

RED CLIFF EARLY CHILDHOOD CENTER

Newsletter

"You're off to great
to great places.
Today is your first
day! Your mountain
is waiting, so get
on your way!"
— Dr. Seuss



Waatebagaa-Giizis
(Leaves Changing
Colour Moon)



September 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

1

Opening Ceremony

4

ECC/Tribe Closed: Labor Day

5

First Day of School

29

ECC/Tribe Closed: Treaty Day

Boozhoo—Aaniin!

Welcome back!

We hope you all enjoyed your summer and are looking forward to a great new year!!! Miigwech to all parents and caregivers for completing all necessary paperwork that our center requires. We truly appreciate it! Miigwech to all the families that completed the surveys to help us improve our services here at the ECC! There was some great feedback; we truly value your input and it is beneficial to hear about our strengths and challenges.

As we begin school, you may notice your child exhibit behaviours that you didn't see over the break. Please remember that your child is transitioning, and it may take them a little while to get back into the swing of things. Maybe it is your child's first time in a formal, educational setting so there may be a lot of adjusting that will happen. Those drop-offs may be hard, but they will get used to it.

If you have questions or concerns about your child, please reach out to your child's teachers and have a discussion with them on how your child is doing. Working as a team makes it easier for everyone, *especially* your child.

Also, routines are very important during this time! It helps them know what to expect and can help cause fewer meltdowns during the day and night. If you need help or resources on how to set up those routines, please reach out to your child's teachers. A consistent bedtime and attending class each day are key routines for success that all should strive to incorporate.

This month we encourage you all to take time to get outside and enjoy the outdoors before we are freezing with the changing of seasons! Go visit our local orchards and farms, go for a hike on some of the trails or take your children to the park. There are so many things you can do!

Chi-miigwech for sharing your child with us during the school year, and allowing us to work with your family!!

Jamie and Jenn





Red Cliff Early Childhood Center
Policy Council Meeting Minutes
Tuesday, July 11th, 2023 @ 10:00 am
Virtual



Meeting called to order by Chairwoman Linda Christiansen @ 10:11 am.

Policy Council Members Present: Linda Christiansen, Audra Blanche, Lacie Defoe, and Melissa Armagost
Absent: Nick DePerry and Kennedy Defoe

Staff/Other Present: Kathy Haskins, Education and Abilities Manager, Cindy Garrity, Family Service Manager, Jennifer Leask, Administrator and Patt Kenote DePerry, Health Manager and Jennifer Defoe, Enrollment Specialist.

Approval of Agenda

Motion by Melissa to approve the agenda, seconded by Audra, all in favor, motion carried.

Approval of Minutes

Motion by Audra to approve regular Policy Council minutes for May 22nd, 2023, second by Melissa, all in favor, motion carried.

Ratify Poll Vote for June Menu, July Menu, hiring for assistant Head Start Teacher-Consuelo Ruiz and a personnel issue -June 21st, 2023.

Motion by Audra to approve the poll votes, second by Melissa, all in favor, motion carried.

Financial Report

Jenn updated Policy Council about current fiscal year 2023. We have no carryovers. A new accountant was hired and is working with Ashley. The team is planning on meeting with him once a month. New Fiscal year we have not currently received our award letter yet. Currently we have several vacant positions.

Program Summary

At this time there were no comments or concerns about the program summary.

Other

Jenn updated the policy council on the number of vacancies. Currently there are 8 positions open, 1 new position a EHS teacher/HB teacher, 2nd cook, HS teacher, 2 EHS teachers 1 Bus driver. They will be posted out next week. ECC in service will be the week of August 21st and Enrollment will be the week of July 24th.

Discussed having a face-to-face meeting, Cindy will set up a few dates and times and get it out to all.

Executive- Nothing at this time

Adjourn

Motion by Melissa to adjourn at 10:30 am., second by Lacie, all in favor, motion carried.

_____(signature)
Policy Council Chairperson or delegate

Date

Minutes taken by Cindy Garrity, Family Services Manager

Amik News



Boozhoo Amik Families!

We hope you all enjoyed your summer, and are ready to begin another wonderful school year in our new classroom. Miigwech to you all for making it to enrollment week and home visits.

To begin our school year, we will work on transitions and establishing routines. We will be doing an "All About Me" and Apple/Orchard Study.

We are working on sign language and Ojibwemowin, some of the commands/phrases we would like to work on are below.

Ojibwemowin/Sign Language

More—nawaj

Eat— wiisini

Please— daga

Thank you— Miigwech

Hello— boozhoo

Goodbye/See you later— gigawaabamin

Ojibwe Words of the Month:

S/he enters— Biindige

Good morning— Mino Gigizheb

Aaniin Ezhi-ayaayan? —How are you?

Important Dates/Reminders!

9/1: ECC Opening Ceremony @ 11am

9/4: Labor Day/Tribe Closed

9/5: First day of classes

9/29: Treat Day/Tribe Closed

- Drop off is at 7:30am / Pick up is at 3:30pm.
- Please pack at least one change of clothes to keep in the classroom.

If you have any questions or concerns, please reach out.

(715) 779-5030

Classroom ext. 2525

Office ext. 2526

Miigwech,
Miss Tiff & Mrs Andrea

September News

Boozhoo Makwa room! We are excited to see you all and hope you enjoyed your summer break. For this month we will be working on an all about me theme and fall. We will be identifying the color of the leaves, and apples.

We try to go outside on a daily basis, (weather permitting) so please send appropriate clothing.

This month we will also try and incorporate more Ojibwemowin in the classroom as well.

If you have any questions or concerns, please call us at 715-779-5030 ext 2544

Miigwech! Ms. Kelsey & Ms. Judy

- Black- Makadewaa
-
- Red- Miskwaa
-
- White- Waabishkaa
-
- Blue or Green- Ozhaawashkwaa
-
- Brown or Yellow- Ozhaawaa



Esiban News



Boozhoo Esiban Families!

Welcome to the new school year, 2023-2024!

For the month of September, we will be focusing on learning about your child.

We will have an “All About Me” study and explore the wonders of apple orchards. Around our classroom you may find artwork displaying apple themes and mirrors for the Esiban kids to explore!

To the left, you will find a list of Ojibwe words of the month and important dates to remember. We will be incorporating ojibwemowin in our classroom and invite you to try these words at home!

Miigwech!

