

ECC Newsletter

Onaabani-Gilzis—Hard Crust on the Snow Moon

March 2023

Aaniin! Greetings!



What is the Difference Between a Head Start/Early Head Start Program and Child Care?

Head Start and Early Head Start programs are federal programs that provide a comprehensive early childhood education, health, nutrition, and parent involvement services to low-income families with children from birth to age five. The programs aim to promote school readiness and healthy development of young children, particularly those from disadvantaged backgrounds. These services are provided at no cost to families.

In contrast, a childcare program provides care and supervision for children while their parents or guardians are at work or otherwise occupied. Childcare programs may be offered by various providers such as childcare centers, family child care homes, or in-home care providers. The focus of childcare programs is primarily on meeting the basic needs of the child, such as providing a safe and nurturing environment, supervision, and age-appropriate activities. These services are paid for using state or federal programs if a family is eligible or the family pays out of pocket.

While both Head Start/Early Head Start and child care programs serve young children, there are several key differences between the two:

Eligibility: Head Start and Early Head Start are specifically designed for low-income families, whereas childcare programs are generally available to any family in need of childcare.

Services: Head Start and Early Head Start offer comprehensive services, including education, health, nutrition, and family support services, while child care programs primarily focus on supervision and basic care.

Curriculum: Head Start and Early Head Start programs follow a research based, age-appropriate curriculum that is designed to support the development of children in all areas, including cognitive, social-emotional, and physical development. Child care programs may offer some educational activities, but the focus is primarily on child care and supervision.

Funding: Head Start and Early Head Start programs are federally funded, while child care may be funded by a variety of sources including parents, employers, or government subsidies.

Overall, Head Start/Early Head Start programs offer a more comprehensive approach to supporting the healthy development and school readiness of young children, particularly those from low-income families, while child care programs primarily offer care and supervision for children.

10	ECC No Child Day
13-17	Spring Break
20-24	Parent Teacher Conferences
24	ECC No Child Day

Waabooz News



Boozhoo Waabooz Families!

For the month of March we will be putting a focus on achieving individual goals.

As a group we will be doing a weather study, incorporating St. Patrick's Day activities/crafts, and we will continue learning about the different emotions.

We will be learning about all the different types of weather and what things the different weather causes; snow, rain, sunshine, mud, clouds, rainbows, and wind.

We are working on sign language and Ojibwemowin, some of the commands/phrases we would like to work on are below.

Ojibwemowin/Sign Language

More—nawaj

Eat—wiisini

Please—daga

Thank you—Miigwech

Hello—boozhoo

Goodbye/See you later—gigawaabamin

Ojibwe Words of the Month:

Snow—Zoogipon

Rain—Gimiwan

Wind—Noodin

Cloud—Aanakwad

Important Dates/Reminders!

3/10: No Child Day

3/13-3/17: Spring Break (see you on 3/20)

- Drop off is at 7:45am / Pick up is at 3:00pm.
- Please pack at least one change of clothes to keep in the classroom.

If you have any questions or concerns, please reach out.

(715) 779-5030

Classroom ext. 2524

Office ext. 2526

Miigwech,

Miss Tiff, Miss Molly, and Miss Andrea

AMIK NEWS

Boozhoo!!

This school year is going by fast, and all of our Amik friends are growing.

We are currently working on sharing with our classmates, learning to get ourselves dressed to go outside, and using our words to express how we feel. Subjects that we are going to be studying for this month are weather and self-help.

We are hopefully going to get more outside time if the weather cooperates. Students are outdoors everyday that weather is permitting.

We want to send out a little reminder to please bring extra clothes for the little ones that sure do enjoy getting outside.

We also want to thank all of our families for sharing your children with us.

Feel free to call or stop in to visit if you have any questions or concerns. You can reach us at 715-779-5030 ext. 2525

-Lulu & Kelsey



Ojibwemowin Words

Aaniin ezhiwebak ag-wajing?

What is happening outside?

Giisinaa-It is cold

Zoogipon– It is snowing

Minogiizhigad-It is a good day

IMPORTANT DATES

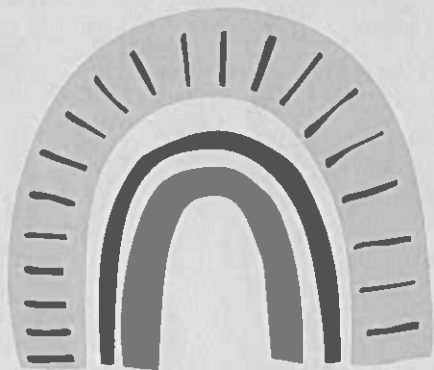
*Amik Noon Closure-March 9th

*No Students– March 10th

*Spring Break MARCH 13th-17th

*No Students– March 24th

*Parent Teacher Conference Week-
March 20th-24th



ONABAANI-GIIZIS

Makwa 2023



THIS MOTNH

In March we're going to be learning about weather. We are also going to continue working on being able to serve our own food, dress and undress ourselves, and being able to pull ourselves up to the table while eating, and pushing ourselves away when we're finished.

