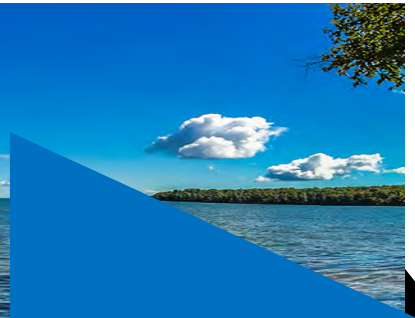
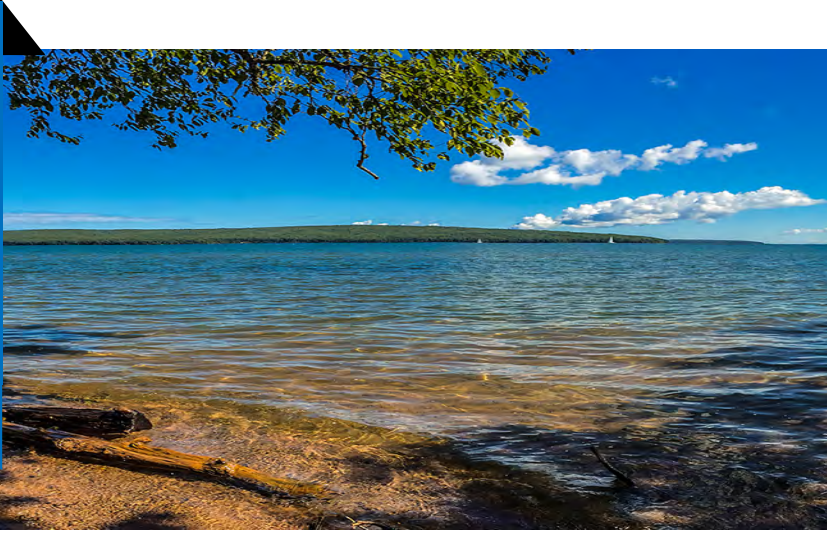




BOYS & GIRLS CLUB
OF GITCHIGAMI

Boys & Girls Club
NEWSLETTER
January 2020



MISSION & VISION

Page. 2



WELCOME
Boozhoo!!

HELP PRESERVE OUR CULTURE, TRADITIONS AND COMMUNITY

Be a Mentor at the
Boys & Girls Club!



CLUB CALENDAR

Pg. 3

STAFF CORNER & HAPPENINGS

Pg. 4 and on





- **MISSION:** *To enable all youth people, especially those who need us most, to reach their full potential as caring, productive and responsible citizens.*

To offer opportunities to provide Native youth with ongoing relationships with caring adult professionals, a safe place to learn and grow, life-enhancing programs, character development experiences and, most of all, hope and opportunity. Clubs promote positive youth growth and development along critical cultural, social, emotional, intellectual, and physical dimensions.

- **VISION:** *Boys & Girls Club Movement in achieving our ambitious vision of great futures for all young people, while sustaining and respecting each community's unique cultural values, traditions and ways.*

Ojibwemowin Word of the Month: Gikinawaabam- Learn by Observation



Hello Club January Calendar














January 2020

Gichimanidoo-giizis
(Great Spirit Moon)

GREAT FUTURES START HERE.



BOYS & GIRLS CLUB
OF GITCHIGAMI

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Activities subject to change please call ahead 715-779-3722 thank you B&G Club Staff			1 Closed 	2 Teen Party <u>Closing at 4:30</u> 	3 Movie Night @ the Club 5:30p 	4 Talking circle @ 2 PS4 Game Night 1-6 Middle School 3V3 3pm 
5 Closed 	6 Closed BFI	7 STEM Activity 6-7 Craft Time 6-7 	8 Cultural Night Traditional Nature Activities 5-6 Language Table 5-6 Hoop Dance 5-6 	9 Power Hour 3:30-4:30p Bayfield Pool 4:30-6:45 	10 SMART Kids 4-5 Movie Night @ the Club 5:30p 	11 Talking circle @ 2 PS4 Game Night 1-6 Middle School 3V3 3pm 
12 Closed 	13 Closed BFI	14 Ojibwe Language Syllabics 4:30-5:30 STEM Activity- 6-7 Craft Time 6-7 	15 Cultural night Traditional Nature Activities 5-6 Language Table 5-6 Hoop Dance 5-6 	16 Power Hour 3:30-4:30p Bayfield Pool 4:30-6:45 	17 SMART Kids 4-5 Movie Night @ the Club 5:30p 	18 PS4 Game Night 1-6 Middle School 3V3 3pm 
19 Closed 	20 Closed 	21 Closed	22 Cultural night Traditional Nature Activities 5-6 Language Table 5-6 Hoop Dance 5-6 	23 Power Hour 3:30-4:30p Bayfield Pool 4:30-6:4 	24 SMART Kids 4-5 Movie Night @ the Club 5:30p 	25 Talking circle @ 2 PS4 Game Night 1-6 Middle School 3V3 3pm 
26 Closed 	27 Closed BFI	28 Ojibwe Language Syllabics 4:30-5:30 STEM Activity 6-7 Craft Time 6-7 	29 Cultural night Traditional Nature Activities 5-6 Language Table 5-6 Hoop Dance 5-6 	30 Power Hour 3:30-4:30p Bayfield Pool 4:30-6:45 	31 SMART Kids 4-5 Movie Night @ the Club 5:30p 	

