

ECC Newsletter

Manidoo-Gilzisoons—Little Spirit Moon

December 2022

Aaniin! Greetings!



Can you believe that we are now in the month of December? Time is flying by! We wanted to give a big shout out to all our parents for attending parent teacher conferences! We all appreciate the input that you share about your child!! You are your child's first teacher!!!!



We also wanted to touch base about some things that are important to us at the center. RSV is a hot topic lately. RSV is known as Respiratory Syncytial Virus. Symptoms of RSV can include runny nose, cough, sore throat, fever, decreased appetite and wheezing. It is spread to others by respiratory droplets and aerosols that travel through the air through breathing, speaking, singing, coughing, or sneezing. It can also be spread through close physical contact or contact with contaminated surfaces. Similar precautions to those used for COVID-19 should be taken if a child falls ill. You can help stop the spread of this virus by washing hands for at least 20 seconds with warm water and soap, coughing or sneezing into elbow and frequently sanitizing commonly touched surfaces in your household. It is important that if your child has any symptoms of RSV to keep them home and get them to the doctor, if you feel it is necessary. You know your child best!!

During the month of December, we will be doing a food, hygiene, and household supply drive. We will be asking the community to donate non-perishable food items, unopened household, and hygiene products. We will be sending out flyer with more information.

Happy Holidays!!

- Jamie & Jenn

22 ECC Holiday Party

22-2 ECC Winter Break

26 ECC/Tribe

Closed: Christmas



Waabooz News



Boozhoo Waabooz Families!

Miigwech for attending parent/teaching conferences with us!!! It's always a pleasure to meet with our parents about the children in our care. We love making sure that we're doing everything we can for your children. We also appreciate the great attendance we've been having, the children being here every day is important, getting them into a routine helps their development.

For the month of December we will be working on activities and crafts that involve winter, winter animals and continuing to work on previous and new individual goals.

We are working on sign language and Ojibwemowin, some of the commands/phrases we would like to work on are below.

Ojibwemowin/Sign Language

More—nawaj

Eat—wiisini

Please—daga

Thank you—Miigwech

Hello—boozhoo

Goodbye/See you later—gigawaabamin

Ojibwe Words of the Month:

Snow—zoogipon

It is Winter—biboon

Important Dates/Reminders!

12/1— Waabooz Room Closure

11/11- Veteran's Day/Tribe Closed

12/22-12/30— Fall Break (See you on January 3rd.)

- Drop off is at 7:45am / Pick up is at 3:00pm.
- Please pack at least one change of clothes to keep in the classroom.

If you have any questions or concerns, please reach out.

(715) 779-5030

Classroom ext. 2524

Office ext. 2526

Miigwech,

Miss Tiff, Miss Molly, and Miss Andrea



AMIK NEWSLETTER

Boozhoo Everyone!

We can't believe that December is here already! Last month we really enjoyed watching the children grow! Our highlights of the month of November were making fun art work, taking walks in our bye-bye buggy, and exploring the school forest.

Cold-Gisinaa

Snowing-Zoogipon

Windy-Noodin

Please-Daga

Thank you-Miigwech



This month we are working on the themes **Winter-Hibernation & Holidays** in the classroom. Helping your child at home with practicing putting on their winter clothing independently would be beneficial for the students.

A friendly reminder to please send weather appropriate clothing for your child, We are outdoors everyday (weather permitting).

If you have any questions, concerns, etc. we can be reached at (715)779-5030 ext. 2525

-Lulu & Kelsey



Listed below we found a nice activity that you could try at home with your children.

Kool-Aid Dyed Pasta

Materials: Water, Uncooked noodles, Kool-Aid packets, Zip-seal bags, sensory bin/container, Food coloring (optional)

Begin by adding roughly 2 cups of uncooked pasta to a zip-seal bag, using one bag for each variety/color of pasta that you are making.

Momentarily set these to the side.

Making Kool-Aid Dye

Combine 1 packet of Kool-Aid with 1/8 cups of hot water. Stir until the Kool-Aid is dissolved.

Then, pour the Kool-Aid mixture into one of the prepared bags of pasta.

Repeat this process for each Kool-Aid color that you are using. Seal the bags tightly.

Then, pass them off to kids and have them mix and shake them until the noodles are fully saturated in color.

Once saturated open the bags and leave the noodles to dry right there inside of the bags.

After roughly 4-6 hours the noodles will be ready for play!

Credit: <http://www.growingajeweledrose.com/2014/03/kool-aid-dyed-pasta.html>



Manidoo-Giizisoons

Makwa

Boozhoo!

This month we will be doing weekly studies of Dinosaurs, Winter, 5 Senses, and Cooking & Baking. We will also be spending lots of time talking about what holidays are, making crafts, as well as continuing to grow our English, Ojibwe, and Sign Language vocabularies!

