

Orleans County Mental Health Resources

Behavioral Health Wellness

Orleans County Mental Health	585-589-7066	Individual counseling, groups, Psychiatric Prescribers
Oak Orchard Health	585-589-5613	Individual counseling located within primary care setting

Supportive Resources

Mental Health Association (MHA)	585-589-1158	offers social opportunities, can provide transportation, available for check in phone calls and more
Catholic Charities	585-589-7477	helps with advocacy, linking with resources, offers a routine Friendly Phone check-in service
Orleans County SPOA	585-589-7066	connects individuals to supportive services in the community
Hospice of Orleans	585-589-0809	offer bereavement support groups and caregiver support groups

Crisis Services Available 24/7

Care & Crisis Helpline	Call: 585-283-5200 OR Text: 741 741
Suicide and Crisis Helpline	Call or Text: 988
Emergencies	911