Miss Gena

Contact us at:

(715) 779-5030

Office Extension: 2542

Classroom Extension: 2541

Ojibwemowin

- Nashke – Look
- Miskwaa – It is red
- Mishimin- apple

Important Dates

- **09/05** – First Day of School

Drop off is at 7:30am

Pick up is at 3:30pm

Please bring 1-2 extra outfits to keep in the classroom 😊 Please put initials on the tags.



SEPTEMBER

mashkodebizhiki newsletter

we are learning

Boozhoo mashkodebizhiki families! We are so excited to meet our new class this year and welcome back our returning students! We know things are a little different this year, but we are going to have so much fun! To start things off for the new school year we are starting with the all about me/ beginning of the year study. We will also be doing a manoomin investigation. We will learn about where manoomin comes from, what it looks like, how it grows and so much more.

important dates

Sept. 1 - Open House
Sept. 4 - Tribal Holdiay
Sept. 5 - First Day of School!
Sept. 29 - Tribal Holiday

ojibwemowin

fall - dagwaagin
leaf - aniibish
cold weather - gisinaa
good morning - mino gigizheb
rain - gimiwan
wild rice - manoomin



contact us

phone: 715-779-5030 ext. 2547

email:

nadine.cadotte@redcliff-nsn.gov

tatum.hanson-gordon@redcliff-nsn.gov

ms. nadine & ms. tatum



Waatebagaa-Giizis

Boozhoo Aaniin Ma'iingan Families!

Welcome Back!! Dagwaagin Omaa ! We are so excited to be back at school!! Summer went by fast, we hope everyone enjoyed their summer vacation!

Friendly Reminder Ma'iingan Classroom times are 730am to 330pm, if there is any changes for pick up or drop off for your child or children please let us know as soon possible. If they wont be in for the day, please let us know by 9AM. Miigwech for the cooperation and understanding!! We love to see the children on their scheduled days, and times with us!!

We will be learning All About Me projects, Beginning Of The Year Study, and learning about our routines, ourselves, and our new friends. Any caregivers need to reach us at anytime of the day, 715-779-5030 ext. 2521 from 7 am to 330pm or ext 2545 after 3:30 and on Fridays. We always want to hear from families and if there is anything we need to know we love communication and feedback!

Remember Speak as much Ojibwemowin you know with our children, they are listening!

Miigwech,

Ms. Alicia and Ms. Gina

Ojibwemowin

Flower waabigwan

Leaf Aniblish

Stick Mitig

Mishimin Apple

Wiigwaasinaagan
Birchbark basket

Ziigwan Fall



SEPTEMBER MIGIZI



REMINDERS

Summer sure has flown by this year. We hope everyone had a healthy and safe summer.

We will be having a new teacher with us this year! Let's welcome Ms. Consuelo to our wonderful team!

We plan on having a very busy and wonderful year! It's sad that some of the children have moved on to their new adventures in Kindergarten but we're excited to get to know the new students coming into our room.

The first few weeks we will learn the routine of the classroom and get to know each other.

WELCOME BACK TO SCHOOL!

Ms. Diann, Ms. Chandria and Ms. Consuelo

715-779-5030 Ext. 2540

LITERACY AT HOME

Sing and Pause: This month practice singing the alphabet song together. As your child becomes more familiar with it sing to a certain letter and then pause and wait for them to fill in the letter before continuing on.

MATH AT HOME

Simon Says One and Done: To practice the concept of one, play Simon says do something one time. For example, instead of saying Simon says jump, say Simon says jump one time. Take turns being Simon and practicing doing actions one time and stopping.

TAKING CARE OF ME AT HOME

Shoes and Socks Races: Choose easy shoes/socks for your child and you to practice together. Step by step, put on your socks and shoes at the same time, showing your child how you do it. As they become more comfortable, see who can put on their own socks the fastest, then their own shoes. Practice having your child independently put on their socks and shoes and buckle them, or ask for help tying them.



September Themes

Beginning of the Year Study, SS-Welcoming, TBT- Personal Safety

Meet the Teacher

Miss Kayla



It's Me. Hi! I'm the teacher, It's me.

I am Miss Kayla and I will be one of the Waabooz teachers this year! This will be my third year teaching at the ECC and I will be starting this school year by having my first child and getting married! I love my nieces and nephews, music, art, and traveling.

I'm so excited to be here to begin your Early Education journeys with you all and can't wait to get our first year together started!

"It's not our job to toughen our children up to face a cruel and heartless world. It's our job to raise children who will make the world less cruel and heartless" - L.R. Knost

Education:

I am currently working towards completing my education with the goal to eventually have my bachelor's in Elementary Education with added licensure concentrations in Early Childhood Education and Special Education.

Contact Information:



715-779-5030 ext. 2524



Kayla.antos@redcliff-
nsn.gov

Meet Miss Tiff



Contact Information:

tiffannie.hanson@redcliff-nsn.gov

(715) 779-5030

Classroom Ext. 2525

Office Ext. 2526

Boozhoo!

My name is Tiffannie Hanson.

I graduated with my Associates Degree in Early Childhood Education and am currently enrolled in UW-Whitewater to receive my Bachelor's Degree.

I've been working at the Red Cliff Early Childhood Center for 7 years now, I absolutely enjoy it.

Coming to work every day and watching the children grow, learn new things, and accomplishing their goals is very rewarding.

Fun Facts About Me:

- I have two children: ages 9 and 2.
- I have four dogs: Jed, Jasmine, Journey, and Jade.
- One of my favorite hobbies to do includes beading.
- I enjoy listening to all different kinds of music.

"Play is our brain's favorite way of learning." – Diane Ackerman

Meet the teacher!
Mrs. Andrea

Hello! I am so excited for this school year! This will be my second year here at the ECC and I can't wait for the learning, fun and adventures we are going to have. I went to school and have lived here in the Bayfield area my whole life. I have a husband and 2 children.

Contact Me!

Please feel free to contact me with any questions or concerns.

(715) 779-5030

Classroom Ext. 2525

Office Ext. 2526

andrea.hyde@redcliff-nasn.gov

I Like

- . Camping
- . Swimming
- . Playing Minecraft with my kids
- . Chocolate
- . Reading



Boozhoo! Meet Ms. Kelsey



Boozhoo, Kelsey nindizhinikaaz , Mashkiiziibii nindon-jibaa nigig nindoodem.

