



RED CLIFF



EARLY CHILDHOOD CENTER

NEWSLETTER



Boozhoo!

We are so happy that the warmer weather is getting closer! It will be a fun spring and summer with all the kids here. We want to thank everyone for following the screening protocol, especially families who are dropping off, picking up and putting children on the bus. We appreciate the extra time you are taking to help us keep everyone safe. Little note, when entering or leaving a playground gate, please be sure it is completely closed and latched.

The family service office will be getting notices out inviting parents to join our virtual parent committee. We want as much input from parents as we can get and feel that this is a fantastic way to connect and hear what everyone is thinking. The committee will be asked it's thoughts on planned activities and other happenings up here at the ECC. We rely heavily on parent input and know that there are a lot of great ideas out there that we aren't hearing.

We are also looking to fill a position for our Head Start representative on our Policy Council. Please contact Cindy at ext. 2551 for more information.

Keep an eye out for postings and send home notices regarding spring and summer "Family Days". While they may be presented differently, we are still hoping families can have a little fun.

Get out, enjoy the warmer weather and have a little fun splashing in the puddles! It really does wonders!!

Jenn and Jamie



APRIL

ISKIGAMIZIGE-GIIZIS (MAPLE SUGAR MOON)

S M T W T F S

				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

ECC/TRIBE CLOSED:

5 EASTER MONDAY

OJIBWE LANGUAGE
CORNER

Giiwedining

In, on, at the
northern
direction

Ningabii'anong

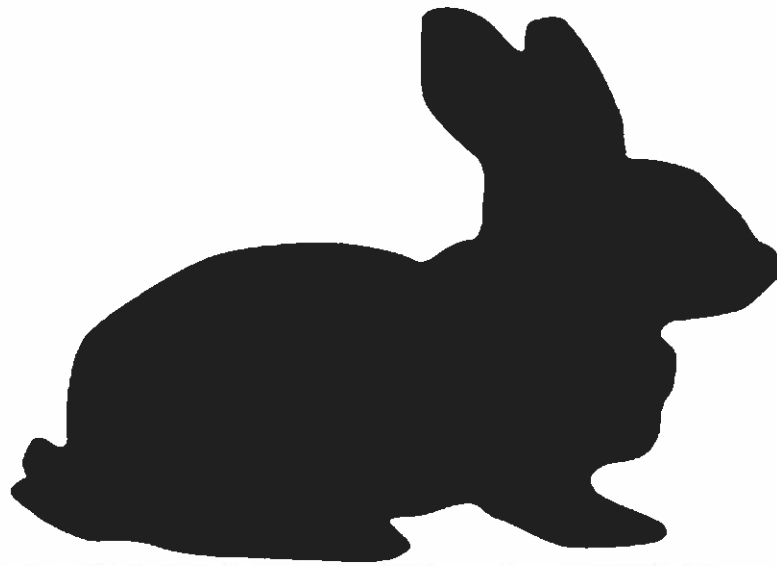
In, on, at the
western
direction

Waaabanong

In, on, at the
eastern
direction

Zhaawanong

In, on, at the
southern
direction



Waabooz Room

Boozhoo Waabooz Families,

We are happy that Ziigwaan has arrived! Gimiwaan nongoom, and with that, it will quickly melt all the goon. Then we will have lots of puddles to play in!

We are going to be doing some Easter crafts and activities for the first week of April (Iskigamiizige Giizis-Sap boiling month). Then we will focus on all things Spring. The trees will be budding, animals having their babies, birds building nests and laying eggs. We will also have fun learning about Ziigwaan on our daily walks!

Any questions or ideas that you would like to share? Contact us at 715-779-5030 ext. 2524.

– Miss Maggie and Miss Megan

Ziigwaan=spring

Gimiwaan nongoom=It is raining today.

Goon= Snow

Waawaan=Egg

AMIK NEWS

AMIK NEWS & UPDATES

Boozhoo Amik Families!

We have been enjoying the seeing the children throughout the month of March during the transition period. They have all done such a great job with transitions!

Wednesdays will still be used for deep cleaning/sanitizing, although we sanitize after each school day, we are just taking extra precautions to provide a safe environment for the children.

Parent /Teacher conferences are also coming up for the month of April, April 12th-16th, we teachers will reach out to schedule a time to get those completed.

For those families that decided to remain virtual, we will be doing one live meeting Monday, Tuesday, Thursday and Friday from 1:30pm-2:00pm. (All families are welcome to attend)

If you have any questions or concerns, please contact us at 715-779-5030 x 2526

What we will be working on during the month of April...

- Reduce, Reuse, Recycle and Community Workers.
- Working on learning colors and numbers, we will also use the Ojibwe names for them.
- Culture/Language—We've been working on trying to get more cultural and language activities incorporated into our daily lesson planning. We will add new Ojibwe words; commands, colors, numbers.

Ojibwe Words:

Earth— Aki

Tree— Mitig

Sun— Giizis

Spring— Ziigwan

April— iskigamizige-giizis

**Miigwech,
Miss Tiff & Miss Judy**

Makwa News

Boozhoo all! We been having a great time transition back into the classrooms. This month we will be working on reduce, reuse and recycle. We also set up our mobile green house so we will be working planting seeds and growing flowers, green beans and grass.

Reminder we have lives Monday, Tuesday, Thursday and Friday starting @ 1:30-2 pm

If your child is experiencing any symptoms please keep them home.

Miigwich! Ms. Lulu & Ms. Kelsey



Miinikaan— Seed



Waabigwan -Flower



Mashkosiw— Grass

Esiban Class News

Boozhoo Esiban Class,

We are so excited to be working with all of you and getting to know you and your child. So far, we are off to a great start. We have been working on getting to know our classroom routine and learning about each other making new friendships and we are looking forward to a great rest of the year! Hope everyone is staying healthy and safe.

