

Durango/ La Plata Senior Center
2424 Main Ave. Durango, CO 81301
970-382-6445

www.co.laplata.co.us

Hours: Monday-Friday 8am to 4:30 pm



MAY 2024



Front Desk

970-382-6445

Vicki Maestas

Director

970-382-6442

vmaestas@lpcgov.org

Kate Garrett

Office Manager

970-382-6429

kgarrett@lpcgov.org

Bernice Madril

Activities Coordinator

970-382-6428

bmadril@lpcgov.org

Kaylie Smith

Community Resource Coordinator

970-382-6444

ksmith@lpcgov.org

Melinda Sheppard

Food Services Manager

970-382-6435

msheppard@lpcgov.org

Liz Parmenter

Lead Transportation

970-759-6309

lparmenter@lpcgov.org

Medicare Counseling

970-382-6367

Oh What Luck you found a DUCK"

During the week of May, 14th small rubber ducks will be hidden throughout the Senior Center in discrete public areas. Ducks will **NOT** be hiding in the Kitchen or restrooms. Two very SPECIAL Ducks will be tagged and will have a great prize! The purpose of this game is to have fun and make people smile !



Transportation

Please note there will be **no** transportation services available from May 8th-May 10th.

Lunch & Learn

May 7th: Ryan Champion

Topic: Reverse Mortgages

May 15th: Tim Studer

Junction Creek Health & Rehabilitation Center

Topic: Summer Safety for Seniors



Saturday May 11th

Northern Edge Casino

Farmington, NM

Depart the Senior Center at 10:00 am

\$10 for transportation food not included.

Contact Bernice Madril

970-382-6428 to reserve a seat.

Senior Center will be closed
May 27th in observance of
Memorial Day!

May 2024

Menu substitutions may occur without notice. Clients are advised to keep a 3-day supply of non-perishable foods and bottled water in their home in the event of inclement weather and other emergencies that may cause temporary suspension of service.				
		1	2	3
		Braised Pork Ribs Peas & Onions Wheat bread Frozen yogurt	Rueben Casserole Fries Apples	Chicken Parmesan Spaghetti Italian Veggies Mixed fruit
6	7	8	9	10
Hawaiian Pork Roast Mashed Sweet Potatoes Brussel Sprouts Fresh Fruit	Harvest Beef Stew Cornbread Pudding	Chicken Enchiladas Pinto Beans Lettuce & Tomato Oranges	Sloppy Joe Fries Succotash Birthday Treat (Durango)	<u>Mother's Day</u> Shrimp Scampi Asparagus Fresh Fruit Lemon Blueberry Cake
13	14	15	16	17
Crunchy Baked Tilapia Coleslaw Mixed Veggies Ice Cream	Chicken Romano Baked Potato Spinach Wheat Roll Fresh Fruit	Beef Stroganoff Buttered Egg Noodles Italian Green Beans Mixed Fruit	Baked Ham Garlic Mashers Cali Veggies Rye Roll Fruit Cup	Orange Chicken Rice Pilaf Broccoli w/ Almonds Strawberry Mousse
20	21	22	23	24
Vegetable Curry Jasmine Rice Peas & Onion Fruit Cup	Meatloaf Mashed Potatoes Brown Gravy Broccoli Brownie	Salmon Cakes Dilled Potatoes Mixed Veggies Cheesy Biscuit Lemon Pudding	Chicken Tarragon Rice Pilaf Green Beans & Mushrooms Wheat Roll Fresh Fruit	Pork Tacos Lettuce & Tomato Spanish Rice Black Beans Sherbet
27	28	29	30	31
Closed Memorial Day	Chili Dog Baked Beans Pasta Salad Tropical Fruit	BBQ Pulled Pork Sandwich Coleslaw Fries Strawberry Shortcake	Roasted Chicken Steamed Rice Capri Veggies Garlic bread Peach Pie	Chicken Fried Steak Mashed Potato Country Gravy Broccoli Oranges

The Following major food Allergens are used as ingredients: milk, egg, fish, crustacean shellfish, Tree nuts, Peanuts, Wheat Soy & Sesame. Please notify Staff for more information about these ingredients.





