

RED CLIFF EARLY CHILDHOOD CENTER

Newsletter

"Every piece of the universe, even the tiniest little snow crystal, matters somehow.

I have a place in the pattern, and so do you."

- T. A. Baron

Manidoo-Giizis
(Little Spirit Moon)

December 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

1

EHS Classes in Session

21

Winter Holiday Party (4:30-6:00 @ LW)

22

ECC/Tribe Closed

22-1

No Classes in Session

25

ECC/Tribe Closed

Biboon!

Boozhoo!



Winter is officially here and it is only a matter of time before we are shoveling and salting our way out of our driveways! It is also the time of year that many think cold weather is the cause of colds and illness. In fact, getting outside regularly even when it is cold outside, can help deter illness by giving your body fresh air and activity. At the ECC we follow these temperature guidelines for outdoor play.

Children ages two and up can be outside if temps (including windchill) are 0 degrees or warmer. Children under the age of two can be outside if temps (including windchill) are 20 degrees or warmer. Please use this as a guideline to help determine if it is too cold to play outside and remember, temperatures typically increase as the day goes on so if it is too cold in the morning it may be fine in the afternoon. Get outside as much as possible to help keep you and your family healthy.

With that being said, please be sure your child has the appropriate winter gear for playing outside. Snow pants, winter jacket, hat and winter gloves are vital for your child to enjoy their time outdoors in the winter. Please label all your child's gear so that it is less likely to get lost. Please be patient with staff if items do go missing or happen to get sent home with the wrong child. At times, there are as many as 18 sets of winter clothes strewn around the room. If you need assistance getting winter gear for your child, please contact your child's teacher or the family service office. We do have some extra items at the center but those tend to disappear as the season goes on.

We hope you all enjoy the change in seasons and all that it brings with it. Take time to enjoy your family, friends and community. Remember, the best things in life are not purchased in a store but live in moments and memories.

Miigwech!

Jenn and Jamie



Amik News



Boozhoo Amik Families!

Throughout the month of November we learned about the different types of weather we see outside; rain, snow, storms, and the wind. We talked about the leaves outside and why the trees lose their leaves and why they change color. We read books about weather, the different seasons, and Thanksgiving.

During the month of December we will be focusing on the Holiday season, winter, and learning about colors and shapes. And we will be continuing to work on individual goals for each child.

We are working on sign language and Ojibwemowin, some of the commands/phrases we would like to work on are below.

Ojibwemowin/Sign Language

More—nawaj

Eat— wiisini

Please— daga

Thank you— Miigwech

All Done— mi'iw

Goodbye/See you later— gigawaabamin

Ojibwe Words of the Month:

Manidoo-Giizisoons— December

Goon—Snow

Miskwaa— Red

Ozhaawashkwaa— Green/Blue

Important Dates/Reminders!

12/8: No School Day

12/15: No School Day

12/22-12/29: Winter Break (no school)

- Drop off is at 7:30am / Pick up is at 3:30pm.
- If your child will be absent for the day, please contact the front office.
- Please pack at least one change of clothes to keep in the classroom.

If you have any questions or concerns, please reach out.

(715) 779-5030

Classroom ext. 2525

Office ext. 2526

Miigwech,
Miss Tiff & Mrs Andrea

December News

Boozhoo Makwa room! It's December already and we can not believe how much the children have grown!

We enjoy seeing their smiling faces on a daily basis.

This month we will continue working on our feelings and start working on snow exploration, both indoor and outdoor, dressing ourselves, Ice painting, baking and so much more.

Please send appropriate outdoor clothing, we go outside daily. (Weather permitting)

Miigwech! Ms. Judy & Ms. Kelsey

Ext. 2544



Minawaanigwendam
s/he is happy



gashkendam
s/he is sad



nishkaadizi
S/he is mad

Esiban News



Boozhoo Esiban Families!

For the month of December, we will be working on Christmas crafts, we will also be working on fine motor skills.

If you have any concerns or just want to talk, we are always here to listen!

I really want to say that all the kids have learned so much and have come a long way since the beginning of school!

We also want to say "Miigwech to Miss Caitlyn for helping in our classroom" and we want to give a warm welcome to Miss Kelly!

Miigwech to all of you that attended Parent Teacher conferences!

Miigwech!
Miss Gena
Miss Caitlyn
Miss Kelly

Contact us at:
(715) 779-5030
Office Extension: **2542**
Classroom Extension: **2541**

Ojibwemowin

Co ors!

Red - Misko

Green - Ozhaawashwaa

Feelings!