Just a friendly reminder, it's getting a little warmer out there please send your child with mud boots, and shoes or slippers for the classroom as well as an extra set of clothes. Please fill out any paperwork that gets sent home and return it to school the following day.

Miigwech for being amazing,

Miss Gerri and Miss Jenn

715-779-5030 ext. 2542 or 2541



Agongos Newsletter

(Home Base)



Reminder:
Socializations are every
Wednesday at 1:00 P.M.

Thunder-Animikiikaa

It's Raining-Gimiwan

Diamond-Gaanoo
Heart-Giiwoon
Oval-Waawanoogan

Spring-Ziigwan



Please remember that our home visits are very important, if we have one scheduled and you can't make it, please call and let us know!

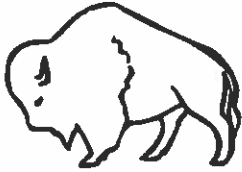
Dawn (Corky) Frost-Gokee 715-779-5030 ext. 2538

Gena Mertig

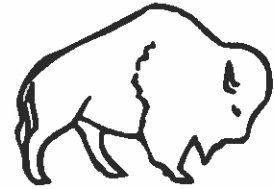
715-779-5030 ext. 2537

MASHKODE-BIZHIKI NEWS

April 2021



Iskigamizige-Giizis
(Maple Sugar Moon)



Boozhooo gakina awiya (Hello everyone).

Our transition back into the center has been great. We have been having so much fun learning together.

We will continue our virtual WebEx meetings at 2:00pm every day except Wednesdays. We also upload books and other fun activities into the Teaching Strategies Gold App.

Tips for WebEx Meeting for Families:

- Give plenty of time for reminding your child that the meeting will be starting.
- Make sure they have everything they need to be ready for the meeting (maybe a favorite toy, a blanket, something to drink, etc.)
- Set up the computer or tablet in a quiet area.
- Stay nearby if possible so you can help if needed.

During the month of April, we will continue with our Tree Study. We learned about making maple syrup and Red Cliff Farm and ECC staff have been collecting sap from our Sugar Bush and making some syrup. We will be learning what animals live in trees, what kind of food we get from trees. We will be painting with tree branches, using sticks, pinecones, etc. to make collages.

It is time to complete the ASQ-3 and ASQ-SE2 for all of the students. We sent them home at the end of March. Please fill them out and return them to the center. If you have not received copies please let us know.

Parent teacher conferences will be the week of April 12th. We will be contacting families to schedule a time for the conference.

We will be going outside daily. Please sent appropriate gear to school each day. Jackets, hats, mittens, snow pants, boots, mud boots, etc.

We can be reached by email: nadine.cadotte@redcliff-nsn.gov, gina.lagrew@redcliff-nsn.gov, or our classroom office phone at 715-779-5030 ext. 2547.

Ms. Nadine and Ms. Gina

DATES TO REMEMBER

- **Friday April 2 ECC No Child Day**
- **Sunday April 4 – Easter**
- **Monday April 5 – ECC Closed**
- **Week of April 12 -16 – Parent Teacher Conferences**

OJIBWMOWIN - THE OJIBWE LANGUAGE

- **Ziigwan - It is spring**
- **Mitig - A Tree**
- **Aninaatig - Maple Tree**
- **Ziinzibaakwad - Maple Sugar**
- **Mitigowan - Wooden**
- **Nabagisag - Board/Plank**
- **Zhingwaakwaandag - A pine bough**
- **Makak - Basket**
- **Wiigwaas - Birchbark**
- **Ziinzibaakwado-makak - Birchbark basket**
- **Wiigwaasi-mitig - White birch tree**

ISKIGAMIZIGE GIIZIS

What's Happening in Ma'iingan Room ? We will be moving into our Tree Study, sugar bush, tapping trees, counting, Ojibwemowin numbers, letter recognition, mat man, second step (social emotional support curriculum) and self help skills.

Friendly Reminders to caregivers and parents please continue to send weather appropriate clothes such as mud boots, hats, jackets, mittens, as we continue to play outside daily, weather permitting. We at times get messy in our active play learning and like to have extra set of clothes for each child. Miigwech to ALL THE FAMILIES for cooperation and understanding.

We would like to extend our well wishes to all the families and remember we are available by phone at our office times from 730 am to 330pm. Ma'iingan room extension is 2545 we love to hear from you!!

Miigwech, Ms. Alicia and Ms. Donna

Ojibwemowin

Tree Mitig

Maple Syrup Ziinzibaakwad

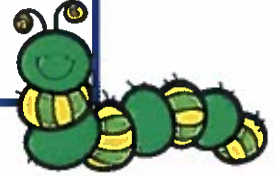
Maple Tree Aninaatig





APRIL

Ms. Diann and Ms. Haley
715-779- 5030 ext. 2540



REMINDERS

Happy Easter to Everyone!
There will be no school on
Friday April 4th and Monday
April 5th.

We go outside everyday and
the last couple of weeks we
have been learning things
about trees. We will continue
our tree study by learning why
we need trees and who lives
in the trees.

Since we go outside each day,
please send the appropriate
clothing.

We will start our chick
hatching this month. The
children will be able to watch
an egg turn into a baby chick.

Ojibwemon Words:

Leaf-aniibiish(an)

Chicken-baaka'aakwaan

Egg-waawan(oon)

LITERACY AT HOME

Sound Jump: Use chalk to draw a hopscotch game outside.
Inside each box write a letter. Take turns playing hopscotch,
saying the letter sounds as you jump on each letter. For a
challenge, say the letter sound and something that starts with
that letter.

MATH AT HOME

Bigger/Smaller or the same? Take a nature walk outside with
your child. Point out different things you see and label them
with a size. Then have your child find something that is
bigger/smaller or the same size as what you pointed out. For
example, you might say "I see a tall tree, what do you see that
is shorter than that tree?". Practice finding things that are
bigger, smaller or the same in size. Take turns noticing and
comparing sizes while you walk.

