

RED CLIFF EARLY CHILDHOOD CENTER

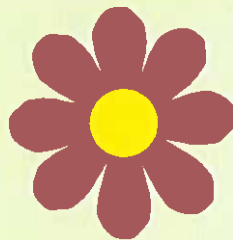
Newsletter

"Where flowers
bloom so does
hope."

- Lady Bird
Johnson



Waabigwanii-
Giizis
(Flower Moon)



May 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

3

EHS in Session

27

ECC/Tribe CLOSED

22

Family Night

31

Family Fishing Day

BOOZHOO!

Aaniin!

We are approaching the end of the school year but there is still a lot of fun to be had!! We are excited to announce that we are once again holding an ECC Family Dance in June and are also continuing with our Family Fishing Day event. Please watch for fliers and notices that go home, get posted on classroom doors and are posted on social media.

With the warmer weather comes the sun and bugs. Please be sure your child's classroom has the appropriate permissions to apply sun block and bug spray if needed/desired. We want everyone to stay safe, healthy and comfortable while playing outside. Also be sure that your child dresses in layers as the mornings are still chilly but the afternoons are starting to get warm.

We have our Federal Head Start/Early Head review taking place the week of May 6th. We are excited to share our program with the Office of Head Start and show them all of the great things that happen here!

We hope you get a chance between rain drops to enjoy the warmer weather. Take a family hike, explore the trees and woods around your house, hunt for creatures (big and small) and take in all of the fresh air that we are blessed to breathe. We truly live in an amazing place!

As always, Chi Miigwech for sharing your children and their education with us!! We are very lucky to be able to be a part of so many fantastic little lives.

Miigwech,

Jamie and Jenn



Amik Newsletter

During the month of April we learned about our earth and the importance of keeping it clean.

During the month of May we will be exploring more outside as the weather warms up. We can't wait to plant some things! Let's see what we can get growing! We will be learning about plants, soil and different flowers.

We will continue to work on each child's individual goals.

Drop off is at 7:30 am and pick up time is 3:30

If your child will be absent for the day, please contact the front desk.

Please send at least one change of clothing to keep in the room

As a reminder, please make sure the gate is closed behind you when coming through playground entrance.

Ojibwe words of the month:

Gitigaan— a garden

Aki— the earth, soil

Gitige— s/he plants, gardens

Waabigwan— a flower

Important Dates:

5/3—Child Day

5/10—No Child Day

5/17—No Child Day

5/22—Family Night TBD

5/24—No Child Day

5/27—Tribal Holiday (Closed)

5/31—No Child Day/ECC Family Fishing Day

If you have any questions or concerns, please reach out!

(715) 779-5030 Classroom ext. 2525

Office ext. 2526

Miigwech! Miss Tiff & Mrs Andrea

May News

Boozhoo Makwa room! Our room has been filled with so much joy and laughter as we've been building our friendships.

This month we will be working on a bug and insect study. We will be exploring and searching for bugs in our school forest and playground! "Where do they come from?" "What do they eat?" etc. Please send extra clothes as we enjoy playing in the mud/dirt.

Miigwech! Ms. Kelsey & Ms. Judy

[asabikeshiinh](#)-spider

Oojii- Fly

Moose-worm



ESIBAN

NEWSLETTER

MAY
2024



What We Are Learning

THEME: ZIIGWAN AND BUGS

All month we will be learning about Ziigwan and bugs! We have a bunch of fun crafts and activities planned for the kids. We look forward to the sunny days ahead outside.

REMINDER

Our classroom spends a lot of time outdoors so make sure to pack some extra clothes as there may be some mud/water play!

BOOKS WE ARE READING

- Ten Wiggly, Wiggly Caterpillars
- Butterflies
- Ten Little Ladybugs
- Here Comes Spring

And much more!!

FUN FACTS

- Caterpillars have 12 eyes!
- Dragonflies have been on earth for 300 million years!



Miss Gena and Miss Shannon

Ojibwe Words

ZIIGWAN - SPRING

Gimiwan - It Rains
Waabigwan - Flower
Mitig - Tree
Giizis - Sun



No School

May 10
May 17
May 24
May 27
May 31



Upcoming

- May 22 - Family Night
- May 31 - Family Fishing Day

EHS HOME BASE NEWSLETTER

May 2024

Ojibwemowin

Zaagibagaa-Giizis- May

Zaagibagaa-It buds

Azhashki-Mud

Important Dates

May 3rd- EHS Has
Class.

May 22nd- ECC
Family Night

May 27th- ECC
CLOSED! MEMORIAL
DAY.

May 31st-ECC Family
Fishing Day!

