

# WHAT IS TRAFFIC CALMING?

by the  
Virginia Department of  
Transportation



## Traffic calming is not new

“To bring greater tranquility to the streets of Rome in the days of Julius Caesar, a regulation made the city’s central areas off-limits to all vehicles except those of public officials and high ranking citizens.”



## Traffic calming is not new

“Owing to great danger arising oftentimes from coaches, sleighs, chairs, and other carriages, on the Lord’s days, as people are going to or coming from the several churches in this town, being driven with great rapidity, and the public worship being oftentimes much disturbed by such carriages, it is therefore voted and ordered that no coach, sleigh, chair, chaise, or other carriage shall at such times be driven at a greater rate than that of foot pace, on penalty ... of the sum of 10 shillings.”

- Boston’s Board of Selectmen 1757



## Items to Discuss

- Define traffic calming
- Traffic calming objectives
- Traffic calming measures
- Raised medians
- Roundabouts
- Speed humps



## Items to Discuss

- Raised crosswalk
- Crosswalk refuge
- Chokers/Bump Out
- Chicanes
- Impacts on speed
- Photo simulations



## TRAFFIC CALMING DEFINITION

- Combination of mainly physical measures that reduce the negative effects of motor vehicle use, alter driver behavior, and improve conditions for non-motorized street users
- Changes in street alignment, installation of barriers, and other physical measures to reduce traffic speeds and/or cut-through volumes, in the interest of street safety, livability, and other public purposes.



## TRAFFIC CALMING OBJECTIVES

- Slow speeds
- Reduce cut-through traffic
- Reduce accidents and accident severity
- Increase safety for non-motorized users
- Reduce need for police enforcement
- Enhance street environment
- Increase access for all modes



## TRAFFIC CALMING MEASURES

- Community awareness and education
- Enforcement
- Non-physical measures
- Physical measures
- Alternative actions





## TRAFFIC VOLUMES AND TRAFFIC CALMING MEASURES

- < 600 vpd
  - Education
  - Enforcement
  - Non-physical measures
- 600 – 4,000 vpd
  - Education
  - Enforcement
  - Non-physical measures
  - Physical measures
- > 4,000 vpd
  - Education
  - Enforcement
  - Alternative actions
  - No traffic calming measures



## TRAFFIC CALMING MEASURES

- Non-physical
- Physical



## NON-PHYSICAL MEASURES

- Use signing and pavement marking
- Example -  
Pavement markings
  - Delineate a parking lane
  - Bicycle lane
  - Stripe out an area of pavement
- All effectively narrow the width of the travel lane











## PHYSICAL MEASURES

- Raised median island
- Traffic circle
- Speed hump
- Raised crosswalk
- Crosswalk refuge
- Choker
- Chicane



# RAISED MEDIAN ISLAND

## Description

Raised median in the middle of the roadway

## Placement

Accommodate normal turning radii near intersections; placed in the middle of the roadway with proper warning signing and delineation









## **RAISED MEDIAN ISLAND (cont.)**

### **Advantages**

Reduces speeds, shortens pedestrian crossing time and distance

### **Disadvantages**

Drainage problems, maintenance costs, expense

### **Estimated cost**

\$5,000-\$15,000 per island





## Roundabouts

### Description

Circular intersections with Yield controlled traffic entry, channelized approaches, and geometric curvature with typical travel speeds of  $\leq 30$  MPH.

### Placement

Street grades approaching the intersection should not exceed 10 percent and entrances should be a minimum of 100 feet away on all approaches



## ROUNDABOUTS (cont.)

### Advantages

Reduces speeds, reduces conflict points, lower maintenance costs, reduces delay, can be visually attractive

