

La Plata County 4-H

NEW FAMILY ORIENTATION PACKET



All about the La Plata County 4-H Program

FAMILY MATTERS

All about the La Plata County 4-H Program

Index

Why 4-H.....	3
About 4-H	4
The Four H's	5
La Plata County 4-H	6
4-H Membership	7
4-H Project Selection	8
Completing a Project & Demonstration.....	9
What is a Record Book & Interview.....	10
Parental Involvement.....	11
Program Expectations	12
4-H Member in Good Standing	13
Communication.....	14
La Plata County 4-H Clubs.....	15
4-H Projects.....	17
Camps & Leadership Opportunities.....	19
Dress Code	21
Glossary	23
Appendix.....	25
How to Enroll Online.....	29



Why 4-H?

4-H Youth Programs are educational programs for youth ages 5-18 from urban, rural, and suburban areas. Programs are provided through the Colorado State University Extension with the support of La Plata County, Colorado State University, and the United States Department of Agriculture. 4-H is the only youth development program connected to the land grant university system, providing members with access to the most current research and educational resources.

4-H work centers on the project. Members select a project that interests them and fits the area where they live. Through project work, members learn life skills: communication, record keeping, decision making, leadership, and project specific skills.

4-H projects are fun, hands-on experiences for youth! They learn by doing and experience satisfaction from a job well done and the success of project completion. 4-H projects are also flexible. Members can work in a project group or individually. Learning can take place over the entire year or be compressed into a smaller time frame to suit individual needs.

About 4-H . . .

4-H Vision

The 4-H Youth Development program is a world leader in developing young people's ability to become productive citizens and serves as a catalyst for positive change to meet the needs of a diverse society.

Through 4-H Youth Development education, youth will:

- practice effective problem solving and decision making skills
- practice responsible health behavior
- be environmental stewards
- possess positive work attitudes and skills
- value diversity
- have a strong sense of community and social responsibility
- contribute to positive relationships with families, peers and community
- demonstrate communication and leadership skills
- value lifelong learning
- feel the personal price that comes with mastery of a project
- feel valued and utilized as a resource in the community

4-H Mission

The mission of the 4-H Youth Development program is to create a safe, supportive environment in which diverse youth and adults can reach their fullest potential. In support of this mission, Extension will:

- provide formal and informal community focused experiential learning
- help youth develop skills that will benefit them throughout life
- foster leadership and volunteerism in youth and adults
- build internal and external partnerships for programming and funding

4H Pledge

I pledge my **HEAD** to clearer thinking
My **HEART** to greater loyalty
My **HANDS** to larger service
My **HEALTH** for better living
For my club, my community, my country and my world.

“Being the Best 4-H Parent You Can Be”

Where does your 4-H adventure start as a 4-H parent? With the four H's: Head, Heart, Hands & Health.

As a 4-H parent, pledge your **HEAD** to share your knowledge and skills, to help your child see things through and to help him/her make wise decisions. Find out more about 4-H through your newsletter, web and by frequently visiting with 4-H leaders and Extension Staff.

Pledge your **HEART** to encourage and support your child through successes and disappointments. Offer unconditional praise for project and life skills your child is developing. Be a good example for your child by being a good sport and appreciating the success of others.

Pledge your **HANDS** to larger service in helping your child with 4-H projects and being involved with your child's 4-H club. Support your child by participating in meetings and activities as well as volunteering to help.

Finally, pledge your **HEALTH** to keep your child mentally, physically and emotionally well. You, as a parent, have a vital role in helping your child get the most from 4-H. Whether it's learning something new, serving the community, or developing valuable skills, 4-H can offer your child the opportunity “to make the best better”.

Motto

To Make the Best Better

Slogan

Learn by Doing



Symbol

The Clover

Colors

Green & White

La Plata County 4-H Staff and Contact Information

Staff - Colorado State University/La Plata County Extension Staff

*Angela Fountain, 4-H Youth Development Agent

Angela Reynolds, Administrative Assistant

Nicole Clark, Family and Consumer Science Agent

Emily Spencer, Fairgrounds Office Manager

Office Address

2500 Main Avenue

Durango, Colorado 81301

We are located in the Extension Building at the Fairgrounds in Durango.

Office Hours

8:00 a.m. to 5:00 p.m., Monday through Friday

We suggest calling ahead to ensure the information and staff you need are available.

Office Numbers

(970) 382-6465 - Extension Office

(970) 382-6460 – Angela Fountain

E-Mail Addresses

*Angela Fountain – afountain@lpcgov.org

Angela Reynolds – areynolds@lpcgov.org

Online:

Local County Website – www.laplatacounty4h.org

State Website – www.colorado4h.org

Facebook – @LaPlataCounty4H

4-H Membership

Community Clubs - The entire club traditionally meets once a month to discuss business matters, plan community service events, participate in educational programs and socialize. To complete project work, members meet with a volunteer adult leader who teaches the skills necessary to complete the project.

4-H Age Requirements

Your 4-H Age is your age on January 1 of the current 4-H year. 4-H members must be 5 on January 1 and not exceed 18 on January 1.

4-H Age Groups

Juniors – 8 years old to 10 years old (as of January 1st of the current year)

Intermediates – 11 years old to 13 years old (as of January 1st of the current year)

Seniors - 14 years old to 18 years old (as of January 1st of the current year)

Cloverbuds

4-Hers age 5, 6 & 7 may enroll only in the Cloverbud project. This is a non-competitive program focused on age-appropriate developmental activities which explore many of the 4-H project areas. Specific project materials are available to the Cloverbud project leader.

Cost to enroll in Cloverbuds is \$15.00

Volunteer Leader Enrollment

The 4-H Program owes its strength to the leaders who volunteer and teach youth project and life skills. Along with volunteering come certain responsibilities. New volunteers must 1) enroll, 2) complete a volunteer application listing three references and be willing to have a background check made on them, 3) attend New Leader Orientation. Leaders must re-enroll each new 4-H year.

Enrollment Periods

Colorado 4-H has year-round enrollment. However, there are some membership deadlines in La Plata County:

Re-enrollment in Clubs - October 1 through December 31*

*After this date, returning members can still re-enroll; there will be an extra \$30.00 fee per member

New membership in Clubs- October 1 through April 1 *

*Very last day to enroll for all interested youth to be able to compete in the County Fair.

Establish a New Club - Assistance Available Year Round

Add Deadline – May 1

Last day to add a project for all members

Drop Deadline – June 1

Last day to drop a project for all members

Enrollment Fees

\$25 - Enrollment fees for first member in a family (\$20 for each additional child) and includes costs for 2 projects.

**There will be a book fee for every extra project, after the allotted 2 projects.

4-H Project Selection

What is a Project?

Projects are the heart of the 4-H program. A wide variety of projects are available for members to choose from. Through well-chosen projects, members will learn to use their resources, to assume responsibility and to acquire the knowledge and skills necessary for everyday living.

A project may extend over a short period of time or for several years. “Learning by doing” is the most important aspect of a project, not time. Making, growing, caring for, observing and participating – all of these active learning processes are involved in 4-H projects.

The 4-H project is a major importance for member interest and is often the entry point to the rest of the 4-H program. Projects should be carefully chosen by the member with help from parents and leaders.

4-H projects serve two principle functions:

- They provide the opportunity for members to learn physical, mental and social skills, as well as knowledge and attitudes suitable for their age and experience.
- They give each member meaningful “learn by doing” experiences in how to handle new situations.

Selecting 4-H projects is an important part of the 4-H year. We suggest members 12 and under start with one or two projects. There is no limit to the number of projects you can take. You may add additional projects until May 1st or drop existing ones until June 1st.

The following questions can help you in selecting your projects.

- What are my likes and dislikes?
- How much time will it take to complete the project?
- How much money will the project cost?
- Will I have a project leader to help me?

The Project Selection Guide contains information on what skills will be learned in each project unit. The County Fair Book contains information on the exhibit requirements for each project unit. These publications are good resources to consult during project selection.

