



LFL DOGGER NEWS



FROM THE PRINCIPAL'S DESK

I'm looking forward to a great school year! The obvious big change this year is going to be the 4-day school week. The day will be slightly longer with the elementary releasing at 3:45 and the middle school/high school dismissing at 3:50. K-12 will all start at 8:00 a.m. There will be some opportunities for intervention and enrichment on some Fridays that teachers are working. More information will follow and I hope to host a question and answer meeting during our open house on August 17th.

Again, I look forward to a great school year with this great Dogger family! We are making great gains in the classroom and see even greater gains for the 23-24 school year! Go Doggers!!

Principal Gilchriest

BACK TO SCHOOL OPEN HOUSE

*There will be an Open House at the Elementary, Middle School, and High School from **4:00-7:00 p.m., Thursday, August 17th**. This is a great way for the new 6th graders to get their bearings and figure out where they will be going with their schedules. Feel free to bring your school supplies and check out your lockers or find your desks, as well as meet your teachers!

FIRST DAY OF SCHOOL

Students begin classes August 21st, 2023. All schools start at 8:00 a.m. Monday – Thursday; school is dismissed at 3:50 p.m. for grades 6-12 and 3:45 for grades K-5. Parents are welcome to call the school anytime. The office hours are from 7:30 a.m. to 4:00 p.m. Monday-Thursday and 7:30 a.m. to 2:00 p.m. on Friday. The Elementary number is 837-2254 and Middle School/High School is 837-2296.

INDIVIDUAL SCHOOL PICTURES

*August 29, 2023 during school.

*If your student is unable to be at school on the 29th for individual pictures, retakes will be September 26th, 2023.

SCHOOL MEALS

Student lunches are NOT free this year.

Elementary Lunch:	\$3.15
Grades 6-8:	\$3.35
Grades 9-12:	\$3.50
Student Breakfast:	\$2.40
Adult Breakfast:	\$3.00
Adult Lunch:	\$5.00
Adult Salad Bar:	\$5.00
Ala Carte Milk:	\$.60
Ala Carte Bottled Water:	\$.60
Ala Carte Juice:	\$.60
Ala Carte Fruit	
-(sngl srvg/1 piece fresh)	\$1.10
Ala Carte Side:	
-(off serving line)	\$1.10
Ala Carte Entrée:	
-(off serving line)	\$2.50
Breakfast:	
-(1 ala carte item)	\$1.60

K-12 SCHOOL NURSE

An adolescent tetanus diphtheria booster (Tdap) is required by the state of Wyoming for all students ages 11-12 years old. Previously, it was for those entering 7th grade.

When your child reaches the age criteria, your child will need the ***Tdap*** immunization for school enrollment. If your child has already reached this age criteria, please make sure to have this completed by the start of the 2022-2023 school year. Please make an appointment with either your primary care physician or the public health office to receive this booster. Goshen County Public Health can be reached by calling 532-4069.

Upon completion of the immunization, please send the official immunization record to the school nurse. You may also email it to the school nurse at cthomas@goshen1.org.



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If you have any additional questions, feel free to contact me at 837-2224 or cthomas@goshen1.org.

FOOTBALL FOR 7th and 8th GRADE

There will be a middle school football parent meeting on Thursday, Aug. 17th at 7:00pm. Football practice will start on Aug. 21st right after school.

VOLLEYBALL FOR 6-8TH GRADE

2023 LFL Middle School Volleyball

First day in the gym will be Monday, August 14th, from 6:00-7:30am. Practice that first week will run from 6:00-7:30am (August 14-August 18). A sport's physical and the drug testing form are required before the first practice. The rest of the practice schedule is defined below.

If you homeschool your daughter, please email our athletic director, Mr. Lashley, at mlashley@goshen1.org, so he can make sure you get the proper paperwork filled out. Specific volleyball shoes are not required, but a good pair of court shoes/PE shoes are highly encouraged so your daughter doesn't slip/slide on the floor. A good pair of court shoes will help your daughter(s) be successful. These need to be shoes that are only worn in the gym. Knee pads are your responsibility and are highly encouraged (black or white in color). Please make sure your daughter has a water bottle at every practice and game. Uniform top and bottoms are provided by the school. If your daughter chooses to wear navy spandex for games, instead of the provided shorts, that is your responsibility to provide.

