2014
Approved by Tribal Council Oct 4, 2010, Mar 13, 2014

Save the Date

Red Cliff Early Childhood Center 2014 Summer

Gathering will be July 22 - 24, 2014 here @ the ECC. There will be lots of family cultural activities, games, demonstrations and educational booths. Look for our flyer for events coming soon.

Tell us about it.....

We will have a suggestion box in the main office where you can submit ideas so we can make this year's gathering the best it can be. Please have your ideas submitted no later than Friday the 13th of June.

If you have any questions, please contact:

Jennifer Bresette 779-5030 ext 257



Superintendent Coffee Chat Schedule Spring 2014

The School District of Bayfield encourages positive, open, and interactive communication with parents, families, and community members. The spring Coffee Chats have been scheduled for the dates and locations listed below. The Coffee Chats provide an opportunity for you to share your thoughts and hear information about the School District of Bayfield. Please join Bayfield Superintendent Dave Aslyn for coffee and conversation.

<i>June 3</i>	<i>Madeline Island Public Library</i>	<i>10:15 a.m.</i>
<i>June 4</i>	<i>Egg Toss</i>	<i>10:00 a.m.</i>
<i>June 6</i>	<i>Legendary Waters Resort Wii-Kway-Ong Restaurant</i>	<i>10:00 a.m.</i>

*Dr. David Aslyn, District Administrator
School District of Bayfield*

Eighth Annual Babysitters Training For 11 to 17 year olds!!



Date: 06/12/14

Time: 4:30 to 7:00

Location: Red Cliff Early Childhood Center in the Memengwaa

Registration is open until June 6, 2014.

Please call ahead of for registration.

There will be training in ; Shaken Baby, SIDS, Fun stuff to do with Children, Nutrition, Safety, and lots of good information.

Everyone who completes course will receive a certificate. Food will be provided!! Will take the first 10 people signed up!!!

Contact person: Kim Gordon 779-5030 Ext 251. If not there leave name and message.



Ladies Auxiliary

FUND RAISER

Fri., June 20th. 2014

**VFW Post 8239 Bresette Hill
and Hwy 13**

Menu

Brats/Hotdogs

Potato Salad, Beans & Dessert

\$7.00 per plate

11:00 a.m. to 1:00 p.m.

Sponsored by: Duwayne Soulier

Memorial Post 8239

VFW/Auxiliary

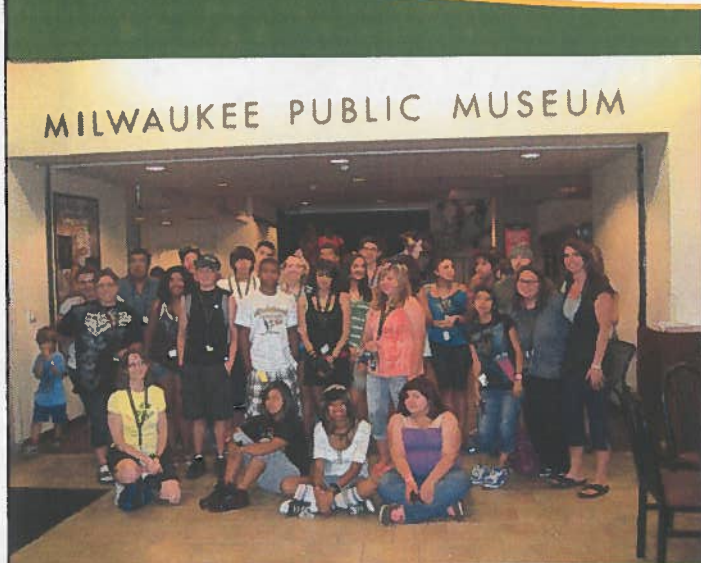
Raffle items appreciated

For more information contact:

Jean Defoe 779-3876 or Diane Fizell 779-5122

American Indian Science Scholars Week

July 20 - 30, 2014



Now 10 Days!

A no-cost educational event held at the University of Wisconsin Milwaukee for Native American high-school students:

***Hands-on Sessions**

Look at blood cells of infection, blood typing, DNA necklaces, learn the physics of medical imaging, and more!

***CSI Mock Crime Scene**

***Educational field trips to multiple campuses**

***Room and board at UW-Milwaukee dorm included**

***Cultural Activities (Sweat Lodge & Tobacco Pouches)**

***Milwaukee Brewers Game**

For more information:

Brian Jackson/Amy Poupart
Great Lakes Inter-Tribal Council
GLNARCH Student Development Program
bjackson@glitc.org / apoupart@glitc.org
800-472-7207 ext. 118 or 177
PO Box 9
Lac du Flambeau, WI 54538

Website: <http://www.glitc.org/narch/index.html>

Sponsored by: Great Lakes Native American Research Center for Health through funding from Forest County Potawatomi Foundation

Forest County
Potawatomi
FOUNDATION



UWM
UNIVERSITY OF WISCONSIN
MILWAUKEE

Application Form
University of Wisconsin-Milwaukee
Great Lakes NARCH

American Indian Science Scholars Week: July 20 - 30, 2014

Name _____
Mailing Address _____
City/State/Zip _____ Phone Number(s) _____
Email Address _____ High School _____
Date of Birth _____ Year of Graduation _____
Tribal Affiliation _____ T-shirt size _____

1) Which areas interest you the most? (please rank at least #1 through #4)

<input type="checkbox"/> Audiology/Speech	<input type="checkbox"/> Environmental Health	<input type="checkbox"/> Occupational Therapy
<input type="checkbox"/> Biochemistry	<input type="checkbox"/> Laboratory Sciences	<input type="checkbox"/> Physical Therapy
<input type="checkbox"/> Biology	<input type="checkbox"/> Immunology	<input type="checkbox"/> Physics
<input type="checkbox"/> Chemistry	<input type="checkbox"/> Medicine	<input type="checkbox"/> Pharmacy
<input type="checkbox"/> Computer Science	<input type="checkbox"/> Nursing	<input type="checkbox"/> Veterinary Medicine
<input type="checkbox"/> Other _____		

2) Your favorite subjects in school (please rank at least top 3)

<input type="checkbox"/> Art	<input type="checkbox"/> Choir	<input type="checkbox"/> Physical Education
<input type="checkbox"/> Band	<input type="checkbox"/> Computer Science	<input type="checkbox"/> Physics
<input type="checkbox"/> Biology	<input type="checkbox"/> English	<input type="checkbox"/> Social Studies
<input type="checkbox"/> Business Education	<input type="checkbox"/> Foreign Language	<input type="checkbox"/> Speech
<input type="checkbox"/> Chemistry	<input type="checkbox"/> Math	<input type="checkbox"/> Technology Education
<input type="checkbox"/> Other _____		

3) Reason for participating in the WI American Indian Science Scholars Week (please rank all applicable)

☐ Love science
☐ Sounds like fun
☐ Recommended by teacher/guidance counselor
☐ Recommended by former participant
☐ Want to learn more about the various fields in biomedical sciences
☐ To meet others with similar interests
☐ To work with college faculty and get feel for college atmosphere
☐ Enjoy doing hands-on experiments
☐ Saw the flyer—looked interesting
☐ Mom/Dad is making me do this
☐ Other _____

4) Imagine you are on a game show and the host asks you "tell us a little something about yourself". What would you say? (Please use the back of this sheet for your response.)

5) Do you need transportation? _____

Signature of Student _____ Date _____

Please send to:

Brian Jackson or Amy Poupart
Great Lakes Inter-Tribal Council
PO Box 9

Lac du Flambeau, WI 54538

bjackson@glitc.org or apoupart@glitc.org

Phone: 800- 472-7207 ext. 177

Fax: 715-588-3607

****Student should be an entering sophomore and maintain a 2.5 GPA or higher. We will make exceptions to those guidelines, as space allows.**