I am one of the early head start teachers, I have been teaching for 6 years and loved every minute of it.

I became fascinated with the ECC when my daughter first attended at the age of 18 months. I was so impressed and really could not believe they managed to have 8 toddlers nap at the same time!

I love taking the kids outdoors and teaching the children through play. I understand the children's first teachers are you, the parents/guardians.

I am looking forward to meeting you and getting to know your child.

If you have any questions please contact me at 715-779-5030 ext 2544

Email— Kelsey.connors@redcliff-nsn.gov

Hello Makwa Families!



My name is Judy Boutin and I am the assistant teacher working with Ms. Kelsey this school year.

I live in the Town of Russell with my husband and daughter. We enjoy gardening, 4-wheeling and watching animals run across our yard.

So far, we have seen: bears, deer, red foxes, raccoons and many turkeys.

I look forward to meeting all the families and working with your littles ones!

Meet Gena



Boozhoo! My name is Gena Mertig, and I am one of the teachers in the Esiban Room! This is my third-year teaching in a classroom at the Red Cliff Early Childhood Center. Every year I gain more experience and more confidence. I try to bring lots of laughter and tons of learning experiences. I hope you have had a wonderful summer and I am so excited to get to know your little one this year!

A little about me:

I am married and have 2 kids and 2 bonus kids; I have 3 grandchildren who are fun and growing up fast! I have 4 dogs that are crazy and make us laugh and (cry), lol!

I have a 11-year-old foster son Donnie that has been with us since November of 2021, it's been a crazy ride for sure!

Ribbon skirts are my thing, but I like to do many crafts!



Contact:

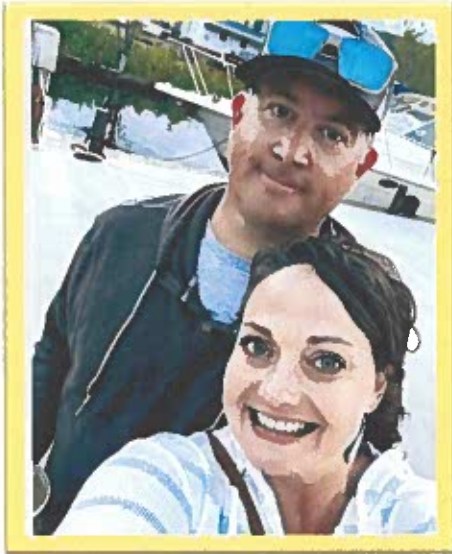
eugena.mertig@redcliff-nsn.gov

715-779-5030

Office Ext. 2542

Classroom Ext. 2541

Meet Ms. Nadine



ABOUT ME

I am starting my 21st year at the ECC and know in my heart this is where I am meant to be. I am married to my husband Jay, and am a mamma of four kiddos- Meradith, Parker, Olive, and Henry.

FUN FACTS

- I love, love, love spending time with my grandma. One of my favorite places to be is with her!
- I enjoy restoring furniture and getting Crafty!
- I could eat pizza every day.
- Vacations and Coffee make me happy!



CONTACT INFO

nadine.cadotte@redcliff-nsn.gov

715-779-5030 ext. 2547

Meet the Teacher

MS. Tatum



IN OUR CLASSROOM YOU
WILL BE PART OF A
FAMILY.



MY FAVORITES:

Food: Spaghetti

Hobby: Spending time with
family

Flowers: Sunflowers

Drink: Coffee

Season: Fall

Color: Yellow

Animal: Dog

ABOUT ME:

I'm starting my second year here teaching in the mashkodebizhiki classroom. I married my high school sweetheart in May of 2022 and we have three fur babies. Bambi, Baxter and Bailee. I'm so excited to meet our new class and learn so much this next year!



CONTACT INFORMATION:



715-779-5030 ext,2547



tatum.hanson-
gordon@redcliff-nsn.gov

YEAR BOOK

Grade: Head Start Ma'iingan Room
Teacher: Ms. Alicia



Aaniin Boozhoo !! Ms. Alicia Nindizhinikaaz, Miskwaabiikong Nindoonjibaa. Maang Nindoodem. Gikinoo'amaagewikwe Red Cliff Early Childhood Center. I feel super blessed !! starting off my fifteenth year at ECC. I am so **EXCITED** for this School Year! I'm very passionate on teaching and learning with children as they grow and learn!! I have my AA degree in Early Childhood Education, studied Ojibwemowin and Native studies in College. Miigwech Bizindawiyeg!



I love to be a Mama, sip coffee and spend time with my family !



My favorite Sports Teams are Green Bay Packers, Wisconsin Badgers, Milwaukee Bucks and Milwaukee Brewers!!

715-779-5030

EXT. 2545

Alicia.deperry@redcliff-nsn.gov

Miss Gina



Boozhoo! My name is Gina LaGrew and I am a teacher in the Mai'ingan Classroom! I have held several positions at the center for many years but have been a teacher at Red Cliff Early Childhood Center since 2018. I absolutely love working here. I am so excited to get learn from and teach your children this year.

A little about me:

I have four daughters and 3 grandchildren.

I have a AA in Early Childhood Education and BAS degree in Early Childhood and Special Education.

I love reading and spending time with my family.

Pets: Lady and Cleo



Lady



Cleo

Contact:

gina.lagrew@redcliff-nsn.gov

715-779-5030

Office Ext. 2545

Classroom Ext. 2560



MEET the Teacher

→ Ms. Diann



Hi! My name is Diann and I grew up in Bayfield, Wisconsin. I graduated from WITC which is now known as Northwood Technical College with my Associate degree in Early Childhood. This is my 19th year teaching Head Start at ECC.. I love teaching Head Start.. I am so excited to get this year started and learn more about YOU!

My Favorites

Drink: Dt. Coke

Food: Pizza

Stores: Michaels and Amazon

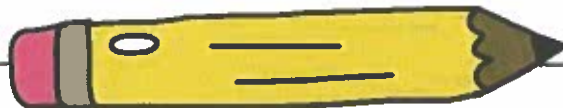
Hobbies: Sewing

Book: Audio mysteries

Season: Fall

My Family

I have a husband, a Great Granddaughter, Great Grandson and another Granddaughter. 1 dog, 1 hamster and a bearded dragon who lives with me. I love them all!



diann.viater@redcliff-nsn.gov

~Meet Miss Dria~



A little about who I am:



- I grew up in Red Cliff.
- I was in head start here at the ECC as a child.
- I am a mother to an amazing little boy.
- I love animals and I have a German shepherd named Cedar.
- I read, write, play video games, and draw in my free time.
- I love listening to music, rock collecting, riding on four wheelers, and spending time with my family.
- I love the ocean, outer space, and dinosaurs.
- I am obsessed with Pokémon and Sanrio!



