RED CLIFF EARLY CHILDHOOD CENTER

Newsletter

"Love the trees until their leaves fall off, then encourage them to try again next year."

- Chad Sugg



Binaaakwe-Giizis (Falling Leaves Moon)



October 2023						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
8	9	10	П	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

9	ECC/Tribe Closed: Indigenous Day
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12	Apple	Crunch 8	& Caregiver	Café
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13	Mino	Bimaadiziiwin	Event-	ECC Time
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0.5	Dontal Concess
125	Dental Screens

runk or Treat

Mino Dawaagin

Aaniin!

We are in our second month of school and things are settling in. The leaves are changing and the weather is getting cooler and wetter. It is so great to watch everyone arrive in the morning with smiles and energy!

A quick reminder that we are holding caregiver meetings once a month out in the trailer. Parents, grandparents, foster families, aunts, uncles or anyone else who is caring for an ECC child is invited to come and collaborate. Help the ECC with ideas for family nights, menu ideas, activities and so much more. We want and need your feedback and input!

As the school year continues, we encourage all families to have their children to school by breakfast (8:30) at the latest. This allows your child to start their day off in routine and gives them a chance to prepare for the day ahead. Children thrive on routine and consistency.

We also want to remind all families that pick-up time is 3:30 each day. Days at school have been lengthened to meet the hour requirement put forth by the Office of Head Start. Pick-ups after 3:30 make it very difficult for teachers to get everything done that they need to.

We would like to revive our weekly pow wows and are hoping that we can find community members who are willing to come up and share their talents and passion. Please contact Haley Hyde if you are interested.

ECC staff will be participating in Red Cliff's Trunk or Treat event on October 27th. Come up, have a little fun and leave with a goody (or two)!

We hope everyone enjoys the changing of the season and that you stop and take a moment to marvel at the beauty we are surrounded by. We are so lucky to live in a place that allows us to see growth and change year-round.





Boozhoo Amík Famílies!

We have made it through the first month of school, we spent some time transitioning back into school and establishing routines. We learned some new things about each other as well, a great start to the school year it has been.

We've been working on things such cleaning up, using silverware during mealtimes, using a cup without a lid, and we've been incorporating more Ojibwemowin into our classroom with the help from Miss Haley. We get the opportunity to have Miss Haley come into our classroom during lunch time to work on Ojibwemowin with the children and the teachers.

During the month of October we will be focusing on shapes, all things fall, and continuing to work on individual goals for each child.

We are working on sign language and Ojibwemowin, some of the commands/phrases we would like to work on are below.

Ojibwemowin/Sign Language

More—nawaj

Eat– wiisini

Please- daga

Thank you— Milgwech

Hello- boozhoo

Goodbye/See you later- gigawaabamin

Ojibwe Words of the Month:

Dagwaagin— it is Fall

Waawiyebii'igan—Circle

Gakakaa— Square

Ode'—Heart

If you have any questions or concerns, please reach out.

(715) 779-5030 Classroom ext. 2525 Office ext. 2526

Important Dates/Reminders!

10/6: No School Day

10/9: Indigenous Day/Tribe Closed

10/13: No School Day

10/20: No School Day

10/27: No School Day

- Drop off is at 7:30am / Pick up is at
 - 3:30pm.
- Please pack at least one change of clothes to keep in the classroom.

Milgwech,
Miss Tiff & Mrs Andrea

October News

Boozhoo Makwa room! It's been a busy and fun first month of school. The children have settled into their new classroom and we are looking forward to the rest of the year. This month we will be working on fall harvest, self help skills, and making pumpkin volcanos!

When we play, we like to get messy so please send extra clothes.

Miigwech Ms. Kelsey & Ms. Judy

715-779-5030 ext. 2544

Gibakade na? - Are you hungry?

Minopogwad- It tastes good.

Mishiimin- Apple



Esiban News

Boozhoo Esiban Families!

Welcome to the new school year, 2023-2024!

For the month of October, we will still be focusing on learning about your child.

We will be talking more about the orchards and apples, a little bit about what else grows at the orchards.

I started putting pictures of the kids around the room, they like to find pictures of themselves! We are learning how to take care of our plates and cups when we are done eating, course this will be ongoing for a while! Some of them really enjoy helping!

To the left, you will find a list of Ojibwe words of the month and important dates to remember. We will be incorporating ojibwemowin in our classroom and invite you to try these words at home!

