ECC Newsletter

Waatebagaa-giizis—Leaves Turning Moon

September 2022



Boozhoo! Welcome back to school! We are excited to start the new year and are looking forward to all the fun and learning that is ahead. Thank you to all the families who attended enrollment week. It was a big success! Reminder, if a child does not have all required paperwork submitted and their first home visit completed within 10 business days of the start of school, they will not be able to start school. If paperwork is not submitted and the home visit is not completed within 10 business days of the start of school, they will be disenrolled. To schedule an appointment to get paperwork filled out, please call Cindy in the Family Service Office ext. 2551. You can connect with your child's teacher to set up a home visit.

As always, we encourage all children to be at school no later than 8:30. This allows them to stay in their routine and offers them every opportunity to learn and explore with their peers. If your child will not be at school or will be arriving after 8:30, please call the main office ext. 2521 or 0 prior to 7:45. If your child is sick, the more specific you can be the easier it is for us to identify trends. Attendance flexibilities that were given over the past two years are no longer an option, therefore, all children are expected to maintain at least 85% attendance or better.





Please be sure to send extra clothes that can stay at school. Things can get pretty messy in the classroom and outside when children are exploring and we want the they to be comfortable while they are here. If your child is in the process of potty training, please be sure there are extras to get them through the day. Labeling clothes makes it easier for teachers to keep track of what belongs to who. Also, please label backpacks, jackets and other outerwear. This will help decrease the chances of a mix up. They still may happen so please be patient with teachers as 8 -17 pair of snow pants, gloves and boots can be a lot to keep track of.

Thank you to all parents and guardians for allowing us to learn and grow with your children. We are so happy that you have put your trust in us to care for and educate your precious children. If there are ever any concerns, thoughts or feedback that you would like to share, please contact your child's teachers, Jamie the Center Director at ext. 2527 or Jenn the Center Administrator at ext. 2561. We know it is going to be a fantastic year!!

Milgwech,
Jenn and Jamie







Boozhoo Waabooz Families!

We are very excited to start the new school year and look forward to being a part of your child's growth and development. And we thank you all for joining us during the enrollment/home visit week!

To start, the month of September will be the transition period for all of the new incoming families.

A schedule was given during enrollment/home visit week, if you are needing another copy please let us know.

We also plan on working on sign language and Ojibwemowin, some of the commands/phrases we would like to work on are below.

Ojibwemowin/Sign Language

More—nawaj

Eat-wiisini

Please- daga

Thank you— Miigwech

Hello- boozhoo

Goodbye/See you later- gigawaabamin

If you have any questions or concerns, please reach out.

(715) 779-5030 Classroom ext. 2524 Office ext. 2526

Important Dates/Reminders!

9/5 - Labor Day/Tribe closed

9/6 - Opening Ceremony

9/7 - First Day of School

- * Drop off is at 7:45am.
- * Please pack at least one change of clothes to keep in the classroom.

Milgwech, Miss Tiff & Miss Molly Meet Miss Tiff



Contact Information:

tiffannie.hanson@redcliff-nsn.gov

(715) 779-5030

Classroom Ext. 2524

Office Ext. 2526

Boozhoo! My name is Tiffannie
Hanson, I graduated with my
Associates in Early Childhood
Education, and I plan on continuing
to receive my bachelor's degree.
I've been working at the Red Cliff
Early Childhood Center for 6 years
now, I absolutely enjoy it. Coming
to work every day and watching
the children grow, learn new
things, and accomplishing their set
goals is one of my favorite things
about where I work.

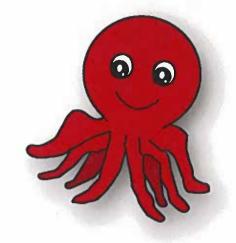
Fun Facts About me:

- I have two children: ages eight and one.
- I have four dogs: Jed, Jasmine, Journey, and Jade.
- One of my hobbies includes beading.
- I enjoy listening to all kinds of music.

"Play is our brain's favorite way of learning." - Diane Ackerman

Meet Miss Molly





Contact:

Molly.krueger@redcliff-nsn.gov

715-779-5030

Classroom Ext. 2524

Boozhoo! My name is Molly Krueger, and I am one of the teachers in the Waabooz Room this year! This is my first year teaching here at the Red Cliff Early Childhood Center.

Outside of the classroom, I enjoy painting, swimming, practicing archery, and spending time with my friends and family. My favorite color is purple, and I adore both cats and octopus. My favorite food to eat is breakfast food.

Thank you for trusting me with your child's care and education. I look forward to meeting both you and your little one!

September News

Boozhoo! We are so excited to see you all in our new classroom. For this month we will work on transition, establishing routines and exploring our school forest.

Please remember to send extra clothes and outdoor wear. We go outside everyday, weather permitting.

We look forward to seeing you all!

Miigwech! Ms. Kelsey & Ms. Lulu

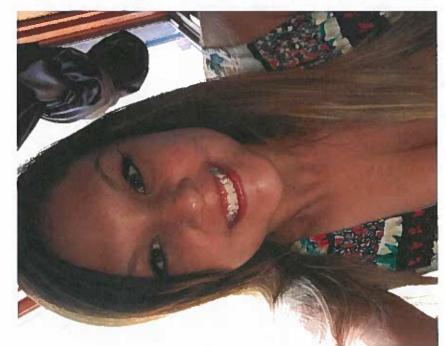
If you have any questions feel free to contact us at 715-779-5030 ext 2525

Ojibwemowin

Mino Gigizheb! Good morning!

Aaniin Ezhi-ayaayan? How are you?

300Zhoo! Weet MS. Kelsev



Boozhoo, Kelsey nindizhinikaaz , Mashkiiziibii nindonjibaa nigig nindoodem. I am one of the early head start teachers, I have been teaching for 6 years and loved every minute of it.

pressed and really could not believe they managed to I became fascinated with the ECC when my daughter first attended at the age of 18 months. I was so imhave 8 toddlers nap at the same time!

I love taking the kids outdoors and teaching the children through play. I understand the children's first teachers are you, the parents/guardians.

I am looking forward to meet you and getting to know your child.

If you have any questions please contact me at 715-779-5030 ext 2524

Email— Kelsey.connors@redcliff-nsn.gov

Boozhoo!

My name is Lulu Garrity. I am one of the teachers in the Amik room. I have been teaching 3 years at the ECC.