Boozhoo! My name is Chandria Ludwig, but everybody calls me Dria. This year will be my second year working in the Migizi room and I am soooo excited! I'm really looking forward to this new school year and I can't wait to get to know your little ones! 😊

"We do have a lot in common. The same Earth, the same air, the same sky. Maybe if we started looking at what's the same instead of always looking at what's different...well, who knows? - Meowth



"You are who you choose to be."
- The Iron Giant

Some of my favorite...

foods: Chinese food, tacos, seafood, and cheesecake!

colors: Black, blue, green, and pink.

movies: The Last Unicorn, The Iron Giant, Tangled, The Nightmare Before Christmas, scary movies, and anything from Studio Ghibli!

shows: Pokémon, Stranger Things, Supernatural, The Good Place, Avatar: The Last Airbender, Hilda, Bluey!

video games: Pokémon, Animal Crossing, Mario, Kirby

Contact Info:

Email:

Chandria.ludwig@redcliff-nsn.gov

(715) 779-5030

Office Ext. 2540

Classroom Ext. 2530



Boozoo My Name is
Miss Caitlyn,

I'm so excited to be a
part of the
Zhawenimikaang Early
Childhood Education
Center and be helping
at the ECC this fall.

I am currently enrolled
in Early Childhood
Education Courses and
soon will become a
Lead Teacher.

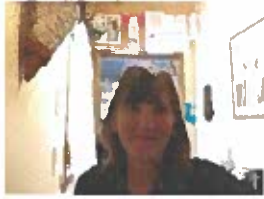


Boozhoo!

I am Miss Gerri. I am a teacher's assistant at the Zhawenimikaang Childcare Center. I am excited to be helping out at the ECC this fall. I recently graduated with my certificate of Early Childhood Education in Spring 2023 and Associates in Human Services.

I enjoy spending time with my family, I love music and doing family activities with my children. I am looking forward to meeting, helping out in the classroom and getting to know the families.





Boozhoo,

My name is Julie Erickson (aka Ms. J) I have started my 27th year here at the ECC. There is no other place in this world that I would rather be.

I have a family that consists of my husband Fred, My son Jeremy, my daughter-in-law Aimee, my Daughter Jen and my grandchildren Elise, Sullivan, Isla, Aurora, an American dingo named Titus and five laying hens. I love to do gardening, art, play my guitar for my church and go to garage sales, flea markets and thrift stores.

Miigwech bizindawiieg,

Ms. J

Social Emotional support Teacher

Red Cliff Early Childhood Center.

Boozhoo Gakina Awiya,

Niin sa Manidoo Makwa Ikwe nindizhinikaaz
miinawaa Haley Jo zhaaganaashiiwinikaaz.
Makwa nindoodem. Gaa-Miskwaabikaang
nindoonjibaa.



Niwenda-minwendaan da-nanda-
gikendamaan Ojibwemowin.
Niwenda-minwendaan da-
gikinoo'amaageyaan Ojibwemowin igaye.

Niminwendaan agindaasoyaan,
mazinigwaasoyaan, mazinibii'igeyaan,
miinawaa makizinikeyaan.

Niminwendaan igaye dazhitaayaan agwajiing.
Mii imaa noopiming ge-nanda-gikendamang.



Nimiigwechiwenimaag nindinawemaaganag
Mashkawibines izhinikaazo ninaabem.
Niswiwag niniijaanisag.
Mertell, Gekek, miinawaa Waaseyaa
izhinikaazowag ningoziisimag.
Nindayaawaanaan waabooz igaye. Ogimaa
izhinikaazo.

Gikinoo'amaagewikwe
(715) 779-5030 ext. 2553
haley.hyde@redcliff-nsn.gov

ANISHINAABEMODAA!



Family Service would like to Welcome everyone



ECC Monthly Events taking place for September 2023

- Friday September 1st, Open House @ 11:00 am.
- Monday September 4th, ECC/Tribe Closed
- Tuesday, September 5th, **First day of school**.
- Friday September 29th, ECC/Tribe Closed

All EHS Classrooms will be open on Fridays for September

Classroom Hours: 7:30-3:30

Head Start— Monday through Thursday—No Fridays

Early Head Start-Monday through Friday (except Sept. 29)



**Watch for flier on this month's Family Night Event
and Policy Council Elections.**

If you have any questions please give me a call

At 715-779-5030 ext. 2551

**Cindy Garrity
Family Service Manager**



Boozhoo ECC Families

As we start out this New School Year here at the ECC, we decided to remind everyone of the the Seven Ojibwe Teachings. Each month we will pick one of these teachings to talk in-depth about and how you can incorporate the teaching at home.

LOVE (Zaag'iwewin) The Anishinaabe are to always act in LOVE. To love the Great Spirit the same way He loves His people, because it was the love of the Creator that gave life. Children are to be loved, for children are a gift from the Great Spirit.

RESPECT (ganaadenimowin) All of Creation is to be treated with RESPECT. To show real respect is to give of themselves for the benefit of all life. You must give respect if you wish to be respected.

COURAGE (zoongenimowin) To have COURAGE is to always do what is morally right. To be proud of being Anishinaabe and to never deny the ways of life the Great Spirit gave us.

HONESTY (debwemowin) To be HONEST to themselves. To live in the spirit of how they were created. Always be honest in your words and actions.

WISDOM (gikendamaawin) To live in WISDOM and know the gifts the Great Spirit gave to everyone. To use these gifts to build a family and community filled with caring, sharing, kindness, respect, and love for one another. Wisdom is given by the Creator to be used for the good of the people.

HUMILITY (dabasenimowin) Always act in HUMILITY. One way is to always think about their family, their fellow man, and their community before they think of themselves. You are equal to others but not better.

TRUTH (Debwemowin) Always seek the TRUTH. The truth lies in the spirit. Speak the truth, do not deceive yourself. Living truth is living the seven teachings.

We really want this new school year to start out on a good note. If you have any questions, please call us at the center.