**HOME BASE
SOCIALS-TBD**

Reminders

Enrichment In-
Kind Forms Due
last day of the
month :)

This Month

Boozhoo Families,

**Happy Spring! I hope you all
have had some time to get
outside with your families
when it's nice out!
This month I would like us to
get outside more and maybe
go for a couple walks and
explore nature. Letting our
little ones explore their
environment is one of the best
ways for them to learn :)**

Contact Information

**EHS Home Base Teacher
Mrs. Chelby**

**Phone: 715-779-5030 ext. 2534
Email: chelby.cameron@redcliff-nsn.gov**



MASHKODE-BIZHIKI

newsletter

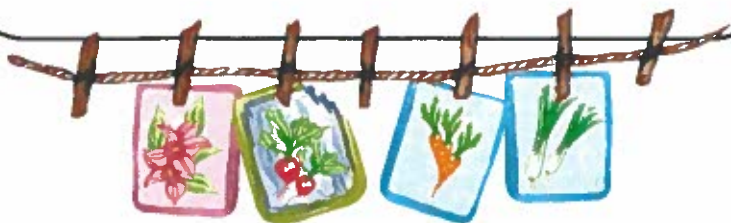


we are learning

Boozhoo Mashko families! The end of our school year is getting closer and closer.

Keep an eye out for the paperwork being sent home with all the kindergarten activities coming up for your child.

During the month of May, we will be starting our Garden Study! Gardening will teach us so many new things. What is easy or difficult about gardening, what kind of plants grow in gardens, as well as how we can help them grow. We will be learning how to be patient and responsible while we care for the plants in our garden.



Mrs. Nadine, Mrs. Tatum,
Ms. Mary & Ms. Angela

ojibwemowin

ziigwan-spring
gimiwan-rain
gitigaan-garden
giizis-sun
waabigwan-flower
waanzhibiiyaa-puddle

contact us

nadine.cadotte@redcliff-nsn.gov
tatum.hanson-gordon@redcliff-nsn.gov
mary.newago@redcliff-nsn.gov
715-779-5030 ext. 2547

important dates

May 7th - 4K students visit
the kindergarten
classrooms
May 16th - Kindergarten
teachers visit ECC
May 27th - ECC CLOSED



Zaagibagaa-Giizis



Ojibwemowin

Ziigwan Waabigwan Moose Makwa

Gimiwaan Animikii Ziibiing Waabooz

Omakakii Miinikaan Wiingashk

IMPORTANT DATES

**MAY 7, 2024- TOUR K
CLASSROOMS 830 AM
11AM**

**May 16th K-Teachers visit
ECC 830AM to 11AM**

Boozhoo Aaniin Ma'iingan
Families !

We hope you all are doing well
and enjoying the sunshine!

Our classroom will be focusing
on bugs, insects, and spring
themed projects. We are
learning our letters in our first
names, how to take turns, and
self-help skills.

We have a bug and insect
study this upcoming month
where we will learn all about
bugs and have fun discovering
them outside. If you have any
concerns, please call us
anytime. **715-779-5030 ext.
2545**

Miigwech Ms. Alicia and Ms.
Gina





MAY Migizi

Diann , Chandria , Melissa

REMINDERS

The weather is surely throwing everyone for a loop this year. We are still going outside everyday whenever it is possible. This year, we need our water boots and warm jackets one day and then the next we don't need a jacket at all.

19 days ago we started out eggs in the incubator and everyone is really excited. We expecting baby chicks around May 1st. We will keep them in our room for a couple weeks and then their new home will be a farm.

We are now starting the Gardening Study from TS. Soon, we will start planting seeds in the classroom and have the children watch their growth . This month we will also work on Reduce, Reuse, Recycle.

In TBT we are talking about touches and hurt feelings and in SS we're learning how to deal with hurt feelings. We continue working on theses feelings each and everyday. We also have been working on personal space.

Words we will be working on:

Garden-gitgaan

Seed-miinikaan

Spring-mookijiwanibiig

May Themes

Gardening, Reuse, Recycle, TBT, SS,
Ojibwemowin,

LITERACY AT HOME

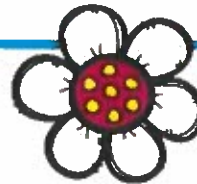
Letter Puzzles: Gather 26 index cards, write an uppercase letter on the left side of the card and the corresponding lowercase letter on the right side of the card. Use fun cuts (zig zags, waves, etc), cut the two sides apart. Lay all of the uppercase puzzle halves out on the table. Put the lowercase letters in a bag. Take turns drawing a letter out the bag, saying the letter name and putting it with the uppercase letter, completing each puzzle.

MATH AT HOME

Number Memory Match: To create the game cards you will need 20 small pieces of paper (about the size of a sticky note). Write the numbers 1-10, one number per card. Then color the corresponding dots 1-10 on the last 10 cards. To play, mix all the cards up and place them face down. Players take turns turning over two cards and seeing if the numeral and the amount of dots match. If the cards match the player keeps the match, if they do not match, the cards are turned back over. For a challenge, try working with larger numbers such as 10-20.

