

ECC Newsletter

Namebini-Gliziis—Sucker Moon

February 2023

Aaniin! Greetings!



Boozhoo! We hope that everyone is enjoying the winter weather and taking advantage of opportunities to get outside. As temperatures continue to stay cold there may be stretches of time when getting outside isn't possible. Having a plan for what to do on those days when everyone is stuck inside is a great way to make the day more enjoyable. Here are some thoughts on how to make these days go by just a little faster.

- ♦ Keep baking supplies or pre-packaged doughs and mixes on hand for a last-minute baking party. Have a box of special craft items on hand that only get used on days when you are stuck inside.
- ♦ Bring the winter inside. Get a bucket and put some snow in the bathtub, kitchen sink or a big container at the table. Let the kids build mini sculptures or color the snow with food colored water or other colored liquids.
- ♦ Make a blanket tent in an open space where you can read, snuggle or play games.
- ♦ Make cards, draw pictures or write "letters" to special people that can be delivered at a later date.

Thank you again for all the patience and understanding with the room closures and staffing adjustments. We are doing what we can to keep everyone safe and the doors open. We are still looking for substitutes for all age groups. Anyone interested please contact Jamie, Jenn or the front office.

Please remember that we have up to 82 children walking in the parking lot at drop off and pick up each day. It is extremely important that families, staff and community members coming and going go very slow and watch for children. It is also vital that parents hold their child's hand while they are in the parking lot. It only takes a second for an accident to happen.

We will be making changes to our playgrounds and outdoor learning areas this spring and summer. If anyone has any ideas or is interested in helping us out, please contact Jenn or Jamie. We would love to have parental and community input and assistance!

Thank you all again for sharing your children with us and for allowing us to learn from them and see the world through their eyes. How lucky we are to get to be a part of their lives!

Miigwech,

Jenn and Jamie

10 ECC No Child Day

22 ECC Family Event

24 ECC No Child Day

Waabooz News



Boozhoo Waabooz Families!

For the month of February we will be putting a focus on achieving individual goals.

As a group we will be doing a music study, Valentine's Day, and learning about the different emotions.

We will be making music, learning about different instruments, and learning about the drum. We will be working on the following feelings: sad, happy, and mad.

We are working on sign language and Ojibwemowin, some of the commands/phrases we would like to work on are below.

Ojibwemowin/Sign Language

More—nawaj

Eat—wiisini

Please—daga

Thank you—Miigwech

Hello—boozhoo

Goodbye/See you later—gigawaabamin

Ojibwe Words of the Month:

Sad—Gashkendam

Happy—Jiikendam

Mad—Nishkaadizi

Heart—Ode'

Important Dates/Reminders!

2/2: Half Day (Waabooz Classroom)

2/10: No Child Day

2/24: No Child Day

- Drop off is at 7:45am / Pick up is at 3:00pm.
- Please pack at least one change of clothes to keep in the classroom.

If you have any questions or concerns, please reach out.

(715) 779-5030

Classroom ext. 2524

Office ext. 2526

Miigwech,

Miss Tiff, Miss Molly, and Miss Andrea

February News



Boozhoo! It's already February and this school year is flying by! We appreciate you all bringing your children everyday.

This month we will work on using our words, shapes, colors, and self-help skills. (Such as dressing themselves, putting on own shoes, brushing teeth, etc.)

Our monthly study for February is brushes. Your children will be learning variety brushes, how we use them, and why.

Please contact us if your child is going to be absent. 715-779-5030 ext. 2525



Here are some of the signs we are incorporating into our day in the classroom.



Stop.

Ojibwemowin Words

Ishkwaataa-Stop

Giziiyaabide'on-Brush teeth

Bawega'-Brush

Giizhiitaa-Finished

Namebini-Giizis

makwa 2023

This month we are going to focus on feelings and emotions. We're going to talk about what feelings/emotions are, how they can make our bodies feel, how to tell other people how we're feeling, and what we can do to help when we are struggling with feelings in a safe way. We are also going to continue working on our Ojibwe, English, and sign language skills , and working on building our skills and routines to prepare for headstart next fall!

Our school day runs from 7:45-3:00 every day that we are in service, please call the classroom telephone or the ECC main office with messages regarding attendance or illness.

Days to Remember

February 10 -- No Child Day

February 16 -- Early Release NOON

February 24 -- No Child Day

Ojibwemowin to Know

Zaagitoon - love, treasure it

Nishkaadizi -- s/he is angry

Gashkendam -- s/he is sad

Thank you for entrusting us with your little one each and every day, we hope you have an amazing month! - Miss Judy and Miss Kayla

(ext. 2544)

Esiban News



February 2023

Namebini-Giizis

(Sucker Moon)

Boozhoo Esiban families!

We cannot believe it is already February! We are so excited to have everyone back in the classroom! This month we will be working on dressing ourselves to go outside as well as doing some fun valentines day crafts! Wacky Week will be February 13th-17th. Please watch for more details.

Some reminders:

- Please continue to bring extra clothes for your child to have at school, some days we get messier than others.
- The weather is still cold, so we ask that you bring warm clothes: hats, mittens, snow pants, and snow boots. We spend a lot of time outside!