REMINDERS

- ✓ Please remember to send your child's snow gear to school, if there's snow on the ground we have to wear it!
- ✓ Please call the office or classroom (ext. 2544) with messages for the teaching staff
- ✓ Please ensure that the school has the proper telephone numbers to reach you in case of closures or other emergencies.

DAYS TO REMEMBER

March 10
No Child Day

March 13-17
Spring Break!

March 24
No Child Day

OJIBWEMOWIN VOCABULARY

agwajiing - outdoors

bekaa - slow down/wait

gimiwan - rain

gichi-noodin -it is stormy

Thank you for entrusting us with your little one every day! Let's have a great month and hopeful start to spring! - Miss Judy and Miss Kayla ext 2544



Esiban News

March 2023

Onaabani-Giizis

Boozhoo Esiban families!

Spring is on the way which means we will be going outside more often. Please send extra clothes and boots for outside! This month we are learning all about the weather. We will be setting up parent teacher conferences this month so please be sure to set up times when you are available.

Some reminders:

- Please continue to bring extra clothes for your child to have at school, some days we get messier than others.
- We ask that you bring boots and clothes for outside that are okay to get muddy and wet.
- Please try to call us or the front desk if your child won't be in for the day! Miigwech!

- Miss Gena & Miss Shannon
Ext. 2542

(Hard Crust on the Snow)

ECC Closures:

March 10, 2023 – No kids day

March 13-17 - Spring Break

March 24, 2023 – No kids day

Ziigwan: Spring

Mashkosiw: Grass

Giizis: Sun

MASHKODEBIZHIKI BIDA AJIMOWIN



Onaabani-Giizis 2023
(Snowcrust moon)

Boozhoo gakina awiya

We cannot believe it's already March! We are so excited for the nice weather to be coming back and to be outside exploring more! This month we will be working on our Tree Study. We will investigate and learn all about the trees around us, who lives in trees, how trees change, and so much more!

Just a couple reminders - We do go outside daily if the weather is above zero so, please send winter gear with your child every day. We do have plenty of extras if things get forgotten. Also, we kindly ask that you check your child's backpack or mailbox in the classroom for our weekly newsletters that get sent out on Thursdays. We want to say Miigwetch to all the parents for all you do! You Rock!

Our classroom hours are from 7:45am-3:00pm if you need to contact us, we can be reached by email nadine.cadotte@redcliff-nsn.gov and tatum.hanson-gordon@redcliff-nsn.gov or our classroom office phone at 715-779-5030 ext. 2547

INAGINZO- DATES TO REMEMBER

Feb.27- March 1 - Classroom
CLOSED

March 2nd & March 6th through
March 8th- Early Release (12 pm)
for Mashkodebihiki

Spring Break starts March
13th-17th. Classes resume March
20th

March 20-24th - Parent/Teacher
Conferences

OJIBWEMOWIN

Ziigwan- Spring

Mitig- Tree

Aninaatig- Maple Tree

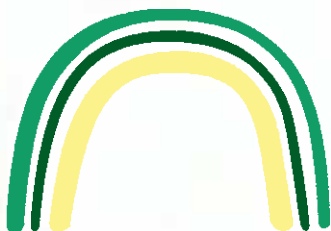
Iskigamizigan- Sugar Bush

Ziinzibaakwad- Maple Sugar

Gimiwan- Rain

Giizis- Sun

Onaabani-Giizis- March



Ms. Nadine & Ms. Tatum



ONAABANI-GIIZIS

Boozhoo Families! We are almost to Spring! We want to remind families that our day starts at 7:45 am to 3pm daily. If your child will not be in for the day, we like to hear by 9am so we can plan our day. Our contact information is 715 779-5030 ext. 2545

We like to say Miigwech for all the cooperation through the year so far, we really appreciate you all. We will be learning this month our Tree Study, ojibwemowin phrase of the week, waiting our turn, spring themed projects, self-help skills, counting, and how to be a friend.

Reminder please send to school extra set of clothes, outside gear such as boots, mittens, hats, and snowpants. We go outside daily, weather permitting, and sometimes we can get messy or have accidents.

We have many different reminders that go home daily, community notices, and children's artwork. Please make sure we are checking backpacks every day. The children are proud of their work and like to share it at home. We love to hear from the caregivers and families if you have any questions, comments or concerns please contact us, we love to chat with you all. Miigwech for sending your children daily to learn, play and grow with US!!

Miigwech,

Ms. Alicia and Ms. Gina

Ojibwemowin

Aniinaatig Maple

Mitig Tree

Wiigwaas Birch

Giizhik Cedar

Robin Opichi

Ojindisi BlueJay

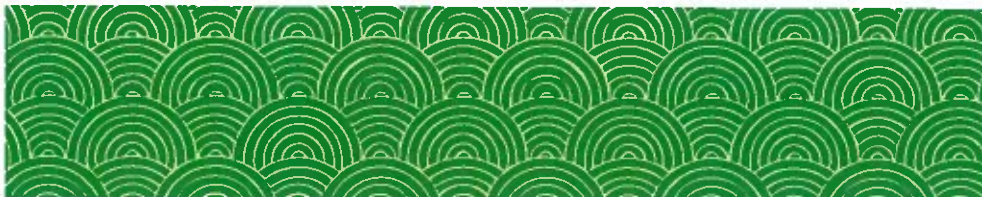
Raspberry

Miskomin

**"Parents are
children's
First
Teacher."**

**"Teaching is
the
profession
that teaches
all of the
other
professions."**

-unknown





MARCH

Migizi News

Ms. Diann, Ms Chandria 715-779-5030 ex.
2340



REMINDERS

February has been a month of snow and cold weather! The children are excited to have some warm sunshine so we can go outside and play in all that wonderful snow.