TAKING CARE OF ME AT HOME

I Can Share and Take Turns: It's important that students learn
how to share and take turns. To practice this at home, find two
favorite toys. Set a timer for 1-2 minutes and play with one toy
while your child plays with the other. When the timer goes off,
say "trade" and show your child how to pass their toy to you
and take the other toy to play with. As students start to
understand this idea, practice sharing toys by only using one
toy and having students ask for a turn with the toy and then
wait until the timer goes off for their turn. Talk to them about
things they can do while they are waiting for a turn such as
reading a book, or finding a different toy. Have students
practice this with siblings or other kids their age while using
the timer for trading and sharing.

April Themes

Trees and Chicks





Red Cliff Early Childhood Center
Policy Council Meeting Minutes
Tuesday, February 23rd, 2021 @ 11:00 am Virtual



Meeting called to order by Chairwoman Linda Christiansen @ 11:08 am

Policy Council Members Present: Amaris Andrews-DePerry, Linda Christiansen, Caitlin Penhollow, Kennedy Defoe and Nick DePerry, Tribal Council Liaison.
Absent: Joanne Peterson, Lynna Martin and Mercie Defoe

Staff Present: Jen Leask, Administrator, Jamie Goodlet-King, Head Start/4K/Early Head Start Director, Kathy Haskins, Education and Abilities Manager, Jenny Defoe, Family Service Enrollment Specialist, Julie Erickson, Launch, Patt Kenote-Deperry, Health Manager and Cindy Garrity Family Service Manager.

Approval of Agenda

Caitlin motion to approve the agenda, seconded by Amaris, all in favor, motion carried.

Approval of Minutes

Motion by Caitlin to approve regular Policy Council minutes for January 19th and Special Policy Council minutes for January 25th, 2021, second by Kennedy, all in favor, motion carried.

Financial Report

The ECC will be requesting an in-kind waiver and this will go out on Friday. There will be a meeting with OHS (Office of Head Start) and Chris Livingston to discuss transfer of funds.

Program Summary

Policy Council was updated on the enrollment number and CACFP numbers. This should look differently over the next few months with more number being added in the Health areas

Re-Opening Plan

First day back to school was on Monday February 22, 2021. Screening stations were set up and everything went well. Kitchen is working on all the meal deliveries and fixing meals here at the ECC and for virtual. Policy Council was updated on staff times of starting and ending and informed them that these times were temporary and will change once school is back in full session. Currently class times are 7:45-10:30 for two classes and 8:15-11 for the third class.

Childcare update

The new childcare building is getting closer to completion with inspections happening soon. The Human service department will be helping assist with purchasing material and supplies for the Childcare. Right now, we are looking for a director and staff to operate this building. If we can find people that are willing to work with children, the ECC will help with getting the education/schooling they will need.

Other

Next meeting date will be March 9th @ 11:00 am

A survey was completed by staff on whether to have children during the week of March 22-26, 2021 and have one extra week off or stay with what was on the scheduled calendar. It was a 60/40 consensus to take an extra week off.

Menu

Motion by Kennedy to approve March menu with addition to week 22-26 meal plans, second by Caitlin, all in favor, motion carried.

Executive

Motion by Caitlin to go into executive session @ 11:27 am, second by Kennedy, all in favor, motion carried.

Motion by Caitlin to return to regular session @ 11:41 am, second by Kennedy, all in favor, motion carried.

Adjourn

Motion by Kennedy to adjourn at 11:47 am., second by Amaris, all in favor, motion carried.

_____(signature)
Policy Council Chairperson or delegate

_____(Date)

Minutes taken by Cindy Garrity, Family Services Manager



ECC Family Service Happenings

Why is a Balanced Diet Important?

A balanced diet is like filling your car with the right gas. We want to put the right fuel in children's smaller stomachs. Offer variety and choices.

Parenting the Preschooler

Link to references

bayfield.extension.wisc.edu/

- Community event Planning meeting on Thursday April 1st
- Parent Café-
Saturday April 3rd @ 5-7
Wednesday April 14th @ 2-4
Saturday April 17th 5-7.
- The ECC Policy Council is seeking an individual from Head Start to sit on 2020-2021 PC board.
- Searching for families to sit on the ECC Parent Committee.

If you are interested in the PC Board or the ECC parent committee, please contact Cindy Garrity @ 715-779-5030 ext. 2551. or email me at cindy.garrity@redcliff-nsn.gov.

Need help with your past due rent or utilities?
The Red Cliff Housing Authority has the
Emergency Rental Assistance Program. For more
information and for eligibility, please visit
<https://www.redcliff-nsn.gov/erap/>

Harvest of the Month highlight from Food Wise Nutrition-April 2021 newsletter

Did you know?

- Spinach was the first frozen vegetable to be sold for commercial use.
- When Popeye made his debut on January 17th, 1929, spinach became the third most popular children's food after turkey and ice cream. Today, more than 94% of Americans associate spinach with Popeye.
- The first spinach was cultivated in Persia 2000 years ago and became popular in Italian and French cooking in the Middle Ages.
- Spinach is a very hardy crop and can withstand temperatures as low as 20 °F

*Work Hard
Stay Humble*

\$\$ Money Smart in Head Start \$\$

To Sum it up:

- \$ if your debt causes stress, it is too much.
- \$ Review your debts to decide which debt you want to pay down first.
- \$ Call your creditors for help before you miss a payment.
- \$ It can be helpful to talk over options with someone like a nonprofit credit counselor or your county family living education.

Do you know.....

You are entitled to one free copy of your credit reports every 12 months from each of the **three** nationwide credit reporting companies. Order online from annualcreditreport.com, the only authorized website for free credit reports, or call 1-877-322-8228. You will need to provide your name, address, social security number, and date of birth to verify your identity. Source: Federal Trade Commission www.ftc.gov

Save the date!