Youth of the Month

Logan is 13 years old and goes to Bayfield School. His favorite sport is basketball. Logan favorite color is red. His favorite video game is Call of Duty, and he likes to play basketball on his free time.

We asked Logan if he could go anywhere in the World where would it be? Logan said he would go to Florida to see and swim in the ocean. We asked what his favorite food is, he said pepperoni pizza.

Logan's best friend is Zachary, and a Wolf is his favorite animal.

When Logan grows up, he wants to play in the NBA. Lastly, we asked Logan what his two favorite things about the Boys & Girls Club are: 1) Basketball, 2) Workers!



Logan
Antiel

December 2019



**GREAT FUTURES
START **HERE.****

Staff Corner



Paige Moilanen, Youth Director

"Trips, adulting, playing more hockey again, growing the family by adding a dog!"



Abe Butterfield, Youth Worker

"Super Bowl, visiting my brother and his family, March Madness and summer time!"

Question of the Month:
What are you looking forward
to this New Year?



Darrell Murphy, Youth Worker

"Looking forward to the whole year with everyone!"



Don Gordon III, Activities Coordinator

"Playing basketball with friends and family!"

GREAT FUTURES START [HERE.](#)



**BOYS & GIRLS CLUBS
OF THE RED CLIFF BAND OF
LAKE SUPERIOR CHIPPEWA**

Gitchigami



Mark Defoe, Youth Worker

"Looking forward towards a fun summer!"



3V3 Basketball



Calling all Middle School Boys & Girls! We are starting 3v3 on Saturdays! This is Co-ed, all middle school youth welcomed! No matter the skill level!

Games start at 3pm





School Year Hours



Sunday & Monday: Closed

Tuesday: 4-8pm

Wednesday: 4-8pm

Thursday: 4-8pm

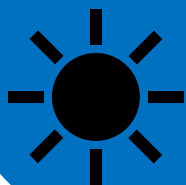
Friday: 4-8pm

Saturday: 12-8pm

Holidays: Closed

*If the Tribe closed due to holiday on Monday, Club will
be closed Tuesday.

* Club is open to the public Tuesday to Friday from 11:30
to 3pm, unless there is school break or early release at the
school. Youth will then get priority of Club.

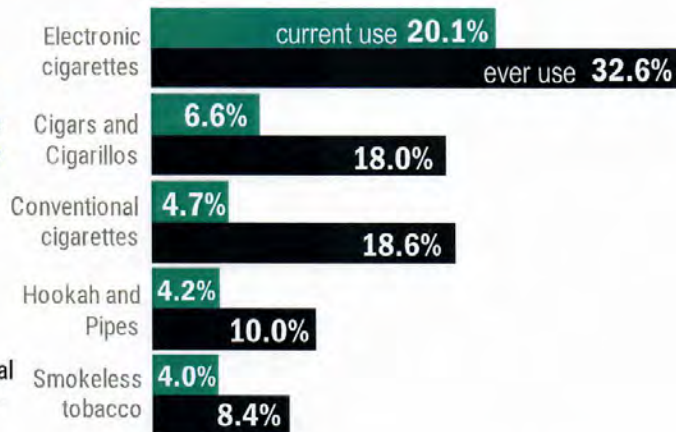
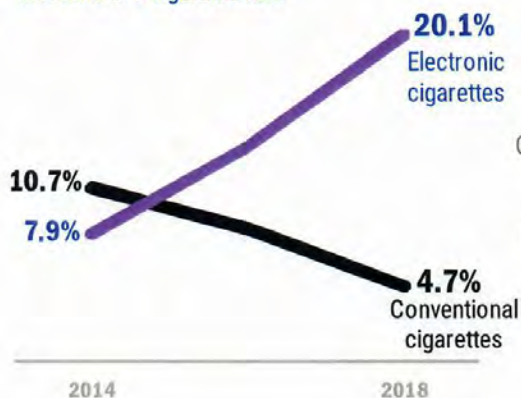


High School Snapshot

Youth Tobacco Survey 2018

As conventional cigarette use is declining, e-cigarette use is rising.