### Disadvantages

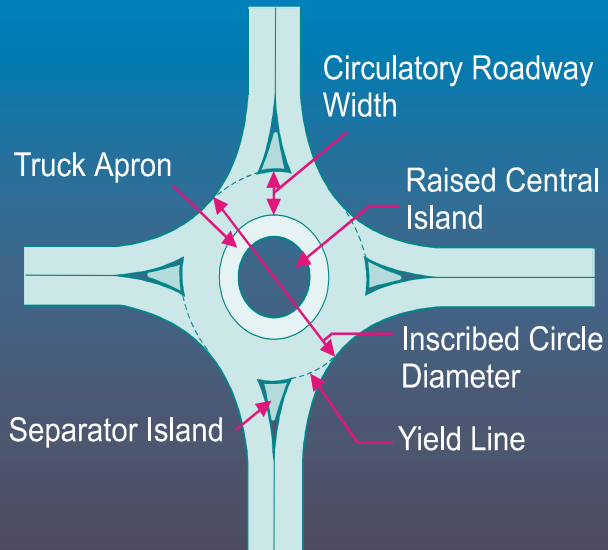
Placement of circle may reduce parking spaces and require additional right of way

### Estimated cost

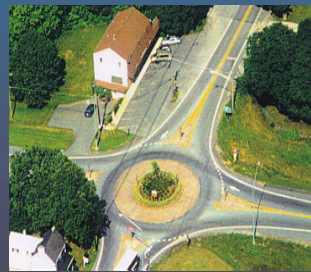
\$3,500 + per circle



## MODERN ROUNDABOUT DESIGN



- Yield at entry
- Deflection
- Flair at entry
- Splinter islands



## MODERN ROUNDABOUTS



# SPEED HUMP

## Description

Raised hump in the roadway with a parabolic top, extending across the road at right angles to the traffic

## Placement

Spacing should be about 500 feet, clearly visible for 200 feet, and placed at least 200 feet from intersections; should include warning signs





## **SPEED HUMP (cont.)**

### **Advantages**

Reduces speeds

### **Disadvantages**

Increases emergency response times and slows emergency vehicles and buses, potential drainage problems, increases noise, increases maintenance costs

### **Estimated cost**

\$2,000-\$3,000 per speed hump





# RAISED CROSSWALK

## Description

Raised hump in the roadway with a 10-foot flat top, extending across the road at right angles to the direction of traffic flow

## Placement

Where significant numbers of pedestrians cross the roadway; should include advance warning signs





## RAISED CROSSWALK (cont.)

### Advantages

Reduces speeds, provides improved visibility and safety for pedestrians

### Disadvantages

Increases emergency response times and slows emergency vehicles and buses, potential drainage problems, increases noise, increases maintenance costs

### Estimated cost

\$2,500-\$8,000 per raised crosswalk (higher estimate includes two curb ramps)



## CROSSWALK REFUGE

### Description

Raised median in the middle of the roadway with a cut provided for the crosswalk

### Placement

Where a significant number of pedestrians cross the roadway











## CROSSWALK REFUGE (cont.)

### Advantages

Reduces speeds, provides refuge for pedestrians crossing roadway

### Disadvantages

Increases maintenance costs

### Estimated cost

\$5,000-\$15,000 per crosswalk refuge



# CHOKER

## Description

Physical constriction built at the curb side of the roadway to reduce the width of the travel lane

## Placement

Normal turning radii should be accommodated; should include advance warning signs and delineation





## CHOKER (cont.)

### Advantages

Reduces speeds, provides parking protection,  
shortens pedestrian crossing distance

### Disadvantages

Potential drainage problems, maintenance costs

### Estimated cost

\$7,000-\$10,000 per pair





# CHICANE

## Description

Alternating constrictions built curbside to create a bend in a formerly straight street, forcing vehicles to negotiate the narrowed street in a snake-like fashion

## Placement

Should accommodate normal turning radii; sets are to be placed 400-600 feet apart; should include advance warning signing and delineation; used only on roadways divided with a median







