

## **AREA MENTAL HEALTH RESOURCES (updated 9/2020)**

### **Inpatient Psychiatric Care**

<b>NAME</b>	<b>PHONE</b>	<b>SPECIALTY AREA</b>
<u>Wyoming Behavioral Institute</u> Steve Brown, MD                      David Martorano, MD Lida Prypchan, MD                      Karen Graves, PMHNP, BC Frank Wheeler, MD Leslie Bardessono, DO	237-7444 or 1-800-457- 9312	Walk-in, free level of care assessments; information and referral; inpatient psychiatric care for children, adolescents, adults and seniors.

### **Outpatient Psychiatric Care**

<b>Private providers</b>	<b>PHONE</b>	<b>SPECIALTY AREA</b>
<u>Dr. Stephen Brown and Associates</u> Stephen Brown, MD                      Jeff Brown, PA-C Sarah Burt, PMHNP-BC	234-3638	Child/adolescent psychiatry. Medicaid accepted.
<u>A Beautiful Mind</u> Shellie Hipsak, APRN	337-1173	Child/adolescent/adult psychiatry. Medicaid accepted.
<u>Frontier Behavioral Health</u> Angela Neff, APRN	462-4876	Child/adolescent/adult psychiatry. Medicaid accepted.
<u>Kintsugi Psychiatry</u> Teecee Fulfer, APRN	333-5757	Child/adolescent/adult/gero psychiatry. Medicaid accepted.
<u>Peaceful Minds Wellness Center</u> Jennifer Frausto, APRN	224-2484	Child/adolescent/adult psychiatry. Medicaid accepted.
<u>Specialty Counseling</u> Mark Vuolo, MD	222-3042	Telepsychiatry. Medicaid accepted.
<u>Wyoming Recovery</u>	266-6244	Adult psychiatry.
<u>Wyoming Recovery</u>	265-3791	Adult psychiatry, addictions.
<b><i>Government funded</i></b>		
<u>Central Wyoming Counseling</u> Frank DelReal, MD                      Mark Vuolo, MD	237-9583	Child/adolescent/adult psychiatry. Medicaid accepted.
<u>Community Health Center of Central Wyoming</u> Brenda Threlkeld, APRN	233-6000	Adolescent/adult psychiatry. Medicaid accepted.
<u>UW Family Practice Residency Program - Casper</u> Frank DelReal, MD	234-6161	Adult psychiatry.
<u>Solutions for Life - Douglas/Glenrock/Lusk</u> Nichole Taylor, APRN                      Frank DelReal, MD	307-358- 2846	Adolescent/adult psychiatry. Medicaid accepted.

**Psychologists**

<u>Casper Counseling and Psychology</u> Jack Herter, PhD	235-9004	Pre-surgical psychological evaluation for bariatric and spinal surgery patients.
<u>Park Ridge Behavioral Health</u> Ken Bell, PhD Don Benson, PsyD Melissa Jenkins, PhD Judith Naginey, PhD Charlie Powell, PhD Jason Tyser, PhD	462-4876	Child, adolescent, adult, geriatric adult counseling, couples and family counseling, marriage therapy, anxiety, eating disorders, relationship issues, substance abuse disorders, gender orientation issues and parenting teenagers. Psychological evaluations and consultations. Medicaid accepted.
<u>Learn Resilience, LLC</u> Becky Wilkinson, PhD	215-6988	Eating disorders, depression, anxiety, grief, adjustment, psychological evaluations. Medicaid accepted.
<u>Rocky Mountain Behavioral Health</u> Ken Bell, PhD	577-3050	Child and adult psychological assessments, ADHD, mood and anxiety disorders, developmental disorders, academic problems. Medicaid accepted.
<u>Windy Ridge Psychological</u> Cheryl Godley, PhD	234-0500	Adolescent, adult, family therapy, women's issues, depression, anxiety, psychological assessment.