In March we will be starting our Tree Study from Teaching Strategies. We will also be talking about making Maple Syrup.

Some of the other learnings that will take place are their numbers, alphabets, working with scissors safely and recognizing rhyming words.

We will also learn about always asking permission before going with anyone or taking a present from a person. As usual we will focus on our feelings this time dealing with very angry frustrated feelings.

For cultural we will focus on words spoken in Ojibwemowin.
Tree- mitig
March-onaabani-giizis
Feel angry-nishkendam

We will be having Parent Teacher conferences during the week of March 20th.

LITERACY AT HOME

Not One But The Other Game: Play a game of opposites. Start with an example, "It's not hot, it's cold. See how the first one is the opposite of the second one? Let's try another, It's not up, it's ____? Down!" After a few practice rounds, take turns coming up with opposites and filling in the blanks. Practice opposites like stop/go, big/small, open/shut, tall/short, on/off, empty/full, cold/hot, etc. For an extra challenge, try harder opposites such as sink/float, heavy/light, fire/ice, top/bottom, over/under, light/dark, etc.

MATH AT HOME

Add It Up: At the grocery store, start with an item and then ask your child to get so many more. Together count how many you have at the end. For example, put one can of soup in the cart. Have your student get 2 more cans. Then count to find out how many you have all together. Work with the numbers 1-5.

TAKING CARE OF ME AT HOME

I Can Name Emotions: Students need practice learning how to recognize and label different emotions. To practice, play emotion charades. Take turns making different faces for emotions and then guessing what emotion you see. First practice basic emotions such as happy, sad, mad and scared. Then practice worried, frustrated, excited and disappointed. After your play, talk about how important it is to talk about your feelings. Model naming feelings for your child throughout the day by asking how they are feeling and then saying what you see such as "your smile is showing me you must be feeling happy". Learning to identify emotions helps students in handling these different feelings throughout the day.

March Themes

Trees, Always Ask First Rule, Angry Feeling, Culture



Red Cliff Early Childhood Center
Policy Council Meeting Minutes
Monday, January 9th, 2023 @ 11:00 am
Virtual



Meeting called to order by Chairwoman Linda Christiansen @ 11:03 am.

Policy Council Members Present: Lynna Martin, Linda Christiansen, Melissa Armagost, Lacie Defoe, Danielle Maulson and Kennedy Defoe,
Absent: Nicholas DePerry

Staff/Other Present: Kathy Haskins, Education and Abilities Manager, Jamie Goodlet-King, Head Center Director, Mikayla Defoe-Topping Health/Family Service assistant and Cindy Garrity Family Service Manager and Julie Erickson.

Approval of Agenda

Motion by Lynna to approve the agenda, seconded by Kennedy, all in favor, motion carried.

Approval of Minutes

Motion by Kennedy to approve regular Policy Council minutes for December 12th, 2022, second by Melissa, all in favor, motion carried.

Menu: January 2023

Motion by Danielle to approve the menu for February 2023, second by Melissa, in discussion, Jen will talk with Lori in regard to pizza twice in one day, cottage cheese several times a week. If the Policy Council have any Ideas for the menu, please share them.

Financial Report

Jenn updated the Policy Council that we were still underspent in HS/EHS due to staff vacancies and that we are in the process of doing a second quarter budget mod. Everything in on track other than a few discrepancies with a couple of smaller grants that we are working on with accounting.

Program Summary

Policy Council received the program summary for December with all up to date data. There were no concerns or questions. The program summary will be forwarded to the Tribal Council.

Other

Update-the ECC received the final rule for COVID 19 changes. Children under two do not have to mask, but the immunization part is still the same. Next year's grants we are working on finding ways to come up with keeping the same number of hours that is required but trying to figure a way so the EHS teachers can have prep time that is needed. Head Start is required to

have 1020 hours and EHS is to have 1380 hours. The Tribal Council has given approval to go with having every other Friday off just for the remainder of this year. In regard to having a story telling night we are looking at pushing it back from February 1st and possible hosting it at a later date due to the spread of COVID. Next policy council meeting will be set for February 13th, 2023. The policy council has agreed to have the policy council meeting set for the second Monday of the month at 11:00 am.

Executive

No executive needed.

Adjourn

Motion by Danielle to adjourn at 11:32 am., second by Lacie, all in favor, motion carried.

_____(signature)
Policy Council Chairperson or delegate

_____(Date)

Minutes taken by Cindy Garrity Family Service Manager.