Application review begins: May 30

ANA Head Start

Ojibwe Language Table

Only 6 Thursdays left

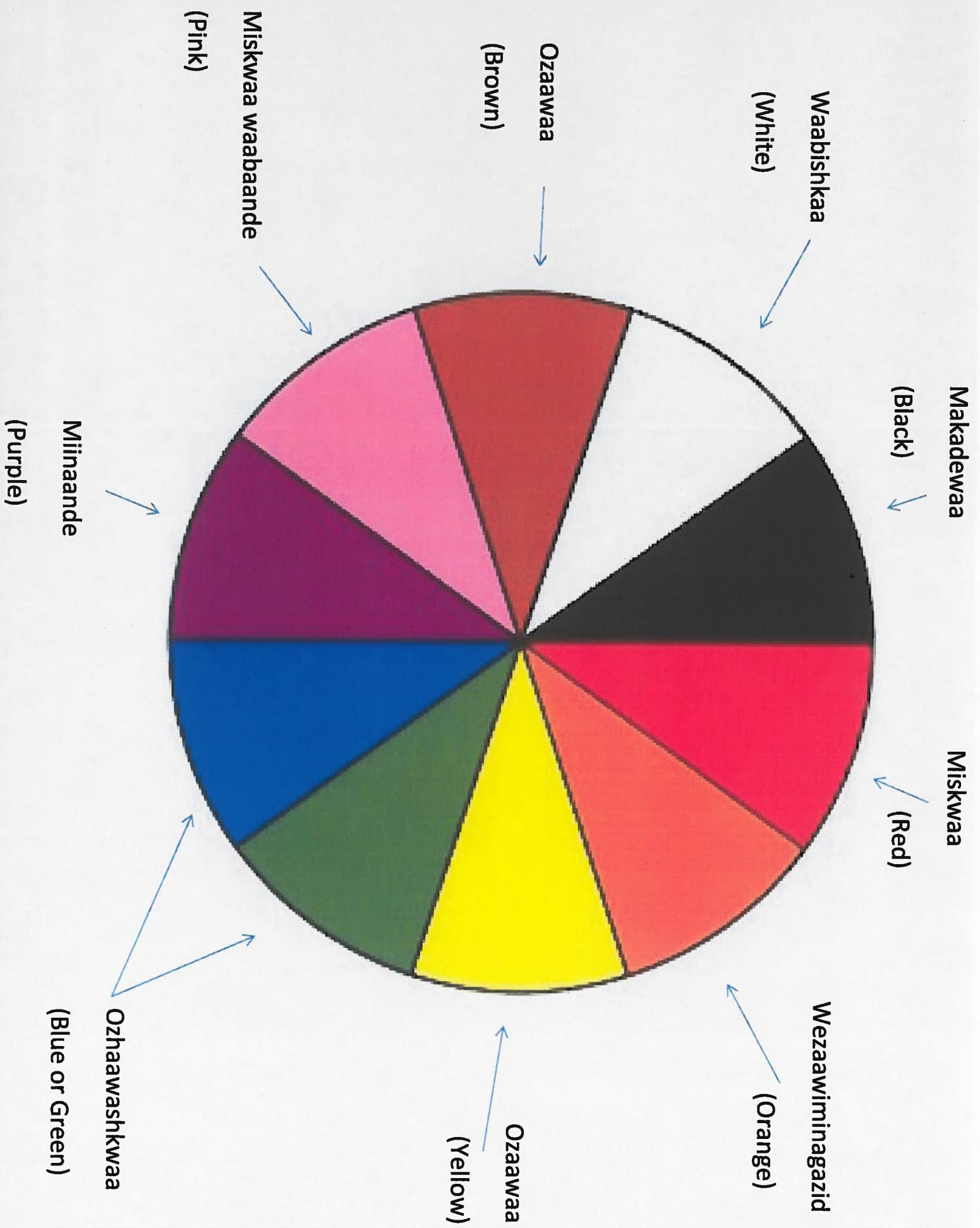
4:30p.m to 7:00pm

*Come get a language grammar book and
printed materials, gas vouchers for ECC
families*

Please bring a dish to pass

Look for the upcoming Raspberry Language Camp

If you have any questions please call Reggie 779- 5030 ext 233



Deer Tick Season

Tick season is here! Recent warm weather has brought ticks, including deer ticks, out of their winter dormant state. This means extra precautions when entering tick infested areas, especially for children.

Lyme Disease Prevention



- Avoid Tick Infested Areas
 - Deer Ticks
 - Pictured Above
- Use Insect Repellent
 - For Adults: Use 20 – 30% DEET on Clothes and Skin
 - For Children: Use 10% DEET on Clothes and Skin
 - Use Permethrin on Clothes and Camp Gear ONLY
- Wear Protective Clothing
 - Long Pant and Sleeves Help Keep Ticks off Skin
 - Light Colored Clothes Help Spot Ticks
 - Tuck Pants into Socks or Boots
 - Tape Area Where Socks and Pants Meet

Lyme Disease Symptoms

- Early Lyme Disease Signs
 - Bulls-eye Skin Rash
 - Picture Below
 - Fatigue
 - Chills and Fever
 - Headache
 - Muscle and Joint Pain
 - Swollen Lymph Nodes
- Late Lyme Disease Signs
 - Arthritis Appears in Brief Bouts
 - Nervous System Symptoms
 - Numbness, Pain, and Nerve Paralysis
 - Problems With Memory or Cognition
 - Rarely, Heart Rhythm Irregularities



parent tips

Be Active and Have Fun

Be active with your family each day. Here are some tips to fit physical activity into a busy week—and make it fun!



Find the best times to be active.

First, I will:

- ☐ Keep track of how my family spends our time for one week.
- ☐ Find two 30-minute time slots when my family could fit in physical activity.
 - Choose times when my family is usually together to try an activity.
 - Choose times when we usually have a lot of energy.

Start small.

Which of these activities will work for your family?

- ☐ Taking a walk or play tag with the children.
- ☐ Walking to work, school, or a friend's house.
- ☐ Using chores to move more; I can burn calories while I vacuum, rake leaves, or scrub floors.
- ☐ Asking my family to start (add your own ideas here!):

Start with what you know.

What will you start to do?

- ☐ Do things I know how to do—riding a bike or dancing.
- ☐ Pick activities that don't need any costly sports gear—like jogging, doing pushups, or tossing a ball.
- ☐ Get active at home, in my neighborhood, or in the park.
 - I don't need to go to a gym.
 - I can try active video games, where my kids and I dance or run in place.

- ☐ Make a pledge to:

Be active together.

I plan to:

- ☐ Play with my kids or let them join me for an exercise video or fitness game.
- ☐ Set up a birthday party or other social event that gets people moving, like dancing or having a jump rope contest.
- ☐ Exercise with friends.

☐

Try new things.

I haven't done this before, so I will:

- ☐ Ask a friend to teach me a sport or active game.
- ☐ Take a dance or sports class. Sign my kids up for a class too.

☐

If your family does not want to be active:

- Tell them physical activity will help make their bodies strong and healthy.
- Lead by example. When they see you having fun, they will want to join in.
- Tell them being active will give them more energy. Ask them to try it for two or three weeks and see how they feel.
- Have children choose fun ways to get moving.

Get support.

When I need support, I will:

- ☐ Find free or low-cost programs to help me and my family move more, such as:
 - Parks and recreation or YMCA programs
 - After school programs
 - Exercise classes at work
- ☐ Tell friends and family that I am trying to move more. Ask them to support my efforts.

☐

We Can! is a program from the National Institutes of Health that offers resources for parents, caregivers and communities to help children 8-13 years old stay at a healthy weight through eating right, increasing physical activity, and reducing screen time.

To learn more, go to <http://wecan.nhlbi.nih.gov> or call 1-866-35-WE CAN.

We Can! Ways to Enhance Children's Activity & Nutrition, **We Can!**, and the **We Can!** logos are registered trademarks of the U.S. Department of Health & Human Services (DHHS).



parent tips

Energy Balance: ENERGY IN & ENERGY OUT

It's important to know the number of calories you need to eat to stay healthy. Do you know how many calories you and your family need each day?



How to do the worksheet

Look at the meals on the next page.

- For each meal, find the ENERGY IN. Those are the calories you get from eating the meal.
- Look at the ENERGY OUT Table. It lists physical activities and the calories burned for each.
- Choose an activity for each meal. Write it in the blank.
- Figure out how long you need to do the activity to burn the calories from the meal. Write that in the blank.

Here's an example:

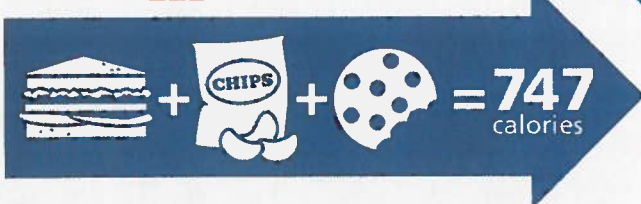
Let's say you have a **turkey sub meal** and you choose the **jump rope** activity.

To balance ENERGY IN and ENERGY OUT, you need to burn about 750 calories.

The ENERGY OUT Table says jumping rope for 15 minutes burns 150 calories.

To burn about 750 calories, you would need to jump rope for 15 minutes, 5 times—for a total of 1 hour and 15 minutes.

Energy **In**




Energy **OUT**



Energy In Meals

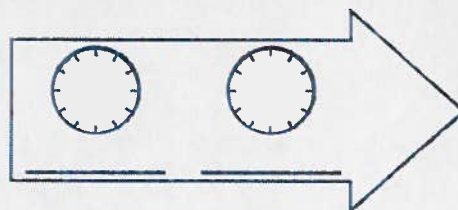
Now it's your turn. Balance the ENERGY IN and ENERGY OUT for these meals.



MEAL 1:
Whole-grain cereal (1 cup), Fat-free milk (1 cup), Banana

307
calories

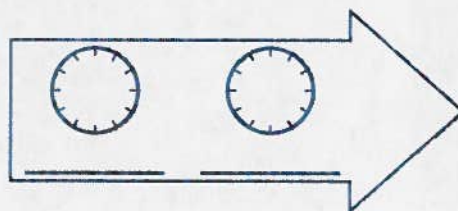

activity:




MEAL 2:
Baked fish (3 ounces), Green beans, Rice (1 cup), Low-fat frozen yogurt

662
calories

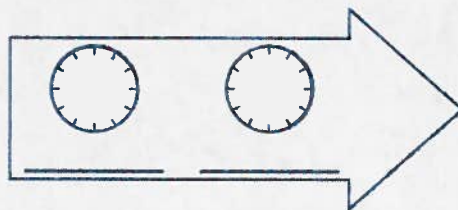
activity:

MEAL 3:
Fast food double cheeseburger, Large french fries, Large regular soda (32 ounces)

1290
calories

activity:



Energy Out Physical Activity

These activities all burn about 150 calories. Activities that take more effort take less time to burn 150 calories. Easier activities take longer to burn 150 calories.

less effort
more time



Wash and wax car
for 45–60 minutes

Push a stroller 1½ miles
in 30 minutes

Rake leaves
for 30 minutes

more effort
less time



Shovel snow
for 15 minutes

NEIGHBORHOOD ACTIVITIES

SPORTS ACTIVITIES

Shoot baskets
for 30 minutes



Walk 1¾ miles
in 35 minutes



Play touch football
for 30 minutes

Jump rope
for 15 minutes



Note: Calories burned are for a healthy 150-pound person. Lighter people burn fewer calories than heavier people doing the same activity.
Source: http://www.surgeongeneral.gov/topics/obesity/calltoaction/fact_whatcanyoudo.html

We Can! is a program from the National Institutes of Health that offers resources for parents, caregivers and communities to help children 8–13 years old stay at a healthy weight through eating right, increasing physical activity, and reducing screen time.

To learn more, go to <http://wecan.nhlbi.nih.gov> or call 1-866-35-WECAN.

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7 Outdoor Activities for Toddlers and Preschoolers

These easy ideas for outside fun will keep your kids totally entertained — without having to shell out much money.

Play caterpillar hopscotch.

