Boozhoo. The school year is rapidly ending with less than 2 months of school left. As older siblings and other family members are starting their summer vacations, it may be more difficult to convince your ECC child to go to school. Maybe they do not want to miss staying home and playing. It could be that your family does more in the evenings and bedtimes get later, making it more challenging to get them up for school the next day. Historically, attendance in the summer months is lower on average. This could be due to family vacations, siblings being home or just because the weather is going to be nice and you want to plan a trip to the beach for the day.

While we encourage all families to fully utilize ECC center base services throughout the summer, we also understand that each family is unique and has their own needs. Whether you will be setting up scheduled days off for the summer or making those decisions day by day, we are asking that you stay connected with your child’s teachers. It is important for planning and staffing and let’s teachers prepare for the day. Please call your child’s teacher or the front desk to inform the center that they will not be attending that day.

We also recognize that later arrival times get more common in the summer months. We ask parents to remember that a late arrival, particularly after breakfast, may cause several issues, including but not limited to, behavior challenges, strong emotional outbursts and confusion. Children get very dependent on routines and changes to those routines can cause stress for the child. Please be mindful of drop off times and if your child will not be here by breakfast, please let your child’s teacher or the front desk know. Due to staffing shortages, if a child will be missing breakfast at school, we ask that parents give them breakfast at home. Breakfast is served at 8:30.

We are hoping for a warm, sunny and fun-filled summer! Please be sure to have at least one change of clothes for your child (shirt, shorts/pants, underwear and socks) that will be kept at school. Water play, outdoor painting, mud play and other messy stuff will be happening daily and we want to be sure everyone is comfortable.

Have a safe summer and remember to take time each day to be thankful for something!

Miigwech,

Jamie and Jenn
Boozhoo Waabooz room! This year has been flying by; I can not believe we will soon be in the Amik room. With the weather warming up we will be doing a lot more outdoor activities; such as, water play, painting, taking walks and exploring our school forest. Please send shoes/boots and extra clothes.

Miigwech! Ms. Kelsey & Ms. Chelby

If you have any questions, feel free to reach us at 715-779-5030 extension 2524

Here are some Ojibwe words we use in the classroom

Daga-Please    Nawaj-More     Agwajiing-Outside
Bimose-Walk    Wiisini-Eat
AMIK IN JUNE

Ode’imini-Giizis (Strawberry Moon)

IN JUNE....

This month we are going to be exploring nature, exploring outside on our playground, and what different kinds of animals live outside our school. We are also going to keep working on our clean up skills, growing our independence by making some of our own choices, as well as continuing to expand our English and Ojibwemowin vocabularies.

REMINDEMERS!!

Please continue to get in contact with the classroom (Ext. 2525) or the front office if your child is going to be absent.

As the weather gets warmer, we’re going to be spending a lot of our days outside exploring, please be sure your child has extra clothes and shoes at school, we love to paint, as well as explore the sand and water outside and sometimes we get extra extra messy!

OJIBWEMOWIN TO KNOW

Mitig - Tree
Aandeg - Crow
Makwa - Bear
Ajidamoo - Squirrel
Migizi - Eagle
Waawaashkeshi - Deer

IMPORTANT DAYS...

June 20th Closed

WE HOPE EVERYONE HAS A WARM AND SUNNY JUNE! - MS. KAYLA AND MS. LULU
Boozhoo Makwa Families!

The month of May has come and gone, now we are moving our way into June. I think we are all ready for some warm weather and sunshine! Throughout the month of June we will be learning about Dinosaurs; doing fun crafts, learning facts and reading books. We will also be focusing on individual goals based on individual needs of your child. We will also be starting a “summer” study. This will help us gear up for the beautiful weather we will soon have.

**Reminders!**

- If your child will be absent for the day, or late, please call the classroom or the main office to let us know (715-779-5030 ext. 0).

- Please remember to send your child to school with appropriate outdoor clothing (Jacket, boots, hat.)

- At least one pair of extra clothes to have at school as well, with the sand and water play (rain) it can get a bit messy being outside. So it’ll be great to have a pair of dry clothes at school. We also participate in water play in the classroom.

**Ojibwemowin Words**

- Michaa — it is big
- Niibin— it is Summer
- Dakadaawangaa—there is cool sand/beach
- Jiikendam—he/she feels happy

Miigwech,
Miss Tiff & Miss Judy

(715) 779-5030 x 2543
Boozhoo Esiban families!

We can’t believe it’s already June! This month we will be outside a lot more playing, learning, and having fun! We will be learning about bugs, butterflies, and birds this month!

Some reminders:

- Please continue to bring extra clothes for your child to have at school, some days we get messier than others.
- We ask that you bring boots and clothes for outside that are okay to get muddy and wet.
- Drop off is at 7:45am and pickup is at 3:00pm.
- Please try to call us or the front desk by 8:30am if your child won’t be in for the day! Miigwech!