Mad - Nishkaadizi

Sad - Gashkendam

Drop off is at 7:30am

Pick up is at 3:30pm

Please bring 1-2 extra outfits to keep in the classroom 😊 Please put initials on the tags.

EHS HOME BASE

December 2023



GREETINGS

Boozhoo Home Base Families!
December is already here! I know we just started out with our visits, but I would like to say that I have really enjoyed our time together!



THIS MONTH

I am looking forward to our upcoming visits together! Some topics we will focus on this month are fine motor skills, literacy and sensory.



CONTACT ME

Mrs. Chelby

EHS Home Base Teacher

Phone: 715-779-5030 ext. 2534

Email: chelby.cameron@redcliff-nsn.gov

OJIBWEMOWIN

Biboon- Winter
Gisinaa agwagiing- Its cold outside.
Nimijikaawanan-My Mittens.



IMPORTANT DATES

December 1st: EHS has Class
December 21st: ECC Christmas Party. (details to come)

Decembers Home base social: TBD

December 22nd: ECC closed

Winter Break: 12/22-01/02



MASHKODE-BIZHIKI CLASSROOM NEWSLETTER

we are learning

Miigwech to our all families who made time for our parent/teacher conferences! During the month of December we will continue working on our clothing study. While doing our activities the kiddos are learning all about different types of clothing and materials used to make clothes. We are starting to really focus on our ojibwemowin commands and the kids are learning so much so quick! We hope you all have a warm & safe winter break!



fine motor activities

A couple activities your child can do at home to help strengthen their fine motor skills: 1. Cutting shapes out of paper. 2. Stringing beads on pipe cleaners. 3. Word tracing.



Mrs. Nadine, Mrs. Tatum & Mrs. Melissa



ojibwemowin

bizindan-listen
biindigen-come in
miigwech-thank you
giziibiigininjii-
wash your hands
giziyaabide'o-
brush your teeth

important dates

Dec. 21 - Christmas
Party 4:30-6
Dec. 22-29 -
Christmas Break
Jan. 1 - Tribe Closed
Jan. 2 - Class
resumes

contact us

715-779-5030 ext.
2547
nadine.cadotte@red
cliff-nsn.gov
tatum.hanson-
gordon@redcliff-
nsn.gov

MA'IINGAN BIDAAJIMOWIN



Manidoo-Gizisoons 2023

(Little Spirit Moon)

Boozhoo gakina awiya,

We are learning a bunch of new things about clothing and during December we will be continuing our clothing study. We will do this through investigating different ways we can fasten, make, and use clothing, reading books, working on activities, and discussing the question of the day. How are our clothes made? Where do we get our clothes from? What are some of the special kinds of clothes people wear to work? The Ojibwe culture and language is incorporated within our lessons and daily activities.

Thanks for sharing your time with us during parent teacher conferences. We hope you have a wonderful time during winter break, and we wish you well – Ambegish mino ayaayeg. Classes will resume on Tuesday, January 2, 2024.

Our classroom hours are 7:30 to 3:30pm. If you need to contact us we can be reached by email: alicia.deperry@redcliff-nsn.gov, gina.lagrew@redcliff-nsn.gov or our classroom office phone at 715-779-5030 ext. 2545.

INAGINZO – DATES TO REMEMBER

**December 21st – ECC Holiday Party
December 25th – January 2nd – No School Winter Break
December 25th – Christmas Day - Tribal Holiday
January 1st – New Year's Day – Tribal Holiday
January 2nd – Classes Resume**

OJIBWEMOWIN - THE OJIBWE LANGUAGE

**Biboonagad – It is Winter
Gooniwan – It is Snowy
Gisinaa – Cold Weather
Bikwaakwadwaagonagin – Make a snowball
Bibooni giboodiyegwaazon – Snow pants
Minjikaawan – Mitten
babiinzikawaagan – Jacket
Bitookizin – Boot
Wiwakwaan – Hat**

Miss Alicia & Miss Gina



DECEMBER

Ms. Diann, Ms. Chandria

715-779-5030 ext 2540



REMINDERS

It's unbelievable that it is already December and Christmas is around the corner.

Important dates to remember:

December 21-Ecc Children Christmas Party. Time will be 4:30-6:00pm.

Where-Legendary Waters Casino.

December 22-29th Winter Break

January 1-Tribe is closed.

January 2nd-Firt Day Back to School.

In the classroom we will continue with our Clothes Study and Second Step with working on feelings.

Christmas activities will be done throughout the month.

Remind your child that they need 5 things on when they go outside.

1. Snow pants
2. Boots
3. Coat
4. Hat
5. Mittens

We work on this daily, so they remember to stay warm and dry.