After these considerations make your choices carefully and proceed with real enthusiasm and the desire to learn as much as you can. Have a good time and complete what start.

You can repeat units or projects if you feel you did not accomplish as much as you should have. Be sure you understand the basics in each unit before moving ahead. Also, give consideration to selecting projects that complement each other and other activities in which you are involved.

You must complete your projects every year, to be a member in good standing and be allowed to participate in 4-H the next year.

Completing a Project

Completion of your project consists of:

1. Attending required meetings and activities as set forth by your project and club leader.
2. Performing a demonstration or illustrated speech.
3. Completing a record book
4. Completing a display or project based on the state syllabus
5. Exhibiting your project and record book at the La Plata County Fair
6. Participating in an interview about your project with a judge

Be realistic about your 4-H goals. Realize that it will take time and commitment to accomplish goals- good things rarely come without hard work. Plan to devote as much time to 4-H as you do other extra-curricular activities. A football team that practiced one day a month would not expect to win many games- we can't expect only attending one 4-H meeting a month will be all the time you need to complete your projects. Plan ahead, if basketball controls the household November-February, then accept the fact that the child will not get much project work done during those months. If he/she wants to be competitive, more work must be done in the other nine months of the year. Don't forget to expect setbacks. They are a part of any growth process.

What is a Demonstration?

Demonstrations are planned presentations by a 4-H member that teach information related to a project. Simply, they are a way of showing and telling others how to make or do something, as well as ways of sharing useful information.

Every 4-H member profits in some way from planning and presenting a demonstration. Poise, confidence and self-assurance grow each time a person makes a presentation. Through demonstrations, 4-H members have the opportunity to:

- Work on something they like and have an interest in.
- Gain new knowledge and learn about a specific subject.
- Learn to plan and organize their thoughts and express themselves more clearly.
- Develop good judgment, speech and actions before an audience.
- Listen to the opinions of others.

Only one demonstration needs to be given for all projects taken that year. Typically a demonstration topic is something a member had learned from his/her project but you are welcome to pick any 4-H related topic.

The exception to this rule is that if a project, record book, or leader requires a demonstration specific to that project in order to complete the project and compete at the county and/or state fair.

As a side note, it is in the 4-H member's best interest to do a demonstration for each specific project if they plan on competing at the State Fair level.

What is a Record Book?

Each member must keep a record of his or her 4-H work. Records are not an extra task, but are the vital part of 4-H. Few young people (adults are no exception) enjoy record keeping. However, it is an important life skill. A 4-H record book teaches a desirable habit. Society demands that each and everyone, no matter what vocation, keep track of financial and business matters. Developing this habit early in life will be a valuable asset. 4-H'ers learn to:

- Report goals and how they were accomplished.
- Report subject matter and life skills learned and developed.
- Report participation in personal development, community service and leadership opportunities.
- Identify and communicate feelings associated with what was accomplished.
- Reflect and analyze progress toward objectives.
- To communicate in writing.
- To organize thoughts.
- To set goals and work toward these goals.
- To make short and long term plans.
- To evaluate a record of growth from year to year.
- To recognize skills learned, goals accomplished and successes they've had.

A record book is used for each project in which a 4-H member is enrolled. The record book provides space for keeping expenses, receipts, skills learned and other information about the project. New record books are available each year for each project. A completed 4-H record book can be achieved only when there is the proper attitude and cooperation between member, parents and leaders.

*Record Books can be found online at www.laplatacounty4h.org or the Extension Office.

The 4-H Interview

The 4-H program provides a number of opportunities for members to participate in individual interviews- county, district, and state awards, trips and counselor or committee positions. The following information provides some suggestions for making the most of these interviews.

The interview is an opportunity for judges, selection committees or individuals to ask you questions about your 4-H project and your 4-H career. Most interviews on the state level whether for project, awards, scholarships or special programs will be 10-15 minutes in length. The interview portion is used to help determine the extent to which you actually participated in a project, what knowledge and skills were gained and how you handle yourself when asked "tough questions" concerning your project or 4-H activities. Interviews may count for half of the selection process as in project/scholarship awards or be the final part of the selection process (i.e. National 4-H Conference).

In order to prepare for an interview, the best method is "trial by fire". The more experiences and practice sessions you have prior to the actual interview, the more relaxed and natural the interview will be. To prepare for the interview, you, your parent, a volunteer and anyone else who helped you with a project should try to anticipate as many questions concerning your project as possible. Some questions will be obvious from the project or procedures you used, while others may take some thought. It is often the obvious questions that are missed, so study even the most trivial points and have an explanation for everything. Judges will ask questions to determine your

understanding of your project and how it related to either 4-H activities. They may ask questions to determine your understanding and knowledge of the 4-H program. Be prepared to talk about your successes and failures in your project; if and how the project impacts future goals; what 4-H has done for you.

Some practice questions;

1. How and why was the project selected?
2. Where did you learn the most about your project? Through what activities?
3. What is your goal? What do you want to accomplish with your project?
4. Have there been any surprises in your project? How did you deal with them?
5. What have you learned from your experiences in this project/in 4-H?
6. How much time do you devote to your project/4-H?
7. Did you ever get discouraged with your project? What kept you from being discouraged?
8. How are you using these skills in everyday life?
9. How do you manage time for this project/4-H?
10. What was the most important thing or things you learned in this project?
11. What was the greatest challenge in your project? In your 4-H year?
12. What would you pass on to others doing a project or belonging to 4-H?
13. How have you applied what you have learned for the betterment of your community?

The best advice for an interview is to relax and enjoy the experience. Remember, you know more about your project or 4-H career than anyone else. Judges are looking for how comfortable you are with your project and knowledge of the subject matter. Never underestimate the power of a smile-judges are looking for the confidence that says you are enjoying the experience of presenting your project and yourself. Don't be intimidated by the judges, they want you to succeed just as much as you do. Put your best appearance forward at all times. The more prepared you are, the less anxious you'll be at the interview.

Parental Involvement

Parent involvement in the 4-H program is vital to its success. 4-H volunteers and Extension staff may interest youth in becoming members, but it takes the parents' good will and support to keep them interested, enthusiastic and active. Through research and experience, a number of positive effects on 4-H, 4-H clubs and 4-H members can be attributed to active parent participation. When parents participate in the 4-H program, the member gains support, confidence, assurance as well as a feeling of security. 4-H is a family affair, offering parents many opportunities to participate in a program where both child and parent may participate in a common interest and family unity. In clubs where support is good, individual club members receive more personal attention and guidance from leaders and parents. Club activities will develop and expand with the added support of parents. 4-H has a positive influence on the lives of thousands of boys and girls. This happens only when parents care enough to share their time, efforts and talents. Don't forget the Parents Pledge! (page 3)

Program Expectations

4-H Code of Conduct

The 4-H Code of Conduct helps to clarify minimum expectations of participants at 4-H events. Program participants (members, parents, volunteers and staff) must abide by stated rules for 4-H activities and events including, but not limited to:

- Conducting themselves in a courteous, respectful manner, using appropriate language, exhibiting good sportsmanship and serving as positive role models.
- Adhering to program rules, curfews, dress codes and policies.
- Abstaining from illegal and immoral behaviors.
- Fully participating in scheduled activities.
- Respecting property and privacy rights of others.
- Refraining from physical or emotional child abuse or neglect.
- Applying rules of safety to individuals, groups and property.
- Accepting personal responsibility for behavior.

4-H Member Expectations

- Attend monthly club meetings.
- Be attentive and participate at meetings.
- Volunteer and be a dependable committee member.
- Support and work for your club's events and activities.
- Participate in as many county-wide activities as possible.
- Inform parents of upcoming activities and dates after each meeting.
- Add 4-H events to family calendar.

Project Responsibilities:

- Attend project meetings on a regular basis.
- Bring project materials and completed assignments to meetings.
- Do one demonstration at a project or club meeting.
- Keep records up to date.
- Complete projects and record books on time.
- Exhibit project at the County Fair.