May 2024

The suggested donation for those 60+ is \$5.00/ meal and the guest fee for those under 60 is 10.50 / meal

<div><div>May 2024</div></div> <div>The suggested donation for those 60+is \$5.00/ meal and the guest fee for those under 60 is 10.50 / meal</div>		<div>1</div> <div>Braised Pork Ribs</div> <div>Calories: 763.6 Carbs: 84.47 g Fiber: 10.02 g Fat: 29.67 g Sodium: 761 mg Protein: 42.33 g</div>	<div>2</div> <div>Rueben Casserole</div> <div>Calories: 655.05 Carbs: 81.05 g Fiber: 9.69 g Fat: 25.03 g Sodium: 1088 mg Protein: 30.35 g</div>	<div>3</div> <div>Chicken Parmesan</div> <div>Calories: 772.79 Carbs: 117.95 g Fiber: 16.13 g Fat: 22.71 g Sodium: 788.64 mg Protein: 32.19 g</div>
<div>6</div> <div>Hawaiian Pork Roast</div> <div>Calories: 753.66 Carbs: 100.49 g Fiber: 10.76 g Fat: 17.18 g Sodium: 373 mg Protein: 53.63 g</div>	<div>7</div> <div>Harvest Beef Stew</div> <div>Calories: 927.13 Carbs: 119 g Fiber: 12.55 g Fat: 28.6 g Sodium: 993 mg Protein: 48.66 g</div>	<div>8</div> <div>Chicken Enchiladas</div> <div>Calories: 738.5 Carbs: 87.11 g Fiber: 19.74 g Fat: 16.54 g Sodium: 812 mg Protein: 57.12 g</div>	<div>9</div> <div>Sloppy Joe</div> <div>Calories: 882.28 Carbs: 110.17 g Fiber: 14.57 g Fat: 28.95 g Sodium: 718 mg Protein: 50.69 g</div>	<div>10</div> <div>Shrimp Scampi</div> <div>Calories: 845.44 Carbs: 130.98 g Fiber: 11.13 g Fat: 18.37 g Sodium: 745 mg Protein: 39.36 g</div>
<div>13</div> <div>Baked Tilapia</div> <div>Calories: 691.23 Carbs: 104.35 g Fiber: 10.14 g Fat: 14.9 g Sodium: 1185 mg Protein: 38.14 g</div>	<div>14</div> <div>Chicken Romano</div> <div>Calories: 844.18 Carbs: 122.03 g Fiber: 12.16 g Fat: 18.08 g Sodium: 637 mg Protein: 52.06 g</div>	<div>15</div> <div>Beef Stroganoff</div> <div>Calories: 926.56 Carbs: 105.97 g Fiber: 10.44 g Fat: 36.65 g Sodium: 749 mg Protein: 47.15 g</div>	<div>16</div> <div>Baked Ham</div> <div>Calories: 863.98 Carbs: 109.72 g Fiber: 10.08 g Fat: 34.94 g Sodium: 823 mg Protein: 31.72 g</div>	<div>17</div> <div>Orange Chicken</div> <div>Calories: 839.24 Carbs: 102.45 g Fiber: 9.98 g Fat: 26.53 g Sodium: 367.86 mg Protein: 46.91 g</div>
<div>20</div> <div>Vegetable Curry</div> <div>Calories: 740.06 Carbs: 79.25 g Fiber: 12.6 g Fat: 39.01 g Sodium: 680.9 mg Protein: 34.3 g</div>	<div>21</div> <div>Meatloaf</div> <div>Calories: 706.51 Carbs: 98.76 g Fiber: 10.67 g Fat: 23.16 g Sodium: 439 mg Protein: 30.72 g</div>	<div>22</div> <div>Salmon Patty</div> <div>Calories: 823.35 Carbs: 102.47 g Fiber: 11.22 g Fat: 34.02 g Sodium: 991 mg Protein: 34.3 g</div>	<div>23</div> <div>Chicken Tarragon</div> <div>Calories: 630 Carbs: 65.6 g Fiber: 7.2 g Fat: 25.4 g Sodium: 466.7 mg Protein: 38.1 g</div>	<div>24</div> <div>Pork Tacos</div> <div>Calories: 865.54 Carbs: 130.23 g Fiber: 14.54 g Fat: 23.18 g Sodium: 877.3mg Protein: 40.01g</div>
<div>27</div> <div>Chili Dog</div> <div>Calories: 801.61 Carbs: 113.6 g Fiber: 12.92 g Fat: 227.34 g Sodium: 1168 mg Protein: 32.02 g</div>	<div>28</div> <div>Pizza?</div> <div>Calories: 877.24 Carbs: 104.91 g Fiber: 11.39 g Fat: 35 g Sodium: 942 mg Protein: 41.21 g</div>	<div>29</div> <div>BBQ Pulled Pork</div> <div>Calories: 872.53 Carbs: 124.74 g Fiber: 11.1 g Fat: 27.52 g Sodium: 662 mg Protein: 34 g</div>	<div>30</div> <div>Roasted Chicken</div> <div>Calories: 850.16 Carbs: 108.62 g Fiber: 10.95 g Fat: 23.36 g Sodium: 505 mg Protein: 52.16 g</div>	<div>31</div> <div>Chicken Fr. Steak</div> <div>Calories: 980.08 Carbs: 95.46 g Fiber: 9.57 g Fat: 32.19 g Sodium: 609.6 mg Protein: 79.47 g</div>