DECEMBER THEMES

Clothes Study, Feelings and Christmas activities

LITERACY AT HOME

Beginning Sound Sort: Gather a basket of toys from around the house. Take turns naming the toy and what sound it starts with. For example, car starts with /c/. After all the toys have been named, take turns sorting the toys by beginning sounds, putting the toys that start with the same beginning sound in the same pile.

MATH AT HOME

Musical Math: On separate pieces of paper write the numbers between 0-10. Mix the papers up so the numbers are not in order. Then lay the papers out in a big circle. Gather the family and have everyone stand on a number. When the music starts, walk on the numbers in a circle. When the music stops, have everyone name the number they are standing on. Keep going until all the numbers have been named.

TAKING CARE OF ME AT HOME

I Can Put on My Own Coat: Learning to put on your own coat can take practice. With the colder weather here, students will have more opportunities to practice putting on and zipping up their own coats. Choose easy coats for your child and you to practice together. Step by step, put on your coats at the same time, showing your child how you do it and how to zip it up. As they become more comfortable, see who can put on their own coat the fastest. Practice having your child independently put on their coat and zip it, or ask for help starting the zipper.





Red Cliff Early Childhood Center
Policy Council Meeting Minutes
Monday, October 10th, 2023 @ 11:00 am
Virtual

Election of officers:

Chair- nomination by Melissa Armagost to elect Linda Christiansen as Policy Council Chair, second by Lacie Defoe, all in favor nomination excepted.

Vice-Chair: nomination by Linda Christiansen to elect Melissa Armagost, nomination by Melissa Armagost to elect Audra Blanche. Vote taken 3 for Melissa and 2 for Audra, Melissa Armagost in as Policy Council Vice-Chair, second by Audra Blanche, all in favor, nomination excepted.

Secretary/Treasurer: nomination by Lacie Defoe to elect Audra Blanche as Policy Council Secretary/Treasurer, second by Melissa Armagost, all in favor, nomination excepted.

Meeting called to order by Chairwoman Linda Christiansen @ 10:47 am.

Policy Council Members Present: Linda Christiansen, Melissa Armagost, Audra Blanche, Jared Blanche, Nissa Basina, Kennedy Defoe and Lacie Defoe

Absent: Vincent Bresette-

Linda left the meeting at 11:00 am and Melissa finished out meeting.

Staff/Other Present: Kathy Haskins, Education and Abilities Manager, Patt Kenote-Deperry, Health Director, Jamie Goodlet-King, Head Start/4K/Early Head Start Director, Julie Erickson, Cindy Garrity Family Service Manager, Jennifer Leask, Administrator Jennifer Defoe, Enrollment Specialist.

Approval of Agenda

Motion by Lacie to approve the agenda, seconded by Kennedy, all in favor, motion carried.

Approval of Minutes

Motion by Kennedy to approve regular Policy Council minutes for September 19th and Special Policy Council minutes for September 22nd, 2023, second by Audra Blanche, all in favor, motion carried.

Menu: November 2023

Motion by Kennedy to approve the menu for November 2023, second by Melissa, in discussion Jenn informed them that she was not able to speak with Lori about the changes from October's menu. All in favor, motion carried.

Approval of ERSA Plan 2023-2024

Jenny updated the policy council on the changes that were made.

Motion by Audra, second by Nissa to approve the ERSA Plan presented, all in favor, motion carried.

Request to close the ECC on December 14th at 12:00 pm for grade school holiday concert.

Motion by Lacie to approve closing ECC on December 14th at 12:00 pm as requested, second by Kennedy, in discussion, Jennifer Leask explained why we would like to close, due to teaching staff having children that attend this concert we would hate to have them miss out. Everyone else that does not attend will work that day. All in favor, motion carried.

Request for up to \$3500.00 from the parent funds for Christmas expenses.

Motion by Kennedy to approve the request for up to \$3500.00 from the parent funds for Christmas expenses, seconded by Jared, all in favor, motion carried.

Program Summary

Cindy went through the program summary with the new policy board, explaining what is on it and why. No action needed.

Financial Report

Jenn gave an update on where the ECC is financially. We cannot send out expenditures over email, but if the board would like them, they cannot pick them up here at the center. We will be working on budget modifications for the extra monies we have due to open staff positions.

Other

- In discussion, the policy board was asked if they wanted to keep the same date and times that we have been meeting or change them. At this time, they are all in favor of keeping the second Tuesday of each month at 10:00 am.
- Will be participating in Trunk or Treat here at the ECC-theme will be story books.
- Updated them on the Federal Review that we will be getting soon and that we will be calling on the Policy Council to meet with them.
- Informed the Policy Council that we currently have community partners from different departments coming to the ECC to read stories.