Ojibwemowin Vocabulary

- Manidoo-Gizisoons- December (Little Spirit Moon)
- Biboon - It is winter
- Goon - Snow
- Odaminoo-giizhigad - it is a holiday

Reminders

It's getting chilly and we go outside every day that we are able! Please bring warm outside clothes, as well as one extra dry and labeled pair every day just in case! Our school hours are 7:45-3:00; please call the front office or the classroom phone with any messages. (715)-779-5030 (we're extension 2544)

Days to Remember

Dec. 15th - Makwa 12:00 PM release
Dec. 22nd - ECC Holiday Party (more information coming soon)
Dec. 22-Jan.2nd - Winter Break
ECC CLOSED

Thank you for entrusting us with your precious little ones everyday! Happy Holidays! - Ms Judy & Ms. Kayla

Esiban News



December 2022

Manidoo-Giizisoons

(Little Spirit Moon)

Boozhoo Esiban families!

2022 is almost over and 2023 is on the way! This month we will be doing a brush study, learning about all different types of brushes as well as working on fun winter and holiday crafts and activities. We will also be working on how to use scissors safely and properly as well as working on picking up our toys when we are done playing with them.

Some reminders:

- Please continue to bring extra clothes for your child to have at school, some days we get messier than others.
- As the weather gets colder, we ask that you bring warm clothes: hats, mittens, snow pants, and snow boots. We spend a lot of time outside!

- Miss Gena & Miss Shannon

ECC Winter Break:

December 22, 2022-
January 2, 2023

Tribe Closures:

December 26, 2022
January 2, 2023

Goon: Snow

Biboon: Winter

Minjikaawan: Mitten

MASHKODE-BIZHIKI BIDAAJIMOWIN



Manidoo-Gizisoons 2022

(Little Spirit Moon)

Boozhoo gakina awiya,

We are learning a bunch of new things in our clothing! During December we will be continuing our clothing study. We will do this through investigating different ways we can fasten, make, and use clothing, reading books, working on activities, and discussing the question of the day. The Ojibwe culture and language is incorporated within our lessons and daily activities. How are our clothes made? Where do we get out clothes from? What are some of the special kinds of clothes people wear to work?

Thanks for sharing your time with us during parent teacher conferences. We hope you have a wonderful time during winter break, and we wish you well – Ambegish mino ayaayeg. Classes will resume on Monday, January 3, 2022.

Our classroom hours are 7:45 to 3:00pm. If you need to contact us we can be reached by email: nadine.cadotte@redcliff-nsn.gov, gina.lagrew@redcliff-nsn.gov, tatum.hanson-gordon@redcliff-nsn.gov or our classroom office phone at 715-779-5030 ext. 2547.

INAGINZO – DATES TO REMEMBER

**December 22nd – ECC Holiday Party
December 22nd-January 2nd– No School Winter Break
December 25th - Christmas Day
December 26th – Christmas Observed – Tribal Holiday
January 1st – New Year's Day
January 2nd – New Year's Day Observed – Tribal Holiday
January 3rd – Classes Resume**

OJIBWMOWIN - THE OJIBWE LANGUAGE

**Biboonagad – It is Winter
Gooniwan – It is Snowy
Gisinaa – Cold Weather
Bikwaakwadwaagonagin – Make a snowball
Bibooni giboodiyegwaazon – Snow pants
Minjikaawan – Mitten
babiinzikawaagan – Jacket
Bitookizin – Boot
Wiwakwaan – Hat**



Miss Nadine & Miss Gina & Miss Tatum



MA'INGAN CLASSROOM



DECEMBER 2022

Manidoo-giizisoons (Little Spirit Moon)

Boozhoo!

We want to start by saying Miigwech to all of our families and caregivers. We appreciate everything that you do for our children at the center, and for the support and trust you give to us as the teachers!

We are currently in the middle of our Clothing Study. If you see activities coming home with the children, feel free to ask to ask them questions about what they made and what we wear to stay warm in the winter. Other things we are working on include letter recognition and identifying our names, counting skills, daily music and movement time, and Second Step social/emotional lessons.

We would like to remind everyone that winter is upon us, as we are now regularly at or below freezing temperatures. Please bring/pack a jacket, hat, gloves/mittens, snowpants, and warm spare clothes with your child!

If you have any questions, feel free to reach out to us! We are available by phone here at the ECC Mon-Fri from 7:45am-4:00pm, (715)779-5030 Ext 2545.

Miigwech!

Ms. Alicia & Mr. Joe

OJIBWEMOWIN WORDS AND PHRASES

Biboon Winter
Giboodiyegwaazon Pants
Goon Snow
Mikwam Ice
Wiiwakwaan Hat
Zoogipon Snow Falling





DECEMBER

Migizi

Ms. Diann, Ms. Chandria

715-779-5030 ext 2540



REMINDERS

It's unbelievable that it is already December and Christmas is around the corner.