- Miss Gena & Miss Shannon
Ext. 2542

Giizhooya: It is warm

Waaseyaa: It is sunny

Ode’imin: Strawberry
The Red Cliff ECC will be having a **Family Picnic** at Little Sant Bay on

June 17th 2022 from 10-12

All Home Base families are welcome to come on out and enjoy a picnic lunch and spend some time with your child at the beach.

Bring a Lawn chair or a towel to sit on.

If you have any questions, please contact

Cindy Garrity or Mikayla Defoe Topping.

You can reach them at 715-779-5030 ext. 2551 or 2555

June’s theme is *Fruits and Vegetables*. Try these fun activities to learn

**Talk Together**

- **For your baby:** Name the foods that your baby eats. During meals, ask your baby “Would you like some banana? How about more carrots?” Though she doesn’t understand you yet, by talking about these objects over and over you are helping your baby understand that a word (“strawberry”) stands for a thing (a sweet red fruit). When you are at the supermarket, you can also point out the fruits and vegetables that your baby likes to eat. Soon, your baby may be pointing out the ones she

- **For your toddler:** June is when gardens begin growing and when early crops (like strawberries) are ready. During meals, talk about the different fruits and vegetables your child is eating. Ask her which she likes best. Talk about their colors and textures. When you are at the supermarket, talk about and show your baby the variety of fruits and vegetables in the produce section. Let her touch the spiny pineapple, the fuzzy kiwi, the smooth pepper, the bumpy broccoli. Let your toddler pick one new fruit or vegetable to take home and try to eat. Does she like this

  Garden- Gitigaan
  Carrot-okaaadæk
  Strawberry-ode’imin
Boozhoo gakina awiya.

During the month of June, we will be focusing on our bugs and insect’s study. We will be learning about where bugs and insects live, how they change, what they eat, which ones fly or crawl, and which ones live in our community. Our activities incorporate goals such as letter and number recognition and Ojibwe language and culture.

We will also be making lots of muddy things in our outdoor mud kitchens, water tables, and sand boxes and may just run through the sprinklers when it gets warm enough so please send some extra clothes to school.

It’s already the month of June and the end of the year is approaching fast. If you have any paperwork that was sent home, please fill it out and return it.

The classroom hours are 7:45am – 3:00pm Monday through Friday. We can be reached by email: nadine.cadotte@redcliff-nsn.gov, gina.lagrew@redcliff-nsn.gov, or our classroom office phone at 715-779-5030 ext. 2547.

Reminder: Fill out the Family Enrichment form and turn it in each month.

<table>
<thead>
<tr>
<th>DATES TO REMEMBER</th>
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<tbody>
<tr>
<td>Friday, June 17th</td>
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<tr>
<td>Sunday, June 19th</td>
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<tr>
<td>Monday, June 20th</td>
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<tr>
<td>Tuesday, June 21st</td>
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<table>
<thead>
<tr>
<th>OJIBWWMOWIN - THE OJIBWE LANGUAGE</th>
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<tr>
<td>Imbaabaa - Father</td>
</tr>
<tr>
<td>Azhashik – Mud</td>
</tr>
<tr>
<td>Waanzhibiyaa - Puddle</td>
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<tr>
<td>Waabigwan - Flower</td>
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<tr>
<td>Manidoosh - Insect</td>
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<tr>
<td>Manidoonsikaa - Bugs</td>
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<tr>
<td>Asabikeshiinh - Spider</td>
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<tr>
<td>Enigoons - Ant</td>
</tr>
<tr>
<td>Oojiins - Fly</td>
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<tr>
<td>Moose – Worm</td>
</tr>
<tr>
<td>Memengwaa – Butterfly</td>
</tr>
<tr>
<td>Biimiskodisi – Snail</td>
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<tr>
<td>Aamoo – Bee</td>
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</tbody>
</table>

Miss Nadine & Miss Gina
JUNE

ODE’IMINI GIIZIS

Boozhoo Aaniin Ma’iingan Families!

Summer is finally here! We are so excited about the warm weather. Friendly reminder that we do go outside daily, even though it is nice outside, we can get dirty in our play. So we ask to send weather appropriate clothing to school with your child or children. Please don’t forget extra clothes.

Ma’iingan Classroom times are at 745 am to 300pm, if there is any changes for pick up or drop off for your child or children please let us know in between those times. Migwech for the cooperation and understanding!! We love to see the children on their schedule days, and times with us!! The count down to Graduation is here!! July 22 2022.

We will be learning number recognition, letter sounds, counting, grouping, sorting, rhyming words, writing our names, self help skills, summer themed projects and learning our Bug/Plants unit this month. Our butterflies hatched an the children loved learning about the lifecycle of butterflies.