Executive

No executive needed.

Adjourn:

Motion by Audra to adjourn at 11:12 am., second by Nissa all in favor, motion carried.

_____ (signature)

Policy Council Chairperson or delegate

_____ (Date)



Red Cliff Early Childhood Center
Policy Council Orientation Virtual/Teams
Monday, October 10th 2023 @ 10:00 am

Attendance:

Present: Linda Christiansen, Melissa Armagost, Lacie Defoe, Audra Blanche, Jared Blanche, Kennedy Defoe and Nissa Basina.

Absent: Vincent Bresette

Kathy Haskins, Education and Abilities Manager, Jamie Goodlet-King, Center Director, Julie Erickson, Social/Emotional Support Specialist, Cindy Garrity, Family Service Manager, Jennifer Leask, Administrator, Patt Kenote DePerry, Health Manager and Jennifer Defoe, Enrollment Specialist.

Welcome to all the board member to the 2023-2024 Policy Council

Human Resource Presenter: Diane Cooley

Diane emailed Cindy Garrity the background checks and she sent them to all board members. They did fill them out and Cindy sent them to Diane.

The ECC Orientation: The Policy Council was given the information to look over. At the meeting Cindy Garrity, Jennifer Leask and Jamie Goodlet King read through the Policy Council By-Laws with all. Each bullet point discussed what it was and why. They were informed that if they have any questions at anytime to please feel free to contact Jenn or Jamie at the center and they would be happy to go over it with them. At this time there were no questions.

The Binder had information on.

- Policy Council Bylaw
- ECC Policies & Procedures
- HS & EHS 2022-2023 PIR's
- Service Plans
- Self-Assessment
- Community Assessment/Update
- Program Information and Informational Memorandums (PI's) (IM's)
- Calendar
- Resource guide
- Oath of office.

The meeting came to an end at 10:47 am.

_____(print name)
Policy Council Chairperson or delegate

Minutes taken by Cindy Garrity, Family Services Manager



**Red Cliff Early Childhood Center
Special Policy Council Meeting Minutes
Thursday October 12th, 2023 @ 2:00pm
Virtual**



Meeting called to order by Chairwoman Linda Christiansen @ 2:03 pm

Policy Council Members Present: Linda Christiansen, Audra Blanche, Melissa Armagost, Kennedy Defoe, Jared Blanch, Nissa Basina and Lacie Defoe

Staff/Other Present: Kathy Haskins, Education and Abilities Manager, Jamie Goodlet-King, Center Director, Julie Erickson, Social/Emotional Support Specialist, Cindy Garrity, Family Service Manager, Jennifer Leask, Administrator, Patt Kenote DePerry, Health Manager, Joni Gordon Office assistant and Jennifer Defoe, Family Enrollment Specialist.

Approval of Agenda

Motion by Kennedy to approve the agenda, seconded by Audra, all in favor, motion carried.

Childrens Christmas party

Jenn informed the policy council that the administration team asked if we would like to join the ECC Christmas party with the Red Cliff Community Christmas give away in December. Jenn informed the administration team that she could not make this decision and that she would have to take it to the policy council. In the discussion each policy council member gave their input, and a decision was made.

A motion by Audra to keep the ECC Christmas party the same as is and not to join as partners, second by Nissa, 1 abstained, all-in favor, motion carried.

Christmas Gifts

Cindy proposed 3 different types of sleds to the policy council, and they decided to go with the small round gift at a cost of \$9.49 each and to order at least order 100 of them, colors didn't matter.

Adjourn

Motion by Kennedy to adjourn at 2:22 pm, second by Audra, all in favor, motion carried.

_____(signature)
Policy Council Chairperson or delegate

Date

Manidoo-Gilzis December Family Service Newsletter

Red Cliff Kids Christmas



Please sign up online by December 8th @www.redcliff-nsn.gov/kidsxmas

Gift pick-up-**Wednesday December 13th 10-6 pm** at Legendary Waters

Sunday December 17th Red Cliff Kids Christmas Party 1-4 pm at Legendary Waters

Stop on down and see Mr. and Mrs. Clause

- ◇ Decorate an ornament
- ◇ Snacks and Drinks will be served.



Toys for Tots drive

Call 715-292-6400 ext. 1 or 2

November 15th-December 8th

This is for parents with children from Newborn to 12 years old. Pick up date is **December 14th from 10-6 pm** at the

Bretting Center.

