

# FACTS

## About the Food4Kids Program

- The program provides food support to public school students by sending home a bag of healthy snacks for the weekend during the school year and periodically throughout the summer.
- The program started in 2013 serving 98 children and grew to more than 200 students in less than a year. More children are regularly being added as funding allows.
- The food is packed by volunteers and delivered to schools weekly.
- Approximately 20,000 bags were packed and delivered during the 2018-2019 school year.
- We are a 100% volunteer organization.
- Any child in Head Start or any Marshall Public School student who wants extra food assistance for the weekend, with a parent or guardian's consent, is eligible to participate in the program.



*Our Mission is to support families by supplying food to hungry children.*

## How can I volunteer?

- Assist with packing the bags
- Help fundraise
- Deliver bags
- Organizational tasks

### Connect with us at:

Coordinator@MarshallFood4Kids.org  
507-401-5554 (call or text)  
[www.facebook.com/MarshallFood4Kids](http://www.facebook.com/MarshallFood4Kids)  
[www.instagram.com/Marshall.Food4Kids](http://www.instagram.com/Marshall.Food4Kids)  
[twitter.com/MFood4Kids](http://twitter.com/MFood4Kids)



Donate online at  
[www.MarshallFood4Kids.org](http://www.MarshallFood4Kids.org)

*To ensure uniformity in the foods we provide, we generally don't accept direct food donations through the public. We are able to stretch every donated dollar further by buying food in bulk and at reduced rates.*

Marshall Food4Kids is a U.S. 501(c)3 non-profit organization.

Write us at: PO Box 771, Marshall MN 56258

Our packing and storage facility is provided by Agape Fellowship, located at 301 N. High Street.

The Marshall Food4Kids program is made possible in part by generous donations from foundations, companies, churches, and the community.



United Way  
of Southwest Minnesota  
Community Partner



revision date: 2019-04



marshall  
**food 4**  
kids

MARSHALL, MINNESOTA

[www.MarshallFood4Kids.org](http://www.MarshallFood4Kids.org)



According to the U.S. Dept. of Agriculture, **12 million children live in households struggling to put enough food on the table.** This includes many families in Marshall. **Of Marshall public school students, 46% are eligible for free or reduced price lunches** through the National School Lunch Program.

Research has shown that a lack of food can affect children physically, mentally and emotionally. These children get sick more often, test lower in math and reading and can experience anxiety and depression.

The National School Lunch Program helps out during the week, but what about when students go home for the weekend? We bridge this gap by sending home a bag of nutritious snacks with students.

Marshall Food4Kids provides non-perishable, kid friendly foods, such as: cereal, granola bars, crackers, raisins, apple sauce, juice boxes, mixed fruit cups, and trail mix.



## Program Testimonials

"My child has enjoyed the ability to receive some of her favorite snacks and try what may become some new favorites. While I watched her go through her bag, I was reminded of how she went through her Christmas stocking! This program is wonderful in our eyes. Thank you to all who make it happen. We wouldn't change a thing."

- Parent

"It's nice to have healthy snacks my child doesn't need help making."

- Parent

"The program offers help to families without making us feel judged."

- Parent

"I like the fact my child has something to snack on that is healthy between meals."

- Parent

"The Food4Kids program has been a great resource to provide families an opportunity for food they may not receive on their own. These nutritious meals provide our kids with the extra boost they need over the weekends. Since the program has started I've seen students return from the weekends healthy and full of energy. With the demographic changes in our community these resources provide families with the food they need. Thank you for the excellent work of getting these food bags out to our school every week."

- Chace Pollock, 3<sup>rd</sup> grade teacher  
West Side Elementary

"This is such a nice program. It helped me out so much with being a single mom. I appreciate everything."

- Parent

## SPONSOR A CHILD

Please consider sponsoring one or more children. A donation of any amount is greatly appreciated.

**\$4** provides one child with food for one weekend

**\$16** provides one child with food each weekend for an entire month

**\$152** provides one child with food each weekend for the entire school year

Donate online: [www.MarshallFood4Kids.org](http://www.MarshallFood4Kids.org)