

Food Resources in Groton

S N A P

Connecticut's Supplemental Nutrition Assistance Program

TVCCA SNAP Outreach Advocates are available at Groton Human Services: 3rd Thursday each month; Call for appointment (860-441-6760) or walk-in. Additional SNAP help is available at End Hunger CT 886-974-7267 or Catholic Charities 860-443-5329 snap4ct.org

United Way Mobile Food Pantry*

Groton site:

St. John's Christian
Church

346 Shennecossett Road
4TH FRIDAY EACH MONTH

12:30-2:30PM

FREE PROGRAM

*DRIVE-THRU LOCATION - Please stay in your vehicle.

FREE SATURDAY LUNCHES*

Groton Congregational Church, 162 Monument St. Noon-1:00PM

*PLEASE CALL 860-445-7409

FOR SCHEDULE

WIC PROGRAM

AT GROTON HUMAN SERVICES MONTHLY ON **THE FIRST AND THIRD**

THURSDAYS*

8:30AM-4:00PM

BY APPOINTMENT ONLY

WIC Clinics are held at the Human Services Bldg., 2 Fort Hill Road, Groton CALL 860-444-0006 or 860-425-6620

*In December, all WIC clients are seen at the New London WIC office, 86 Huntington St., New London, CT

Sponsored by TVCCA, Inc.

Groton Food Locker

Located at Groton Human Services

If you are out of food and are experiencing a food emergency, please contact Groton Human Services.

860-441-6760

GROTON COMMUNITY MEALS

FREE DINNER MEALS*

MONDAYS: Thrive 55+ (Groton Senior Center) 6-7PM
WEDNESDAYS: Thames River Magnet School 6-7PM

Meals are NOT served on Federal holidays For more information: 860-441-6760

*Meals are served "to-go" via drive-thru or walk-up; inside seating available at Thrive-55.

FREE BREAD & PASTRIES*

Donations from BJ's, McQuade's and Toast&Tonic arrive on **Tuesday** and **Friday** mornings at Groton Human Services



*Limited quantities per household.

Meals-on-Wheels

Nutritious meals delivered to eligible homebound persons, age 60+ Contact TVCCA: 860-934-1006



Groton's Summer Food Service Program for Children

⇒ **FREE MEALS !!**

⇒ **LOTS OF SITES IN GROTON!**

⇒ **Serving kids ages 18 and younger**

⇒ **BREAKFAST & LUNCH !!**

The Summer Food Program is sponsored by Groton Public Schools Contact: Mr. Ernie Koschmieder, Dir. of Food Services.



The program operates during the schools' summer vacation. Call for more information including site locations and meal times:

860-449-7208

GROTON ELKS' "DONATION STATION"

HOUSEHOLD CLEANING SUPPLIES, PERSONAL HYGIENE ITEMS, PAPER PRODUCTS AND OTHER ITEMS OF NEED ARE PROVIDED FREE OF CHARGE. ITEMS ARE PACKAGED IN BRIGHT PURPLE REUSABLE BAGS AND ARE DISTRIBUTED WITH FOOD ORDERS FROM THE GROTON FOOD LOCKER. CALL 860-441-6760 FOR INFORMATION.

Grant funding for this project is provided by the National Elks Organization via the Groton Elks Lodge # 2163, 700 Shennecossett Rd, Groton, CT

06340



2 Fort Hill Road
Groton, CT 06340

TELEPHONE: 860-441-6760

FAX: 860-441-6766

OFFICE HOURS: Monday-Friday 8:30AM-4:30PM

<http://www.groton-ct.gov/depts/humansvcs/>

Veterans' Resources

PETS FOR VETS

Non-profit group matches dogs or cats to veterans as companion animals
petsforvets.com



Our goal is to help heal the emotional wounds of military Veterans by pairing them with a shelter dog that is specially selected to match his or her personality. Professional animal trainers rehabilitate the dogs and teach them good manners to fit into the Veteran's lifestyle. Training can also include desensitization to wheel chairs or crutches as well as recognizing panic or anxiety disorder behaviors. Shelter dogs receive a second chance at life while giving our returning soldiers a second chance at health and happiness.