Important dates to remember:

December 22-Ecc Family Event Holiday Party

December 26-Closed Tribal Holiday

December 27-January 2, 2023, closed for Winter Break

January 3-First day back of the New Year.

In the classroom we will continue with our Clothes Study and Second Step with working on feelings.

Christmas activities will be done throughout the month.

Remind your child that they need 5 things on when they go outside.

1. Snow pants
2. Boots
3. Coat
4. Hat
5. Mittens

We work on this daily, so they remember to stay warm and dry.

LITERACY AT HOME

Beginning Sound Sort: Gather a basket of toys from around the house. Take turns naming the toy and what sound it starts with. For example, car starts with /c/. After all the toys have been named, take turns sorting the toys by beginning sounds, putting the toys that start with the same beginning sound in the same pile.

MATH AT HOME

Musical Math: On separate pieces of paper write the numbers between 0-10. Mix the papers up so the numbers are not in order. Then lay the papers out in a big circle. Gather the family and have everyone stand on a number. When the music starts, walk on the numbers in a circle. When the music stops, have everyone name the number they are standing on. Keep going until all the numbers have been named.

TAKING CARE OF ME AT HOME

I Can Put on My Own Coat: Learning to put on your own coat can take practice. With the colder weather here, students will have more opportunities to practice putting on and zipping up their own coats. Choose easy coats for your child and you to practice together. Step by step, put on your coats at the same time, showing your child how you do it and how to zip it up. As they become more comfortable, see who can put on their own coat the fastest. Practice having your child independently put on their coat and zip it, or ask for help starting the zipper.

DECEMBER THEMES

Clothes Study, Feelings and Christmas activities





Red Cliff Early Childhood Center
Policy Council Meeting Minutes
Monday, October 17th, 2022 @ 11:00 am
Virtual



Present: Lynna Martin, Linda Christiansen, Danielle Maulson, Melissa Armagost.

Absent: Kennedy Defoe

Election of officers:

Chair- nomination by Lynna Martin to elect Linda Christiansen as Policy Council Chair, second by Melissa Armagost, all in favor nomination excepted.

Vice-Chair: nomination by Linda Christiansen to elect Lynna Martin as Policy Council Vice-Chair, second by Danielle Maulson, all in favor, nomination excepted.

Secretary/Treasurer: nomination by Linda Christiansen to elect Danielle Maulson as Policy Council Secretary/Treasurer, second by Lynna Martin, all in favor, nomination excepted.

Meeting called to order by Chairwoman Linda Christiansen @ 11:30 am.

Policy Council Members Present: Lynna Martin, Linda Christiansen, Danielle Maulson, Melissa Armagost.

Absent: Kennedy Defoe, Out of town

Staff/Other Present: Kathy Haskins, Education and Abilities Manager, Patt Kenote-Deperry, Health Director, Jamie Goodlet-King, Head Start/4K/Early Head Start Director, Julie Erickson, and Cindy Garrity Family Service Manager

Approval of Agenda

Motion by Lynna to approve the agenda, seconded by Danielle, all in favor, motion carried.

Approval of Minutes

Motion by Danielle to approve regular Policy Council minutes for October September 13th, 2022, second by Melissa, all in favor, motion carried.

Menu: November 2022

Motion by Danielle to approve the menu for November 2022 with asking for supplementing the cottage cheese with string cheese. second by Melissa, in discussion something different besides having cottage cheese all the time, all in favor, motion carried.

Approval of Family and Community Engagement Program Service Plan 2022-2023

Jamie explained the layout of the service plan and how it reads. The column to the left is the number for the performance standard that we follow. The second column is what we do, the third is who does it and the fourth is the timeline that it needs to be done by. In the future another column will be added.

Motion by Danielle to approve the Family and Community Engagement Program Service Plan, second by Lynna, all in favor, motion carried.

Approval of ERSA Plan 2022-2023

Motion by Lynna, second by Danielle to approve the ERSA Plan presented, all in favor, motion carried.

Approval of 2022-2024 Policies and Procedures

Jamie informed the Policy Council about amendments added and changes that were made. These Policies and Procedures already went to legal now they are here, and next step will be to go to Tribal Council.

Motion by Lynna to approve the Policies and Procedures with changes that the Tribal Council may make, second by Melissa, all in favor, motion carried.

Program Summary

Cindy walked the Policy Council through each of the areas in the program summary by colors. She explained what the number are and how and who is responsible for the data that gets entered. The Policy Council was then informed that after policy council reviews this program summary a copy is then sent to the Tribal Council.

Financial Report

Jamie talked about doing budget modifications for the vacant positions and that they are looking at spending some monies by the end of November. Currently there are 5-7 positions open.