Events and closings

- Dec 1st- Friday-EHS classrooms are open.
- Dec 12th-Tuesday-ECC Policy Council meeting @ 10:00 am
- Dec 14th-Thursday-ECC classrooms closing at 12:00 pm
- **December 21st-Thursday-ECC Holiday Party at Legendary Waters from 4:30-6pm**
- **Dec 22-Jan1st-ECC children off for Holiday Break.**
- **Jan 2nd-Tuesday- ECC First Day Back to School.**

**Happy Holidays
everyone. We will
see you all next year!
Mikayla and Cindy**



Manidoo giizisoon: Little Spirit Moon month

December 2023

Boozhoo from the education and abilities office

This month we are continuing with one of our seven teachings... the Sabe. The Sabe carries the gift of Honesty.

To be truly honest is to be true to yourself and others.

Honesty means you live your life in a trustworthy and sincere way. Honesty is standing true to your beliefs by showing positive attributes of loyalty, truthfulness, and integrity.

Never try to be someone else; - accept who you are. Teach your children to do the same. They are unique and the Creator made you and your child special.

Activity: Trace your child's footprint and write things on it like:

- Honest people are kind.
- With honesty your life will be peaceful
- Stand tall and be kind.

(Work cited from the book: Native reflections, Template, and resource book for the seven teachings.)

Merry Christmas to all!!! And a very Happy New Year !!!

Miigwech,

Ms. Kathy and Ms. J



TIS THE SEASON FOR COUGHS, RUNNY NOSES AND SNEEZES!!



Knowing what symptoms to look for and what to do when your child shows signs of an illness can help you love and care for them. Listed below are common illnesses that your child may experience.

EAR INFECTIONS: Ear pain and infections are common in children. Your little one might pull or rub at their ears, they might be fussier or more tearful than usual and may have a low grade fever. They might also have trouble sleeping or have a loss of appetite.

COLDS AND SORE THROATS: Children can pick up colds and upper respiratory infections causing them to present with sneezing, congestion, coughing, and a sore throat.

COLIC: Babies may experience what is historically known as colic, a type of gastroesophageal reflux. It is uncomfortable and typically causes excessive crying and makes it difficult for you to soothe them or get your baby to sleep. If your baby continually cries, make an appointment with your care provider.

Consult with your child's primary care provider if you have concerns about your child's health. If you are not sure if your child is well enough to be at school, please contact your child's teacher or the health office to help determine if they should be at school. Reminder, children must be fever free for 24 hours without the aid of a fever reducer. They must also feel well enough to participate in classroom activities. For a complete copy of the ECC's exclusion policy, please see the parent handbook, ECC policies and procedures or contact the health office.

Miigwech!

ECC ENROLLMENT CORNER

December 2023



RECRUITMENT IS EVERYONE'S BUSINESS

Do you know someone in the community that could benefit from our program? Let them know that they can reach out with question or to fill out an application. There are so many ways to apply; ECC website, in – person and on the phone. Word of mouth still remains the best way to recruit and if everyone can help recruit, our services can be reached by so many more.

IS IT DECEMBER ALREADY!!!!

Boozhoo!

Just like that, it's the last month of the year. With all the stress of this season and with the winter holiday and New Years around the corner, I want to share some awesome resources that can be fun and educational for families. Ever wonder if you want a new hobby or see what kind of new things you can try as we enter into the new year? Here are some websites that might be interesting.

<https://www.proprofs.com/quiz-school/story.php?title=find-funhobby-you>

<https://www.quizexpo.com/hobby-quiz/>

<https://www.buzzfeed.com/jasminnahar/this-aptitude-test-will-reveal-which>

https://www.buzzfeed.com/blossom_92/choose-10-hobbies-that-interest-you-and-i-will-gue-dtntnbaygb

<https://heywise.com/quiz/which-hobby-should-i-try/>

https://www.gotoquiz.com/what_hobby_should_you_have

<https://www.allthetests.com/personalitytests/hobbies/quiz30/1333141222/what-hobby-should-i-have-quizfind-out-now>

<https://quizondo.com/what-hobby-should-i-try-quiz/>

We accept applications all year round

Miigwech! Jennifer Defoe, Enrollment Specialist

CONTACT INFORMATION

If you have any questions, feel free to contact the enrollment office at 715-779-5030 ext. 2533 or email jennifer.defoe@redcliff-nsn.gov.

You can visit the Red Cliff ECC website anytime, by scanning the QR code or visiting www.redcliff-nsn.gov/ECC



December



Learn It Fabulous Food Party

It's time to take all of the knowledge that the children have been learning from their nutrition lessons and put it together for a fabulous food party. Ask parents and children to work together to provide a healthy snack to contribute to the party. The children can help you prepare a grocery list for the items you will provide. Before the party begins, ask the children, as able, to help you set up food and eating utensils. Make this a special event with a table cloth and special decor.