Day	May Activities	Time	Notes
Monday			
	Tai-Chi	9:30am	
May 13th	Neo Delphi Meeting	10:30am	2nd Monday
	Watch Your Step-Marvel	10:30am	
	Seated Yoga	10:45am	
	Duplicate Bridge	12:30pm	
	Bingo	1:00pm	
May 13th & 27th	No Name Bridge	1:00pm	2nd & 4th Monday
	Be Fit Be Able	1:00pm	
	Pool	1:30pm	
Tuesday			
	Seated Beginner Tai Chi	9:00am	
	Zumba Gold	9:30am	
May 21st	Early Stage Dementia Support Group	10:00am	3rd Tuesday
	Watch Your Step	10:30am	
May 14th & 28th	JCHR Blood Pressure Check	11:15am	2nd & 4th Tuesday
May 7th	Lunch & Learn	12:15pm	Reverse Mortgages
	Canasta	12:30pm	
May 14th	How to stay out of a Nursing Home	1:00pm	2nd Tuesday
May 7th & 21st	Crazy 8 Bridge	1:00pm	1st & 3rd Tuesday
	Duplicate Bridge	5:30pm	
Wednesday	TOPS	8:30am	
	Knitting/Crocheting	9:30am	
	Intermediate Tai Chi	9:30am	
	Total Body Reset	10:00am	
	Beginner Tai Chi/Fall Prevention	10:30am	
May 1st,15th & 29th	ALZ Caregivers Support Group	10:30am	1st, 3rd & 5th Wednesday
	Watch Your Step-Marvel	10:30am	
May 15th	Lunch & Learn	12:15pm	Summer Safety for Seniors
	Mahjong	12:30pm	
May 1st	Dalton Bridge	1:00pm	1st Wednesday
	Crafts	1:00pm	
	Be Fit Be Able	1:00pm	
May 8th	Wacky Wednesday Bridge	1:00pm	2nd Wednesday
	Pool	1:30pm	
Thursday			
	Beginning Tai Chi	9:00am	
	Watch Your Step	10:30am	
May 2nd & 16th	Canasta	12:30pm	1st & 3rd Thursday
May 9th, 23rd & 30th	2nd & 4th Bridge	12:30pm	2nd,4th & 5th Thursday
May 23rd	Movie Day	1:00pm	4th Thursday
	Line Dancing-Beginning	1:30pm-2:30pm	
	Line Dancing-Traditional	2:30pm-4:00pm	
Friday	Knitting/Crocheting	9:30am	
	Zumba Gold	9:30am	
	Classical Mandolin	10:00am	
	Quilters	10:30am	
	Duplicate Bridge	12:30pm	
	Cribbage	12:30pm	
	San Juan Square Dancers	6:30pm	



IMPORTANT REMINDERS



Meetings

Alzheimer's Caregiver Support Group:

This group meets on the 1st, 3rd & 5th Wednesdays of the month at 10:30am.

TOPS) Take off Pounds Sensibly:

This support group meets every Wednesday, weigh in at 8:30am. 9:00am meeting in the Window Room.
Contact Ellen for more information 970-749-2799.

