



County of Orleans

Department of Mental Health

(Mental Health, Developmental Disabilities, Substance Abuse and Alcoholism Services)

2023-2027 Mental Hygiene Local Services Plan Goals and Objectives

Goal: = A&SA **Goal:** = DDS **Goal:** = MH

Housing

Goal: Orleans County desires to meet housing needs for its community members with disabilities.

1. The Arc of GLOW will collaborate with OPWDD, and other community stakeholders and services providers to explore new strategies and funding streams to develop housing options for people with disabilities in the community. This will include, but not be limited to certified and non-certified housing, as well as self-directed housing programs.

Crisis Services

Goal: To effectively meet the mental health treatment needs of Orleans County residents in partnership with the identified community agencies.

1. Explore ways to sustain, add to, and enhance mobile crisis teams in Orleans County to continue operation of mobile crisis team resources, and offer additional opportunities of access to these teams and funding for these resources.
2. Continue to implement outreach and educational efforts for the following crisis resources in Orleans County; "988" National Suicide Prevention Lifeline, Care & Crisis Helpline, Mental Health Association of Genesee & Orleans Counties Warm Line and Mobile Integration Teams.
3. The county will work with local and state law enforcement agencies, EMS / Fire agencies, and mental health programs and providers to improve crisis response for emergency calls related to behavioral health emergencies. This will also include mental health programs and providers assisting in developing and implementing trainings for first responders on mental health awareness.
4. Explore opportunities for referrals, access to, and partnership with outside Orleans County mental health crisis programs, to include but not limited to; housing services and supports, crisis stabilization centers, and respite opportunities.
5. Evaluate and monitor the utilization and effectiveness of remote/virtual delivery of mental health services.

Workforce Recruitment and Retention (service system)

Goal: Providing adequate and accessible developmental disabilities services in Orleans County continues to be a challenge for those serving people with developmental disabilities. The Arc GLOW desires to continue to offer a comprehensive array of services for OPWDD recipients and their families.

1. The Arc GLOW will improve the recruitment and retention of direct support professionals by collaborating with other providers, Arc New York, the Finger Lakes Collaborative, DDAWNY, colleges and job placement organizations.

Employment/Job Opportunities (clients)

Goal: The County desires to continue providing vocational services to adults with mental health issues and/or developmental disabilities residing in Orleans County. Utilizing funder approved (OPWDD, ACCES-VR, OMH) services, the County desires to continue to develop additional job opportunities for the mentally ill and the developmentally disabled within the community.

4. The contract agencies, ACE Employment and The Arc GLOW, will work to develop new job placements and prevocational training opportunities for community integration. The Arc GLOW will provide vocational services such as Community Prevocational and Vocational Evaluation services to adults with developmental disabilities residing in Orleans County. The Arc GLOW will look to expand opportunities for collaborative vocational programming with outside agencies and community stakeholders.

Recovery and Support Services

Goal: To reduce the incidence of alcohol and substance abuse in the County by providing recovery-focused supports to individuals with SUD difficulties.

1. GCASA will continue to expand peer recovery coaching in the county by providing training and support to individuals in recovery and volunteers who are willing and able to become peer mentors.
2. GCASA will explore and implement efforts to promote and educate the community on the role and resources of the 24 hour Peer Line.
3. Orleans Recovery Hope will undergo a re-strategizing and re-branding of their organization in an effort to identify, plan for, and implement future efforts to support recovery and support services for alcohol and substance abuse in Orleans County.
4. GCASA will research and develop a sustainability funding plan for recovery and support services.
5. GCASA will continue to offer recovery activities in the community.

SUD Outpatient Services

Goal: To reduce the incidence of alcohol and substance abuse in the County by increasing the availability and use of Evidence-Based Medication Assisted Therapy (MAT) services to include all patients with Alcohol dependence and Opiate dependence diagnoses.

1. The County contract agency, GCASA, will continue to promote services, via increased community education of its offerings of Medication Assisted Therapy (MAT): GCASA will expand programming to include education to all patients who present as benefiting from MAT.