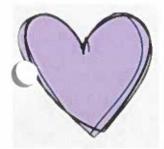
I always knew that I would be in the field of caregiving because when I was younger, I would always be taking babysitting jobs. I absolutely loved it!

I am a Head Start Graduate.

In my spare time I love to spend time on Lake Superior, fourwheeling, and sit alongside a campfire.







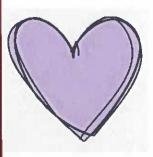
Contact Information

(715) 779-5030

Office: 2526

Classroom: 2525

Lulu.Garrity@redcliff-nsn.gov



Makwa in September (Waatebagaa-giizis)

Boozhoo!!

Welcome back to the ECC!
We're so excited for the kids to
be back and playing and
exploring in their new
classroom!

This month...

We're going to start off our year strong with our All About Me study. We'll work on learning about our bodies, our school/community. our families, and one another. We're also going to be spending time exploring the new classroom, and getting back into our school routine!

Reminders

Drop off time is 7:45 and pickup is 3:00. If you can't find us at pickup and the weather is nice, check the EHS playground.

Please ensure your child has extra clothes at school. we do lots of messy play and sometimes we spill!

Contact Information

Our Classroom number is (715) 779-5030 ext. 2544

Thank you for entrusting us to care for your child every day:) Let's rock the beginning of the year! -Miss Kayla

Meet Miss Kayla



This year...

We're going to have so much fun exploring different studies, exploring our senses, creating beautiful artwork, and of course playing, learning, and getting messy together! I can't wait!

My contact information

Boozhoo!

I cannot wait to spend a year of learning and making memories with all the Makwa kids!

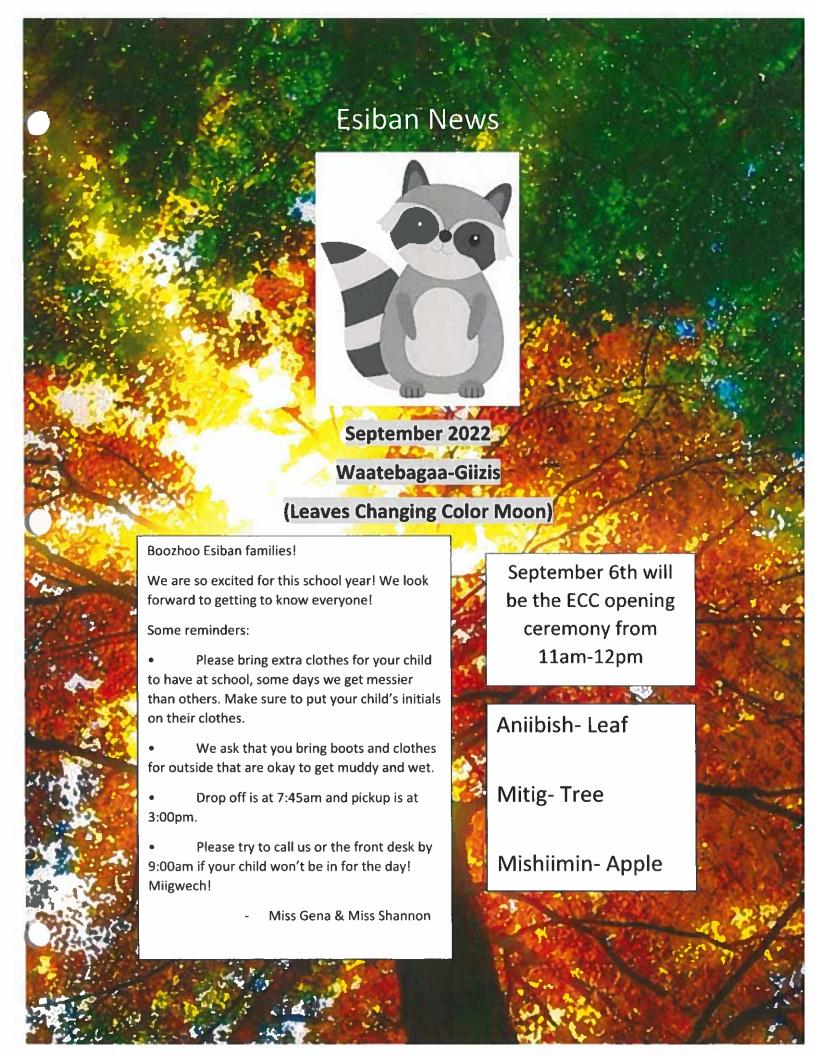
Fun facts

- I grew up moving back and forth between Chicago & Milwaukee with my parents until moving to Superior for college.
- I was both a competitive dancer and gymnast growing up.
- This will be my second year teaching at the ECC and I LOVE it here!
- I will be getting married in a little over a year.
- I love art and creating (hence my scattering of tattoos and always changing hair)
- I have 10 nieces and nephews, 7 of who have or are attending the ECC!

My favorites

- Color: Blue
- Food: Mac n Cheese!
- Things to do:
 - Run/Dance/Hike
 - Play with my nieces and nephews
 - Listen to music
 - Painting, especially anything abstract or messy!

Our school phone number is (715) 779-5030 Our classroom extension in 2544 (try this first) Our office extension is 2543



Meet Zena



Boozhoo! My name is Gena
Mertig, and I am one of the
teachers in the Esiban Room! This
is my second-year teaching in a
classroom at the Red Cliff Early
Childhood Center. My first year in
the classroom was fun and
exciting, I gained so much
experience and the kids really
brought me so much joy! I hope
you have had a wonderful summer
and I am so excited to get to
know your little one this year!

A little about me:

I am married and have 2 kids and 2 bonus kids; I have 3 grandchildren who are fun and growing up fast! I have 2 dogs one is very old, and one is just a puppy!

I have a 10-year-old foster son that has been with us since November of 2021, it has been a learning experience for sure!

I have many hobbies which include photography, making trees of life, and I love making Ribbon skirts!



Contact:

eugena.mertig@redcliff-nsn.gov

715-779-5030

Office Ext. 2542

Classroom Ext. 2541

Meet Miss

Shannon



A little about me:

I have a dog named Xena that I love and adore.

I went to head start here at the Red Cliff Early Childhood Center when I was little.

My favorite color is lilac purple.

I love listening to music, singing, camping, fishing, four wheeling, and visiting with family and friends in my free time.

Boozhoo! My name is Shannon
Soulier, and I am one of the
teachers in the Esiban Room! This
is my second year teaching here at
the Red Cliff Early Childhood
Center and I absolutely love it
here. I hope you have had a
wonderful summer! I am so
excited to get to know your little
one this year!