Chances are your little one's already met — and fallen in love with — Eric Carle's *The Very Hungry Caterpillar*. With a little sidewalk chalk, the endlessly munching insect becomes the star of this sidewalk or driveway game. Start by drawing a large chalk circle, two or three feet across, with a face and antennae, then add ten or 20 more circles to create your jumbo-size caterpillar. Challenge your toddler to run from one end of the caterpillar to the other (a stopwatch makes the race even more exciting). Preschoolers can try bunny hopping or leaping from circle to circle, or even challenge themselves not to step on any chalk lines. Vary the color of the circles and this becomes a learning game as you encourage your critter to jump from red to blue to green.

Wash 'n' dry.

Water adds instant fun to outdoor activities, so try this bucket-of-suds spectacular on the next warm day. Fill a pail with water, add a few drops of baby shampoo for tear-free suds, and throw in some clean sponges. Then let some toddlers or preschoolers clean up their rides: tricycles, bikes, ride-ons, and scooters. After the vehicles get sufficiently soaped up, help those munchkins turn on the hose for a rinse-down, then dry the fleet with old rags or towels. The perfect way to cap off the fun: a trike-and-bike parade around the block.

Grow a mini-garden.

Introducing your little one to the wonders of nature is a wonderful way to stimulate his curiosity about the world. Plus, growing a plant will give your toddler or preschooler a huge sense of accomplishment. Getting started is easy: Just transplant already-thriving seedlings into pots filled with a bit of potting soil. Keep your veggies in these containers as they grow or plant them in the ground if you like. Either way, tomatoes, green beans, and basil are reliable, kid-friendly options; but feel free to check out what's growing at your local nursery, which is yet another fun outdoor activity to do with your tot!

Hit the streets.

Time to branch out from your own backyard? Try this adventurous outdoor activity that gives kids a chance to choose the route. Start by drawing arrows (left, right, forward, backward) on index cards, then pack your cards and get going. When you come to a fork in the road, let your preschooler choose a card to determine which way you head next. Along the way, play a guessing game by taking turns hypothesizing what you'll see on the next block: a black door, a bird's nest, a blue mailbox...you get the picture.

Play bear.

Your cutie will love this outdoor take on pretend play: The Sneaky Bear game. Tell your tot to set out three objects (like a ball, a shovel, and a toy car) before “going to sleep” under a blanket. Then along comes the sneaky bear — you or another child — to steal one item. Once that object is safely hidden away, yell, “Wake up!” The sleepyhead has to figure out which item was stolen (and if you have more than two players, who was the bear). Take turns so everyone gets a chance to play at being a sneaky bear. If you like, add a search for the missing item to this tricky activity.

Make monster bubbles.

What kid doesn't love bubbles? This outdoor activity takes the fun to a whole new level by mixing your own bubble solution. To start, add one cup of dishwashing soap (like Dawn) to a gallon of warm water. An extra two to three tablespoons of glycerin, available at your local pharmacy, is the secret to super-big bubbles. Pour your concoction into a flat, rimmed tray, like a sheet-cake pan, and dip in a large DIY wand, made by bending a wire hanger into a loop. Teach your toddler to lift the wand slowly and walk backward to let loose a gigantic bubble. If you like, experiment with making different kinds of wands with straws, pipe cleaners, even fly swatters. And if you really want to go big, pour your solution into a wading pool and use a Hula-Hoop to make monster-sized bubbles.

Create an obstacle course.

Mastering large-motor skills, like running, jumping, kicking, and throwing, is an essential part of toddler and preschooler development, so this backyard obstacle course is just the ticket. Preschoolers can do a set of challenges: Kick a ball toward a fence, then jump on and off a step, hop one-footed along a garden path, and, finally, throw a tennis ball into a bucket. For the younger set, practice one simple activity at a time — like stepping in and out of a Hula-Hoop on the ground — before moving onto the next easy feat. Once you've attracted a few friends and neighbors, turn the course into a relay race that'll get everyone's heart pumping.

Spaghetti Pepperoni Pie

Makes: 6 servings Prep 10 mins Bake 350°F 40 mins Cook 8 mins



Ingredients

1/2 pound spaghetti, broken up into thirds

1/3 cup dry seasoned bread crumbs

2 cups bottled chunky pasta sauce

1 cup shredded mozzarella cheese

4 ounces sliced pepperoni, chopped

4 large eggs, lightly beaten

3 tablespoons grated Parmesan

Make It

1. In large saucepan of lightly salted boiling water, cook spaghetti 1 minute less than directed on package. Drain.
2. Heat oven to 350 degrees F. Coat 10-inch nonstick skillet with nonstick cooking spray. If skillet handle is not ovenproof, wrap with aluminum foil. Coat with crumbs.
3. In bowl, combine spaghetti, pasta sauce, mozzarella and pepperoni. Stir in beaten eggs. Spoon mixture into prepared skillet.
4. Bake in 350 degree F oven 30 minutes. Sprinkle with Parmesan. Bake until cheese is golden brown, 10 minutes. Let cool 10 minutes. Cut into 6 wedges. Makes 6 servings.

Nutrition Facts

Servings Per Recipe 6, cal.(kcal)407, Fat, total(g)15, chol.(mg)161, sat. fat(g)5, carb.(g)45, fiber(g)3, pro.(g)21, sodium(mg)1006, Percent Daily Values are based on a 2,000 calorie diet.

What did you think of this recipe? Share your thoughts and rate it now.

[« Back to Recipe](#)

Parents

Parents.com

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Slow Cooker Vegetable Medley

Makes: 12 servings Prep 5 mins Slow Cook 4 hrs 30 mins



Ingredients

- 1 russet potato, peeled and cut into one-inch chunks
- 12 ounces green beans, trimmed
- 1/2 pound yellow squash or zucchini, roughly chopped

1/2 cup water

Make It

1. Combine all ingredients in a 4 to 6-quart slow cooker. Cover and cook on low for 4 1/2 hours (or on high for 3 hours), or until vegetables are tender.
2. Stir and mash, or transfer to a food processor or blender and puree to desired consistency for baby

Nutrition Facts

Servings Per Recipe 12, cal.(kcal)24, Fat, total(g)0, sat. fat(g)0, carb.(g)5, fiber(g)1, sugar(g)2, pro.(g)1, sodium(mg)3, calcium(mg)14, iron(mg)0, Percent Daily Values are based on a 2,000 calorie diet.

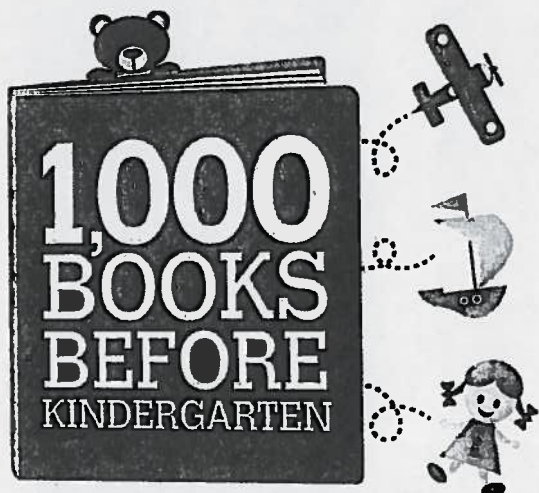
What did you think of this recipe? Share your thoughts and rate it now.

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Parents Parents.com

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1000 Books Before Kindergarten



Join the Bayfield Carnegie Library's free program to help your preschooler get ready to read!

Sponsored by:
Bayfield Carnegie Library and
Northern Waters Library System

Enjoy books together now and reap benefits as your child gains skills that will prepare him or her for learning to read independently.

How to Guide

1. Stop in and get a bag, folder, and your reading log for your child's first 100 books
2. Fill up your book bag with some great books.
3. Read the books to your child.
4. Write down the title/partial title of each book read on the reading log
5. Come back and do steps #2 and #3 often!
6. When you've read 100 books, bring your folder in and receive a prize. You will also receive the reading log for the next 100 titles.
7. At 500 books, you'll receive an extra special prize just for your little reader.
8. Tell all your friends about this program so they can sign up their children too! Sign up is on-going all year round!
9. After every 100 titles, be sure to stop in the library for more books, a prize, and the page for the next 100 books.
10. When your child reaches 1000 books, they will receive a prize and have their picture taken for the "Wall of Fame" and the picture will be displayed at the Bayfield Library. They will also receive a certificate of participation/completion. Finished all the steps? Congratulations! You did it!

You can do this for every child in your family, from infant up to kindergarten.

If your child is entering kindergarten soon, you may need to read 6 books or more a day to finish by the first day of school. But the gain of skills is so important that you won't want to miss the program. You may surprise yourselves with how quickly it goes!



Starting this summer. Stop in the Bayfield Library for more details.

Frequently Asked Questions

Can you really expect to read 1000 books to your child before kindergarten?

If you read only one book to your child each night for 3 years you will have read 1,095 books to your child. If you were to read 3 books to your child each night for one year, you will have read 1,095 books to your child in a year!

Do we have to read books from the Bayfield Carnegie Library?

No, you can read books from anywhere - your home, the doctor's office, preschool, Grandma's house, and other libraries. We do hope you'll make a visit to the Bayfield Library a regular activity!

I read the same story every night to my child. Can I count that book more than once?

Yes, write down the title each and every time you read the book. However, diversity is a great thing. Try to check out different books from the library or borrow books from friends and/or relatives.

I have more than one child I read to. Can I count the same title for each child?

Of course you can! And if one of your older children reads to their sibling, you can count that also.

Can I count books that are read at Story Time?

Yes, just ask the staff for the story titles.

What about the books that my preschooler hears at daycare, and from the preschool or 4K teachers?

Yes, you can count those.

My child has an electronic game (or a computer game) that reads the story to him if he chooses. Can I count that?

As long as your child listens to the entire story, you can count it. Please don't count it if he just plays the games.

When I don't have time to read to my child, I sometimes let her listen to a book on CD. Can I add that to her list?

Sure, as long as she has listened to the entire story. We also have book kits that contain a book and a CD so that a child can follow along in the book while the story is being "read" to them.

My child "reads" books to himself. Should I count those?