Parents as Teachers.

What to expect

Times and format:

Day 1: Wednesday, May 19, 2021

Day 2: Wednesday, May 26, 2021

Times: 5pm-7pm Via WebEx

Registration is required, deadline to sign up is May 14th.

What's included:

After you register, a packet of materials will be dropped off. To get the best experience, please sign up for both days. Incentives/drawings will be done at the end of each day.



For more information and to register call or email:

Cindy Garrity, Family Service Manager 779-5030 ext. 2551

Jennifer Defoe, Family Service Enrollment Specialist 779-5030 ext. 2533

What You Do Matters

You know more about your child than anyone! But there may still be times when you have questions ... about what's going on in their brain ... about their development ... or about things you can do together to help them grow and learn.

During this 2-day series, you'll learn how play and everyday interactions help your child's development. There will be time to share your own experiences, ask questions, and try out activities you can do together at home.

Day 1 "Your Child's Brain and Its Amazing Potential"

All children grow at their own pace, but we'll explore the overall patterns in their head-to-toe development. You'll see videos and do activities that show how our brains work.

Day 1 "Movement and Motion"

Your child's body is made to move! As they rolls, runs, or eats with fingers, they're also taking in information through all of their body's parts. Find out how all the input and output comes together through your child's brain.

Day 1 "Now Hear This!"

Language has two parts: what your child produces and what your child understands. They start listening long before they start talking – find out what happens in between.

Day 2 "Feelings"

Babies use emotions and social interactions to help them figure out what's going on in their world. Over time, they learn to understand and control their own emotional responses – but it's not always easy, even for their parents!

Day 2 "What Do You Think?"

Your child's thinking abilities – to remember, imagine, and figure things out – are making huge leaps during these early years! There's so much you can do to help, and play is a big part of it.

Day 2 "Making It a Routine"

Think about how what you do at home has changed because of what you learned about your child's development. How can you keep building on this in the future? What are some ways you can share this information with your child's other caregivers and teachers? What they do matters too!



Scan and visit the Red Cliff Early Childhood Website

ECC Education and Abilities Newsletter

Boozhoo ECC Families,

Well, its ziigwan (spring) and sugarbush time.... It is so amazing to hear little voices and pitter-patter of little feet come through the school. It makes us stop to reflect on how thankful we are that we are all back.

We are still encouraging families to get outside and enjoy the great outdoors. Some things you can do is go for a springtime scavenger hunt to see what you can find, take a walk down to our beautiful lake or get some chalk and color the sidewalk or road. There are so many fun things to do outside and you will feel better and sleep better. We all need fresh air and movement.

It is getting to be that time of year, again, your child's teacher will be setting up parent teacher conferences. They will be setting these up through WebEx and they will be the week of April 12th. Please let your child's teacher know if a certain time of day works better for you. We will have kids until 1pm that week, so it would have to be after that time. Wednesday can be utilized for all day. We look forward to talking with each of you!



If you have any questions please, give us call!

Ms. Kathy 715-779-5030 extension 2530

Ms. J 715-779-5030 extension 2548



It's Spring!!!

Are you ready to Enjoy the Spring-Time Activities?



Let's start by checking out the what's happening outside.

Come on family, let's take a walk on a sunny, cool day. We should dress warm, it's not summer yet, and we want to be comfortable while we are out. Can you find a flower growing? Can you find cat tails? What about a bud popping out of the tree branch? How about a crack in the sidewalk? Do you see brown grass or green grass? How many birds did you find singing?

Hey, how about taking a walk in the RAIN? Dress properly, rain boots, rain jacket, maybe you need gloves? Can you find a puddle to splash in or jump in. Count how many times you jumped up and down in the puddle? Did you find any worms in the sand? Do you see any birds flying in the sky? Do you see a red car with its windshield wipers going? Did you see a truck make a BIG splash as it drove by?

On a Rainy Day what can we do if we need to stay indoors?

Here are some ideas: Draw a picture of your favorite animal, your family or a special picture for your home; turn on music and sing and dance with the whole family; play "I SPY"; build a special space with chairs and blankets, scarfs, pillows, stuffed animals; play school and your child is the teacher and you are the student(s); Make a special treat. **Ants on a Log**, (celery, peanut butter, raisins) ***Apple Race Cars** (apples, green grapes-cut in half, toothpicks) Cut apple into wedges, Slip 2 toothpicks into apple wedge to become car axles, place grape halves on each side of the toothpick for wheels...Vroom.. Vroom ***taken from Kidspot kitchen**

As according to the National Center on Early Childhood Health and Wellness: Active play, every day, helps children develop important physical skills. Active play also increases the chances that children:

- **Sleep better at night;**
- **Maintain a healthy weight and**
- **Build a strong relationship with their parents when they are involved in play or the activity.**

Nutrition Nuggets

Food and Fitness for a Healthy Child

April 2021



BEST BITES

Nature's paintbrushes

Encourage your child to eat her fruits and vegetables by letting her "paint" with leftover scraps. For instance, she could dip a carrot top, an apple core, and a pineapple crown into paint. Then, she can use the "paint brushes" to spread or stamp the paint on paper to make a picture.

Dance to the beat

Turn on upbeat music for a dance party with your youngster! Add props to encourage him to move more. He might spin in circles while trailing ribbons. Or suggest that he incorporate a hula-hoop or a soccer ball into his moves.

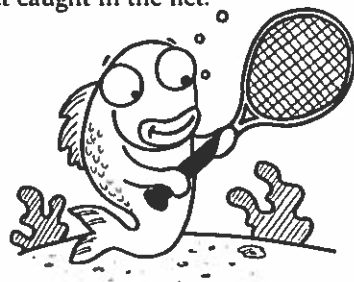
DID YOU KNOW?

