

RED CLIFF EARLY CHILDHOOD CENTER

Newsletter

"It was one of those
March days when the
sun shines hot and
the wind blows cold;
when it is summer in
the light, and winter
in the shade"

- Charles Dickens

Z I I G W A N

Onaabani-Giizis
(Hard Crust on the

S P R I N G

March 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

1 EHS Classes In Session

20 Family Night

25-29 Spring Break

Aaniin!

Wow, our days are going by fast and we are already moving into March!

This month our teachers will be reaching out to you to set up Parent Teacher Conferences. It is important for you to attend these conferences so that you can learn about all the growth your child has made and to share all the amazing things that your child does at home with their teachers. Every year our funding agency requires our teachers to meet at least twice per school year with each family for parent teacher conferences. We want to make sure that we have a successful partnership with each and every family!



For the month of March, the ECC is going to have a reading challenge! Each night, we would like you to read at least one story to your child. Fill out the form and send it in to the classroom. We will see which classroom has the most at the end of the month and those families will be put in a drawing for some raffle prizes.

March is National Nutrition Month! Watch out for fun ideas to improve or enhance nutrition within your household!

Just a friendly reminder that the week of March 24th is our Spring Break! We hope that you and your family can get outside and enjoy the fresh air and we'll see you back in April!

Miigwech!

- Jenn & Jamie



Amik Newsletter

Boozhoo Amik
Families!

Ojibwemowin/

Sign Language:

More- nawaj Eat- wiisini
Please- daga Thank you- Miigwech
Goodbye/See you later- giga-
waabamin
All Done— mi'iw

During the month of February we learned a lot about our feelings. About what happens at the post office, and what it means when the groundhog finally comes up!

During the month of March we will be learning what goes on during the sugar bush, learn about music, and do a few fun holiday spring activities! We will also be working on individual goals for each child.

Ojibwe words of the month:

Sugar Bush- Iskigamizigan
Maple Syrup- Zhiiwaagamizigan
Maple Tree- Ininaatig
Rabbit- Waabooz
Egg- Waawan
Chick- Baaka'aakwenhyens
Basket- Makak
A Song- Nagamon
Singing(s/he sings)- Nagamo
S/he dances- Niimi
A drum- Dewe'igan
A flute- Bibigwan
Musical instrument- Madwewechigan



Important Dates:

3/8- No Child Day

3/15- No Child Day

3/22- No Child Day

3/25-3/29- No Child Day

Drop off is at 7:30 am and pick up time is 3:30

If your child will be absent for the day, please contact the front desk.

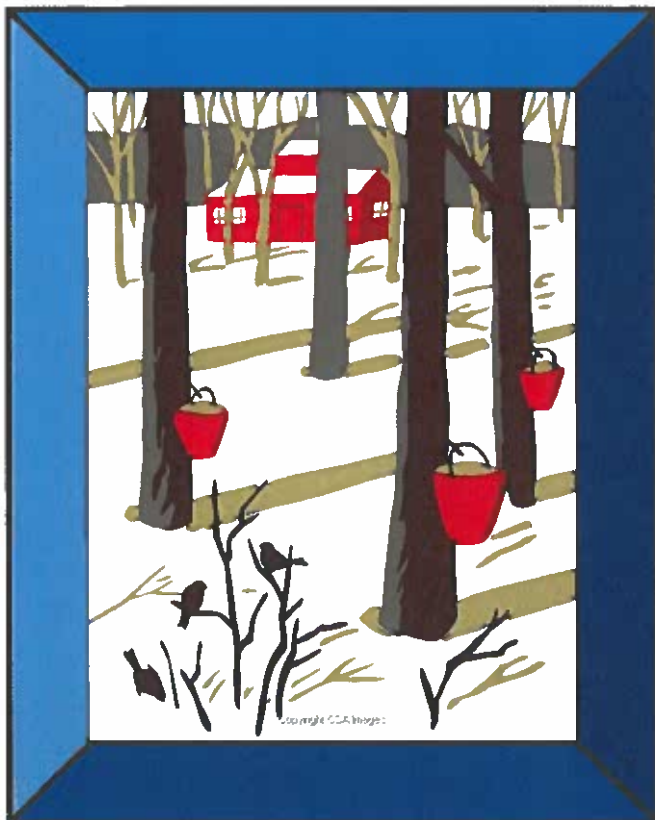
Please send at least one change of clothing to keep in the room.