While it's a great start to reading, if your child is only pretending to read, you shouldn't count it. If your child has memorized a book you read together frequently and can read it themselves, then go ahead and count it.

My older children like to read to their younger siblings. Can I count those books?

Count any books that are read to your child, no matter who reads the books. It can be a brother, sister, grandparent, babysitter, teacher, etc. As long as they hear the entire story, you can count it.



You are your child's first and most important teacher! You know your child best and can work with them at times when they are in the mood to learn.

What **you** do helps your child get ready to read. There are six pre-reading skills that children must have in order to learn to read. You can practice these skills with your child at any age; from infant on up, just adapt it to their age.

Narrative Skills

What it is: Being able to describe things and events and tell stories

What you can do: Tell stories to your child. Have them tell you stories. Practice what happens first, next, and last. Relate what is going on in the story to something similar you have done.

Phonological Awareness

What it is: Being able to hear and play with the smaller sounds in words.

What you can do: Play rhyming games. Ask, "Do cat and dog rhyme? Do cat and hat rhyme?" Sing songs and clap out the syllables in the words. Put two words together - "What if we put hot and dog together?" And take them apart - "What would you have if we took cow away from cowboy?"

Print Motivation

What it is: Being interested in and enjoying books.

What you can do: Make book sharing a special time. Let your child see you read. Visit your library often. Let your child know that you value reading in your daily life.

Vocabulary

What it is: Knowing the names of things.

What you can do: Talk with your child about what's going on around you. Point at and identify everyday items as you encounter them. Add more details to things your child tells you. Read together every day! Research shows that children who have larger vocabularies are better readers.

Print Awareness

What it is: Noticing print, knowing how to handle a book and knowing how to follow the words on a page.

What you can do: Read aloud everyday print - labels, signs, lists, menus. Let your child hold the book and turn the pages. Hold a book upside down and see if your child notices.

Letter Knowledge

What it is: Knowing letters are different from each other, knowing their names and sounds and recognizing letters everywhere.

What you can do: Write your child's name. Make letters from clay. Play with magnetic letters. Read alphabet books and point out the letters. Show your child that the same letter can look different.



"Reading aloud with children is known to be the single most important activity for building the knowledge and skills they will eventually require for learning to read."

Marilyn Jager Adams



Money \$mart in Head Start



Issue 8

Getting Organized

Have you ever wanted to return something to the store, but can't find the receipt? Or maybe you thought you paid a bill, only to get a late notice?

Most of us have some kind of system for keeping track of paperwork and paying bills. It's just that some systems work better than others. If you find yourself searching through a stack of bills every month only to find out that many were due yesterday, last week, or even worse, last month, it might be time to make-over your current system.



Keep reading for a few easy ideas that can take the stress out of organizing your finances.

Have an "inbox" for your mail and papers.

Do you have a regular place where everyone in your home puts mail or empties out the backpack? Scavenger hunts are fun for hidden prizes, but not so fun when you're looking for bills, receipts, or school notices.

- There's no one inbox system that works for everyone. The system that works for you is the only one that counts. It can be as simple as a shoebox, plastic bin, or folder where you toss all the mail and letters.
- Come up with a regular time to go through your inbox. Ideally, you want to sort through your papers every day so you don't miss a last minute notice or reminder. If every day isn't realistic for you, aim for at least two days a week so you can keep up.
- When you go through your inbox, do something with each piece. Looking at it and throwing it back in the box doesn't count! If it's a bill or school notice, add the date to your calendar. Then put the bill or notice someplace you'll see it, like on the fridge or a bulletin board. Remember that bills have a short "shelf-life" and need attention as soon as possible.

Have a system to pay bills on time.

Everyone needs some way to keep track of what bills are due, when they've been paid, and a record of having paid it. Investing a little time or money to get organized can mean more on-time payments better credit, no late fees, and more money in your pocket!



Start by making a list of your monthly bills. When are they due? Is it the same amount every month or does it change? Are there a couple of bills due at the same time so you know money will be tight that week?

There are many ways to keep track of due dates and when the bills have been paid. If you use a calendar, write them down and cross them off when paid. Or use your cell phone or e-mail to send yourself a reminder at least a few days before each due date to give yourself time to pay.

For many of us, the less we have to keep track of—the better! Arrange to have your monthly bills paid automatically out of your bank account. Check with your bank or credit union about how to do this and any fees they will charge.

Some prepaid debit cards also let you make automatic payments, but monthly fees can be high depending on the card.

You can also have money taken out of your checking account and put right into your savings account!

Whatever system you come up with, you still need to keep track of your budget. Paying on time means planning ahead so you have money available when the bill is due.

TIP

Keep a journal of bills paid. List date, company, type of payment (credit card, check number), and amount. This makes you able to go back and say "I've paid that."

— Head Start Parent in Douglas County

Know when to hold it and when to throw it.

If you're like many people, you have a collection of financial "stuff" that you don't know whether to keep or toss. Spending a little time organizing household paperwork makes it easier for you to find information about your earnings, your spending, and other financial records, such as for insurance or taxes.

Think about a typical week and the kinds of papers that you deal with:



- **Receipts:** Reasons to hold onto receipts may be to track your spending, make a return, compare it to your credit card statement, or for proof of purchase for a money order, warranty, or taxes.
- **Paycheck stubs:** Even after the money's been deposited to your account or you've cashed your check, hold onto these stubs until you get your annual W-2 statement and make sure your pay and deductions match.
- **Bank statements:** Some people check their bank statements online or over the phone, and some get a monthly mailed statement. You may also have ATM receipts. After you've made sure the bank's records and your records match, you can shred the statement and receipts.
- **Credit card statements:** After you've paid the bill and made sure all the charges belong to you, you can shred the statement (unless you need proof of a deduction for taxes).
- **Insurance policies:** Hold onto your current policies and proof that you paid the bill. Shred expired policies.

For those papers you need to hold onto for a year or more, choose an easy but safe place to store them.



You can use file folders, a three-ring binder, or old school notebook with pocket dividers. Then store your files in a kitchen drawer, file cabinet, or a covered box in the bedroom, but stay away from damp places like the basement floor. Label the files with the types of records, like check stubs, rent receipts, insurance, health records, or tax returns.

With a little organizational time up front, you will save money, time, and stress in the long run. And that's time that can be spent having fun with your family and friends!

More ideas to lower your money stress:



- Have an emergency or rainy day fund - **find a few dollars a month and start saving!** An emergency fund can even help you avoid a high-cost short-term loan like a payday or car title loan.
- Match your money to the month. Having a spending plan can help you match your day-to-day spending to your income. Knowing where you spend your money can also help you come up with ideas on where you might be able to spend less.
- Keep track of checks written or debit card use to save on overdraft fees.
- Whether it's a credit card or a car payment, pay a little more than the minimum monthly amount due when you can. Over a couple years, a little extra can save you a lot of money in interest.

This is the last issue of "Money \$mart in Head Start." We hope you enjoyed getting these newsletters and maybe picked up a few new ideas along the way.

"Money \$mart in Head Start" is provided by UW-Extension Family Living as part of the Head Start Financial Literacy Project which is funded through the generous support of the Annie E. Casey Foundation. This issue was written by Peggy Olive, Family Living Agent, UW-Extension Richland County, and edited by Kristi Cutts and Ruth Schriefer. Reviewed by J. Michael Collins, Family Financial Security Specialist, UW-Madison/ Extension. Sources for this issue - Wisconsin Homeownership Preservation Education (WHPE) Keeping Organized, UW-Extension, 1/10; Money 2000 and Beyond: Organizing Your Financial Records. Lepeska, Mary Fran. Cooperative Extension Publications, 1999. (2011)



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Teething

When do babies begin teething?

Most babies begin teething when they are about 6 months old, although it can vary widely. The first teeth to appear are usually the lower front teeth, followed by the upper front teeth. Most children will have a complete set of 20 baby teeth by the age of 3.

What are some signs of teething?

- Drooling
- Gum sensitivity and swelling
- Irritability or fussiness
- Biting
- Refusing food
- Sleeping problems

What are some ways to help my baby cope with teething?

- Wipe your baby's face with a cloth often to remove drool and prevent rashes.
- Place a clean cloth under your baby's head during sleep to catch drool and keep the sheet dry.
- Rub your baby's gums with a clean finger.
- Give your baby a chilled washcloth or teething ring to chew on.
- If your baby is eating solid foods, try feeding cold foods such as applesauce or yogurt.

- Talk to a healthcare professional about using over-the-counter ointments, pain relievers, or home remedies to help ease your baby's pain.
- Don't use whiskey or other alcoholic beverages to soothe your baby.

How do I care for my baby's new teeth?

- Even before your baby begins teething, you should clean your baby's mouth each day with gauze or a clean, damp washcloth.
- When the teeth begin to erupt, gently brush them with a soft-bristle toothbrush and a little bit of water.
- Around 1 year of age, your baby should have a dentist visit.

When should I contact a healthcare professional?

If your baby has a fever, diarrhea, or other symptoms of illness, contact a healthcare professional.



Healthcare Professional's Instructions:

The information contained in this tear pad is not intended to replace the advice of a healthcare professional. If you have any questions, please contact a healthcare professional.

JOB DESCRIPTION

TITLE: Hotel Night Auditor
DEPARTMENT: Hotel
SUPERVISOR: Hotel Manager
WAGE: Dependent on Qualifications
SHIFT: Nights/Weekends/Holidays or as needed
CLASSIFICATION: Non Gaming
POSITION: PART TIME

JOB SUMMARY: Under the direction of the Hotel Manager, the Night Auditor is responsible for posting and balancing rooms. Maintain files and reset systems for the next days operations. Greets and assists with late guest arrivals and departures by handling guest check-ins and check-outs while providing prompt and courteous service. Applicants should be advised that the Tribe reserves the right to disqualify applicants whose prior activities pose a threat to the public interest. Friendly, professional attitude required at all times. Must be willing to work nights, weekends, and holidays. Neat clean appearance is a must. Red Cliff Tribal member preferred but all qualified applicants will be considered.