Kids may be tempted by soda and candy if they see their favorite TV and movie characters enjoying it. Look for examples of product placement when you watch shows with your child. Point out that just because a character drinks or eats something doesn't make it healthy. Can she think of healthier alternatives?

Just for fun

Q: Why don't fish play tennis?

A: Because they're afraid they might get caught in the net.



Breakfast around the world

What do children in other countries eat for breakfast? Encourage your youngster to expand his definition of "breakfast food" with these ideas inspired by popular choices from faraway lands.

Noodles

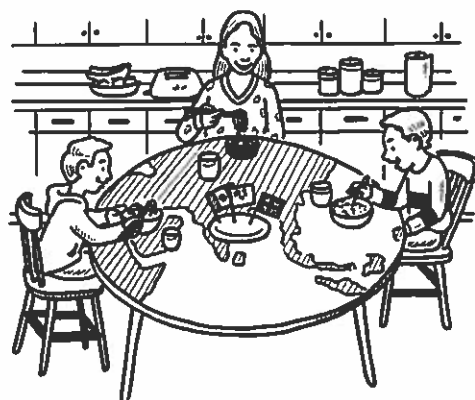
Kids in many Asian countries eat noodles for breakfast. Heat up leftover pasta in chicken or vegetable broth to make a soup. Or your child might toss noodles with sesame oil and peanut butter. Sprinkle in shredded carrot for crunch and vitamin A. *Idea:* Learn to eat noodles with chopsticks by watching online tutorials together.

Porridge

In the United Kingdom, children call oatmeal *porridge*. And parents know it gives kids lasting energy, making it a smart way to start the day. Suggest that your child arrange apple slices, raisins, and blueberries on his porridge to make a smiley face.

Beans

Beans make it easy to add extra protein to breakfast. In some Latin American



countries, kids enjoy beans with their eggs. Top a warm soft corn tortilla with a fried egg, cooked black beans, diced tomato, and low-fat shredded cheese. Your youngster can eat it with a side of tropical fruit like mango or kiwi.

Sandwiches

Many countries have their own versions of a breakfast sandwich. For a Middle Eastern twist, set out small plates of hummus, diced hard-boiled egg, and cucumber and tomato slices. Your child can stuff everything into a whole-wheat pita pocket or eat ingredients separately. ●

Fitness is in the cards

Tap into your youngster's love of card games to keep her active. How? By encouraging her to create her own deck of fitness cards to play with!

1. Have your child write and illustrate 20 exercises on separate index cards. *Examples:* "Pose like a flamingo." "Wiggle like a worm." "Run backward in a circle."
2. Now your youngster can shuffle the cards and deal them all out facedown.
3. The first player turns over her top card and rolls two dice. She does the movement the number of times rolled and earns that many points.
4. When all the cards have been used, high score wins. ●



Sweet strategies for less sugar

Soda and other sweet drinks are the leading source of sugar in children's diets. But that's far from the only source. Help your youngster cut back on the sweet stuff with these strategies.

Stick to water and milk. Get your child in the habit of drinking mainly water (or sparkling water) and plain fat-free milk. She should have no more than 4 to 8 oz. of 100%



fruit juice—including orange juice—per day.

Choose condiments carefully.

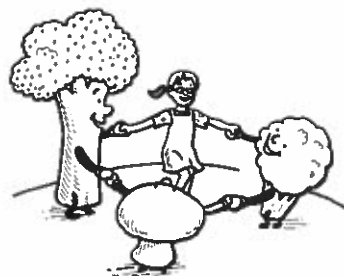
Teach your youngster to look for the words “no added sugar” on labels for foods like ketchup, pasta sauce, and jelly. If a variety without added sugar isn't available, help her compare to find the least sugary option. One brand of jelly might have 7 grams of sugar while another has 12!

Satisfy with fruit. Have your child sweeten her cereal and yogurt with berries and top pancakes and waffles with banana slices. Let her create her own recipe for fruit salad and make it for dessert. ●

Q&A Going vegetarian

Q: My daughter wants to become a vegetarian. How can I make meals that both she and the meat eaters in our house will eat?

A: Start by presenting your question to your family. Ask them what meatless dishes they like. Your child could make a list of those that everyone agrees on, such as vegetable frittatas, cauliflower curry, and green lentil soup. Then, work them into the rotation a couple of times a week.



On other nights, look for ways to give your daughter a meatless alternative. You might find recipes for foods to make and freeze, like chickpea burgers to heat up for her on burger night. If you cook fajitas, add mushrooms for hearty flavor, and serve chicken or steak separately.

You may discover that your whole family eats less meat—and enjoys it! ●

OUR PURPOSE

To provide busy parents with practical ways to promote healthy nutrition and physical activity for their children.

Resources for Educators,
a division of CCH Incorporated
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www.rfeonline.com

Nutrition Nuggets™ is reviewed by a registered dietitian. Consult a physician before beginning any major change in diet or exercise.

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ACTIVITY CORNER

Old-fashioned games

Your youngster will enjoy hearing about games children played in the “olden days.” Share some stories, and then try versions like these with him.

Hoop and stick

Draw lines with chalk up and down a driveway or sidewalk. Then, have each player use a stick to roll a hula-hoop from one end to the other. The first person to the finish line wins.



Stickball

Play this version of baseball with a broom or yardstick and a ball that bounces (such as a tennis ball). Let your child designate bases, perhaps a fire hydrant, trees, or lawn furniture. The pitcher lobs the ball, and the batter tries to hit it on one bounce. Play nine innings, and score runs as in baseball. High score wins. ●

IN THE KITCHEN

Inspired by pizza

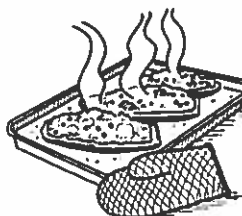
Pizza is tasty, but it can be hard not to overeat! Experiment with these healthier options.