PROJECT HOME New London Homeless Hospitality Center

A program focused on QUICKLY moving homeless veterans into permanent housing

www.nlhhc.org/vets 860-439-1573



Groton Offers Assistance to Veterans

Connecticut law (PA 13-34) requires that all CT Cities and Towns have a local Veterans' Advisory Committee, a Veterans' Service Officer or a Veterans' Service Contact Person. In Groton, the Veteran's Service Contact Person is Marge Fondulas, Director of Human Services. The Human Services Department has expanded its resource information for veterans and has established links to regional, State and Federal resources for veterans. **AT GROTON HUMAN SERVICES, VETERANS MAY ACCESS STATE OR FEDERAL WEBSITES FOR INFORMATION, APPLICATION FORMS, ETC.** Veterans in need of emergency food or utility and/or rent assistance are screened for eligibility by department social workers and assisted in accordance with established program criteria.

For additional information, please call 860-441-6760

PROPERTY TAX EXEMPTIONS FOR VETERANS

CT law provides for a **\$1500 assessment exemption (for real property or automobiles)** for veterans who are honorably discharged after actively serving at least 90 days during a period of conflict.

An original or certified copy of your honorable discharge (DD214) must be filed in Groton Land Records prior to October 1. Veterans who maintain a VA disability rating of at least 10% are entitled to an increased exemption, depending upon the disability rating and income level. **Applications must be filed every two years with the Assessor's Office between Feb. 1 and Oct. 1. Proof of income for the previous calendar year is required.**

For more info, contact the Groton Assessor at 860-441-6660.

NORWICH VET CENTER

2 CLIFF ST, NORWICH, CT

FREE INFORMATION, COUNSELING AND OTHER RESOURCES FOR VETERANS WHO SERVED OUR NATION IN COMBAT ZONES

Mon-Thurs. 8AM-8PM, Fri. 8AM-5PM **860-887-1755**

Veterans' families and significant others are also eligible to receive counseling related to the resolution of readjustment difficulties of the veteran.

EMERGENCY ASSISTANCE GRANTS

| | |
|---------------------------------------|-----------------------------|
| CT Soldiers' Sailors' & Marines' Fund | Military Family Relief Fund |
| 800-491-4941 | 860-524-4968 |



| | | |
|--------------------------------------|--|-------------------------------------|
| 2 Fort Hill Road Groton, CT 06340 | TELEPHONE: 860-441-6760 FAX: 860-441-6766 | OFFICE HOURS: M-F 8:30 - 4:30 |
|--------------------------------------|--|-------------------------------------|

<http://www.groton-ct.gov/depts/humansvcs>

Veterans' Coffeehouses Offer Companionship & Info

TVCCA's Retired Senior Volunteer Program (RSVP) oversees coffeehouses located in Groton, Norwich, Pawcatuck, Mystic, Montville and New London

The coffeehouses offer veterans the opportunity to visit and share information, listen to speakers and offer advice and support to each other.

VETS' COFFEEHOUSES

IN SOUTHEASTERN CT:

GROTON: 9-11AM, 2nd, 4th Fridays each month at Groton Public Library

NORWICH: 9-11AM, 1st, 3rd Tuesdays at Easter Seals Rally Point, 24 Stott Ave.

PAWCATUCK: 9-11AM, 2nd, 4th Thursdays at Pawcatuck Neighborhood Ctr., 27 Chase Street, Pawcatuck

MYSTIC: 9-11AM, 1st, 3rd Thursdays, Masonicare Mystic, 45 Clara Drive, Mystic

NEW LONDON: 9-11AM, 1st, 3rd Fridays each month, New London Senior Citizens Ctr., 120 Broad Street, New London.

