



# Behavioral Health Resources

## Looking for Behavioral Health Resources?

There are options available through **telehealth**.

## What is telehealth?

Telehealth is where an individual receives health related services electronically, by video or other means.

## Are you worried about having the capabilities?

Most places will work with you to find ways for you to obtain services.

### CRMC

Phone Number:  
307-633-7382

Hours:  
Monday - Thursday  
7:00 am - 6:00 pm  
Telehealth

### LIV Health

Phone Number:  
307-630-4729

Hours:  
Monday-Friday  
9:00 am - 5:00 pm  
Telehealth

### HealthWorks

Phone Number:  
307-635-3618

Hours:  
Monday-Friday  
7:00 am - 5:00 pm  
In-Person or  
Telehealth

### Peak Wellness

Phone Number:  
307-634-9653

Hours:  
24-7  
In-Person, Mobile Crisis  
Response Team,  
and Telehealth

### Youth Alternatives

Phone Number:  
307-637-6480

Hours:  
Mon, Wed, Thurs : 8 am - 6 pm  
Tuesday: 8 am - 8 pm  
Friday: 8 am - 5 pm  
Telehealth

### Cheyenne Vet Center

Phone Number:  
307-778-7370

In-Person and  
Telehealth

### Grace for 2 Brothers

Phone Number:  
307-256-3344

Support  
Group  
Options

### Laramie County Coroner's Office

Phone Number:  
307-637-8000

## National Suicide Prevention Lifeline

Call: 1-800-273-8255 (Veterans: Press 1)  
Text: HOME to 741741