- Miss Gena & Miss Shannon

ECC Closures

February 10

February 24

Goon: Snow

Zaagi'idiwin: Love

Inde': My Heart

MASHKODE-BIZHIKI BIDAAJIMOWIN



Namebini-Glizis 2023

(Sucker Moon)

Boozhoo gakina awiya

We will be focusing on our tubes and tunnels study this month! During the study we will investigate a variety of things about tubes and tunnels. We will find out what we know about tubes and tunnels. What are the characteristics of tubes and tunnels? Where can we find tubes and tunnels? How do we use tubes and tunnels? How can we make them? Who works with tubes and tunnels? How can we make sounds with tubes?

We will enhance learning in our classroom by reading books, finger plays, sharing ideas, doing activities, and incorporating Ojibwe culture and language into our lessons. We will also have some Valentine's Day fun too. If you would like to send valentines, we have 15 students in our classroom. You can make the valentine's out to a friend.

We go outside every day if the weather is above zero. Please remember to send winter gear to school every day with your child. We do have plenty of extras.

Please check out the current job openings we have at the Red Cliff Early Childhood Center on the Red Cliff Band of Lake Superior website at redcliff-nsn.gov.

Our classroom hours are from 7:45am to 3:00pm. If you need to contact us, we can be reached by email: nadine.cadotte@redcliff-nsn.gov and tatum.hanson-gordon@redcliff-nsn.gov or our classroom office phone at 715-779-5030 ext. 2547.

INAGINZO – DATES TO REMEMBER

**Valentine's Day – Tuesday
February 14, 2023.**



OJIBWMOWIN - THE OJIBWE LANGUAGE

Inde' - Heart

Zaagi' – Love

Biboon – Winter

Zoogipon – Snow

Zhegoode – Crawl in a tight place

Miss Nadine and Miss Tatum

NAMEBINI GIIZIS

FEBRUARY



We want to welcome our Ms. Gina LaGrew to our classroom. This month we will be doing Tubes and Tunnel Study, Heart themed projects, and our Ojibwemowin! We will be working on fine motor, self-help skills, and sharing. Please be mindful of sending extra clothes, boots, jackets, snowpants, and hats daily. We do go out daily when the weather allows for it, and we do get messy.

Our day starts at 7:45 am to 3pm daily. If your child won't be in for the day, we would like to hear from you by 9am that day, please call 715. 779-5030 ext. 2545 front office and press 0 leave a message.

Miigwech,
Ms. Gina and Ms. Alicia

Ojibwemowin Phrases and Words

Ode heart

Ode'imin Strawberry

Mikwam Ice

Gisinaa Cold temp

Goon snow

Zoogipon Snow falling.



FEBRUARY

Ms. Diann, Ms. Chandria
715-779-5030 ext 2540



REMINDERS

It has been a lot of fun this month learning about pets. The children have learned about the needs of animals. What animal makes a good pet versus the wild animals.

The month of February we will start our Tubes & Tunnel study along with Second Step and Talking About Touching. We will be doing activities that will be pertaining to tubes and tunnels, or Valentine's day.

As we get closer to Valentine's day a notice will go out to the families on how our class will celebrate the holiday.

This month we focused on animals and their names in Ojibwemowin and next month we'll work on these words.

HEART-INDE'

RED-MISKWAA

LOVE-ZAAGI'

Miigwech for sharing your child with us each and everyday.



LITERACY AT HOME

Name Scramble: For this activity, write your name and your child's name in large letters on a piece of paper. Cut apart each letter, mix them up and lay them letter side down on the table. Take turns drawing a letter from the pile and naming the letter. If the letter is in the players first name, they get to keep it, if not they return it to the pile. Continue playing until all the letters are drawn. Next, each player puts all their letters in order to spell their name. Players then take turn naming each letter in order in their first name.

MATH AT HOME

Hidden Shapes-Connect the Dots: Gather several pieces of paper. On each paper create simple dot-to-dot patterns for basic shapes (circle, square, oval, rectangle, triangle, hexagon, and diamond). Have students look at the dots on the page and guess what shape they think it makes. Show students how to use a marker/crayon and connect-the-dots to see if their guess is correct. For a challenge try other shapes such as star, heart, and octagon. When all the shapes are revealed, have your child practice naming each one.

TAKING CARE OF ME AT HOME

I Can Brush My Teeth: Children can learn to brush their own teeth as a way of taking care of themselves. To practice, get your toothbrush and toothpaste and your child's as well. Go through all of the steps of brushing teeth at the same time (Getting items out, putting on a small amount of toothpaste, brushing all teeth in tiny circle motions, spitting, rinsing and putting items away). For awhile do this task at the same time while students are learning this task. After students are completing each step without help, make a reward page and add a sticker, or draw a smile face on the page for every time they take care of their teeth!

February Themes

Tubes & Tunnels, Ojibwemowin, Valentine, Talking About Touching, Second Step

Attendance Matters

**Classroom Attendance percentage
for
January 2023**



Head Start

Mashkodebizhiki Room 62%
Ma'lingan Room 87%
Migizi Room 79%



Early Head Start

Waabooz Room 71%
Amik Room 86%
Makwa Room 67%
Esiban Room 68%





**Red Cliff Early Childhood Center
Policy Council Meeting Minutes
Monday, December 19th, 2022 @ 10:00 am
Virtual**



Meeting called to order by Vice-Chairwoman Lynna Martin @ 10:03 am.