Contact:

Shannon.soulier@redcliff-nsn.gov

715-779-5030

Office Ext. 2542

Classroom Ext. 2541

Agongos Home Base News September 2022

The ECC Home Base program is looking for a home base teacher to support a maximum of 12 children and their families, including prenatal mothers. We are willing to train.

If interested, please fill out an application online at Red Cliff's webpage. If you would like more information on the position, please call Jamie at 715-779-5030 ext. 2527.

There are also several openings for children ages 0-3 and prenatal moms. Please call Jenny at 715-779-5030 ext. 2533 to enquire about enrollment.

MASHKODE-BIZHIKI BIDAAJIMOWIN



Waatebagaa-Giizis 2022
(Leaves Changing Color Moon)

Boozhoo gakina awiya.

Welcome to our classroom to all new and returning families. Our classroom hours are 7:45 to 3:00pm. Currently we do not have a bus driver and students will need to be transported to and from the center.

During the month of September, we will be focusing on getting to know each other, and having lots of fun exploring the indoor and outdoor classroom (school forest). We be utilizing The Seven Grandfather Teachings and will incorporate these teachings throughout the school year.

Please remember to fill out the monthly homework enrichment form and return it to the center by the last day or each month. The form is a checklist of activities you and your child can do at home. This is a great way for the center to get in-kind throughout the school year.

We are continuing to follow our COVID-19 policies and practices and will continue to give updates that will impact students, families, and staff at the center.

If you need to contact us we can be reached by email: nadine.cadotte@redcliff-nsn.gov, gina.lagrew@redcliff-nsn.gov, or our classroom office phone at 715-779-5030 ext. 2547.

INAGINZO - DATES TO REMEMBER

Monday September 5th - Labor Day - ECC Closed
Friday September 30th · Treaty Day - ECC closed

OJIBWMOWIN - THE OJIBWE LANGUAGE

Wayeshkad – Beginning Gikinoo'amaadiiwigamig – School Aniibiish - Leaf

Meet Madine



ABOUT ME

I am starting my 21st year at the ECC and know in my heart this is where I am meant to be. I am married to my husband Jay, and am a mamma of four kiddos-Meradith, Parker, Olive, and Henry.

FUN FACTS

- I love visiting my grandma.
- I am addicted to DIY projects!
- I could eat pizza every day.
- I just started a new love for house plants.



CONTACT INFO

nadine.cadotte@redcliff-nsn.gov 715-779-5030 ext. 2547

Miss Zina



Boozhoo! My name is Gina LaGrew and I am a teacher in the Mashkode-bizhiki Classroom! I have held several positions at the center for many years but have been a teacher at Red Cliff Early Childhood Center since 2018. I absolutely love working here. I am so excited to get learn from and teach your children this year.

A little about me:

I have four daughters and 3 grandchildren.

I have a AA in Early Childhood Education and BAS degree in Early Childhood and Special Education.

I love reading and spending time with my family.



Contact:

gina.lagrew@redcliff-nsn.gov

715-779-5030

Office Ext. 2547

Classroom Ext. 2546

WELCOME B&CK!!

MA'INGAN ROOM CONTACT
INFORMATION

MS. ALICIA IS AVAILABLE AT EXT.2545

MR. JOE IS AVAILABLE AT EXT. EXT.2545

745 AM TO 300PM

WE LOVE TO HEAR FROM YOU ALL SO PLEASE LEAVE US A MESSAGE OR ANY QUESTIONS PLEASE CALL!

WHEN TO CALL? BY 9AM

EXT. 0 IF YOUR CHILD WONT BE IN PLEASE CALL OR WE WON'T EXPECT THEM IN FOR THE DAY.



BOOZHOO FAMILIES!!

WELCOME BACK!! WE ARE SO EXCITED TO KICK OFF THE NEW SCHOOL YEAR!! WE HOPE YOU ALL HAD A WONDERFUL SUMMER VACATION! WE WILL BE LEARNING ALL ABOUT ME!! BEGINNING OF THE YEAR STUDY, SECOND STEP CURRICULUM (SOCIAL/EMOTIONAL FOCUS), GETTTING TO KNOW ROUTINES, GETTING FAMILIAR WITH CLASSROOM SETTING, AND TRANSITIONS.

WE LOOK FORWARD FROM HEARING FROM YOU ALL AND MEETING YOU ALL!

MIIGWECH, MS. ALICIA, AND MR. JOE



OJIBEMOWIN PHRASES AND WORDS

FALL DAGWAAGIN

LEAF ANIIBIISH

BOOZHOO HELLO

AANIIN HELLO

COME INSIDE BIINDIGE!



BOOZHOO AANIIN !! (HELLO) ALICIA JANE NEEZHOMAKWAG INDIZHINIKAAZ, MAANG NINDOODEM, MISKWAABIKAANG NINDOONJIBAA. GIKINOO'AMAAGEWIKWE AT EARLY CHILDHOOD CENTER INDANOKII, . ISKIGAMIZIGE-GIIZIS O'APII INGIITIBISHKAMN. BEZHIGO NINIIJAANIS. ARIANA PATRICIA

IZPINIKAAZO NINDAANIS. I'M GOING INTO MY 13 YEAR OF

TEACHING, AT THE RED CLIFF

ECC. IT'S MY PASSION TO

TEACH PRESCHOOL AGE KIDS

AND WORK WITH FAMILIES !!!!

I CANNOT WAIT TO MEET

YOUR CHILD AND ALL YOU

CAREGIVERS!!!

MIIGWECH,

BEING A MOTHER BREWERS

PACKERS

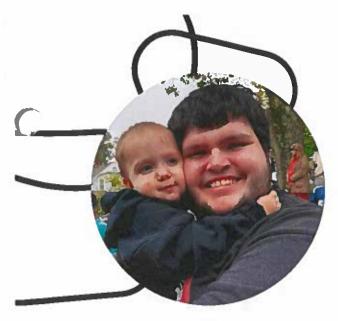
MILWAUKEE BUCKS SIPPING COFFEE TRAVEL

MY FAVORITES

AliciaDeperry@redcliffnsn.gov EARNED MY ASSOCIATE'S DEGREE IN EARLY CHILD-HOOD EDU. AT WITC-ASHLAND WISCONSIN IN 2005.

EDUCATION

7157795030 EXT. 2545



MEET YOUR TEACHER MR. JOE

WELCOME TO A NEW SCHOOL YEAR!