Eat It Stuffed Sweet Potatoes

- 4 large sweet potatoes
- 2 tbsp olive oil
- 1 small onion, finely chopped
- 1 (15 oz.) can black beans, drained & rinsed
- 1/4 cup water
- 1 (3.5 oz) can chipotle chili in adobo sauce, chopped & seeded
- 2 tsp adobo sauce
- 1/4 cup plain Greek yogurt



Bake whole sweet potatoes at 425° F for about 1 hour until tender. While potatoes are baking, sauté onion in olive oil and add beans, water, chipotle chili and adobo sauce. Cook for about 5 minutes until water is evaporated. Once the sweet potatoes are cool enough to handle, cut them in half lengthwise. Gently push the ends towards each other, creating a space for the filling. Add the black bean filling and top with Greek yogurt.



Read It

Goose by Molly Bang
The Serious Goose by Jimmy Kimmel
Duck & Goose, A Gift for Goose by Tad Hills



Create It Glorious Goose

Make the letter G by cutting a round paper plate into the shape of the letter. Help the children attach an orange triangle for the beak, then add googly eyes and colorful feathers to make your goose glorious!



Play It Egg Race

Separate the group into two teams. Choose a starting line and a finish line. You will need a spoon and plastic egg filled with some weight for each group. When you say go, the first person in line will carry the egg in the spoon to the finish line and back to the starting line. The next person in line will then carry the egg. How fast can the groups go?

Fun Fact



A group of geese is called a gaggle when they are on the ground and a skein when in flight. They can be called a flock at any time.



Laugh About It

Why did the goose get in trouble?
The police suspected fowl play!





Tips for a “Choosy” Eater



“Choosy” eating is common among preschoolers. Your child may eat only certain types of foods. He or she may play at the table and not want to eat. Don’t worry. As long as your child has energy and is growing, he or she is most likely eating enough.

How to Cope with a “Choosy” Eater

- 1** Consider what your child eats over several days. Most children eat more variety throughout the week than in 1 day.
- 2** Trust your child’s appetite. Don’t force him or her to eat everything on the plate. Making a child eat when he or she is not hungry may encourage overeating.
- 3** Set reasonable time limits for the start and end of a meal. Remove the plate quietly. What is reasonable depends on your child.
- 4** Stay positive. Avoid calling your child a “picky eater.” Children believe what you say.
- 5** Offer healthy choices for your child to choose from. For example, “Would you like broccoli or carrots for dinner?”

Ways to Encourage Your Child to Try New Foods

- 1 Offer one new food at a time.** Start small. Let your child try small portions of new foods.
- 2 Offer new foods first.** Your child is most hungry at the start of a meal.
- 3 Cook and garden together.** These activities make new fruits and vegetables fun.
- 4 Be a good role model.** Try new foods yourself. Describe the taste, texture, and smell.
- 5 Be patient, new foods take time.** It may take 10 or more tries for a child to accept a new food.

New Food Badges

Celebrate with these fun badges for trying new foods. Simply cut the badge out and attach tape to the back.



**Santa is Coming
to
Legendary Waters
for the
ECC Holiday Party.**

**Thursday
December 21st
from
4:30-6:00 pm**



**Snacks and activities
will be provided**

If you have any questions please call 715-779-5030 ext 2551

4K



OJIBWEMOTAADIDAA

Manidoo Giizisoons-Giizis



Waa-dazhiikamaang:

Boozhoo gakina awiya,
Mii zhiigwa wii-dazhindamaang biizikiiganan.
Ninanda-gikendaamin ge-izhi-dazhindamaang
anooj biizikiiganan.

Nshke dash niwii-dazhindamaamin ezhiwebak
agwajiing. Ani-gisinaa, mii noongom wenji-
gizhookonageyang!

We are talking about different types of
clothing right now. We are also learning about
weather. It is getting colder and that's why
we have to dress warm now!



Manidoo Makwa Ikwe

Ikidowinan

Aaniin ezhiwebak agwajiing?
(what's the weather?)

- ☐ Cisinaa (cold)
- ☐ Zoogipon (snowing)
- ☐ Gimiwan (raining)
- ☐ Waaseyaa (sunny)
- ☐ Ningwaanakwad (cloudy)

Waa-izhichigeyaang:

OJIBWEMOTAADIDAA!



Babagiwayaan

Azhigan



Babiinzikawaagan

Giboodiwegwaazon



Makizin

Biboonikizin



Miigwech!