Miigwech! Miss Gena Miss Caitlyn

Contact us at:

(715) 779-5030

Office Extension: 2542

Classroom Extension: 2541



Ojibwemowin

- Mishiimin Apple
- Miskwaa It is red

<u>Important Dates</u>

- October 6th 8th is Applefest.
- October 9th is Indigenous Peoples Day
- October 31st is Halloween.

Drop off is at 7:30am

Pick up is at 3:30pm

Please bring 1-2 extra outfits to keep in the classroom Please put initials on the tags.





OCTOBER

mashkode-bizhiki newsletter



we are learning



Boozhoo mashkode-bizhiki families!! During the month of October we will continue on with our beginning of the year/ all about me study & Marvelous me! We are still exploring our classroom with all of our friends and getting to know our daily schedule. We play outside daily and with the weather changing we ask that you send your child to school with warm clothing to keep them comfortable while being outdoors. Miigwech!

important dates

October 6-8 - Apple Fest
October 9 - ECC closed
October 25 - Dental Screens
Family Night Event - TBD

ojibwemowin

mishiimin - apple minogiigidon - use kind words ginibwaakaa - you are smart ningizhewaadiz- i am loved niminwendam - i feel happy/good

ms. nadine, ms. tatum & ms.gerri

contact us

phone: 715-779-5030 ext. 2547

email:

nadine.cadotte@redcliff-nsn.gov tatum.hanson-gordon@redcliff-nsn.gov



MA'IINGAN BIDAAJIMOWIN



Binaakwe-Giizis 2023 (Falling Leaves Moon)

Boozhoo gakina awiya.

We have had an amazing start to the 2023-24 school year. We have been exploring the classroom and the school forest and getting to know one and another.

For the month of October, we will be focusing on the beginning of the year study which focuses on building a strong classroom community. We will be learning what to do at school by exploring our surroundings and having lots of fun. Some of the questions we will be focusing on are When do things happen at School? Who works at our school? What sounds do we hear at school?

We started the Second Step Curriculum in the middle of September and will be sending home a letter each week that corresponds to what we are learning in the classroom. The curriculum is a comprehensive approach to building supportive communities for every child through social-emotional learning.

Please fill out the family enrichment homework assignment form and return it to the center by the last day of each month. The form is a checklist of activities you and your child can do at home. This is a wonderful way for the center to get in-kind throughout the school year.

Our cultural coordinator Ms. Haley has been coming into the classroom and focusing on speaking Ojibwe to the students. We will reinforce what we know and will be focusing this month on the sentences for Gibakade na? Are you hungry? Nimbakde. I am hungry, Awegonen waa-miijiyan? What are you going to eat? And Gidebisinii na? Are you full?

Reminders: Send an extra set of clothes and mud boots if you have them.

Classroom hours are 7:30am-3:30pm. If you need to contact us we can be reached by email: alicia.deperry@redcliff-nsn.gov, gina.lagrew@redcliff-nsn.gov, or our classroom office phone at 715-779-5030 ext. 2545.

INAGINZO - DATES TO REMEMBER

October 6th-8th - Bayfield Apple Festival
October 9th - Indigenous Peoples' Day - ECC
Closed

OJIBWEMOWIN - THE OJIBWE

LANGUAGE

Okosimaan – Pumpkin

<u>Dagwaagin</u> – It is fall.

<u>Aniibiish</u> – A leaf

<u>Dibiki-giizis</u> – Moon

Bawa'am – Harvest wild rice



Miss Alicia & Miss Gina



OCTOBER

From the MIGIZI ROOM

Ms. Diann, Ms. Chandaria 715/779/5030 ext2540



REMINDERS

The leaves are changing colors fast now and soon the hillside will be a canvas of beauty.

This month we will be working on our Listening skills in the Second Step Curriculum. We will continue with the seat belt study and start Learning Traffic Safety in the Talking About Touching Curriculum. We will continue with our Start of the year studies in the Teaching Strategies curriculum. Handwriting without tears we will learn more about Mat Man.

With the weather getting colder please send your child with warmer clothes due to us going outside to play each and everyday. Also, it's real nice for your child to have a pair of water boots.- If they get their feet wet early in the morning it makes for a long uncomfortable day with wet shoes and socks.

