



JOIN US TO LEARN, EAT, & ENJOY!

We'll cover meal planning, grocery budgeting, where to access free fresh fruits and vegetables, and how to prepare simple meals.

4:30 - 6:30PM TUE, SEPT 26

NEW HOPE COMMUNITY KITCHEN 37580 PAGEANT RD, RED CLIFF

Maximum 8 participants.

Reserve your spot via website or QR code:
go.wisc.edu/82xs8o

WITH QUESTIONS CONTACT:

Deb Morris

ROSS Resource Coordinator

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