TAKING CARE OF ME AT HOME

I Can Take Stop and Clean Up When Asked: One way to take care of toys is to put them away after playing with them. To practice this with your child, set a timer for 3 minutes and play with some toys together. Explain that when the timer goes off, it's time to practice cleaning up.. When the timer goes off, reset the timer for 60 seconds and together clean up as many toys as you can before the timer goes off. To make it more fun, sing a clean-up song while you work. Make it the goal to have the mess cleaned up before the timer goes off. Next time, have your child play with toys, listen for the cue to clean up, and pick the toys by themselves. After you practice this, praise your child every time they stop when asked and pick up their toys.





Red Cliff Early Childhood Center
Special Policy Council Meeting Minutes
Friday March 8th, 2024 @ 10:00 am
In-Person @ ECC Memengwa



Meeting called to order by Chairwoman Linda Christiansen @ 10:15 am.

Policy Council Members Present: Linda Christiansen, Kennedy Defoe, Lacie Defoe, Karmen Schmitz and Jared Blanche.

Absent/Excused: Audra Blanche, Nissa Basina and Butch Bresette.

Staff/Other Present: Kathy Haskins, Education and Abilities Manager, Jamie Goodlet-King, Center Director, Julie Erickson, Social/Emotional Support Specialist, Cindy Garrity, Family Service Manager, Jennifer Leask, Administrator, Mikayla Topping-Defoe, Health Assistant and Patt Kenote-Deperry, Health Manager.

Approval of Agenda

Motion by Jared to approve the agenda with corrections and changes, second by Karmen, all in favor, motion carried.

Budget 2024-2025

Jamie Explained how the budget is set up and explained what each line item is for. She also informed them that changes will be made quarterly.

Motion by Kennedy to approve the Budget for 2024-2025 with changes, second by Karmen, all in favor, motion carried.

PC memorandum for Resolution

Jamie updated the policy council on the changes we have made or are looking to enhance in the next school year. No action was needed for this.

Goals and Objectives 2024-2025

Jamie let the policy council know how to read the Goals and Objectives. It tells our mission statement then what our goals are. It tells what our action plan is who is involved how it is measured, the time frame and the cost. There were no questions from the policy council.

Motion by Jaren to approve the Goals and Objectives with changes for 2024-2025, second by Karmen, all in favor, motion carried.

Training Plan 2024-2025

Jamie explained how the training plan is set up, beginning with where the location is, the number of hours, who is the trainer, who participants, the in-kind we can receive, the cost for Head Start and Early Head Start and the outcomes. She also mentioned that the policy council can give ideas of what they feel may be needed and we could add to our plan. No questions from the policy council. Motion by Kennedy to approve the Training Plan with changes as needed, second by Jared, all in favor, motion carried.

Annual Report for 2022 and School Readiness Goals for 2022-2023

Jamie went through the Annual Report and the School Readiness Goals with the Policy Council. Explaining what they are and how they work. No questions were asked. Motion by Kennedy to approve the Annual Report for 2022 and School readiness Goals for 2022-2023 with changes as needed, second by Jared, all in favor, motion carried.

Community Assessment 2023-2024

Jenn went through the changes and updates with the Policy Council and informed them that the performances standards are looking at doing away with Community Assessment. Jenn will update as needed when and if this happens. No questions from the policy council. Motion by Lacie to approve the Community Assessment with changes as needed for 2023-2024, second by Karmen, all in favor, motion carried.

Self-Assessment 2023-2024

Jame explained that the self-assessment is picture of each department explaining what they do and how they do it and that it all has to align with the performance standards. If they do not meet this then they need to add into the area of improvement what they need to do. Motion by Jared to approve the Self-assessment 2023-2024 with changes as needed, second by Karmen, all in favor, motion carried.

The Red Cliff 90CI010044 Non-Federal Share Waiver 2024-2025

Jamie explained that this is a waiver for in-kind. Each year we need to send this because we cannot match what they are expecting from us. Because we are a small community, we know that we would not be able to match this, we figure out how much we can meet and ask for a waiver for the rest. Motion by Lacie to approve the Red Cliff 90CI010044 Non-Federal Share Waiver for 2024-2025 with changes as needed, second by Kennedy, all in favor, motion carried.

Other

Just to let you know that the Budget is due on April 1st and we need the Budget information to go to the Tribal Council on the 19th of March. Jenn and Jamie will be making the last-minute changes as needed and then get it in.

Next Policy Council Meeting will be March 26th at 10:00 am. Virtual and in person.

