



ACCOUNTABILITY · INTEGRITY · RESPECT

Resource Guide for Seniors and Caregivers

2024-2025

La Plata County Resource Guide for Seniors and Caregivers

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HOME HEALTH AGENCIES, PERSONAL CARE ASSISTANCE AND COMPANIONSHIP PROGRAMS

Comfort Keepers 691 CR 233, Suite A6 Durango, CO 81301	970-515-7055
Guardian Angels 555 S. Camino del Rio, #C2B Durango, CO 81303	970-385-8414
Home Instead 160 Rock Point Drive, Suite C Durango, CO 81301	970-828-6701
La Plata County Public Health 281 Sawyer Dr. #300 Durango, CO 81302	970-247-5702
Mercy Home Health, Hospice of Mercy, and Mercy Palliative Care 175 Mercado St. #131 Durango, CO 81301	970-382-2000
Nurturing Hearts Care Services	970-585-5031
PASCO/Southwest 2208 E Main St. Cortez, CO 81321	970-247-1211
Shining Star Caregivers 2855 Main Ave #A106 Durango, CO 81301	970-946-2932
Visiting Angels 610 E. 8th Ave, Durango, CO 81301 301 N. Pagosa BLVD #B-10	970-247-2292

TRANSPORTATION

City of Durango- Opportunity Bus 970-247-3577
250 W. 8th St.
Durango, CO 81301

Durango Transit

(trolley & opportunity bus) 970-259-5438
250 W. 8th St.,
Durango, CO 81301

Animas Transportation

(private/cab service) 970-259-1315
2023 Main Ave.
Durango, CO 81301

La Plata County Senior Services 970-382-6445
2424 Main Ave.
Durango, CO 81301

Road Runner Transit 970-563-4545
6699 CR 521
Bayfield, CO 81122

Southwest Rides 970-946-0232
www.southwestrides.org

INFORMATION REFERRAL

211 / Western Slope 211		WC211.org
AARP		AARP.ORG
Alzheimer's Association	www.alz.org	970-259-0122 800-272-3900
Helpline 24 hrs		
American Diabetes Association		800-342-2383
American Heart Association		303-369-5433
1777 S. Harrison St., #500 Denver, CO 80210		
American Red Cross		970-242-4851
1911 Main Ave., #282 Durango, CO 81301 24 hr Hotline		800-733-2767
Arthritis Foundation Info line		800-283-7800
Cancer Resource Center of Durango		970-403-0086
65 Mercado St., #233, Durango, CO 81301		
Centers for Disease Control (CDC)		800-232-4636
Healthy Aging for Older Adults www.cdc.gov/aging/		
Colorado Center for Aging	ColoradoCenterforAging.org	
Colorado Commissions on Aging	cdhs.colorado.gov/ccoa	
Eldercare Locator Nationwide		800-677-1116

La Plata County and

City of Durango Info Line

970-385-4636

MEDLINEplus

www.medlineplus.gov Senior Health

National Consumer

Insurance Information Institute

www.iii.org

National Institute on Aging

www.nia.nih.gov

National Institute of Mental Health
suicide facts

www.nimh.nih.gov Depression and

VITA Volunteer Income Tax Assistance

DurangoVita.org



SENIOR CENTERS / VETERANS SERVICES, ASSISTANCE FOR SENIORS WITH DISABILITIES

American Legion Post 28 878 E. 2nd Ave. Durango, CO 81301	970-422-5209
Community Connections, Inc 281 Sawyer Dr., #200 Durango, CO Resources for the Developmentally Disabled individuals	970-259-2464
Durango~La Plata Senior Center 2424 Main Ave. Durango, CO 81301 Nutritional lunches, home chore services, transportation, recreation activities. Family caregiver support and senior outreach services	970-382-6445
Ignacio Senior Center 15345 Hwy. 172 Ignacio, CO 81137 Nutritional lunches, Recreation activities, and transportation	970-563-4561
La Plata County Public Health 281 Sawyer Dr. #300 Durango, CO 81302 Home Health Care/Homemaker, Personal Care/Skilled Nursing Care	970-247-5702
La Plata Veterans Services 1970 E. 3rd Ave., #102 Durango, CO 81301 For Appointments	970-759-0117 970-382-6150

Pine River Senior Center

970-884-5415

111 W. South St. Bayfield, CO
81122

Nutritional lunches available Tuesday & Wednesday Recreation Activities

SSVF (Supportive Services for Veteran Families)