4-H Parent Expectations

- Be committed to your child and the 4-H Program.
- Help your child enroll and select one or more projects.
- Attend 4-H meetings with your child.
- Help your child complete their 4-H club and project responsibilities.
- Help with at least one club activity during the year. Volunteer, don't wait to be asked.

Colorado 4-H Member Expectations in Good Standing

(see page 3 of the Colorado 4-H Youth Development Policies:
<https://co4h.colostate.edu/about-us/4-h-policy-handbook/>)

In order to maintain active 4-H membership status all 4-H members must:

- Fully participating in an approved 4-H program or activity.
- Abiding by the 4-H Code of Conduct.
- Meeting all established program or activity expectations and deadlines. Effective October 1, through September 30 of that 4-H year.
- Attending a majority of program or activity meetings.
- Meeting any additional county level requirements

La Plata County 4-H Members in Good Standing

Participation in certain state and county events (including the county fair) is limited to those members who are in “good standing” with their local 4-H club and county. This includes abiding by the 4-H Code of Conduct, meeting deadlines, attending a majority of club and project meetings, and the following requirements:

- Exhibit each project taken during the club year (exhibit at the county fair) *animal projects are not required to be exhibited but do require a completed record book and interview
- Participate in a demonstration or other speech arts presentation
- Participate in a club community service or citizenship program
- Complete a project interview

Violations of the Code of Conduct may include, but are not limited to:

- Loss of status as a member in good standing for one year
- Not able to continue uncompleted projects the following year
- Immediate removal from 4-H events and activities at the individual’s expense
- Restitution for any damages
- Removal from offices held in 4-H organizations
- No involvement in the county fair
- Sanctions from participation in future 4-H events, including, but not limited to, overnight activities at the county level, interstate exchanges, Colorado State 4-H Conference, Citizenship-Washington Focus, Leadership Development Conference, National 4-H Conference, National 4-H Congress and other state, regional and national events
- Sanctions from participation in events which require Extension agents to certify that members be in good standing including, but not limited to, county fairs, Colorado State Fair, National Western Stock Show, AKSARBEN, and other regional and national events
- Forfeiture of financial awards or support

Communication

4-H HUBS Newsletter, website, Facebook, email, phone and office location.

The 4-H HUBS is the 4-H Office's newsletter and main form of communication with our members, parents and leaders. It is published every month with information on upcoming 4-H events.

Here are some suggestions to get the most out of your newsletter:

1. Read thoroughly, looking for upcoming events, workshops and deadlines.
2. Highlight the important information for you, your family and your club.
3. Share the information with other family members and club members.
4. Place important 4-H dates on the calendar that you and your family share.
5. Keep the newsletter in a place where you can refer to it when needed.
6. If you have questions or something seems unclear, please call the office at 382-6460.

We have two websites with current 4-H information.

www.laplatacounty4h.org is our local website. Here you can find enrollment information, county activities, our local calendar of events, new updates, our monthly HUBS and Record Books, project information and much more.

www.colorado4h.org is the state website. Here you can find any state information as well as requirements for general projects.

Because of the digital world we live in, the most common way for the Extension office to communicate with our members is through email. If there is a new event or something that would affect more than one person, we usually send out a mass email. If this is not something that will work for your family, please let us know, and we will work something out with you.

With all of these ports for information, sometimes it's nice to talk to a person. Please feel free to call our office or drop by anytime. Our phone number is 970-382-6460 and the office is located at 2500 Main Ave., Durango, CO 81301.

2023-2024 LA PLATA COUNTY 4-H CLUBS

***Please call the club leader before attending a meeting because time and location may change **

DURANGO AREA

Animas Valley 4-H Club (120) - a multi-project club

Lora Ingram - 623-742-5753 - lora.ingram80@gmail.com

Meets 7:00 p.m. on the 2nd Tuesday of the month at the Animas Valley Grange.

Rocky Mountain Rough Riders 4-H Club (170) - multi-project club

Becky Clausen - 970-903-3123 - clausen_r@fortlewis.edu

Meets at 5:30 p.m. on the 2nd Monday at LPC Fairgrounds

Weaselskin 4-H Club (180) - a multi-project club

Michael Latham - 970-759-8025 - thelathambunch@gmail.com

Meets at 6:00 p.m. on the 2nd Thursday of the month. Please contact Michael for meeting location.

FLORIDA MESA/SUNNYSIDE AREAS

Florida Four Leaf 4-H Club (150) - a multi project club

Heather Howell - 970-764-7651 - heather06801@hotmail.com

Melissa Jahnke - 970-317-5087- melissajahnke24@outlook.com

Meets at 6:30 p.m. on the 2nd Thursday of the month at the Oxford Grange Hall

Mountaineers 4-H Club (240) - a multi-project club

Doug Davis - 970-946-9333 - Rancher1222@yahoo.com

Bethany Quimby - 970-403-2785 - bethanyqu@gmail.com

Meets at 7:00 p.m. on the 2nd Thursday of the month at Florida Grange, Hwy 172

Showtime 4-H Club - multi-project club

Leon Hanhardt - 970-317-9389 - hanhardt1@msn.com

Meets at 6:00 pm on the 3rd Monday of the month. Please contact Leon for meeting location.

BAYFIELD AREA

Generations - a multi-project club

Chris Reed - 970-946-7104 - clajs5@gmail.com

Sierra Snooks - 970-560-2674 - srreed2745@gmail.com

Meets at 6:30 p.m. on the 1st Monday of the month at First Baptist Church in Bayfield (1680 Bayfield Parkway Bayfield, CO 81122)*

*The Generations is in no way affiliated with the 1st Baptist Church, they are leasing the facility

Pine River 4-H Club (310) - a multi-project club

Jessie Kugle - 970-799-6279 - jessiekugle@gmail.com

Meets at 6:00 p.m. on the 1st Monday of the month at Bayfield Lions Hall

Super Shooters 4-H Cub (340) - a multi-project club

Kelly Sutherlin - 970-310-5492 - kellyksutherlin@gmail.com

Emily Jensen - 970-769-9110 - emtahoe@gmail.com

Meets at 6:00 p.m. on the 3rd Thursday of the month. Please contact Kelly for meeting location.

****For more general information on La Plata County 4-H, contact the La Plata County Extension Office at (970) 382-6460.***

2023-2024 LA PLATA COUNTY 4-H CLUBS

***Please call the club leader before attending a meeting because time and location may change ***

IGNACIO/ALLISON AREAS

Mt. Allison Go-Getters 4-H Club (430) - a multi project club

Teddi Baird-Tharp - 970-217-5609 - teddiabear@hotmail.com

Meets at 6:30 p.m. on the 2nd Monday of the month at the Mt. Allison Grange

Ignacio Westerners 4-H Club (420) - a multi-project club

Megan Hronich - 970-764-8135 - mdmegs13@hotmail.com

Rebecca McInnes - 970-764-5950 - rjmcinnes@yahoo.com

Meets at 7:00 p.m. on the 2nd Monday of the month at Oxford Grange Hall.

FT. LEWIS MESA AREA

Pioneer 4-H Club (510) - a multi-project club

Rusty Greer - 970-759-3775 - y.change.ranch@gmail.com

Meets at 7:00 p.m. on the 2nd Monday of the month at Marvel Grange.

Westside Wranglers 4-H Club (520) - a multi-project club

Kirk and Sharon Peine - 970-759-6815 - kspconstruct@gmail.com

Meets on the 1st Monday of the month in member's homes - call for time and location.

FAR WEST SIDE OF LA PLATA COUNTY

County Line 4-H Club - a multi-project club

Shawntae & Joaquin Lesky - 970-764-5747 - leskycattle@yahoo.com

Meets on the 2nd Thursday of the month at 6:00 pm, at the club leader's house - call for address.

Project Specific Club:

Southwest Silverados Equestrian Drill Team

Katie O'Hare - 970-799-4644 - thestablelife@gmail.com

Meets weekly for practice at the La Plata County Fairgrounds or Ignacio Fairgrounds. Call for more information on time and location.