Adjourn

Motion by Karmen to adjourn at 11:30 am., second by Kennedy, all in favor, motion carried.

(signature)
Policy Council Chairperson or delegate

(Date)

Family Service News for May Waabigwanii-Giizis

Mark Your Calendars-ECC Events for May 2024

- May 3rd, 2024-Tribal Primary Elections
 - May 3rd-EHS Classrooms Open
- May 22nd Wednesday-ECC Family Night 4:30-6 pm
- May 27th Monday Tribe/ECC Closed-Memorial Day
- May 31st Friday ECC Family Fishing 10-12-Red Cliff Fisheries.

AFTER SCHOOL HUMMUS INGREDIENTS

- 1 can (15 oz.) reduced sodium garbanzo beans (chickpeas)
- 2 medium garlic cloves, minced or 1/4 teaspoon garlic powder
 - 1 1/2 tablespoons lemon juice
 - 1 teaspoon ground cumin
 - 1 tablespoon oil (vegetable or oil)
 - 1/8 teaspoon ground black pepper
 - 1/2 cup plain nonfat yogurt

DIRECTIONS

1. Use a blender or food processor. Combine garbanzo beans, garlic, lemon juice, cumin, oil, and pepper. Blend on low speed until the beans are mashed.
2. Stir in yogurt with spoon.
3. Refrigerate for several hours or overnight so the flavors blend.
4. Serve with pita chips, crackers, or fresh vegetables, like this month's Harvest of the Month... radishes!

Source: <https://spendsmart.extension.iastate.edu/recipe/after-school-hummus/>

Reminder:

May 15th is the last day to sign up
for Energy Assistance.

The Red Cliff Contact person is:
Marion Claremboux at
715-779-3706.

If you have any questions
please contact me at

715-779-5030 ext. 2551

Miigwech
Cindy Garrity



Extension
UNIVERSITY OF WISCONSIN-MADISON



Waabigwanii-Giizis

Flower Moon

Boozhoo ECC Families,

Spring has sprung and it's time to enjoy the great outdoors. There are so many fun things to look for in the spring. One of the activities that the children love is going on a worm hunt... they get so excited when they find one. Here at the ECC our school forest is open after a long winter, so we have been taking walks out there. We take the EHS children on a bye bye buggy ride to listen to sounds and all of our children get to enjoy our new boardwalk. We are excited to add more outdoor classrooms with gazebos.

There are so many great walking trails in the Red Cliff and Bayfield area. One of the closest, and the best, is the Frog Bay National Tribal park, the first one in the nation. So cool!

You can plan a picnic! It doesn't take much to plan and children will talk about it for a long time. If you need some more ideas just give us a call. Once again, miigwech for sharing your precious children with us!

Ms. Kathy and Ms. J.

It's SPRINGTIME in RED CLIFF

It's May, it's time to RIDE THAT BIKE!!



Did you know that regular, physical activity can help promote physical health, mental well-being, cognitive function, and social development in children? It can set the foundation for a healthy lifestyle that will benefit them for a lifetime.

Usually, children can start learning to ride a bike between 3 and 8 years old. Trailing wheels and balance bikes are excellent starting points. However, every child is unique and may be ready to ride a bike at different ages.

For younger kids, riding a bike can help develop balance, coordination, and large motor skills.

So, now it's time to get that bike out:

- Check it out to see if it's safe to ride. Check to make sure it's working properly.
- Did your child outgrow their bike? Is it too small for them?
- Check out that helmet too. Make sure it fits properly as well as other safety equipment as needed.

What about setting up a cone course! A simple set of cones can quickly turn a "boring" bike ride into an adventure. Kids can practice zigzagging between cones, setting up a racecourse, or honing in their turning skills by doing number eights around two cones.

What a great way to enjoy fresh air and get all those muscles moving! The brain is working to look where you're going, the ears to listen to the sounds around you and your eyes take in the sights that you come upon during your bike ride. This is an activity that the entire family can enjoy!

Enjoy the bike rides,

FROM THE ECC HEALTH OFFICE,

PATT @ EXT. 2556 & MIKAYLA @ EXT. 2555

Bike Safety High 5



- 1 Remind your child to wear a **properly-fitted helmet** when biking, skateboarding, riding a scooter or in-line/roller skating.
- 2 **Check equipment.** Make sure your child's bike is the appropriate size and works properly.
- 3 Teach your kids **the rules of the road**. Make sure they know proper hand signals, understand traffic signs and signals.
- 4 **Be sure your kids are seen** while riding. Wearing bright colors, using lights, and wearing reflectors will help them be seen.
- 5 Teach kids to ride on the sidewalk when they can. If not, **ride in the same direction as traffic** as far on the right-hand side as possible.