As a reminder, please make sure the gate is closed behind you when coming through playground entrance.

If you have any questions or concerns, please reach out!

(715) 779-5030 Classroom ext. 2525 Office ext. 2526

Miigwech! Miss Tiff & Mrs Andrea



Makwa March News

Boozhoo Makwa class! This year is flying by already. For the month of March we will be working on plants, seeds, growing plants and sugar bush!

It'll be a busy and exciting month with a lot of outdoor time. Please send water boots and extra clothes.

Miigwech! Ms. Kelsey & Ms. Judy

Ext. 2544

Esiban News

Boozhoo Esiban Families!

We are working on easter cards for the elders this month, we will be glueing, painting and using lots of glitter!!!

I will be calling to set up Parent Teacher Conferences for the week of the 18th through the 22nd

Family night is on March 20th 4:30 – 6:00

Spring break is March 23rd to the 29th

Miigwech!
Gena
Miss Dawn

Contact us at:
(715) 779-5030
Office Extension: **2542**
Classroom Extension: **2541**



Ojibwemowin

Co ors!

Green - Ozhaawashko

Purple - Miinaande

March - Aandego-giizis

Spring – Ziigwan

Drop off is at 7:30am

Pick up is at 3:30pm

Please bring 1-2 extra outfits to keep in the classroom 😊 Please put initials on the tags.



RED CLIFF EARLY CHILDHOOD CENTER EHS HOME BASE

OJIBWEMOWIN

Onaabani giizis- March.

Ziigwan-Spring.

Minogiizhigad- It's a good day.

Waabigwan- Flower.

EVENTS/REMINDERS

March 11th-13th: I will be out of town for a work conference.

March 18th-22nd: Is parent/teacher conferences!

March 25th-April 1st:

Spring Break!

Last day of march enrichment forms are due :)

BOOZHOO HOME BASE FAMILIES,

I can't believe we are coming into the 3rd month of the new year already! Time sure flies! I know it has been a rough winter with illnesses and not being able to visit much, but hopefully we are on the mend of all the winter illnesses and can continue our visits each week!

As we start getting more into our beautiful spring weather I would like to try and get outside more during our visits.

This month I would like to continue working on social/emotional skills and weather permitting doing more activities outdoors! I think it will be good for us to get outside and get some fresh air.



CONTACT INFORMATION

Chelby Cameron

EHS Home Base Teacher

Phone: 715-779-5030 EXT. 2534

Email: chelby.cameron@redcliff-nsn.gov





MASHKODE-BIZHIKI

newsletter



March 2024

we are learning

Boozhoo Mashko families, as you all have noticed we welcomed a new teacher into our classroom and we are so excited for Ms. Mary to be here with us! During the month of March, we will be starting to work on our tree study. We will be outside exploring and investigating all different types of trees, how trees change during the seasons, who lives in trees as well as learning about iskigamizigan!



Ms. Nadine, Ms. Tatum,
Ms. Mary & Ms. Angela

oJibwemowin

ziigwan-spring
mitig-tree
gimiwan-rain
iskigamizigan-sugar bush

contact us

nadine.cadotte@redcliff-nsn.gov
tatum.hanson-gordon@redcliff-nsn.gov
mary.newago@redcliff-nsn.gov
715-779-5030 ext. 2547

important dates

Mar. 19-22 Parent/Teacher Conferences
Mar. 25-29 Spring Break
March Family Night- TBD

MA'IINGAN ROOM NEWS

OJIBWEMOWIN

Maple Aanaatig

Tree mitig

Candy Ziinzibaakwadoons

Ice Mikwam

Spring Ziigwan

Boozhoo Ma'iingan Families

During the next couple of months we will be working on our tree study, and some fun spring activities. We will continue to learn our names, numbers, letters, HWT (handwriting without tears), social emotional supports with Second Step cards, self-help skills, and how to be a friend, and turn taking.