**Private Outpatient Mental Health Specialists**

<b>NAME</b>	<b>PHONE</b>	<b>SPECIALTY AREA</b>
<u>Dr. Stephen Brown and Associates</u> Kim Cossin, LPC Emily Engler, PPC Dan Farrer, LPC	234-3638	Children, adolescents, adults, individual, marriage, family therapy, domestic violence victims and offenders, trauma therapy. Medicaid accepted.
<u>Aspen Creek Counseling</u> George Brown, LPC JoEllen Jorgensen, LPC	233-4210	Specializing in children and families, play and cognitive therapy, trauma and abuse counseling, domestic violence and parenting consultation. Medicaid accepted.
Amy Berry, LCSW	439-4120	Children, adolescents, adults, seniors. Trauma, parenting, substance abuse, disability, relationships, domestic violence, and more. Accepting Medicaid and Medicare.
<u>A Beacon of Hope</u> Rosemary Bartle, LPC	267-0535	Child and adolescent therapy, depression, anxiety, EMDR, trauma work. Medicaid accepted.
<u>Be Mindfully You</u> Brenna Gatimu, LCSW Brandon Wardell, LPC Jason Weaver, LPC Rachel Yauncy, LCSW	215-9132	DBT, CBT, EMDR. Individual therapy for individuals 5 and older. Teen group therapy can be offered if requested. Medicaid accepted.
Pat Boyer, LMFT, LCSW	265-7755	Marriage, family and individual therapy.
<u>Casper Family Connections</u> Christine Vencill, LCSW Jennifer Sullivan, LCSW	233-2200	Safe custody exchanges, supervised visitation, individual and group therapy.

<u>Casper Family Counseling</u> Bryan Collins, LCSW Lisa Thomas, LCSW	877-299-9944	Children, adolescents, adults, seniors, families, individual and group therapy. Community-based services as needed. Medicaid and Medicare accepted.
<u>Cedar Ridge Child and Family Counseling</u> Tricia Miller, LCSW RPT Jennifer Bays, PPC Jessica Katz, LPC Karen Olsen, PCSW Shelly Sands, MSW Frank Shablo, LPC Tori Shepard, MSW	333-1301	EMDR and Trauma Focused Cognitive Behavioral Therapy. Registered Play Therapist. Addressing social, emotional, and behavioral health challenges in the school, home, and work environment. Depression, anxiety, ADHD, anger, family conflict and parenting, abuse and neglect. Services in the office and community. Medicaid accepted.
<u>Complete Care Counseling</u> Codie Wallace, LCSW	234-9979	Child, adolescent, adult and marital counseling, family conflict and parenting, sexual abuse/trauma counseling. Medicaid accepted.
<u>Crossroads Counseling</u>	333-5370	Child, adolescent and adult therapy, Level I.O substance abuse treatment and Intensive Outpatient Program. Medicaid accepted.
<u>Embracing Change</u> Stephanie Fegler, LCSW	277-1874	Individual, couples, and family counseling for pre-teens, teens, and adults to address a variety of mental health and substance use issues. Sliding fee. Medicaid accepted.
<u>Emotional Wellness Counseling</u> Tammy Michael, LCSW	224-7135	Child, adolescent, adult, older adult therapy, Specializing in EMDR, trauma focused CBT. Medicaid accepted.
<u>Grace and Hope Counseling</u> Leon Chamberlain, LCSW	337-7471	Anger management, batterer intervention, and veterans counseling.
<u>Greener Grasses</u> Karen Harden, LPC	237-6176	EMDR, trauma, anxiety, depression.
<u>Harkins Therapy Services, LLC</u> Shane Harkins, LCSW Carley Alcaraz, LPC <u>Harmony Health</u> James Zoeller, LPC Brandon Bishop, PPC <u>Anchor Counseling</u> Kayleigh Clark, MSW, LCSW <u>The Children's Place Counseling and Consulting</u> Kelsey Donnini, LCSW Baleigh Hite, LCSW	235-3333	Individual, child, adolescent, couple and family counseling, grief and loss, EMDR, adjustment to life/health events, relationship issues, anxiety, depression. Medicaid accepted.
Patricia Hartley, LPC	399-3779	Adolescents and adults. Medicaid accepted.
<u>The Healing Place</u> Julie Fox, LPC Cari Rothenhoefer, LCSW Josh Kaufman, LPC Amanda Roy, LCSW	265-3977	Child, adolescent, adult, and older adult counseling. Christian counseling, individual, couples and family therapy, step-family support, grief share, divorce care.
Jason Poot, LPC Ginger Terry, LMFT Harold Bradshaw, LMFT		