BOOZHOO MA'IINGAN FAMILIES!

MY NAME IS JOSEPH NEWAGO, AND I AM ENTERING MY SECOND YEAR AS AN ASSISTANT TEACHER HERE AT THE ECC. EVEN THOUGH I AM THE TEACHER, I AM VERY EXCITED TO LEARN FROM OUR STUDENTS, AND GROW WITH THEM AS WELL. I HOPE YOU HAVE HAD A GREAT SUMMER, AND LOOK FORWARD TO SEEING YOU SOON!

3 FACTS ABOUT ME

- 1. I am the youngest of 5, having 4 older sisters!
- 2. I originally planned on working in marketing and communications, but found a passion for teaching here at the ECC!
- 3. I am the Assistant High School Boy's Basketball Coach at Bayfield!

3 THINGS I LOVE

- 1. I love my 8 nieces and nephews, and most have been in or are currently at the ECC!
- I love to play games.Video games. sports,board games, all of the above!
- 3. I love basketball and football. Go Miami Heat and Go Packers!



SEPTEMBER MIGIZI



REMINDERS

Summer sure has flown by us this year. We hope everyone had a healthy and safe summer.

Miss Haley will be out of the classroom for a few months due to a new arrival in their home. In our room we will have Ms. Chandria while Ms. Haley is gone.

We plan on having a very busy and wonderful year! It's sad that some of the children will have moved on to their new adventures of Kindergarten but we're excited for getting to know the new students coming into our room.

WELCOME BACK TO SCHOOL! Ms. Diann, Ms. Haley and Ms. Chandria

LITERACYATHOME

Sing and Pause: This month practice singing the alphabet song together. As your child becomes more familiar with it sing to a certain letter and then pause and wait for them to fill in the letter before continuing on.

MATH AT HOME

Simon Says One and Done: To practice the concept of one, play Simon says do something one time. For example, instead of saying Simon says jump, say Simon says jump one time. Take turns being Simon and practicing doing actions one time and stopping.

TAKING CARE OF ME AT HOME

Shoes and Socks Races: Choose easy shoes/socks for your child and you to practice together. Step by step, put on your socks and shoes at the same time, showing your child how you it. As they become more comfortable, see who can put on their own socks the fastest, then their own shoes. Practice having your child independently put on their socks and shoes and buckle them, or ask for help tying them.



September Themes

Beginning of the Year Study, SS-Welcoming, TBT- Personal Safety



Diann Viater



ABOUT ME

I grew up on a farm and we had horses, cows and chicken. I was lucky enough to have my own horse and once the chores were done I'd be on the horse riding it. I'm a Mother of 2 and a grandma, also a great grandma. I have inherited a puppy and her name is ZEVA and she loves to play with the grandchildren.

MY FAVORITES

My favorite hobbies are sewing, cross stitching and quilting.

EXPERIENCE

My experience with children started early in my childhood because I've always had a love for children. First with babysitting then my own children and grandchildren. I have been at the ECC for 18 years- and love my job. Always excited for the new year to begin and meet the new students and sad to see the children head off to kindergarten.

CONTACT ME

MIGIZI CLASSROOM 715-779-5030 EXT 2540

Meet Miss



Boozhoo! My name is Chandria Ludwig, and I am one of the teachers in the Migizi room this year. I started working at the ECC during the last school year. I really love and enjoy it and I am super excited to begin a new school year!

A little about who I am:

- I went to head start at the ECC as a child.
- I am a college student at LCO University.
- I am a mother to a wonderful little boy.
- I love animals and I have a German shepherd named Cedar.
- I love to read, write, and draw during my free time.
- I love listening to music, art, rock collecting, being creative, and spending time with family.
- I enjoy playing Pokémon and Animal Crossing!





Contact Info:

Email:

Chandria.ludwig @redcliff-nsn.gov

(715) 779-5030

Office Ext. 2540

Classroom Ext. 2530

My favorite...

Food: Seafood, tacos, and pasta.

Color: Black, blue, green.

Movies: My Neighbor Totoro, The Last Unicorn, Tangled.



Boozhoo Gakina Awiya,

Manidoo-Makwakwe indigoo dash Haley indizhinikaaz zhaaganaashiimong. Makwa nindoodem. Gaa-Miskwaabikaang nindoonjibaa.







Gikinoo'amaadiiwigamigong dandanokii. Niin gikinoo'amaagekwewi dash niin gikinoo'amaagan. Niminwendaan gikinoo'amaagoyaan jinitaa-anishinaabemoyaan.

Niminwendaan agindaasoyaan miinawaa minikweyaan makade-mashkikiwaaboo. Niminwendaan zhaazhiibiwin miinawaa izhaayaan imaa zaaga'iganing.







Migizi 4K Gikinoo'amaagewikwe (715) 779-5030 ext. 2540 haley.hyde@redcliff-nsn.gov



Mashkawibines izhinikaazo ninaabem. Niizhowag niniijaanisag. Mertell miinawaa Jaxon izhinikaazowag ningozisag. Ningigishkawaawas miinawaa.





Red Cliff Early Childhood Center Special Policy Council Meeting Minutes Tuesday, July 12th, 2022 @ 11:00 am Virtual



Meeting called to order by Chair Linda Christiansen @ 11:07am.

Policy Council Members Present: Linda Christiansen, Kennedy Defoe, Amaris Andrews-DePerry and Joanne Peterson.

Absent: Lynna Martin, Danielle Maulson, Tara Albert, and Nick DePerry, Tribal Administrative Liaison

Staff/Other Present: Jennifer Leask, Administrator, Jamie Goodlet-King, Head Start/4K/Early Head Start Director, Kathy Haskins Education and Abilities manager, Jennifer Defoe, Enrollment Specialist and Julie Erickson, Launch, Cindy Garrity, Family Service Manager and Patt Kenote-Deperry, Health Manager

Approval of Agenda

Motion by Joanne to approve the agenda, seconded by Kennedy, all in favor, motion carried.

Approval of Minutes for June 21st and special meeting June 29th, 2022

Motion by Kennedy to approve minutes with changes, second by Amaris, all in favor, motion carried.

Menu-Changes to June Menu-No August menu due to no school.

Not motion needed it was just information about changes to June menu.

Program Summary

In discussion about the mental health information, for the month of June there was not consultation or meeting with teachers. For the health department Patt was out of the office so when she returns, we will get the information entered.

Financial Report

Jen updated the policy council in regard to carry over funds, these monies will go toward the new garage and from another fund the busses will need maintenance and the ECC grounds and building need work.