FRIENDLY REMINDER if your child or children WILL NOT be in for the day, please call US by 9 am. We like phone calls and love to have communication from home to school and school to home a TOP PRIORITY, so we need your help. Miigwech for all your cooperation and understanding we appreciate you all!!

Miigwech, Ms. Alica and Ms. Gina

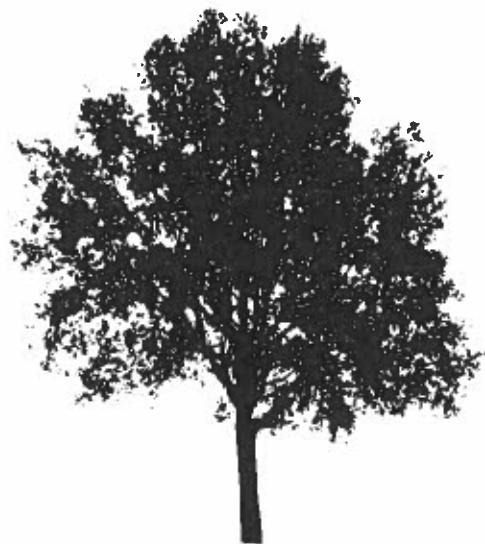
FUN FACTS!!

Second Step

Curriculum to help support children's social emotional growth.

HWT

Handwriting Without Tears is a curriculum to help support children's prewriting skills. That includes fun activities based around age-appropriateness, and multi-sensory techniques geared toward kindergarten readiness goals.



MIGIZI CLASSROOM NEWS



We cannot believe it's already March! We are so excited for this nice weather to be coming back and to be outside more! This month we will be working on our Tree Study. We will investigate and learn all about the trees that are around us.

Just a couple reminders- we do go outside daily if the weather is above zero, so please send winter gear with your child every day. We do have extras if things get forgotten. Also, we ask that you check your child mailbox or backpack for our weekly newsletters that get sent out on Thursdays.

Our classroom hours are from 7:30am-3:30am if you need to contact us, we can be reached in our classroom office phone at 715-779-5030 ext. 2540

INAGINZO-DATES TO REMEMBER

- Feb.26-Feb.28- Classroom Closed
- March 18-22 Parent Teacher Conferences
- March 23-29th Spring Break

OJIBWEMOWIN

- Ziigwan-Spring
- Mitig- Tree
- Aninaatig- Maple Tree
- Giizis- Sun

Ms. Melissa , Ms. Chandria & Mrs. Diann





**Red Cliff Early Childhood Center
Policy Council Meeting Minutes
Tuesday February 13th, 2024 @ 10:00 am
In Person/Virtual**

Meeting called to order by Linda Christiansen @ 10:07 am.

Policy Council Members Present: Audra Blanche, Jared Blanche, Nissia Basina, Lacie Defoe, Karmen Schmitz-Topping, Linda Christiansen, and Vincent Bresette.

Absent: Kennedy Defoe-excused

Linda left the meeting at 10:25 am. and Audra finished chairing the meeting.

Staff/Other Present: Jennifer Leask, Administrator, Jamie Goodlet-Haskins, Center Director Kathy Haskins, Education and Abilities Manager, Cindy Garrity Family Service Manager,

Approval of Agenda

Motion by Nissia to approve the agenda, seconded by Karmen, all in favor, motion carried.

Approval of Minutes

Motion by Nissia to approve regular minutes for January 9th, 2024, with correction as needed, second by Karmen, all in favor, abstention, motion carried.