<u>Comfy Couch Counseling</u> Devon Houser, LPC	303-842-7055	Children, adolescents, and adults, family, and trauma therapy.
<u>KV Davis Counseling LLC</u> Verline Davis, LPC Kelsey Mannan, LPC	337-4673	Play therapy, trauma, children, adolescents and adult, family and couples counseling. Medicaid accepted.
<u>Learn Resilience, LLC</u> Becky Wilkinson, PhD	215-6782	Individuals, adolescents, adults, families, couples, parenting. Medicaid accepted.
<u>Life Matters</u> Corey Wentz, LPC, LAT	797-4683	Adolescents, adults, families, addictions, ASIs.
<u>Mind and Thought Counseling</u> Archie Pettry, LPC	466-8008	Individual and family counseling. Child, adolescent, adult, geriatric. Medicaid accepted.
<u>New Beginnings Counseling</u> Steve Lewis, LPC	234-9907	Children, adolescents, adults, marriage, couples, Christian counseling, and parenting. EMDR Level II, Play Therapy, and CBT. Medicaid accepted.
<u>Park Ridge Behavioral Health</u> Nicole Rosenberger, LCSW Cassidy Lach, LPC Cindy Parrish, LPC	462-4876 237-7747	Child, adolescent, adult, individual, family counseling. Medicaid accepted. Individuals, families, couples, sexual abuse/trauma therapy, nontraditional lifestyles therapy, child, adolescents, adults. Medicaid accepted.
Barb Ralph, LPC	277-9752	Children, adolescents, adults. Individuals, couples, families. Substance abuse treatment. Cognitive behavioral therapy. Medicaid accepted.
<u>Remember Who You Are Counseling</u> Deb Michael, LPC	262-8572	Adolescent and adult therapy. Eating disorders, trauma. Medicaid accepted.
<u>Restorations Counseling</u> Aleece Gutierrez, LPC	267-1290	Adult counseling. Depression, bi-polar disorder, grief and loss, abuse, adoptive family issues, anger management, personality disorders, crime victims, women's issues, Christian counseling. CBT, DBT, EMDR, behavioral modification, network therapy, case management, professional referrals.
<u>Rocky Mountain Behavioral Health</u> Dawn Lewis, LPC Jason Tyser, PhD	577-3050	Adolescents, adults, mood and anxiety disorders, adjustment and transition issues, developmental delays. Assessment of intelligence, achievement, adaptive functioning, neuropsychological and emotional functioning. Medicaid accepted.
Anastasia Sarbach, LPC	234-2704	Adult individual therapy.
<u>Seeds of Change</u> Jill Shire, LPC	277-7802	PTSD, EMDR-trained. Certified Hypnotherapist addressing elimination of fears including test anxiety, public speaking, negative habits (including smoking and compulsions), sports performance enhancement, reduction of stress, anxieties and self-esteem issues. Medicaid accepted.
Nancy Sherwood, LPC	247-1424	Serving couples, adults, teens and preteens.

<u>Solutions Counseling Services, LLC</u> Colleen Meade, LCSW Lauren Jackson, MSW, PCSW Lisa Crum, LCSW Cassidy Provo, LPC Perlene Defry, LPC Mercedes Velosquez, LCSW	234-9979	Child, adolescent, adult and marital counseling, family conflict and parenting, sexual abuse/trauma counseling. Medicaid accepted.
<u>Specialty Counseling</u>	222-3042	Adults, adolescents and children, marriage, couples counseling. Vocational, independent living, high-fidelity wraparound and case management services. Religious and spiritual support. Medicaid accepted.
<u>Stepping Stones Counseling</u> Therese Fortier, LCSW	240-2075	Adult individual and marital counseling. Depression, anxiety, adjustment disorders, grief/loss.
<u>Sunshine Counseling</u> Jan de Moulin, LCSW <u>Of One Mind</u> Jennifer Quinn, LCSW <u>Healing Tree Counseling</u> Jennifer Cruickshank, LPC	224-2060	Children, adolescents, and adults, family, couple, marital, EMDR trained, DBT, CBT, trauma therapy, grief counseling, substance abuse counseling. ASIs and addictions counseling. Medicaid accepted.
<u>Therapy Associates</u> Melanie Connell, LPC Lori Hicks, LPC John Koffman, LPC Brooke Martin, LCSW Tanya Meek, LPC Jana Sisco, LPC Steve Rall, LPC	277-6473	Children, adolescents, adults, couples, family therapy, EMDR. Christian counseling with Melanie Connell (Melanieconnell.com). Medicaid accepted.
<u>Transitions Family Counseling</u> Ken Hicks, LCSW JoAnne Risser Hicks, LPC	265-2555	Individuals, couples, children, anger management, sex offenders, criminal thinking, relapse prevention, divorce mediation, substance abuse and mental health assessments.
<u>Winds of Change Therapy</u> Doris Lowe, LPC Amanda Dediego, PhD Nuriah Glasgow, LPC Paul Maddow, PhD	234-7419 259-5139	Child, adolescent and adult therapy. Medicaid accepted.
<u>Wyoming Strong Counseling</u> Melissa Eichenberger, LPC	760-6147	Adult, couples and family counseling. Emphasis on trauma and abuse, including vicarious trauma experienced by first responders and vets.
Sharil Williams, LPC	333-2624	Addictions, trauma, abuse, adult, family therapy.
Tonya Yelton, LPC	265-6420	Specializing in play and expressive art therapy services for children, adolescents, adults, families and couples. Medicaid accepted.