****For more information about La Plata County 4-H, contact the La Plata County Extension Office at (970) 382-6460.***



COLORADO STATE UNIVERSITY
EXTENSION

2023-2024

State 4-H Projects

Curriculum names are in italics and may not reflect actual exhibit requirements.

For more info:
[Colorado4h.org](https://colorado4h.org)

Juniors 8-10 years
Intermediates 11-13 years
Seniors 14-18 years

All projects may be taken by Jr., Int., and Sr. members unless otherwise indicated by (*).

New or renamed state projects are highlighted in yellow.

Animal Science Projects:

Beef

Breeding Beef
Market Beef
Beef Resource Handbook

Cats

Unit 1 – *Purr-fect Pals*
Unit 2 – *Climbing Up*
Unit 3 – *Leaping Forward*
Cat Helper's Guide

Dairy Cattle

Dairy Resource Handbook

Dog

Dog Resource Handbook

Goats

Breeding, Market, Dairy, Fiber, Pygmy, Utility
Goat Resource Handbook

Horse

4-H Horse Project
Horse Show Rulebook
and more at [Colorado4h.org](https://colorado4h.org)

Horseless Horse

4-H Horse Project
Unit 1 – *Making Horse Sense*
Unit 2 – *Hooves, Health & Horsemanship*
Unit 3 – *Breaking Ground*
Unit 4 – *Brushing Up on Horses*

Poultry

Breeding Chickens, Market Chickens, Show Birds, Breeding Turkeys, Market Turkeys, Duck, Geese, Pigeons & Game Birds
Poultry Resource Handbook
and more at [Colorado4h.org](https://colorado4h.org)

Rabbits

Breeding/Show
Market
Companion (Pet)
Rabbit Resource Handbook for Breeding, Market, and Pet Rabbit Projects

Sheep

Breeding Sheep
Market Sheep
Sheep Resource Handbook for Market & Breeding Projects

Swine

Breeding Swine
Market Swine
Swine Resource Handbook for Market & Breeding Projects

Veterinary Science

Unit 1 – *From Airedales to Zebras*
Unit 2 – *All Systems Go!*
Unit 3 – *On the Cutting Edge*
Vet Science Helper's Guide

Communication, Arts & Leisure Sciences Projects:

Ceramics

Unit 1 – Glazes
Unit 2 – Underglazes
Unit 3 – Overglazes
Unit 4 – Unfired Finishes
Unit 5 – Porcelain Dolls
Unit 6 – Hand-Constructed with Stone or Earthenware
Ceramics All Units

Filmmaking

Animation, Narrative, Documentary, Promotional, Voices of 4-H History
4-H Filmmaking Workshop DVD
Movie Magic

Global Citizenship

Study of Another Country
Hosting a Delegate from Another Country
*Exchange Delegate to Another Country (Int./Sr.)
Global Citizenship

Leadership

**Leadership Skills You Never Outgrow* (Jr Only)
**Leadership Road Trip* (Int./Sr.)
*Put Leadership to Practice/*Club Leadership 1* (Int./Sr.)
*Refining Leadership Skills/*Club Leadership 2* (Sr.)
*Community Service Project/*My Hands to Larger Service* (Sr.)

Leathercraft

Unit 1 - Introduction to Leathercraft and Creative Stamping
Unit 2 - Beginning Leather Carving
Unit 3 - Intermediate Leather Carving
Unit 4 - Advanced Leather Carving
Unit 5 - Advanced Stamping
Unit 6 - Sewing Leather
Unit 7 - Braiding and Un-tooled Leather
Unit 8 - Master Leathercraft
Unit 9 - Making and Rebuilding Saddles
4-H Leathercraft Manual
Leathercraft Leader Guide

Photography

Unit 1 – *Photography Basics*
Unit 2 – *Photography Basics (2nd Year)*
Unit 3 – *Next Level Photography*
Unit 4 – *Mastering Photography*
Unit 5 – *Low Light Photography*
*Unit 6 – *Advanced Photography* (Int./Sr.)

Scrapbooking

One Page Layout, Two Page Layout, Album, *Tag Making (Jr.), and *Card Making (Int./Sr.)
Scrapbooking

Visual Arts

Portfolio Pathways-Painting and Printing
Portfolio Pathways-Graphic Design
Sketchbook Crossroads-Drawing
Sketchbook Crossroads-Fiber & Sculpture

Family Consumer Science Projects:

Artistic Clothing

Upcycle Your Style (Applied, Stitched, Combination Design)
Unit 4 - Recycled Clothing
Unit 5 - Creative Sewing (Costumes, Other Items)
*Unit 6 - Buymanship (Int./Sr.)
*Unit 7 - Create Your Own (Int./Sr.)
STEAM Activity-Beyond the Needle
Optional Weartec manuals available

Cake Decorating*

Unit 1 – Edible Cake Decorating
Unit 2 – Single Layered Cake
Unit 3 – Two Layered Cake with Tips
Cake Decorating, Units 1-3
Unit 4 – Character Cakes
Unit 5 – Small Treats
Unit 6 – Cut-Up Cakes
Cake Decorating, Units 4-6
*Unit 7 – Flat Surface & Nail Flowers (Int./Sr.)
*Unit 8 – Fondant (Int./Sr.)
*Unit 9 – Lily Nail Flowers (Int./Sr.)
Cake Decorating, Units 7-9
*Unit 10 – Tiered Cakes (Sr. only)
*Unit 11 – Molds (Sr. only)
*Unit 12 – Create Your Own (Sr. only)
Cake Decorating, Units 10-12



COLORADO STATE UNIVERSITY
EXTENSION

Clothing Construction

- Unit 1 – *STEAM Clothing 1 Fundamentals* (Jr./Int./Sr.)
- Unit 2 – *STEAM Clothing 2 Simply Sewing* (Jr./Int./Sr.)
- *Unit 3 – *STEAM Clothing 3 A Stitch Further, 4-H Textile Experiments* (Int./Sr.)
- Unit 4 – *Sewing for Others* (Jr./Int./Sr.)

Foods and Nutrition

- Unit 1 – *Cooking 101*
- Unit 2 – *Cooking 201*
- Unit 3 – *Cooking 301*
- Unit 4 – *Cooking 401*
- 4-H Cooking Helper's Guide*

Specialty Foods

- Unit 5 – *Outdoor Cooking & Living*
- *Unit 6 – *Cultural and Ethnic Foods* (Int./Sr.)
- *Unit 7 – *Passport to Foreign Cookery* (Int./Sr.)

Food Preservation

- Unit 1 – *Drying*
- Unit 2 – *Freezing*
- Unit 3 – *Boiling Water Canning*
- *Unit 4 – *Pressure Canning* (Int./Sr.)

Heritage Arts

- Crochet Units 1-3 *The 4-H Crochet Handbook*
- Knitting Units 1-3 *The 4-H Knitting Handbook*
- Misc. Fiber (Needle Arts, Weaving, Spinning, Felted Bags, Batiked Fabric, Hooked Pillows, Ethnic Arts, Rug Making, Macramé, etc.)
- Misc. Non-Fiber (Beading, Silver Smithing, Paper Scrolling, etc.)
- Quilting – Unit 1 *You Can Quilt*
- Quilting – Units 2-6 *Quilting the Best Better*

Home Design & Décor

- Unit 1
- Unit 2
- Unit 3
- Unit 4

Mechanical Sciences Projects:

Computer Science

- Discovering Computer Science & Programming Through Scratch Level 1 Level 1 Facilitator Guide*
- **Discovering Computer Science & Programming Through Scratch Level 2* (Int./Sr.)
- **Discovering Computer Science & Programming Through Scratch Level 3* (Int./Sr.)
- **Computer Science and Coding* (Int./Sr.)

