

ADAPTIVE RECREATION PROGRAMMING

ADAPTIVE JR. BEE'S BASEBALL

Program Description: Jr. Bee's baseball will provide participants with disabilities with training on the basic skills and rules of baseball. (During Spring/Summer)

When: Every Saturday
Lil' Hitter (5-8 y/o) – 1pm
Rookie (8-12 y/o) – 2pm
Minor (12-16 y/o) – 3pm
Major (16 + y/o) - 4 pm

Location: Willow Park - Softball Fields, 450 West 700 South

ADAPTIVE INDOOR SOCCER

Program Description: Join the world's most popular sport for children and adults! Soccer! Athletes can improve their overall physical fitness while learning basic soccer skills, such as dribbling, shooting, and running. (During Spring/Fall)

When: Every Friday 5pm-6pm

Location: Logan Community Recreation Center, 195 South 100 West

ADAPTIVE AQUATICS

Program Description: Adaptive Aquatic is a session designated for people with disabilities and their family to enjoy the pool. Adaptive swim lessons are available upon request. (During Summer)

When: Every Saturday
Open Swim – 9am - 11:30am

Location: Logan Aquatic Center, 451 South 500 West

"Let me win. But if I cannot win, let me be brave in the attempt." - Eunice Kennedy, The Special Olympics Athlete Oath

ADAPTIVE JR. JAZZ BASKETBALL

Program Description: Be a part of team Jr. Jazz and learn how to play basketball. Participants will gain skills and understanding in shooting, dribbling, passing, and running. (During Winter)

When: Every Saturday
Adults – 3pm – 4pm
Youth – 4:15pm – 5:15pm

Location: Logan Community Recreation Center, 195 South 100 West

ADAPTIVE BOCCE

Program Description: Come learn the sport of Bocce. This inclusive program (all welcome) that will teach participants the fundamentals of bocce ball while increasing physical fitness, confidence, and social interaction skills. (During Winter)

When: Every Friday 5pm-6pm

Location: Logan Community Recreation Center, 195 South 100 West

"Sport has the power to change the world. It has the power to inspire. It has the power to unite people in a way that little else does." – Nelson Mandela

FUTURE PROGRAMMING

Currently, the City of Logan offers programming largely focused on individuals with intellectual and developmental disabilities, as well as autism spectrum disorder. If you or someone you know has a physical or other type of disability, please contact the Adaptive Sports and Recreation Coordinator for accommodations. We are working diligently to provide future programming to represent all abilities. Please take our survey to assist us in these efforts.



ADAPTIVE SPORTS AND RECREATION SEASONAL MEMBERSHIP

A seasonal membership of \$25 per participant will allow participants access to ALL adaptive sports and recreation activities within the season. Memberships can be purchased in seasonal increments or a yearly fee of \$90.

- **Spring Activities:** Baseball, Soccer
- **Summer Activities:** Baseball, Aquatics
- **Fall Activities:** Jr. Jazz Basketball, Soccer
- **Winter Activities:** Jr. Jazz Basketball, Boccia

Register for recreation programs at pr.loganutah.org