October Reminders- Oct 9- Indigenous Day no school,

We will be working on learning how to

Gibakade na? (Are you hungry?)

LITERACYATHOME

I Spy Rhyming Game: Play I Spy with your child. To play, choose an object in sight and then say "I spy with my little eye something...." Give your child descriptive dues to guess the object. For a challenge, use only rhyming words for dues, For example if you chose a coat as your object, say, "I spy with my little eye something you wear that rhymes with goat, float and boat." Take turns being the person who gives dues.

MATHATHOME

Toy Sort: Gather 10 small toys in a pile. Show your child how to sort them by making piles that are they same color. Mix them up and have them try sorting by color. Then try sorting them a different way together such as by shape, size, and type of toy. How many different ways can your sort the same toys? Talk about which piles have more, less or are equal.

TAKING CARE OF ME AT HOME

I Can Wash My Hands: There are many steps to washing hands-turning on the water, getting soap, scrubbing hands, rinsing, turning the water off, getting towel, drying hands, and throwing a paper towel away. Help your child learn how and when to wash and dry their own hands such as after using the bathroom, before eating, and when their hands are dirty. Step by step wash and dry your hands together, showing your child how you do it.







88455 Pike Rd. / 89830 Tiny Tot Drive (Physical) Bayfield, WI 54814 (715) 779-5030 FAX (715) 779-5046

September 19, 2023

Aaniin! Due to the recent increase in COVID cases in the community we wanted to get this out to everyone. Below are the guidelines for ECC children who test positive and ECC children who live with a positive person.

If a child tests positive the family is asked to contact the Red Cliff Community Health Center. The child must be out of school for 10 days due to children this age having an issue wearing masks consistently and appropriately. Day of testing positive is day 0 with ten days following being their time out of school and day 11 being their return to school date.

If a child lives in a house with a positive person, they must be out of school for 5 days and may return if they test negative and there are no symptoms. Should the child develop symptoms at school they will be sent home and asked to remain home until all symptoms are resolving.

The ECC is doing everything we can to keep rooms open and making sure we are providing safe and quality services at the same time. We understand that these guidelines can make it challenging for families and will keep everyone posted on updates or changes as they occur. We appreciate your ongoing support.

If you have any questions, please contact Jenn Leask at 715-779-5030 ext. 2651.

Miigwech,

Jennifer Leask ECC Administrator



Red Cliff Early Childhood Center Policy Council Meeting Minutes Tuesday, August 8, 2023 @ 10:00 am Virtual



Meeting called to order by Chairwoman Linda Christiansen @ 10:05 am.

Policy Council Members Present: Linda Christiansen, Audra Blanche, Lacie Defoe, and

Kennedy Defoe

Absent: Melissa Armagost

Staff/Other Present: Kathy Haskins, Education and Abilities Manager, Jamie Goodlet-King, Center Director, Julie Erickson, Social/Emotional Support Specialist, Cindy Garrity, Family Service Manager, Jennifer Leask, Administrator, Patt Kenote DePerry, Health Manager and Jennifer Defoe, Family Enrollment Specialist.

Approval of Agenda

Motion by Kennedy to approve the agenda, seconded by Audra, all in favor, motion carried.

Approval of Minutes

Motion by Kennedy to approve regular Policy Council minutes for June 11th, 2023, second by Audra, all in favor, motion carried.

Menu: September 2023

Motion by Kennedy to approve September 2023 Menu, second by Audra, all in favor, motion carried.

Financial Report

Jamie informed the policy council that we still have a total of 8 vacant positions, with these vacant positions we have excess monies that we will have to do budget modification on. Monies are being spent on outdoor classrooms. The bus barn is up, and fences are still getting put in for the outdoor classrooms. The policy council was invited to stop down and check the areas out.

Program Summary

July report was given to the policy council with no questions. Will forward to Tribal Council.

Update on Program changes

Jamie let the policy council know that Head Start is required a total of 1020 hrs. and Early Head Start are required 1380 hrs. for the year. They have talked with the T/TA representative, and she said that they can set the hours as they see fit.