TOP 5 TIPS TO KEEP KIDS SAFE

ECC ENROLLMENT CORNER

May 2024



RECRUITMENT IS EVERYONE'S BUSINESS

Do you know someone in the community that could benefit from our program? Let them know that they can reach out with question or to fill out an application. There are so many ways to apply; ECC website, in – person and on the phone. Word of mouth still remains the best way to recruit and if everyone can help recruit, our services can be reached by so many more.

ROAD SAFETY TIPS FOR YOUNG CHILDREN

Boozhoo ECC Families,

It is officially Ziigwan (spring) and now that children are starting to play outside more, it's never too early to teach them about road safety. Here are some road rules to keep in mind:

- Traffic is Dangerous: explain to them that they have to keep a safe distance when there are vehicles on the road. Remind them that even though they see the car, the car might not see them.
- Never go near the road without an adult and always hold hands: try making up a song or rhyme to remind them to hold your hand.
- Stop! Look! and Listen! before crossing the road: even when there is no traffic, practice this behavior anytime you cross the road.
- Wear bright color or reflective clothing
- Practice driveway safety: always look for them when backing out of a driveway.

For more information, please visit: <https://www.unicef.org/parenting/road-safety-tips#children>

We accept applications year-round

If you have any questions, feel free to contact the enrollment office at 715-779-5030 ext. 2533 or email jennifer.defoe@redcliff-nsn.gov.

You can visit the Red Cliff ECC website anytime, by scanning the QR code or visiting www.redcliff-nsn.gov/ECC





When kids help grow their own produce, they are more likely to eat it! If you can't create a backyard garden, consider getting a regular produce box delivery from a local gardener or take your children on a weekly trip to the farmers' market together. Farm to preschool is a great way to get your kids invested in gardening and healthy eating.



LEARN IT

How does your garden grow?

Every garden must start with a seed, but how does that seed

become the plants we can cook and eat in our homes? This is a fantastic opportunity to teach the children in your care what a seed is, examples of seeds, and what those seeds need to become strong, healthy plants that we can harvest.



MAKE IT Garden Printing

Sometimes the best art can be created without a paint brush! Cut various vegetables from your garden such as carrots, peppers, squash, zucchini, eggplant, and potatoes in half so they can be used as a stamper. Make the children a paint pallet with different colors. Ask them to stamp the vegetables in the paint and then they can make their work of art on a large piece of construction paper.



GROW IT

Container Gardening

Not everyone has the space to plant an elaborate garden.

That's okay! You can still have a garden with a container garden. Tires, buckets, large planting pots, or even tubs can all be used as your container. Hanging baskets are great for fruits like strawberries, cherry tomatoes and herbs. Plastic containers will hold in moisture better than a clay or wood container. Fill the container with gardening soil and begin planting. Remember to check plants daily for watering needs and support your fast growing, tall plants with trellises and stakes. Plant ideas for container gardens:

Beans	Broccoli	Carrots
Cucumbers	Eggplants	Lettuce
Onions	Peppers	Radishes
Tomatoes		

EAT IT Garden Stir Fry

1/2 cup low sodium chicken broth
1/2 tablespoon of corn starch
1 teaspoon soy sauce
1 tablespoon sesame or olive oil
2 tablespoons garlic minced
5 cups of your favorite garden vegetables
3 1/3 cups diced chicken
Whole Grain Rice

Mix together the broth, cornstarch and soy sauce and set aside. Add oil to a large pan and sauté the garlic on high heat for one minute. Add the vegetables and cook for eight minutes until tender. Add the soy sauce mixture and reduce heat to medium. Continue cooking until the sauce thickens. Serve over 1/4 cup cooked whole grain rice for each child.

Lunch Crediting:

10 Servings (1/2 cup)
for ages 3-5 (Vegetable/Meat/Grain)



PLAY IT Garden Turnover

Divide the children into equal groups, each with a unique vegetable name. Have them sit in chairs forming a large circle, with one child starting the game as the center. When the child in the center calls out one of the vegetable names, those children get up and try to find a new chair as the center tries to steal a seat. The child left standing calls out a new vegetable and the game repeats. If the center child calls out "Garden Turnover!" all the children get up to find a new seat.



READ IT

Growing Vegetable Soup by Lois Elhert

This easy to understand book with bold pictures talks about necessary gardening tools, gardening chores and what happens after harvesting. A recipe for vegetable soup is included! Maybe you can use produce from your own garden to make a batch of soup to share with the children.

CACFP is an indicator of quality child care.
This institution is an equal opportunity employer.
Learn more @ cacfp.org

SING IT Bingo Was His Name O

There was a farmer who had a dog,
and Bingo was his name O!
B-I-N-G-O, B-I-N-G-O, B-I-N-G-O,
and Bingo was his name O!