Electricity

- Unit 1 – *Magic of Electricity*
- Unit 2 – *Investigating Electricity*
- Unit 3 – *Wired for Power*
- *Unit 4 – *Entering Electronics* (Sr. Advanced)
- Electric Group Helper's Guide*

Metalworking

- Unit 1 – *Introduction to Welding*
- Unit 2 – *Metal Fabrication*
- Unit 3 – *Advanced Metal Fabrication*
- Unit 4 – *Large Exhibit Fabrication*
- Arcs & Sparks, Units 1-3*

Model Rocketry

- Unit 1 – *Introduction to Model Rocketry*
- Unit 2 – *Construction & Flight of Model Rockets*
- Unit 3 – *Intermediate*
- Unit 4 – *Advanced*
- *Unit 6 – *Designer* (Int./Sr.)

Robotics & Engineering

- Unit 1 – *Give Robots a Hand*
- Unit 2 – *Robots on the Move*
- Unit 3 – *Mechatronics*
- Unit 4 – *Robotics Platforms Beginners*
- Unit 5 – *Robotics Platforms Intermediate*
- Unit 6 – *Robotics Platforms Advanced*
- Unit 7 – *Team Robotics*
- Youth Robotics Notebook*
- Robotics with EV3*

Small Engines

- Unit 1 – *Crank It Up*
- Unit 2 – *Warm It Up*
- Unit 3 – *Tune It Up*
- *Unit 4 – *Advanced Engines—Self-Determined* (Int./Sr.)
- Small Engines Helper's Guide*

Woodworking

- Unit 1 – *Measuring Up*
- Unit 2 – *Making the Cut*
- Unit 3 – *Nailing It Together*
- Unit 4 – *Finishing Up*
- Woodworking Wonders Helper's Guide*

Natural Resources Projects:

Beekeeping

- Unit 1 – *Beekeeping Division 1*
- Unit 2 – *Beekeeping Division 2*
- Unit 3 – *Beekeeping Division 3*
- *Unit 4 – *Advanced Beekeeping* (Int./Sr.)

Entomology

- Teaming with Insects – Level 1*
- Teaming with Insects – Level 2*
- Teaming with Insects – Level 3*
- Teaming with Insects Facilitator's Guide*

Gardening

- Unit 1 – *See Them Sprout*
- Unit 2 – *Let's Get Growing!*
- Unit 3 – *Take Your Pick*
- *Unit 4 (Sr. only) – *Growing Profits*
- Gardening Helper's Guide*

Outdoor Adventures

- Unit 1 – *Hiking Trails*
- Unit 2 – *Camping Adventures*
- Unit 3 – *Backpacking Expeditions*
- Outdoor Adventure Helper's Guide*

Shooting Sports

- Air Rifle
- Archery – *Basic Archery*
- .22 Rifle – *4-H Rifle*
- .22 Pistol – *4-H Pistol*
- Shotgun – *4-H Shotgun*
- Muzzleloading
- Air Pistol
- Outdoor Skills
- Western Heritage – *4-H Western Heritage Project*

Sportfishing

- Unit 1 – *Take the Bait*
- Unit 2 – *Reel in the Fun*
- Unit 3 – *Cast into the Future*
- Sportfishing Helper's Guide*

Wildlife

- Unit 1 – *The Worth of Wild Roots*
- Unit 2 – *Living Wild in an Ecosystem*
- Unit 3 – *Managing in a World with You and Me*
- Wildlife Stand Alone*

Supplemental:

Self-Determined

Cloverbuds (Ages 5-7 Years):

- Cloverbuds: A 4-H Discovery Program for 6-8 Year Olds*
- Cloverbuds Activity Package*

Colorado State University, U.S. Department of Agriculture and Colorado counties cooperating. To simplify technical terminology, trade names or products and equipment occasionally will be used. No endorsement of product names is intended nor is criticism implied of products not mentioned.

Colorado State University Extension is an equal opportunity provider. Colorado State University does not discriminate on the basis of disability and is committed to providing reasonable accommodations. CSU's Office of Engagement and Extension ensures meaningful access and equal opportunities to participate to individuals whose first language is not English. <https://col.st/OWMJA>

Colorado State University Extension es un proveedor que ofrece igualdad de oportunidades. Colorado State University no discrimina por motivos de discapacidad y se compromete a proporcionar adaptaciones razonables. Office of Engagement and Extension de CSU garantiza acceso significativo e igualdad de oportunidades para participar a las personas quienes su primer idioma no es el inglés. <https://col.st/OWMJA>

For more information on project requirements please go to the Colorado State 4-H site: www.colorado4h.org

Some of our camps & leadership opportunities:

Leadership Development Conference (LDC)

Leadership Development Conference is an annual State 4-H function that is open to Senior Level 4-H members. It is held in Denver, CO, at the end of January. This includes a trip to the State Capitol for a tour (weather permitting) and hopefully will allow us to meet with our local State Senators.

Youth Fest

Youth Fest is held at the Ponderosa Retreat Center in Larkspur, CO, in February. This is a camp for members 9 to 13 years old. Come participate in fun workshops; dancing, games, building a bridge, and skits! Limited partial scholarships will be available for this opportunity.

4-H Rabbit Camp

This camp is open to 4-H members and potential 4-H members (you do not need to have a rabbit to attend) and is typically the first weekend in March.

In addition to showing their rabbit(s), campers will have an excellent opportunity to experience what goes on behind the scenes at a rabbit show. Workshops will include showmanship, judging, records, interviews and creative design and how to compete on the State & National level. Our goal is to meet and challenge every individual. Formal workshops will end Saturday evening following, dinner, awards and clean up.

San Juan Basin 4-H Leadership Camp

The camp will be engaging Intermediate & senior 4-H members from Archuleta, La Plata, Montezuma, and San Juan County, New Mexico at the Hesperus Camp.

We will have leadership and life-skills trainings as well as completing an obstacle course and maybe zip lining! It will be a fun, challenging camp that will allow youth to build relationships with others across our region. The camp is typically held in April.

Horse Camp

This camp is open to any and all 4-H members (you do not have to be enrolled in the 4-H Horse Project to participate) in the San Juan Basin (Archuleta, Dolores, La Plata and Montezuma Counties) and is always the first weekend in May. This is a full weekend of riding workshops, games and fun!

Citizenship Washington Focus

CWF is a 4-H leadership program for 4-H youth, held in June. Delegations of 15-19 year-olds from across the country attend this six-day program at the National 4-H Youth Conference Center. The program is aimed at enriching young people's lives by broadening their appreciation and respect for themselves and others in the world. Participants attend workshops, committees, field trips and social events, giving them hands-on opportunities to learn and grow. Participants learn and practice skills that will make them better citizens and more successful individuals. For the first delegate, there is a three way split for expenses associated with this event. The Colorado 4-H Youth Fund sponsors approximately one third of the expenses for 1 youth, from

each county, attending this event. The remaining two thirds come from the Delegate (\$700.00) and La Plata County 4-H Council (\$700.00). If La Plata County has more than one delegate, we will discuss how the cost (\$2100.00) will be split up between the delegate and the La Plata County 4-H Council.

Adventure Day Camp

This day camp is typically the first full week after school gets out in June. We focus on a different project/activity each day and always include some outdoor activities as well. In the past we have done STEM, cake decorating, leathercraft, entomology, sewing, cooking, hiking, swimming, arts & crafts and bird houses. Each year is different, so if you have a special request, please let your 4-H Agent know!

Colorado State 4-H Conference

Senior members are invited to take place in this great Leadership event at Colorado State University in Ft. Collins, CO. in June. The State Conference will host Livestock Judging, Horse Judging, Knowledge Bowls and Speech and Demonstration Contests. In addition, members can participate in educational seminars and meet 4-H'ers from around the State.

Colorado Leadership Conference (CLC)

All 6th- 9th grade 4-H members are welcome to attend this conference in Glenwood Springs, the first weekend in November. CLC several hands on workshops to develop your skills in communication, teamwork, critical thinking and social skills.

Teamwork is always a part of every workshop as you work with new friends and old. As a part of the conference we will have a community service project.