• The classroom hours for SY 23/24 are 7:30-3:30 Mon-Thur. Head Start and Early Head Start 7:30-3:30 Mon-Fri. In the month of September there will be school every Friday for Early Head Start and October there will be no Friday's. Starting in November Early Head

- Start will have class the first Friday of each month. Just a reminder that Head Start does not have school on Friday's.
- There will only be 1 Head Start classroom that will house all the 4K students. 4K classroom time goes from 7:30-12:30 and then students will have regular classroom time.
- There will be no Waabooz classroom opening at the beginning of the year due to staffing. Once we hire more staffing, the classroom will re-open.

Other

Discussion on meeting face to face. Right now, they would still like to meet virtual. We opened it up to those that want to meet face to face along with virtual.

Minutes taken by Cindy Garrity, Family Services Manager

Family Service News October 2023

Mark your calendars and watch for fliers.

There will be no EHS or HS classes on Friday's in October

Watch for flier for ECC Family Night The ECC/Tribe will be closed on October 9th, 2023

ECC Policy Council Meeting
Tuesday,
October 10th, 2023 @ 10:00 am
Virtual or in person

October 27th
Trunk or Treat
at the ECC
3-6 pm

Caregiver meeting
Will meet on
Wednesday
October 18th
at 2:30 pm

ECC Family Day swant

RC Family

October 13th, 2023

Watch for Rise

October 26th
Dinner on a Dime
4:30-6:30
RC Elderly

Boozhoo From the Education and Abilities Office

During our Fall Home visits some families asked us for Information on Bedtime routines so we thought we would share with all ECC families! Here you go!

- 1. Make sleep a family priority. Set regular go-to-bed and wake-up times for the entire family and be sure to follow them -- even on weekends. You can tell that children are getting enough sleep when they fall asleep within 15 to 30 minutes of going to bed, wake up easily in the morning, and don't nod off during the day.
- 2. Deal with sleep troubles. Signs of sleep struggles include trouble falling asleep, waking up at night, snoring, stalling and resisting going to bed, having trouble breathing during sleep, and loud or heavy breathing while sleeping. You might notice problems in daytime behavior, as well. If your child seems overtired, sleepy, or cranky during the day, tell their doctor.
- 3. Work as a team. It's important to discuss and agree on a sleep strategy for your child with your spouse or partner beforehand and work together as a team to carry it out consistently. Otherwise, you can't expect your child to learn or change their behavior. If you are starting a new sleep routine for your child, make them part of the team by explaining the new plan to them if they are old enough to understand. For a young child, try using a picture chart to help your child learn the new routine, showing actions like changing clothes, brushing teeth, and reading a book.
- 4. Routine, routine. Kids love it, they thrive on it, and it works. One study found that a consistent nighttime routine improved sleep in children who had mild to moderate sleep problems. It helps your child learn to be sleepy, just like reading in bed often puts adults to sleep. It can also make bedtime a special time. That will help your child associate the bedroom with good feelings and give them a sense of security and control. There is no single routine that's right for everyone, but in general, yours should include all the things that your child needs to do before going to sleep, including brushing teeth, washing up, putting on PJs, and having a snack or drink of water. Your child may want to read a book with you, talk about the day, or hear a story. Whatever you choose to do, keep the routine short (30 minutes or less, not including a bath) and be firm about ending it when it's time to sleep.
- <u>5. Bedtime snacks</u>. Children may need more than three meals a day to keep them going, so a small snack before bedtime can help their bodies stay fueled through the night. Healthy options include whole-grain cereal with milk, graham crackers, or a piece of fruit. Avoid large snacks too close to bed, especially with older kids, because a full stomach can interfere with sleep.
- <u>6. Dress and room temperature</u>. Everyone sleeps better in a room that is cool but not cold. A rule of thumb is to dress your child basically as you dress yourself, keeping in mind that very young children often kick off the covers at night and can't cover themselves.
- <u>7. Sleep environment.</u> Make sure the bedroom is dark and quiet and the noise level in the house is low. If your child does not like a totally dark room, turn on a small night light, or leave the hall light on and the door to the bedroom open.
- **8. Security object**. Bedtime means separation, and that can be easier for kids with a personal object, like a doll, teddy bear, or blanket. It can provide a sense of security and control that comforts and reassures your child before they fall asleep.
- 9. One last thing. Kids will always ask for that one last thing -- hugs, a drink of water, a trip to the bathroom, just one more book. Do your best to head off these requests by making them part of the bedtime routine. And let your child know that once they are in bed, they have to stay in bed. If they get up, don't react -- simply take them by the hand and walk them back to bed. If you argue or give in to requests, you're giving them the extra attention -- and delayed bedtime -- they want. And don't give into the "just this one time" pitfall. If you read one more story or let them stay up longer "just this once," the bedtime routine you've built could come undone.