Veggie boats. Use vegetables as the “crust.” Cut 2 zucchinis in half lengthwise. Brush the cut sides with olive oil and arrange on a baking sheet. Top with a thin layer of tomato sauce, and cover with shredded low-fat mozzarella cheese. Bake at 400° until the veggies

soften and the cheese melts, about 12–15 minutes.

Chicken bowls. Dice 1 lb. boneless chicken breasts, 1 green bell pepper, and 1 onion. Heat 1 tbsp. olive oil in a skillet, and sauté chicken and veggies until chicken is cooked through.

Divide mixture among four bowls. Stir $\frac{1}{2}$ cup warm marinara sauce and $\frac{1}{4}$ cup grated Parmesan cheese into each bowl, and sprinkle with oregano. ●



ANISHINAABE AND MA'IINGAN

In the cultures around the world there are numerous animals that have sacred meaning or stature. The Ojibwe culture is no exception. People from this region, and other Lake Superior Chippewa Bands, have a special regard for Ma'iingan. The sacred relationship between Anishinaabe and Ma'iingan is defined from our remarkable oral history and the "Naming Story".



Since the arrival of the European settlers the wolf has had a bad reputation. The animal struck fear into men and has always been known as the "bad guy". Little Red Riding Hood and The Three Little Pigs, for example, portray the animal as the "Big Bad Wolf." It is thought they would attack humans. Wolf attacks on humans are rare, as are attacks by mountain lions and bears, but they do occur. No case of a wolf attack on a human has been verified in Wisconsin history. According to the Wisconsin DNR wolf depredations in Wisconsin were 82, 73 and 61 in 2019, 2018 and 2017, respectively.

Naming Story

According to Ojibwe historic oral legend Anishinaabe (original man) was given the task to walk the earth and name everything in sight. Anishinaabe was asked by the "Creator" to name all the lakes, all the rivers, trees, plants and everything near and far. Anishinaabe told the "Creator" this would be a monumental task and that he would be lonely while performing this task. Is there a companion I can have while completing this task? The "Creator" then lowered Ma'iingan to earth and told Anishinaabe this shall be your companion and your "brother" while you complete this task. However, when your task is completed you will go your separate ways and your paths will not cross ever again. But your lives will mirror each other's, whatever happens to one will happen to the other.

In a summation, this legend is very true to this day. Ma'iingan returning from the brink of extinction. Ojibwe cultural revitalization are occurring simultaneously. This is just one of many of our historic legends that is proven to be true!

APRIL 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
National Poetry Month	National Garden Month	National Kite Month	National Humor Month	1 April Fool's Day!	2 International Children's Book Day! Read your favorite book today!	3 Find A Rainbow Day! Look for every color of the rainbow around your house!
4 Easter Sunday!	5 National Library Week! Visit your local library and check out a new book!	6 National Carmel Popcorn Day! Make Carmel Popcorn and eat it as a snack!	7 Go outside and fly a kite together to celebrate National Kite Month!	8 National Zoo Lovers Day! Read a book about going to the zoo and draw your favorite zoo animal!	9 Play I Spy with letters! Pick out a letter and have your child look for that letter while reading a story together!	10 National Farm Animals Day! Read "Old MacDonald" and make your own farm animals (See Activity)
11 Read a book about planting a garden to celebrate National Garden Month! What would you grow in your garden?	12 Drop Everything And Read Day! Read a book together as a family!	13 Read a book that makes you laugh for National Humor Month!	14 National Dolphin Day! Read a book that has Dolphins in it!	15 World Art Day! Draw a picture together to celebrate!	16 National Librarian Day! Thank your local librarian today!	17 National Bat Appreciation Day! What words can you think of that rhyme with "bat"?
18 National Animal Cracker Day! Discuss which sound each animal makes!	19 Read a new book that has the word "rain" in it	20 National Look Alike Day! Wear similar outfits to look alike today!	21 National Kindergarten Day!	22 Earth Day- Make Dirt Dessert! (See Recipe)	23 World Book Day! National Picnic Day!	24 Write a poem together for National Poetry Month!
25 World Penguin Day! Read a book that has a penguin in it!	26 National Pretzel Day! Use pretzels to practice math problems!	27 National Tell A Story Day! Tell a story to your child before going to bed	28 National Superhero Day! Draw a picture of your favorite superhero!	29 Go outside and use sidewalk chalk to draw shapes and create different patterns	30 Take a walk and see how many flowers you can count!	



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Farm Animals

Materials Needed:

- Construction Paper
- Markers/Crayons/Colored Pencils
- Popsicle Sticks
- Glue
- Scissors

Instructions:

- Draw a big red barn on a piece of construction paper
- Draw, color, and cut the faces of the animals that appear in the story
(chickens, cows, pigs...)
- Glue the faces onto the top of the popsicle sticks (one face per popsicle stick)
- Put the farm animals into the barn as you read the story!



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Dirt Dessert

Ingredients Needed:

- 1 Package of Instant Pudding (French Vanilla or Chocolate)
- 2 Cups of Milk
- 1 Container of Cool Whip
- 1 Package of Oreos (crushed)
- Optional: Gummy Worms



Instructions:

- In a bowl, whisk the Milk and Instant Pudding together until Pudding is completely dissolved
- Stir the container of Cool Whip into the Pudding mixture
- Stir a 1/2 cup of crushed Oreos into the Pudding mixture
- Spoon the Pudding mixture into individual cups, or into a large container
- Sprinkle crushed Oreos on top of mixture (until the top is completely covered)
- Optional: Add gummy worms to your dirt dessert!