Early Stage Dementia Support Group:

This support group meets on the 3rd Tuesday of the Month at 10:00am

Medicare Counseling:

Private Medicare Consultation/Counseling with Resident Expert, Karen Bell!

This service is available by appointment only:

May 15th 9:00am-12:00pm.

Contact Kaylie Smith at 970-382-6444 for an appointment.

Medicare Corner with Kaylie!

What You Need to Know About Medicare Before you Retire

Here are some things you should know about Medicare before it's time to enroll:

You might, or might not, have to get it at age 65. Make sure to sign up for Part A when you turn 65 (if you or your spouse are still working). You may automatically be enrolled in Part A if you are receiving Social Security. Some people must enroll in Medicare Part B at age 65 or face a lifelong penalty. This includes people on COBRA or retiree benefits (such as military retirement), and those who work for an employer with fewer than 20 employees. Your circumstances might require you to stay on an employer's plan, or if you want to get your full Social Security benefit, you might want to delay retirement until you reach your full retirement age. Talk to your Human Resource Department.

You must sign up at the right time or risk delays in coverage and penalties. There's an initial enrollment period for Medicare right around your 65th birthday. If you delay your retirement past 65, there's a special enrollment period right around the time of your retirement. If you miss the enrollment periods, you could face penalties for the rest of your life.

Original Medicare doesn't cover everything. There are many things Medicare Part A, B and D don't cover. If you want coverage for those services, you'll need to enroll in a Medicare Supplement (Medigap) plan or a Medicare Advantage plan administered by a private insurance company. Medigap plans cover gaps in Original Medicare coverage like co-pays, coinsurance and deductibles. Medicare Advantage plans cover all the gaps and also offer extended benefits, like wellness, dental, and vision services.

It's a good idea to get some help navigating this complicated stuff. There's lots of information available on [medicare.gov](https://www.medicare.gov) that can help. We have SHIP counselors, here at the Senior Center that can help you with your decision. Call Kaylie Smith at 970-382-6444, or email ksmith@lpcgov.org today!

Class Fees

First Class is Free

\$6.50 per class or for additional savings purchase a punch pass: \$70.00 for 12 punches (\$5.92/class) or \$90.00 for 20 punches at (\$4.50/class).

Please see Bernice Madril to purchase your pass. Fitness scholarships are available to qualified applicants.

Punch passes can be used for any activity.



Seated Yoga!

Mondays 10:45

In this beginner yoga class we use adapted poses to accommodate different physical abilities. The goal is to build strength, flexibility, balance and stability over time. As we move through our practice, we will shift between standing and sitting.

Line Dancing

Try the line dancing class. Learn the moves and integrate mind and body! Line dancing uses a sequence of steps you are sure to enjoy!

Instructor Jean Standifer has been teaching Line Dancing for more than 20 years!

Tuesdays/Thursdays at 1:30pm



Dance your way to a healthier you! Zumba is a fun, energetic class involving dance and aerobic steps. It is a low-impact workout with fun music.

Tuesdays/Fridays at 9:30am

Watch Your Step



Try this fun class that will use every muscle in the body!

Our talented instructors use hand weights, resistance bands and focus on balance techniques.

Tuesdays/Thursdays at 10:30am

Join Kimmers for

Total Body Reset

Wednesday's at 10:00am

This class is designed to include cardio dynamic stretching, lots of joint movement, lower/upper body strength, and abdominal work.

We will also incorporate breathing, balance, and posture.



**Knitting & Crocheting
Meets on Wednesdays &
Fridays at 9:30am. No Fee**

**Connecting with Crafts meets on
Wednesdays at 1:00pm**

Bingo

Monday's 1:00pm

\$1 per card



Be Fit Be Able

Mondays and Wednesdays at 1:00pm

**Sponsored by Southwest Colorado
Multiple Sclerosis Society, No fee**



Movie Day

May 23rd 1:00pm

Window Room, No Fee

Movie : Rock My Heart

**Free Blood Pressure Checks
provided by
Junction Creek Health &
Rehabilitation**

**May 14th & 28th 11:15am to 12:00pm
Durango/La Plata County Senior Center.
Walk Ins Welcome!**



Beginners Welcome!