Other

Discussion on next meeting date, it is set for Monday November 14th at 11:00 am.

Executive

No executive needed.

Adjourn

Motion by Danielle to adjourn at 12:11 pm., second by Lynna, all in favor, motion carried.

Policy Council Chairperson or delegate (signature)

(Date)

Minutes taken by Cindy Garrity, Family Service Manager



Red Cliff Early Childhood Center
Policy Council Orientation Virtual
Monday, October 17th, 11:00 am 2022

Attendance:

Present: Lynna Martin, Linda Christiansen, Danielle Maulson, Melissa Armagost, Lacie Defoe and Nick DePerry Tribal Council Liaison.

Kathy Haskins, Education and Abilities Manager, Patt Kenote-DePerry, Health Director, Jamie Goodlet-King, Head Start/4K/Early Head Start Director, Julie Erickson, and Cindy Garrity Family Service Manager

We had on member that was voted in decline the position. We will work on getting another person for the position and will have to hold another time for election.

Human Resource Presenter: Diane Cooley

Diane read Agreement of Confidentiality of Head Start records, the Standard of conduct and the Confidentiality policy with the new board member. Diane sent everyone an electronic copy to all board members except 1 who could not attend today because she is out on training. She will get in touch with Diane and set up a meeting.

The ECC Orientation: The Policy Council was given the information to look over. At the meeting Cindy Garrity and Jamie Goodlet King went through each bullet point of information with and updated them on all the changes. At the time there were no questions asked.

The Binder had information on.

- Policy Council Bylaw
- ECC Policies & Procedures
- HS & EHS 2021-2022 PIR's
- Service Plans
- Self-Assessment
- Community Assessment/Update
- Program Information and Informational Memorandums (PI's) (IM's)
- Calendar
- Resource guide
- Oath of office.

Meeting came to an end at 11:30 am.

(print name)
Policy Council Chairperson or delegate

Minutes taken by Cindy Garrity, Family Services Manager

Santa will be here
Ho Ho Ho

Red Cliff ECC Holiday Party

Time:
4pm-6pm

Location:
Red Cliff Legendary
Waters Event
Center

Date:
12/22/22



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Manidoo-Giizis December Family Service Newsletter

The Red Cliff Energy Assistance Program

Is taking applications.

If you need any

**Assistance with contacting the
program or filling out the
application please contact us,
(Cindy or Mikayla)**

**at 715-779-5030 ext. 2551/2555
or reach out to**

Holly Leask at the

**Red Cliff Family & Human
Resource Services building.**

715-779-3705 or 3706

Events and closings

- Dec 13th -Pick up gifts for Children from 10-6 at LW
- Dec 14th-Meet Mr & Mrs Clause at LW from 3-8 pm
- Dec 14th-Bayfield Middle/HS concert 6:30-8:30
- Dec 15th-Bayfield Elementary Concert grades K-5 1-3pm
- Dec 22nd—ECC Holiday Party @ LW from 4-6 pm
- Dec 22nd-Jan 2nd— No ECC children for Holiday Break
- Jan 3rd –ECC Kiddo's return to school

**Happy Holidays
everyone and we will
see you all next year!
Mikayla and Cindy**



Boozhoo ECC class families

We have been talking about our Classroom Assessment Scoring System called CLASS. The next dimension we are going to talk about under the Emotional Support Domain is: Regard for Student Perspectives. This dimension captures the degree to which the teacher's interactions with students and classroom activities place an emphasis on student's interests, motivations, and points of view and encourage student responsibility and autonomy which is their safe place for trying something new and when they do the task themselves it shows leadership.

The four indicators for this domain are:

1. Flexibility and student focus
2. Support for autonomy and leadership
3. Student expression
4. Restriction of movement (allows for movement and is not ridged)

We hope this has been helpful in understanding how we score our classrooms... We hope you have a very Merry Christmas and thank you so much for sharing your beautiful children with us. They are a true gift from the Creator.

Miigwech

Ms. Kathy and Ms. J

FAQ's on Well Child Checks, dental Exams



Why are well child checks, dental exams and immunizations so important to the Red Cliff Early Childhood center? We want to ensure that your child is developing appropriately according to their age.

Why is it so important that you know where I take my child(ren) to the doctor? We have you fill out these forms because our funding agency (Office of Head Start) requires that within the first 90 days of attendance, ECC has to determine whether or not your child is up to date with their well child checks, dentist visits and immunizations. Instead of bothering you for the information, we can request the information from the clinic that your child attends.

If my child is not up to date, what is my next step? The ECC will let you know that your child is not up to date and that an appointment is needed and what it is needed for. It is important to notify us when you have made that appointment and when you have completed that appointment. Otherwise the teachers and health office will continue to ask you about it and follow up with you until your child is up to date.