From 2014 to 2018, there was a **154% increase** in e-cigarette use.



1 in 5

Wisconsin high schoolers use e-cigarettes.

1 in 4

of those who have ever used e-cigarettes first tried an e-cigarette before age 16.



16%

of e-cigarette users also smoke conventional cigarettes.



89%

would not use unflavored tobacco products.



more than **half**

of current smokers usually smoke menthol-flavored cigarettes.



19% live in homes where others smoke.



24% rode in vehicles where others smoked in the last week.



76%

of high schoolers said it is easy to get tobacco products.

15%

of high schoolers have never seen a warning label on a cigarette pack.

88%

of high schoolers agree all tobacco products are dangerous.

40%

of high school tobacco users want to quit using all tobacco products.



WISCONSIN DEPARTMENT
of HEALTH SERVICES

P-01624 (Rev. 01/2019)

Division of Public Health

Tobacco Prevention and Control Program

Nature Activities & Language Table with Alex Breslav & Mark Gokee Jr.



On Wednesdays you can find Alex Breslav the Indigenous Arts and Sciences Coordinator with the Treaty Natural Resources Division working with youth on all sorts of arts and sciences. He works along with Mark Gokee Jr. the Red Cliff Native Connections Language/Culture Teacher. The youth learn many amazing things about their culture and sciences! Come check them out on Wednesdays!

We ran an experiment with making a lamp with Makwa (bear) fat and a tree-bark wick. Mark told a traditional Anishinaabe story that amused and educated as the kids drank pine tea and snacked on edible cricket



Experimented with boiling water using a bear-fat candle, eating crickets, and drinking spruce tea. Then we played a game where the kids learned about team work and appropriate behavior as they competed to make each other smile and laugh through silly antics.

Snacking on edible crickets and home-made apple sauce, the kids got to try a few new teas and learn about their medicinal properties (in addition to the regular selection of spruce needles!) – red clover, yarrow, peppermint (this was the favorite!). They also tried, for the first time, Birch syrup. Afterwards Mark Gokee facilitated a game of Ojibwe Charades, One could only earn points if the action was named in Ojibwemowin!



GREAT FUTURES START **HERE.**



**BOYS & GIRLS CLUBS
OF GITCHIGAMI**

GAGANNOONIDIWAG

(They Talk to Each Other)

Youth Talking Circle

2pm at the Red Cliff Boys & Girls Club

2nd & 4th Saturday of Every Month

Open to all Red Cliff Youth

Food will be Provided!

**For More Information, Contact:
Collin Ludwig, RC Youth Advocate
715-779-3706 Ext 5023
Collin.Ludwig@redcliff-nsn.gov**



Scholarship Opportunities



- The Wisconsin Rural Opportunities Foundation (WROF) is offering a scholarship to high school seniors who have been living in rural Wisconsin for at least 2 years. Student must maintain a 2.5 GPA to qualify. for More information, visit www.wrof.org or stop by the counseling office. **Deadline is February 28, 2020.**
- Duluth Builder's Exchange is offering a \$2,000 scholarship for student's going into the trades such as Plumber, Equipment Operator, Electrician, Carpenter, etc. Visit www.dsacommunityfoundation.com for more information on how to apply.
- The Wisconsin Professional Police Association awards scholarships to Wisconsin students enrolling in a course of study leading to a degree in police science or criminal justice. **Deadline is February 3rd, 2020.** Applications in Counseling Office.
- The Community Partnership Scholarship will be awarded to a female high school senior who will be graduating from a northern Wisconsin school. Many qualifications apply. **Deadline is February 28, 2020.**
- Northwoods Community Credit Union (NCCU) is offering a \$1,000 scholarship to graduating seniors whose family members are members of the credit union. More qualifications apply. Visit www.northwoodscu.com for online application and more information or stop by the counseling office. **Deadline April 15, 2020**
- Northwoods Community Credit Union (NCCU) is offering a military scholarship for graduating seniors entering into any branch of service. Please visit www.northwoodscu.com for more information.
- The Ab Nicholas Scholarship Foundation is offering senior students planning to attend a UW system University and participated in basketball their senior year. This is a substantial award. Stop by the counseling office or visit www.abnicholasscholars.org for more information.
Applications accepted February 1st - April 30th online only.
- Senior students who plan to attend UMD and major in Computer Science can apply for the Saturn Systems Scholarship. Visit www.dsacommunityfoundation.com for more information and online application. **Deadline is January 15th, 2020.**
- Foremost Media is awarding \$500 to a graduating senior who is entering the Marketing or Web Development field. Visit www.foremostmedia.com/scholarship or the counseling office for more information. **Applications being accepted March 1st-May 1st, 2020.**
- The Duluth/Superior Area Community Foundation is offering several scholarships to students who plan to attend in the Superior/Duluth area. Visit www.dsacommunityfoundation.com for application and more information.

