



Ahoskie Nutrition Site Drop in, Special, and Virtual Activities
418 Everett St., Ahoskie, NC 27910

Drop Ins

Monday thru Friday: Brain Teasers/Coloring games/Computer lab/fitness equipment/Socializing

Special Events

Tuesday, September 6th: **Healthy Brain @ 10:30am—11:30am (pg. 19)**

Friday September 9th: **Ice Cream Social @ 12:45pm**

Tuesday, September 13th: **Mobile Health Screening Unit @9:30am-1:30pm (pg. 13)**

Wednesday, September 14th: **Pizza Day @ 12:30pm**

Wednesday, September 21st: **Advance Care Planning @ 10:00am– 1100am**

Monday –Friday, September 26-30: **Spirit Week (pg. 26)**

Friday September 30th: **National Senior Center Month Raffle Drawing: (pg. 17)**

Virtual and Zoom

Thursdays, September 1st, 8th, 15th, 22nd, 29th: **Virtual Crochet @ 9:00am -12:00pm (pg. 31)**

Fridays, September 2nd, 9th, 16th, 23rd & 30th: **Telephone Bingo @ 1030AM (pg. 14)**

Tuesday, September 27th: **Hertford County Caregiver Support Group @ 11:00am (pg. 4)**

Tuesdays, September 13th, 20th, & 27th: **Trivia Tuesdays @2:00pm (pg. 24)**



Ahoskie Nutrition Site Regular Monthly Activities
418 Everett St., Ahoskie, NC 27910

Mon	Tue	Wed	Thu	Fri
Movie: Southside With You Summary Chronicles the summer afternoon in 1989 when the future President of the United States, Barack Obama, wooed the future First Lady, Michelle Robinson, on an epic first date across Chicago's South Side. * Special Events*			1	2
			Crochet @9:00am-12:00pm Announcements and Devotions @11:30am-11:45am	Breakfast Bunch @ 8:30 @ St. Thomas Episcopal Church in Ahoskie Bingo @ 11:00am Announcements and Devotions @11:30am-11:45am
5	6	7	8	9
Winton Office , Ahoskie and Murfreesboro Sites Closed	Announcements and Devotions @11:30am-11:45am *Healthy Brain*	Bingo @ 11:00am Announcements and Devotions @11:30am-11:45am	Crochet @9:00am-12:00pm Announcements and Devotions @11:30am-11:45am	Bingo @ 11:00am Announcements and Devotions @11:30am-11:45am *Ice Cream Social*
12	13	14	15	16
Bingo @ 11:00am Announcements and Devotions @11:30am-11:45am	Announcements and Devotions @11:30am-11:45am *Health Screening Unit*	Crafts with Anna @ 10:00am-11:30am Bingo @ 11:00am Announcements and Devotions @11:30am-11:45am *Pizza Day*	Crochet @9:00am-12:00pm Diabetes Support Group 3:30pm-6:30pm @ Vidant Wellness Center in Ahoskie Announcements and Devotions @11:30am-11:45am	Movie Day @ 10:00am Bingo @ 11:00am Announcements and Devotions @11:30am-11:45am
19	20	21	22	23
Bingo @ 11:00am Announcements and Devotions @11:30am-11:45am	Announcements and Devotions @11:30am-11:45am	Bingo @ 11:00am Announcements and Devotions @11:30am-11:45am *Advance Care Planning @ 1:00am-11:00am*	Crochet @9:00am-12:00pm Announcements and Devotions @11:30am-11:45am	Bingo @ 11:00am Announcements and Devotions @11:30am-11:45am
26	27	28	29	30
Bingo @ 11:00am Announcements and Devotions @11:30am-11:45am *Hat Day*	Hertford County Caregiver Support Group @ 11:00am Announcements and Devotions @11:30am-11:45am *Patriotic Day*	Crafts with Anna @ 10:00am-11:30am Bingo @ 11:00am Announcements and Devotions @11:30am-11:45am *Tacky Tourist*	Crochet @9:00am-12:00pm Announcements and Devotions @11:30am-11:45am *Tie Day*	Bingo @ 11:00am Announcements and Devotions @11:30am-11:45am *Team Day*