Remember Speak as much Ojibwemowin you know with our children, they are listening! Stay safe and be well!!

Miigwech, Ms. Alicia, and Mr. Joe

Ojibwemowin

Flower waabigwan

Leaf Aaniblish

Stick Mitig

Ode’imin Strawberry

Wiigwaasinaagan

Birchbark basket

Niibin Summer
Here it is June already here and we are on the way to have a fun summer.

Our room has been busy learning about the life cycle of trees, chickens, plants, and butterflies. We have hatched six eggs into chicks, planted seeds which are starting to grow and now our butterfly larvae have hatched into butterflies.

In June we will start our Bug session from the Teaching Strategies Curriculum. We will be learning about using our hands nicely in TBT and in SS we will focus on how not to become a bully and what we should do when we are bullied.

Ms Diann and Ms. Haley
715-779-5030 ext 2540

We will be spending more of our time outside and in the school forest. Ms. Haley will be teaching words in Ojibwemowin and having activities that helps us learn about our culture.

Please remember to call us if your child is experiencing any type of illness. It also helps if we know about other people in the house sick. We want to keep all the children safe and healthy. Thank you.
Meeting called to order by Chairwoman Linda @ 11:07 am.

Absent: Joanne Peterson, Nick DePerry and Amaris Andrews-DePerry

Staff/Other Present: Jennifer Leask, Administrator, Jamie Goodlet-King, Head Start/4K/Early Head Start Director, Mikayla Defoe-Topping, Health/Family Service, Kathy Haskins Education and Abilities manager, Jennifer Defoe, Enrollment Specialist and Julie Erickson, Launch

Approval of Agenda
Motion by Danielle to approve the agenda, seconded by Tara, all in favor, motion carried.

Approval of Minutes
Motion by Tara to approve regular Policy Council minutes for March 15, 2022, second by Danielle, all in favor, motion carried.

Menu: May 2022 menu and review changes to March menu
Motion by Danielle to approve the May menu with no changes to March menu, second by Tara. In discussion, the kitchen will adjust the menu to add food that needs to be used up in the freezer that is equivalent to food groups, all in favor, motion carried.

Program Summary
Policy Council went through the monthly additions in the Program Summary.

Financial Report
Temporary wage increase was okayed with no questions for homebase, and we will know by the end of May if OHS wages doesn’t happen, if not the wages will go back to prior wages. Still working on upgrading things for classes. The PODS are coming to help with storage. Admin is working on getting funds spent just waiting on reports from accounting. Question was asked if the Homebase will drop from 3 teachers to 1? Yes, there will only be one homebase teacher. This is due to the decrease in enrollment. Currently there are 8 children and 1 prenatal enrolled. We are still waiting for OHS approval. Currently management handles the homebase children with meeting their needs.
**Classroom Closing update**
Jamie and Jen went over all the reasons the ECC has closed with the policy council from the beginning of school year in September to current. We need to make sure that we are in ratios to keep our rooms open. Management staff have been going into classrooms to help assist and to keep the classroom from closing. Questions and concerns from policy council, have we checked with colleges for help and retired teachers and or fill in people, yes we have. What about closing 1 classroom each week. Anyone that would be here will still need to be qualified to be in the room. Question asked if the Teacher could possibly relay to parents why they are closing. Jen stated that she would work on getting a note to the parents explaining the reasons for the closure.

**Other**
Discussion on Mental Health Consultation- Jen and Jamie explained that the ECC will need a signed release submitted to the center for the mental health consultant to see a child individually because our current Mental Health Consultant is through the Launch program and not the ECC.

**Executive**
Nothing in executive.

**Adjourn**
Motion by Tara to adjourn at 12:04 pm., second by Kennedy, all in favor, motion carried.

______________________________ (signature)
Policy Council Chairperson or delegate

______________________________ (Date)

Approved on 5-17-2022

Minutes taken by Kathy Haskins-Education and Abilities Manager
June Family Service Newsletter 2022

Ideas by the Bushel:
Little Dinos Don't Hit
by Michael Dahl

Little Dino is learning the lesson that hands are for helping, not hitting! This is a great way to stop your child from hitting by reminding them every time they start to hit or after they hit that they should use their hands for helping. Make sure to give positive recognition when you watch your child using helping hands. Take your child's hands and dip them in paint and then let them make two handprints on a piece of paper that you can display on your refrigerator. Each time your child used helping hands, let them add a sticker to one of the handprints. When the handprints are covered with stickers, give them a special treat!