4-H Exchange Program

This is a 2 year program for senior members. We partner with another county 4-H group, somewhere in the country and one summer, we visit them for a week and the next summer, they visit us for a week.

It is a great way for our youth to go out and meet other youth, see how they do their 4-H programs and learn about their state, city & town. This program allows for 4-H youth to grow, learn and become more independent and confident in the outside world.

Youth will tour local and state businesses, attractions, landmarks and farms.

International Exchange Program

Hosting a student from another country or travelling abroad provides youth and families with so much: the ability to stand back from our own point and become aware of not only our own cultural values, beliefs, and perceptions, but also those of other cultures. Encourage your child today to grow globally, culturally, or intellectually with 4-H international exchange opportunities!

Why take part in an international travel experience?

Young people who participate in 4-H international travel opportunities:

- Develop an appreciation of the social, economic, political and cultural contributions of other countries.
- Better understand how culture influences values, beliefs and attitudes.
- Live with host families and actively participate in family life.
- Practice foreign language, verbal and nonverbal communication skills
- Participate in an educational tour to acquire specific subject matter skills and knowledge.
- Prepare to share the international experience through presentations in their community.

Colorado 4-H Dress Code



The Dress Code is designed to promote safety and inclusion for all. Clothing worn by participants should be neat, clean, and practical for the activity occurring. When participating in this event, youth and adults are representing themselves and their organization.



Casual Wear:

- Pants/shorts/skirts
- Shirt/sweater/hoodies
- Comfortable shoes/ sandals

Business Casual:

- Nice slacks/pants/skirt
- Button-up shirt/blouse
- Pants suit/skirt
- Comfortable/dressy shoes

Formal Wear:

- Dresses
- Suits and suit jackets
- Dress pants/slacks
- Button-up shirt
- Bow ties/ties/suspenders
- Dress Shoes

Colorado 4-H Dress Code



Shirts/sweaters/ hoodies/etc:

Should be free of any reference to:
drugs/alcohol/sex/pro
fanity/violence/politic
al affiliation. All other
clothing must cover
undergarments.

Pants/shorts/ skirts:

Should be long enough
to ensure safety and
comfort in the activity
occurring.

Dress-up to Semi- formal:

Should cover your
midriff. Outfit should
be long enough to stay
put while moving
about.

Footwear:

Should be practical
and reflect the activity
occurring. Closed-toe
shoes are a necessary
precaution for specific
activities and will be
required during those
activities.

Colorado State University Extension is an equal opportunity provider. | Colorado State University does not discriminate on the basis of disability and is committed to providing reasonable accommodations. | CSU's Office of Engagement and Extension ensures meaningful access and equal opportunities to participate to individuals whose first language is not English.

Colorado State University Extension es un proveedor que ofrece igualdad de oportunidades. | Colorado State University no discrimina por motivos de discapacidad y se compromete a proporcionar adaptaciones razonables. | Office of Engagement and Extension de CSU garantiza acceso significativo e igualdad de oportunidades para participar a las personas quienes su primer idioma no es el inglés.

Glossary

Cake Decorating Contest - Held in conjunction with County Fair. Participants must decorate a cake according to unit specifications in an allotted time period. Open to any 4-H member. You do not have to be enrolled in a Cake Decorating project to participate.

Champion - The top entry in a particular project or contest unit chosen from all the blue ribbon rated entries and is usually eligible to participate in either a State Contest or Colorado State Fair.

Citizenship Washington Focus (CWF) - An awards trip for members age 15 and older with at least one year of leadership experience. Participants learn about citizenship, leadership and their nation's heritage. Partial cost of the trip to Washington, D.C. is paid by the La Plata County 4-H Council.

Cloverbud - Both an age group and a project area. Cloverbud members are ages 5 - 7 and enroll in the Cloverbud 4-H Discovery project. They explore a variety of 4-H project areas in a participatory, non-competitive manner.

Community Service Program - Community service projects undertaken by an entire club to facilitate community understanding, service and development. The La Plata Pomona Grange recognizes the outstanding Large and Small 4-H Clubs every year with an award.

Completion Pins - Members and leaders who successfully complete their 1st, 5th and 10th year receive a pin, provided by the La Plata Pomona Grange.

County Fair - The La Plata County Fair is the completion event for 4-H members to exhibit their projects and have their projects and record books evaluated by a judge.

County Projects - Locally developed project not offered state-wide. Includes geese, entrepreneur, goats (angora, cashmere, & pygmy) owner-trainer (horse), and welding.

Creative Cooks Contest - County wide event held in August during County Fair. Participants plan a menu and table setting around a central theme. Open to all 4-H members.

Colorado State University (CSU) - Our state's land grant university is located in Fort Collins. 4-H is the youth development program of Colorado State Cooperative Extension which is supported by local, state and national agencies.

Decision Making - A life skill learned through prioritizing criteria and comparing and contrasting choices and making an informed decision. This skill is learned through 4-H project work and judging activities.

Demonstration Contest - All 4-Hers are eligible to participate during County Fair. Demonstrations are usually show and tell presentations.

Enrollment - The process of officially signing up for 4-H projects and membership. The enrollment period begins on October 1. Membership deadlines are January 1 for previously enrollment 4-H members, after this date, returning members must pay \$30.00 late fee. April 1, for new members wanting to join and participate in the county fair.

Exhibit - The project entry a member prepares for the county fair or other event. Entries should meet the specific project requirements listed in the Fair Book.

Extension - 4-H's umbrella organization at the county, state and national level. Extension is the outreach organization of Colorado State University and is located in almost every county of the state.

Extension Office - Located in the Extension Building at 2500 Main Avenue in Durango. The La Plata County Extension Office houses 4-H, Horticulture, Consumer & Family Education, Agriculture and Fairgrounds Staff.

Fair Book - The book of rules and regulations for the La Plata County Fair. Also contains specific project requirements for 4-H exhibitors. This is a good resource to keep throughout the year.

Fashion Review - County-wide event held in August during the County Fair. Members model the garments they have made. Open to members enrolled in Clothing and Decorate Your Duds projects.

4-H Age - A member's 4-H age is the age they are on January 1 of the current 4-H year.

4-H Council - Each 4-H club is eligible to elect two or more 4-H council representatives to serve on the 4-H Council which meets monthly. The Council's responsibility is to make decisions affecting the 4-H program and to organize and conduct county-wide activities and events.

4-H HUBS - The La Plata County 4-H program newsletter published throughout the year. It is the source of

information on county events, club news and program updates.

4-H Year - The 4-H year runs from October 1 to September 30.

Grand Champion - Selected from all the unit champions as the best entry in the project area. In La Plata County, our tradition is to award Fair Grand Champions with awards which are presented in the ring (livestock), or at the 4-H Achievement Program at the end of September, (Home Ec., General and Natural Resources and county/club/year-end awards).

Intermediate - An age division used to classify 4-Hers in various contests and events. Intermediates are age 11-13.

International 4-H Youth Exchange (IFYE) - International exchange program for 4-H alumni ages 19-30. IFYE's live with a host family for six months, then returns to Colorado to share their experience through speaking engagements throughout the state.

Junior - An age division used to classify 4-Hers in various contests and events. Juniors are age 8-13. However, if the event has an intermediate category, juniors are age 8-10.

Jr. Leader - A 4-H member who is 12 years of age or older who assists the project leader with teaching the other members of the project. A junior leader is also invited to attend the county-wide meetings and share in the responsibilities of county educational and fun activities.

Life Skills - Lifelong skills such as decision making, public speaking, and record keeping developed through 4-H project and club work.

Manuals - Project literature for both members and leaders. Provides a guideline for learning project skills as well as suggestions for further study.

National 4-H Council - The private sector partner of the Cooperative Extension System, located at the National 4-H Center in Chevy Chase, Maryland. The Council produces a 4-H Source Book that carries many exciting 4-H items.