Family Service

Newsletter March 2023

ECC Happenings:

- * Sugar Bush-Watch for fliers
- * No Child Day March 10th and 24th
- * Spring Break March 13-17th



If you are interested in attending this on line and need some help or do not have a computer to join, please give me a call and I can work with you.

Cindy Garrity,
Family Service

Red Cliff ECC
715-779-5030 ext.
2551



Monthly Virtual Coffee Talks for Parents of Toddlers & Preschoolers

Strong Feelings & Self-Control

In the Early Years

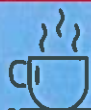


Thursday, February 9, 10am - 11am

The strong emotions of kids can be difficult to understand and even harder to deal with as parents. Join us to learn and discuss ideas for helping kids through strong emotions, so that they can build their emotional intelligence and self-control.

Registration Required!

Scan QR Code
or go to
go.wisc.edu/29722y



Upcoming Coffee Talks

2nd Thursday of each month - 10:00 to 11:00 a.m.

Mar. 9th: Gain Cooperation & Reduce Power Struggles
Apr. 13th: Managing Conflict: Siblings & Peers
May 11th: Children & Screens

Family Forum



An EEO/AAE employer, University of Wisconsin-Madison Division of Extension provides equal opportunities in employment and programming, including Title VI, Title IX, the Americans with Disabilities Act (ADA) and Section 504 of the Rehabilitation Act requirements.



March 2023 Onaabani Giizis (Hard Crust on the Snow)

Boozhoo ECC Families,

We are continuing to review the CLASS tool to help you understand our CLASS system. The next domain under Classroom organization is instructional learning format.

Instructional Learning Format focuses on the ways in which the teacher maximizes the students' interest, engagement, and ability to learn from lessons and activities.

- **Effective facilitation** (teacher involvement, effective questioning, and expanding children's involvement)
- **Variety of modalities and materials** (range of auditory, visual and movement opportunities)
- **Student interest** (active participation, listening, and focused attention)
- **Clarity of learning objectives** (Advance organizers, summaries, and reorientation statements)

We hope this has been helpful in understanding the classroom assessment scoring system.

If you have any questions please don't hesitate to give us a call.

Miigwech,

Ms Kathy and Ms. J

MARCH IS NUTRITION AWARENESS MONTH

Many parents are confused about; *Is my child getting enough calcium? Enough iron? Too much fat?* **Whether you have a toddler or a teen, nutrition is important to his or her physical and mental development. Here are some tips for the early years of your child.**

BABIES:

During this stage of life, it's almost all about the milk — whether it's **breast milk**, **formula**, or a combination of the two. Breast milk or formula will provide practically every nutrient a baby needs for the first year of life.

- At about six months most babies are ready to start solid foods like iron-fortified infant cereal, strained fruits and vegetables, and pureed meats. Because breast milk may not provide enough iron and zinc when babies are around six to nine months, fortified cereals and meats can help breastfed babies in particular. Once you do start adding foods, **don't go low-fat crazy.**

TODDLERS AND PRESCHOOLERS:

Toddlers and preschoolers grow in spurts so their appetites come and go in spurts. They may eat a whole lot one day and then hardly anything the next. This is normal, and if you offer them a healthy selection, they will get what they need.

- Calcium, the body's building block, is needed to develop strong, healthy bones and teeth. Children may not believe or care that milk "does a body good," but it is the best source of much-needed calcium. Still, there's hope for the milk-allergic, lactose-intolerant, or those who just don't like milk. Lactose-free milk, soy milk, tofu, sardines, and calcium-fortified orange juices, cereals, waffles, and oatmeal are some calcium-filled options.
- Fiber is another important focus. Toddlers start to say "no" more and preschoolers can be especially opinionated about what they eat. The kids may want to stick to the bland, but this is really the time to encourage fruits, vegetables, whole grains and beans, which all provide fiber. Not only does fiber prevent heart disease and other conditions, it also helps aid digestion and prevents constipation, something you and your child will be thankful for.

Water: Drink Up!

Water makes up more than half of kids' body weight and is needed to keep all parts of the body functioning properly. Babies generally don't need water during the first year of life. Kids should drink more water when ill, when it's hot out, or when engaged in physical activity.

There's no specific amount of water recommended for children, but it's a good idea to give them water throughout the day — not just when they're thirsty. If your child doesn't like the taste of water, add a bit of lemon or lime for flavor. Fruits and veggies are also good sources of water.

HAPPY HEALTHY EATING
ECC Health Office: Mikayla and Patt

Simple but healthy snack ideas for active kids



Carbohydrate foods

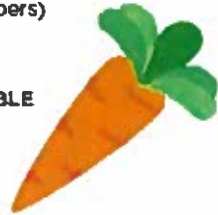
NON-PERISHABLE

- ☐ fresh and dried fruit
- ☐ unsweetened apple sauce
- ☐ fruit cups
- ☐ crackers
- ☐ whole-grain granola bar
- ☐ dry whole-grain cereal
- ☐ low-fat or homemade granola
- ☐ low-fat banana bread or muffin
- ☐ whole-wheat English muffin
- ☐ raw veggies (snap peas, cucumber coins, sliced bell peppers)