Created exclusively for Books by the Bushel, LLC by Pamela D. Conner, E.D.D

Upcoming events
*June 17th - Family Picnic at Little Sand Bay from 10-12
*June 19th - Father's Day

Save the Date
Red Cliff ECC Head Start and Early Head Start Graduation July 22nd 2022
Watch for fliers

For more information contact
715-779-5030
Cindy Garrity at ext 2551
Mikayla Defoe-Topping at ext 2555
Boozhoo from the Education and Abilities Offices

During our observations of children in the classroom, we use tools to help us better observe and assess each child’s development and observe each teacher and their engagement with their students. One tool that we use is the CLASS observation tool. This tool is broken down into categories, with each category having a specific thing it is looking for. The categories are: Positive Climate, Teacher sensitivity, Regard for Student Perspective, Behavior Management, Productivity, Instructional Learning Format, Concept Development, Quality of Feedback and Language Modeling. Using this tool allows us to support teachers where they may need it, allowing the children to get the most out of their day.

School is not the only place these areas can support child growth and development. For example, Language Modeling promotes caregivers (teachers, parents, etc.) to model language use, use open ended questions and encourage back and forth verbal exchanges. This is easy to do at home and is probably something you already do but don’t realize it. Have frequent conversations with your child; ask a lot of open-ended questions that don’t result in a yes/no answer (what was the best part of your day?); use a lot of repetition; do self-talk (talk about what you are doing as you go) and parallel talk (talk about what they are doing as they go). Language Modeling also includes using advanced language “big words” that many people feel children do not understand. The more they hear these words the faster they understand the meanings and are more likely to build a larger and stronger vocabulary. All these things can be done at any age, even with infants.

We will pick up on a few more areas in our next newsletter. We hope you are enjoying the nice weather outside and spending time outside. Children eat better and sleep better when they have time each day to spend in the great outdoors.

Remember the importance of having your child here in the morning before breakfast. This lets your child settle in for the day. When they come in late, they do not understand why they are not able to do their normal routine (play, eat breakfast, hear a story, etc.). This can cause behavior issues, sadness or confusion. If your child will be late, please be sure to call your child’s classroom or front desk to let them know.

Take Care,

Ms. Kathy and Ms. J
Did you drink your milk today? Milk is an excellent source of nutrition and contains many nutrients that are important for a healthy body. Nutrients include calcium, iron, magnesium, phosphorus, zinc, copper, selenium, thiamine, riboflavin, niacin, vitamins B6 & B12 and vitamins A & D.

Milk is a rich source of calcium, which is good for developing strong bone structure in kids and maintaining healthy bones in adults.

The protein in milk provides a nutritional boost and keeps children hydrated between breakfast and lunch, helping them concentrate and learn.

The omega-3 fats in whole milk helps the brains of 1-2-year-old develop.

Milk fortified with vitamin D supports cell growth, a healthy immune system and increases serotonin (the feel-good hormone). You can also get Vitamin D from the sun and some foods.

Breastmilk supplies nutrients in the proper proportions for the child.

It protects against infections, allergies, sickness, disease, and obesity.

Breastmilk is easily digested – no constipation, diarrhea, or upset stomach.

Breastmilk is available whenever baby needs it, always at the right temperature, clean and free.

June is dairy month! Enjoy your favorite dairy products to help promote a healthy body! It helps you grow, be strong, and be alert to learn.

Happy Summer!

Ms. Patt and Ms. Mikayla

ECC Health Office
**ECC ENROLLMENT CORNER**

**June 2022**

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**PAPERWORK AND WHY ITS IMPORTANT TO STAY UP TO DATE**

There are many required documents that we need from parents such as health releases, family updates, ASQ's, copies of income and many more. It is so important that parents fill these out and return as soon as possible. Toward the end of July, we will be doing an Enrollment Week where families will need to come and make sure that all required paperwork and documents are completed, current and handed in.

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**ANNUAL UPDATE PACKETS**

With spring home visits done with your child’s teachers, you were given an annual update packet. There are several important forms that may have been included. Not all families had to fill out all the forms. The Nutrition Assessment form was for an update for the upcoming school year for returning head start children. The CACFP enrollment form is for all children returning in the fall. This form is an annual form that needs to be signed for our Child and Adult Care Food Program that provides free meals to all children at the center. The Family Outcomes Assessment is filled out at the fall and spring and is a tool used by the Family Service to help assist families through out the year. It is very important that these forms are filled out and returned to your child’s teachers. If you have any questions about these forms, you can contact the Health office (ext. 2556 or 2555) or the Family Services (ext. 2551 or 2555).

**Save the date! ECC Enrollment Week will be at the end of July. Look for more information soon.**

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*Migwech! Jennifer Defoe, Family Service Enrollment Specialist*

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**CONTACT INFORMATION**

If you have any questions, feel free to contact the enrollment office at 715-779-5030 ext. 2533.

You can visit the Red Cliff ECC website anytime, by scanning the QR code or visiting [www.redcliff-nsn.gov/ECC](http://www.redcliff-nsn.gov/ECC)
When kids help grow their own produce, they are more likely to eat it! If you can't create a backyard garden, consider getting a regular produce box delivery from a local gardener or take your children on a weekly trip to the farmers' market together. Farm to preschool is a great way to get your kids invested in gardening and healthy eating.