FOR IMMEDIATE RELEASE

Thursday, March 18, 2021

Contact: Jerel Ballard, 608-266-9600

jerel.ballard@wisconsin.gov

State Moratorium on Utility Disconnections to End April 15, 2021

PSC action comes as federal assistance becomes available to customers; Wisconsin COVID-19 infection rates fall while vaccination numbers climb

MADISON – On Thursday, the Public Service Commission of Wisconsin (PSC) voted unanimously to allow utilities to move forward with disconnection of service for nonpayment at the end of the annual winter moratorium after April 15, 2021. The action comes following a moratorium preventing utilities from disconnecting service for nonpayment during the ongoing COVID-19 pandemic. Since the end of October, the weekly average of COVID-19 cases have decreased by more than 90% and Wisconsin has become a national leader in vaccine implementation. Customers who are behind on paying their utility bills are encouraged to arrange a payment plan with their utility providers and seek bill payment assistance before the moratorium ends.

“Our challenge during this pandemic has been to balance public health with the ability of utilities to continue to provide safe and reliable service. We are successfully doing that,” said PSC Chairperson Rebecca Cameron Valcq. “I encourage all who are behind in their utility bills to contact their utility and work out a payment plan, and for those who are struggling to pay, to seek out available public assistance funds.”

On March 24, 2020, the PSC met and ordered utilities to maintain service to customers during the pandemic. At that same time, the PSC provided financial support for utilities to ensure they could remain financially healthy to enable the continued delivery of safe and reliable gas, electric, and water service. Throughout the summer and early fall, the PSC met several times to review the status of the pandemic and its March 2020 decisions. In October on a 2-1 vote, the PSC decided to extend the disconnection moratorium for residential utility customers through the end of the annual winter moratorium, which runs from November 1 through April 15.

Last year, the PSC worked closely with the Department of Administration’s Wisconsin Home Energy Assistance Program (WHEAP) and utilities to ensure energy assistance and crisis funding was available, including an additional \$8 million in Low Income Home Energy Assistance Program (LIHEAP) crisis funds that were available through the federal CARES Act, to qualifying



households to help manage heating season energy costs and, in the case of crisis funds, decrease customers' arrears.

To avoid disconnection, customers who have fallen behind on payments are encouraged first to contact their utility to set up a payment plan. If customers are having difficulty paying their energy bills, they may be eligible for assistance from the WHEAP. To apply online go to energybenefit.wi.gov or to apply by phone call 1-800-506-5596, or go to <http://homeenergyplus.wi.gov> to find out where to apply in person or call 1-866-HEATWIS. In addition to the funding annually available through WHEAP, several additional utility bill assistance programs are expected to become available to Wisconsinites in the near term.

As part of federal stimulus funding from the 2021 Consolidated Appropriations Act, Governor Evers announced more than \$322 million in funding available for Wisconsinites under the Wisconsin Emergency Rental Assistance Program, administered by the Department of Administration. This program provides direct financial assistance for rent, utility, home energy costs, and wraparound services for individuals who qualify. The same stimulus package included \$638 million nationwide for additional dedicated water bill assistance, and a portion of that is anticipated to be made available to Wisconsin as well.

Under the new 2021 American Rescue Plan Act, Wisconsin is also anticipated to receive an additional infusion of LIHEAP funds to its WHEAP program, along with additional emergency rental, utility bill, water bill, and homeowner assistance.

Utilities are required to offer a Deferred Payment Agreement (DPA) to residential customers who cannot pay an outstanding bill in full. If customers cannot reach a payment agreement with their utility, they may contact the PSC by calling 1-800-225-7729, or by [filing a complaint on the PSC website](#).

For more information about utility disconnections and collections, see the [PSC's fact sheet on residential customer rights](#).

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The Red Cliff Early Childhood Center
88455 Pike Rd.-----89830 Tiny Tot Dr.
Bayfield WI 54814
715-779-5030

CURRENT OPENINGS FOR THE RED CLIFF ECC

Child Care Program Director/Teacher

DEADLINE: April 6, 2021 at 4:00 p.m. - [Apply Online](#)

Early Head Start Center Based Teacher - 3 Positions

DEADLINE: Open Until Filled - [Apply Online](#)

Head Start Assistant Teacher LTE - 2 Positions

Child Care Assistant Teacher -2 Positions

DEADLINE: Open Until Filled - [Apply Online](#)

Early Head Start Home-Based Teacher

DEADLINE: Open Until Filled - [Apply Online](#)

Head Start Assistant Teacher

DEADLINE: Open Until Filled - [Apply Online](#)

Child Care Teacher - 4 Positions

DEADLINE: Open Until Filled - [Apply Online](#)



Red Cliff Tribal Job Openings

Go to the Red Cliff Tribal Website

https://www.redcliffnsn.gov/how_to_apply_for_obtain/employment_opportunities/job_openings.php



Bayfield Chamber of Commerce: [Job Openings at](#)

Eckles Pottery, Big Top Chautauqua, The Bayfield Inn, Lost Creek Adventures & Outfitter, Hauser's Bayfield Cabin, Apostle Islands Marina, Apostle Islands Marina & Ship Store, Madeline Island Yacht Club, Pikes Bay Marina, Hauser's Superior View Farm, Lost Creek Adventures and the Recreation and Fitness Resources/Bayfield Rec Center.

<https://business.bayfield.org/jobs>



Paid Summer Intern Position

Wisconsin Native Loan Fund is seeking a motivated intern with an interest in finances, technology, or financial education who would like to help educate others, while gaining real world experience in the world of lending, financial coaching, and grants. The intern will assist with a wide range of duties, including working with WINLF's Grants Manager and Director of Client Development to gather data on how our previous clients are performing. In addition, there will be opportunities to aid in presenting financial education classes and exposure to our lending services. This is a great opportunity for someone who wants to work in finance and service their community.