## CHICANE (cont.)

### Advantages

Reduces speeds, shortens pedestrian crossing time and distance

### Disadvantages

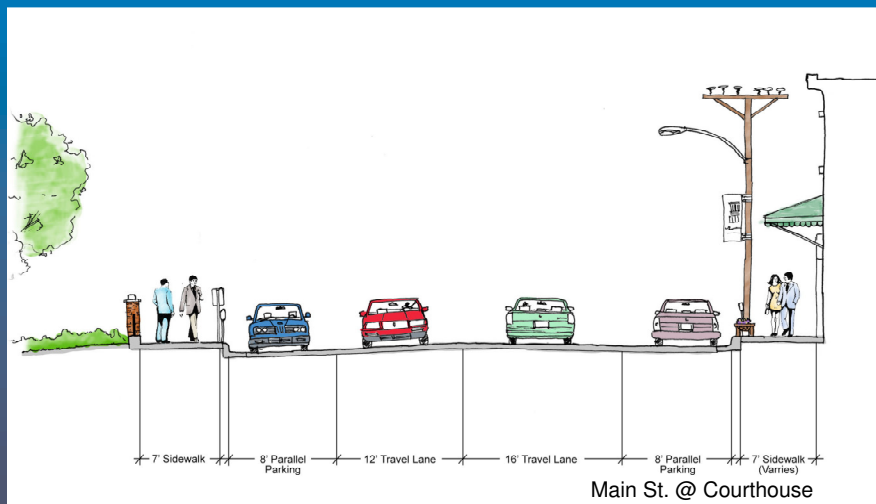
Limited to divided roadways, potential drainage problems, maintenance costs