Policy Council Members Present: Lynna Martin, Linda Christiansen, Melissa Armagost, Lacie Defoe and Danielle Maulson

Absent: Nicholas DePerry, Kennedy Defoe,

Staff/Other Present: Kathy Haskins, Education and Abilities Manager, Patt Kenote-Deperry, Health Director, Jamie Goodlet-King, Head Center Director, Jennifer Defoe, Enrollment, Mikayla Defoe-Topping Health/Family Service assistant and Cindy Garrity Family Service Manager.

Approval of Agenda

Motion by Danielle to approve the agenda, seconded by Melissa, all in favor, motion carried.

Approval of Minutes

Motion by Danielle to approve regular Policy Council minutes for November 14th, 2022, second by Melissa, all in favor, motion carried.

Menu: January 2023

Motion by Danielle to approve the menu for January 2023, second by Melissa, in discussion, there are still a lot of dairy on the menu such as cottage cheese and yogurt. Cindy said that she would ask Jenn Leask if she had talked with kitchen staff on this.

Ratify Poll Votes

Motion by Danielle to ratify poll votes for closing the ECC on December 15th at 12:30 for the K-5 Christmas concert, second by Melissa, in discussion the ECC closed the whole day due to Weather. all in favor, motion carried.

Financial Report

Jamie updated the Policy Council that the 1st quarter monies have to be moved due to the vacancies and the 2nd quarter is coming up and we will have to adjust this as well and they will be meeting with the appliance officer.

Program Summary

Program summary was presented to the Policy Council with completed up to date information for them to see. There were now questions. This Program summary will be sent to the Tribal Council.

Other

It was asked if the policy council would look at closing the ECC on Tuesday December 20th at 12:30 for the K-5 Christmas concert that has been rescheduled for this day. Motion by Danielle to close the ECC at 12:30 on December 20th, 2022, second by Lacie, all in favor, motion carried.

Policy Council was asked to turn in their recipe for the ECC cookbook which is due ASAP.

Informed the Policy Council that the ECC is doing a food/hygiene drive for families. The ECC will be helping out the Human Resource and Ross program.

Informing the Policy Council that the ECC children's Holiday Party will be Thursday December 22nd from 4-6 pm at the Legendary Waters Event Center.

Next meeting is scheduled for Monday January 9th at 11:00am.

Executive

No executive needed.

Adjourn

Motion by Danielle to adjourn at 10:21am., second by Lynna, all in favor, motion carried.

_____(signature)
Policy Council Chairperson or delegate

_____(Date)

Minutes taken by Jennifer Leask, ECC Administrator

Family Service

February 2023

Ode'
Heart

Eating Breakfast Regularly...

- Prepares a child for Learning
- Improves behavior and attention
- Improves diet quality
- May help keep a healthy weight.

Tips for a Smart Start

- Be ready; plan and prepare breakfast the night before to save time in the morning.
- Be an example; eat breakfast with your children, to increase the chances of them growing up to be breakfast eaters.
- Be healthy' make it a goal to have three food groups at breakfast.
- Be flexible; breakfast can be a sandwich with milk or soup with cheese and crackers; there are no rules for what counts as breakfast food.
- Be creative; add leftover vegetables to scrambled eggs, fruit to cereal, or cook oatmeal with raisins and top with nuts.
- Be adventurous; if time allows have children practice fine motor skills by pouring liquids from small pitchers or mixing ingredients together.

University of Wisconsin-Madison

Bayfield County

mailto:Tracy.henegar@wisc.edu

[Extension Bayfield County – University of Wisconsin-Madison](#)

ECC Upcoming Events:

- Feb 10th and 24th No ECC classes
- Feb 15 Money Matters workshop 5-7 pm
- Feb-13-17th Wacky week watch for flier



**Attendance
Works**

Advancing Student Success By Reducing Chronic Absence

Parents and families are essential partners in promoting good attendance because they have the bottom-line responsibility for making sure their children get to school every day. Just as parents should focus on how their children are performing academically, they have a responsibility to set expectations for good attendance and to monitor their children's absences, so that missed days don't add up to academic trouble.

Boozhoo ECC Families



The next dimension under the Behavioral Management domain is Productivity. This dimension considers how well the teacher manages instructional time and routines and provides activities for students so they have the opportunity to be involved in learning activities.

The bullets under Maximizing Learning Time are:

- Provision of Activities
- Choice when finished
- Few disruptions
- Effective completion of managerial tasks
- Pacing

We watch teachers provide activities for the students and deal efficiently with disruptions and managerial tasks.

We hope this has been helpful in understanding the CLASS observation tool.

Remember if you have any questions, please give us a call

Ms. Kathy 715-779-5030 ex 2530

Ms. J 715-779-5030 ex 2548

Miigwech...

HAPPY VALENTINES DAY!!!!



Smile! February is National Children's Dental Health Month - a great time to recognize the benefits of good oral hygiene, because developing good dental health habits helps children get a jump start on a lifetime of healthy teeth and gums.