PERISHABLE

- ☐ frozen fruit
- ☐ yogurt
- ☐ milk
- ☐ toast
- ☐ whole-grain pita or wrap
- ☐ oatmeal
- ☐ leftover whole-wheat pancakes or waffles



Proteins & healthy fats

NON-PERISHABLE

- ☐ snack-pack tuna
- ☐ pumpkin seeds
- ☐ mixed unsalted nuts
- ☐ peanut or other nut butter
- ☐ trail mix with nuts, dried fruit, and chocolate chips

PERISHABLE

- ☐ cottage cheese
- ☐ hummus
- ☐ Greek yogurt
- ☐ cheese
- ☐ hard-boiled egg
- ☐ edamame
- ☐ roasted chickpeas



Homemade kid-friendly snacks can be simple, fast, and nutritious! Find more information about fuelling your young athlete at activeforlife.com

ECC ENROLLMENT CORNER

March 2023



RECRUITMENT IS EVERYONE'S BUSINESS

Do you know someone in the community that could benefit from our program? Let them know that they can reach out with question or to fill out an application. There are so many ways to apply; ECC website, in – person and on the phone. Word of mouth still remains the best way to recruit and if everyone can help recruit, our services can be reached by so many more.

FIND THE RIGHT CAR SEAT TIPS AND TRICKS

Boozhoo ECC Families,

Follow these steps to help you through the process of finding the right car seat, installing it correctly, and keeping your child safe.

- Learn about the four different car seat types.
 - Follow NHTSA's car seat recommendations based on your child's age and size.
 - Find and compare car seats and ease-of-use-ratings using NHTSA's Car Seat Finder
 - Install your car seat correctly.
 - Understand the parts and tips used for installation.
 - Follow detailed car seat installation instructions and videos.
 - Get your car seat inspected at a station nearest you.
 - Keep your child safe in a car seat by registering your car seat and sign up for recall notices to receive safety updates
- For more detailed information, please visit this website <https://www.nhtsa.gov/equipment/car-seats-and-booster-seats#parts-tips>

We accept applications all year round

CONTACT INFORMATION

If you have any questions, feel free to contact the enrollment office at 715-779-5030 ext. 2533 or email jennifer.defoe@redcliff-nsn.gov.

You can visit the Red Cliff ECC website anytime, by scanning the QR code or visiting www.redcliff-nsn.gov/ECC



AANIIN EZHI-AYAAYAN?



Nininwendam
(nininwendam)
I am happy



Ningashkendam



Ninsegiz
(ninsegiz)
I am alone



Nindayekoz
(nindayekoz)
I am tired



Ninshkoodiz
(ninshkoodiz)
I am mad



Nimbakade



Ningikoj
(ningikoj)
I am cold



Ningzhewoodiz
(ningzhewoodiz)
I am sad



Mindookoz
(mindookoz)
I am sick

CC BY-NC-SA 4.0 by Ojibwemuncieadisa Omsa Gajikemising 2021

Onaabani-Giizis

HARD CRUST ON THE SNOW MOON

Boozhoo gakina awiya,

This is the time of year we start thinking about iskigamizigan (sugar bush). It depends completely on the weather with when we are able to actually tap trees and start the process of making maple syrup. We start this when the days are warm and the nights are still below 32 degrees F.

Wayiiba niwii-ozhiga'igemin! (Soon we will tap trees)

Watch for more resources and upcoming announcements regarding Sugar Bush.



ANISHINAABE IKIDOWINAN

Biinichigen.....Clean up
Giziibiigininjiin.....Wash your
hands
Giziiyaabide'on.....Brush your
teeth

Gojitoon miinawaa...Try it again

**Watch for the weekly
ikidowinan videos that are
posted to our Facebook and
Youtube page!*

DA-GAGWEJIM, GANOONISHIN

- Haley Jo Hyde, ECC Cultural Coordinator/4K Teacher
haley.hyde@redcliff-nsn.gov
(715) 779-5030 ext. 2553

RESILIENT CO-PARENTING

A series of topic-specific classes for parents or caregivers raising children together while living apart.

Join us for any or all of the following sessions!

Feb. 2nd:	Families Fighting Fair
Mar 2nd:	Successful Stepfamilies
April 6th:	Navigate Difficult Conversations
May 4th:	Parenting from a Distance
June 1st:	Co-Parenting Teens
July 6th:	Cope with Stress through Transition
Aug. 3rd:	Help Children with Strong Emotions
Sept. 7th:	Relationship Readiness
Oct. 5th:	Self Compassion
Nov. 2nd:	Mindful Money Practices
Dec. 7th:	Forgiveness for Moving Forward

7:00-8:00 pm over Zoom
1st Thursday of each month
in 2023!

Scan code or
use link to
register!



go.wisc.edu/d206g4



Extension
UNIVERSITY OF WISCONSIN-MADISON



Human Development & Relationships Institute

An EEO/AA employer, University of Wisconsin-Madison Division of Extension provides equal opportunities in employment and programming, including Title VI, Title IX, the Americans with Disabilities Act (ADA) and Section 504 of the Rehabilitation Act requirements.



Math skills at different ages



By [Amanda Morin](#)

Kids start learning math the moment they start exploring the world. Each skill — from identifying shapes to counting to finding patterns — builds on what they already know.

