



Martin-Tyrrell-Washington
DISTRICT HEALTH



MARTIN COUNTY OPIOID EFFORTS





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Past Efforts



September 10, 2014

- Safe Kids Riverbend (members in Martin, Tyrrell, and Washington counties) hosted a community forum event at the Vernon James Center in Roper, NC. Approximately 45 individuals representing multiple disciplines (law enforcement, schools, DSS, public health, mental health and medical providers, childcare, faith community, etc) attended. Participants learned about Project Lazarus, an effective approach to the current issues surrounding prescription drug misuse, abuse, diversion, overdose, addiction to pain medication and access to appropriate pain care. The main focus of this approach is public awareness, coalition building, and data and evaluation.
- The separate components include:
 - Community Education
 - Provider Education
 - Evaluation of Hospital /Emergency Department policies as they relate prescribing controlled substances
 - Diversion Control
 - Pain Patient Support
 - Harm Reduction
 - Addiction Treatment

Past Efforts



October 2017

- MTW District Health Department partnered with the county leadership of each of our three counties and representatives of Trillium Health Resources to host a community forum to address opioids. This was a project sponsored by the North Carolina Association of County Commissioners and approximately 120 state and local leaders attended. Guest speakers included representatives from Cooperative Extension, North Carolina Attorney General's Office, Trillium Health Resources, Emergency Medical Services, Department of Social Services, Martin County Sheriff's Office and MTW Public Health. Participants then had small group discussions and a list of wants and needs was developed.

Strengthen Opioid Misuse Prevention (STOP) Act of 2017-

- Limits on the number of days worth of opioids that may be lawfully prescribed upon initial consultation for acute injuries
- Requires prescribers to use the NC Controlled Substance Reporting System (NCCSRS)- a prescription database (prevents "doctor shopping") and requires providers to conduct a 12 month history review.
- Requirement for all PAs and NPs practicing in pain clinics to consult with their supervising physician prior to prescribing opioids.

Opioid Trends



The **overdose death rate** in NC was **39** out of 100,000 people in 2021. This represents **4,041** people in **NC** who died from overdose in that year.

- The **overdose death rate** in **Martin County** was **40** out of 100,000 people in 2021. This represents **9** people in **Martin County** who died from overdose in that year.

Rate of Overdose Deaths per 100,000 North Carolina Residents, 2021	
Martin County	40
Statewide	39



Opioid Trends

The **overdose emergency department visit rate** in NC was **161** out of 100,000 people in 2021. This represents **16,901** emergency department visits by NC residents for overdose in that year.

- The **overdose emergency department visit rate** in **Martin County** was **76** out of 100,000 people in 2021. This represents **17** emergency department visits by Martin County residents for overdose in that year.

Rate of Overdose Emergency Department Visits per 100,000 North Carolina Residents, 2021	
Martin County	76
Statewide	161

Opioid Trends

The **overdose death illicit drug involvement rate** in **NC** was **78** out of 100,00 overdose deaths in 2021. This represents **3,166** people in **NC** who died from illicit drug overdose in that year.