Cavities (also known as caries or tooth decay) are the most common chronic disease of childhood in the United States. Untreated cavities can cause pain and infections that may lead to problems with eating, speaking, playing, and learning. The good news is that cavities are preventable. Fluoride varnish can prevent about one-third (33%) of cavities in the primary (baby) teeth. Children living in communities with fluoridated tap water have fewer cavities than children whose water is not fluoridated. Similarly, children who brush daily with fluoride toothpaste will have fewer cavities. Dental sealants can also prevent cavities for many years. Applying dental sealants to the chewing surfaces of the back teeth prevent 80% of cavities.



What Parents and Caregivers Can Do

For Babies

- Wipe gums twice a day with a soft, clean cloth in the morning after the first feeding and right before bed to wipe away bacteria and sugars that can cause cavities.
- When teeth come in, start brushing twice a day with a soft, small-bristled toothbrush and plain water.
- Visit the dentist by your baby's first birthday to spot signs of problems early.
- Talk to your dentist or doctor about putting fluoride varnish on your child's teeth as soon as the first tooth appears.

For Children

- Brush their teeth twice a day with fluoride toothpaste.
- Help your child brush their teeth until they have good brushing skills.
If your child is younger than 6, watch them brush. Make sure they use a pea-sized amount of toothpaste and always spit it out rather than swallow.
- Ask your child's dentist to apply dental sealants when appropriate.
- Drink tap water that contains fluoride.

Good Dental Health Is Important When Pregnant

When you're pregnant, you may be more prone to gum disease and cavities, which can affect your baby's health. Follow these 3 steps to protect your teeth:

- See a dentist (it's safe!) before you deliver.
- Brush your teeth twice a day.
- Floss Daily.

If you have nausea, rinse your mouth with 1 teaspoon of baking soda in a glass of water after you get sick. This helps wash stomach acid away and keep your tooth enamel safe.

ECC ENROLLMENT CORNER

February 2023



RECRUITMENT IS EVERYONE'S BUSINESS

Do you know someone in the community that could benefit from our program? Let them know that they can reach out with question or to fill out an application. There are so many ways to apply; ECC website, in – person and on the phone. Word of mouth still remains the best way to recruit and if everyone can help recruit, our services can be reached by so many more.

SECOND-HAND CARSEATS

ARE THEY SAFE TO USE OR SHOULD YOU AVOID?

Boozhoo everyone,

As we start our second month of the 2023 school year, we wanted to talk about the do's and don't of purchasing and using a used car seat. Here is a checklist you can use to make sure it would be appropriate.

- The seat has never been in an accident.
- The seat has all the labels such as date of manufacture and model number, this is so you could check if there is a recall or if the seat has expired. If there is a recall, you should contact the manufacturer to see next steps.
- The seat has all its parts, in some cases parts can be order by the manufacturer's website.
- The seat has its instruction book. You can also order the instruction manual from the manufacturer.

Tip: Please avoid buying from thrift stores or rummage sales unless you can make contact with the original owner.

This information came from the National Highway Traffic Safety Administration website, if you want more information, please visit <https://www.nhtsa.gov/car-seats-and-booster-seats/used-car-seat-safety-checklist>