 **2019**
Bentleyville®
 **November 23rd - December 28th** 



On December 29th, Red Cliff youth went on a trip to Bentleyville in Duluth! The kids had a lot of fun seeing all the lights, enjoying hot chocolate and cookies! Afterwards they stopped at Culver's! We want to thank Chris Boyd and Collin Ludwig for taking the youth on this trip! We also want to thank the Red Cliff Clinic for letting us borrow their vans.





RED CLIFF BAND OF LAKE SUPERIOR CHIPPEWAS

BIBOON GABESHIWIN

WINTER CAMP

SAVE THE DATE

FEBRUARY 15-16, 2020

Buffalo Bay Campgrounds & Red Cliff Library

Herring Net Setting Demo | Star Legend Teachings w/Abe Sutherland | Baaga'adowewin |
Snowshoe Hike | Animal Tracking | Tea Harvesting | Buckskin Mitten Making w/Mary Moose
(\$20 registration fee to cover supplies -seats limited!) | Winter Cooking Demos and much more.
Family focused event! | Food, prizes & FUN!

MORE INFORMATION TO FOLLOW!

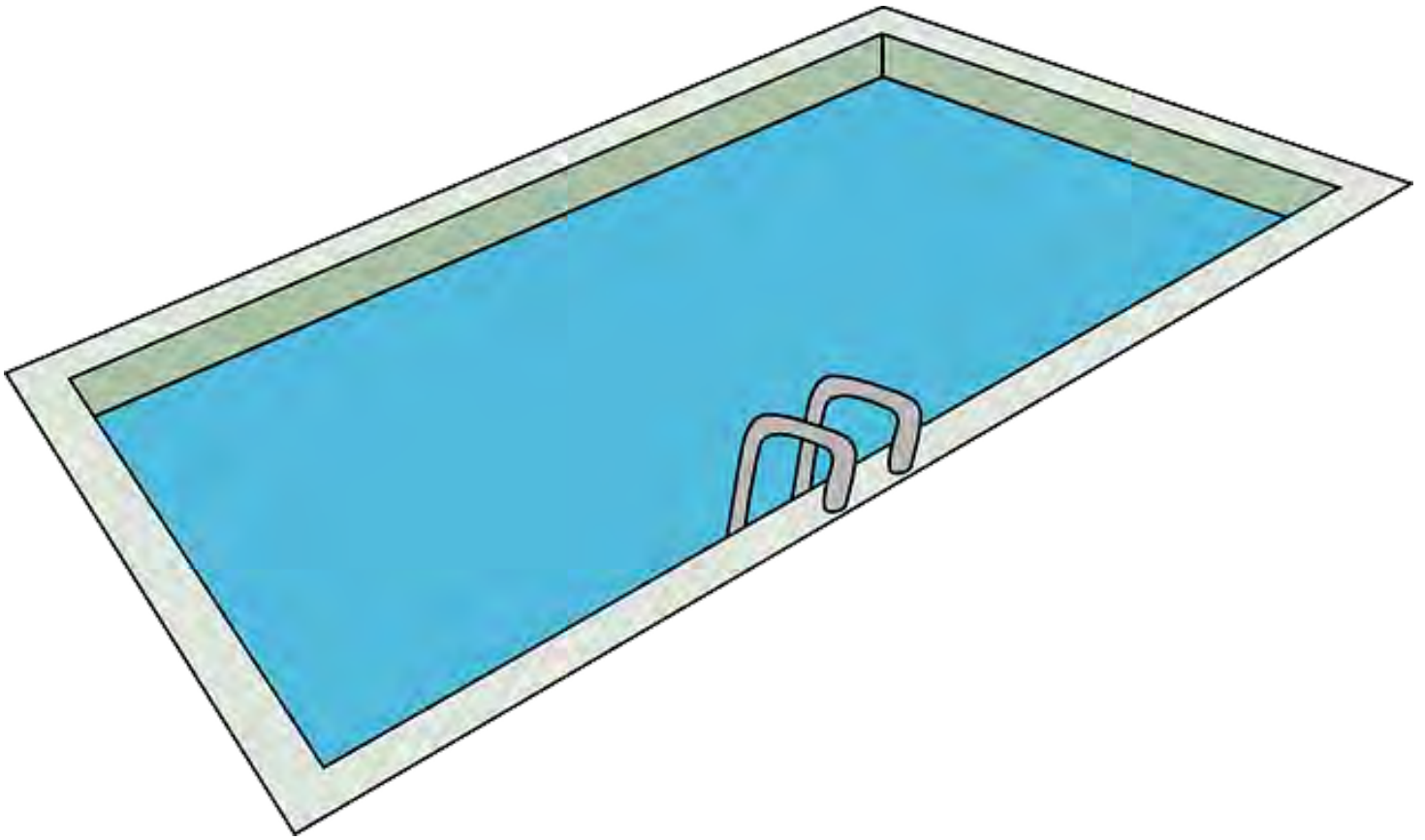


MOVIE NIGHT

Friday Nights

Starting around 5:30pm



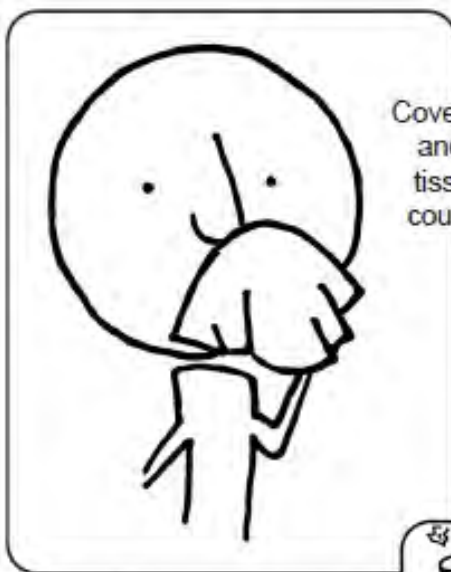


Bayfield Pool on
Thursdays
Leave B&G Club
around 4:30pm

*subject to change or be cancelled if not
enough youth

Stop the spread of germs that make you and others sick!

Cover your Cough

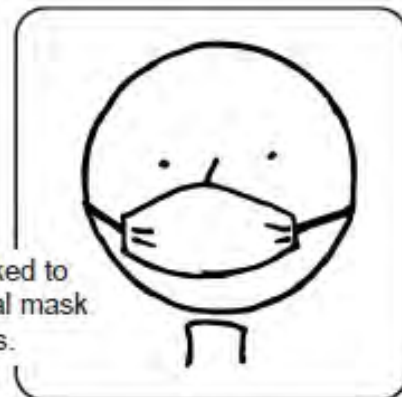


Cover your mouth
and nose with a
tissue when you
cough or sneeze
or

cough or sneeze into
your upper sleeve,
not your hands.