**LEARN IT**
How does your garden grow?
Every garden must start with a seed, but how does that seed become the plants we can cook and eat in our homes? This is a fantastic opportunity to teach the children in your care what a seed is, examples of seeds, and why those seeds need to become strong, healthy plants that we can harvest.

**MAKE IT**
Garden Printing
Sometimes the best art can be created without a paint brush! Cut various vegetables from your garden such as carrots, peppers, squash, zucchini, eggplant, and potatoes in half so they can be used as a stamper. Make the children a paint pallet with different colors. Ask them to stamp the vegetables in the paint and then they can make their work of art on a large piece of construction paper.

**GROW IT**
Container Gardening
Not everyone has the space to plant an elaborate garden. That's okay! You can still have a garden with a container garden. Tires, buckets, large planting pots, or even tubs can all be used as your container. Hanging baskets are great for fruits like strawberries, cherry tomatoes and herbs. Plastic containers will hold in moisture better than a clay or wood container. Fill the container with gardening soil and begin planting. Remember to check plants daily for watering needs and support your fast growing, tall plants with trellises and stakes. Plant ideas for container gardens:
- Beans
- Cucumbers
- Onions
- Tomatoes
- Broccoli
- Eggplants
- Peppers
- Carrots
- Lettuce
- Radishes

**EAT IT**
Garden Stir Fry
1/2 cup low sodium chicken broth  
1/2 tablespoon of corn starch  
1 teaspoon soy sauce  
1 tablespoon sesame or olive oil  
2 tablespoons garlic minced  
5 cups of your favorite garden vegetables  
3 1/3 cups diced chicken  
Whole Grain Rice
Mix together the broth, corn starch and soy sauce and set aside. Add oil to a large pan and sauté the garlic on high heat for one minute. Add the vegetables and cook for eight minutes until tender. Add the soy sauce mixture and reduce heat to medium. Continue cooking until the sauce thickens. Serve over 1/4 cup cooked whole grain rice for each child.

**PLAY IT**
Garden Turnover
Divide the children into equal groups, each with a unique vegetable name. Have them sit in chairs forming a large circle, with one child staring the game as the center. When the child in the center calls out one of the vegetable names, those children get up and try to find a new chair as the center tries to steal a seat. The child left standing calls out a new vegetable and the game repeats. If the center child calls out "Garden Turnover!" all the children get up to find a new seat.

**READ IT**
Growing Vegetable Soup by Lois Elhert
This easy to understand book with bold pictures talks about necessary gardening tools, gardening chores and what happens after harvesting. A recipe for vegetable soup is included! Maybe you can use produce from your own garden to make a batch of soup to share with the children.

CACFP is an indicator of quality child care. This institution is an equal opportunity employer. Learn more @ cacfp.org

**SING IT**
Bingo Was His Name O
There was a farmer who had a dog, and Bingo was his name O!  
B-I-N-G-O,  
B-I-N-G-O,  
B-I-N-G-O,  
and Bingo was his name O!
Farm to Table

Rainbow Garden

CACFP is an indicator of quality child care.
Happy Spring

Did you know that National CACFP Week is held each year the first week of spring?

CACFP Week is a national education and information campaign sponsored annually by the National CACFP Sponsors Association. The campaign is designed to raise awareness of how the USDA’s Child and Adult Care Food Program works to combat hunger and bring healthy foods to the table for adults in day care and children in child care homes, centers, and in afterschool and summer feeding programs across the country. When we all join forces and work together the message we provide is stronger and will receive more attention.

Learn more at cacfpweek.org!

Spring Sports Balloon Style: Movement on the First of Spring

Balloon Tennis
Create rackets by taping a stir stick to the back of paper plates. Using only the rackets, have your children try to keep the balloon from touching the ground. Teach tennis style scoring to the kids (who doesn’t like to say 40-Love?) or use traditional scoring to keep it simple for younger children. This is also a great physical activity to play inside on a rainy day.

Balloon Soccer
Split the children into two teams. Create a soccer goal for each team by placing a laundry basket on its side. Using only their feet have kids try to get the balloon into the other team’s goal.

Simple Spring Snacks

Fruit-a-licious Breakfast Cup
Low-fat yogurt
Whole-grain cereal
Fruit

Using a spoon, layer yogurt, cereal, and fruit in a cup to create a fun pattern.