Tai Chi

Mondays: 9:30am-10:30am

Beginner Tai Chi/Seated

Tuesdays: 9:00am-10:00am

Intermediate Tai Chi



Wednesday: 9:30am-10:30am

Beginner Tai Chi/Fall Prevention

Wednesdays: 10:30am-11:30am

Beginning Tai Chi

Thursdays: 9:00am-10:00am

Suggested donations are welcome

SAN JUAN SQUARE DANCE CLUB OF DURANGO

Friday Night Square Dance

**Try something new that offers not
only physical activity, but mental
stimulation and fun as well.**

Time: 6:30pm-9:00pm

**Dance Lessons & Fee's
Contact Judy for more infor-
mation. 970-884-1338**



Mother's Day Word Search

M A M H O M O I C A R N C N G
A P A R E N T A A C O S H N E
S A L N A T H A R F A M I L Y
T R E O N G S T D M A T L O O
C H I L V D R E F L I L D A Y
E H O L D I A Y S E A S R T E
K C A L N D N G F L O W E R S
E T R Y I N S G L E C Y N Y M
B M O A F D M I W O A E R S O
R I O E Y O A N S R R F L O T
O T A M O A Y Y L E I W M B H
T H Y E A R C R A V N E A R E
E R A M O T C H I L G R Y A R
C E L E B R A T E M O Y J E R
A F I A M I L I S T M O N T S



CARD	HOLIDAY
CARING	LOVING
CELEBRATE	MAY
CHILDREN	MOM
FAMILY	MOTHER
FLOWERS	PARENT





How to Stay Out of a Nursing Home

OR - How to keep your loved one out of a nursing home

Increasingly, people want to stay out of nursing homes, to “age in place” in their own homes and communities.



Join a group of folks who are learning ways to make sure we can age in our own homes, with our loved ones and our quality of life. We examine different practices and tools, brainstorm, compare notes on what works, and learn to advocate for our wishes.

Typical monthly sessions include learning and social parts, with aging and disability activist Martha Mason.

Join us in May for a free presentation about SHARED HOUSING!

When: Tuesday, May 14th, 1:00 – 3:00 pm

Where: Durango Senior Center Window Room
2424 Main Ave in Durango
(970) 382-6445



- People with disabilities and people who are aging want to stay out of nursing homes.
- Large numbers of renters—including those who are aging and young low-wage workers and students—are having a hard time finding affordable places to live.
- Growing numbers of older adults with space in their homes need extra income, help, and companionship.

One solution tackles all these problems: home-sharing.

Plus, learn about Southwest Homeshare, a pilot project for home sharing in Durango, with Liza Tregillus.



The Social Security Administration (SSA) Office of the Inspector General (OIG) is receiving alarming reports that criminals are impersonating SSA OIG agents and are requesting that their targets meet them in person to hand off cash. SSA OIG agents will never pick up money at your door or in any type of exchange. This is a SCAM!

NEVER exchange money or funds of any kind with any individual stating they are an SSA OIG agent. This new scam trend introduces an element of physical danger to scams that never existed before.

This recent method of handing cash directly to a phony agent is a dangerous twist on a known scam tactic that pressures individuals to pay in a specific way by using cash or gift cards. SSA OIG and official government agencies do NOT conduct business in this manner.

This is the latest example of how scammers are constantly evolving their tactics to intimidate or pressure people into making hasty decisions that usually involve stealing their target's hard-earned money," said Inspector General Gail S. Ennis. "While our agents are out in the field, they will not ask you for money. I urge you not to respond to these kinds of requests."

WHAT TO DO IF YOU'VE BEEN SCAMMED

Stop talking to the scammer. Notify financial institutions and safeguard accounts. Call the police and file a police report. File a complaint with the FBI

Internet Crime Complaint Center (ic3.gov). Report Social Security-related scams to SSA OIG (oig.ssa.gov). Report other scams to the Federal Trade Commission (ftc.gov). Keep financial transaction information and the record of all communications with the scammer.

This project was supported, in part by grant number 90MPPG0033, from the U.S. Administration for Community Living, Department of Health and Human Services, Washington, D.C. 20201. Grantees undertaking projects with government sponsorship are encouraged to express freely their findings and conclusions. Points of view or opinions do not, therefore, necessarily represent official ACL policy.