### Estimated cost

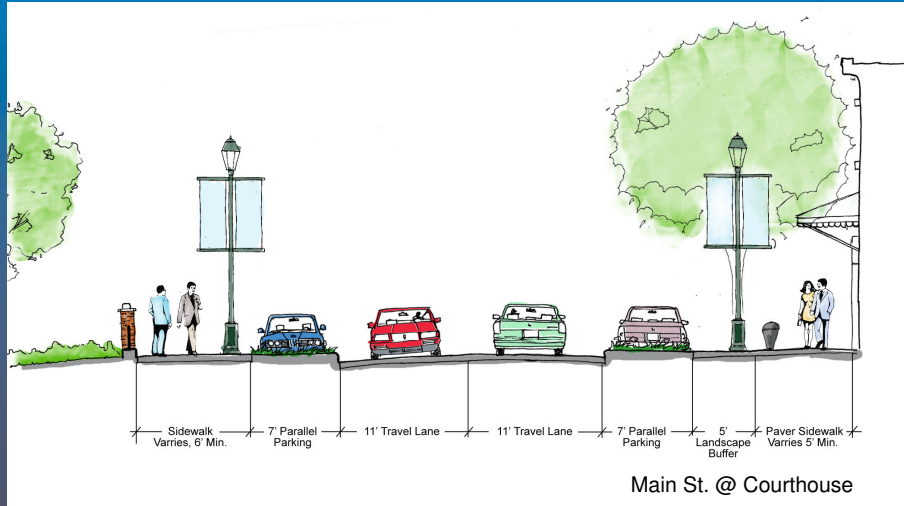
\$5,000-\$15,000 per set



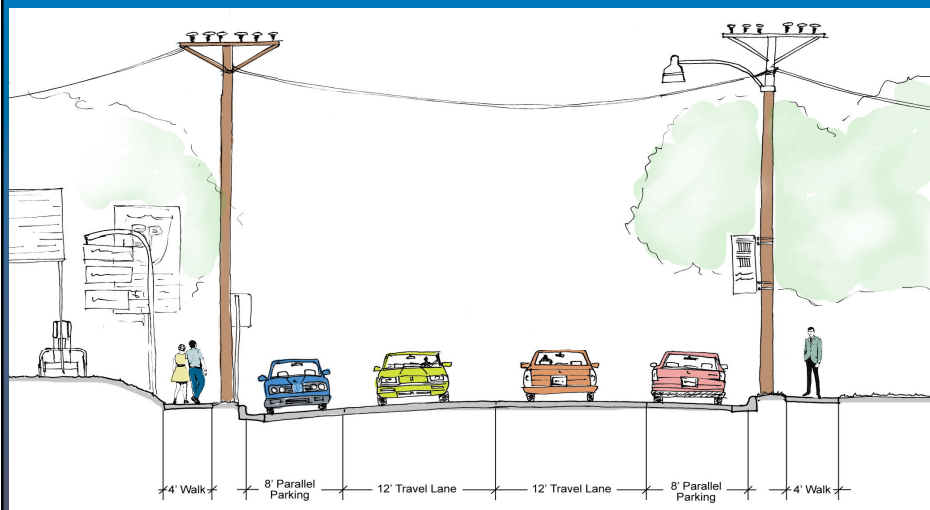
Existing Cross Section Downtown Louisa



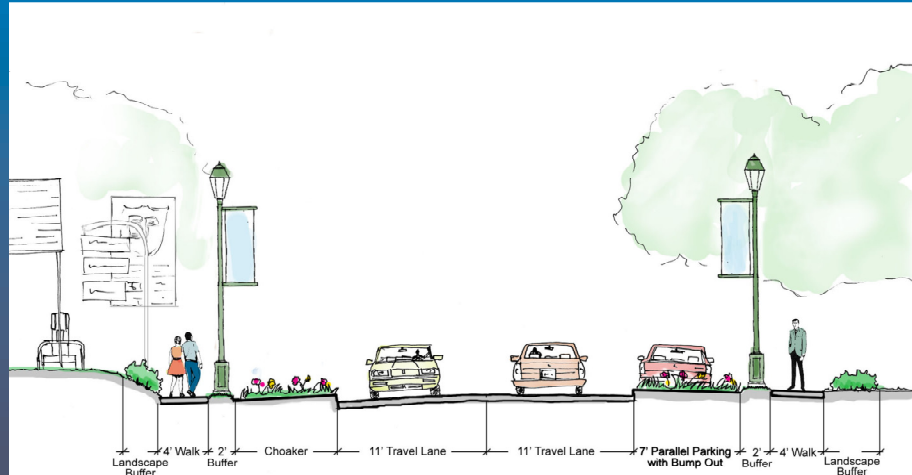
## Desired Cross Section Downtown Louisa