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MAZINA'IGAN



ZAAGIBAGAA-
GIIZIS

Waa-izhichigeyaang iwidi gikinoo'amaadiwigamigong:

Gitigedaa!

- Waabigwan(iin): flower(s)
- Gitigaanens(an): vegetable(s)
- Nibi: water
- Gimiwan: it is raining
- Miinikaan(an): seed(s)
- Aki: earth/soil
- Maajiigin: it starts growing
- Gitigaan: a garden



Gagwejim:

Aaniin ezhi-ayaayan?

Nimino-ayaa. 😊

👉 Indagaj.

Ingashkendam. 😞

😊 Niminwendam

Ninishkaadiz. 😡

👉 Nindayekoz.

Ojibwemotaadidaa endaso-giizhik.

Conjugation Corner:

- | | |
|--|--------------------------|
| • Gitige: s/he gardens | • Gitigewag ingiw |
| • Ingitige: I am gardening | abinoojiinyag. |
| • Gigitige: you are gardening | The children are |
| • Gitigewag: they are gardening | gardening. |

Awegonen waa- gitigaadaman?

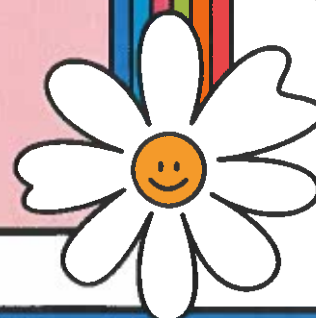
Niwii-gitigaadaan i'iw
waabigwan.

Gaganoozhishin:

haley.hyde@redcliff-nsn.gov
(715) 779-5030 ext. 2553

Giishpin wii-nanda-gikendaman nawaj:

- MIINOjibwe website: miinojibwe.org
- Rosetta Stone: Ojibwe
- Immersion Education Resources Online:
 - <https://carla.umn.edu/immersion/acie/index.html>



ENAMANJI'OD AWIYA

Aaniin enamanji'oyan?

Aaniin ge-izhichigeyamban?

GINISHKAADENDAM, GINISHKAADIZ, GIBAASHKIGIDAAZ

► Bitbaagiyan, Asho-miigaazoyan, Mookogidaazoyan

- Zhezhawitaan
- Nasanaamon
- Giziliigazhen

GIMIGOSHKAADENDAM, GIMAAJIIGIDAAZ, GIMIIGWANAADIZ

► Giikaamad awiya, Datangishkigeyan, Nakwetaagesiwan

- Asemaaken
- Bizindan gegoo menwendaman
- Babaamosen agwajjing

**GIDOOJAANIMENDAM, GIBABAAMENJIGE, GAAWIIN
GIMINOMANJI'OSIIN BIINJINA**

► Wiimaashkaayyan, Aabiji-wiijigaabawitaageyan
Babaamoseyan

- Gaganoozh awiya
- Naanaagaji'idizon
- Ganawendan ge-dibendamamban

**GIMAAENENDAM, GAAWIIN GIMINWENDANZIIN GEGOO,
GIGASHKENDAM**

► Mawiyen, Wiidookaazosiwan, Nazhikewiziyan

- Giizhiikan gegoo menwendaman
- Ganoozh awiya
- Ozhibii'an enamanji'oyan

GIMINAWAANIGOZ, GIBIZAANI-AYAA, GIDEBISEWENDAM

► Baapiyan, Zhaazhoomingweniyan, Wiidookaazoyan

- Naadamaw awiya
- Maaminonendan minawaanigoziyan
- Wijji' awiya



Wisconsin Office of Children's Mental Health

Miin

Aaniin Akeyaa Ge-inaabadakiban yo'ow Da-wiindamaageyan Enamanji'oyan

Gagwejim a'aw abinoojiinh dibishkoo onow:

- ▶ Aaniin enaandeg enamanji'oyan? Aaniin enamandaman?
- ▶ Wagonen ge-izhichigeyamban wezhaawashkwaag da-inamanji'oyan?
- ▶ Wiikaa ina gigii-naadamaagon gegoo omaa wezhibii'igaadeg?
- ▶ Wagonen iko nayaadamaagoyan meskwaag inamanji'oyan?
- ▶ Aaniin akeyaa ge-izhi-naadamawad awiyya ashkibagong enaandeg inamanji'od?
- ▶ Wagonen iko nayaadamaagoyan agana da-inamanji'oyan?
- ▶ Aaniin apii iko ge-oko'idiyegiban izhi-maamawi ingiw waaj'ayaawajig da-dibaabandiyeg enamanji'oyeg?
- ▶ Wagonen ge-izhichigepan awiyya enawemad wezhaawaskwaag da-aabji-inamanji'od?