Giishpin wii-gagwejimian gegoo:



haley.hyde@redcliff-nsn.gov



(715) 779-5030 ext. 2553



KIDS CHRISTMAS



Please sign up by December 8.
See below.

GIFT PICK-UP

WEDNESDAY DECEMBER 13TH

10AM-6PM

PARENTS OR GUARDIANS MAY
PICK-UP GIFTS FOR THEIR
CHILDREN AT LEGENDARY WATERS.

CHRISTMAS PARTY

SUNDAY DECEMBER 17TH 1-4PM

LEGENDARY WATERS

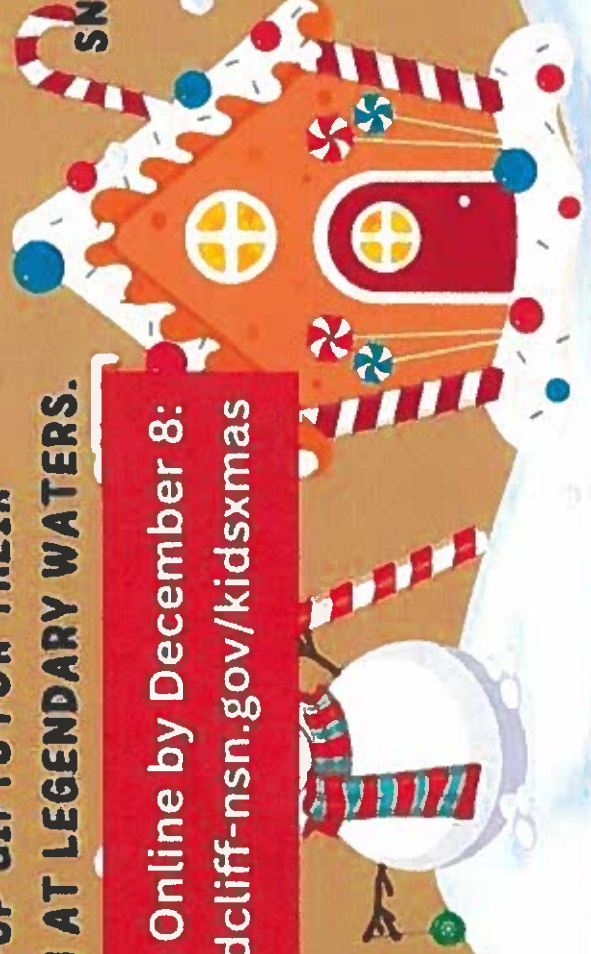
KIDS CAN COME SEE

MR & MRS CLAUSE AND

DECORATE AN ORNAMENT.

SNACKS & DRINKS WILL BE SERVED.

Sign Up Online by December 8:
www.redcliff-nsn.gov/kidsxmas



Toys for Tots

Sign up begins on

November 15th – December 8th

This is for parents with children
from Newborn to 12 years old.

Pick up date will be

December 14th from 10-6 pm

At the Bretting Center

Please Call

(715)292-6400 ext. 1 or 2



The Red Cliff Early Childhood Center
88455 Pike Rd. 89830 Tiny Tot Dr.
Bayfield WI 54814
December 2023

Current Opening for the Red Cliff Early Childhood Center/

- **ECC Substitute Assistant Teacher/Substitute Kitchen Staff** POSTING
DATE: February 21, 2023, DEADLINE: Applications accepted year-round.
 - **Child Care Teacher** Opening Date: June 22, 2023 Deadline: Open Until Filled
 - **Early Head Start Center Based Teacher** Opening Date: June 1, 2023, Deadline: Open Until Filled
 - **Head Start Assistant Teacher** Opening Date: August 9, 2023, Deadline: Open Until Filled
 - **Assistant Child Care Teacher** Opening Date: June 22, 2023 Deadline: Open Until Filled
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Red Cliff Tribal Job openings



- **Go to the Red Cliff Tribal Website**
https://www.redcliffnsn.gov/how_do_i/apply_for_obtain/employment_opportunities/jobopenings.php
- **Bayfield Chamber-Job Opportunities**