Ms. Kathy ex 2530 and Ms. J ex 2548

WELCOME BACK TO SCHOOL

2023-2024 SCHOOL YEAR

Make the first day of school easier for kids by trying the following tips.

- Take your child to visit the new school or classroom before the first day of school. Attend any available orientations and take an opportunity to tour the school. **The Red Early Childhood Center has a schedule Open House on Friday, September 01 at 11:00 am.** Many children get **nervous** about new situations, including changing to a new school, classroom or teacher. It can be helpful to rehearse heading into the new situation.
- Point out the positive aspects of starting school to help your kids look forward to the first day of class. For example, talk about how they will see old friends and meet new ones.
- Remind your child that teachers know students may be nervous about the first day of school; they will make an extra effort to make sure everyone feels as comfortable as possible. If your child seems nervous, ask them what they are worried about and help them problem-solve ways to master the new situation.

Plan for safe travel to & from school

- All passengers should wear a seat belt or use an age- and size-appropriate car seat or booster seat. Keep your child riding in a car seat with a harness as long as possible and then ride in a belt-positioning booster seat. Your child is ready for a booster seat when they have reached the top weight or height allowed for their seat, their shoulders are above the top harness slots, or her ears have reached the top of the seat.
- All children younger than 13 years of age should ride in the rear seat of vehicles. If you must drive more children than can fit in the rear seat (when carpooling, for example), move the front-seat passenger's seat as far back as possible and have the child ride in a booster seat if the seat belts do not fit properly without it.

We can't wait for your return to school...see you soon

ECC Health Office 715/779-5030

Patt (ext. 2556) and Mikayla (ext. 2555)



ECC ENROLLMENT CORNER



SEPT 2023

WELCOME TO THE 2023-2024 NEW SCHOOL YEAR

RECRUITMENT IS EVERYONE'S BUSINESS

Do you know someone in the community that could benefit from our program? Let them know that they can reach out with question or to fill out an application. There are so many ways to apply; ECC website, in – person and on the phone. Word of mouth still remains the best way to recruit and if everyone can help recruit, our services can be reached by so many more.

Boozhoo and welcome to the new school year. We are excited to see all of our families and students, new and returning. As you noticed, there have been a couple of changes this school year. Classroom hours have changed and are now 7:30 to 3:30. We also have an all 4k classroom with the other 2 head start classrooms having 3-year-olds.

The biggest change for enrollment this fall is, due to staffing, we will not be opening the baby (Waabooz) classroom or have any Home Base services at the beginning of the school year. This is only temporary, with services returning to full capacity once we are fully staffed.

If you know of anyone in the community or surrounding area that likes to work with kids, send them our way. The ECC covers the cost of required classes and pays for time to complete the classes and obtain classroom hours.

What is the best way to get information out? Word of mouth so Recruit, Recruit, and Recruit!!!! The sooner we fill staff vacancies, the sooner we can fully operate.

We accept applications year round

CONTACT INFORMATION

If you have any questions, feel free to contact the enrollment office at 715-779-5030 ext. 2533 or email jennifer.defoe@redcliff-nsn.gov.

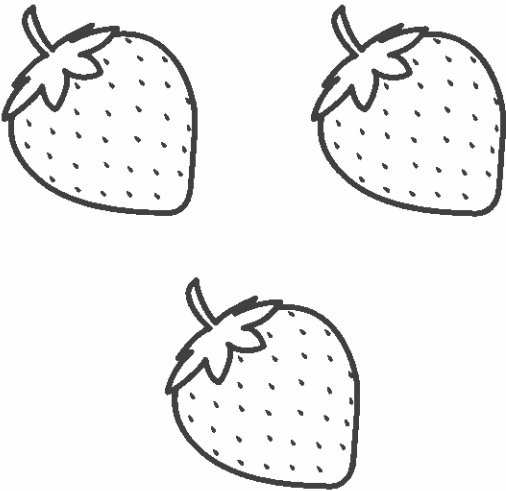
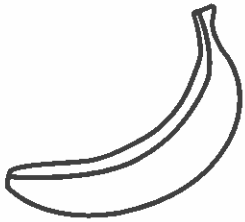
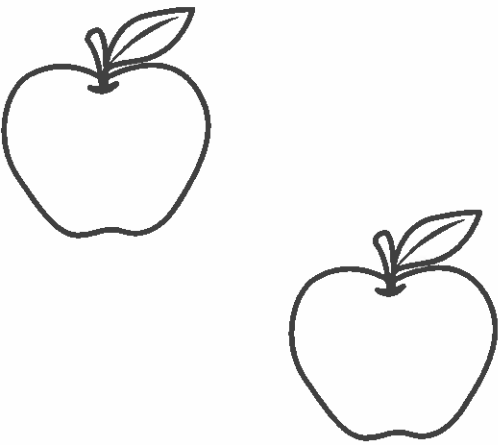
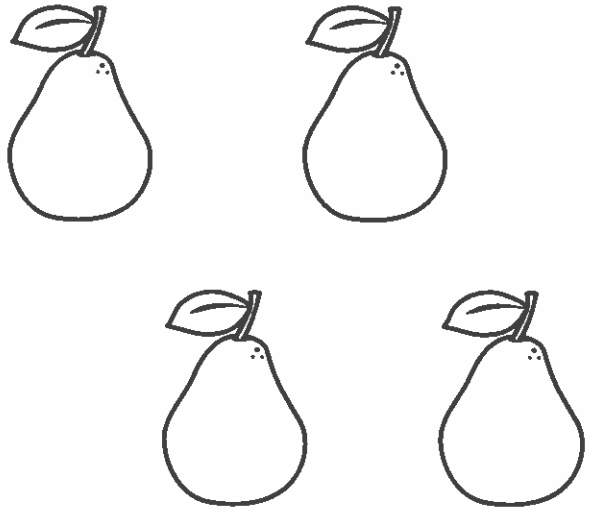
You can visit the Red Cliff ECC website anytime, by scanning the QR code or visiting www.redcliff-nsn.gov/ECC



Name _____

How Many Fruits?

How many of each fruit do you see in each box? Circle the correct answer.

 3 1 4	 2 3 1
 4 2 3	 1 4 2

Waatebagaa-Giizis

2023

Boozhoo!

Waa-izhichigeyang:

Boozhoo gakina awiya,

Mii iw apii ge-maajii-gikinoo'amaagoziyang!