Commons Building, Ste 318
Durango, CO 81301

970-247-0831

San Juan Basin Area Agency

on Aging (SJBAAA)

970-264-0501

PO Box 3412

Durango, CO 81302

www.sjbaa.org

• Aging and Disability Resources
for Colorado (ADRC)

970-382-6444

Dental, Legal and Ombudsman Services

Southwest Center for Independence

970-259-1672

9 Burnett Court Ste C Durango, CO
81301

Older Individuals who are Blind (OIB) Program

Housing Choice Voucher Program, Independent Living
Service

VA Durango Clinic

970-247-2214

1970 E. 3rd Ave., #102
Durango, CO

NURSING HOMES / ASSISTED LIVING FACILITIES

Cottonwood Inn Rehabilitation and

Extended Care Center 970-828-1414
450 Prospector Ave.
Durango, CO 81301

Evening's Porch Assisted Living 970-884-0101
42811 Hwy. 160, Bayfield, CO 81122

Junction Creek Health Care & Rehab Center 970-247-2215 2911 Junction St.
Durango, CO 81301
Skilled nursing, extended care, and
rehabilitation

Madison House 970-565-2047
120 S. Madison, Cortez, CO 81321

Mesa View 970-564-0716
24760 CR G, Cortez, CO 81321

Ombudsman - Advocate for Residents

in Region 9 Long Term Care Facilities 970-264-0501

Pine Ridge Extended Care 970-731-4330
119 Bastille Dr.,
Pagosa Springs, CO 81147

Pine River Valley Manor 970-884-7773
251 S. Clover Ln., Bayfield, CO 81122

Sunshine Gardens Senior Community 970-385-4090
25 Sunshine Ct., Durango, CO 81301
www.sgwseniors.com

The Valley Rehabilitation & Healthcare Center 970-533-9031 211 3rd Ave.,
Mancos, CO 81328

Vista Mesa Assisted Living 970-564-1888
1206 N. Mildred Rd., Cortez, CO 81321

Vista Grande Rehabilitation & Healthcare Center

680 Hospital Drive, Cortez, CO 81321 970-564-1122

SELF HELP AND SUPPORT GROUPS

24/7 Crisis Care Line/Axis Health Systems Springs Blvd. Durango, CO 81301	970-247-5245 1125 Three
Alcoholics Anonymous https://aa-westerncolorado.com/	970-245-9649
Al-Anon/ Alateen For friends & families of Alcoholics	970-259-2982
Alcohol/Drug Treatment	
Referrals-Nationwide	1-800-996-3784
Alternative Horizons. PO Box 503, Durango, CO 81302	970-247-4374
Alzheimer's Association www.alz.org Helpline 24 HR	800-272-3900
American Heart Association 1777 S. Harrison St., Ste 500 Denver, CO 80210	303-801-4630
Colorado Coalition for Elder Rights	www.ccerap.org
Domestic Violence Hotline 24 Hr. (Alt. Horizons)	970-247-9619
Gamblers Anonymous	855-222-5542
National Alliance for the Mentally Ill-Southwest Colorado 10 Town Plaza, #320, Durango, CO 81301 State office www.nami.org	888-566-6264
National Cancer Institute www.cancer.gov	800-4-CANCER (800-422-6237)
Southern Ute Victim's Services 149 CR 517, Ignacio, CO 81137	970-563-0245

CRIME PREVENTION, LAW ENFORCEMENT AND LEGAL SERVICES

Adult Protective Services 970-382-6150 Ext. 2
10 Burnett Ct., Durango, CO 81301 Elder
Abuse/neglect/exploitation

Alternative Horizons 970-247-4374
PO Box 503, Durango, CO 81302
Domestic Violence Hotline 24 Hr. 970-247-9619

Bayfield Fire, Police and Medical Emergency **911**

Crime Stoppers Dispatch: 970-385-2900 949 E. 2nd
Ave.
Durango, CO 81301

Colorado Legal Services 970-247-0266
679 E. 2nd Ave., Ste B Durango, CO 81301
www.ColoradoLegalServices.org

Colorado State Patrol 970-385-1675
20591 Hwy. 160
Durango, CO 81301
Dispatch 24 Hr 970-249-4392

**Durango Fire
& Rescue Authority (non-emergency)** 970-382-6000
142 Sheppard Dr., Durango, CO 81303
Non-Emergency Dispatch 24 Hr. 970-385-2900
Emergency 24 Hr. 911