**Other Mental Health Services**

Casper College Counseling	268-2267	For enrolled CC and UW/CC students
Central Wyoming Counseling	237-9583	Mental health and substance abuse counseling, school-based services, psychiatric evaluation and medication management.
<u>Children's Advocacy Project</u> Forensic Interviewers and Therapists: <ul style="list-style-type: none"> <li>• Baleigh Hite, MSW, PCSW</li> <li>• Rosemary Bartle, MS, LPC, NCC</li> <li>• Kayleigh Clark, LCSW</li> </ul>	232-0159	Child/adolescent abuse investigation and therapy.
<u>Community Health Center of Central Wyoming</u> <ul style="list-style-type: none"> <li>• Carol King, LCSW</li> <li>• Midge Payette, LCSW</li> <li>• Ashley Mudder, LCSW</li> <li>• Laura Hunsaker, LCSW</li> </ul>	233-6000	Mental health counseling for children, adolescents and adults, medication management, pharmacy.
<u>Glenrock Health Center</u> Audrey Boespflug, LCSW	436-9206	Child, adolescent, adult, and older adult individual therapy. Group therapy offered. Medicaid accepted.
<u>Mercer Family Resource Center</u> Lindsey Hall, LCSW Brittlynn Adame, MSW	265-7366	Counseling individual/couples/family; parenting classes; youth intervention; alcohol/tobacco/other drug education; CHINS assessment; NC Prevention Coalition; Youth Empowerment Council. Medicaid accepted.
<u>Casper Youth Crisis Center</u> Traci Blevins, LCSW Ashley Mikels, LCSW Amanda Whisler, LCSW	577-5718	Crisis shelter, wraparound services, group home.
Self Help Center	235-2814	Anger management, family violence counseling.
Sensational Kids	234-9360	Pediatric therapy. Occupational therapists treating children with Sensory Processing Disorder, a disorder that often accompanies diagnosis such as autism spectrum disorders, attention deficit, and reactive attachment disorder among others.
Solutions for Life - Douglas/Glenrock/Lusk (Community Mental Health Center)	307-358-2846	Individual and group counseling. Children, adolescents and adults. Anger management. Medication management.
<u>Three Trails Employee/Family Assistance Program</u> Jamie Leslie, LPC Wes Bertagnole, LPC Bonda Zeller, LPC Liz Kornkven, LPC	237-5750	Counseling for employees of Casper College, City of Casper, NCSD, WMC, Wy Recovery, Wy Wound Care, WyHy, US DOE, Self Help, Girl Scout Council, Smile Center, CHCCW, Child Development Center, Central Wyoming Hospice, Mercer Family Resource Center
<u>Healthcare for the Homeless</u>	235-6116	Primary care, preventive, limited dental and vision care, medication.