We accept applications all year round

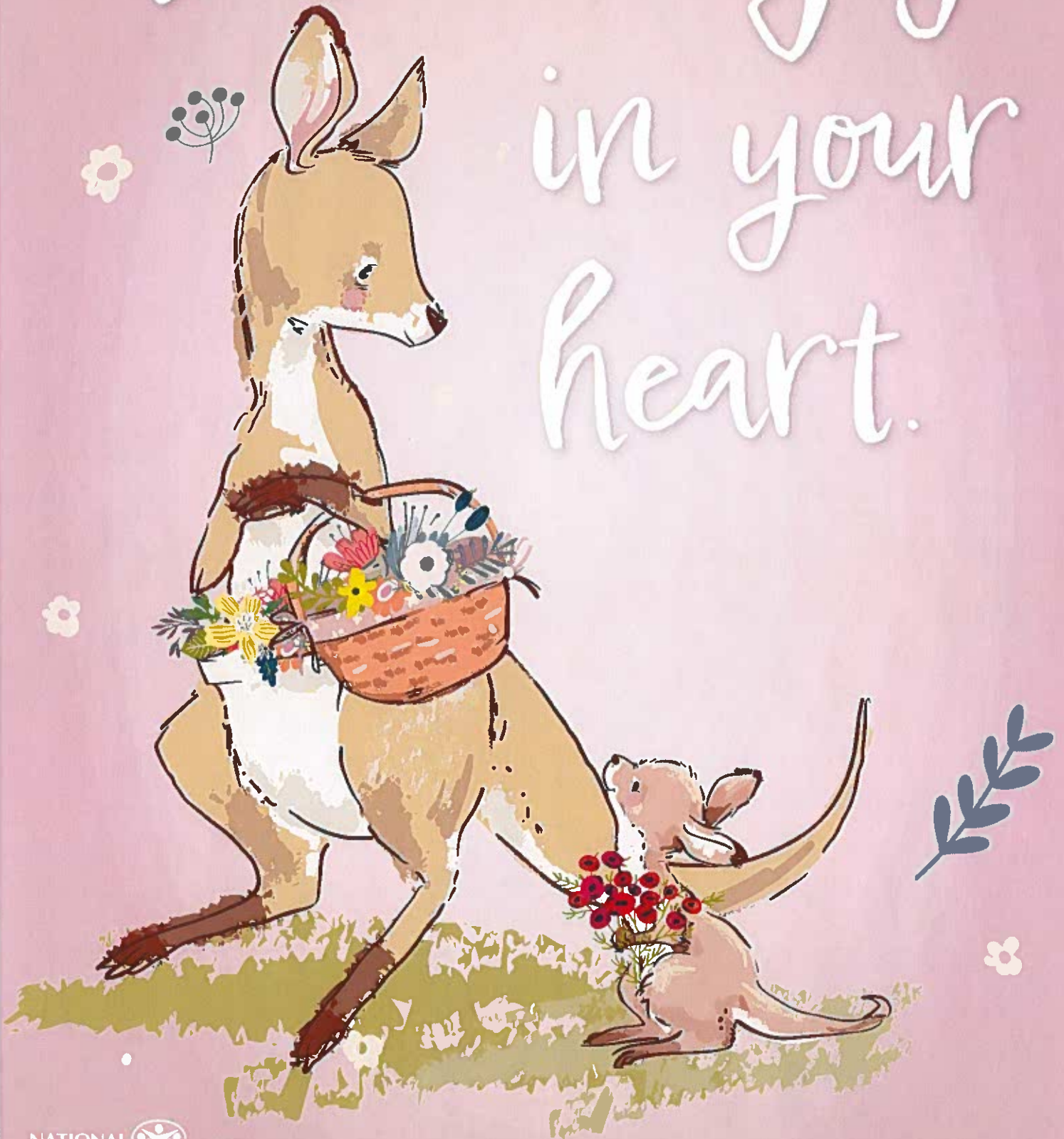
CONTACT INFORMATION

If you have any questions, feel free to contact the enrollment office at 715-779-5030 ext. 2533 or email jennifer.defoe@redcliff-nsn.gov.

You can visit the Red Cliff ECC website anytime, by scanning the QR code or visiting www.redcliff-nsn.gov/ECC



Discover joy
in your
heart.



Banana Sushi Roll

Snack Crediting for Ages 3-5



Total Time

5 minutes

Serving Size

1/2 roll

Servings

2



Components

Meat/Meat Alternate, Grains

Ingredients

- 100% whole wheat flour tortilla, small
- 1 large banana
- 2 tablespoons peanut butter

Directions

1. Have a pair of children work together to make this snack.
2. Give each pair a tortilla with the peanut butter, and let them spread it using the back of a spoon.
3. Place peeled banana at one end and roll it up.
4. Slice into eight pieces.

NAMEBINI- GIIZIS

(SUCKERFISH MOON/FEBRUARY)

BIBOON

(IT IS WINTER)

Niminwendaan (I like it...)

Niminwendaan _____yaan (insert VAI verb)

Niminwendaan agindaasoyaan (I like it when I am reading)

Niminwendaan nagamoyaan (I like it when I am singing)

Niminwendaan odaminoyaan (I like it when I am playing)

Niminwendaan niimiyaan (I like it when I am dancing)

Ojibwemowin Verb Types

VAI Verb Animate Intransitive (Someone doing something) <i>Examples:</i> <i>S/he reads</i> <i>S/he sings</i> <i>S/he dances</i> <i>S/he is sad</i>	VTI Verb Transitive Inanimate (Someone doing something to an inanimate object) <i>Examples:</i> <i>Read it</i> <i>Listen to it</i> <i>Hold it</i>
VII Verb Inanimate Intransitive (Something is doing something) <i>Examples:</i> <i>It is raining</i> <i>It is red</i> <i>It is big</i>	VTA Verb Transitive Animate (Someone is doing something to an animate object) <i>Examples:</i> <i>S/he sees her/him</i> <i>S/he gives her/him something</i> <i>S/he likes her/him</i>

***Animate and Inanimate** does not simply mean alive and not alive in Ojibwemowin. You will have to learn the nouns that are considered inanimate and animate. In Ojibwemowin mitig (a tree) is animate, but waabigwan (a flower) is inanimate. Learning these rules comes with time and practice.

The **online Ojibwe People's Dictionary** is a great resource to use whether you're just beginning or an advanced learner.



REMINDERS

***Biboon Gabeshiwin (Winter Camp) Feb. 20th-25th** Anooj odaminowinan (various games/activities)

***Language tables:** Nitam-Anokii-Giizhigak (Monday) 5:30-7:00pm

***We post weekly Ojibwe Ikidowin(an) on our Facebook and YouTube page!** Watch for those and use them with your children, ECC staff, and around the community each week.

***Rosetta Stone Ojibwe** is a great resource to learn Ojibwemowin at your own pace and on your own time! Reach out if you want any more information on this resource.