Durango Police Department	970-375-4700
990 E. 2nd Ave., Durango, CO 81301	
Non-Emergency Dispatch 24 Hr.	970-385-2900
Emergency 24 Hr	911
Durango Public Defender	970-247-9284
175 Mercado St., #250	
Durango, CO 81301	
Ignacio Police Department	970-563-4206
540 Goddard Ave.	
Ignacio, CO 81137	
Emergency 24 Hr	911
La Plata County District Attorney's Office	970-247-8850
1060 E. 2nd Ave., Durango. CO 81301	
La Plata County Sheriff's Department	970-247-1157
742 Turner Dr., Durango CO 81303	
Emergency 24 Hr	911
La Plata County Courthouse/Information for County Offices	970-382-6200
1101 E. 2nd Ave.	
Durango, CO 81301	
Southern Ute Police Department	970-563-0246
149 CR 517, Ignacio, CO 81137	
Dispatch 24	970-563-4401
Southern Ute Victim's Services	970-563-0245
149 CR 517, Ignacio, CO 81137	
Upper Pine River Fire Protection District (Bayfield)	970-884-9508
515 Sower Dr.	
Bayfield, CO 81122	

CITY, COUNTY, STATE, AND GOVERNMENT SERVICES

Amerigas Propane 970-884-2629
2282 Bayfield Pkwy, Bayfield, CO 81122

Atmos Energy 888-286-6700
801 Florida Rd., Durango, CO 81301 Gas leak,
immediately leave your
home & call 866 322-8667 or 911

Bayfield City Offices

Town Hall, 1199 Bayfield Parkway, Bayfield, CO 81122
Bayfield Library 395, Bayfield Center Dr 970-884-2222
Bayfield Marshall's Office 970-884-9636
Bayfield Motor Vehicle Dept 970-382-7078
Bayfield Parks and Recreation 970-884-9544
Bayfield Town Hall 970-884-9544

Driver's Licenses 970-247-4591

Motor Vehicle Registrations 970-382-7075

Handicap Parking Permits/Titles
679 Turner Drive, Suite C
Voter Registration 970-382-6296

Durango Chamber of Commerce 970-247-0312

2301 Main Ave., Durango, CO 81303

Durango City Offices:

- **Animal Control Dispatch** 970-385-2900
- **City Hall** 970-375-5000
949 E. 2nd Ave., Durango, CO
- Library 1900 E.3rd Ave., Durango, CO 970-375-3380
- **Municipal Court**
949 E. 2nd Ave., Durango, CO 970-375-5020

Durango Fire & Rescue Authority

(non-emergency) 970-382-6000
142 Sheppard Dr., Durango, CO 81303
Emergency 24 Hr. 911

Ferrell Gas 970-247-0933
39738 Hwy 160, Bayfield, CO 81122
Gas leak, immediately leave your home & call 911

Ignacio Animal Control (Pound) 970-563-4382
Animal Control Offices 970-563-0133

Ignacio Library 970-563-9287
470 Goddard Ave., Ignacio, CO 81137

Ignacio Municipal Court 970-563-9494
570 Goddard Ave., Ignacio, CO 81137

Ignacio Town Hall 970-563-9494
540 Goddard Ave., Ignacio, CO 81137

La Plata County Administration 970-382-6200
1101 E Second Ave., Durango, CO 81301

La Plata County Airport

Administrative Offices 970-382-6050

La Plata County Assessor 970-382-6221
1101 E. Second Ave., Durango, CO 81301

La Plata County Clerk and Recorder 970-382-6280
679 Turner Drive, Suite C, Durango, CO 81301

La Plata Electric 970-247-5786
45 Stewart St., Durango, CO 81303

Medicare 800-MEDICARE (800-633-4227)

Social Security Office 800-772-1213
103 Sheppard Ave., #120, Durango, CO 81301

US Post Offices:

Durango-222 West 8th St.
Durango, CO 81301 970-247-3434

Bayfield-145 W. Park
Bayfield, CO 81122 970-884-9618

Ignacio-1001 Williams Ave.
Ignacio, CO 8113 970-563-4322

HUMAN SERVICES, INCOME ASSISTANCE AND PUBLIC BENEFITS

Adult Protective Services (Human Services) 970-382-6150 10 Burnett Ct.,
Durango, CO fax 970-382-6151 Elder

Abuse/neglect/exploitation

Hot Line, CPS, APS Calls 844-264-5437 (Reporting)

Hot Line, CPS, APS Calls 844-264-5437 (Reporting)

