

## National Suicide Prevention Resources:

- Download the Wyoming Safe2Tell app, call **1-800-WYO-SAFE** or message [www.safe2tellwy.org](http://www.safe2tellwy.org)
- National Suicide Prevention Lifeline: **1-800-273-8255 (TALK)**
- National Hopeline Network:**1-800-784-2433 (SUICIDE)**
- For the LGBTQ community: The TREVOR Project: **1-866-488-7386**
- Text **WYO** to **741 741**, to text with a trained support person
- American Foundation for Suicide Prevention: <https://afsp.org/>
- Suicide Prevention Resource Center: <https://www.sprc.org/>
- Society for the Prevention of Teen Suicide: <http://www.sptsusa.org/>

***In an emergency or a case where an individual just doesn't know what to do, call 911.***