Menu: March

Motion by Nissia to approve menu for March 2024, second by Karmen, all in favor, motion carried.

Approval of the 2023-2024 Eligibility Criteria:

Motion by Nissia to approve Eligibility Criteria, second by Karmen, in discussion, information was shared with the policy council and explained how selections are made and why. all in favor, motion carried.

Approval of Applications:

Motion by Nissia to approve the Chil and Pre-natal Applications, second by Karmen, all in favor, motion carried.

Approval of 2023-2024 Transportation Plan

Motion by Nissia to approve Transportation Plan, second by Karmen, in discussion, policy council asked why it took so long for this plan to get updated, they were informed that during this time we went through turnovers and then COVID hit. These plans are internal plans that should be updated yearly. No other questions, all in favor, motion carried.

Approval of 2023-2024 Health Service Plan

Motion by Nissia to approve Health Service Plan for 2023-2024, in discussion, Patt explained the few changes that were made to the health plan, second by Jared, all in favor, motion carried.

Request for funds for Graduation from the Parent committee for up to \$3000.00 for Gifts/supplies and rental of the Legendary waters event center.

Motion by Nissia to approve Graduation funds from the Parent committee in the amount of up to \$3000.00 for gifts/supplies and the rental of the Legendary Waters event center, seconded by Jared, all in favor, motion carried.

School Readiness:

Hand out was not received to pass out, Cindy will get them from Kathy and send them out to the policy council. Jamie did let the policy council know what it is and why it is important for them to know about.

Financial Report

No financial report at this time, will have one at the next meeting. Jenn gave a brief update. our financials are good, she stated that they will be working on budget modifications due to extra money from the open positions.

Program Summary

Program summary was presented and at this time there were no questions.

Other:

Jenn informed the policy council that the final day was done on the recording in the classroom and now they will get submitted.

Next meeting will be a special meeting, looking at the 23rd of February, Cindy will contact all the policy council on a time that will work best for all. This meeting is recommended that they all attend in person.

Executive:

Motion by Karmen to go into executive session @ 10:54, seconded by Nissia, all in favor, motion carried.

Motion by Nissia to come out of executive session @ 11:32, seconded by Karmen, all in favor, motion carried.

No action taken in executive session.

Adjourn:

Motion by Karmen to adjourn at 11:33 am., second by Nissia all in favor, abstentions, motion carried.

_____(signature)
Policy Council Chairperson or delegate

_____(Date)

Family Service News

March 2024

Onaabani-Giizis



March Events...Mark your calendar

March 1st-Early Head Start Classrooms open.

March 20th ECC Family Night 4-6:30

March 25th-29th- No Child Week – Spring Break

March 29th-Ziigwan Event at Boys & Girls Club-Watch for flier

MONEY \$MART *in Head Start*

Rebuilding Your Credit

Whether you have gone through a divorce, bankruptcy, or made a few mistakes with your finances, rebuilding your credit is possible. It may seem like a big job and feel like a slow process since there is no "quick fix" or "magic bullet." If you are willing to create a plan and stick with it though, you can rebuild your credit. It's worth your while since improving your credit lets you borrow when you need it, pay lower interest rates, increase your employment and housing options, and even lower your insurance rates.

Improve your credit by:

- Keeping up with current bills.
- Making a plan to catch up with overdue bills.
- Paying down credit card or loan balances.
- Checking your credit report for old or wrong information.
- Looking at options to add to your positive credit history.

Know where you are at financially. If you're still going through a rough patch, you may not be in a position to pay down debt or keep up with current expenses. On the other hand, if your income and situation is in a good place, now may be the perfect time.



Steps You Can Take Now (for Free!)