Better Business Bureau 703-276-0100

www.bbb.org

Connect for Health Colorado

Health Insurance Marketplace 855-752-6749

Connectforhealthco.com

Crossroads at Grandview /Axis

Health System 970-403-0180

1125 Three Springs Blvd. Durango, CO

81301

Crisis Assessment Center, Acute Treatment Unit

(ATU), Detox Unit

Housing Solutions for the Southwest 970-259-1086

295 Girard St., Durango, CO 81303

Emergency Homeless Prevention, Rental Assistance, Housing

Counseling, Transitional Housing,

Housing Developments, Weatherization Applications for Community

Emergency Assistance Coalition (CEAC)

Internal Revenue Service 800-829-1040

La Plata Family Center Coalition 970-385-4747

495 Florida Rd, Durango, CO 81301

La Plata County Dept of Human Services 970-382-6150 10 Burnett Ct.,
Durango, CO 81301

Supplement to SSI, Home Care Allowance,
Medicare Savings, Food Assistance, Long Term Care

La Plata County Senior Services 970-382-6445

Meals, Transportation, Home Chore Services, Senior Outreach
& Caregiver Support
2424 Main Ave., Durango, CO 81301

Medicaid (Human Services) 970-382-6150

Aid to Needy & Disabled, Old Age Pension

Medicare 800-633-4227

Medicare.gov

San Juan Basin Area Agency on Aging 970-264-0501

P.O. Box 3412, Durango, CO 81302

Social Security Office 800-772-1213

103 Sheppard Ave., #123, Durango, CO 81301

Southern Ute Social Services 970-563-0209

United Way 970-247-9444

1315 Main Ave, #121, Durango, CO 81301

Veterans Services 970-759-0117

1970 E. 3rd Ave., #102, Durango, CO 81301

For Appointments 970-382-6150

Women's Resource Center 970-247-1242

679 E. 2nd Ave., #6, Durango, CO 81301

HOUSING AND RENTAL ASSISTANCE

Animas Village Apartments 34237 Hwy. 550 North, Durango, CO 81301	970-259-2071
Cedar View Apartments 3160 E. Animas Village Dr., Durango, CO 81301	970-259-7600
Durango Housing Corporation 650 Valentine Dr., Durango CO 81301	970-247-2788
Espero 1051 Avenida del Sol, Durango CO 81301	970-259-1086
Habitat for Humanity of La Plata County 50 Design Center Rd., Durango, CO 81301	970-382-9931
Heritage Village Apartments 1920 Florida Rd., Durango, CO 81301	970-247-7735
Housing Solutions for the Southwest 295 Girard St., Durango, CO 81303 Emergency Homeless Prevention, Rental Assistance, Housing Counseling, Transitional Housing, Housing Developments, Weatherization CEAC, EOC	970-259-1086
Island Cove Mobile Park 485 Florida Rd., Durango, CO 81301	970-247-8973
Lumien Apartments 3190 E. Animas Village Dr., Durango, CO 81301	970-247-7912
Miramonte 584 Wilson Dr., Durango CO 81301	970-923-8840
Merced de Las Animas 3701 W. 2nd Ave., Durango, CO 81301	970-247-9066
Mountain Oaks Apartments 1759 Florida Rd., Durango, CO 81301	970-247-1544

Mountain Vista Apartments 970-247-9341
1580 Florida Rd., Durango, CO 81301

Pine River Valley Manor of Bayfield 970-884-7773
251 Clover Dr., Bayfield, CO 81122

Pinon Terrace Apartments

in Three Springs 970-385-8618
20 Primrose Cir. #2007,
Durango, CO 81301

Southern Ute Housing Authority 970-563-4575
760 Shoshone Ave., Ignacio, CO 81137

Springtree Village Apartments 970-375-2445
950 E. 32nd St., Durango, CO 81301

Tamarin Square 970-247-8622
1401 E. 3rd Ave., Durango, CO 81301

Westwood Apartments 970-259-5399
60 Westwood Pl., Durango, CO 81301

Valle De Merced 970-259-1118
800 Geoglein Gulch Rd., #D1, Durango, CO
81301

Volunteers of America

Southwest Safehouse 970-259-5443

FOOD, CLOTHING AND EMERGENCY ASSISTANCE

Crisis Hotline 24 Hr Mental Health 970-247-5245

Crime Stoppers 24 Hr 970-375-4712

Durango Urgent Care 970-247-8382
2577 Main Ave.
Durango, CO 81301

Durango Food Bank 970-375-2672
194-C Bodo Dr. Durango, CO 81303

Emergency/Fire Department 24 Hr **911**

Housing Solutions for the Southwest 970-259-1086
295 Girard St., Durango, CO 81303 Emergency
Homeless Prevention, Rental Assistance, Housing
Counseling,
Transitional Housing, Housing Developments, Weatherization
Application for Community Emergency Assistance
Coalition (CEAC)
Energy Outreach Colorado (EOC)