Discussion on the Award notice. Jen stated we have not received our Award Letter; we are hoping to get it soon.

Ratify Poll vote

Motion by Amaris to ratify poll vote for purchase of an inground piano for outside in the amount of \$52,025.00 and the purchase of a 2022 Dodge Ram 2500 truck from Ashland Ford in the amount of \$60,695.00, second by Joanne, all in favor, motion carried.



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Attendance Matters

Federal Performance guidelines state that, "Head Start/Early Head Start Programs must maintain 85% attendance or better."

Children are required to attend daily. Our attendance policy states,

- Parents are required to call the ECC in the event that their child is absent, and the reason their child is absent.
- The ECC will attempt to contact family if they do not contact the school within 1hr. after start of school day to learn of absence reason and/or assist family
- After two days of no contact with parents, teachers will make a referral to ECC Family Services staff
- The Center Director will monitor attendance weekly and coordinate follow-up if absences are chronic
- After two weeks of continual absences (unexcused, unable to contact parents, excessive family days, etc.), a meeting with the family will be attempted to resolve with attendance plan.
- In the event of continued chronic absences, children may be exited from the program.

Please call 715-779-5030 in the event that you child will be absent Ext. 2521

The Red Cliff Early Childhood Center is seeking members to sit on the

2022-2023 Policy Council

If you are Interested,

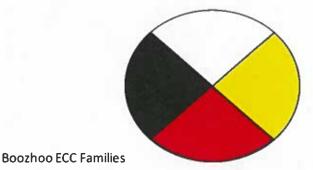
please contact Cindy Garrity at

715-779-5030 ext. 2551

The First ECC family night is scheduled for September 28th

More information to follow

Family Service team is looking forward to seeing you all here!



As we start out this New School Year here at the ECC, we wanted to remind everyone of the Seven Ojibwe Teachings

LOVE (Zaagidwin) The Anishinaabe are to always act in LOVE. To love the Great Spirit the same way he loved his people, because it was the love of the Creator that gave life. Children are to be loved, for children are a gift from the Great Spirit.

RESPECT (Mnaadendiwin) All of Creation is to be treated with RESPECT. To show real respect is to give of themselves for the benefit of all life. You must give respect if you wish to be respected.

COURAGE (Aakdehewin) To have COURAGE to always do what was morally right. To be proud of being Anishinaabe and never to deny the ways of life the Great Spirit gave them.

HONESTY (Gwekwaadziwin) To be HONEST to themselves. To live in the spirit of how they were created. Always be honest in your words and actions.

WISDOM (Nbwaakaawin) To live in WISDOM and know the gifts the Great Spirit gave to everyone. To use these gifts to build a family and community filled with caring, sharing, kindness, respect, and love for one another. Wisdom is given by the Creator to be used for the good of the people.

HUMILITY (Ddaadendizwin) Always to act in HUMILITY. One is to always think about their family, their fellow man, and their community before they think of themselves. You are equal to others but not better.

TRUTH (Debwewin) Always to seek the TRUTH. The truth lies in the spirit. Speak the truth, do not deceive yourself. Living truth is living the seven teachings.

We really want this new school year to start out on a good note... If you have any questions please call us at the center

Ms. Kathy ex 2530 and Ms. J ex 2548



The Health Office Welcomes your child(ren) to a school year that will be fun, exciting and full of adventure. Running, exploring, laughing, singing, dancing, listening, learning and making new friends will fill their days. The Health Office is here to assist you in making sure they are healthy and ready to participate in these daily adventures.

To be school ready, we need the following updated information:

- -Signed Release of Information forms for health and dental visits from the child's current clinic. Reminder, if you change clinics you will need to fill out another form.
- -Most updated "Well Child Check" from your child's clinic/health provider. WIC appointments do not count toward this requirement.
- -Most updated "dental visit/dental exam" from your child's dental clinic/health provider.
- (Check with the ECC Health Office to make sure we have the most current health visit or dental visit. If not, we can assist with gathering this information.)
- -If your child is taking prescription or over the counter medication, please inform their teacher and Health Office and they will assist you with following the ECC policies on medication in the classroom.

Any questions contact: Red Cliff ECC health office 715-779-5030 Mikayla ext. 2555 or Patt text. 2556





The Red Cliff Early Childhood Center is accepting applications at anytime!

Head Start, 4k, Early Head Start and Home Based Services available.

Stop in and visit us anytime at 89830 Tiny Tot Road (Red Cliff)

to complete an application or

call 715-779-5030 ext. 2533 for any questions.

Visit our website at https://www.redcliff-nsn.gov/ecc

or check us out on Facebook.



*If you have a concern about your child's development or your child has a special education/ health need,

please contact us to learn about resources available for your child.*

We accept application; all year round

Head Start

Head Start is a center-based program for children ages 3-5. The classroom settings offer a preschool experience with a curriculum that is culturally based, using assessment-based child development outcomes.

- Kindergarten Readiness
- Transition Activities
- Health & Nutrition Services
- Free Nutritious Meals
- Transportation
- Family Resource Services
- Family Nights
- Weekly Pow-wow
- Ojibwe Language Learning
- Parent-Teacher Conferences
- Accredited Curriculums
- Monthly Parent/Policy Council Meetings
- 4k Services

Early Head Start

EHS center-based serves 32 children age 0-3. The primary emphasis of the program is to enhance infant and toddler growth through social, emotional, physical and cognitive development.

- School Readiness
- Transition Activities
- Health & Nutrition Services
- Free Nutritious Meals
- Transportation
- Family Resource Services
- Family Nights
- Weekly Pow-wow
- Ojibwe Language Learning
- Parent-Teacher Conferences
- Accredited Curriculums
- Monthly Parent/Policy Council Meetings

Home Based

EHS home-based program serves pregnant women and children age 0-3. The programs primary emphasis is to enhance infant and toddler growth through social, emotional, physical and cognitive development.

- School Readiness
- Weekly Home Visits
- Family Socializations
- Family Resource Services
- Health Service Coordination
- Transition Activities
- Family Nights
- Ojibwe Language Learning
- Monthly Parent/Policy
 Council Meetings
- Accredited Curriculum
- Parent-Teacher Conferences







Creditable Foods, Recipes, Menus, Education and More!

Bird's Nest Toast

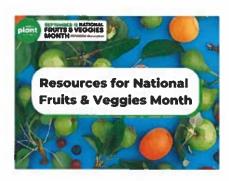
Looking for a delicious and easy breakfast or snack? Check out NCA's Bird's Nest Toast.