Work Cited from Webmd.com If you have any questions about this, please give us a call.



Halloween Health & Safety Tips

- Plan costumes that are bright and reflective. Consider adding reflective tape or striping to costumes and trick-or-treat bags for greater visibility. Look for "flame resistant" on the costume labels. Wigs and accessories should also clearly indicate this.
- Make sure that shoes fit well, and that costumes are short enough to prevent tripping, entanglement, or contact with flame.
- Consider non-toxic makeup and decorative hats as safer alternatives to
 masks. Makeup should be tested ahead of time on a small patch of your child's skin to
 ensure there are no unpleasant surprises or allergic reactions on the big day. Toxic
 ingredients have been found in cosmetics marketed to teens and tweens.

GATHERING THE TREATS

- Only go to homes with a porch light on. Never enter a home or car for a treat.
- Stay in a group and communicate where they will be going.
- Carry a <u>cell phone</u> for quick communication.
- If no sidewalk is available, walk at the far edge of the roadway facing traffic.
- Never cut across yards or use alleys. Only cross the street as a group in established crosswalks (as recognized by local custom). Never cross between parked cars or out of driveways.
- Don't assume the right of way. Motorists may have trouble seeing trick-or-treaters. Just because one car stops, doesn't mean others will!

PUMPKINS AT YOUR HOME

- Never allow small children to carve pumpkins. Children can draw a face with markers. Then parents can do the cutting.
- Consider using a flashlight or glow stick instead of a candle to light your pumpkin.
- Do not place candlelit pumpkins on a porch or any path where visitors may pass close by.

Don't Forget to have an Adult check your treats before you eat anything

BE SAFE, HEALTHY AND ENJOY HALLOWEEN,

The Health Office ** PATT AND MIKAYLA



ECC ENROLLMENT CORNER



October 2023

RECRUITMENT IS EVERYONE'S BUSINESS

Do you know someone is the community that could benefit from our program? Let them know that they can reach out with question or to fill out an application. There are so many ways to apply; ECC website, in — person and on the phone. Word of mouth still remains the best way to recruit and if everyone can help recruit, our services can be reached by so many more.

IT'S HALLOWEEN TIME AND WE WANT EVERYONE TO BE SAFE

Boozhoo!

We are so excited to see everyone in school and ready to welcome the fall season. October is always a very fun month with a couple main events happening.

- Bayfield Applefest: October 6-8th
- Red Cliff Trunk or Treat: October 27th 3pm to 6pm
- Halloween Gate Night: October 30th
- Halloween: October 31st

As we get our spooky season on, safety is always a concern. On average, children are more than twice as likely to be hit by a car on Halloween. Here are a couple of tips for families:

- Carry glow sticks, wear bright colors, have flashlights, or use reflective tape on costumes and bags. Anything to help kids to see and be seen.
- Have Adults accompany children under 12 years of age.
- SLOW DOWN and be alert! Kids may dart into the street.
- · Remind kids to cross at crosswalks
- Still buckle your child into their seat even if you are only going around the block.

Let's have a fun and safe Halloween and have a great month. For more information, please visit www.Safekids.org/Halloween

We accept applications all year round

Miigwech! Jennifer Defoe, Enrollment Specialist

CONTACT INFORMATION

If you have any questions, feel free to contact the enrollment office at 715-779-5030 ext. 2533 or email jennifer.defoe@redcliff-nsn.gov.

You can visit the Red Cliff ECC website anytime, by scanning the QR code or visiting www.redcliff-nsn.gov/ECC



Binaakwe-Giizis

2023

Boozhoo!

Waa-dazhiikamaang:

Boozhoo gakina awiya,

Last month in the early headstart, we worked on a lot of words surrounding wiisiniwin (mealtime). We will continue to expand on those phrases and use them more regularly during those times of the day.

I will also continue to provide send-home information sheets that include an explanation of what we are working on and a few target vocabulary words and phrases. If you ever have any questions about pronunciation, feel free to reach out by phone any time, or try to catch me in my office at the center.

In the Head Start we worked on introducing ourselves.