Zanagad igo geget da-gikenindizod awiyya enamanji'od. Weweni doodawaa awiyya gagaanzomind da-gagwe-gikendang enamanji'od. Booch igo maa minik da-dazhitaa awiyya da-naanaagaji'idizod minik biinish apii ge-izhi-wiindamaaged enamanji'od. Giishpin gashki'ewizisig awiyya da-naanaagaji'idizod gaabige, bakaan ingoji ge-izhaapan agana da-inamanji'od dabwaa-bi-azhegiwed.










Geyyabi na giwii-nanda-gikendaas? Inaabin omaa. ▶



May

Building Community

Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Character Word: Honesty- being truthful in what we say and do Calendar created by: Dr. Pamela Connor, Educational Trainer and Consultant Calendar translated by: Manuela Rodriguez						
  						
5 Community of Helpers 	6 Play "Red Light, Green Light" where your child moves when it's a green light and freezes when it's a red light. Wear a police hat when you are calling out the colors.	7 A sensory bin full of flour with a whisk, spoon, measuring cup, measuring spoons, small bowls, and a sifter is a fun time meant for a chef!	8 Use an old purse with a strap as a mailbag. Help your child make cards for family, friends, etc., put them in the mailbag, and let them deliver the mail!	9 ACTIVITY PAGE <u>Bus Driver, Farmer, and Police Officer</u>	10 Your child can be a community helper! Give your child a pair of kitchen tongs and a plastic bag, take them on a walk, and let them pick up litter in their community!	11 Weekend Wrap-Up Read and repeat any of the activities you did this week to learn about community helpers!
12 Community of Kindness 	13 Let your child squeeze all of the toothpaste out of a small tube and let them try and put it back in. They can't do it! That is like unkind words. You can't take them back!	14 Make a kindness jar full of acts of kindness done by or to your child during the week. At the end of each week, read the acts of kindness out loud to your family!	15 Help your child paint hearts and smiley faces on smooth rocks. Place the rocks in different places where others can find them and rock their day with kindness!	16 ACTIVITY PAGE "Kindness for Free"	17 Model saying "please" and "thank you" whenever you are with your child. If they hear you use kind and appreciate words, they will too!	18 Weekend Wrap-Up Read and repeat any of the activities you did this week that helped you learn about ways to be kind!
19 Community of Friends 	20 Help your child make friendship bracelets with yarn and Fruit Loops cereal. Put them in Ziploc bags to keep them fresh until they can share with their friends!	21 Invite your child's friends over and ask them to each bring a different fruit to help make a friendship fruit salad!	22 When playing games with your child, make a point to "take turns." Use that term while playing to instill the importance of taking turns when playing with friends.	23 ACTIVITY PAGE "Personal Bubble"	24 Play your child's favorite music and every time you stop the music, give them a hug, hold their hand, kiss their cheek, or give them a high-five. That's how we treat our friends!	25 Weekend Wrap-Up Read and repeat any of the activities you did this week that helped you learn how to be a good friend!
26 Community of Service 	27 Volunteer with your child at an animal shelter! Bring a donation of dog and/or cat food with you!	28 Volunteer with your child at a food pantry. Bring a donation of canned or nonperishable food with you!	29 Has your child outgrown their baby books? Put some in a bag and donate them to a children's hospital or local childcare center!	30 ACTIVITY PAGE "Save, Spend, Share"	31 Donate gently used stuffed animals to a local firehouse to give to children who may have lost theirs in a fire.	



Bus Driver, Farmer, and Police Officer

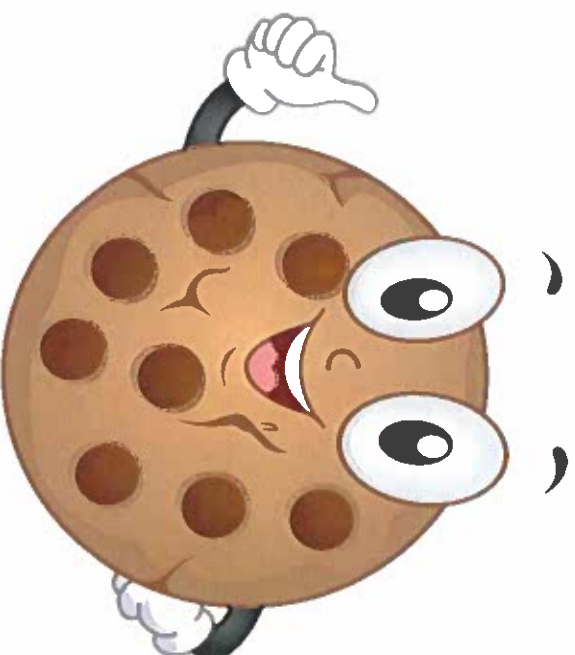
This book introduces your child to countless community helpers using pictures of real people doing real jobs! Read the book with your child and then keep it with you when you are out running errands, attending events, or going to medical appointments. Attach a sheet of fun stickers to the back of the book using a paperclip. Let your child look through the book while you are out and about and anytime they see one of the community helpers in the book, they put a sticker on the picture of that community helper! At the end of each day, go through the pages and see how many community helpers they saw and talk about the job they were doing when your child saw them. This will be a fun way for them to recognize community helpers right where they live!