Get the Recipe

Celebrate National Fruits & Veggies Month

September is National Fruits & Veggies Month. Our friends at Have A Plant - Produce for a Better Health Foundation have created a National Fruits and Veggies Month toolkit to celebrate all month long.



Start Celebrating

Eat Healthy on a Budget

Need advice on budgeting for healthy food shopping? Check out MyPlate's new resource with budget-friendly tips and tricks.



Access the Tips

USDA Farm to School Stickers

Order FREE, fun 2-inch stickers to help incorporate local foods into your menu and go "Loco for Local"!



Order Now

Contact Us









Want to be featured in our Creditable Tools & Resources? Check out our Partnership Opportunities!







Food and Nutrition Service

Mealtimes With Toddlers Family Handout

The Foods We Offer in Child Care

Our child care site participates in the Child and Adult Care Food Program. We meet nutrition standards through this program and offer meals and snacks that help your toddler get the nutrients he or she needs for growth and development. Check out the types and amounts of foods we offer throughout the day.

What is in a Breakfast?

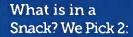
- Milk (4 fl oz or 1/2 cup)
- Vegetables, Fruit, or Both (¼ cup)
- Grains (1/2 oz eq)



 Sometimes we serve a meat/meat alternate (such as eggs, yogurt, or other foods) in place of the grains at breakfast.

What is in a Lunch or Supper?

- Milk (4 fl oz or 1/2 cup)
- Meats/Meat Alternates (1 oz eq)
- Vegetables (½ cup)
- Fruit (1/6 cup)
- Grains (½ oz eq)





- Milk (4 fl oz or ½ cup)
- Meats/Meat Alternates (½ oz eg)
- Vegetables (½ cup)
- Fruit (½ cup)
- Grains (½ oz eq)

fl oz = fluid ounces

oz = ounces

oz eq = ounce equivalent

Ounce equivalents are a way to measure amounts of food.

What does your child drink in child care?

For 1 year olds:

- Breastmilk you provide and/or unflavored whole milk.
- We offer and make water available throughout the day.

For 2 year olds:

- Breastmilk you provide, unflavored low-fat (1%) milk, and/or unflavored fat-free (skim) milk.
- We offer and make water available throughout the day.

Did you know?

Two year olds need less saturated fat in their diets than 1 year olds. Switching from whole milk to low-fat (1%) milk or fat-free (skim) milk can help cut down on some of the saturated fat they consume.

Help your child get used to low-fat or fat-free milk when they turn 2 years old by gradually increasing the amount of low-fat or fat-free milk in their cup.

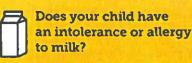
Example:











Let us know!

Feeding Tips for Toddlers

Does your child like a food at one meal, but not at the next? We notice this too in child care. Toddlers are busy learning new things, and may not be interested in a food at a meal or snack. But, they may not be as "picky" as we think. Here are some things we've learned and tips that may help!



What did your child do at this meal?

Grabbed a spoon from you.



He or she is learning and wants to practice using his or her fingers, spoons, and forks every chance he or she gets.

Try this! Give your child bite-size pieces of soft food to pick up with his or her fingers. Also, provide a child-sized spoon. To help with clean up, place a mat or towel under the high chair to catch any food that may fall on the floor.

Did not eat a lot.



Children have small stomachs. He or she may not be hungry or may be distracted at mealtime.

Try this! Offer your child meals and snacks around the same time each day. Let your child decide how much he or she wants to eat. He or she does not have to finish all of the food on the plate to grow healthy and strong.

Refused to eat a food he or she has tried before.



Your child is learning to express his or her independence, even at mealtimes. This means he or she may refuse to eat a certain food at a meal—that's okay!

Try this! Keep offering the food. Your child may decide to eat it at another meal or snack.

Did not want a certain texture of food.



Your child is learning through all senses—touch, taste, smell, and sight.

Try this! Cook a food a different way to give it a different taste and texture. For example, if your child does not seem to like a steamed vegetable, then try roasting it in the oven.

Stared at you and didn't eat the food.



Your child is learning from you! If you make a funny face at a food, then your child may be less likely to try that food.

Try this! Eat the same foods your child is eating. Eat them enthusiastically and talk about how much you like them.



TeamNutrition.USDA.gov

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Wisconsin WIC Program Information & Income Eligibility Guidelines

Purpose:

The Special Supplemental Nutrition Program for Women, Infants, and Children (WIC) is a nutrition program for pregnant women, infants, women who are breastfeeding, postpartum women, and children younger than 5. WIC provides nutrition education, breastfeeding education and support, supplemental nutritious foods, and connections to other community services.

Wisconsin families want to raise strong and healthy kids, and WIC is here to help. Health benefits of WIC have reduced premature births, low birthweight, and long-term medical expenses.

Who is Eligible for WIC?

To qualify for WIC benefits in Wisconsin, a person must:

- Live in Wisconsin
- Meet the income guidelines (listed on the next page)
- Have a health or nutrition need. A nutrition assessment will be completed at the WIC clinic.
- Be pregnant; be breastfeeding a baby under 1 year of age; of had a baby or was pregnant in the past six months; be a baby under age 1; or be a child younger than age 5
- A person may qualify if someone in their family is receiving WI FoodShare, Medicaid, BadgerCare Plus, Wisconsin Works Program (W2), Temporary Assistance to Needy Families (TANF), or Food Distribution Program on Indian Reservations (FDPIR)
- Foster children, Kinship Care recipients under age 5, and pregnant foster teens are eligible for WIC

Benefits Received by WIC Participants

All participants receive:

- Screening for nutrition and health needs
- Information on how to use WIC foods to improve health
- Benefits to buy foods that help keep you and your children healthy and strong
- Referrals to doctors; dentists; programs like FoodShare, Medicaid, BadgerCare Plus, W-2, Head Start

Women receive:

- WIC foods (https://www.dhs.wisconsin.gov/wic/approved-foods.htm)
- Information on healthy eating during pregnancy and breastfeeding
- Help with starting or continuing breastfeeding

Infants receive:

- Help with starting or continuing breastfeeding
- Infant formula, if needed
- Immunization referrals

Parents/caretakers receive information on taking care of babies

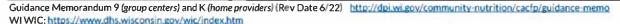
Children receive:

- WIC foods (https://www.dhs.wisconsin.gov/wic/approved-foods.htm)
- Immunization referrals

Parents/caregivers receive information on food shopping, recipes, and feeding your child

Go to DHS Wisconsin (https://www.dhs.wisconsin.gov/wic/local-projects.htm) to locate your local WIC office to apply:

For other health information and referral services contact Well Badger Resource Center: Call 800-642-7837, email help@wellbadger.org or go to Well Badger Resource Center (https://wellbadger.org/)





In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.

Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: https://www.usda.gov/sites/default/files/documents/USDA-OASCR%20P-Complaint-Form-0508-0002-508-11-28-17Fax2Mail.pdf, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

- 1. mail:
 - U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410; or
- 2. fax: (833) 256-1665 or (202) 690-7442; or
- email: program.intake@usda.gov

This institution is an equal opportunity provider.

Spanish Translation on Next Page

Good nutrition today means a stronger tomorrow!

Building for the Future

with CACFP

This program receives support from the Child and Adult Care Food Program to serve healthy meals to your children.



Meals served here must meet USDA's nutrition standards.

Questions? Concerns?

Participating Agency Contact Information	State Agency Contact Information			
Contact Person Cindy Garrity, Family Service Manager	Amanda Cullen, RDN, CD, Director			
Agency Name Red Cliff Early Childhood Center	Community Nutrition Programs			
Agency Address 89830 Tiny Tot Rd	Wisconsin Department of Public Instruction			
88455 Pike Rd	P.O. Box 7841			
Bayfield, Wi 54814	Madison, WI 53707-7841			
Agency phone number 715-779-5030	608-267-9129			

Learn more about CACFP at USDA's website:

https://www.fns.usda.gov/cacfp

USDA is an equal opportunity provider, employer and lender.

United States Department of Agriculture Food and Nutrition Service FNS-317 November 2019

Practicing our Anishinaabemowin (Language)

Zh	Z	4	٤	-	Sh	S	ס	2	3	X	_	I	മ	D	Ch	B	
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Zhii	Zii	Υïï	⊗ ii	=	Shii	Sii	Pii	Z	Mii	Kii	Jii	Hii	Gii	Dii	Chii	Bii	=:
Zho	Zo	Yo	Wo	То	Sho	So	Ро	No	Mo	Ko	Jo	Но	Go	Do	Cho	Во	0
Zhoo	Zoo	Yoo	Woo	Too	Shoo	Soo	Poo	Noo	Moo	Koo	Joo	Ноо	Goo	Doo	Choo	Воо	00
Zha	Za	Ya	Wa	Ta	Sha	Sa	Pa	Na	Ma	Ka	Ja	На	Ga	Da	Cha	Ва	a
Zhaa	Zaa	Yaa	Waa	Taa	Shaa	Saa	Paa	Naa	Maa	Kaa	Jaa	Наа	Gaa	Daa	Chaa	Ваа	aa

Double Vowel Pronunciation Guide

A ≡ a

ah as in autistic

= aah as in **au**tistic or **au**tumn

= ay as in bay or hay

= glottal stop = **brief** pause

= ih as in ick or ish

= oh as in **o**jibwe

= ee as in seen or bean

= oo as in moon or loon



make time for it

yourself kindly

and speak to

activity and

or relaxing Plan a fun

self-criticism

things you do

Notice the

well, however

not selfish, it's

essential

self-care. It's

Find time for

small

Let go of



D

Everyone makes things go wrong. yourself when mistakes Forgive

outside and give your mind and body a natural Get active boost 12

you are feeling Notice what without any

Enjoy photos from a time

with happy

strengths or one of your way to use Find a new talents

27

by cancelling Free up time

any unnecessary

steps to help mistakes as to see your 28

Choose

you learn

you appreciate about yourself three things Write down

30

you are enough, ust as you are yourself that Remind

friend to tell you Ask a trusted

Leave positive

caring, calming

Find a

15

14 If you're busy, allow phrase to use

yourself to

pause and

as you would

to yourself

Be as kind

to a loved one

when you

feel low

take a break

yourself to see

regularly

messages for

ou really enjoy

do something

find things hard,

When you

Aim to be good

share how you

feel and ask

8 Be willing to

enough, rather

than perfect

for help when

permission

exercise and go basics: eat well,

to bed on time

yourself

Give

Focus on the

to say no

needed

remember it's ok

not to be ok

Make time to

H

day. Make time to slow down and be kind to yourself No plans

what strengths they see in you

Avoid saying 'I should' and make time to do nothing

> remember that you are worthy

other people's

Let go of

Take your time Make space to

23

expectations

just breathe

and be still

appear outside

you feel inside to how others

compare how

Don't

21

of love

yourself and

Accept



Happier · Kinder · Together

ACTION FOR HAPPINESS

elf-Care September 2022





E 2022

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SAMA MAN	3 National Skyscraper Day! with supplies around the house create the tallest skyscraper you can	10 Look for GREEN items around the house	17 National Cleanup Day Take a little time today to clean up an area that needs it	24 National Ghost Hunting Day, journal ways you could trap a ghost	
	2 Blueberry Popsicle Day! Cool off with a refreshing popsicle. See Activity	9 National Teddy Bear Day! Grab your favorite Teddy and read our book "Bed- time for Bear"	16 Collect Rocks Day! Try to find rocks that have a fossil or uniqueness to them	23 National Checkers Day! Create your own board out of paper and play with two types of gold fish crackers	30 National Chewing Gum Day! Try to blow bubbles, or write about a new flavor you would create
Thirtechool	l National Chicken Month! Celebrate by doing the chicken dance today	8 National School Picture Day! Create a self portrait out of scrap construction paper	15 Make A Hat Day! It doesn't just have to be paper, use whatever items you have around you to create something silly	22 Autumn Begins! Read a new book about autumn!	29 World Heart Day! Create heart shapes, see activity!
Wednesday		7 How many words can you come up with that start with "S"	14 Live Creative Day Do something creative! Draw a picture, sing a song or build with playdough or legos	National Miniture Golf Day! Grab some construc- tion paper and create your own mini golf course	28 Good Neighbor Day!
Micsen		6 National Read-A-Book Day! Grab a good book and enjoy!	13 National Kids Take Over the Kitchen Day! Choose a color and pick and try the foods that match. Happy Birthday Roald Dahl	20 National String Cheese Day! Celebrate with a string cheese snack	Crush A Can Day! With help, smash cans and talk about why it's important to recycle
Monday.		5 Labor Day Cheese Pizza Day!	12 National Chocoate Shake Day!	19 National Talk Like A Pirate Day! - Arrrr	26 National Love Note Day! Leave a loved one a note of appreciation
Smidhy		4 National Wildlife Day Take a stroll through the park and identify your local birds	11 National Make-Your- Bed Day! Help practing making your own bed.	18 National Rice Crispy Treat Day! Create rice crispies and think of ways to make them even tastier	25 National Comic Book Day! Try to draw and create yourself as a comic hero