What if my family doesn't have insurance? The ECC will assist your family in obtaining health insurance as quickly as possible.

Why do you have to do hearing and vision screens on my child(ren)? Our funding agency requires that we complete hearing and vision screenings within 45 days from when the child first attends the program.

Do I only have to bring my child one time a year for dental exams and well child checks? It will depend on the age of your child, the younger your child, the more frequently your child has to see the doctor. For dental exams, once your child has teeth, they should be seeing the dentist at least every six months.

What happens if I change doctors or clinics? Notify the health office or your child's teachers to update paperwork.

What if my child has to see a specialist? You will need to fill out a release for the health office to obtain that information.

What if my child is sick on the day they have a well child check? The visit doesn't count as a well child check and you will have to make another appointment, unless your doctor will document it as a well child check.

Who do I contact with any questions? Contact the health office at ext. 2555



ECC ENROLLMENT CORNER

December 2022



RECRUITMENT IS EVERYONE'S BUSINESS

Do you know someone in the community that could benefit from our program? Let them know that they can reach out with question or to fill out an application. There are so many ways to apply; ECC website, in – person and on the phone. Word of mouth still remains the best way to recruit and if everyone can help recruit, our services can be reached by so many more.

HOLIDAY TRAVEL SAFETY TIPS

Boozhoo everyone,

With holidays around the corner, here are some tips for keeping your kids safe during holiday travel.

- Everybody needs their own restraint. Make it a rule, everyone, every time, everywhere.
- If you're flying, take your car seat and use it on the plane so you will have it when you arrive at your destination.
- Watch out for small children and distracted drivers in parking lots, as they are typically busier during the holidays.
- Avoid distractions while driving. Never text while driving.
- Secure loose objects. Put hot foods, large gifts and anything that could fly around in a crash in the trunk.
- In colder areas, prepare for weather emergencies by packing extra blankets, food, and diapers. Keep your phone charged and make sure someone at your destination knows the route you are planning to take.
- Keep car exhaust pipes clear of packed snow to avoid carbon monoxide poisoning.

For complete checklist, please visit

<https://www.safekids.org/checklist/holiday-travel-safety-checklist>



We accept applications all year round

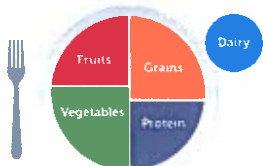
CONTACT INFORMATION

If you have any questions, feel free to contact the enrollment office at 715-779-5030 ext. 2533 or email jennifer.defoe@redcliff-nsn.gov.

You can visit the Red Cliff ECC website anytime, by scanning the QR code or visiting www.redcliff-nsn.gov/ECC



Start simple with MyPlate



Healthy Eating for Kids

Healthy eating is important at every age. Offer kids a variety of fruits, vegetables, grains, protein foods, and dairy or fortified soy alternatives. When deciding on foods and beverages, choose options that are full of nutrients and limited in added sugars, saturated fat, and sodium. Start with these tips:



Offer variety

Include choices from each food group—fruits, vegetables, grains, protein foods, and dairy or fortified soy alternatives—in meals and snacks during each day.



Connect at mealtime

Eat meals together whenever possible. Turn off the TV and put away phones and tablets, so you can “unplug” and focus on healthy foods and each other.



Make good nutrition easy

Designate a shelf or a drawer in your fridge for your kids. Stock it with cut-up fruits and vegetables, yogurt, nut butters, and whole-wheat mini bagels and crackers.



Think about their drinks

Make water and low-fat or fat-free dairy milk or fortified soy alternatives easy options to grab in your home. Have ready-to-go containers filled and in the fridge to take on outings.



Get kids involved

Depending on their age, kids can peel fruits, assemble salads, measure, scoop, and slice. Let them create and name their own side dish.



Have a shopping buddy

Let kids participate in grocery shopping online or in the store. Reward them by letting them choose their favorite fruit or maybe a new one.



MANIDOO- GIIZISOONS

(LITTLE SPIRIT MOON/DECEMBER)

BIBOON

(IT IS WINTER)

 Aaniin ezhichigeyang
biboong?

Gidaadizookemin (we tell sacred stories).
We will be setting up a story-telling night
sometime within the next few months. We
will update you as we get more information.

 Ojibwemowin Ikidowinan

We will be posting weekly language videos of
the word/phrase of the week. You can watch
these and practice with teachers, staff,
families, children, and in the community.