There are certain math milestones most kids hit at roughly the same age. But keep in mind that kids develop math skills at different rates. If kids don't yet have all the skills listed for their age group, that's OK.

Here's how math skills typically develop as kids get older.

Babies (ages 0–12 months)

- Begin to predict the sequence of events (like running water means bath time)
- Start to understand basic cause and effect (shaking a rattle makes noise)
- Begin to classify things in simple ways (some toys make noise and others don't)
- Start to understand relative size (baby is small, parents are big)
- Begin to understand words that describe quantities (*more, bigger, enough*)

Toddlers (ages 1–2 years)

- Understand that numbers mean “how many” (using fingers to show how many years old they are)
- Begin reciting numbers, but may skip some of them
- Understand words that compare or measure things (*under, behind, faster*)
- Match basic shapes (triangle to triangle, circle to circle)
- Explore measurement by filling and emptying containers
- Start seeing patterns in daily routines and in things like floor tiles

Preschoolers (ages 3–4 years)

- Work with money
- Do addition and subtraction with regrouping (also known as borrowing)
- Understand place value well enough to solve problems with decimal points
- Know how to do multiplication and division, with help from fact families (collections of related math facts, like $3 \times 4 = 12$ and $4 \times 3 = 12$)
- Create a number sentence or equation from a word problem

Fourth and fifth graders

- Start applying math concepts to the real world (like cutting a recipe in half)
- Practice using more than one way to solve problems
- Write and compare fractions and decimals and put them in order on a number line
- Compare numbers using $>$ (greater than) and $<$ (less than)
- Start two- and three-digit multiplication (like 312×23)
- Complete long division, with or without remainders
- Estimate and round

Middle-schoolers

- Begin basic algebra with one unknown number (like $2 + x = 10$)
- Use coordinates to locate points on a grid, also known as graphing ordered pairs
- Work with fractions, percentages, and proportions
- Work with lines, angles, types of triangles, and other basic geometric shapes
- Use formulas to solve complicated problems and to find the area, perimeter, and volume of shapes

High-schoolers

- Understand that numbers can be represented in many ways (fractions, decimals, bases, and variables)
- Use numbers in real-life situations (like calculating a sale price or comparing student loans)
- Begin to see how math ideas build on one another
- Begin to understand that some math problems don't have real-world solutions
- Use mathematical language to convey thoughts and solutions
- Use graphs, maps, or other representations to learn and convey information

MARCH 2023

Activity Calendar

Books by the Bush

2022 CERTIFIED

Ohio WBE
Women-Owned Business Enterprise

NWE
WOMAN OWNED



Book of the Month

**Good Knight,
Mustache Baby**
by Bridget Heos

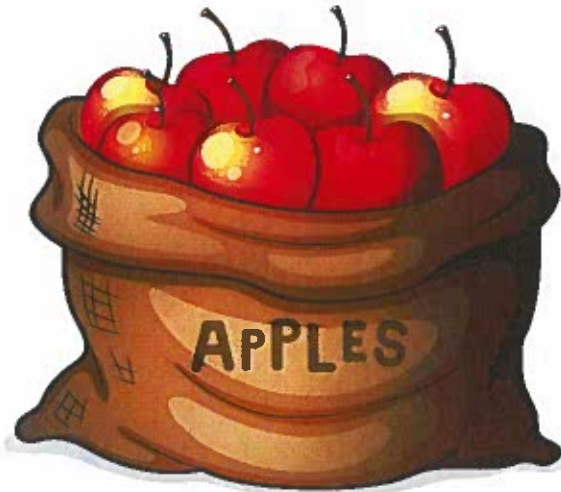
Visit www.booksbythebush.com for more!