**Addictions Assessment and Treatment**

Stephen Brown, MD	234-3638	Outpatient child/adolescent psychiatrist treating adolescent addiction.
Central Wyoming Counseling	237-9583	Residential substance abuse treatment for men, women, adolescents.
Cedar Ridge Child and Family Counseling	333-1301	ASI evaluations for adults and adolescents, Level 1.0 relapse prevention and Level 2.1 Intensive Outpatient Program, and individual SA counseling for adults and adolescents.
Central Wyoming Rescue Mission	265-2251	Men's New Life Center, Women's Transformation Center residential programs.
Crossroads Counseling	333-5370	Level I.0 substance abuse treatment and Intensive Outpatient Program.
Mercer Family Resource Center	265-7366	ASI Evaluations; Level .5 DUI Education (adults and adolescents); Insight into Substance Prevention (youth education does not require an assessment)
<u>Embracing Change</u> Stephanie Fegler, LCSW	277-1874	ASI, ASAM level 2.1 IOP and level 1 evening groups, level .5 early intervention 8-hour class. Individual substance abuse counseling. Sliding fee.
Self Help Center	235-2814	ASI, DUI class, relapse prevention, intensive outpatient substance abuse treatment.
Specialty Counseling	222-3042	ASI, DUI class, relapse prevention and intensive outpatient substance abuse services.
<u>Transitions Family Counseling</u> Ken Hicks, LCSW	265-2555	Relapse prevention, substance abuse and mental health assessments. Substance abuse counseling for alcohol, marijuana, meth and more. Drug/Alcohol assessments for commercial drivers.
<u>University of Wyoming Family Practice Residency Program - Casper</u> Roxanne Wilson, LAC	234-6161	Outpatient adult addiction treatment. MAT and addiction counseling, individual and group.
<u>Winds of Change Therapy</u> Doris Lowe, LPC Amanda Dediego, PhD Nuriah Glasgow, LPC Paul Maddow, PhD	234-7419 259-5139	Addictions treatment, individual and group.
Wyoming Recovery	265-3791	Intensive outpatient, day, and inpatient drug and alcohol treatment, med management.
Adult/Teen Challenge Wyoming	258-5397	Faith-based addictions recovery information and referral.

**Veterans Mental Health Services**

<u>Casper VA Outpatient Clinic</u>	235-4143	Psychiatric care, outpatient substance abuse treatment, case management for veterans.
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<u>Casper Vet Center</u>	261-5355	Outreach center for combat vets of current wars and conflicts transitioning back to U.S.
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**Mental Health Advocacy Organizations**

National Alliance for the Mentally Ill (NAMI) NAMI Casper	265-2673	Advocacy service for mentally ill people and their families.
Iris Clubhouse	333-2507	For adults with mental illness.

**Food**

Joshua's storehouse	256-0242
WIC (Women, infants and children)	265-6408
Salvation Army	234-2002
Community Action Partnership	232-0124
Department of Family Services	473-3900
Holy Cross Center	577-1041
Restoration Church Food Pantry	235-9100
Poverty Resistance	253-8955

**Medication/Healthcare Assistance**

Interfaith	235-8043
Department of Family Services	473-3900
12 <sup>th</sup> Street Clinic (Healthcare for the Homeless)	235-6116
Wyoming CARES	237-7035

**Shelter**

Wyoming Rescue Mission	265-2251	Food/shelter/addiction recovery
Salvation Army	234-2002	Emergency services
Interfaith	235-8043	Emergency services
Casper Housing Authority	266-1388	Transitional housing
Community Action Partnership	232-0124	Transitional housing
Seton House	577-8026	Transitional housing for single mothers

**Crisis Shelter**

Youth Crisis Center	577-5718	Crisis shelter for children and adolescents
Self Help Center	235-2814	Crisis shelter for women and children

**Other needs**

Community Action Partnership	232-0124	Emergency services, self-sufficiency services, employment training services
CLIMB Wyoming	237-2855	Vocational support for single mothers seeking long-term self-sustainability.
LIEAP	472-4221	Assistance with heating costs.
Rescued Treasures Thrift Store	577-7793	Household items, clothing, furniture



Goodwill Thrift Store	315-6324	Household items, clothing, furniture
Salvation Army Thrift Store	265-8026	Household items, clothing, furniture
United Methodist Thrift Store	234-6611	Clothing
St. Vincent DePaul Thrift Store	237-2607	Clothing, household items, furniture
Poverty Resistance Thrift Store	267-0704	Household items, furniture, food, clothing
Wyoming CARES	237-7035	Medical and non-medical assistance for infants, children, youth, adults and seniors

To update this information, please call Emily Quarterman Genoff, Director of Business Development, Wyoming Behavioral Institute, (307) 262-0362 (cell), or email [Emily.quarterman-genoff@uhsinc.com](mailto:Emily.quarterman-genoff@uhsinc.com)