Organizational Leader - The main leader of a 4-H club. This individual serves as the liaison between the 4-H club and the Extension Office. This leader works closely with club officers and project leaders to keep the club moving smoothly. These volunteers complete a volunteer application and attend quarterly orientation and training sessions pertinent to the 4-H program.

Premium - Prize money distributed to 4-H members for their exhibit placing at the County Fair.

Project - Projects are the cornerstone of the 4-H program. Members select a 4-H project like Model Rocketry or Cake Decorating in which they are interested. The member learns to make and do something interesting and also gains several life skills along the way.

Project Leader - A volunteer who helps 4-H members as they learn, make or do something and helps ensure members complete their 4-H projects. These volunteers complete a volunteer application and attend an orientation outlining their commitment to the 4-H program.

Records - Forms that correspond with each 4-H project unit. On the forms, members record the work they have done and the skills they have learned. These forms encourage complete record keeping, a valuable life skill. All projects include interview judging where a judge evaluates both the project and records.

San Juan Basin District - Comprised of La Plata, Archuleta, Montezuma and Dolores counties and sponsors a teen leadership retreat, 4-H Horse Camp, Horse Show and San Juan Basin Bulls Eye Shooting Contest.

Senior - A 4-H age division for activities and events. Senior 4-H members are 14-18 years old.

State 4-H Conference - A five day conference at Colorado State University in June where 4-H teens compete in state contests, attend leadership workshops and participate in social events.

Teen Counselor - 4-H teens have the opportunity to serve as counselors to younger 4-H members at various camps held throughout the year. Training is provided.



Appendix

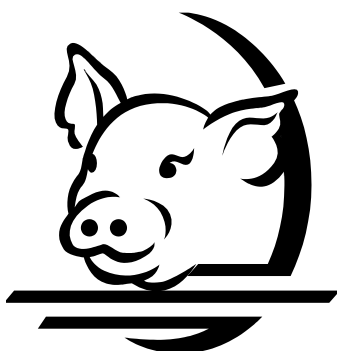
4-H Member Position Description

4-H Parent Position Description

4-H Leader Requirements

4-H Organizational Leader Position Description

4-H Project Leader Position Description



POSITION DESCRIPTION

4-H Member



PURPOSE: To learn new skills and HAVE FUN!

RESPONSIBILITIES:

1. Become familiar with projects available and enroll in one or more projects.
2. Attend 4-H club meetings and fun events.
3. Participate in community service activities.
4. Complete projects - including records.
5. Enter 4-H exhibit and record book at County completion event.
6. Always display good attitudes, behavior and sportsmanship.
7. Abide by the Code of Conduct.
8. Give a demonstration or share ideas verbally.
9. Keep an up-to-date calendar of 4-H events and meetings.
10. Read your 4-H HUBS newsletter.

WHERE A MEMBER CAN GET HELP:

- | | |
|------------|-----------------------------------|
| 1. Leader | 4. Extension Staff |
| 2. Parents | 5. Project Manual and Record Book |
| 3. Library | 6. Local Business |

TIME COMMITMENT:

One year (Oct. - Sept.). 1-2 hours/month for club meetings. 1-2 hours/week doing project work.

BENEFITS:

Members learn practical skills (how to build a rocket, cook, fix an engine, etc.) and life skills (communication, record keeping, and leadership).
Have fun with other 4-H members.
Participate in County-wide 4-H events and activities.
Share opportunities for conferences, conventions, travel.

QUALIFICATIONS:

- * Age 5-18
- * A desire to learn and HAVE FUN!

POSITION DESCRIPTION



4-H Parent (Home Helper)

PURPOSE: Provide support to your child in 4-H.

RESPONSIBILITIES:

1. Be committed to your child and the 4-H program.
2. Help your child enroll in the 4-H Club and select one or more projects to participate in.
3. Attend club meetings with your child. Post and help your child use the club calendar. Provide or arrange for transportation.
4. Help your child to complete any 4-H responsibilities he or she may have volunteered for, been elected to, or selected for.
5. Help with at least one 4-H Club activity during the 4-H year. Volunteer, don't wait to be asked.
6. Support your child's 4-H project work.
Attend the project meetings with your child. (Find out when they are and help your child remember.) Help them gather any materials they will need and provide or arrange for transportation.
Go over your child's project materials with them. Help them complete any home activities.
Help your child complete one or more articles for exhibit and make sure he/she can exhibit them at the exhibit event (County Fair, 4-H Exhibit Days, etc.). Provide transportation and encouragement.
Help your child complete and turn in on time his/her 4-H project record book.

ASSISTANCE AVAILABLE:

- | | |
|-----------------------------------|-----------------------------|
| 1. 4-H Club Organizational Leader | 4. 4-H Project Books |
| 2. 4-H Project Leader | 5. 4-H Project Record Books |
| 3. Experienced 4-H Parents | 6. Extension Office |

TIME COMMITMENT:

One 4-H year (Oct - Sept). 1.5 hours/month for club meetings. 1 hour/week doing project work. Total of 15 - 25 hours per year.

BENEFITS:

Helping your child learn and grow, shared experiences with your child, improved relationship with your child, making a contribution to youth in your community and many other benefits to the community, sense of accomplishment.

QUALIFICATIONS:

- Interest in youth.
- Commitment to the 4-H member.
- Able to take time to focus on the development of the youth.
- Ability to help without doing for, to let the member do his/her own work.

4-H Leader Requirements

In order to be recognized as a volunteer 4-H leader in La Plata County, all leaders must complete the following requirements by January 1 of the current 4-H year:

1. Enroll on 4honline.com with complete addresses of three (3) references
2. Complete a background check
3. Complete the online volunteer orientation
4. Attend one of the 4-H leader orientations offered at different times and locations throughout the 4-H year. This session lasts approximately two hours.

Adult volunteers who should enroll as 4-H leaders include:

- * Organizational Leaders
- * Project Leaders
- * Activity Leaders
- * Resource Leaders
- * Any adult volunteer who will be working with 4-H members in a leadership capacity on a continuing basis throughout the current 4-H year.

NOTE: All leaders and Volunteers must reenroll each year they wish to remain active. If they take a year off, without reenrolling, they will be required to go through the reference checks and background check again.



POSITION DESCRIPTION

4-H CLUB ORGANIZATIONAL LEADER



PURPOSE: Provide overall leadership and guidance for a group of youth and leaders in a 4-H club.

RESPONSIBILITIES:

1. Recruit and enroll members (ages 5-18).
2. Recruit and involve parents and other adults as project or activity leaders and/or club helpers.
3. Communicate with officers, members and other leaders, information about club, county, district and state 4-H activities and events.
4. Provide reports and records to 4-H office as requested.
5. Provide orientation and 4-H information for new 4-H families and new 4-H leaders.
6. Oversee regular meetings of the entire club.
 - With officers and other leaders:
 - A. Schedule meetings.
 - B. Arrange for a meeting place.
 - C. Notify members and parents of meeting date, time and place.
 - D. Attend club meetings.
7. Help club officers plan meetings and teach them to carry out their duties.
8. Work with club to carry out club's county-wide events, activities and responsibilities.
9. Delegate as many of the above responsibilities as you can to older members, teen leaders, parents, project leaders, club helpers and others. The more people involved the more ownership they have in their 4-H Club.
10. Complete IRS Required Documentation & submit to the Extension Office by July 15th each year.
11. Follow all financial rules and regulations
12. Follow 4-H name and emblem rules and regulations

TRAINING AND ASSISTANCE:

1. County New Leader Orientation
2. Experienced Leaders
3. Area, District and State leader training meetings
4. 4-H Leader's guides and other 4-H publications
5. CSU Extension Office (Consultation, phone-in-help, support, and encouragement)

TIME COMMITMENT: One 4-H year (Oct - Sept) (average time per week 2-3 hours).

BENEFITS:

Opportunity to help youth and the community
Get to know and interact positively with young people
Opportunity to contribute to the community and its youth
Learn leadership and organization skills
Sense of accomplishment and satisfaction

QUALIFICATIONS:

- Interest in helping youth
- Interest in 4-H educational programs
- Ability to organize and coordinate
- Ability to communicate with youth and adults.