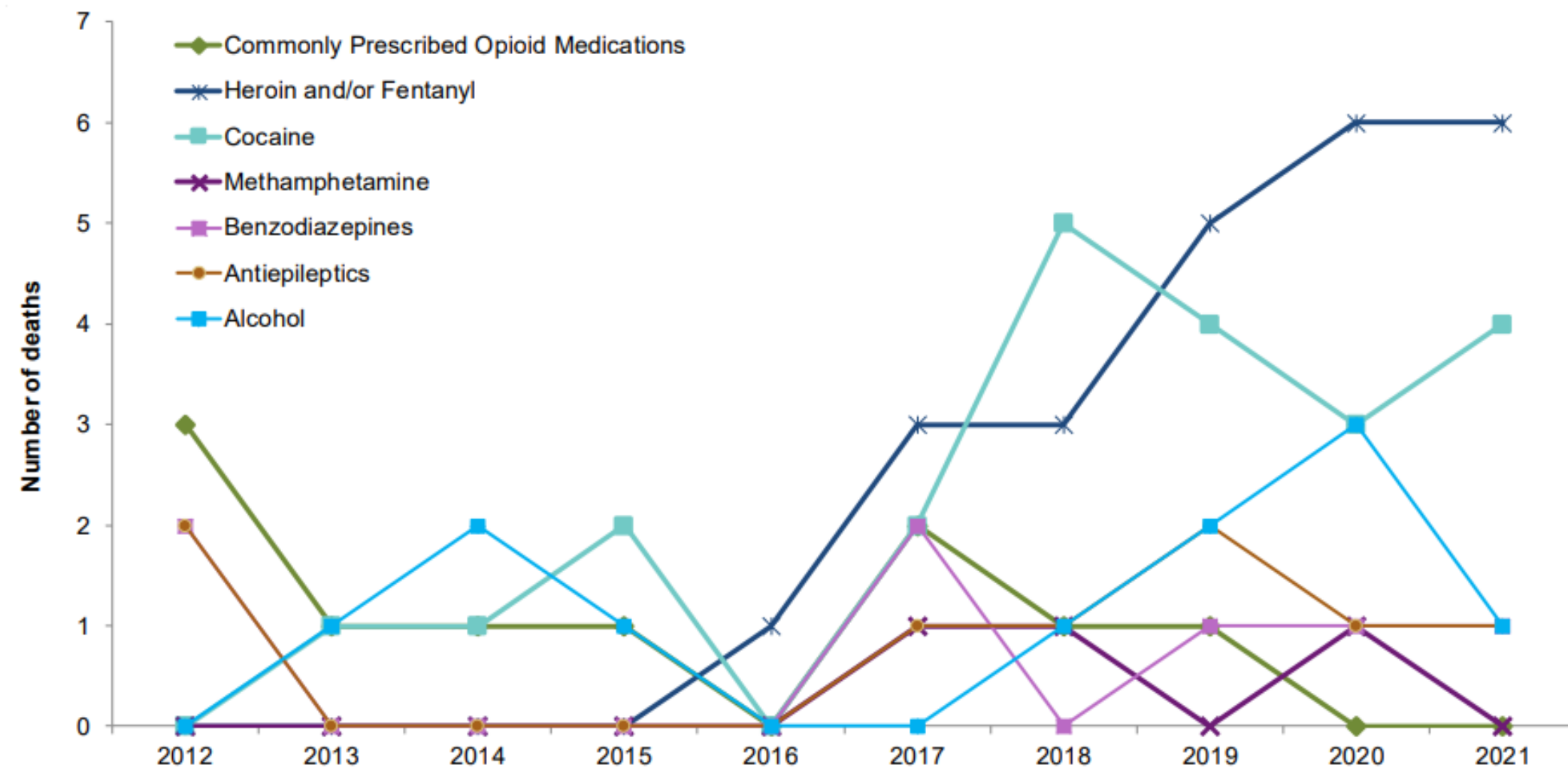
- The **overdose death illicit drug involvement rate** in **Martin County** was **67** out of 100,000 overdose deaths in 2021. This represents **6** people in **Martin County** who died from illicit drug overdose in that year.

Rate of Overdose Deaths Involving Illicit Drugs per 100,000 North Carolina Residents, 2021	
Martin County	67
Statewide	78