Sassy Fruit Snake
Small bananas
Raisins

Peel bananas and cut in half lengthwise. Place two banana halves on small plate end to end, in an “s” shape. Add raisins to the top of banana as eyes.
A May Bouquet

Each of the flowers is the same as another flower, except for one. Find the flower that does not have a match and circle it. How is it similar to some of the other flowers, but not the same?
May 24, 2022

Attention ECC Parents:

COVID cases are on the rise in our community and there seems to be some confusion between the Bayfield School’s COVID policy and the ECC’s COVID policy. The Red Cliff ECC would like to send a reminder that we follow Red Cliff Tribal policy on quarantine time frames. However, since most of the children at the center cannot be vaccinated due to age, we follow a 10-day quarantine period for the purpose of not being in school.

If an ECC child is considered a close contact to an individual who has tested positive for COVID, the child is not able to return to school until 10 days from the start of their quarantine period. We use the 10-day quarantine period rather than the 5-day quarantine with masking on days 6-10 because it is extremely hard for children to leave their mask on all day at school. This quarantine period only applies to being at school. Families should follow the guidelines given to them by their health care provider regarding restrictions, allowances and other regulations.

Example: The positive case was confirmed on Monday, May 9th. The 10-day count for being out of school starts on Tuesday, May 10th with a return to school date of May 20th. The child may return after 10 days if they are healthy with no COVID symptoms. It is also expected that as soon as a family finds out their child was a close contact they notify the center and pick their child up from school.

If your child has come in contact with a positive case or has tested positive, please call your child’s teacher or the health office (ext. 2555 or 2556). Sharing dates of positive results will help us determine your child’s return date for school.

We understand that this can be hard on a family and would like to offer any support that we can. Please reach out to your child’s teacher or the family service department to discuss your needs.

We are asking for everyone’s cooperation in this matter so we can keep all students and staff healthy. If we work together, we will get through this influx of cases.

If you have any questions, please contact the health office, Center Director (ext. 2527) or Center Administrator (ext. 2561).

Miigwech,

Jennifer Leask, ECC Administrator
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<th>Sunday</th>
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<tbody>
<tr>
<td>Great Outdoors Month</td>
<td>National Fruit And Vegetable Month!</td>
<td>Aquarium Month</td>
<td>National Dinosaur Day! Read a book that has a dinosaur in it!</td>
<td>Draw a picture of all the animals you see in an aquarium!</td>
<td>World Bicycle Day! Take a bike ride together as a family!</td>
<td>Pretend you are at a camp out by making s'mores and telling a new bedtime story!</td>
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<tr>
<td>5 Practice writing different letters/words in the sand!</td>
<td>6 While eating breakfast, make a to do list together with your child</td>
<td>7 National Chocolate Ice Cream Day! Make your own Chocolate Ice Cream! (See Recipe)</td>
<td>8 World Ocean Day!</td>
<td>9 Go outside and practice drawing different shapes using chalk!</td>
<td>10 How many words can you and your child think of that start with the letter J?</td>
<td>11 Visit your local Zoo to celebrate National Zoo Month! What was your favorite animal?</td>
</tr>
<tr>
<td>12 National Children's Day! Read your favorite childhood story to your child!</td>
<td>13 Take a walk together and count how many ladybugs you see!</td>
<td>14 Flag Day!</td>
<td>15 Fly A Kite Day! Go outside and fly a kite together!</td>
<td>16 Use water and a paint brush to practice simple math problems/writing numbers on the sidewalk!</td>
<td>17 National Eat Your Vegetables Day! Eat your favorite vegetable today!</td>
<td>18 National Go Fishing Day! Play the card game &quot;Go-Fish&quot; together as a family!</td>
</tr>
<tr>
<td>19 Father's Day!</td>
<td>20 Read a new book outside to celebrate Great Outdoors Month!</td>
<td>21 Summer Begins!</td>
<td>22 Make a new summer bookmark and write down the books you read this summer!</td>
<td>23 National Pink Day! Look for pink objects in and around your house!</td>
<td>24 Celebration Of The Senses Day! Learn about your Five Senses today!</td>
<td>25 Happy Birthday Eric Carle! Read an Eric Carle Book to celebrate!</td>
</tr>
<tr>
<td>26 Discuss with your family summer activities you can do together!</td>
<td>27 National Sunglasses Day!</td>
<td>28 How many words can you and your child come up with that rhyme with &quot;hot&quot;</td>
<td>29 National Hug Holiday! Read the story &quot;Too Hot To Hug&quot; and make your own Dragon (See Activity)</td>
<td>30 Read a new summer book that has the word &quot;sun&quot; in it!</td>
<td>National Zoo Month</td>
<td></td>
</tr>
</tbody>
</table>
Chocolate Ice Cream

Ingredients Needed (for 1 serving):
- 1/2 Cup Chocolate Milk
- 3/4 Teaspoon Vanilla
- 1 1/2 Teaspoon Sugar
- Ice
- 2 Tablespoon Salt
- 2 Ziploc Bags- 1 Small and 1 Big

