



Red Cliff Community Health Center

36745 Aiken Road, Bayfield, WI 54814

Phone: (715) 779-3707 Fax: (715) 779-3362

COVID-19 Update

January 25, 2021

Total Tested RCCHC:	1,241 (+11)
Total Positive Tests:	96 (+0)/0 Active, 93 Recovered, 3 Death
Quarantine:	7
Active Monitoring:	7 (0 positives/7 Close Contacts)

The Red Cliff Community Health Center is pleased to report no new cases of Covid-19.

School is Open - Support Our Children/Teens

- Talk with your child about how school will look different (e.g., desks far apart from each other, teachers maintaining physical distance, staying in the classroom for lunch).
- Talk with your child about how school is going and about interactions with classmates and teachers. Find out how your child is feeling and communicate that what they may be feeling is normal.
- Anticipate behavior changes in your child. Watch for changes like excessive crying or irritation, excessive worry or sadness, unhealthy eating or sleeping habits, difficulty concentrating, which may be signs of your child struggling with stress and anxiety.
- Check if your school has any systems in place to identify and provide mental health services to students in need of support. If so, identify a point of contact for these services at your school.
 - Name of school point person
 - Contact information
- You can be a role model for your child by practicing self-care:
 - Take breaks
 - Get plenty of sleep
 - Exercise
 - Eat well
 - Stay socially connected



Caretakers of the medicine, protectors of your health