It's time for back to school, we are so excited to have everyone back and see your smiling faces again.

At the beginning of this year, we will be focusing a lot on introduction speeches, as well as greetings and asking someone how they are feeling.

Here is a sample introduction that you can fill out and use:

_____indizhinikaaz (is my name).

_____indoodem (is my clan).

_____indoonjibaa (is where I'm from).

More resources for learning Anishinaabemowin can be found at:

miinojibwe.org
culture.aanji.org

AANIIN EZHI - AYAAYAN?



Here is a visual reference of what we will be using within the center to begin Ojibwe conversations with each other, asking one another how we are feeling. These will be posted throughout the building, if you would like one sent home, let us know and we can get you a copy.

NIIN

*Manidoo
Makwa Ikwe*



Boozhoo, niin sa Manidoo
Makwa Ikwe indizhinikaaz,
Haley Jo
zhaaganaashiiwinikaaz. Mii
omaa Miskwaabikaang
wenjibaayaan. Nindananokii
imaa
gikinoo'amaadiiwigamigong.

Waasamoobii'igan:

Giigidowin: (715) 779-5030 ext.
2553



Ready4K

Let's Get Ready for SCHOOL!



*10 Tips and Tricks for Dealing
with Back-to-School Jitters*



Ask, Ask, Ask Away

Going back to school is a transition for all children. It's totally normal for kids to have a hard time finding the right words to talk about back-to-school feelings. Instead, they may act out, seem grumpier than usual, or get extra clingy. Asking questions about their feelings can help kids open up and share. A few to try:

- What do you think will be the best part of the school day?
- What do you think might feel hard about starting school?
- What are you excited to learn this year?
- What worries you?

Once your child starts sharing, listen and work through any worries together.



Give a Routine Run Down

When kids know what to expect, it can make transitions easier for everyone. Start by sitting together and mapping out what your child's school day will look like. It'll help ease worry and anxiety. You can start by giving your child the answer to questions like these:

- What time will I wake up?
- How will I get to school?
- Will I bring lunch or get it at school?
- What will I do after school?

If the school offers a meet the teacher opportunity, go! Connecting with the teacher before the first day can really help kids feel ready.



3 What's the Same? What's Different?

The beginning of the school year can mean a new classroom, grade, or school for many kids. There might be plenty of things that feel different. There will be LOTS of things that feel the same, too. Talking about both can help kids feel more comfortable. Try pairing something new with something the same. For example, "Your new classroom will be on the second floor. You'll still eat lunch in the same cafeteria, though."



4 Act It Out

Meeting new teachers and making friends can make even the most confident kid feel nervous. For younger children, practicing what to say to invite friends to play can help them feel ready. You can use a stuffed animal. Show your child how you would ask someone to play. Try, "Do you want to play outside together, Mr. Bear?" Invite your child to try it too. You can also help your child practice as you read together. Try, "How would you ask this character to play? What would you play?"

For older kids, ask if they feel nervous about a certain part of the day. Work together to come up with ideas for how they might work through it. Maybe they're worried about how to join in a game during recess. Together, you can role play how they might ask to join in.



Spark Strength

Reminding your child of a time they tried something new and got through it builds their confidence. It reassures them that they can do it again! You can say something like: “I know you feel nervous about starting school this year. That’s okay. Remember when you learned how to ride your bike by yourself? You were nervous. You worked through it and figured it out! You are so strong. You can work through this too!”



Read About It

Sharing back-to-school themed books with your child can help them talk about their own feelings. They’ll realize that LOTS of kids feel just like they do. The children’s section at your local library can be a great resource. Here are a few titles to get you started:

- The Pigeon HAS to Go to School! by author and illustrator Mo Willems
- The Day You Begin by author Jacqueline Woodson and illustrator Rafael Lopez
- We Don’t Eat Our Classmates! by author and illustrator Ryan T. Higgins
- The Name Jar by author and illustrator Yangsook Choi
- A New School Year: Six Stories in Six Voices by author Sally Derby and illustrator Mika Song



Create a Transition Time Ritual

Going from home to school can be the hardest part of the day for young children. Giving your child extra love and attention during goodbyes can make things easier. Create a short goodbye ritual that's easy to repeat. It can help comfort your child. Try something like always sharing a big hug and making a funny face before you go. A silly handshake or a certain number of kisses works too.



Sleep Matters

When kids are well rested, they're better able to handle worry, anxiety, or change. It's the same for adults too! Kids often stay up later and sleep later in the summer. Shifting to a school schedule a week or two before school starts can help. Your child will feel well rested. They'll be ready to take on going back to school.



Give It Time

Remember it's totally normal for back-to-school transitions to take time. It's also normal for kids to hit bumps in the road during the first few weeks of school. Keep checking in with your child about their day. As you listen, help them name their emotions. They'll feel loved and supported. You'll feel connected to what's going on with them.

10 Notice

Give it a few weeks. If things don't seem to be getting better or you notice any big changes in their behavior, reach out. Try calling your child's teacher to talk. Start by telling the teacher what you are seeing at home. Ask them to share what they notice at school. You can also call a school counselor directly.



Good nutrition today means a stronger tomorrow!

Building for the Future with CACFP

This program receives support from the Child and Adult Care Food Program to serve healthy meals to your children.



Meals served here must meet USDA's nutrition standards.

Questions? Concerns?

Participating Agency Contact Information	State Agency Contact Information
<i>Contact Person</i> Cindy Garrity	Amanda Cullen, RDN, CD, Director
<i>Agency Name</i> Red Cliff Early Childhood Center	Community Nutrition Programs
<i>Agency Address</i> 88455 Pike Rd Bayfield WI 54814	Wisconsin Department of Public Instruction P.O. Box 7841 Madison, WI 53707-7841
<i>Agency phone number</i> 715-779-5030	608-267-9129

Learn more about CACFP at USDA's website:

<https://www.fns.usda.gov/cacfp>

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United States Department of Agriculture
Food and Nutrition Service FNS-317
November 2019



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To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: <https://www.usda.gov/sites/default/files/documents/ad-3027.pdf>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

1. **mail:**
U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410; or
2. **fax:**
(833) 256-1665 or (202) 690-7442; or
3. **email:**
program.intake@usda.gov

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Spanish Translation on Next Page



Wisconsin WIC Program Information & Income Eligibility Guidelines

Purpose:

The Special Supplemental Nutrition Program for Women, Infants, and Children (WIC) is a nutrition program for pregnant women, infants, women who are breastfeeding, postpartum women, and children younger than 5. WIC provides nutrition education, breastfeeding education and support, supplemental nutritious foods, and connections to other community services.