Directions:
- Pour Chocolate Milk, Vanilla and Sugar into Small Ziploc Bag and seal the bag
- In Big Ziploc Bag, place halfway full of ice and add salt
- Place your Small Ziploc Bag on top of the ice in the Big Ziploc bag, add more ice on top of the Small Bag and Seal the Big Ziploc Bag
- Shake Bag for about 8 minutes- Bag will be VERY Cold!
- When done, take the Small Bag out and clean off bag to remove any salt on the outside of the bag
- Stir mixture together and enjoy!

www.booksbythebushel.com
Paperplate Dragon

Materials Needed:
- Paper Plate
- Markers/Colored Pencils/Crayons
- Scissors
- Glue

Directions:
- Cut your paper plate in half
- Color/design one paper plate half to what you would like your dragon to look like
- Cut your other paper plate half in half again (to make it two quarters)
- Use one paper plate quarter to make a face for your dragon
- Glue your dragon’s face to the designed paper plate half
- Use the other paper plate quarter to design two wings for your dragon
- Glue wings to top of designed paper plate half
- Design a tail for you dragon
- Then name your dragon

www.booksbythebushel.com
Current Opening for the Red Cliff Early Childhood Center

Head Start/4k Teacher
DEADLINE: Open Until Filled - Apply Online

Head Start Bus Driver/part time up to full time
DEADLINE: Open Until Filled - Apply Online

Early Head Start Center Based Teacher - 2 Positions
DEADLINE: Open Until Filled - Apply Online

Early Head Start Home-Based Teacher-2 Positions
DEADLINE: Open Until Filled - Apply Online

Head Start Bus Driver & Family Service Worker
DEADLINE: Open Until Filled - Apply Online

Current opening for the Red Cliff Child Care

Child Care Assistant Teacher -2 Positions
DEADLINE: Open Until Filled - Apply Online

Child Care Program Director / Teacher
DEADLINE: Open Until Filled - Apply Online

Child Care Teacher - 4 Positions
DEADLINE: Open Until Filled - Apply Online

Red Cliff Tribal Job openings

Go to the Red Cliff Tribal Website: https://www.redcliffmsn.gov/how_do_i/apply_for_obtain/employment_opportunities/job_opportunities.php
<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
<th>SATURDAY</th>
<th>SUNDAY</th>
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<tbody>
<tr>
<td>1</td>
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<td>4</td>
<td>5</td>
<td>6</td>
<td>7</td>
</tr>
<tr>
<td>Decide to look for what's good every day this month</td>
<td>Say positive things in your conversations with others</td>
<td>Re-frame a worry and try to find a helpful way to think about it</td>
<td>Take a photo of something that brings you joy and share it</td>
<td>Think of 3 things you're grateful for and write them down</td>
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<td>6</td>
<td>7</td>
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<td>11</td>
<td>12</td>
</tr>
<tr>
<td>Get out into green space and feel the joy that nature brings</td>
<td>Do something healthy which makes you feel good</td>
<td>Find joy in music: sing, play, dance, listen or share</td>
<td>Ask a friend what made them happy recently</td>
<td>Bring joy to others by doing something kind for them</td>
<td>Eat good food that makes you happy and really savour it</td>
<td>Write a gratitude letter to thank someone</td>
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<td>13</td>
<td>14</td>
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<td>19</td>
</tr>
<tr>
<td>Take a light-hearted approach. Choose to see the funny side</td>
<td>Share a happy memory with someone who means a lot to you</td>
<td>Look for something to be thankful for where you least expect it</td>
<td>Speak to others in a warm and friendly way</td>
<td>Take time to notice things that you find beautiful</td>
<td>Look for something good in a difficult situation</td>
<td>Get outside and find the joy in being active</td>
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<td>21</td>
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<td>25</td>
<td>26</td>
</tr>
<tr>
<td>Rediscover and enjoy a fun childhood activity</td>
<td>Send a positive note to a friend who needs encouragement</td>
<td>Watch something funny and enjoy how it feels to laugh</td>
<td>Create a playlist of uplifting songs to listen to</td>
<td>Bring to mind a favourite memory you feel grateful for</td>
<td>Show your appreciation to people who are helping others</td>
<td>Make time to do something playful, just for the fun of it</td>
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<td>27</td>
<td>28</td>
<td>29</td>
<td>30</td>
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<td></td>
</tr>
<tr>
<td>Be kind to you. Do something that brings you joy</td>
<td>Notice how positive emotions are contagious between people</td>
<td>Share a friendly smile with people you see today</td>
<td>Make a list of the joys in your life (and keep adding to it)</td>
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</tbody>
</table>
## JUNE 2022