Aaniin ezhinikaazoyan? (What is your name?)

indizhinikaaz (is my name).

This month we will continue to work on our names and introductions. We will also start talking about members in our family.

Indinawemaaganag (my relatives).

More resources for learning Anishinaabemowin can be found at: miinojibwe.org culture.aanji.org

AANIIN EZHI-AYAAYAN[,]

















Target vocab for this month:

Mii wa'aw ____ (this is ____)

Mii a'aw (that is)

Mii ongow (these are)

Mii ingiw ____ (those are ____)

Examples:

Mii wa'aw nimaamaa (this is my mom)

Mii a'aw indede (that is my dad)

Mii ongow nisayenyag (these are my older brothers)

Mii ingiw nimisenyag (those are my older sisters)

Niin:

Waasamoobii'igan:

Giigidowin: (715) 779-5030 ext. 2553

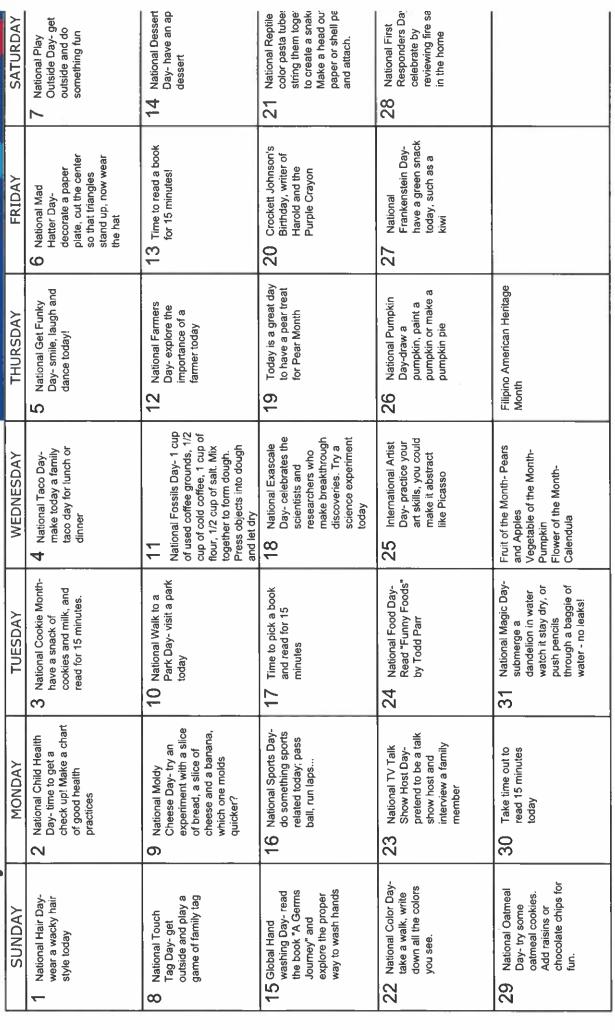
OCTOBER 2023

NWYED

Book of the Month

Funny Foods by Todd Parr

Activity Calendar





Call 9-1-1!

October 28th is "National First Responders Day" and what better day to talk to your child about when to push the numbers 9-1-1 on a phone. Talk about how we protect and take care of people we love. Ask them if they know what a firefighter or police officer protects us from? How about a paramedic who comes in an ambulance? Next. tell them that you are going to teach them how to call a firefighter or a police officer or an ambulance if something happened at home and mommy, daddy or any adult caring for them was sick and couldn't help them. Show your child three index cards. One with a 9 on it and the number 1 on the other two cards. Talk about how these numbers look. Let your child run their finger over them to see that the 1's are just straight lines and the 9 has a curve at the top. Show them your cell phone or home phone and ask them if they see the numbers that you just showed them on the index cards. Let them point to them and tell them that they can't push those buttons on the phone unless there is an emergency at home and an adult couldn't take care of them. Finally, put these three cards on your refrigerator or low cabinet using tape or magnets where your child can see them if they ever need to call 911 and have first responders come and help them!