There are many things you can do to clean up your credit and raise your score. Avoid debt settlement companies that charge you to do things you can do on your own. To get started:

1. **Know your budget.** Figure out how much money you need to live on and cover current bills and how much can go towards paying off past due bills.
2. **Check your free credit report from** www.annualcreditreport.com—See exactly where you need to improve. Do you have a lot of missed or late payments? Is the amount of debt you have too high? These clues can help you figure out what items to tackle first. Find out more about credit report errors that could be affecting your credit score on page 2.
3. **Pay all your current bills on time.** You can start adding to your positive credit history by keeping up with your bills, especially bills reported to the credit bureaus. You can see if your utilities or landlord, for example, report to the credit bureaus by looking at your credit report.
4. **Catch up on past due bills.** Overdue bills lower your credit score if reported to the credit bureaus. If you've gotten an overdue notice, contact the creditor to make a plan to pay off that bill. Will they accept monthly payments? Can they lower fees? Not all creditors will be willing to make a deal, but you can always ask.
5. If a past due bill has gone into collections, you can contact the collection agency to offer a payment plan. There are some things to be wary of when paying off older debt, so you may want to contact a non-profit credit counselor. Many credit counselors offer a free first visit to explore options. To find a counselor: www.debtadvice.org
- 6.

Extension Bayfield County ~ Bayfield County Courthouse PO Box 218
~ Washburn, WI 54891 ~ 715-395-1426 ~ tracy.henegar@wisc.edu
<https://bayfield.extension.wisc.edu>

Onaabani giizis

March



Hard crust on the snow month



Boozhoo ECC Families,

This teaching is the last of the seven teachings.

We are going to talk about the miskwadesi (turtle). The turtle carries the gift of truth. Truth is to know and understand all the seven teachings given to us by the Creator and to remain faithful to them.

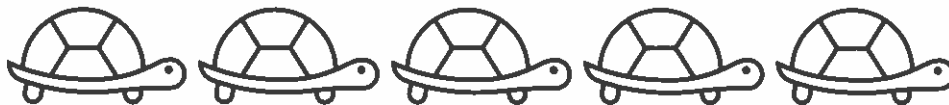
The turtle is grounded, careful and attentive to detail, important qualities for us all to have. Truth is about having the confidence to be honest with yourself and everyone around you. When you speak the truth, you will be happier and positive.

It's never too early to talk about being truthful with our children. To live with the seven teachings, you must be true in all that you say and do. Life is wonderful when you have the truth.

Any questions just give us a call.

Ms. Kathy ex 2530

Ms. J ex. 2548



Eat plenty of fruit

Drink 2 glasses of pop every day

WATCH TV, PHONE FOR 4 HOURS A DAY.

Help your family make a veggie tray.

Eat candy everyday.



Walk in the grocery store naming different types of fruit

Eat a banana.

Eat French fries every Day for a week.

SNACK ON HUMMUS, BROCCOLI, CAULIFLOWER.

Don't eat the pork chop on your dinner plate.

Drink plenty of water every day.

Have a glass of juice, before you go to bed without brushing your teeth.

Eat an orange for a snack

Eat a salad with fresh greens and vegetables.

Have bread at every meal.

The Health Office: Patt and Mikayla

ECC ENROLLMENT CORNER

March 2024



RECRUITMENT IS EVERYONE'S BUSINESS

Do you know someone in the community that could benefit from our program? Let them know that they can reach out with question or to fill out an application. There are so many ways to apply; ECC website, in – person and on the phone. Word of mouth still remains the best way to recruit and if everyone can help recruit, our services can be reached by so many more.

IT'S ALMOST SPRINGTIME, CHILD SAFETY ALWAYS

One excellent resource that is available is the National Highway Traffic Safety Administration website. Here, families can find many topics such as ratings, recalls, road safety and vehicle safety. One section called “Child Safety” gives safety facts along with prevention tips and what you need to know. Here are a couple examples.