JOB QUALIFICATIONS:

- Previous customer service experience required.
- Previous cash handling experience preferred.
- Computer experience essential.
- Good organizational and administration skill required.
- Ability to work in a team environment.
- Excellent customer service skills.
- High standards of personal hygiene.
- The ability to remain calm under pressure.
- Must possess excellent interpersonal and employee relation skills.
- Ability to respond calmly and make rational decisions in stressful situations.
- Ability to multi task.

DUTIES AND RESPONSIBILITIES:

- Must adhere to Legendary Waters Resort & Casino's policies and procedures.
- Must adhere to all appearance and uniform standards.
- Run audit reports/journals from front office systems.
- Prepares daily revenue reports by auditing system accounts.
- Makes corrections and adjustments and handles all computer problems that might occur throughout the shift.
- Input all revenue, expenses, and allowances to generate the daily reports.
- Balances all revenue and settlement accounts nightly, maintain files and reset the system for the next day operations.
- Check-in and check-out of the guests.
- Administer wake up calls.
- Maintain all related records.
- Makes reservations and handles cancellations.

- Receives and directs phone calls and messages.
- Handles all guest interactions in a courteous and friendly manner.
- Maintains a clean and orderly working environment.
- Must be able to sit, stand, and/or walk for long periods of time.
- Ability to lift 25-30 lbs.
- Perform other duties as assigned.

Not a smoke free environment.

The Red Cliff Tribal Council has a drug free workplace policy and adheres to the intent of the drug free workplace act. All new hires are subject to a drug test prior to starting.

Applications are available at the Cashier's window, the Personnel office of the casino, and on the website www.legendarywaters.com

Deadline: 6/2/14

For further information contact:

**LW Human Resources Department: 37600 Onigamiing Drive, Red Cliff WI
smorris@legendarywaters.com (715) 779-9401**

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Job Description
Zaagichigaazowin Home Visiting Project

TITLE: Home Visitor

PROGRAM: Tribal Maternal Infant Early Child Home Visiting (TMIECHV) Project

WAGE: \$15.00 per hour 40 hours per week; Grant Ends September 29, 2017
FULL TIME EXEMPT POSITION

SUPERVISOR: Community Health Supervisor

PRIMARY DUTIES AND RESPONSIBILITIES:

The home visitor is responsible for managing a case load of 8-10 families who voluntarily participate in the program. The home visitor will have multiple roles within the framework of the Zaagichigaazowin Home Visiting program. They will provide home visits during the pregnancy, post-partum and early childhood periods using an adapted "*Parents as Teachers*" curriculum and will encourage and participate in the primary care of the mother and child using a culturally adapted Healthy Steps model which includes prenatal care. The home visitor will be trained as a birth doula, and will be on-call to provide support during the labor, delivery and immediately post-partum for families who choose this service. The home visitor will provide case management, screening, education, referral and support in a holistic manner based on the individual needs of the family and work within a comprehensive early childhood system of care. The home visitor may be asked to help with event planning, coordination and/or facilitation of groups. The home visitor will be responsible for thorough documentation and data collection, and will participate in reflective supervision and continuous quality improvement activities.

The ZHV home visitor is hired by the Red Cliff Community Health Center to

- a. Support families throughout and beyond the childbearing year by offering a menu of services from which families can choose; including home visits, supportive primary care visits, doula support during birth, prenatal and parenting classes and community events.
- b. Recruit eligible families into the ZHV home visiting program; ideally early in pregnancy.
- c. Develop a trusting relationship with participating clients.
- d. Develop mutual expectations and an initial and on-going plan of care which reflects the preferences and needs of the families and services offered within the program or to which they can be referred.

2. The following describes the home visiting role by stage in family development

- a. Prenatal contact should begin as early in pregnancy as possible and include:
 - i. Initial family assessment and plan for services for families who agree to participate after learning about the program.
 - ii. Bi-monthly home visits. Less or more is acceptable; depending on client preference and home visitor case load. Other forms of communication, such as telephone and social

- media (as allowed by tribal policy) will be used to maintain contact and augment visits.
- iii. Initiate and use culturally adapted Parents as Teachers curriculum to create structure and consistency within home visits and enhances parental understanding of fetal and child development, parenting skills and local resources.
 - iv. Using the enhanced Healthy Steps model; the home visitor will offer to accompany their clients to prenatal visits with midwife or doctor and follow-up; with goals of enhancing parental knowledge, self-confidence, and promotion of positive health behaviors and attendance at appointments.
 - v. Father of baby/partner and/or other family member involvement will be strongly encouraged early and throughout the intervention and with all activities. The important role of extended family is acknowledged and welcome.
 - vi. Encourage prenatal participation in educational/supportive groups such as: Motherhood/Fatherhood is Sacred classes, childbirth preparation and breastfeeding classes, language table and other cultural/community groups.
 - vii. The home visitor may be asked to help organize, staff and/or facilitate certain groups.
 - viii. Provide case management type services including periodic and on-going assessments, referrals to other resources and assistance with overcoming barriers to access.
- b. Responsibilities during childbirth (for those families who choose birth doula services) include:
- i. Continuous support for the family during childbirth, including assistance with non-medical comfort measures such as aiding with position changes and relaxation, offering emotional, informational and spiritual support for the client, family members, and significant others, and patient advocacy. The type of support is individualized to meet family preferences and offered within the doula scope of practice.
 - ii. Being on-call according to client due date and established call schedule.
 - iii. Abiding by the doula on-call guidelines to ensure safe service provision and availability to clients. See attached on-call guidelines.
 - iv. If a client requests support during early labor, the home visitor will be available to provide encouragement and emotional support over the phone or in some cases, in the client's home.
 - v. The doula will come to the hospital and join the client when active labor is established if not sooner and will be expected to stay with the laboring woman throughout the labor and through at least 2 hours post-partum.
 - vi. In the case that a labor is excessively long, difficult or if the doula needs back-up or support, another ZHV staff person can be called in.
 - vii. Breastfeeding support is given immediately after delivery and on an ongoing basis.
- c. Postpartum responsibilities include:
- i. A visit to the new mother/infant within 24 hours after birth to assess their well-being, offer breastfeeding support, encourage use of community resources as needed and help facilitate the family's discharge to home.
 - ii. Coordinate provision of Newborn Behavioral Observation (NBO) to family as soon as possible after the birth; either in the hospital or after returning home.
 - iii. After discharge to home, the doula will make frequent home visits during the first weeks, and regular, on-going visits after that.
 - iv. Post-partum visits will include processing the birth, supporting breastfeeding, teaching

infant care and parenting skills, fostering positive maternal and paternal/infant attachment, offering/coordinating other referrals for services as needed.

- v. Attendance of the home visitor at well-baby/well-woman primary care visits are offered and encouraged.
 - d. On-going home visiting/ family engagement
 - i. Continue to offer family support services (home visiting, supportive primary care and community groups/events) into the infant's early childhood until the family is transitioned into the Early Childhood home visiting program, the family no longer desires services or the child becomes older than the age limit of five years old.
 - e. In cases of perinatal loss at any time during the pregnancy, birth, post-partum or infancy/early childhood period, the home visitor may be called on to provide and/or refer to grief support services/counseling.
3. Other aspects of the ZHV home visitor roles/responsibilities:
- a. The ZHV home visitor may be asked to participate in planning or facilitating childbirth education and/or parenting classes and groups, family socialization and other community events.
 - b. Participates in regular staffing meetings with ZHV and community health program coordinator and directors.
 - c. Participates in weekly and as needed reflective supervision activities.
 - d. Participates in quality assurance and improvement activities within the program, as well as within the larger clinic and early childhood system of care.
 - e. Participates in initial and on-going training activities as required and recommended by program staff.
 - f. Documents all client and activity data in required data collection and electronic health systems in an accurate and timely manner.
 - g. Report activities the RCCHC Health Board on the Monthly Activity Report as required by the Health Clinic.
 - h. Support/adhere to established policies and procedures of the Red Cliff Tribe.
 - i. Maintain strict confidentiality and safeguard the privacy of patients in common areas of the clinic.
 - j. Present a professional, caring image for the Health Center and its programs.
 - i. Maintain a cooperative relationship with other Health Center staff and employees.
 - ii. Demonstrate tact, courtesy, and respect in communication and interaction with Health Center patients, visitors, and staff and with outside agencies and programs.
 - iii. Promote a working environment noted for effective cooperation and collaboration between programs, services, and co-workers.
 - iv. Dress appropriately to promote professionalism within the Health Center.
 - k. Attend staff and other meetings, in-services, and other events as directed by supervisor.
 - l. Participate in the implementation of grants, contracts, or projects being carried out under the auspices of the Red Cliff Community Health Center and at the direction of the Administrator of the Health Center. These activities are to comply with the directives of Tribal and Health Center Administration and to fulfill the conditions and stipulations of the grant, contract, or project. The specific duties will reflect the individual grant, contract, or project and the concurrent needs and resources of the Health Center. These assignments will vary from time to time due the cyclical

nature of these program efforts.

- m. Perform other duties as determined by the Tribal Health Director in consultation with the ZHV and community health directors.

SUPERVISORY AUTHORITY: None

EXPERIENCE AND QUALIFICATION REQUIREMENTS:

- An Associate's Degree or higher with specific training or education in child development, family studies, nursing, psychology, or related field preferred and/or significant work experience or training in perinatal, maternal and child health and community health domains.
- Experience and knowledge about early child growth and development, parent-child relationships, child health, and family systems in Native American communities.
- Experience and/or willing to train as a birth doula.
- Experience and/or willing to train in assessing the growth and development of infants and children birth to 5 years of age.
- Experience and/or willing to train in home visiting skills and case management.
- Knowledge of issues related to the provision of perinatal and maternal and child health home visiting services within a Native American population.
- Knowledge of and/or willing to learn about the Red Cliff community and Ojibwe traditional teachings as they relate to family and community health.
- Willingness to encourage and incorporate Ojibwe teachings and traditions into home visiting and birth settings when requested by families.
- Ability and willingness to work outside of traditional work hours for program related classes and community events that may include some evenings and weekends.
- Willingness and ability to be on-call for families who choose doula support for a period of two weeks before and after due date. On-call guidelines will apply during this time. See attached guidelines.
- Experience and/or comfort in learning group facilitation skills and facilitating parent groups preferred.
- Demonstrated flexibility to work on an interdisciplinary team; ability to work in various roles and capacities in a respectful and professional manner.
- Capacity to be reflective about work and roles.
- Ability to work independently.
- Relevant life experiences (related, for example, to mothers' and fathers' concerns about caring for infants and young children).
- Proficiency in computer usage and software systems including all programs in Microsoft Office.
- Experience with and/or willingness to learn electronic data entry systems.