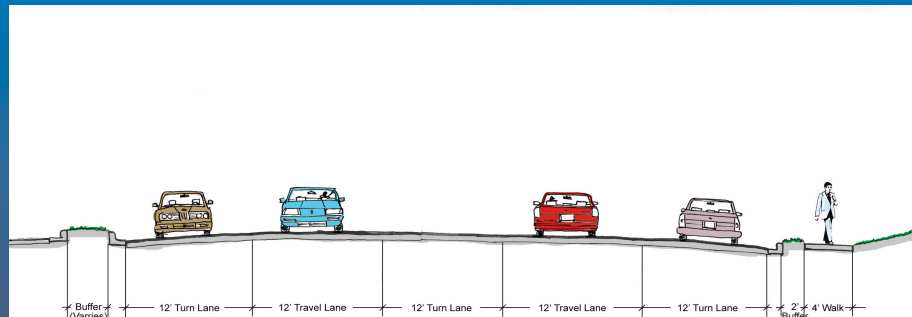
## Existing Cross Section Downtown Edge



### Desired Cross Section Downtown Edge



### Existing Cross Section Suburban Area

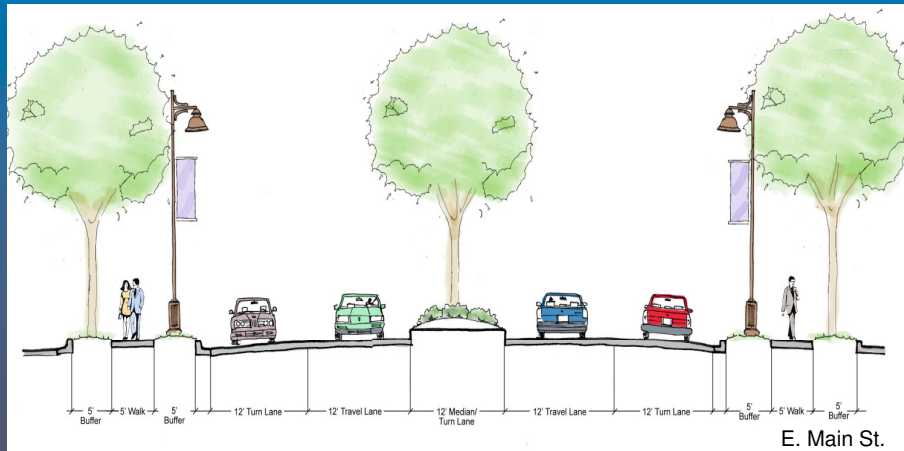


E. Main St.





### Desired Cross Section Suburban Area



### Photo Simulation – What could be.....Town of Louisa

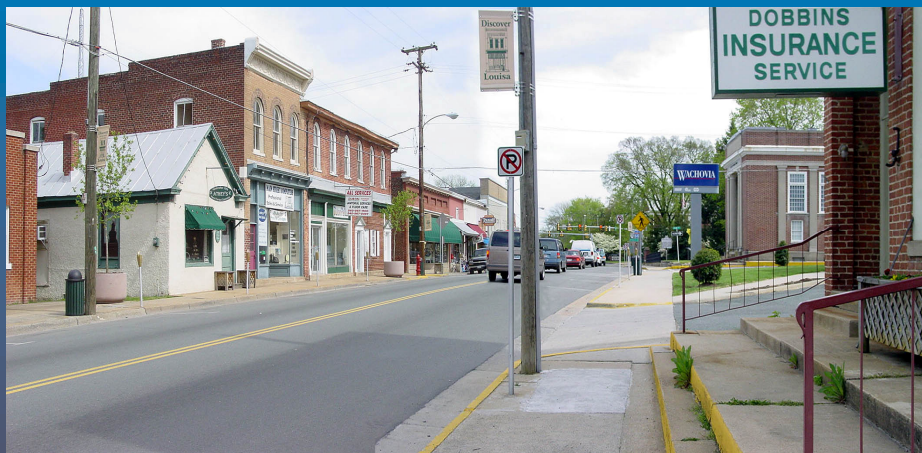


Photo Simulation – What could be.....

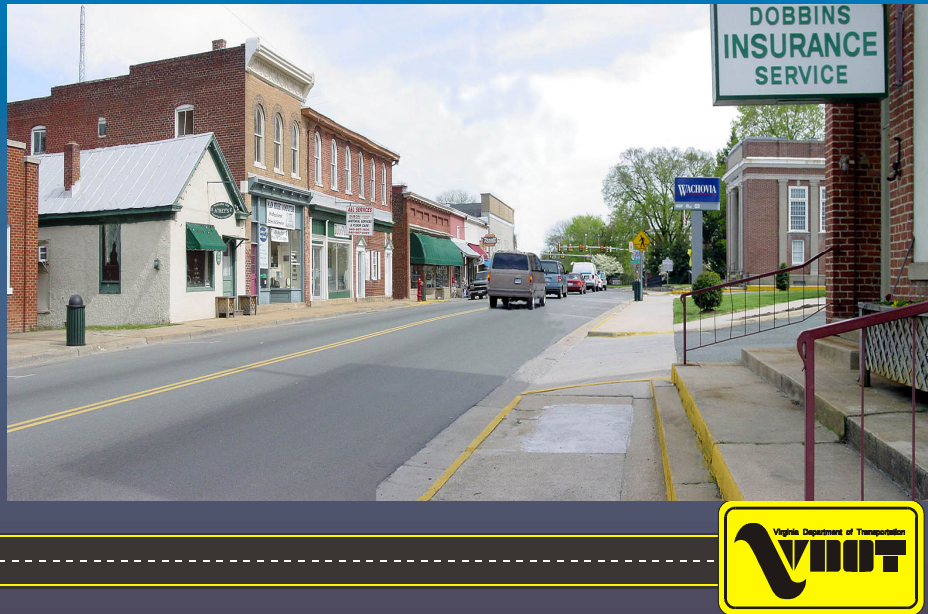


Photo Simulation – What could be.....



Photo Simulation – What could be.....



Photo Simulation – What could be.....





Photo Simulation – What could be.....



Photo Simulation – What could be.....



# AGENCY CONCERNS

- Liability
- Fire
- Police
- Public works
- Sanitation
- School buses