TUESDAY		WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
7 National Cereal Day- Make a fun jigsaw puzzle out of your cereal box cover		1 National Pig Day Create a piggy out of a paper plate. Paint the plate pink, add a nose and ears. Don't forget the curly tail!	2 Dr. Seuss's birthday, author of Cat in the Hat; Also Read Across America Day	3 If Pets Had Thumbs Day - what would it be like if a cat or dog had hands? Write a silly story about it.	4 National Womens History Month - celebrate by reading "My Name Is Malala"
14 Learn about Butterflies Day - visit Books by the Bushel's interactive page "Caterpillar to Butterfly" for butterfly activities		8 International (Working) Women's Day	9 National Meatball Day- read the story "Cloudy with a chance of meatballs"	10 National Pack Your Lunch Day - pack your own lunch! Pack 4 items and don't forget the drink!	11 Johnny Apple Day- make a pot h of gray paper, cut a of paper to fit your glue together, glue handle, add a red to the
21 World Down Syndrome Day- wear mismatched colorful socks for "Rock your socks" to support awareness		22 World Water Day- read a book such as "Why Should I Save Water"	23 World Meteorological Day - create a rain cloud with a glass of water, shaving cream on top then add droplets of food coloring. STEM Activity	24 National Chocolate Covered Raisin Day - have a snack	25 National Medal Honor Day- draw own medal - What would it be for? Cleanest room?
28 National Paws to Read Month - read to your pet - OR - a pretend stuffed animal/pet		29 National Vegetable of the month is asparagus - list all the fruits and vegetables that start with the letter "A"	30 National Pencil Day How would we write without the pencil? Make a pencil topper today	31 National Crayon Day- make art! OR melt old crayons down into new star, square, or circle shaped crayons with a silicone mold	National Women's History Month National Paws to Read Month - read to your pet Fruit & Vegetable Cleanest room?
12 Plant a Flower Day -cut the side of a milk or juice carton off. Add dirt and a seed. Water, place in sun and watch your flower grow!		13 National Napping Day - time to read a new book such as "The Very Long Sleep" - then make a paper plate look like a sleeping bear face	15 National Shoe the World Day- draw a shoe, punch holes for laces, add string and learn how to tie your new shoe!	16 Absolutely Incredible Kids Day - list 5 things that makes you incredible!	17 Saint Patrick's Day- Cut the center out of a paper plate. Paint it orange. Create a green hat out of paper to glue onto the plate. Now you can be a leprechaun
19 Let's Laugh Day - tell a joke, make someone you love laugh		20 Earth Day- celebrate by making blue and green sugar cookies	26 Make Up Your Own Holiday Day- What would your holiday be? What would your holiday card look like?	18 National Sloppy Joe Day- enjoy sloppy joe lunch	26 National Day- draw own medal - What would it be for? Cleanest room?



“Johnny Applesauce”

John Chapman, or better known as Johnny Appleseed, is many times celebrated in March since that is apple tree planting season and that is what he is historically known for! While apples are a tasty fruit to crunch into, some people prefer the smoother texture of applesauce. You and your child can easily make some homemade applesauce to enjoy together! First, peel, core, and chop about 4 apples. Let your child help you as much as possible in this step. Then, place the chopped apples in a medium sauce pan with $\frac{3}{4}$ cup of water, $\frac{1}{3}$ cup of sugar and $\frac{1}{2}$ teaspoon of cinnamon. Bring to a boil and then reduce to a simmer, cover, and let cook for about 20 minutes. Move this mixture to a blender or use a handheld one, and blend until smooth. This delicious applesauce can be served warm or cold.





Rainbow Sensory Bottles

The month of March is all about leprechauns, pots of gold, and rainbows! Help your child create their own sensory bottles using all the colors of a rainbow! You will need a few water bottles with their labels torn off, liquid food coloring, baby oil, and water! Using a funnel, help your child fill each bottle about 1/3 full of water. Then, add in a few drops of different colors of food coloring and fill the rest of the bottle with baby oil. Before securing the lids, your child may like to pour in glitter to each bottle to make the colors sparkle. Finally, secure the lids on each bottle with either hot glue or electric tape. Have your child place the bottles on a window ledge where the sun can shine on all of the colors of the rainbow. Of course, they can pick them up at any time and give them a good shake to watch the glitter move through the liquid. This is a great activity to learn colors and to see how water and baby oil interact in the bottles!



Mindful March 2023

MONDAY



6 If you find yourself rushing, make an effort to slow down

TUESDAY



7 Take three calm breaths at regular intervals during your day

WEDNESDAY

1 Set an intention to live with awareness and kindness

8 Eat mindfully. Appreciate the taste, texture and smell of your food

THURSDAY

2 Notice three things you find beautiful in the outside world

9 Take a full breath in and out before you reply to others

FRIDAY

3 Start today by appreciating your body and that you're alive

10 Get outside and notice how the weather feels on your face

SATURDAY

4 Notice how you speak to yourself and choose to use kind words

11 Stay fully present while drinking your cup of tea or coffee

SUNDAY

5 Bring to mind people you care about and send love to them

12 Listen deeply to someone and really hear what they are saying

13 Pause to watch the sky or clouds for a few minutes today

14 Find ways to enjoy any chores or tasks that you do

15 Stop. Breathe. Notice. Repeat regularly

16 Get really absorbed with an interesting or creative activity

17 Look around and spot three things you find unusual or pleasant

18 Have a 'no plans' day and notice how that feels

19 Cultivate a feeling of loving-kindness towards others today

20 Focus on what makes you and others happy today
dayofhappiness.net

21 Listen to a piece of music without doing anything else

22 Notice something that is going well, even if today feels difficult

23 Tune into your feelings, without judging or trying to change them

24 Appreciate your hands and all the things they enable you to do

25 Focus your attention on the good things you take for granted

26 Choose to spend less time looking at screens today

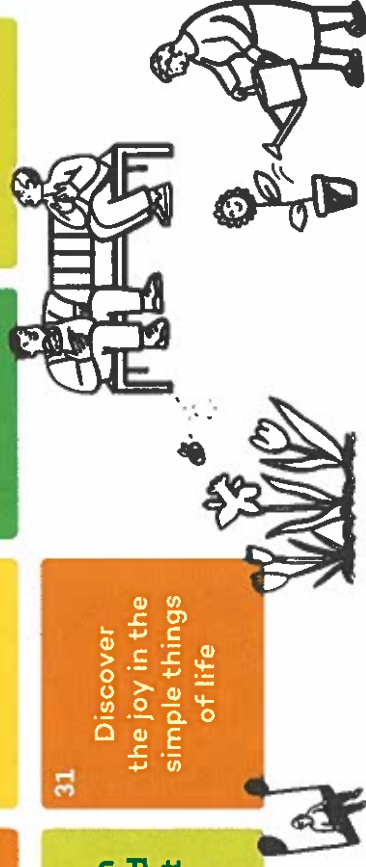
27 Appreciate nature around you, wherever you are