Anishinaabemowin Gaa-Inweng

	aa	ii	oo	e	a	i	o
b	baa	bii	boo	be	ba	bi	bo
ch	chaa	chii	choo	che	cha	chi	cho
d	daa	dii	doo	de	da	di	do
g	gaa	gii	goo	ge	ga	gi	go
j	jaa	jii	joo	je	ja	ji	jo
k	kaa	kii	koo	ke	ka	ki	ko
m	maa	mii	moo	me	ma	mi	mo
n	naa	nii	noo	ne	na	ni	no
p	paa	pii	poo	pe	pa	pi	po
s	saa	sii	soo	se	sa	si	so
sh	shaa	shii	shoo	she	sha	shi	sho
t	taa	tii	too	te	ta	ti	to
w	waa	wii	woo	we	wa	wi	wo
y	yaa	yii	yoo	ye	ya	yi	yo
z	zaa	zii	zoo	ze	za	zi	zo
zh	zhaa	zhii	zhoo	zhe	zha	zhi	zho

Anishinaabemowin Sound Chart to help you practice sounds used in the language.

**Gisinaa
agwajiing
noongom!**

It is cold outside today!



REMINDERS

***Language tables:** Nitam-Anokii-Giizhigak (Monday) 5:30-7:00pm @ the Tribal Historic Preservation Office (weekly)

***Ojibwemowin Story Time at Ginanda GikendaasomIn Red Cliff Library, upcoming dates:**

December 1st @ 5:00pm

December 15th @ 5:00pmf

Welcome Back to Dr. Dawn Nixon, our ECC Mental Health Consultant!!

Dawn Nixon, Psy.D., L.P, IMH-E, is a licensed child psychologist and holds Infant and Early Childhood Mental Health endorsement at the clinical mentor level. Dr. Nixon was on-staff at the ECC for 16 years and is delighted to be back through an ECC partnership with Giwiidosendimin Project LAUNCH.

Dr. Nixon is a specialist in child development and autism screening, assessment, and support. She works closely with ECC staff and is always available to meet with families. If you have any questions about how your child is doing, please email Dawn at dawnnixon20@gmail.com, call Julie Erickson, ECC Social Emotional Support Specialist, at 715-779-5030 x 2548 or talk to your child's teacher.

We are all here for you!!



WELCOME WINTER SEASON



ARE YOU READY FOR THE WINTER MONTHS?

IS YOUR CHILD READY FOR THE WINTER MONTHS?

ARE THEY IN THEIR BEST HEALTH? YOU MAY ASK "HOW CAN WE BE PREPARED?"

LET'S START WITH MAKING SURE YOUR CHILD IS UP-TO-DATE WITH ALL THEIR

WELL CHILD CHECKS. ARE THEY UP-TO-DATE WITH THEIR IMMUNIZATIONS?

ACCORDING TO THE OFFICE OF HEADSTART "PROGRAM STANDARDS" AND THE WISCONSIN ADMINISTRATIVE CODE, ALL CHILDREN ENTERING THE HEADSTART PROGRAM SHOULD HAVE A HEALTH EXAMINATION AND BE CURRENT ON THEIR IMMUNIZATIONS.

Documentation of each child's most recent physical examination in accordance with the following schedule: a. Each child under 2 years of age shall have an initial health examination not more than 6 months prior to nor more than 3 months after being admitted to the center, and a followup examination at least once every 6 months thereafter. b. Each child who is at least 2 years of age but who is not 5 years of age or older shall have an initial health examination not more than one year prior to nor later than 3 months after being admitted to a center, and a follow-up health examination at least once every 2 years thereafter.

Wis. Stats., and ch. DHS 144, the immunization record for each child must be on file no later than 30 school days (6 calendar weeks) after the first day of a child's attendance.



If you have any questions please contact the ECC Health Office and we can assist you.

**Call 715-779-5030 Mikayla @ extension 2555 or
Patt @ extension 2556**



AND GOOD HEALTH FROM THE RED CLIFF EARLY CHILDHOOD CENTER

DECEMBER

2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Read A New Book Month!	Write A Friend Month	BINGO Month		1 National Eat A Red Apple Day! Eat an apple for a snack!	2 Read a new book every week to celebrate Read A New Book Month!	3 Make A Gift Day! Make a gift for a family member or friend
4 National Cookie Day! Make your favorite cookies together!	5 Look for red objects inside and outside of your house!	6 Practice drawing different shapes/patterns in the snow!	7 Letter Writing Day! Write a letter to a relative or friend!	8 How many words can you and your child think of that rhyme with "snow"?	9 Christmas Card Day! Make and send your own holiday cards!	10 Gingerbread Decorating Day! Make a gingerbread house and use candy pieces to practice math problems!
11 Play the game BINGO together to celebrate National BINGO Month!	12 Look for object that are star shaped! How many can you find?	13 National Hot Cocoa Day! Make your own Hot Cocoa (See Recipe)	14 How many words can you and your child think of that start with the letter "c"?	15 Discuss with your family winter activities that you can do together!	16 Make a new bookmark for winter!	17 Go outside and take a sled ride!
18 Hanukkah Begins!	19 Build A Snowman Day! Go outside and build a snowman together!	20 Go Caroling Day! Sing your favorite songs together!	21 Winter Begins!	22 Read a new winter book together!	23 Use a pinecone to decorate like a Christmas tree with glue and glitter	24 Christmas Eve!
25 Christmas Day!	26 Kwanzaa Begins!	27 Make Cut Out Snowflakes Day!	28 Card Playing Day! Play your favorite card game together as a family!	29 Go on a Winter Scavenger Hunt together!	30 Make a goal for how many books you want to read next year!	31 New Year's Eve! Discuss your favorite 2021 memories!