For more information, contact James Hodge,

Veterans' Coffeehouse Coordinator
 860-425-6615; jhodge@tvcca.org



1-800-273-8255 PRESS 1

LEGAL ASSISTANCE

CT TRIAL LAWYERS/VA APPEAL SPECIALISTS

860-522-4345

www.cttriallawyers.org

Veterans' Info Line: 1-866-9CT-VETS

Resources for Children & Families



building literacy from birth

53 School Ground Road, Branford, CT 06405 • 203.488.6800 • readtogrow@readtogrow.org
www.readtogrow.org

FREE, gently-used books are available at Groton Human Services, 2 Fort Hill Rd., Groton

Monday-Friday ~ 8:30am-4:30pm



CT Family Support Network (CTFSN)

860-744-4074

<https://ctfsn.org>

The vision of CTFSN is to build a community of families, self advocates, providers and Connecticut citizens who effectively network, communicate, collaborate, and are prepared with resources they need to advocate for acceptance, inclusion, and equality.

iASC Immigration Advocacy & Support Center
8 Washington St, New London, CT
office@iascct.org 860-629-7758

11th Annual Back-to-School Clothing Event for Kids!

Friday, August 16th
9:00AM-2:00PM

Groton Human Services
2 Fort Hill Road,
Groton

Rear Basement Entrance



Great selection of
Clothes for kids
from toddler to
teenager!!



**ALL ITEMS
ARE FREE!**

Donations of gently used clothing accepted Monday-Friday, Groton Human Services, 8:30AM-4:00PM



For more info call
860-441-6760

"Drawing Wisdom From Kids"

Our **2024** calendar is here! The calendar contains drawings from Groton Third Graders and highlights Groton Human Services'

Child Abuse Prevention Initiative

Stop by Human Services Monday-Friday, 8:30-4:30 to pick up a free calendar!

BACKPACKS AVAILABLE!

GROTON HUMAN SERVICES PROVIDES FREE BACKPACKS AND SCHOOL SUPPLIES TO ELIGIBLE GROTON SCHOOL CHILDREN.

Supplies and backpacks remain available after the start of the school year for children who have recently moved into the area or any children who may need additional school supplies.

Children residing in local households receiving any form of ST assistance, including SNAP/Food Stamps, TANF/TFA, SAGA, CEAP/Energy Assistance, WIC, SSI and/or Medicaid or HUSKY coverage are eligible to receive a free backpack and school supplies. Families receiving other forms of assistance directly through Groton Human Services are also eligible.

Please call 860-441-6760 for additional information.

GROTON PET FOOD LOCKER

FREE PET FOOD AND TREATS FOR DOGS AND CATS

All food is donated*~ Quantities are limited ~ Available to eligible Groton pet owners ~ Located at Groton Human Services

*Donations accepted M-F, 8:30-4:30

Groton Public Library's Homebound Delivery Service

FREE program is available to Groton residents with disabilities or medical con-

ditions which prevent them from visiting the Groton Public Library. Deliveries are weekly, bi-weekly or monthly. You may request

any item from the Library's collection - Books, audiobooks, movies, magazines, music, etc. Call 860-441-6750 or contact kbalentine@groton-ct.gov



2 Fort Hill Road
Groton, CT
06340

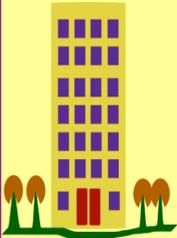
TELEPHONE:
860-441-6760

FAX:
860-441-6766

OFFICE HOURS:
8:30-4:30 M-F

<https://www.groton-ct.gov/depts/humansvcs/>

Resources for Seniors, Disabled Persons and Others



Tax Relief Program for Elderly and Totally Disabled Renters

Starting in May, social workers in the Human Services Dept take applications for Groton residents who wish to participate in the State-sponsored Tax Relief Program for Elderly and Totally Disabled Renters, (aka "Renters' Rebate.") The social workers coordinate with the Resident Managers at the local complexes for senior or disabled residents to take applications for the program. The social workers also connect with renters living in mobile homes and other local rental properties to make sure any renter who is eligible for the rebate applies in a timely manner. Information regarding eligibility and program dates is posted on the Town and HS Dept. web pages and also on GMTV-2's Bulletin Board.