Wisconsin families want to raise strong and healthy kids, and WIC is here to help. Health benefits of WIC have reduced premature births, low birthweight, and long-term medical expenses.

Who is Eligible for WIC?

To qualify for WIC benefits in Wisconsin, a person must:

- Live in Wisconsin
- Meet the income guidelines (*listed on the next page*)
- Have a health or nutrition need. A nutrition assessment will be completed at the WIC clinic.
- Be pregnant; be breastfeeding a baby under 1 year of age; had a baby in the past six months; be a baby under age 1; or be a child younger than 5 years of age
- A person may qualify if someone in their family is receiving WI FoodShare, Medicaid, BadgerCare Plus, Wisconsin Works Program (W2), Temporary Assistance to Needy Families (TANF), or Food Distribution Program on Indian Reservations (FDPIR)
- Foster children, Kinship Care recipients under age 5, and pregnant foster teens are eligible for WIC

Benefits Received by WIC Participants

All participants receive:

- Screening for nutrition and health needs
- Information on how to use WIC foods to improve health
- Benefits to buy foods that help keep you and your children healthy and strong
- Referrals to doctors; dentists; programs like FoodShare, Medicaid, BadgerCare Plus, W-2, Head Start

Women receive:

- [WIC foods](https://www.dhs.wisconsin.gov/wic/approved-foods.htm) (<https://www.dhs.wisconsin.gov/wic/approved-foods.htm>)
- Information on healthy eating during pregnancy and breastfeeding
- Help with starting or continuing breastfeeding

Infants receive:

- Help with starting or continuing breastfeeding
- Infant formula, if needed
- Immunization referrals

Parents/caretakers receive information on taking care of babies

Children receive:

- [WIC foods](https://www.dhs.wisconsin.gov/wic/approved-foods.htm) (<https://www.dhs.wisconsin.gov/wic/approved-foods.htm>)
- Immunization referrals

Parents/caregivers receive information on food shopping, recipes, and feeding your child

Go to [DHS Wisconsin](https://www.dhs.wisconsin.gov/wic/local-projects.htm) (<https://www.dhs.wisconsin.gov/wic/local-projects.htm>) to locate your local WIC office to apply:

For other health information and referral services contact *Well Badger Resource Center*: Call 800-642-7837, email help@wellbadger.org or go to [Well Badger Resource Center](https://wellbadger.org/) (<https://wellbadger.org/>)

Wisconsin WIC Program - Income Eligibility Table

The income levels are based on 185% of the US Dept. of Health and Human Services Nonfarm Income Poverty Guidelines for Gross Income (*before deductions*). Applicants exceeding 185% are not eligible.

July 1, 2023 – June 30, 2024

Family Size	Income Levels				
	Weekly \$	Every Two Weeks \$	Twice Per Month \$	Monthly \$	Annual \$
ONE	519	1,038	1,124	2,248	26,973
TWO	702	1,404	1,521	3,041	36,482
THREE	885	1,769	1,917	3,833	45,991
FOUR	1,068	2,135	2,313	4,625	55,500
FIVE	1,251	2,501	2,709	5,418	65,009
SIX	1,434	2,867	3,105	6,210	74,518
SEVEN	1,616	3,232	3,502	7,003	84,027
EIGHT	1,799	3,598	3,898	7,795	93,536
ADDITIONAL	183	366	397	793	9,509

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2. fax:
(833) 256-1665 or (202) 690-7442; or

3. email:
program.intake@usda.gov

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SEPTEMBER 2023

ACTIVITY CALENDAR



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div> <div> </div> <div> </div> <div> </div> </div>						
3 Skyscraper Day- build a skyscraper out of items around the house	4 Newspaper Carrier Day- how much does a newspaper weigh and how many newspapers can you carry?	5 Cheese Pizza Day- how many slices makes up a whole pizza?	6 Read a Book Day- Take 15 minutes to read a book	7 Neither Snow Nor Rain Day- at what temperature does rain turn into snow? How much snow would it take to make a cup of water?	8 National Pardon Day- a great day to practice saying "excuse me"	9 Find 10 items in the house that are purple
10 National Grandparents Day- make a picture of you and your grandparent(s)	11 Emergency Number Day- practice emergency numbers and when it's appropriate to call these numbers	12 Day of Encouragement- make 5 positive notes to read to yourself today	13 National Kids Take Over the Kitchen Day- learn how to safely make a lunch/dinner today.	14 Gobsstopper Day- read the book "Willie Wonka and the Chocolate Factory" for a gobsstopper adventure	15 Read a book today	16 Mexican Independence create a color painting by gluing yarn on paper to make a picture choice. More the better!
17 National Clean Up Day- find a way to help clean. Your room or outside.	18 National Cheeseburger Day- draw a picture of your most creative cheeseburger. Would you put oranges on it? Or celery?	19 National Dance Day- wake up and dance today!	20 National Pepperoni Pizza Day- make a pizza, predict and count how many pepperoni's can fit on a whole pizza	21 World Gratitude Day- write about what you are thankful for. Or read the book "Bear Says Thank You"	22 Car Free Day- list other ways to get to destinations that don't use a car, then brainstorm and create a new way to travel	23 National Checkers Day- make your own checkerboard of paper and poems.
24 National Punctuation Day- Read the book "Where Are The Words?"	25 World Dream Day- create a dream catcher out of a paper plate and yarn. Add color and beads or feathers	26 Johnny Applesseed Day- have an apple snack, save the seeds and plant them!	27 Find 10 items around the house that are green	28 National Good Neighbor Day- list ways you could be a good neighbor	29 World Heart Day- have a heart shaped snack today	30 National Farm Health and Fitness Day- do 20 jumping jacks and then with a healthy



Howdy, Neighbor!