Opioid Trends in Martin County

Substances* Contributing to Overdose Deaths

Martin County Residents, 2012-2021

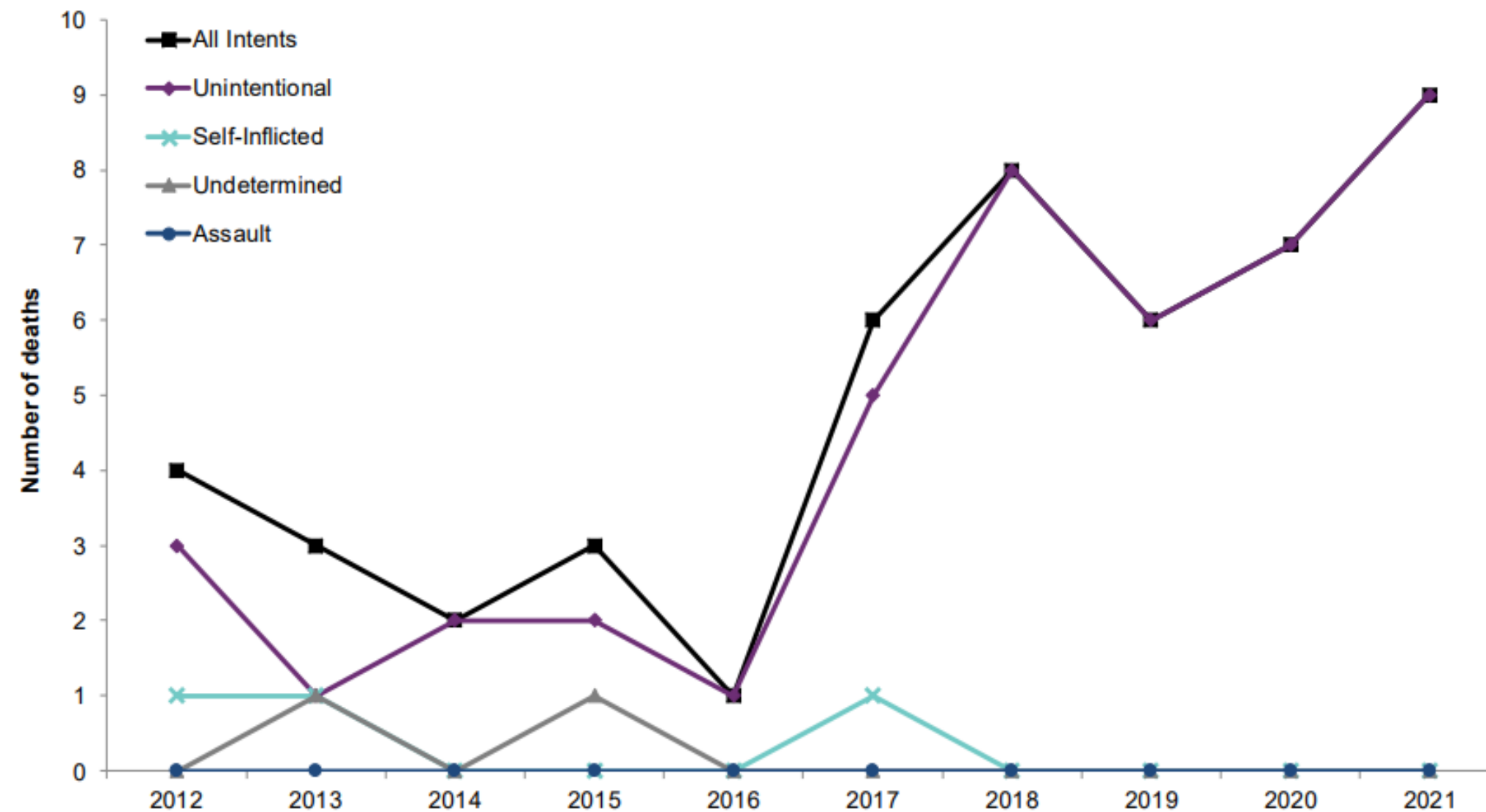


The most common substances contributing to **overdose deaths** in Martin County, in 2012-2021 was **Heroin and/or Fentanyl**.