PERSONAL CONTACTS:

Daily contact with patients, visitors, primary care providers, Tribal and Health Center Administration, and other Health Center staff

A criminal background check will be required as part of the employment hiring process.

WORK ENVIRONMENT:

1. Red Cliff Community Health Center; office and clinic settings.
2. Exposure to hazards of the health care industry.
3. Work setting must be maintained as a clean, nonsmoking, well-ventilated area in compliance with all applicable safety regulations.
4. Home visits with participating families will require the employee to travel to client homes.
5. Community events & classes will require the employee to travel to and attend events in a variety of community settings.
6. Employees will be expected to attend births in the setting chosen by the family; hospital, birth center or home.
7. The employee has the right to decline visits if any threats to personal safety arise in any client home or community setting.

PHYSICAL REQUIREMENTS:

The duties assigned to this position involve bending, stooping, lifting, and carrying. Items may be placed on overhead storage. Lift up to 50 pounds, assisting patients onto exam tables as necessary. Work requires regular and recurring periods of standing or walking.

TRAVEL REQUIREMENTS:

Must have valid WI driver's license, vehicle, and at least liability insurance. If no insurance, must get within three weeks. Must also be eligible for the Tribe's vehicle insurance.

May require overnight travel to attend meetings or training. May be asked to perform visits to patient homes. May be required to travel to deliver or pick up x-rays, laboratory, specimens, or Health Center/Clinic supplies.

POSTING DATE: May 21, 2014

DEADLINE: June 5, 2014 @ 4:00 p.m.

FOR FURTHER INFORMATION CONTACT:

Red Cliff Human Resources Department
88385 Pike Road, Highway 13
Bayfield, WI 54814
(715) 779-3706 ext. 1267 or 1268

rwYGONIK@redcliff-nsn.gov

susie.gurnoe@redcliff-nsn.gov

The Red Cliff Community Health Center is a Drug-Free Workplace in accord with the Drug-Free

JOB DESCRIPTION

POSITION: Maintenance Worker

LOCATION: Red Cliff Facilities and Reservation

SALARY: \$9.00/hour 40 hours per week

THIS IS A SEASONAL FULL-TIME NON EXEMPT POSITION

SUPERVISOR(S): Maintenance Supervisor

JOB SUMMARY: This position will assist the Maintenance Supervisor on Maintenance projects that include: repair(s), painting and some special projects. As well as snow and ice control, landscape and lawn maintenance. And, other maintenance related duties assigned.

DUTIES AND RESPONSIBILITIES:

1. Shovel, clean and move snow in the winter.
2. Assist with custodial and grounds keeping responsibilities as needed or required.
3. Assist the Maintenance supervisor in the operation and upkeep of the buildings and performing normal maintenance repair.
4. Solid Waste/trash Management.
5. Other duties as assigned by supervisor.

SUPERVISORY AUTHORITY: None

KNOWLEDGE: Knowledge of basic plumbing, heating, electrical, building and grounds maintenance and repair. Good mechanical background preferred. Knowledge of operating and maintenance of indoor/outdoor equipment and tools. Good attitude and communication skills are needed.

QUALIFICATIONS: Must be able to work with minimal supervision. Must be safety oriented. Knowledge of and experience in using power hand tools is required. Must possess a valid drivers license, access to a vehicle with liability insurance and able to be put on the tribal insurance. If no insurance must obtain within 3 weeks of employment. Indian preference will be applied in the case of equally qualified applicants, but all qualified applicants will be considered.

PERSONAL CONTACTS: Daily work administration, supervisors, staff, community members and various agencies.

PHYSICAL REQUIREMENTS: Primarily all tribal facilities and grounds keeping. Which may require bending, lifting and reaching. May need to lift up to 50 plus pounds.

WORK ENVIRONMENT: Red Cliff Maintenance Building and in the field in varied weather condition customary to northern Bayfield County, Wisconsin.

TRAVEL REQUIREMENTS: Will be required to travel for parts, drive to work site.

POSTING: May 27, 2014

DEADLINE: June 11, 2014

FOR FURTHER INFORMATION:

**Red Cliff Tribal Administration Building
Human Resources
88385 Pike Road
Hwy 13
Bayfield, WI 54814**

**rwYGONIK@redcliff-nsn.gov
susie.gurnoe@redcliff-nsn.gov**

(715) 779-3700 ext. 1267 or 1268

The Red Cliff Tribal Council has a Drug Free Work Place Policy and adheres to the intent of the Drug Free Work Place Act. All new hires are subject to a drug test prior to starting.

ALL APPLICANTS FOR EMPLOYMENT WITH THE RED CLIFF TRIBE ARE SUBJECTED TO THE BACKGROUND INVESTIGATION AND OTHER REQUIREMENTS OF RCCL CHAPTER 43, AND THAT YOU ARE UNDER A CONTINUEING OBLIGATION TO SUPPLEMENT THIS APPLICATION FOR EMPLOYMENT WITH INFORMATION CONCERNING ANY CONVICTIONS THAT OCCUR AFTER COMMENCEMENT OF EMPLOYMENT WITH THE TRIBE.

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JOB DESCRIPTION

TITLE: Front Desk Clerk
DEPARTMENT: Hotel
SUPERVISOR: Hotel Manager
WAGE: Dependent on Qualifications
SHIFT: Days/Nights/Weekends/Holidays or as needed
CLASSIFICATION: Non Gaming

JOB SUMMARY: Under the direction of the Hotel Manager, the Front Desk Clerk handles all transactions at the front desk in an efficient and friendly manner while ensuring guest satisfaction. In addition the Front Desk Clerk welcomes guests and offers a variety of services. Applicants should be advised that the Tribe reserves the right to disqualify applicants whose prior activities pose a threat to the public interest. Friendly, professional attitude required at all times. Must be willing to work nights, weekends, and holidays. Neat clean appearance is a must. Red Cliff Tribal member preferred but all qualified applicants will be considered.

JOB QUALIFICATIONS:

- Previous customer service experience required.
- Previous cash handling experience preferred.
- Computer experience essential.
- Good organizational and administration skills required.
- Ability to work in a team environment.
- Excellent customer service skills.
- High standards of personal hygiene.
- The ability to remain calm under pressure.
- Must possess excellent interpersonal and employee relation skills.
- Ability to respond calmly and make rational decisions in stressful situations.
- Ability to multi task.

DUTIES AND RESPONSIBILITIES:

- Must adhere to Legendary Waters Resort & Casino's policies and procedures.
- Must adhere to all appearance and uniform standards.
- Perform all functions necessary for registration and assignments of guest rooms.
- Checks out guest and receives all room payments.
- Receives and directs phone calls and messages.
- Handles all guest interactions in a courteous and friendly manner.
- Handles special request in a manner that ensures guest satisfaction.
- Makes reservations and handles cancellations.
- Maintains a clean and orderly working environment.
- Communicates with housekeeping on checkouts.
- Maintains all related records.
- Administer wake up calls.
- Must be able to sit, stand, and/or walk for long periods of time.
- Ability to lift 25-30 lbs.
- Perform other duties as assigned.

Not a smoke free environment.

The Red Cliff Tribal Council has a drug free workplace policy and adheres to the intent of the drug free workplace act. All new hires are subject to a drug test prior to starting.

Applications are available at the Cashier's window, the Personnel office of the casino, and on the website www.legendarYWaters.com

Deadline: Until Filled

For further information contact:

**LW Human Resources department: 37600 Onigamiing Drive, Red Cliff WI
smorris@legendarYWaters.com (715) 779-9401**



JOB DESCRIPTION

TITLE: Hotel Housekeeping
DEPARTMENT: Hotel
SUPERVISOR: Housekeeping Supervisor/Hotel Manager
WAGE: Dependent of Qualifications
SHIFT: Days/Weekends/Holidays or as needed
CLASSIFICATION: Non Gaming

JOB SUMMARY: Under the direction of the Housekeeping Supervisor and /or the Hotel Manager, the Hotel Housekeeper is responsible for ensuring that guest rooms and public areas of the hotel are cleaned and linens are restocked, ensuring the hotel is maintained to the highest presentation. Applicants should be advised that the Tribe reserves the right to disqualify applicants whose prior activities pose a threat to the public interest. Friendly, professional attitude required at all times. Must be willing to work nights, weekends, and holidays. Neat clean appearance is a must. Red Cliff Tribal member preferred but all qualified applicants will be considered.

JOB QUALIFICATIONS:

- Previous hotel housekeeping experience preferred.
- Knowledge of cleaning equipment and chemicals preferred.
- Excellent customer service skills.
- High standards of personal hygiene.
- An awareness of health and safety issues.
- Ability to multi task.
- Must possess excellent interpersonal and employee relation skills.
- Must possess good organizational/time management skills.

DUTIES AND RESPONSIBILITIES:

- Must adhere to Legendary Waters Resort & Casino's policies and procedures.
- Must adhere to all appearance and uniform standards.
- Cleans all guest rooms in accordance with established standards of cleanliness and quality.
- Ensures all necessary supplies are maintained at proper par levels.
- Maintain assigned storage areas.
- Answering guest request.
- Courteously and promptly responds to guest room request.
- Understands the emergency procedures for the entire hotel.
- Maintains a clean, safe, hazard-free work environment at all times.
- Must be able to lift 25 lbs.
- Must be able to stand and/or walk for long periods of time.
- Perform other duties as assigned.