www.booksbythebushel.com



Hot Cocoa

Ingredients: (Makes about 3 Cups)

- 1/3 Cup Sugar
- 2 Tablespoons Cocoa Powder
- 2 oz Hot Water
- 2 Cups Milk
- 1/4 Teaspoon Vanilla
- Optional: Minature Marshmallows and Whipped Cream



Instructions:

- In a medium saucepan, combine sugar and cocoa
- Add water, bring to a boil over low heat- cook and stir for 2 minutes
- Stir in milk- bring to a serving temperature (do not boil)
- Remove from heat and stir in vanilla- whisk until the mixture is frothy
- Optional: Add minature marshmallows and whipped cream for the perfect winter treat!



Gingerbread House

Items needed:

- 5 Popsicle Sticks
- Glue
- Brown, Red & White Construction Paper
- 2 Red & 1 White Pipecleaners
- Snowflake, Candy or Christmas Stickers



Instructions:

- Using the 5 popsicle sticks, make a house shape and glue together.
- Cut and glue brown construction paper behind the popsicle stick house frame. Add a red square chimney. Cut and glue a red half oval door to the front of the house. Glue a white square (window) to the front of house.
- Cut and glue red pipecleaners to frame window. Use white pipecleaner to frame door.
- Decorate your house with stickers





The Red Cliff Early Childhood Center
88455 Pike Rd. 89830 Tiny Tot Dr.
Bayfield WI 54814
December 2022

Current Opening for the Red Cliff Early Childhood Center/

- **Early Head Start Center Based Teacher** Opening Date: October 28, 2022 Deadline: Open Until Filled
- **Custodian / Maintenance** Opening Date: September 22, 2022 Deadline: Open Until Filled
- **Head Start Bus Driver** Opening Date: September 2, 2022 Deadline: Open Until Filled
- **Head Start/4k Teacher** Opening Date: August 17, 2022 Deadline: Open Until Filled
- **Early Head Start Home Based Teacher** Opening Date: August 17, 2022 Deadline: Open Until Filled
- **Cultural Engagement Specialist** Opening Date: June 17, 2022 Deadline: Open Until Filled
- **Child Care Teacher – (4 Positions available)** Opening Date: March 28, 2022 Deadline: Open Until Filled

Red Cliff Tribal Job openings



- **Go to the Red Cliff Tribal Website**
https://www.redcliffnsn.gov/how_do_i/apply_for_obtain/employment_opportunities/jobopenings.php
- **Bayfield Chamber-Job Opportunities**

Behavioral Milestones

The preschool years are an important time for developing healthy habits for life. From 2 to 5 years old, children grow and develop in ways that affect behavior in all areas, including eating. The timing of these milestones may vary with each child.

**2-5
year
olds!**



2 YEARS

- Can use a spoon and drink from a cup
- Can be easily distracted
- Growth slows and appetite drops
- Develops likes and dislikes
- Can be very messy
- May suddenly refuse certain foods



3 YEARS

- Makes simple either/or food choices, such as a choice of apple or orange slices
- Pours liquid with some spills
- Comfortable using fork and spoon
- Can follow simple requests such as "Please use your napkin."
- Starts to request favorite foods
- Likes to imitate cooking
- May suddenly refuse certain foods



4 YEARS

- Influenced by TV, media, and peers
- May dislike many mixed dishes
- Rarely spills with spoon or cup
- Knows what table manners are expected
- Can be easily sidetracked
- May suddenly refuse certain foods



5 YEARS

- Has fewer demands
- Will usually accept the food that's available
- Dresses and eats with minor supervision