- Heatstroke
 - Prevention tip: Look before you lock.
 - What you need to know, now: heatstroke does not only occur during the summertime or in the Sun Belt States. This deadly issue can occur at any time of year, in any weather condition, in any community—for any parent.
- Backover
 - Prevention tip: Always walk around your vehicle and check the area around it before backing up
 - What you need to know, now: Backover can happen when you least expect it. Never leave a child alone in or around a vehicle.
- Power Windows
 - Prevention tip: If available, activate the power window lock switch so that your children cannot play with the windows.
 - What you need to know, now: Your car may have child safety settings for power windows, but that doesn't mean your child will not find a way to test the system. Never leave your children alone in a vehicle for any reason.

For the whole article, please visit: <https://www.nhtsa.gov/road-safety/child-safety>



We accept applications all year round

Miigwech! Jennifer Defoe, Enrollment Specialist

CONTACT INFORMATION







If you have any questions, feel free to contact the enrollment office at 715-779-5030 ext. 2533 or email jennifer.defoe@redcliff-nsn.gov.

You can visit the Red Cliff ECC website anytime, by scanning the QR code or visiting www.redcliff-nsn.gov/ECC

MARCH 2024

Welcoming Spring

Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Character Word: Courage- strength to carry on in spite of difficulty, danger, or fear Calendar created by: Dr. Pamela B Connor, Educational Trainer and Consultant Calendar translated by: Manuela Rodriguez						
3 Bees and Flowers 	4 Honey Playdough Mix 2 cups water, ¼ cup salt, 1 tbsp. olive oil, 1 cup water, & ¼ cup honey. Knead on a floured surface until soft and pliable.	5 Spread the pollen Have your child move yellow pompoms (pollen) into the sections of an egg carton using plastic tweezers.	6 Wrap with Flowers Use flowers dipped in paint to make designs on white wrapping paper. Let dry and then use to wrap gifts for special events!	7 ACTIVITY PAGE My Spring	8 Fill jars half-way with water. Drop food coloring in each jar. Place the stem of a white flower into the water and watch it change color!	9 Weekend Wrap Read and repeat of the fun activities you did this week learn about bees & flowers!
10 Worms and Dirt 	11 Put a gummy worm in the bottom of a cup. Layer crumbled Oreos and chocolate pudding to cover the worm. Eat and find the worm!	12 Set up an obstacle course in your home and let your child "wiggle" over, under, and around it!	13 Fill a plastic bin with dirt and hide cooked spaghetti noodles in the dirt. Let your child use tweezers to find all of the "worms"!	14 ACTIVITY PAGE "Little Wiggle Worm"	15 Find a good patch of dirt. Give your child a spray bottle full of water. Let them spray and play with the mud they make!	16 Weekend Wrap Read and repeat the fun activities you did this week to learn about worms and
17 Frogs 	18 Color paper plates green. Lay them out like lily pads. Your child can leap from one to the other!	19 Help your child eat flies like a frog by spreading peanut butter or cream cheese on a stalk of celery and lining raisins on it.	20 Put small plastic frogs in a bin of water. Let your child "slap" the water with a flyswatter to make the frogs jump!	21 ACTIVITY PAGE Catching Bugs	22 Frogs are slimy! Mix a cup of glue with 1 tbsp. baking soda and add drops of green food coloring to see what a frog feels like!	23 Weekend Wrap Read and repeat the fun activities you did this week to learn about frogs!
24 Birds and Bugs 	25 Let your child build a "nest" by putting pretzels, Chex cereal, and yogurt covered raisins for the eggs in a muffin liner.	26 Buy a bag of multi-colored feathers and then: count them, sort by color, tickle with them, and paint with them!	27 Let your child make thumbprint bugs by using different colored stamp pads.	28 ACTIVITY PAGE What do ants eat?	29 Play "Mother May I" and have your child fly like a bird or crawl like a bug to get to the finish line!	30 Weekend Wrap Read and repeat of the fun activities you did this week learn about birds bugs! 
31 READ	Books 'n' the Bushel 					



My Spring

The book, My Spring, reminds us that spring is the time for new beginnings! Flowers are blooming and baby chicks are being born! What better way to welcome this beautiful time of year than with some spring cleaning! Take 3 plastic clothes bins and label them, **THROW AWAY** (for toys and clothes that are damaged or torn); **DONATE** (for toys and clothes that are in good condition but your child has outgrown or does not play with anymore); and, **SAVE** (for toys and clothes that are in good condition and have sentimental value that you might want to have for another child or even a grandchild)! Let your child help you throw away, donate, and save these items in a special box. These actions will become special memories for them in the future and may be something they carry on with their own children!