Opioid Trends in Martin County

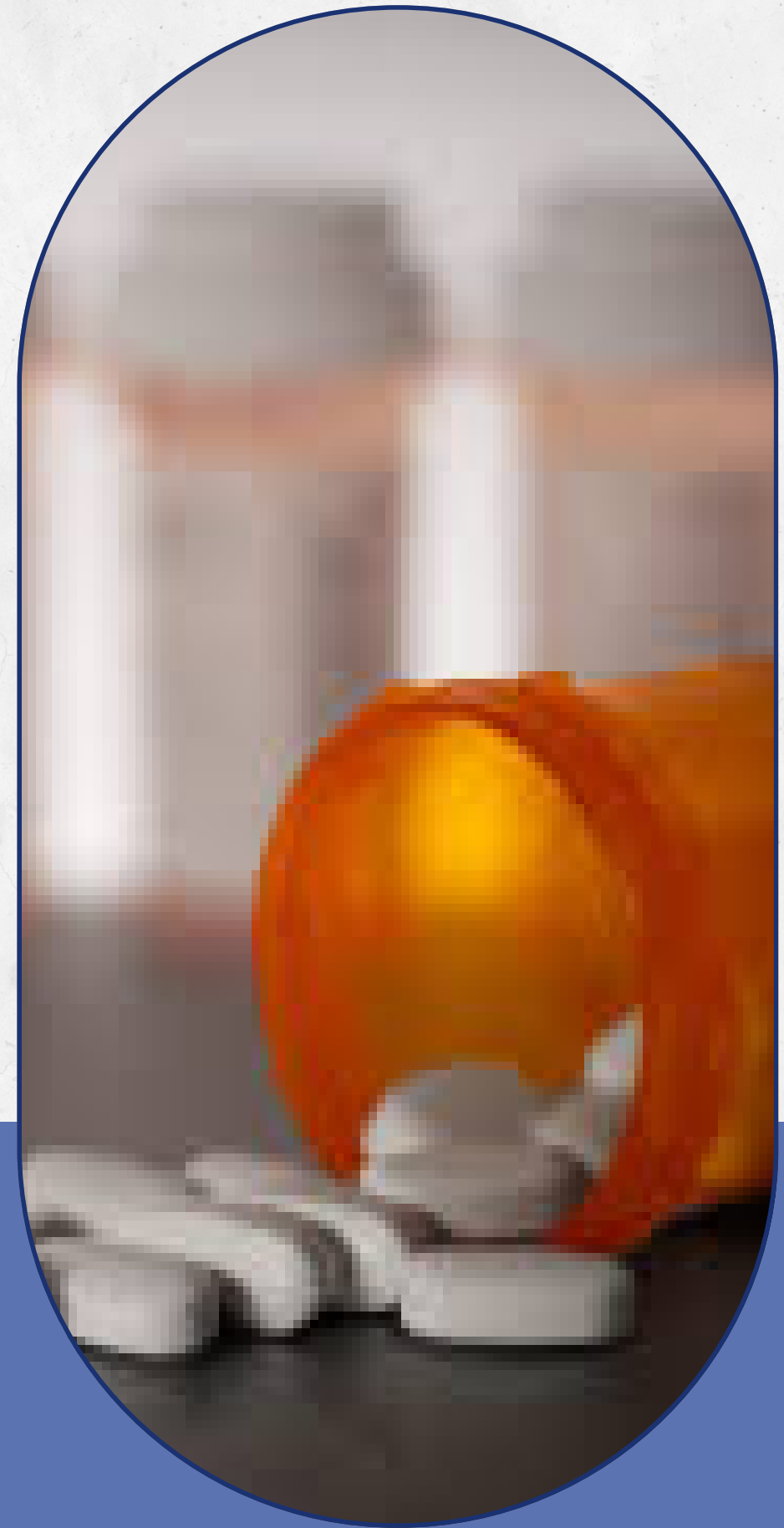
County Medication & Drug Overdose Deaths by Intent

Martin County Residents, 2012-2021



The highest intent of drug overdose deaths was **unintentional** from 2012-2021.

History of Opioid Settlement Funds



NC OPIOID SETTLEMENT FUND ALLOCATION



Nationally = \$50B

85% to Local Governments listed in the NC MOA

15% to the State of NC



NC Memorandum Of Agreement

- Negotiated by NC DOJ and NCACC's "555 Committee"
- Approved and incorporated into national settlements
- Addresses
 - Allocation of funds
 - Use of funds
 - Transparency and Accountability

REQUIREMENTS



Establish a special revenue fund subject to audit



Authorize spending ahead of time



Understand your options and related requirements

* Option A or Option B



Report annual spending and impact –
All reporting available to the public through
CORE-NC