December Kindness 2022

MONDAY



5 Give a gift to someone who is homeless or feeling lonely

TUESDAY



6 Leave a positive message for someone else to find

WEDNESDAY



7 Give kind comments to as many people as possible today

THURSDAY

1 Spread kindness and share the December calendar with others

FRIDAY

2 Contact someone you can't be with to see how they are

SATURDAY

3 Offer to help someone who is facing difficulties at the moment

SUNDAY

4 Support a charity, cause or campaign you really care about

12 Be generous. Feed someone with food, love or kindness today

13 See how many different people you can smile at today

14 Share a happy memory or inspiring thought with a loved one

15 Contact an elderly neighbour and brighten up their day

16 Look for something positive to say to everyone you speak to

17 Give thanks. List the kind things others have done for you

18 Ask for help and let someone else discover the joy of giving

19 Contact someone who may be alone or feeling isolated

20 Help others by giving away something that you don't need

21 Appreciate kindness and thank people who do things for you

22 Congratulate someone for an achievement that may go unnoticed

23 Choose to give or receive the gift of forgiveness

24 Bring joy to others. Share something which made you laugh

25 Treat everyone with kindness today, including yourself!

26 Get outside. Pick up litter or do something kind for nature

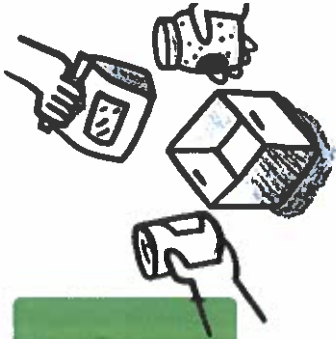
27 Call a relative who is far away to say hello and have a chat

28 Be kind to the planet. Eat less meat and use less energy

29 Turn off digital devices and really listen to people

30 Let someone know how much you appreciate them and why

31 Plan some new acts of kindness to do in 2023



Happier · Kinder · Together

ACTION FOR HAPPINESS

DECEMBER 2022

MANIDOO-GIIZISOONS

NITAM ANOKII-GIIZHIGAD	NIIZHOO-GIIZHIGAD	AABITOOSE	NIYYO-GIIZHIGAD	NAANO-GIIZHIGAD
			1B LIFE, RASPBERRIES, YGT, WG MUFFIN S TEDDY GR / MILK L RAVIOLI, BROCCOLI, AP- PLES, YGT S PEARS/CC	2B EGGS. TRL SAUSAGE. M ORANGES, WG TOAST S PRETZEL/PB L HAMB HD, GR BEAN, PEARS, CC S APPLESAUCE/WAFF
5B EGG COMBO, BLUE- BERRIES, TRK SAUSAGE S NUTRA BAR/MILK L CHIX, CARROTS, W RICE, HONEYDEW S PEACHES/CC	6B OTM SQUARES, AP- PLES, YGT S GOLDFISH/MILK L BEEF STIR FRY, STIR FRY, MANGO, BR RICE S BROCCOLI/HUMMUS	7B PANCAKES, TRK SAU- SAGE, BANANAS, S TORTILLA CH/SALSA L TOMATO SP, GR CHEZ PINEAPPLE, CORN S BERRY PARFAIT	8B RICE CRISPIES, HON- EYDEW, YGT, WG MUFFIN S CHEESE/CRACKER L HAM, BBR, PEAS, W RICE, TR FRUIT S CUCUMBERS/CC	9B OATMEAL, WG TOAST, APPLES S GR CRACKER/MILK L PIZZA, CORN, YGT, OR- ANGES, S PEARS/CC
12B EGGS, WG TOAST, ORANGES, PB S PB/CRACKER L BB'S, FRIES, BROCCO- LI, TR FRUIT S CUCUMBERS/CC	13B CORN CHEX, AP- PLES, WG TOAST, PB S NUTRA BAR/MILK L CHIX WR SP, PBJ, PEAS, HONEYDEW S CHEESE IT/ JUICE	14B MALTO MEAL, BANA- NA, WG MUFFIN S GR CRACKER/MILK L BURRITO, BR RICE, MANGO, CC, GR BEAN S VEGGIE PIZZA	15B RICE CRISPIES, STRA WBERRIES, YGT S PB/CRACKER L PORK CHOP, FR COCK- TAIL, WG BUN, CARROT S APPLES/YGT	16B EGGS, WG TOAST, PB, ORANGES S GR CRACKER/MILK L HAMB HD, CORN, PEARS, CC S FR CUP/CHEESE IT
19B WG WAFFLES, BLUEBERRIES, CC S PUDDING/NILLA WAF L PIZZA, CORN, TR FRUIT S PEARS/CC	20B KIX, CANTALOUPE, YGT, GRANOLA S CRACKER/PB L BROCCOLI SP, MANGO, CC, PBJ, CARROTS S CUCUMBERS/HUMMU	21B EGG COMBO, AP- PLES, YGT S NUTRA BAR/MILK L TACO, PINEAPPLE, CC, GR BEAN S REINDEER	22 ECC HOLIDAY PARTY	HOLIDAY BREAK
HOLIDAY BREAK TRIBE CLOSED	HOLIDAY BREAK	HOLIDAY BREAK	MILK SERVED WITH EVERY MEAL 1-2 YR OLD WHOLE	MENU SUBJECT TO CHANGE