Little Wiggle Worm

Sung to the tune "Itsy, Bitsy Spider"

The little wiggle worm (wiggle a stuffed animal worm or playdough worm or pipe cleaner worm)

Went crawling underground (wiggle worm under hand)

Down came the rain (wiggle fingers downward)

And then mud was all around (open arms wide)

The rain filled their tunnels (open hand; move fingers together)

And pushed out the little worm (push worm through other hand)

And soon the puddles on the ground (make an O shape for a puddle with your hand)

Were the only place to squirm (wiggle worm into the puddle)





Catching Bugs

Frogs use their tongues to catch their food so help your child see what that would be like! For this activity, you will need some party horns (the kind that rolls out), some Velcro dots, and small, plastic bugs. Stick a Velcro dot on the bottom of the blow-out part of the party horn. Place the matching part of the Velcro dot on top of the bugs. Have your child blow the horn and try and catch a bug by matching the two Velcro dots together. You can give it a try as well and see which of you two frogs can catch the most bugs! Ribbit!



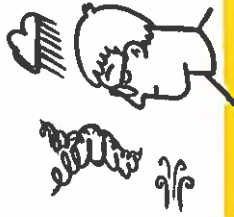


What do ants eat?

Ants are fascinating bugs to watch! Locate a place outside where your child does not typically play. This will be your ant observation site. On a cookie sheet or lid to a container, place pieces of different types of food: orange slices, apple slices, carrots, popcorn, cheese, chocolate- basically anything you have handy! Place the tray on the ant observation site. Each day, plan visits to the site to see which foods the ants are eating. If you have a magnifying glass, that would be fun to look through while observing. Your child doesn't have to get too close to the ants to watch them eat or to see which foods the ants eat the most of. After this experiment, you can ask your child which foods they like to eat that the ants liked too!



MONDAY



4 Notice how you speak to yourself and choose to use kind words

TUESDAY



5 Bring to mind people you care about and send love to them

WEDNESDAY



6 If you find yourself rushing, make an effort to slow down

THURSDAY



7 Take three calm breaths at regular intervals during your day

FRIDAY

1 Set an intention to live with awareness and kindness

SATURDAY

2 Notice three things you find beautiful in the outside world

SUNDAY

3 Start today by appreciating your body and that you're alive

10 Get outside and notice how the weather feels on your face

9 Take a full breath in and out before you reply to others

8 Eat mindfully. Appreciate the taste, texture and smell of your food

7 Take three calm breaths at regular intervals during your day

6 If you find yourself rushing, make an effort to slow down

5 Bring to mind people you care about and send love to them

4 Notice how you speak to yourself and choose to use kind words

17 Look around and spot three things you find unusual or pleasant

16 Get really absorbed with an interesting or creative activity

15 Stop. Breathe. Notice. Repeat regularly

14 Find ways to enjoy any chores or tasks that you do

13 Pause to watch the sky or clouds for a few minutes today

12 Listen deeply to someone and really hear what they are saying

11 Stay fully present while drinking your cup of tea or coffee

24 Appreciate your hands and all the things they enable you to do

23 Tune into your feelings, without judging or trying to change them

22 Notice something that is going well, even if today feels difficult

21 Listen to a piece of music without doing anything else

20 Focus on what makes you and others happy today
dayofhappiness.net

19 Cultivate a feeling of loving-kindness towards others today

18 Have a 'no plans' day and notice how that feels

31 Discover the joy in the simple things of life

30 Mentally scan your body and notice what it is feeling

29 Choose a different route today and see what you notice

28 Notice when you're tired and take a break as soon as possible

27 Appreciate nature around you, wherever you are

26 Choose to spend less time looking at screens today

25 Focus your attention on the good things you take for granted



The Red Cliff Early Childhood Center
88455 Pike Rd. 89830 Tiny Tot Dr.
Bayfield WI 54814
February 2024