SAN JUAN BASIN AREA AGENCY ON AGING
Administering state and federal funding for Senior Services, Serving Region 9 Archuleta, Dolores, La Plata, Montezuma and San Juan Counties.



BAYFIELD

COLORADO • *Where Stars Shine Bright*

MAY 2024
PO BOX 80
BAYFIELD
970-884-9544
bayfieldgov.org



Mark your Calendar...

April 25, Arbor Day Event 10am Eagle Park
May 2, 6pm Board Retreat
May 3, 8pm Pine River Library Dark Sky Event
May 7, Board of Trustees Regular Meeting
May 14, Planning Commission Regular Meeting
May 18, Spring Clean Up
May 18, Spring Clean Up
May 21, Board of Trustees Regular Meeting
May 27, Memorial Day Town Offices Closed

News and Announcements



NEWSLETTER

TERM & BOARD OF TRUSTEES

2024-2028 Mayor Thomas E. Au
2022-2026 Mayor Pro Tem Alexis Hartz
2022-2026 Trustee Brenna Morlan
2024-2026 Trustee Kat Katsos
2024-2028 Trustee Cash Snooks
2024-2028 Trustee Matt Nyberg
2024-2028 Trustee Laura MacLaurin

The Town of Bayfield, Pine River Library, and Visit Durango will be hosting a free Bayfield Star Party on Friday, May 3, 2024 from 8-9:30 pm at the Pine River Library. There will be astronomy activities, light refreshments and more. For more information visit: <https://engage.durango.org/en/projects/durango-dark-sky-certification-process-1>

Spring Clean Up, Saturday, May 18, 2024: Spring Clean Up Day will be from 8am until dumpsters are full at the Bayfield town shop, 905 Community Lane. Town utility customers may bring household items.



Accepted:

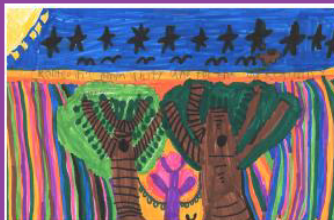
- ✓ Furniture and Mattresses
- ✓ Large appliances (no refrigerators or AC)
- ✓ Scrap Metal
- ✓ Drywall, Carpeting, Tiles and Similar
- ✓ Open and Dried Paint Cans
- ✓ Fencing and Lumber
- ✓ Tree Trimmings & Branches (<8' and <8")
- ✓ Bagged or Boxed Loose Brush & Leaves
- ✓ Staff will attempt to honor reusable items left

Not Accepted:

- ✗ Tree Stumps
- ✗ Concrete, Bricks & Masonry
- ✗ Rocks or Dirt
- ✗ Electronics or Batteries
- ✗ Appliances with refrigerants
- ✗ Tires
- ✗ Wet Paint or Closed Paint Cans
- ✗ Hazardous Waste & Chemicals (Flammable, Toxic or Corrosive)



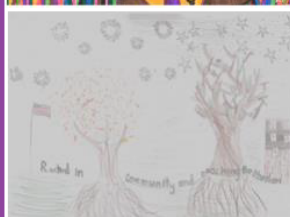
Water Restrictions go into effect **May 1**. See the town's website for more information! www.bayfieldgov.org



Bayfield Primary School First Grade Arbor Day Poster contest
1st Place Wesley Morse
2nd Place Lucy Carico
3rd Place Layla Stroud

Honorable mentions Octavia Persson, Axel Carbajal Lazo, and Tobias Powers

Thank You CTC!



As the weather is warming up and you want to get your dog out of the house for a nice long walk, remember that dogs are required to be on a leash at all times within the Town limits. Please pickup after your dog.



Do you live in Bayfield and are you interested in being a part of Bayfield's future? There are two vacancies on the Planning Commission. Send a letter of interest to ksickles@bayfieldgov.org for consideration in the month of May.

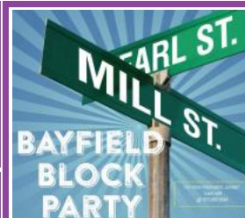


BSD May Events

BHS Graduation May 19
8th Continuation May 21
Last Day of School May 23



Spring Time equates to a lot more foot and bicycle traffic in town and drivers need to pay extra attention on their traffic safety.