Practices will be M-Th 4:00-6:00pm and Fridays will be determined by the start of school. There may be times that we have morning practices, due to scheduling

conflicts in the gym. You will be informed of those dates/times as needed. The game

schedule has been shared on the LFL middle school volleyball Band group, and can also be accessed on the school's website.

If your daughter is planning on playing, please email me so I can get you added to

the Band group if you are not already added. Band is the main mode of communication throughout the season. If at any time during the season you have questions or concerns, you can contact me on Band, or email me at cthomas@goshen1.org.

We are looking forward to getting this season started!!

Coach Candi, Coach Nell, Coach Rutz

HIGH SCHOOL FOOTBALL

Football practice will start Monday, August 14th from 6:00-7:30am. Practice's will be twice a day at 6:00am and 6:00pm the first week (August 14th-18th). There will also be 1 Saturday practice on August 19th at 6:00am.

HIGH SCHOOL VOLLEYBALL

Volleyball practice starts Monday, August 14th at 6:00am-7:30am and again from 4:00-6:00pm. Practices will be twice a day for the 1st week, August 14th-18th.

HOMECOMING WEEK

Sept. 18th through the 2nd will be homecoming week for sports.

MRS. COTTRELL'S ENGLISH CLASSES

I would like to encourage all my students to purchase a flash drive to utilize and save their work on.

LIBRARY

Library notes from Mrs. Jackson -

It's hard to believe our new school year is almost here. I am excited to



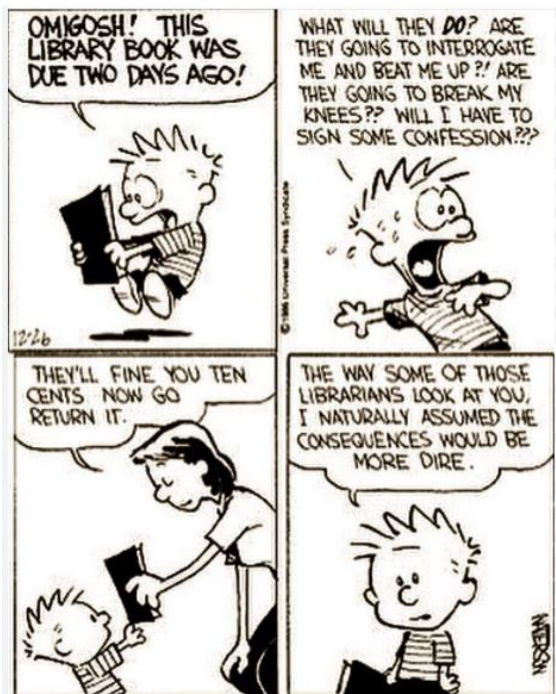
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meet our new students and welcome back those returning from last year.

Can't wait to see what books inspire you this year.

A reminder from Calvin for those of you who might still have a book or two.



Luckily, you do not have to pay any fines for books that might be a bit overdue only if they are lost and you are unable to find them. Please be sure to bring back any library books when you return to school. See you soon!

SCHOOL COUNSELOR NEWS!!

High School students that missed the opportunity to sign up for dual enrollment courses, please contact Mrs. Fleming. All courses are listed on the EWC Website <https://ewc.wy.edu/> under search class schedule. Many courses require an ACT or Accuplacer test score as a prerequisite. EWC courses begin on August 21st.

High School Students: If you have questions about your schedule, please email Mrs. Fleming

at sfleming@goshen1.org. She will either call you or have you schedule an appointment to meet with her prior to the first day of school.

High School Schedule Changes: Please contact Mrs. Fleming with any schedule changes. All schedules are available on your PS account.

Please keep in mind both Graduation Requirements and the Hathaway Success Curriculum Requirements are a bit different.

NEW STAFF MEMBERS AT LFL

We would like to introduce you to the new staff members at LFL.

- Chelsi Jackson- HS Sped Teacher
- Arlo Palomo- MS Sped Teacher
- Shelbie Hanlon- MS/HS English
- Kendra Dugger- Elementary Para
- Natalia Rabay- Elementary Para

Welcome all to the staff at LFL!! We are looking forward to the new ideas they will bring to LFL.

REMINDER:

On the Lingle-Ft. Laramie Website, you are able to access things like:

- PowerSchool
- Registration
- School Supply Lists/Forms
- Calendars
- Bell Schedules
- Athletic/Sports Schedules
- Handbooks

You are also able to check **Important Notices** towards the bottom of the Website.