Current Opening for the Red Cliff Early Childhood Center/and Child Care

- **ECC Substitute Assistant Teacher/Substitute Kitchen Staff** POSTING
DATE: February 21, 2023, DEADLINE: Applications accepted year round
- **Child Care Teacher** Opening Date: June 22, 2023 Deadline: Open Until Filled
- **Early Head Start Center Based Teacher** Opening Date: June 1, 2023, Deadline: Open Until Filled

Red Cliff Tribal Job openings

- **Go to the Red Cliff Tribal Website**
https://www.redcliffnsn.gov/how_do_i/apply_for_obtain/employment_opportunities/jobopenings.php

-
- **Bayfield Chamber-Job Opportunities**

MARCH-2024

ONAABANNI-GIIZIS

NITAM ANOKI-GIIZHIGAD	NIIZHOO-GIIZHIGAD	AABITOOSE	NIYYO-GIIZHIGAD	NAANO-GIIZHIGAD
				1B WAFFLE HAM CHEESE, BERRIES, CC S TEDDY GR/MILK L HAMB HD, CORN, CAR- ROTS, PEARS S BROCCOLI/HUMMUS
4B PANCAKES, AP- PLES, PB, TRK SAUSAGE S YGT/GOLDFISH L CHIX BROCC, CAR- ROTS, PINEAPPLE S PEARS/CC	5B RICE CHEX, ORANG- ES, YGT S BR STIX/CHEESE L HAMB SP, GR BEAN, PEACHES, SALAD S CARROTS/HUMMUS	6B OATMEAL, BANANA, TRK SAUSAGE, WG TOAST S CRACKER/PB L CRABBY PATTIES, CC, FRIES, CORN, SALAD S BERRY PIZZA	7B LIFE, RASPBERRIES, CC, WG MUFFIN S BFK BAR/MILK L BEEF/ZUCCHINI NOO- DLES, MANGO, CC S BROCCOLI/HUMMUS	
11B EGG COMBO, CC, PEACHES S GR GOLDFISH/MILK L CHIX NUGGET, FRIES, PEARS, PEAS S CUCUMBERS/MILK	12B HB OATS, BLUEBER- RIES, YGT S PB /CRACKER L PORK CHOP, WG BR STICK, CORN APPLESC S FR CUP/ PRESTZEL	13B OATMEAL, BERRIES, WG TOAST, PB S GR CRACKER/MILK L CHICKEN, WLD RICE, CARROTS, PINEAPPLE S CARROTS/CC DIP	14B CORNFLAKES, PEACHES, CC S NUTRA BAR/MILK L HAM/PT SP, SALAD, PEAS, TR FRUIT S BLUEBERRIES/YGT	MILK SERVED WITH EVERY MEAL 1-2 YR OLD WHOLE
18B MALTO MEAL, OR- ANGES, YGT S CRACKER/MILK L CORNBEEF SP, WG BR STIX, PB, PEAS, MANGO S APPLES/YGT	19B LIFE, PEACHES, CC S BFK BAR/MILK L CHBHD, BROCCOLI, BERRIES, YGT S CARROTS/HUMMUS	20BKIX, BANANA, YGT S CRACKER/PB L PORK CHOP, SALAD, GR BEAN, APPLESAUCE, BR STICK S FRUIT CUP/CHEESE IT	21B OMELET, WG TOAST, PB, TRK SAUSAGE S CHEESE IT/MILK L BEEF STEW, SALAD, WG BISCUIT, GR BEAN, BLEBR S CUCUMBER/CC DIP	

SPRING
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