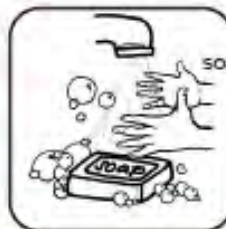
Put your used tissue in
the waste basket.



You may be asked to
put on a surgical mask
to protect others.

Clean your Hands

after coughing or sneezing.



Wash with
soap and water

or
clean with
alcohol-based
hand cleaner.



Minnesota Department of Health
625 N. Robert Street, PO Box 64470
St. Paul, MN 55164-0270



Minnesota
Antibiotic
Resistance

APIC

IS IT A COLD or FLU?

Signs and Symptoms	Cold	Flu
Symptom onset	Gradual	Abrupt
Fever	Rare	Usual
Aches	Slight	Usual
Chills	Uncommon	Fairly common
Fatigue, weakness	Sometimes	Usual
Sneezing	Common	Sometimes
Chest discomfort, cough	Mild to moderate	Common
Stuffy nose	Common	Sometimes
Sore throat	Common	Sometimes
Headache	Rare	Common

#FIGHT FLU



**BOYS & GIRLS CLUB OF GITCHIGAMI IS
ALWAYS LOOKING FOR ELDERS AND
VOLUNTEERS TO WORK WITH YOUTH!
IF YOU ARE INTERESTED PLEASE STOP
IN THE THE BOYS & GIRLS AND TALK
WITH STAFF!**

HELP PRESERVE OUR CULTURE, TRADITIONS AND COMMUNITY

Be a Mentor at the
Boys & Girls Club!



A man and a young boy are standing in front of a backdrop with a repeating Indigenous pattern. The man, on the right, is wearing a dark blue polo shirt and is holding a large, yellow and red drum. The boy, on the left, is wearing a white shirt with a colorful Indigenous pattern. A circular logo for 'NATIVE SERVICES' is visible in the bottom left corner of the image.

NATIVE SERVICES