2. Increase offerings of Narcan training, by offering Narcan training throughout course of treatment.
3. Explore and incorporate prevention services into outpatient substance use treatment groups available at GCASA.
4. GCASA will continue to offer and evaluate the utilization and effectiveness of Telehealth treatment services.
5. GCASA will open a Methadone clinic at their Albion treatment site. The proposed Methadone clinic will improve access to additional MAT treatment services within Orleans County.

SUD Residential Treatment Services

Goal: To reduce the incidence of alcohol and substance abuse in the County by providing recovery-focused supports to individuals with SUD difficulties

1. Evaluate the utilization of the 16-bed co-ed detox facility in Genesee County to provide services to Genesee and Orleans County residents. GCASA will assess how this resource is being utilized by Orleans County residents.
2. GCASA will apply for additional licensing for the 16-bed co-ed detox facility in Genesee County to maximize the utilization of the facility and offer additional treatment options.
3. GCASA will implement a 25-bed community residence in Orleans County to serve females from Genesee, Orleans & Wyoming Counties who are in recovery.

Opioid Programs and Services

Goal: Reduce recidivism in the criminal justice system due to criminal activity related to substance use disorders by providing effective chemical dependency education and treatment and re-entry linkages at the jail.

1. GCASA will continue to provide 8 weeks of group substance abuse education to inmates to encourage and enhance their entry into post-release treatment.
2. Evaluate the utilization of SUD treatment program(s), to include MAT, individual therapy, Peer Supports, discharge planning, and referral to alternative treatment programs for those individuals incarcerated at the Orleans county jail
3. GCASA will continue to offer individuals post incarceration release participation in the re-entry program. GCASA will evaluate this programs utilization and sustainability.

Coordination / Integration with Other Systems for SUD clients

Goal: To reduce the incidence of alcohol and substance abuse in the County by providing a coordinated system of community-based recovery-focused supports to individuals with SUD difficulties

1. GCASA will present on MAT to key stakeholders such as community organizations, schools, law enforcement, and other identified entities in an effort to improve collaboration, communication and partnership between stakeholders.
2. Orleans Recovery Hope will continue an outreach and educational initiative to all Orleans County communities of faith to inform families and consumers of treatment options in the county.

Mental Health Clinic

Goal: To effectively meet the mental health treatment needs of Orleans County residents in partnership with the identified community agencies.

1. Continue efforts to integrate into treatment evidenced based screening tools as part of ongoing assessment for suicide, violence, trauma, substance abuse, nicotine use, depression, and anxiety.
2. Explore ways to enhance support and services available at our current satellite clinic mental health treatment sites in the five school districts and the GCASA satellite site in Orleans County.
3. The Department will continue to present information to key stakeholder groups including primary care providers and community agencies and providers, schools, and the public on the availability and accessibility of local mental health services and resources.
4. Explore ways for service integration at primary care sites and behavioral health (mental health chemical dependency) sites in Orleans County to improve access to services and collaboration between providers.
5. Continue to explore and identify needs for increased group therapy services at clinic and satellite locations.
6. Continue to prepare for the transition to a value based payment (VBP) environment by increased use of evidence-based assessments, clinical outcomes, population health data, social determinants of health data and continuous quality improvement (CQI) processes and methods.
7. Explore treatment opportunities and resources specific to children age four and under to address a current unmet need in Orleans County.

Other Mental Health Outpatient Services (non-clinic)

Goal: To effectively meet the mental health treatment needs of Orleans County residents in partnership with the identified community agencies.