THE PROGRAM IS ADMINISTERED AT THE STATE LEVEL BY THE OFFICE OF POLICY AND MANAGEMENT (OPM), WHICH ISSUES THE REBATE CHECKS DIRECTLY TO RESIDENTS.

- The 2024 program will be available to local residents who are 65 yrs or older as of 12/31/23 **OR** residents age 18 or older who have been determined by the Social Security Administration to be totally and permanently disabled as of 12/31/23.
- Program applicants must have paid rent in CT for a partial or full calendar year in 2023.
- The income limit for single individuals is \$40,300; for married couples, \$49,100.
- Rebates usually range from a max of \$700 for single individuals to \$900 for married couples.
- Documents needed to apply include:
 - Copy of 2023 Income Tax (if filed)
 - Proof of all rent paid in 2023 (rent receipts of letter)
 - Proof of all utility bills paid in 2023
 - Proof of all income for 2023 (Examples: Wages, SSA-1099, Pensions, Interest, etc.)

"FAMILY FORUM" on GMTV-2
<https://www.youtube.com/>
 SPONSORED BY GROTON HUMAN SERVICES
**Topics of interest to Groton families –
 Tune in and learn!**

Senior Farmers' Market Nutrition Program



Each year in early to mid-summer, Groton Human Services participates in the **CT Dept. of Agriculture Senior Farmers' Market Nutrition Program**. In the past, coupon books were made available to eligible State residents, each containing six (6) three dollar (\$3) vouchers. **A new system is now in place which provides benefit cards to eligible program participants.** There are over 100 participating CT Farmers' Markets operating seasonally from June through October throughout the state. One benefit card, per person, is available per season to individuals meeting State Dept of Agriculture eligibility criteria:

- **Recipients must be at least 60 years old, OR, if under 60 yrs of age, permanently disabled and living in subsidized senior and disabled housing.**
- **Maximum household income cannot exceed 185% of the Federal Poverty Guidelines: \$26,973 for single individuals and \$36,482 for married couples.**
- **Proof of current income and a photo ID are required.**

Groton Human Services has a list of all CT Farmers' Markets, most of which remain open from May through October. Call for info: **860-441-6760.**

NLCC/NEW LONDON COUNTY CARES*

**FREE RESOURCES AND SUPPORT FOR
PEOPLE LIVING WITH SUBSTANCE ABUSE
DISORDER. . . .**

**OUR COMMUNITY CARES* ABOUT YOU!
CALL US FOR SUPPORT, NALOXONE AND
INFORMATION: 860-333-3494**

Naloxone is available at Groton Human Services via a free dispensary container mounted on the exterior of the building near the front entrance.

*Coordinated Access, Resources, Engagement and Support



2 Fort
Hill Rd
Groton
CT 06340

Housing Lists Available

Groton Human Services has up-to-date lists of subsidized units for seniors, disabled persons and low & moderate income families. Stop by our office to pick up a list or call us and we'll send it to you via email or regular mail.

860-441-6760

REDUCED FEE VETERINARY CARE AVAILABLE

Companion Animal Hospital in Groton offers reduced fee vet services to eligible local households. Eligibility for these services is determined by Groton Human Services. Please call 860-441-6760 for more information.

The State of CT Dept of Agriculture Animal Population Control Program periodically offers VOUCHERS to low-income households for pet sterilization services. The vouchers provide a one-time benefit of \$50 for a male cat, \$70 for a female cat, \$100 for a male dog and \$120 for a female dog. Included in this program are two pre-surgical pet vaccinations. Applications are available at Groton Human Services. This program is available to households on SNAP, Husky, SAGA, TFA or ST Supplement.



LOW-COST DENTAL SERVICES

COMMUNITY HEALTH CENTER
1 Shaw's Cove, New London
860-447-8304

OR
UCFS HEALTH CENTER
47 Town Street,
Norwich, CT
860-892-7042, ext. 1111

OR
**CT DENTAL HEALTH
PARTNERSHIP**

If you have HUSKY or Medicaid and need to locate a dentist near you, call the Dental Health Partnership at
1-866-420-2924
(toll free, M-F, 8AM-5PM)