DECEMBER 2023

ACTIVITY CALENDAR



Winter is for Snow
by Robert Neubecker

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			Fruit of the Month: Pepino Melon & Kumquats Vegetable of the Month: Turnips & Beets Flower of the Month: Holly	Native American & Alaskan Native Heritage Month	1 Rosa Parks Day- create a bus out of construction paper. Discuss who Rosa Parks was.	2 Find 10 items start with "r" the home
3 Create paper snowballs and have a snowball fight today	4 Santa's List Day- create Santa out of construction paper and write a list in his white beard	5 International Ninja Day- tape crepe paper in a hallway to create an obstacle course. Get through it like a ninja	6 Time to read for 15 minutes	7 National Cotton Candy Day- brainstorm and create a picture of a bizarre flavor of cotton candy	8 National Brownie Day- make brownies for a treat today	9 Christmas make a Christmas greeting card for friends and family
10 Nobel Prize Day- pick someone who won a Nobel prize to read about today	11 National Stretching Day- get up and stretch before starting the day	12 Gingerbread House Day- create a house out of graham crackers	13 National Cocoa Day- have a hot cocoa treat today	14 Monkey Day- read the story "Ten Little Monkeys Jumping on the Bed"	15 National Ugly Christmas Sweater Day- decorate your shirt with construction paper	16 National Veterans Day- create a wreath-laying ceremony National Day- remember heroes
17 Wright Brothers Day- create or draw and design your own airplane	18 National Twin Day- dress like a friend or family member today	19 National Hard Candy Day- check out a video on how hard candy is made	20 Go Caroling Day- visit nearby and sing carols	21 National Flashlight Day- grab a flashlight and have an indoor scavenger hunt	22 Time to read for 15 minutes	23 National Fire Day- create a fire drawing to remember
24 Christmas Eve	25 National Pumpkin Pie Day- create a pie out of paper. How many slices make up a pie?	26 National Candy Cane Day- create a cane out of red and white pipe cleaners	27 Find 10 blue items around the house	28 National Card Playing Day- play a game of war or old maid as a family	29 Find 10 red items around the house	30 Time to read for 15 minutes
31 New Years Eve - create a goal list for the new year						

DECEMBER-2023

MANIDOO-GIIZISOONS

NITAM ANOKII-GIIZHIGAD	NIIZHOOGIIZHIGAD	AABITOOSE	NIIOYOGIIZHIGAD	NAAANO-GIIZHIGAD
MILK SERVED WITH EVERY MEAL 1-2 YR OLD WHOL	MENU SUBJECT To CHANGE			1B EGG COMGO, BER- RIES, YGT S CHEESE IT/MILK LBBQ'S, FRIES, PEAS, PINEAPPLE S M ORANGES/GR CRK
	4B EGGS, WG TOAST, PB, ORANGES S PRETZEL/PB L HAM/POT SP, BR STIX SALAD, PEAS, PINEAPP S ZUCCHINI CHIPS/MIL	5B HB OATS, BLUEBER- RIES, CC S NUTRA BAR/MILK L CHIX, W RICE, CAR- ROTS, TR FRUIT S GOLDFISH/FR CUP	6B OATMEAL, BANANA, TRK SAUSAGE S CRACKER/CHEZ L BEEF STEW, SALAD, GR BEAN, MANGO S CARROTS/CC	7B RICE CHEX, WG MUF- FIN, APPLES, YOGURT S RICE CAKE/MILK L PIZZA, BROCCOLI, PEACHES S GR CRCK/FR CUP
	11B WAFFLES H/CH, TR FRUIT, TEDDY GR S YGT/PRETZEL L TACOS, GR BEAN, MANGO S BERRIES/CC	12B LIFE, PEARS, TRK SAUSAGE S GR GOLDFISH/MILK L PORK CHOP, W RICE, PEACHES, PEAS S CARROTS/CCDIP	13B QUICHE', BANANA, TRK SAUSAGE S RICE CAKE/MILK L CHILI, CORNBR, IT VEG, APPLE, SALAD S YOGURT PARFAIT	14B CORNFLAKES, PEACHES, CC S CHEESE-IT/MILK L CHIX, WG PASTA, CAR- ROTS, APPLESAUCE S BROCCOLI/HUMMUS
	18B MALTO MEAL, OR- ANGES, WG TOAST, PB S RICE CAKE/MILK L CHZBR HD, GR BEAN, TR FRUIT, SALAD S CARROTS/HUMMUS	19B RICE CRISPIES, WG MUFFIN, BERRIES, CC S GR CRACKER/MILK L BROCCOLI SP, BR STIX, CORN, PB, FR COCKTAIL S CUCUMBER/CC DIP	20B PANCAKE, BANANA, TRK SAUSAGE S CHEESE/CRACKER L CHIX PATTY, CORN, SALAD, PINEAPPLE S BERRY PIZZA	21B CORNCHEX, BER- RIES, YGT S CRACKER/PB L PIZZA, SALAD, GR BEAN, M ORANGES S FRUIT CUP/ TEDDY GR
TRIBE CLOSED	26	HOLIDAY BREAK	27	28
		HOLIDAY BREAK	HOLIDAY BREAK	HOLIDAY BREAK
	29			