Not a smoke free environment.

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Applications are available at the Cashier's window, the Personnel office of the casino, and on the website www.legendarywaters.com

Deadline: Until Filled

For further information contact:

**LW Human Resources department: 37600 Onigamiing Drive, Red Cliff WI
smorris@legendarywaters.com (715) 779-9401**



JOB DESCRIPTION

TITLE: Host/Hostess
DEPARTMENT: Restaurant
SUPERVISOR: Front of the House Supervisor/F & B Manager
WAGE: per hour
SHIFT: Days/Nights/Weekends/Holidays or as needed
CLASSIFICATION: Non Gaming

JOB SUMMARY: Under the direction of the Front of the House Supervisor and/or the Food and Beverage Manager, the Restaurant host/hostess is the first employee to interact with arriving guests as they enter the restaurant. It is the job of the host/hostess to greet arriving guest, welcome them into the establishment and seat them. The guests receive their first impression of the service of the restaurant by their exchange with the host/hostess. Applicants should be advised that the Tribe reserves the right to disqualify applicants whose prior activities pose a threat to the public interest. Friendly, professional attitude required at all times. Must be willing to work nights, weekends, and holidays. Neat clean appearance is a must. Red Cliff Tribal member preferred but all qualified applicants will be considered.

JOB QUALIFICATIONS:

- Previous customer service experience in a high volume operation preferred.
- Previous experience with Micros system preferred.
- Strong organizational and interpersonal skills required.
- Passion for providing excellent guest service/
- Passion for providing highest quality food.
- Must be able to accurately process money transactions providing change when necessary.
- High standards of personal hygiene.

- Ability to multi task.
- Ability to remain calm under pressure.

DUTIES AND RESPONSIBILITIES:

- Must adhere to Legendary Waters Resort & Casino's policies and procedures.
- Must adhere to all appearance and uniform standards.
- Responsible for providing the guests with a delightful dining experience from the initial reception until the final good-bye.
- Greets guests, escorts them to tables, and provide menus.
- Take to go orders.
- Operates cash register, take money, make change, account for cash, credit, and comp receipts.
- Seats all stations in order or rotation to ensure fairness and maximum service to guests.
- Coordinates with servers and bussers to assure availability of tables for our guests.
- Advises guest of waiting time.
- Must be able to stand and/or walk for long periods of time.
- Ability to lift up to 25 lbs.
- Perform other duties as assigned.

Not a smoke free environment.

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Applications are available at the Cashier's window, the Personnel office of the casino, and on the website www.legendarywaters.com

Deadline: Until Filled

For further information contact:

**LW Human Resource Department: 37600 Onigamiing Drive, Red Cliff WI
smorris@legendarywaters.com (715)779-9401**



JOB DESCRIPTION

TITLE: Table Games Dealer
DEPARTMENT: Table Games
SUPERVISOR: Table games Floor Supervisor/Table Games Manager
WAGE: \$6.00 hr.
SHIFT: Days/Nights/Weekends/Holidays as needed
CLASSIFICATION: Gaming License required

JOB SUMMARY: Under the direction of the Table Games Supervisors and Manager, the Dealer will deal assigned games according to established policies and procedures. Maintains a thorough knowledge of the game dealt. Interacts with guests in a friendly and upbeat manner. Applicants should be advised that the Tribe reserves the right to disqualify applicants whose prior activities pose a threat to the public interest. Friendly, professional attitude required at all times. Must be willing to work weekends, nights, and holidays. Neat clean appearance is a must. Red Cliff Tribal member preferred but all qualified applicants will be considered.

JOB QUALIFICATIONS:

- Knowledge of or experience in the game of Black Jack and Poker preferred.
- Excellent customer service skills.
- Basic math skills.
- Professional appearance and demeanor.
- Must have interpersonal skills to deal effectively with all patrons.
- Good manual dexterity.

DUTIES AND RESPONSIBILITIES:

- Must adhere to Legendary Waters Resort & Casino's policies and procedures.
- Must adhere to all appearance and uniform standards.

- Greet guests upon arrival at the table.
- Maintains a professional, friendly, and courteous atmosphere providing the guest with a delightful gaming experience.
- Deal cards to patrons.
- Play house hands from behind a gaming table.
- Check player's bets.
- Compare hands with the house and determine winner.
- Exchange money for chips to be used in games.
- Inspect cards to ensure compliance with gaming standards.
- Notify Floor Supervisor of any irregularities.
- Entice player's to sit at the table and play.
- Answer questions about game rules and variations.
- Verifies credits and fills to the game.
- Notifies Floor Supervisor of any guest needs; cocktails, etc...
- Ability to stand for long periods of time.
- Ability to lift up to 25 lbs.
- Perform other duties as assigned.

Not a smoke free environment.

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Applications are available at the Cashier's window, the Personnel office of the casino, and on the website www.legendarywaters.com

Deadline: Until Filled

For further information contact:

**LW Human Resources Department: 37600 Onigamiing Drive, Red Cliff WI
smorris@legendarywaters.com (715) 779-9401**



JOB DESCRIPTION

TITLE: Wait Staff
DEPARTMENT: Food and Beverage
SUPERVISOR: Wait Staff Supervisor/Food & Beverage Manager
WAGE: \$4.50 hr. plus tips
SHIFT: Days/Nights/Weekends
CLASSIFICATION: Non-Gaming

JOB SUMMARY: Under the direction of the Wait Staff Supervisor and/or the Food and Beverage Manager, this position will serve customers by taking orders, serving food and preparing tables. An important part of the work is to make customers feel welcome and comfortable during their meal. To provide friendly, excellent service to every guest who dines in the restaurant. Applicants should be advised that the Tribe reserves the right to disqualify applicants whose prior activities pose a threat to public interest. Friendly, professional attitude required at all times. Must be willing to work weekends, nights, and holidays. Neat, clean appearance is a must. Red Cliff Tribal member preferred but all qualified applicants will be considered.

JOB QUALIFICATIONS:

- Must have experience and/or knowledge of serving food and beverages.
- Knowledge of Restaurant POS touchscreen system.
- Must be able to accurately process money transactions providing change when necessary.
- Must be able to provide customers with service in a timely, friendly, professional manner.
- Excellent customer service skills
- High standards of personal hygiene.
- An awareness of health and safety issues.

- The ability to remain calm under pressure.
- Ability to multi task.

DUTIES AND RESPONSIBILITY:

- Must adhere to Legendary Waters Resort & Casino's policies and procedures.
- Must adhere to all appearance and uniform standards.
- Greeting guest as they arrive and show them to their table.
- Giving out menus and taking orders for food and drinks.
- Serving food and drinks.
- Returning to each assigned table periodically to ascertain whether additional items are desired.
- When guests have completed their meal, a dessert is suggested and the check is presented.
- Acknowledges and responds to guest immediately
- Making sure tables are clean and tidy.
- Stock and maintain wait station.
- Follow opening and closing procedures for wait stations and seating areas.
- Ability to lift 25 lbs.
- Stand and walk for long periods of time.
- Perform other duties as required.

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The Red Cliff Tribal Council has a drug free workplace policy and adheres to the intent of the drug free workplace act. All new hires are subject to a drug test prior to starting.

Applications are available at the Cashier's window, the Personnel office of the casino, and on the website www.legendarywaters.com

Deadline: Until Filled

For further information contact:

**LW Human Resources Department: 37600 Onigamiing Drive, Red Cliff WI
smorris@legendarywaters.com (715)779-9401**



JOB DESCRIPTION

TITLE: Controller
DEPARTMENT: Finance Department
SUPERVISOR: General Manager
WAGE: Dependent on Qualifications
SHIFT: Days and as needed
CLASSIFICATION: Compact/Gaming License Required

JOB SUMMARY: The Controller is responsible for the planning, directing and controlling of operational activities within the accounting, revenue accounting, cage/vault, purchasing, count team and shipping/receiving departments to ensure efficient control of financial resources and maximization of profit. The Controller will analyze financial information and prepare financial reports to determine and/or maintain records of assets, liabilities, income, profit and loss, tax liability or other financial activities within the organization. The Controller will develop internal controls to safeguard assets and coordinate and direct the financial planning, budgeting, procurement, and investment activities for Legendary Waters Resort and Casino. The incumbent will prepare the financial statements, business activity reports, financial position forecasts, annual budgets, and reports required for financing to the Tribal Council.

DUTIES AND RESPONSIBILITIES: The Controller shall work under the general supervision of the General Manager to fulfill the following duties and responsibilities in an ethical and forthright manner:

- Coordinates and directs the budgeting, procurement of Legendary Waters Resort and Casino.
- Works in cooperation with the General Manager and revenue department managerial personnel to develop strategies for the maximization of profits and control of expenditures.
- Maintain a documented system of accounting policies and procedures.
- Manage outsourced functions.
- Oversee the operations of the accounting department, including the design of an organizational structure adequate for achieving the department's goals and objectives.
- Ensure that accounts payable are paid in a timely manner.
- Ensure that all reasonable discounts are taken on accounts payable.
- Ensure that accounts receivable are collected promptly.
- Maintain records of all contracts throughout the property.

- Maintain asset management records on all fixed assets.
- Monitor inventories of various departments.
- Ensures payroll is processed in a timely manner.
- Ensure that bank reconciliations are completed on a monthly basis.
- Ensure that required debt payments are made on a timely basis.
- Maintain the chart of accounts.
- Maintain an orderly accounting filing system.
- Maintain a system of controls over accounting transactions.
- Issue timely and complete financial statements.
- Coordinate the preparation of the corporate annual report.
- Measures the performance of company operations to the recommend benchmarks.
- Manage the production of the annual budget and forecasts.
- Calculate variances from the budget and report significant issues to management.
- Provide for a system of management cost reports.
- Provide financial analyses as needed, in particular for capital investments, pricing decisions, and contract negotiations.
- Coordinate the provision of information to external auditors for the annual audit, compliance and state audits.
- Monitor debt levels and compliance with debt covenants.
- Comply with tribal, state, and federal government reporting requirements and tax filings.
- Responsible for ensuring the reconciliation of all receivables i.e. check cashing, credit cards and atm balancing.
- Performs all other duties deemed necessary by the General Manager.