Manna Soup Kitchen 970-385-5095
1100 Avenida del Sol Durango, CO 81301

Meals on Wheels-

La Plata County Senior Services 970-382-6441
2424 Main Ave.
Durango, CO 81301

Mercy Regional Medical Center 970-247-4311
CommonSpirit Health 1010 Three Springs
Blvd. Durango, CO 81301

Pine River Shares 970-884-6090
658 South East Street Bayfield, CO
81122

Salvation Army of La Plata County 970-422-4221
10 Burnett Court #327 (message only)
Durango, CO 81301

**Sexual Assault Services
Organization (SASO)** 970-259-3074
Hotline 24 Hr 970-247-5400

Southern Ute Victim's Services 970-563-0245
149 CR 517
Ignacio, CO 81137

Volunteers of America Durango

Community Shelter 970-259-1021
1055 Avenida del Sol 970-259-1255
Durango, CO 81301
Salvation Army Emergency Funds

Volunteers of America

Southwest Safehouse 970-259-5443

MEDICAL SERVICES, MENTAL HEALTH, SUBSTANCE ABUSE

Alcoholics Anonymous 970-245-9649
888-333-9649

Al-Anon/Alateen 970-259-2982
For friends & families of Alcoholics

Animas Surgical Hospital 970-247-3537
575 Rivergate Ln.
Durango, CO 81301

Axis Health Systems /

Durango Integrated Healthcare 970-335-2422
150 Mercy Village Dr. Durango, CO 81303

Center for Disease Control Info 800-232-4636

The Recovery Center 970-565-4109
35 N. Ash
Cortez, CO 81321

Crossroads at Grandview /Axis

Health System 970-403-0180
1125 Three Springs Blvd. Durango, CO
81301
Crisis Assessment Center, Acute Treatment Unit
(ATU), Detox Unit

Mercy Family Medicine Horse Gulch 970-764-1790
810 E. 3rd St., #201
Durango, CO 81301

Mercy Regional Home Health and Hospice 970-382-2000 175 Mercado
St., #131
Durango, CO 81301

Mercy Regional Medical Center 970-247-4311
1010 Three Springs Blvd. Durango, CO
81301

Peaceful Spirit - Alcohol & Drug

Treatment Center 970-563-4555
296 Mouache Dr.
Ignacio, CO 81137

Senior Reach/Axis Health System 970-335-2217
seniorreach.org

Southern Ute Health Center 970-563-4581
69 Capote Drive
Ignacio, CO 81137

VA Durango Clinic 970-247-2214
1970 E. 3rd Ave. Durango, CO
81301

EDUCATION

Adult Education Center 970-385-4354
701 Camino del Rio #301
Durango, CO 81301
GED, ESOL, Community Education Classes

Colorado Apprenticeship apprenticeship.colorado.gov

Fort Lewis College 970 247-7010 OR 877-352-2656
1000 Rim Dr., Durango, CO 81301

Pine River Community Learning Center 970-563-0681
535 Candelaria Dr., 81137

Pueblo Community College Southwest 970-564-6200
33057 US-160, Mancos, CO 81328

RECREATION

Durango Community Recreation Center rec@ci.durango 2700 Main Ave., Durango, CO 81301	970-375-7300
La Plata County Senior Services 2424 Main Ave., Durango, CO 81301	970-382-6445
Pine River Senior Center 111 W. South St., Bayfield, CO 81122	970-884-5415
Southern Ute Recreation Center 290 Mouache Cir., Ignacio, CO 81137	970-563-0214
Seniors Outdoors www.seniorsoutdoors.org Hiking & Skiing	970-259-8870

EMPLOYMENT

Colorado Workforce Center 331 Camino del Rio, #C Durango, CO 81301	970-247-0308
Division of Vocational Rehabilitation Colorado 160 Rock Point Drive, #A, Durango, CO 81301	970-247-3161
Senior Community Service Employment Program (SCSEP)	877-872-5627