Miigwech,
Haley Jo Hyde
ECC Culture Coordinator/4K Teacher
(715) 779-5030 ext. 2553

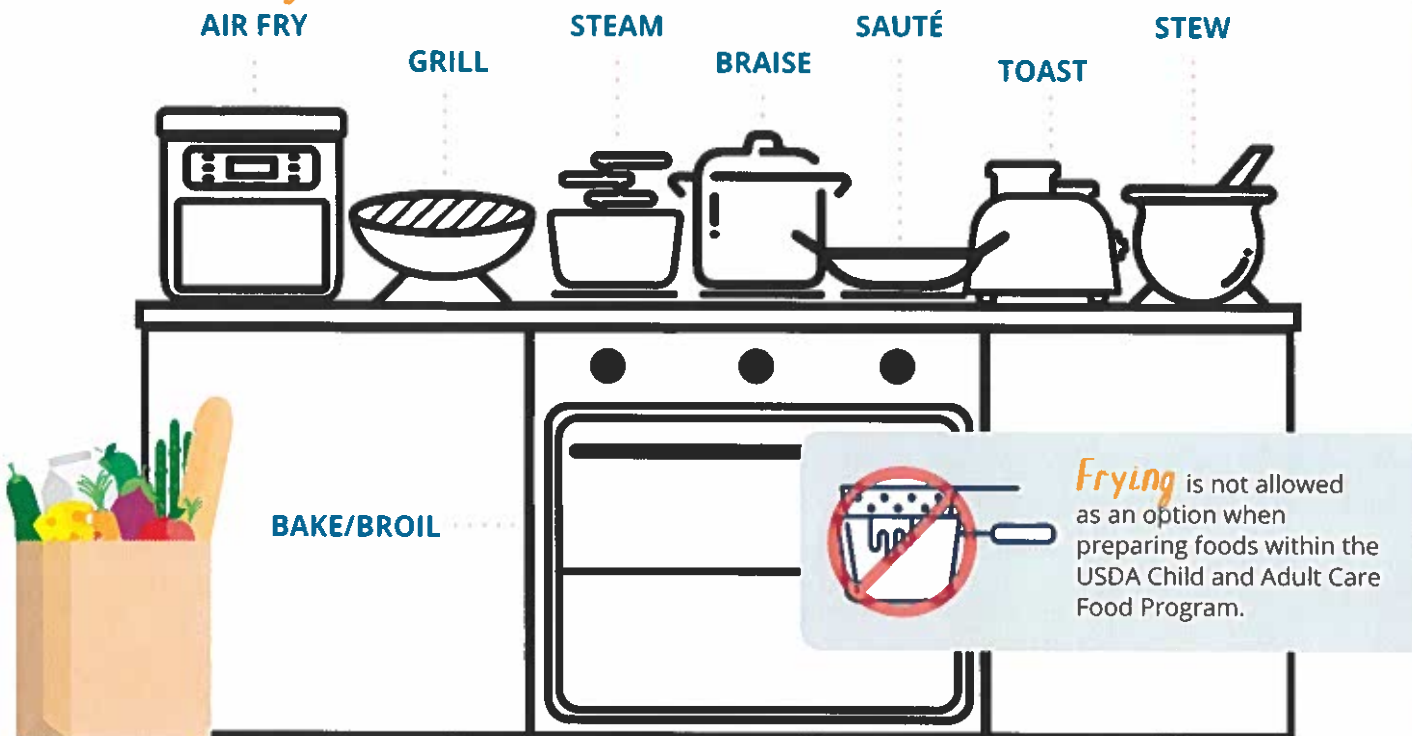
Niminwendaan zoogipog

(I like it when it snows)

Healthy Cooking Methods

Experiment with new cooking methods that you may not be used to. Try chicken baked, roasted, stir fried, and grilled. Pay attention to what method the children like the best. It might even be that they find a new favorite dish when prepared a different way. Remember in your cooking to always keep a colorful plate in mind. Make sure the result features a dish from all the food groups: protein, fruit, vegetable, grain and dairy.

Healthy cooking methods include:



Skip the sweets

Healthy plates need not include a sugar filled dessert at the end. As CACFP providers, we need to teach children that desserts and sweet treats should only be eaten in limited moderation on special occasions. **Serve fruit instead of dessert** and water instead of juice. Little bodies do not need to process the added extra sugars.



Flakey Baked Chicken Strips

Ingredients

Chicken breast, boneless, skinless
Cornflake cereal
Whole wheat flour
Salt & Pepper
Egg(s)
Nonfat milk

Directions

1. Preheat oven to 375°F.
2. Trim any excess fat from chicken breasts and cut into 2.05 oz strips.
3. In a medium bowl, crush cornflakes.
4. In a second medium bowl, mix flour, salt, and pepper.
5. In a third medium bowl, add eggs, and milk. Beat with a fork until combined.
6. Dip each chicken strip into flour, then in the egg mixture, then in the cornflakes. Each piece should be fully coated with flakes.
7. Coat baking sheet with cooking spray. Place chicken strips on baking sheet, evenly spaced. Spray pieces lightly with cooking spray.
8. Bake until internal temperature reaches 165°F, about 20-25 minutes.

Serve with steamed green beans, red apples and a slice of cornbread for a colorful plate. Don't forget the glass of milk.