Required Qualifications: The controller candidate should have a Bachelor's degree in accounting or business administration, or equivalent business accounting experience and 10+ years of progressively responsible experience for a major company or division of a large corporation. Preference will be given to candidates with the Certified Public Accountant or Certified Management Accountant designations.

Working Conditions: Primarily in an office environment. Will be expected to travel as needed to company subsidiaries, as well as to potential acquires to conduct due diligence. Periodic weekend or evening work is expected.

Supervises: All accounting staff

DEADLINE: Until filled

Legendary Waters Resort & Casino has a drug free work place policy and adheres to the intent of the drug free work place act. All new hires are subject to a drug test prior to starting employment.

For further information contact:

LW HUMAN RESOURCES Department:

37600 Onigamiing Drive,

Red Cliff WI. 54814

smorris@legendarywaters.com (715)779-9401

JOB DESCRIPTION

POSITION: ECC Family Services Manager 0-5

EXEMPT: 38 hours per week until July 1, 2014 then 40 hours per week thereafter

LOCATION: Red Cliff Early Childhood Center

PROGRAM: HS (45%)/ EHS (55%)

WAGE: \$11.00-\$15.00 depending on qualifications

SUPERVISOR: Education Division Administrator

GENERAL STATEMENT OF DUTIES:

The Family Services Manager is responsible for the development of community partnerships with community programs, for planning and implementation of activities related to the Family & Community Partnership component of the Early Head Start/Head Start Programs, as defined in the Federal EHS/HS Performance Standards, in cooperation and coordination with Education Division Administrator, Directors, Managers and other Early Childhood Center Family Service workers.

RESPONSIBILITIES:

- Must maintain confidentiality.
- Encourage parent involvement with assistance from all staff and provide educational activities that are responsive to the parents, both as individuals and as members of a group. Facilitate involvements of parents, elders and community members in program planning and implementation. Contacts must be respectful of each family's diversity and ethnic background, using a variety of methods such as phone, personal, correspondence and home visits.
- Embrace the Head Start Parent, Family & Community Engagement framework to promote family engagement and school readiness.
- Responsible for development and progress tracking of the Family Partnership Agreements and informing teaching staff of families' goals/strengths. To avoid duplication, the Family Service Manager must attempt to identify and coordinate with other programs working with enrolled EHS/HS Families.
- Responsible for establishing identification of families and children in need of: health, mental health, educational, parenting, wellness or social services and implement program activities or referrals to meet the families' identified needs.
- Responsible for analyzing absenteeism that falls below 85% and notifying staff. Parents need to be contacted when a child is no call/no show, and when there are 2 consecutive days of unexcused absences.
- Assist with tracking, and round-up of new eligible children for each program.
- Plan or assist in the implementation of parent training, education and other appropriate interventions including opportunities for parents to participate in counseling programs or receive information i.e.; health, nutrition, mental health, education, parents, family preservation, child development and protection, disabilities and

- provide supportive services such as transportation and child care.
- Assist with the implementation and the on-going updates of the Child Plus.net data management system.
- Coordinate monthly family services team meetings.
- Attend quarterly ECC Coordinated Services Team meetings for all ECC families.
- Responsible to create opportunities for continuing education and employment training and other employment services through formal and informal collaborative efforts.
- Work cooperatively with EHS/HS/Child Care staff and other Tribal service providers to identify and build community partnerships with new and established programs to better serve our enrolled and extended Early Childhood families.
- With assistance of other management staff, the Family Services Manager is responsible for compiling family services data for Head Start and Early Head Start children and families needed for tracking services to families; aggregate data is also needed for the monthly Program Summary and the annual Program Information Report.
- Responsible for supervision of Family Services Worker.
- Responsible to provide direct or referral services to pregnant women and their families.
- Responsible to provide either direct or through referral, opportunities for children and families to participate in family literacy services.
- Assist in collaboration with staff and provide educational training for parents, so as to empower them in exercising their rights for their child as advocates and educational support.
- Coordinate and assist with facilitating parent and Policy Council monthly meetings which also includes preparing notices, agendas, minutes, maintains and files regular office correspondence in appropriate location.
- Prepare monthly newsletters for the Early Childhood Center notifying ECC families and community of events, workshops/trainings and new information regarding each ECC Program.

QUALIFICATIONS/KNOWLEDGE/SKILLS:

- Minimum of AA degree in Human Services or closely related field is required; BA degree preferred. Demonstrated positive experience working with tribal families necessary. Must have a considerable amount of experience in working with computers. Knowledge of Native American tribes and the uniqueness of the Red Cliff community. Must have basic understanding of the extended family system as it exists in the Red Cliff community. Knowledge of Federal Early Head Start/Head Start Performance Standards and understanding of program goals, objectives, and philosophy highly desirable. Knowledge of Ojibwe culture preferred. Ethnic and cultural sensitivity required. Must pass health exam, including TB test. Must obtain Hepatitis B vaccine or sign waiver. Must pass mandatory criminal background check. Must have a working vehicle, valid driver's license and liability insurance within three weeks of hiring. Must be able to work independently and have good organizational skills.

WORK ENVIRONMENT:

Red Cliff Early Childhood Center office environment.

PERSONAL CONTACTS:

Collaboration with local, state, and national collaborating partners, with particular emphasis on networking with parents, extended families, and the Red Cliff community.

SPECIAL REQUIREMENTS:

Must be physically able to work with young children, pass a annual health exam, TB test, immunizations including Hepatitis B (or sign waiver), and required trainings such as confidentiality, CPR, etc. Must attend appropriate staff meetings.

TRAVEL REQUIREMENTS:

Must be able to attend overnight job-related trainings-- local, regional, and national trainings as needed/requested/required.

RE-POSTING DATE: May 14, 2014

DEADLINE: Open until filled

FOR FURTHER INFORMATION CONTACT:

Human Resource Department
Red Cliff Band of Lake Superior Chippewa
88385 Pike Rd. Hwy 13
Bayfield, WI 54814

(715) 779-3706, Ext. 1267 or 1268

rwYGONIK@redcliff-nsn.gov

susie.gurnoe@redcliff-nsn.gov

All Early Childhood Center (ECC) employees must submit mandatory criminal background check information to the Personnel Director with application, annually thereafter, and following any conviction occurring after commencement of employment.

The Red Cliff Tribe has a Drug-Free Work Place Policy and follows the intent of the Drug-Free Work Place Act. All new employees will be tested prior to starting employment.

Tribal preference will be applied in the case of equally qualified applicants, but all applicants will be considered.

5 CFR 1301.31 requires preference be given to qualified current or former parents of Head Start/Early Head Start children as position vacancies occur.

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JUNE 2014

ODEIIMINI-GIIZIS

NITAM ANOKII-GIIZHIGAD	NIIZHOO-GIIZHIGAD	AABITOOSE	NIYO-GIIZHIGAD	NAANO-GIIZHIGAD
2B PANCAKES, HONEY-DEW/CANTALOUPE, YGT L BURRITOS, RICE, WA-TERMELON, CORN S CRACKERS/CHZ	3B CORN CHEX, PEARS, TOAST, PB L CRABBY PATTIES, FF, BUN, ORANGES, CAR-ROT/PEAS S PUDING/PRETZL/JU	3B KIX, APPLES, YGT, MUFFIN L TOMATO SOUP/GR CHEEZ, GR BEANS, MANGO, CC S RICE CAKE/MILK	4B CHEERIOS, BANANA, TOAST, PB L TOM/BCN QUICHE, PEAS, TROP FRUIT S CARROTS/DIP	MENU SUBJECT TO CHANGE
9B BKF BAGEL, CANTA-LOUPE, CC L TACOS, CORN, BERRIE, YGT S APPLE/PB DIP	10B RICE CRISPIES, STR BERRIES, ENG MUFFIN, YGT L CHIX SALAD HD, PEAS, SALAD, TROP FRUIT S	11B HB OATS, HONEY-DEW, CC, TOAST, JELLY L KEILBASA, GR BEAN, MANGO, NOODLES S GRAHAM/CR CHZ DIP	12B RICE CHEX, AP-PLS, YGT, MUFFIN L BEEF STIR FRY, RICE, PEARS, CC, SALAD S MIUFFIN TOMAT-PIZZA/ JUICE	MILK SERVED WITH ALL MEALS
16B WAFFLE/HAM/CHEEZ, PINEAPPLE, CC L CHIX SOUP, CHEZ SAND FRUIT COCKTAIL, SALAD S MUFFIN/ JUICE	17B KIX, BERRIES, CC BAGEL L HAM, POT, CARROT, BISCUIT, PINEAPPLE S CINN. TOAST/MILK	18B CHEERIOS, TOAST, PEACHES, CC L CHEZ BRG, BEANS, WA-TERMELON, CARROTS S VEGGIE,PITA PIZZA	19B HB OATS, PEARS ENG MUFFIN, YGT L CHIX QUESADILLA, SALAD, PEAS, TROP FR. S POPSICLE/ TEDDYGRAM	
23B OATMEAL, BLUEBER-RIES, TOAST L IT BEEF BK, CORN, AP-PLS, YGT S CHEX MIX/ JUICE	24B CORN CHEX, HON-EYDEW, BAGEL, CC L WATERMELON SOUP, CHEEZ SAND, VEG/DIP S NILLA/MILK	25B RICE CRISPIES, BA-NANA, MUFFIN, YGT L CHIX ALFREDO, CAR-ROTS, SALAD, MANGO, S TURKEY/CHZ/CRACK	26B KIX, CANTALOUPE, CC, TOAST, JELLY L HAM SAND, SLAW,PINE APPLE, VEG/DIP S ANTS ON LOG	
30B EGG OMELET, TOAST, APPLES, YGT L EGG ROLL, RICE, CAN-TALOUPE, JELLO, SALAD S PINEAPPLE/CC				