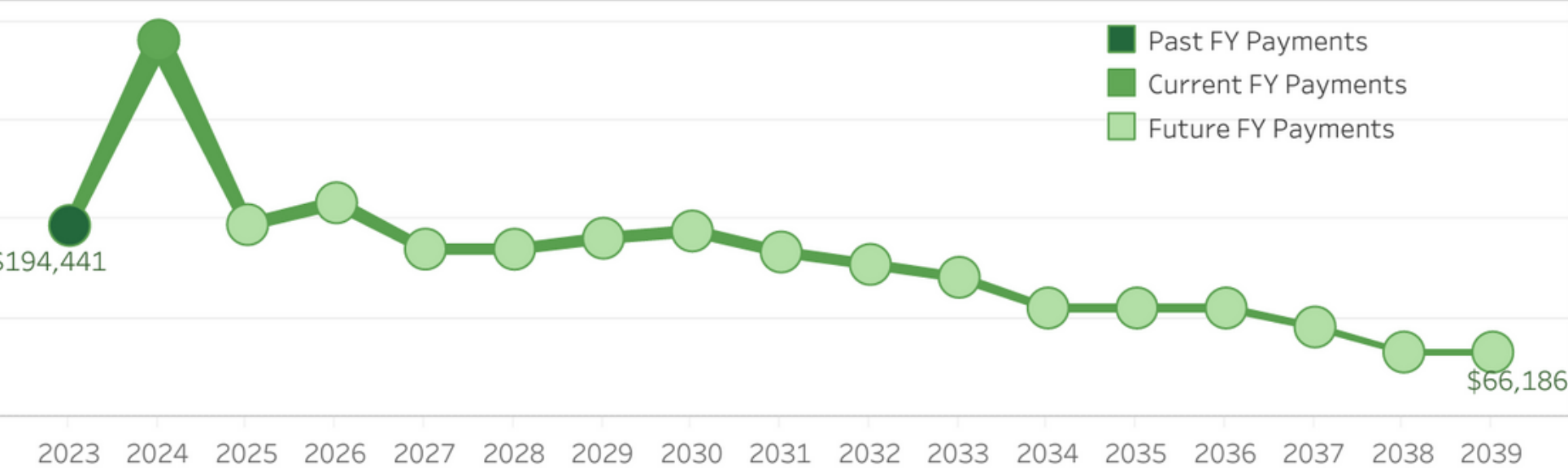
Meet with municipalities each year
(open to public)

Martin County Payment Plan

18 Year Payment to **Martin** during 2022-2038:

\$2,721,704

Payments Over Time - Martin



Payment Table - Martin

FY22-23	\$194,441
FY23-24	\$382,180
FY24-25	\$195,324
FY25-26	\$217,443
FY26-27	\$170,523
FY27-28	\$170,425
FY28-29	\$181,526
FY29-30	\$188,824
FY30-31	\$167,580
FY31-32	\$155,002
FY32-33	\$141,918
FY33-34	\$110,836
FY34-35	\$110,836
FY35-36	\$110,836
FY36-37	\$91,638
FY37-38	\$66,186
FY38-39	\$66,186

[Press Room](#)

Vital Strategies to Dedicate \$1.5 Million to 12 North Carolina Counties That Use Opioid Settlement Money to Make Harm Reduction Services More Accessible

Option A

- Naloxone Distribution
- Harm Reduction SSP

- Cabarrus County & Cabarrus Health Alliance (\$70,000)
- Hoke County & Tia Hart Community Recovery (\$20,000)
- **Martin-Tyrell-Washington Health District & The Hope Exchange (\$70,000)**
- Mecklenburg County & Queen City Harm Reduction (\$70,000)
- Montgomery County & FirstHealth of the Carolinas (\$69,854)
- Rowan County & Rowan County Public Health Department (\$69,995)
- Stanly County & Uwharrie Harm Reduction (\$59,405)
- Watauga, Ashe, & Alleghany Counties & AppHealthCare (\$70,000)

Opioid Listening Sessions

Martin County

August 12, 2022

Community Attendees desire to have a mental health/psychiatric liaison at the hospital to prevent continuous/unnecessary emergency department visits at Martin General. This community member would be a mediator and help to administer needed medication to patients visiting for mental health disorders/needs.

Washington County

August 17, 2022

Concerns from this session included underreported overdose data from Sheriff's office, as well as Naloxone accessibility.

A few pitched ideas from this session included:

- Expansion of mobile delivery services (provided by HOPE Exchange) into Washington and Tyrrell counties.
- Partnerships with schools, churches, PTA meetings to provide education on opioids/substance misuse.
- Supporting opioid crisis work/efforts by hiring community health workers with opioid settlement funds.

