Stressed? Feeling out of control? Worried? Frustrated? If you are having a hard time coping and adapting during this time, our behavioral health staff are available to support you, listen to you, offer emotional support and help you develop new ways to cope during this time.

**Behavioral Health Support Line**

**Monday-Friday**
8:00 a.m.-4:30 p.m.

**Direct line: 715-779-3509**

“We will get through this together”

**24 Hour Support/ Crisis Services**
Bayfield County Mental Health Crisis Line 1-866-317-9362
Northland Counseling 715-682-2141
Memorial Medical Center 715-685-5373
911 if threat to harm self or others