Kindness for Free!

True acts of kindness come with no strings attached. They are done for the benefit of someone else with no expectation of getting something in return (well, maybe a thank you!). So, do you make a delicious chocolate chip cookie? What about sweet, thirst-quenching lemonade? Whatever your talent, let your child help you make a batch of something delicious and set up a snack stand outside your home. Offer your neighbors, the mail-carrier, a sanitation worker, etc. one of your treats FOR FREE! This act of kindness might just make their day!





Personal Bubble

One way to be a good friend is to pay attention to another friend's personal space. It can be uncomfortable for someone to be too close to another person when they are talking or playing with each other. One way to get your child to be a good friend and respect another friend's "personal bubble" can be done by using hula hoops! Grab enough hula hoops for you and your child or children. Each of you stand inside of your hula hoop and even though the hula hoops can touch each other, everyone is still in their personal bubble of comfort. Next, step out of your hula hoop and jump into a hula hoop with your child. Talk about how hard it is talk or move or try and play being so close to each other. Remind your child to pretend they are holding a hula hoop whenever they need to be in their personal bubble or give someone else the space to be in theirs!





Spend, Save, Share!

Here's a great idea! This activity will not only help teach your child about helping others but also how to manage their money! Take three tall, clear containers with openings wide enough to drop coins in. These could even plastic water bottles! Use a sharpie or alphabet letter stickers to put the labels "SPEND" "SAVE" and "SHARE" on each container and use a rubber band to attach them together. Anytime you or your child has any loose change, drop a coin in each container. When they are full, your child can use the change in one container to purchase something fun for themselves. They can use the change from another container to put into a larger "piggy bank" that they will save and keep adding to over time. And, the change from the last container is for them to share. They may donate the change to a food bank, a person without a home, or to a friend in need.





The Red Cliff Early Childhood Center
88455 Pike Rd. 89830 Tiny Tot Dr.
Bayfield WI 54814
May 2024



Current Opening for the Red Cliff Early Childhood Center/and Child Care

- **ECC Substitute Assistant Teacher/Substitute Kitchen Staff** POSTING
DATE: February 21, 2023, DEADLINE: Applications accepted year-round.
- **Child Care Teacher** Opening Date: June 22, 2023 Deadline: Open Until Filled
- **Assistant Child Care Teacher** Opening Date: March 6, 2024 Deadline: Open Until Filled
- **Early Head Start Center Based Teacher** Opening Date: April 9, 2024, Deadline: Open Until Filled

Red Cliff Tribal Job openings

- **Go to the Red Cliff Tribal Website**
https://www.redcliffnsn.gov/how_do_i/apply_for_obtain/employment_opportunities/jobopenings.php

-
- **Bayfield Chamber-Job Opportunities**

Meaningful May 2024

MONDAY



TUESDAY



WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY

1 Do something kind for someone you really care about

2 Focus on what you can do rather than what you can't do

3 Take a step towards an important goal, however small

4 Send your friend a photo from a time you enjoyed together

5 Let someone know how much they mean to you and why

6 Look for people doing good and reasons to be cheerful

7 Make a list of what matters most to you and why

8 Set yourself a kindness mission to help others today

9 What values are important to you? Find ways to use them today

10 Be grateful for the little things, even in difficult times

11 Look around for things that bring you a sense of awe and wonder

12 Listen to a favourite piece of music and remember what it means to you

13 Find out about the values or traditions of another culture

14 Get outside and notice the beauty in nature

15 Do something to contribute to your local community

16 Show your gratitude to people who are helping to make things better

17 Find a way to make what you do today meaningful

18 Send a handwritten note to someone you care about

19 Reflect on what makes you feel valued and purposeful

20 Share photos of 3 things you find meaningful or memorable

21 Look up at the sky. Remember we are all part of something bigger

22 Find a way to help a project or charity you care about

23 Recall three things you've done that you are proud of

24 Make choices that have a positive impact for others today

25 Ask someone else what matters most to them and why

26 Remember an event in your life that was really meaningful

27 Focus on how your actions make a difference for others

28 Do something special and revisit it in your memory tonight

29 Today do something to care for the natural world

30 Share a quote you find inspiring to give others a boost

31 Find three reasons to be hopeful about the future



ACTION FOR HAPPINESS

Happier · Kinder · Together

MAY 2024

27
ECC/TRIBE
CLOSED
HOLIDAY