FEBRUARY 2023

Activity Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Fruit of the Month is Oranges and Star Fruit	National African American Read-In Month National Black History Month	1 National Black History Month	2 National River Day - draw and color a river, write what creatures would live in your river	3 Bubble Gum Day - Draw and color a self portrait. Blow up a balloon and tape to the picture for a bubble gum bubble	4 Thank a Mailman and Take your library day - give your Mailman a treat. Be sure to library also
5 National Fart Day - kids find this word funny - celebrate by reading a book such as "Toot" by Leslie Patricelli	6 National Dental Health Month - Time to get a new toothbrush and learn all about good teeth health	7 Charles Dickens Birthday - Celebrate by reading the "Christmas Carol"	8 Julie's Verne's Birthday Celebrate by reading "Around the World in Eighty Days"	9 National Pizza Day - Create a pizza out of construction paper. Then cut into triangle slices. How many slices make a whole pizza?	10 National Umbrella Day - Create an umbrella out of a paper plate half. Color. Create raindrops out of paper and hang from the umbrella with yarn	11 Thomas Edison Birthday & Invention Day - take a turn rub it through hair and hold to a pop can. will pull to the balloon. Scissors
12 Safety Pup Day - Go over some safety rules like never going with someone who doesn't know your family's secret word.- Child Safety Council	13 World Radio Day - celebrate the importance of the radio. Discuss the different occupations radio is used; for music; for emergency	14 International Book Giving Day - gift a book that you no longer read or one you want to share	15 Take time out to read a new book today!	16 Do a Grouch a Favor Day - chores are a good place to start. Create a chore chart and reward with stickers after completion.	17 No One Eats Alone Day - be sure to sit together during a meal and talk about your day and ideas	18 National Battle of the Bulge Day - learn the importance of why not to fight with batteries; where to keep in a safe place
19 Tug of War Day - what better way to celebrate than to do a friendly tug of war challenge	20 National Muffin Day - Nothing better than a muffin for breakfast! What would your favorite flavor be? What would be a not so favorite?	21 National Pancake Day -with help, make piggy pancakes! One large pancake and one small for the nose. Two chocolate chip eyes and banana slices for nose	22 Supermarket Employee Day - learn the value of a quarter, dime, nickel and penny. What can you buy with it and how many? Pair with a money count book	23 National Pinocchio Day - Make a face and hat with construction paper. Poke a hole where the nose goes. Insert a party horn and make Pinocchio's nose grow	24 Flag Day for Mexico and National Tortilla Chip Day -have a tortilla chip snack	25 Quiet Day - appreciate quiet by reading your favorite book
26 Tongue Twister Contest Day - Five frantic frogs fled from fifty fierce fishes!	27 National Pokemon Day - create your own pokemon. Don't forget to add it's special powers	28 Celebrate the last day of the month by practicing the letters in your name				

Book of the Month

Finn's Fun Trucks Mail Movers by Finn Coyle

Book of the Month

Finn's Fun Trucks

Mail Movers

by Finn Coyle

Visit www.booksbythebushel.com for more



National Pizza Day!

National Pizza Day is Thursday, Feb. 9th and what better way to celebrate than make your own pizza! Every family member can make their own personal pizza bites. All you need is English muffins, sliced in half, pizza sauce, shredded mozzarella cheese, and then any number of toppings: small pepperonis, chopped onions, chopped pieces of chicken, chopped green peppers, small chunks of pineapple, the sky's the limit! Your child can help with every part of this cooking activity, from spooning on the pizza sauce to covering the sauce with cheese to adding whatever toppings they like. Place their creation in a toaster oven or regular oven at 375 degrees for about 10 minutes. These treats are so small, your child can make multiple pizzas to try!





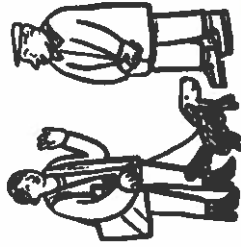
Peeling an Orange

There is nothing better than helping your child develop self-help skills. Learning to peel an orange promotes independence but it also strengthens fine-motor skills, which are crucial for tasks such as cutting with scissors and writing. Take an orange and pull away a small piece and show your child how to take that open peel and pull it until it tears off. Once the peeling is started, let your child take it from there! It doesn't matter if the pieces torn off are long, wide, or small. The point is that your child is doing it alone! You will need to supervise to make sure your child is not eating the peel but after a few successful "peelings", they will be able to perform this task without your watchful eye!



Friendly February 2023

MONDAY



TUESDAY



WEDNESDAY

1 Send a message to let someone know you're thinking of them

THURSDAY

2 Ask a friend how they have been feeling recently

FRIDAY

3 Do an act of kindness to make life easier for someone

SATURDAY

4 Invite a friend over for a 'tea break' (in person or virtual)

SUNDAY

5 Make time to have a friendly chat with a neighbour

6 Get back in touch with an old friend you've not seen for a while

7 Show an active interest by asking questions when talking to others

8 Share what you're feeling with someone you really trust

9 Thank someone and tell them how they made a difference for you

10 Look for good in others, particularly when you feel frustrated with them

11 Send an encouraging note to someone who needs a boost

12 Focus on being kind rather than being right

13 Smile at the people you see and brighten their day

14 Tell a loved one or friend why they are special to you

15 Support a local business with a positive online review or friendly message

16 Check in on someone who may be struggling and offer to help

17 Appreciate the good qualities of someone in your life

18 Respond kindly to everyone you talk to today, including yourself

19 Share something you find inspiring, helpful or amusing

20 Make a plan to connect with others and do something fun

21 Really listen to what people say, without judging them

22 Give sincere compliments to people you talk to today

23 Be gentle with someone who you feel inclined to criticise

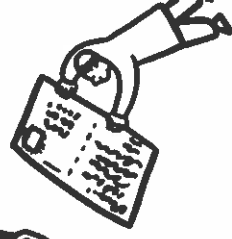
24 Tell a loved one about the strengths that you see in them

