## October 2021

## <u>Murfreesboro Nutrition Site Monthly Activities</u> 320 West Main St. Murfreesboro, NC 27855

320 West Main St. Murfreesboro, NC 27855				
Mon	Tue	Wed	Thu	Fri
Speaker of the Month (Wednesday & time to be announced) Craft of the Month (Thursday & time to be announced) Monthly Birthday Party (Friday & time to be announced) Movie Day (October 22nd at 10:00am, Movie: Just Getting Started starring Morgan Freeman, Tommy Lee Jones & Rene Russo				1 Devotion & Announcements Brain Teaser/Pokeno Coloring /Games Computer Lab Fitness Equipment Pool Table
A  Devotion &  Announcements  More Than a Meal  Brain Teasers/Coloring/ Games  Bingo  Computer Lab  Fitness Equipment  Pool Table	Craft with Anna Class @ 10:00am  Devotion & Announcements  More Than a Meal  Brain Teasers/Coloring/ Games / Bingo  Computer Lab  Fitness Equipment  Pool Table	Devotion & Announcement Newspaper/Magazine Brain Teaser/Bingo Coloring/Games Computer Lab Fitness Equipment Pool Table	Devotion & Announcements Group Exercise Newspaper/Magazine Brain Teasers/Bingo Coloring/Games Computer Lab Fitness Equipment Pool Table	Bevotion & Announcements Brain Teaser/Pokeno Coloring /Games Computer Lab Fitness Equipment Pool Table
11 Devotion & Announcements More Than a Meal Brain Teasers/Coloring/ Games Bingo Computer Lab Fitness Equipment Pool Table	12 Devotion & Announcements More Than a Meal Brain Teasers/Coloring/ Games / Bingo Computer Lab Fitness Equipment Pool Table	13  Devotion & Announcement Newspaper/Magazine Brain Teaser/Bingo Coloring/Games Computer Lab Fitness Equipment Pool Table	Devotion & Announcements Group Exercise Newspaper/Magazine Brain Teasers/Bingo Coloring/Games Computer Lab Fitness Equipment Pool Table	Devotion & Announcements Brain Teaser/Pokeno Coloring /Games Computer Lab Fitness Equipment Pool Table
18 Devotion & Announcements More Than a Meal Brain Teasers/Coloring/ Games Bingo Computer Lab Fitness Equipment Pool Table	19 Craft with Anna Class @ 10:00am Devotion & Announcements More Than a Meal Brain Teasers/Coloring/Games/Bingo Computer Lab Fitness Equipment Pool Table	20 Devotion & Announcement Newspaper/Magazine Brain Teaser/Bingo Coloring/Games Computer Lab Fitness Equipment Pool Table	21  Devotion & Announcements Group Exercise Newspaper/Magazine Brain Teasers/Bingo Coloring/Games Computer Lab Fitness Equipment Pool Table	Devotion & Announcements Brain Teaser/Pokeno Coloring /Games Computer Lab Fitness Equipment Pool Table Movie Day @ 10:00am
25  Devotion & Announcements More Than a Meal Brain Teasers/Coloring/ Games Bingo Computer Lab Fitness Equipment Pool Table	26  Devotion & Announcements More Than a Meal Brain Teasers/Coloring/ Games /Bingo Computer Lab Fitness Equipment Pool Table	27  Devotion & Announcement Newspaper/Magazine Brain Teaser/Bingo Coloring/Games Computer Lab Fitness Equipment Pool Table	28  Devotion & Announcements Group Exercise Newspaper/Magazine Brain Teasers/Bingo Coloring/Games Computer Lab Fitness Equipment Pool Table	29  Devotion &  Announcements  Brain Teaser/Pokeno Coloring / Games Computer Lab Fitness Equipment Pool Table