September 28th is "National Good Neighbor Day" Take a trip to the grocery store the day before this special day. Let your child pick out a few of their favorite snacks, some lemonade, a sleeve of to-go cups, and a piece of poster board. Go home and write on the poster board in large letters, "Howdy, neighbor! Stop and have a snack with me!" and let your child color rainbows and sunshines or whatever they want on the sign. On the morning of September 28th, set up a small table outside on your porch, at the end of your driveway, or in the hallway of your apartment. Put out the lemonade, special snacks, and to-go cups and sit with your child. When a neighbor comes outside of their house or drives by in their car, tell your child to hold the sign up high! Hopefully, a few of your neighbors will take a minute to stop and have a snack with your child and this small show of neighborly love will leave a lasting impression for your child.





What's for Dinner?

On September 18th, what's for dinner is a juicy cheeseburger because it is "National Cheeseburger Day!" This delicious dish is an easy one to let your child help you make for the whole family. They can help roll ball of hamburger meat and then flatten them to make patties. They can lay out cheese slices, tear off pieces of lettuce and spread ketchup, mayonnaise, and mustard on the buns. Once the patties are fried or grilled, they can use tongs (great fine-motor development skill) to pick up the burger and place it on the bun. And when the whole family is sitting down to enjoy a delicious cheeseburger on National Cheeseburger Day, your child will know that they helped to make that happen!



September 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
27	28	29	30	31	1	2
					National lazy mom's day	National Blueberry popsicle day
3	4	5	6	7	8	9
National cinema day	National wildlife day	National cheese pizza day	National read a book day	National acorn squash day	Star Trek Day	National Teddy Bear Day
10	11	12	13	14	15	16
National Grandparent's day	National Make your bed Day	National Hug & High 5 day and National chocolate milkshake day	National kids take over the kitchen day	National Parent's day off	National cheese toast & Felt Hat Day	National Dance Day
17	18	19	20	21	22	23
National Apple Dumpling Day	National Cheeseburger Day	National Talk like a Pirate Day	National Pepperoni pizza and string cheese day	National Pecan Cookie Day	National Ice Cream Cone and BRAVE day	National Family Health and Fitness Day
24	25	26	27	28	29	30
National Cherries Jubilee Day	National Family and Quesadilla Day	National Pancake Day	National Day of Forgiveness and Chocolate Milk Day	National Good Neighbor day	National Coffee and VFW day	Orange shirt day

Notes

2

SEPTEMBER-2023

WAAATEBAGAA-GIIZIS

NITAM ANOKII-GIIZHIGAD

NIIZHOO-GIIZHIGAD

AABITOOSE

NIYYO-GIIZHIGAD

NAANO-GIIZHIGAD

MILK SERVED
WITH EVERY
MEAL
1-2 YR OLD
WHOLE

MENU
SUBJECT
To

1

ECC
OPEN
HOUSE

4

HOLIDAY

ECC

CLOSED

5B EGG COMBO, TR
FRUIT, CC
S CHEESE/CRACKER
L SPAGHETTI, SALAD,
CORN, PEARS
S YOGURT/APPLES

6B CORN CHEX, BANA-
NA, YGT, WG MUFFIN
S PRETZEL/MILK
L CHIX, CARROTS, WILD
RICE, HONEYDEW
S CHEESE-IT/CUCUMBER

7B OATMEAL, WG TOAST,
ORANGES, PB
S GR CRACKER/MILK
L HAM, BABYREDS, WILD
RICE, PEAS, MANGO
S GOLDFISH GR/PEARS

8B HB OATS, BERRIES,
CC, BAGEL
S YGT/CRACKER
L HAMB HD, RICE BR,
CARROTS, PEACHES
S BROCCOLI/CC

11B WG WAFFLES, TRK
SAUSAGE, BLUEBERRIE
S NUTRA BAR/MILK
L TOMATO SP, GR CHEZ,
PEAS, SALAD, M ORANG
S BROCCOLI/CC

12B LIFE, PEACHES, CC,
ENG MUFFIN
S GR CRACKER/PB
L HAM, PEAS, W RICE,
PINEAPPLE
S ORANGES/PRETZEL

13B PANCAKES, CC,
RASPBERRIES
S CHEESE-IT/MILK
L CHIX NUGGET, MIX VEG,
TR FRUIT, FRIES
S HUMMUS/CAULIFLWR

14B RICE CHEX, BANA-
NA, YGT, WG MUFFIN
S STRING CHEZ/APPLE
L BEEF TIP, M POTATO,
CORN, WG BUN, PEARS
S BERRIES/CC

15B MALTO MEAL, AP-
PLES, TRK BACON, YGT
S NUTRA BAR/MILK
L PIZZA, GR BEAN, M OR-
ANGES, CC
S CUCUMBERS/CRAKR

18B OMELET, YOGURT,
ORANGES, WG TOAST
S OATMEAL RND/MILK
L TACOS, BERRIES, CC,
PEAS
S MANGOS/GOLDFISH

19B CHEERIOS, CANTA-
LOUPE, YGT, WG MUFFIN
S PB/CRACKER
L PORK CHOP, BR RICE,
GR BEAN, APPLESAUCE
S CARROTS/MILK

20B OATMEAL, BANANA,
YGT, WG TOAST
S MILK/PRETZEL
L MEATLOAF, POTATO,
SALAD, CORN, TR FRUIT
S FRUIT CUP/CHEESE IT

21B CORNFLAKES,
PEACHES, CC, ENG MUFFI
S NUTRA BAR/MILK
L CRABBY PATTIES,
FRIES, BROCCOLI, PEARS
S CUCUMBERS/CC

22B PANCAKES, BER-
RIES, TRK BACON
S OATMEAL RND/MILK
L BURRITO, RICE BR,
MANGO, PEAS
S BERRIES/YGT

25B MALTO MEAL, OR-
ANGES, TRK SAUSAGE
S GR CRACKER/MILK
L CHIX, CORN, M OR-
ANGES, WG BUN
S BROCCOLI/HUMMUS

26B HB OATS, APPLES,
YGT, BAGEL
S NUTRA BAR/MILK
L CHB HD, W RICE, CAR-
ROTS, YGT
S BERRIES/YGT

27B EGG COMBO,
PEARS, CC
S PB/CRACKER
L HAM/POTATO SP, BR
STIX, PB, TR FRUIT
S ZUCCHINI CHIP/MILK

28B RICE CHEX, BANA-
NA, WG MUFFIN, YGT
S GOLDFISH/MILK
L PIZZA, SALAD, PEAS,
MANGO, CC
S CHEESE IT/JUICE

29

TRIBE/ECC
CLOSED
HOLIDAY