Duration: 10 weeks 40 hours per week.
Wage: \$14.00 per hour
Location: Lac du Flambeau, Wisconsin

Requirements:

- Pursuing a bachelor's degree (or attending a Community College to pursue a bachelor's degree) in a business related or IT field with a minimum 3.0 GPA.
- The ideal candidates will demonstrate how they have overcome socioeconomic barriers during their time as a student or have lived in or graduated from a high school in a low- or moderate-income community. All students are encouraged to apply.
- Cannot be a member or relative of WINLF staff or Board of Directors.
- High ethical and professional standards. Confidentiality in all matters.
- Strong written and verbal communication skills.

Major Duties:

- Contact clients to do follow up survey.
 - Work with Grant Manager to help tell WINLF's and our client's stories.
 - Call and email previous clients to follow up on success after receiving WINLF services.
 - Input client data into database.
 - Help review data once completed.
- Aid in Education Classes presented by WINLF.
 - Setup/take down.
 - Help monitor/administrate virtual classes.
 - Setup online surveys and signup sheets.
 - Help present material.
 - Create power point and other media needed for class.
- Help with Social Media.
- All other duties as assigned.

Benefits:

- The intern will receive a minimum of 4 hours of professional development training from Associated Bank.
- The intern will be assigned an Associated Bank mentor based on the NFP lender's lending focus.
- Experience working with Grants and Grant reporting.
- Exposure to CDFI Industry, a rapidly growing nationwide industry.
- Work with lending professionals and learn real world requirements for lending.
- Have a positive impact on the local community.
- Increase your financial knowledge.
- Compensation available.

For more information, please contact us at Info@winlf.org or call 715-588-1600

*** Native American preference in hiring.**

Wisconsin Native Loan Fund, Inc. is a non-profit 501(c)(3) Native Community Development Financial Institution revolving loan fund. Wisconsin Native Loan Fund, Inc. provides affordable loans and financial education to Wisconsin Native American communities.

APRIL 2021

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NITAM ANOKI-GIIZHIGAD	NIIZHOO-GIIZHIGAD	AABITOOSE	NIYO-GIIZHIGAD	NAAANO-GIIZHIGAD
29B PANCAKE, BLUE-BERRIES, CC, TRK BANANA, YGT CON S RICE CAKES/PEARS L BBQ'S, CANTALOUPE, FRIES, CARROTS	30B CORN CHEX, APPLES, YGT S BERRY PIZZA, MILK L SW/SOUR CHIX, BR RICE, PINEAPPLE, STIR FRY	THIS SNACK WILL BE OP-POSITE FOR TUESDAY AND WEDNESDAY HANDS ON SNACK S GOLDFISH/HONEYDOW	1B FR TOAST STIX, BLUE-BERRIES, CC S TEDDY GR/PEACHES L TACOS/CHEESE, TR FRUIT, GR BEANS	2B RICE CRISPIES, BANANA, YGT S BERRY PIZZA/MILK L CHIX PATTIE, BUN, FRIES, CARROTS, APPLE
TRIBAL HOLIDAY EASTER	6B EGG OMELET, PEARS, WG TOAST PB S BERRY PARFAIT L EGG ROLLS, BR RICE, MANGO, CC, PEAS	THIS SNACK WILL BE OP-POSITE FOR TUESDAY AND WEDNESDAY HANDS ON SNACK S APPLE/CHEESE STICK	8B OATMEAL, BERRIES, YGT, OATMEAL RND S PEACHES/CC L LASAGNA WGH, CORN, M ORNAGES	9B KIX, BANANA, ENG MUFFIN, PB S BERRY PARFAIT L CHIX NUGGET, APPLES, PEAS, YGT
12B MALTO MEAL, PEACHED, CC S GOLDFISH GR/PEARS L SALISBURY ST, MPOT, MANGO, GR BEANS	13B CHEX, ORANGES, YGT, S SNAIL SNACK L CHIX FARM, PEAS, HONEYDEW	THIS SNACK WILL BE OP-POSITE FOR TUESDAY AND WEDNESDAY HANDS ON SNACK S MAN ORANGES/CHEESE ITS	15B EGGS, TRK BACON, WG TOAST, PB S TORTILLA CHIPS/JUICE L PIZZA, CORN, TR FRUIT, CC	16B CHEERIOS, BANANA, YGT S SNAIL SNACK L CHEEZ BRG, FRIES, BROCCOLI, WATERMELON
19B QUICHE', BERRIES, YGT, WG TOAST, JELLY S PEACHES/CC L BURRITOS, MANGO, PEAS	20B HB OATS, PEARS, CC, OATMEAL RND S CHUBBY CHICK/TR FR L PORK CHOP, AP-PLAUSE, BR RICE, CARROTS	THIS SNACK WILL BE OP-POSITE FOR TUESDAY AND WEDNESDAY HANDS ON SNACK S GR CRACKER/APPLE SAUCE	22B PANCAKES, BLUE-BERRIES, CC S TEDDY GR/BERRIES L CHIX NUGGET, FRIES, IT VEG, HONEYDEW	23B RICE CHEX, ORNAGES, NUTRA BAR S CHUBBY CHICK/TR FR L HAM/CHEEZ SND, CHIPS, YGT, BROCCOLI
26B BFK SANDWICH, APPLES, YGT S GOLDFISH CR/PEARS L KIELBASA, B REDS, PEAS, WG BUN, PINEAPPLE	27B RICE CRISPIES, RASPBERRIES, CC S EASY CRISP/MILK L BEEF STIR FRY, BR RICE, STIR FRY, MANGO	THIS SNACK WILL BE OP-POSITE FOR TUESDAY AND WEDNESDAY HANDS ON SNACK S CC/PEARS	29B WAFFLES, BLUEBERRIES, TRK BACON S RICE CAKES/M ORANGE L CHIX ALFREDO WGH, PEAS, PEACHES	30B HB OATS, BANANA, YGT, PEARS S APPLE/STR CHEESE L EGG ROLL, PINEAPPLE, BR RICE, STIR FRY