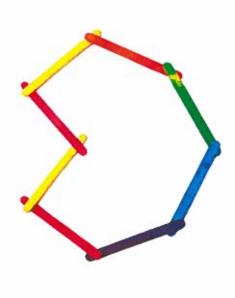


BUShe www.booksbythebushel.com

Popsicle Stick Hearts

Supplies Needed:

- Glue
- Colored Popsicle Sticks
- Paper & Pencil



Directions:

- Take the pencil & paper and draw a big heart
- Next place popsicle sticks around the picture heart
- Glue the ends together overlapping to hold together and let dry
- Make as many as you would like!





The Red Cliff Early Childhood Center 88455 Pike Rd. 89830 Tiny Tot Dr. Bayfield WI 54814 September 2022

Current Opening for the Red Cliff Early Childhood Center/

Current opening for the Red Cliff Child Care

Head Start Assistant Teacher

Opening Date: August 2, 2022 Deadline: August 16, 2022 @ 4:00 p.m.

Infant Room Assistant Teacher

Opening Date: August 2, 2022 Deadline: August 16, 2022 @ 4:00 p.m.

Head Start Bus Driver- Part Time

Opening Date: August 2, 2022 Deadline: August 16, 2022 @ 4:00 p.m.

Head Start/4k Teacher

Opening Date: August 2, 2022 Deadline: August 16, 2022 @ 4:00 p.m.

Early Head Start Center Based Teacher (2)

Opening Date: August 2, 2022 Deadline: August 16, 2022 @ 4:00 p.m.

Early Head Start Home Based Teacher

Opening Date: August 2, 2022 Deadline: August 16, 2022 @ 4:00 p.m.

Cultural Engagement Specialist

Opening Date: June 17, 2022 Deadline: Open Until Filled

Assistant Child Care Teacher – (2 Positions Available)

Opening Date: April 14, 2022 Deadline: Open Until Filled

Child Care Teacher – (4 Positions available)

Opening Date: March 28, 2022 Deadline: Open Until Filled

Child Care Program Director / Teacher

Opening Date: March 28, 2022 Deadline: Open Until Filled

Red Cliff Tribal Job openings



Go to the Red Cliff Tribal Website

https://www.redcliffnsn.gov/how do i/apply for obtain/employment opportunities/job openings.php

Bayfield Chamber-Job Opportunities

SEPTEMBER 2022

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WAATEBAGAA-GIIZIS

NAANO-GIIZHIGAD	2 ECC CLOSED	9B OATMEAL, WG TOAST, PB, ORANGES S YOGURT/APPLES L PORK CHOP, AP- PLESAUSE, CARROTS S PEARS/CC	16B PANCAKES, BLUE- BERRIES, YGT S GOLDFISH/MILK L PORK CHOP, APPLES, YGT, PEAS	23B WAFFLES, STRAW-BERRIES, YGT S MUFFIN/MILK L PIZZA, CORN, CANTA-LOUPE, CC S TEDDY GR/PINEAPPLE	30 TREAT DAY TRIBE/ECC CLOSED
NIIYO-GIIZHIGAD	1 CLOSED	8B HB OATS, STRAWBER-RIES, YOGURT, WG TOAST S NILLA WAFER/MILK L CHIX WRICE SP, WG BR STIX, MANGO, PEAS S CANTALOUPE/GR CRK	15B CHEERIOS, BANANA YGT S PB/CRACKER L HBG HD, CORN, WG PASTA, PEACHES, CC S PINEAPPLE/CC	22B RICE CRISPIES, BA- NANA, YGT, WG MUFFIN S NUTRA BAR/MILK L TACOS, HONEYDEW, YGT, SP RICE S CUCUMBERS/HUMMUS	29B OATMEAL SQUARES, ORANGES, YGT S MILK/NUTRA BAR L BEEF STEW, WG BIS- CUIT, MANGO, CC S CARROTS/CRACKER
AABITOOSE		7B PANCAKES, BLUE- BERRIES, YOGURT S PB/CRACKER L PIZZA, CORN, RASP- BERRIES, CC S FIRST DAY FLOATS	14B EGG COMBOS, AP- PLESAUCE, YGT S YGT/BERRIES L CHIX, WRICE, GR BEAN, CC, MANGO S BROCCOLI/CC	21B PANCAKES, BER- RIES, CC S MILK/OATMEAL BAR L PORK CHOPS, AP- PLESAUCE, PEAS, BUN S YGT/BLUEBERRIES	28B EGG MUFFIN, BER- RIES, YGT S CHEESE ITS/MILK L CHIX ALFREDO, PEAS, CANTALOUPE, S CHEX MIX/JUICE
NIZHOO-GIIZHIGAD	MENU SUBJECT To	6 ECC OPENING CEREMONY	13B CORN CHEX, APPLES, YGT S GR CRK/PB L KIELBASA, PEAS, BB RED, TR FRUIT S BLUEBERRIES/CC	20B LIFE, ORANGES, YGT, WG TOAST, JELLY S YGT/CHEESE ITS L_CHIX WG HD, CAR- ROTS, PEACHES S HONEYDEW/YGT	27B CORNFLAKES, APPLES, YGT S GR CRACKER/MILK L HAM/POT SP, WG BR STIX, PINEAPPLE, CC S CUCUMBERS/ HUMMUS
NITAM ANOKII-GIIZHIGAD	MILK SERVED WITH EVERY MEAL 1-2 YR OLD WHOLE	E LABOR DAY TRIBE/ECC CLOSED	12B WG FR TOAST, CC, PEACHES S NUTRA BAR/MILK L SPAGHETTI, CORN, HONEYDEW, YGT S CARROTS/HUMMUS	19B MALTO MEAL, RAS BERRIES, YGT, MUFFIN S TEDDY GR/MILK L TOMATO SP, GR BEAN, MANGO, GR CHEESE S CELERY/PB	26B OATMEAL, RASP-BERRIES, WG TOASTS MUFFIN/MILK L BBQ'S, FRIES, WATERMELON, CARROTS STR FRUIT/CC