1. Continue to assess community needs for additional services and programs. Collaborate with the Suicide Prevention Coalition of Orleans County, MHAGO (Mental Health Association of Genesee and Orleans Counties), GCASA, NAMI (Rochester), NYAPRS, Restoration Society, Inc. (ACE Employment Services), Independent Living of the Genesee Region and the schools to do peer-run groups, informational panels, and school/community forums to include such topics as depression, trauma and support for survivors of suicide.
2. Foster and enhance the development and implementation of outreach utilizing peer recovery services using the Visions of Hope Recovery Center and CORE services operated by MHAGO, Restoration Society, Inc. or the Independent Living Center. Establish contracts on behalf of these services to enhance these programs and promote these services from the above community based providers or others as identified.
3. The department will explore opportunities to enhance relationships between criminal justice agencies and treatment providers in the community coordinate efforts to reduce recidivism and involvement in the criminal justice system for individuals with mental illness.

4. The department identifies a need for youth respite and wrap around services for children with mental health needs. The department will explore and identify respite and wrap around service opportunities for youth under the age of eighteen in Orleans County.

Mental Health Care Coordination

Goal: To effectively meet the mental health treatment needs of Orleans County residents in partnership with the identified community agencies.

1. The Department will sustain and strengthen partnerships with Community Providers (Schools, Probation, LDSS, Mental Health, PCPs, etc.) in Orleans County to establish a knowledge base of the program in efforts to increase youth/adolescent referrals and improve outcomes. Successful partnerships will be evidenced by the use of a team collaborative approach, direct linkage, and/or warm hand-off to Care Management.
2. The Department will establish a tracking mechanism to analyze the obtainment of identified social determinants of individuals enrolled in the Health Home Plus (HH+) Program.
3. The Department will advocate with local stakeholders and elected representatives to ensure the restoration and sustainment of the Health Home Care Management Program for adults and children/youth.

Developmental Disability Respite Services

Goal: Adequate and accessible respite services in Orleans County continue to be a struggle for people with developmental disabilities. Orleans County desires to offer a wider variety of overnight and day respite services for families that include OPWDD recipients.

1. The Arc GLOW will work with families to recruit potential respite providers and increase opportunities for various types of respite opportunities in the community.

Other Needs: Suicide Prevention and Intervention

Goal: Help reduce the incidence of suicide in Orleans County by educating the community about suicide, the prevention of suicide, resources available and to support survivors of a suicide loss.

1. The Suicide Prevention Coalition will participate in a steering committee designed to explore a potential merger with Genesee and Wyoming County's Suicide Prevention Coalitions. The expansion will include participation in the tri-county (GOW) regional annual marketing campaign to promote behavioral health wellness, suicide prevention,

and dissemination of information and resources in addition to applying for grants as a tri-county regional effort.

2. The Suicide Prevention Coalition will track and evaluate suicide post-vention support strategies that include input and involvement of local survivors of suicide, law enforcement, first responders, clergy, funeral homes, schools, and other community stakeholders.
3. The Suicide Prevention Coalition will sustain and strengthen awareness of and involvement in the National Suicide Survivor's Loss Day, National Night Out, and other related events in the community to promote suicide awareness and suicide loss remembrance.
4. The Suicide Prevention Coalition will market and implement support resources such as 988, SafeTalk, and Take Saves Lives for mental health wellness promotion via presentations, support groups, peer resources, and social media.

Other Needs: Alcohol and Substance Abuse Prevention

Goal: To reduce the incidence and prevalence of Alcohol & other Substance Use Disorders for Orleans County youth, parents, and caregivers.

1. GCASA will continue to provide evidence-based educational programming in the schools to foster prevention efforts to reduce exposure and experimentation. GCASA will explore additional programming to provide prevention efforts in the schools and the community at large.
2. GCASA will utilize the harm-reduction program, "Teen Intervene," in the schools to help measurably reduce the use of substances in 25% of all participating youth.

Other Needs: Tobacco, E-Cigarettes and Vapes Use, and Gambling, Prevention and Intervention

Goal: To reduce the incidence and prevalence of nicotine and gambling addiction among the various populations within Orleans County.

1. Continue to market and offer community presentations to the Orleans County community on prevention efforts, and the role of prevention programs on Tobacco, E-Cigarette, Vapes, and Gambling addiction.
2. Evaluate the role of prevention efforts and programming in Orleans County, and assess for opportunities for alternative and additional prevention efforts that can be considered / adopted.