28 Notice when you're tired and take a break as soon as possible

29 Choose a different route today and see what you notice

30 Mentally scan your body and notice what it is feeling

31 Discover the joy in the simple things of life



ACTION FOR HAPPINESS

Happier · Kinder · Together



The Red Cliff Early Childhood Center
88455 Pike Rd. 89830 Tiny Tot Dr.
Bayfield WI 54814
March 2023

Current Opening for the Red Cliff Early Childhood Center/

- **Early Head Start Center Based Teacher** Opening Date: October 28, 2022 Deadline: Open Until Filled
- **Child Care Teacher** Opening Date: February 6, 2023, Deadline: Open Until Filled
- **Child Care Assistant Teacher** Opening Date: February 6, 2023 Deadline: Open Until Filled
- **ECC Substitute Assistant Teacher/Substitute Kitchen Staff** POSTING DATE: February 21, 2023 DEADLINE: Applications accepted year round
- **Head Start/4k Teacher** Opening Date: August 17, 2022, Deadline: Open Until Filled
- **Early Head Start Home Based Teacher** Opening Date: August 17, 2022, Deadline: Open Until Filled

Red Cliff Tribal Job openings



- **Go to the Red Cliff Tribal Website**
https://www.redcliffnsn.gov/how_do_i/apply_for_obtain/employment_opportunities/jobopenings.php
- **Bayfield Chamber-Job Opportunities**

MARCH-2023

ONAABANI-GIIZIS

NITAM ANOKII-GIIZHIGAD	NIIZHOO-GIIZHIGAD	AABITOOSE	NIYO-GIIZHIGAD	NAAANO-GIIZHIGAD
MILK SERVED WITH EVERY MEAL 1-2 YR OLD WHOLE				
MENU SUBJECT To				
6B BFK BURRITOS, OR- ANGES, YGT	7B KIX, APPLES, YGT, OATMEAL RND	8B WG PANCAKE, BLUE- BERRIES, TRK SAUSAGE	9B CHEERIOS, BANANA, YGT	10B
S YGT/CRACKER	S PUDDING/GR CRACKR	S CRACKER/CHEESE	S GR CRACKER/MILK	No
L TOMATO SP, GR CHEZ,	L BEEF STIR FRY, STIR	L PIZZA, CORN, PEARS,	L PORK CHOP, WG BUN,	CLASSES
GR BEANS, FR CCKTAIL	FRY , MANGO BR RICE	SALAD	APPLESAUCE , GR BEAN	
S PEACHES/CC	S CARROTS/MILK	S STEGOSAURUS/MILK	S BROCCOLI/CC	
13	14	15	16	17
SPRING BREAK	SPRING BREAK	SPRING BREAK	SPRING BREAK	SPRING BREAK
20B MALTO MEAL, M ORANGES, WG MUFFIN	21B CHEERIOS, AP- PLES, YGT	22B CORN CHEX, BANA- NA, YGT, WG MUFFIN	23B WG FR TOAST, CC, PEACHES	24
S STRING CHEEZ/CRCK	S PB/CRACKER	S OATMEAL RND/MILK	S NUTRA BAR/MILK	No
L TACO'S, MANGO, CC,	L CHIX WGHD, PEAS,	L CRABBY PATTY, FRIES,	L SPAGHETTI, CORN,	CLASSES
GR BEANS	PEACHES , CC	BROCCOLI , FR COCKTAIL	HONEYDEW , YGT, SALAD	
S PINEAPPLE/CHEES IT	S CUCUMBERS/CRACKR	S BERRY PIZZA	S CARROTS/HUMMUS	
27B PANCAKES, TRK SAUS, APPLESAUCE, CC	28B HB OAT, CANTA- LOUPE, CC,	29B RICE CRISPIES, BLUEBERRIES, CC	30B EGGS, TRK BACON, HONEYDEW, CC	31B LIFE, BANANA, YGT
S MUFFIN/MILK	S GOLDFISH/MILK	S GR CRACKER/MILK	S PEARS/WAFFLE	OATMEAL RND
L RAVIOLI, SALAD,	L CORNBEEF/CABBAGE	L CHZB HD, MANGO,	L CHIX, GR BEAN, PEACH-	S CHEESE/CRACKER
CORN , TR FRUIT, CC	SP , CARROTS, PINEAP-	PEAS	ES , WG BR STIX	L BURRITO, BR RICE,
S RICE CAKES/M OR- ANGE	PLE , SALAD	S TRAIL MIX/ JUICE	S CAULIFLOWER/ HUMMUS	MANGO , PEAS
	S CARROTS/YGT			S TEDDY GR/ PEACHES