25 Thank three people you feel grateful to and tell them why

26 Make uninterrupted time for your loved ones

27 Call a friend to catch up and really listen to them

28 Give positive comments to as many people as possible today



ACTION FOR HAPPINESS

Happier · Kinder · Together



The Red Cliff Early Childhood Center
88455 Pike Rd. 89830 Tiny Tot Dr.
Bayfield WI 54814
February 2023

Current Opening for the Red Cliff Early Childhood Center/

- **Early Head Start Center Based Teacher** Opening Date: October 28, 2022 Deadline: Open Until Filled
 - **Head Start Bus Driver** Opening Date: September 2, 2022 Deadline: Open Until Filled
 - **Head Start/4k Teacher** Opening Date: August 17, 2022 Deadline: Open Until Filled
 - **Early Head Start Home Based Teacher** Opening Date: August 17, 2022 Deadline: Open Until Filled
 - **Child Care Teacher** Opening Date: January 20, 2023 Deadline: February 3, 2023 @ 4:00 pm
 - **Child Care Assistant Teacher** Opening Date: January 20, 2023 Deadline: February 3, 2023 @ 4:00 p
-

Red Cliff Tribal Job openings



- **Go to the Red Cliff Tribal Website**
https://www.redcliffnsn.gov/how_do_i/apply_for_obtain/employment_opportunities/jobopenings.php
- **Bayfield Chamber-Job Opportunities**

FEBRUARY 2023

NAMEBINI-GIIZISOONS

NITAM ANOKII-GIIZHIGAD	NIIZHOO-GIIZHIGAD	AABITOOSE	NIYO-GIIZHIGAD	NAANO-GIIZHIGAD
6B BFK BURRITOS, OR- ANGES, YGT S YGT/CRACKER L TOMATO SP, GR CHEZ, GR BEANS, FR CCKTAIL S PEACHES/CC	7B KIX, APPLES, YGT, OATMEAL RND S PUDDING/GR CRACKR L BEEF STIR FRY, STIR FRY, MANGO BR RICE S CARROTS/MILK	1B WG WAFFLE, BLUE- BERRIES, TRK SAUSAGE S STRING CHEEZ/CRACKR L CHIX/BROC, BR RICE, MANGO, CC S SLEEPY BEAR/ JUICE	2B KIX, TR FRUIT, CC S GOLDFISH/MILK L HAM, BBRED, PEAS, PINEAPPLE S TEDDY GR/ PEARS	3B OATMEAL, AP- PLESAUCE, YGT S PB/CRACKER L BBQ'S, FRIES, CAR- ROTS, PEARS S CUCUMBERS/HUMM
No CLASSES				
13B MALTO MEAL, M ORANGES, WG MUFFIN S STRING CHEEZ/CRCK L CHIX CHOW MIEN, BR RICE, STIR FRY V, PEAR S CARROTS/CC	14B HBOATS, PEACHES, CC, WG MUFFIN S NILLA WAFER/MILK L TACO, APPLES, YGT, GR BEAN S CHEESE IT/PINEAPPL	8B WG PANCAKE, BLUE- BERRIES, TRK SAUSAGE S CRACKER/CHEESE L PIZZA, CHZ RNC CORN, PEARS S APPLE CRISP	9B CHEERIOS, BANANA, YGT S GR CRACKER/MILK L PORK CHOP, WG BUN, APPLESAUCE, GR BEAN S BROCCOLI/CC	10B
No CLASSES				
20B EGGS, WG TOAST, YGT, APPLES S PB/CRACKER L PIZZA, CORN, TR FRUIT S PINEAPPLE/CRCKR	21B LIFE, PEARS, CC, MUFFIN S CHEESE/CRACKER L BEEF VEG SP, WG BR STIX, MANGO S CUCUMBER/HUMMUS	15B EGG, WG TOAST, PB, TRK SAUSAGE, ORANGE S GR CRACKER/MILK L HAM, PINEAPPLE, POT, PEAS, CC, W RICE S VEGGIE PIZZA	16B RICE CHEX, BANA- NA, YGT S PUDDING/WAFFLE L BURRITO, BR RICE, CORN, MANGO S PEACHES/CC	17B WAFFLE, BLUEBER- RIES, SAUSAGE S RICE CAKE/MILK L CHIX, CARROTS, PEARS, CC S M ORANGES/GOLDFS
No CLASSES				
27B WG PANCAKE, BERRIES, TRK SAUSAGE S GR CRACKER/MILK L BURRITO, MANGO, PEAS, CC S CARROTS/YGT	28B CORN CHEX, OR- ANGES, YGT S PB/CRACKER L CHIX, CARROTS, TR FRUIT, W RICE S PEARS/TEDDY GR	22B OATMEAL, RASP- BERRIES, WG TOAST, JEL S YGT/TEDDY GR L CHIX, W RICE, CAR- ROTS, PEACHES S BERRY PIZZA	23B KIX, BANANA, YGT S CC/CRACKERS L CHILI, CORNBREAD, PEAS, APPLES, S BROCCOLI/HUMMUS	
MENU SUBJECT TO CHANGE				