**ODE‘IMINI-GIZISOONS**

<table>
<thead>
<tr>
<th>Nitam Anoki-Giizhidag</th>
<th>Niizhoo-Giizhidag</th>
<th>Aabitoose</th>
<th>Niinyo-Giizhidag</th>
<th>Naano-Giizhidag</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>6B</strong> QUICHE', HONEY-DEW, YGT, TRK SAUSAG</td>
<td><strong>7B</strong> KIX, STRAWBERRIES, YGT, ENG MUFFIN, JELLY</td>
<td><strong>9B</strong> FR TOAST, BLUEBERRIES, CC, TRK SAUSAGE</td>
<td></td>
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<tr>
<td>S NUTRA BAR/MILK</td>
<td>S GOLDFISH/MILK</td>
<td>S OATMEAL RND/MILK</td>
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</tr>
<tr>
<td>L SPAGHETTI, WG BR STIX, CORN, MANGO</td>
<td>L PORK CHOP, SALAD, APPLESAUCE, CARROTS</td>
<td>L CHIX, BABY REDS, SALAD, M ORANGES, GRBEAN</td>
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<tr>
<td>S CAULIFLOWER/HUMMUS</td>
<td>S YGT/RASPBERRIES</td>
<td>S CC/PEARS</td>
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<tr>
<td></td>
<td><strong>8B</strong> CORNFLAKES, BANANA, YGT</td>
<td><strong>15B</strong> CHEERIOS, BANANA, YGT, TOAST, JELLY</td>
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<tr>
<td><strong>13B</strong> OATMEAL, BLUEBERRIES, TOAST, PB</td>
<td><strong>14B</strong> RICE CHEX, ORANGES, YGT</td>
<td><strong>16B</strong> MALTO MEAL, ORANGES, MUFFIN</td>
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<tr>
<td>S TEDDY GR/MILK</td>
<td>S GOLDFISH/MILK</td>
<td>S NUTRA BAR/MILK</td>
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<tr>
<td>L CHIX W RICE SP, WG BRSTIX, CARROT, PEACH</td>
<td>L BEEF STIR FRY, RICE, STIR FRY, MANGO, CC</td>
<td>L PORK CHOP, RICE, APPLES, YGT, GR BEANS</td>
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<tr>
<td>S APPLES/PB</td>
<td>S CELERY/HUMMUS</td>
<td>S BROCCOLI/CC</td>
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<td></td>
<td><strong>21B</strong> HBOATS, ORANGES, ENG MUFFIN, PB</td>
<td><strong>22B</strong> RICE CRISPEIS, BANANA, YGT,</td>
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<tr>
<td><strong>20B</strong> WAFFLES WG, STRAWBERRIES, YGT</td>
<td>S TEDDY GR/MILK</td>
<td>S FRUIT CUP/CRACKER</td>
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<tr>
<td>S GR CRACKER/PB</td>
<td>L CHIX, W RICE, MANGO, PEAS, CC</td>
<td>L TOMATO SP, GR CH, SALAD, HONEYDEW, YGT</td>
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<td>L PIZZA, SALAD, PINEAPPLE, CARROTS</td>
<td>S PEACHES/CC</td>
<td>S VEGGIE TACO</td>
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<td>S PEPPERS/HUMMUS</td>
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<tr>
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<td><strong>28B</strong> LIFE, ORANGES, WG TOAST, JELLY</td>
<td><strong>29B</strong> KIX, BANANAS, YGT</td>
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<tr>
<td>S OATMEAL RND/MILK</td>
<td>S NUTRA BAR/MILK</td>
<td>S CRACKER/PB</td>
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<tr>
<td>L HAMB SP, CHED SND, GR BEAN, SALAD, CANTALOPE</td>
<td>L MONGOLIAN BEEF, STIR FRY, MANGO, RICE CC</td>
<td>L MONGOLIAN BEEF, CHED SALAD, WG BR STIX, TR FRUT, CC</td>
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<td>S RASPBERRIES/YGT</td>
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<td><strong>30B</strong> FR TOAST, BLUEBERRIES, CC, TRK SAUSAGE</td>
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<td><strong>27B</strong> PANCAKE, STRAWBERRIES, TRK SAUSAGE</td>
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<td><strong>30B</strong> FR TOAST, BLUEBERRIES, CC, TRK SAUSAGE</td>
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<td>S MUFFIN/MILK</td>
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<tr>
<td>L HAMB SP, CHEEZ SND, GR BEAN, SALAD, CANTALOPE</td>
<td>L CHIX W HG HD, PEAS, TR FRUIT</td>
<td>L HAM, SALAD, CARROT, W RICE, PINEAPPLE, CC</td>
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<td>S PEARSS/CC</td>
<td>S CUCUMBER/HUMMUS</td>
<td>S TORTILLA CH/SALSA</td>
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</tbody>
</table>

**MILK SERVED WITH EVERY MEAL**

1-2 YR OLD WHOLE

**Menu Subject To Change**