POSITION DESCRIPTION

4-H PROJECT LEADERS



PURPOSE: Provide leadership/teaching in a specific subject area to a small group of 4-H'ers.

RESPONSIBILITIES:

1. Organize a project group.
2. Communicate with members and their parents.
3. Arrange for and schedule the project meetings.
4. Conduct/teach project meetings (four to six is usually the minimum).
 - A. Become familiar with purposes of 4-H and the 4-H project.
 - B. Use the 4-H project manual and record book.
 - C. Use hands-on teaching activities.
 - D. Use your own knowledge and community resources.

Help 4-H'ers prepare exhibit(s) for County Fair.

Help the 4-H'ers complete their project record book.

Attend overall club meetings.

TRAINING AND ASSISTANCE:

- 4-H Club Organizational Leader.
- County Leader Orientation.
- 4-H project manuals, record books and leader guides.
- Other project leaders in your subject area.
- Area, District, and State Leaders training sessions.
- CSU Extension Office (Consultation, phone-in help, support and encouragement).

TIME COMMITMENT:

One 4-H year (Oct - Sept). Project meetings, at a time, place and frequency to be determined by you and the 4-H'ers. Average time per meeting, an hour to an hour and a half and preparation time (about the same amount as meeting time). Estimated total 25 - 30 hours.

BENEFITS:

Opportunity to help youth and the community.
Opportunity to learn more about the project subject.
Get to know and interact positively with young people.
Opportunity to contribute to the future of the community and its youth.
Sense of accomplishment and satisfaction.

QUALIFICATIONS:

- Interest in helping youth.
- Interest in 4-H educational programs.
- Knowledge in or willingness to learn about subject matter to be lead (taught).
- Ability to organize and coordinate.
- Ability to community with youth and adults.

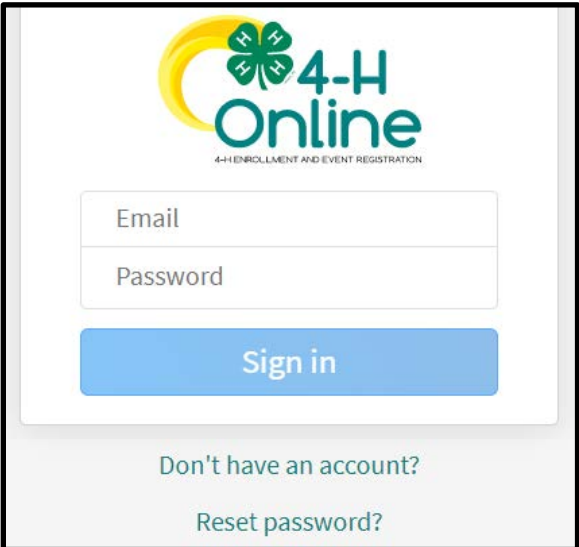
4-H Online 2.0 Enrollment *tip sheet* for families

Logging in

After 14 years of using 4-H Online, Colorado 4-H is transitioning to version 2.0 (mobile friendly) for the 2020-2021 4-H enrollment year! Things are going to look very different and we thank you for your patience during this transition time as many features are still underway.

New this year, you can upload a photo of each 4-H member and volunteer!!

- To get started, go to our URL: co.4honline.com



4-H families that are re-enrolling

- Enter the email address and password that you previously used in 4-H Online to "Sign in". (Click "**Reset password**" if your password is not working)
- 4HOnline 2.0 has higher password standards, so it's possible that your password is too short or requires additional security.

4-H families enrolling for the first time

- Click the link "Don't have an account?"
- Select "Colorado" and then "Colorado 4-H Youth Development".
- Select La Plata County
- Enter your family's contact information and set a password.
- Click "Create Account"
- Enter your family's address information and click Verify.

Login troubleshooting

If you have previously created a 4-H Online account, 4-H Online will prevent you from creating a new account based on your email address, mailing address and/or phone number. This can sometimes be resolved with the on-screen prompts, other times staff assistance may be needed:

- Contact Angela Fountain at the La Plata County 4-H Office – 970-382-6460 or fountainaj@co.laplata.co.us

Next

Finish

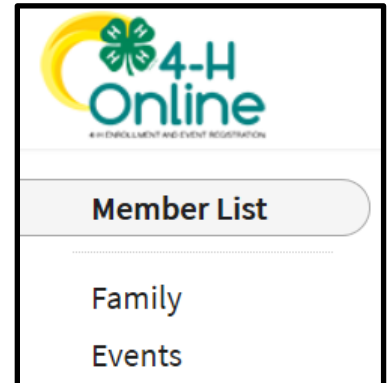
Submit

Helpful hints: Look for the buttons!

Throughout the enrollment process, look for the **Blue** buttons to proceed, and ultimately, the **Green** button to 'submit'.

Re-enrolling previous 4-H youth members

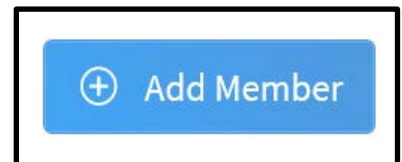
- Click on **"Member List"** to see existing member records.
- Click **"Enroll Now"** for the member you're re-enrolling.
- Select the member's current school Grade, click **Next** and then Enroll.
- Proceed through the next several screens to complete enrollment*.



Enrolling new 4-H youth members

Step 1 - create a Member Profile

- Click "Add Member"
- Click on the "4-H" program and then "Next"
- Enter the requested information on the next screens to create the new member's profile.
 - This profile will remain in place for all future enrollments and event registrations.
- Click on "I want to join 4-H as a New or Returning 4-H Member", then Finish



Step 2 - enroll in the current 4-H year

With the member's profile created, proceed through the next several screens to complete enrollment.*

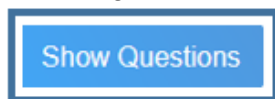
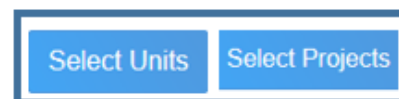
* NOTE: Additional Information Tips for Enrolling

Member	Programs
<div>██████████</div> <div>Nov 30, 2010</div>	<div>View</div> <div>4-H</div> <div>Enroll Now</div>

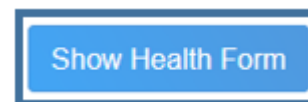
View – Allows the end-user to update the “Members” profile

Enroll Now – Allows member to begin the enrollment process answering questions such as:

Choosing a 4-H Units (Club) and Project – should questions arise, call or email Angela. Use the other “Blue” buttons to your advantage!



Tell Us About You and Share Information!



Share your health information isn't required but helpful, if needed during county, district, regional or state events. The only requirement are signatures to agree or disagree on emergency situations.



Required Consents for Members and Parents to Sign each 4-H Year (Code of Conduct, Participation, and Photo Release) – Only if a member takes an animal project the Animal Care and Housing Form is required per project.

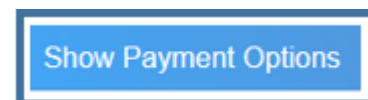
You will pay your enrollment fees directly to La Plata County 4-H.

Fees are as follows:

\$25.00 for the first child in the family, 8 years old and older

\$20.00 for each additional child in the family, 8 years old and older

\$15.00 for each Cloverbud, 5 years old to 7 years old.



You can pay the fees by dropping off or mailing a check to: La Plata County 4-H, 2500 Main Ave., Dgo, CO 81301 OR pay with a credit card. Please note that card payments have an extra 3% fee.

What Next?

After you submit enrollments/re-enrollment, you will receive an email from the 4-H Online server as a confirmation and with more information about participating in 4-H.

- Pay your fees to La Plata County 4-H (see above).
- In the days following your submissions & payment the following will happen:
 - *Enrollment Approved – Yay!
 - *OR Enrollment Sent Back to Member – The County needs some corrections, then you would resubmit for review.