



Red Cliff Community Health Center

36745 Aiken Road, Bayfield, WI 54814

Phone: (715) 779-3707 Fax: (715) 779-3362

COVID-19 Update

January 26, 2021

Total Tested RCCHC:	1,246 (+5)
Total Positive Tests:	96 (+0)/0 Active, 93 Recovered, 3 Death
Quarantine:	7
Active Monitoring:	7 (0 positives/7 Close Contacts)

The Red Cliff Community Health Center is pleased to report no new cases of Covid-19.

HELPING CHILDREN COPE!

Watch for behavior changes in your child

Not all children and teens respond to stress in the same way. Some common changes to watch for include:

- Excessive crying or irritation in younger children.
- Returning to behaviors they have outgrown
- Unhealthy eating or sleeping habits.
- Irritability and “acting out” behaviors in teens.
- Poor school performance or avoiding school.
- Difficulties with attention and concentration.
- Avoidance of activities enjoyed in the past.
- Use of alcohol, tobacco, or other drugs.

Ways to support your child

- Reassure your child that they are safe. Let them know it is okay if they feel upset. Share with them how you deal with your own stress so that they can learn from you how to cope with stress.
- Limit your family’s exposure to news coverage of the event, including social media.
- Try to keep up with regular routines. If schools are closed, create a schedule for learning activities and relaxing or fun activities.

Caretakers of the medicine, protectors of your health