Tyrrell County

August 29, 2022

A few ideas included:

- Developing a family support network
- Providing support to families that have a loved one/family member struggling with substance use.
- Have law enforcement and local pastors to be a part of the network.
- Creating accessible resources for individuals who struggle with substances such as a mobile shower unit.
- Considering if an individual is homeless.
- Access to emergency housing and/or homeless shelters.
- Advertising resources that are available for individuals who use substances.
- Funding a mental health counselor to be available in Tyrrell County.



Martin-Tyrrell-Washington

DISTRICT HEALTH

MTW Programs and Resources



Beaufort - Martin - Tyrrell - Washington - Hyde

2nd Judicial District Opioid Coalition (Community Education)

Recovery Court (Addiction Treatment)

Family Recovery Court (Addiction Treatment)

Safe Kids Riverbend Coalition has medication drop off boxes available in each county where individuals can safely dispose of old/unused/outdated medication (Diversion Control)

Syringe Exchange Program (Harm Reduction)

Naloxone/Narcan distribution (Harm Reduction)





The HOPE Exchange is a ***syringe service program*** provided by the MTW District Health Department that serves the residents of Martin, Tyrrell, and Washington counties.

Syringe Service Programs, also known as SSPs, are community-based prevention programs. At the HOPE Exchange, we provide a variety of services, including access to sterile syringes and syringe disposal, Naloxone access, HIV/Hepatitis C/Syphilis testing, and linkage to care and treatment.