Created exclusively for Books By The Bushel, LLC by Pamela B Connor, Ed.D



The Red Cliff Early Childhood Center 88455 Pike Rd. 89830 Tiny Tot Dr. Bayfield WI 54814 September 2023

Current Opening for the Red Cliff Early Childhood Center/

- ECC Substitute Assistant Teacher/Substitute Kitchen Staff POSTING DATE: February 21, 2023, DEADLINE: Applications accepted year-round.
- Child Care Teacher Opening Date: June 22, 2023, Deadline: Open Until Filled
- Early Head Start Center Based Teacher Opening Date: June 1, 2023, Deadline: Open Until Filled
- Head Start Assistant Teacher Opening Date: August 9, 2023, Deadline: Open Until Filled
- Assistant Child Care Teacher Opening Date: June 22, 2023, Deadline: Open Until Filled

Red Cliff Tribal Job openings



- Go to the Red Cliff Tribal Website
 https://www.redcliffnsn.gov/how_do_i/apply_for obtain/employment opportunities/jobopenings.php
- Bayfield Chamber-Job Opportunities

OCTOBER-2023

BINAAKWE-GIIZIS

NAANO-GIIZHIGAD	NO EHS/HS	NO EHS/HS	NO EHS/HS	NO EHS/HS	
NIIYO-GIIZHIGAD	5B RICE CRISPIES, BANA- NA, YGT, S GR CRACKER/PB L HAMB GR, CORN, M PO- TATO, SALAD, PEACHS S PEARS/CC	12B PANCAKE, TRK SAUSG,RASPBERRIES, CC S BFK BAR/MILK L HAM, PEAS, SALAD, MANGO,CC S BROCCOLI/CC	19B CORNFLAKES, BA- NANA, YGT S CC/PEACHES L BEEF STEW, PEAS, WG BISCUIT, CC S BROCCOLI/CC	26B WAFFLES, BERRIES, CC S GR CRACKER/PB L BEEF STIR FRY, STIR FRY, MANGO, BR RICE S FR CUP/CRACKER	
AABITOOSE	4B OATMEAL, RASPBER-RIES, WG TOAST, PB S STR CHEESE/APPLES L HAM, PINEAPPLE, PEAS, W RICE, CC S BROCCOLI/HUMMUS	11B LIFE, WG MUFFIN, APPLESAUCE, SAUSAGE S APPLE/PB L CRABBY PATTIES, FRIES, HDEW, GR BEAN S YGT PARFAIT	18B WAFFLE H/CH, PINEAPPLE, CC S CRACKER/MILK LPORK CHOP, APPLES, GR BEAN, WG BR STICK S BERRY PIZZA	25B LIFE, BERRIES, YGT, S CRACKER/CHEESE LCHIX, CORN, W RICE, CANTALOUPE S CAULIFLOWER/ HUMMUS	
Niizhoo-Giizhigad	3B HBOATS, ORANGES, WG MUFFIN, YGT S NUTRA BAR/MILK L BURRITO, GR BEAN, MANGO, CC, SALAD S APPLES/YGT	10B EGG OMELET, WG TOAST, BLUEBERRIES S GR CRACKER/PG L PIZZA, CORN, MANGO, SALAD S CUCUMBER/HUMMUS	17B RICE CRISPIES, AP- PLES, PB, WH TOAST S RICE CAKE/MILK L CHIX SP, PBJ, BROC- COLI, PEARS S CAULIFLOWER/ CHEZ	24B RICE CHEX, ORANG- ES, YGT S CRACKER/MILK L HAMB, FRIES, SALAD, CARROTS S PEACHES/CC	31B CORN CHEX, APPLES, YGT S PB/CRACKER L TOMATO SP, GR CHEZ, CORN, H DEW YGT S FR CUP/RICE CAKE
NITAM ANOKII-GIIZHIGAD	2B WAFFLE, TRK SAU-SAGE, BLUEBERRIES S RICE CAKE/MILK L CHIX WRICE SP, PBJ, CORN, TR FRUIT S CUCUMBER/CRACKR	9 TRIBAL/ECC CLOSED INDIGENOUS DAY	16B MALTO MEAL, PEACHES, ENG MUFFIN, S TEDDY GR/MILK L TACOS, PINEAPPLE, CORN S FR CUP/CHEESE IT	B23 PANCAKES, BER- RIES, YGT S NUTRA BAR/MILK L TOMATO SP, GR CHEZ, CORN, PEARS S CUCUMBER/HUMMUS	30B EGG COMBO, PINE-APPLE, CC S CHEESE IT/MILK L PORK CHOP, GR BEAN APPLESAUCE, SALAD S CUCUMBERS/HUMMS