Pine River Senior Center Schedule

OPEN TUESDAYS - Bring Lunch

All Tuesdays Games and Billiards (9:00-3:00)

2nd Tuesday: Card Making w/PR Library (10:00-11:00)

4th Tuesday: Arts and Crafts w/Katie (10:00-11:30)

2nd/4th Tuesday: Quilter Group (9:30-2:30)

OPEN WEDNESDAYS - *Lunch Served 11:30

All Wednesdays: Games and Billiards (9:00-3:00)

All Wed: ♥Exercise Group (9:15-10:00 & 10:15-11:00)

1st/3rd Wednesday: Bingo (12:45-2:45)

2nd Wednesday: Veteran Services available (9:00-11:00)

OPEN FRIDAYS - *Lunch Served 11:30

All Fridays: Games and Billiards (9:00-3:00)

All Fridays: ♥Exercise Group (9:15-10:00 & 10:15-11:00)

All Fridays: Bridge (12:30-3:00) Call ahead for table opening

4th Friday: Pine River Library (11:30-1:00)

Adventures in Dining the 3rd Thursday of every month.

Contact the organizing senior representative to reserve a dining seat and discuss travel arrangements. Town staff can direct interested individuals to the organizing party.

***For lunch on Wednesday/Friday call the day before to get on the list.**

♥No Exercise Group walk ins, sign up is required.

Does Bayfield have adequate Wastewater Treatment Plant Capacity?

The simple answer is yes, with continued quality maintenance, standards, qualified operators, complying with EPA/State required discharge limits, and reducing I&I. The image below is an air diffuser replacement project after 14 years in service.

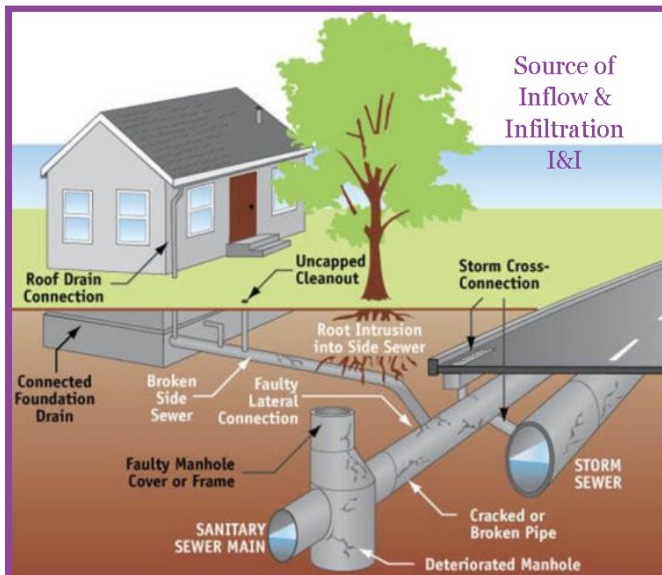
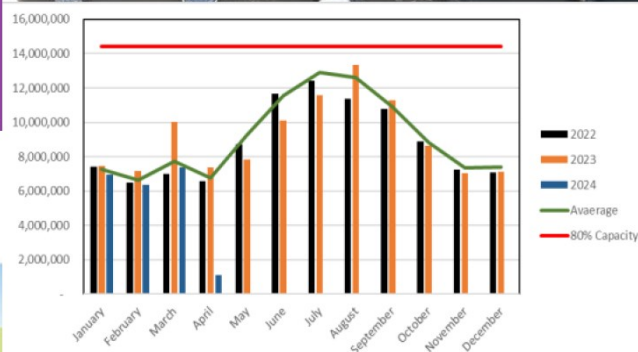
2024 Dates

⇒ June 13

⇒ July 11

⇒ August 8

Contact Town Hall for booth info or application.



The graph provides annual reports of inflow per month. Summer months should be similar to winter months. The same number of toilets, dishwashers and bathtubs are present from winter to summer. Summer inflow increase is a result of irrigation and ground water flowing into sewer collection lines also called I&I (Inflow & Infiltration). Currently the Town has video and recently installed sensors to determine where this ground water is entering collection lines. At some point in the future the town will start repairing or lining the pipes to reduce I&I.