2023

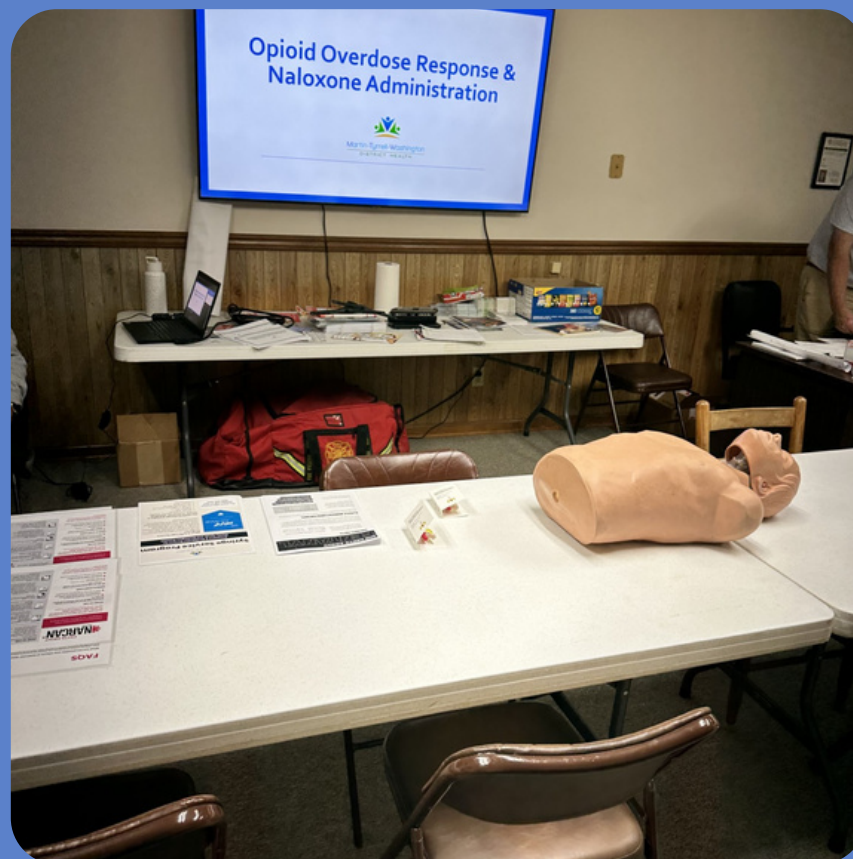
Syringes distributed:
16,649

Syringes returned:
4,615

Narcan distributed:
313

***Narcan Overdose
Reversals:***
8

Narcan Training



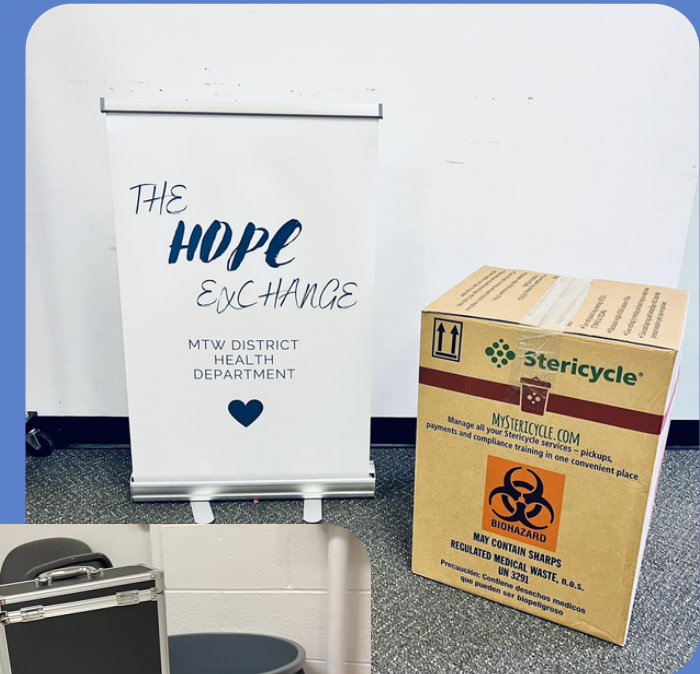
Expansion of the SSP



Naloxone Distribution



Services



Strategies from Surrounding Counties

● Beaufort County - \$622,577

- Opioid Peer Support
- Opioid Health Educator
- Opioid Project Support
- Opioid Behavioral Health Taskforce
- Opioid Operational Supplies

● Dare County- \$424,188

- Post Overdose Response Team
- Evidence-Based Addiction Treatment
- Criminal Justice Diversion (Recovery Court)
- Reentry Programs
- Naloxone Distribution
- Recovery Support Services

● Pitt County- \$805,000

- Reentry Program
- Employment Related Services
- Early Intervention
- Post Overdose Response Team
- Syringe Service Program
- Evidence Based Addiction Treatment

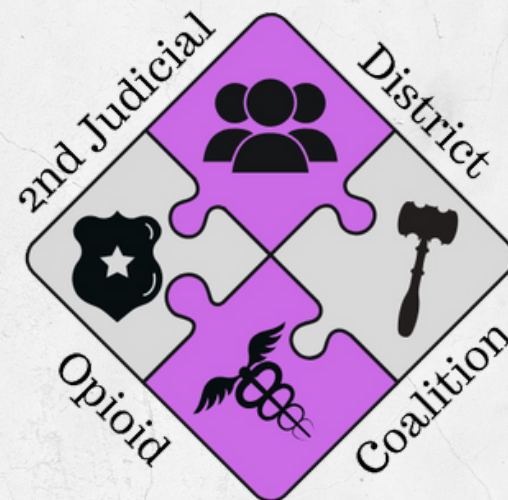
Next Steps

- Harm Reduction Distribution Stands
- Narcan Distribution Cabinets
- Post Overdose Response Team (PORT)
- Peer Support Specialist



Would you be interested in attending a summit with facilitated breakout sessions and guest speakers regarding opioid use and future spending of opioid settlement funds?

Would you be interested in joining our opioid coalition?



Beaufort - Martin - Tyrrell - Washington - Hyde

THANK YOU!

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Resources

- <https://ncopioidsettlement.org/data-dashboards/opioid-indicators/>
 - <https://injuryfreenc.dph.ncdhhs.gov/DataSurveillance/StatewideOverdoseSurveillanceReports/CountyOverdoseDeathSlides/martincountyoverdoseddeathslides.pdf>
 - https://ncopioidsettlement.org/wp-content/uploads/2023/10/Dare_Spending_Plan_Resolution_2023.09.06.pdf
 - https://ncopioidsettlement.org/wp-content/uploads/2023/10/Pitt_Spending_Plan_Resolution_2022.12.05.pdf
 - https://ncopioidsettlement.org/wp-content/uploads/2023/02/Beaufort_Spending_Plan_Resolution_2023.02.06.pdf
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