

Especially for Seniors



Care

Paul Hogan

Stages of Senior Care: Your Step-By-Step Guide to Making the Best Decisions,
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Amanda Lambert

Aging With Care: Your Guide to Hiring and Managing Caregivers at Home, 362.24 L

Rachael Wonderlin

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and Things to Do,* 616.83 W

Computers and Phones

Rebecca S. Colmer

The Senior's Guide to Easy Computing: PC Basics, Internet, and E-Mail Updated!,
004 C

ipad for Seniors: Learn to Work With the ipad With IOS 7, 004.165 I

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iPhone With IOS 9 for Seniors: Get Started Quickly With the iPhone,
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*Photo Editing on the iPad for Seniors: Have Fun and Become a Photo Editing
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*Video Chatting for Seniors: Video Call and Chat Using Zoom, Facetime, Skype and
Facebook Messenger,* 006 V

*Windows 10 for Seniors for the Beginning Computer User: Get Started With
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*Working With an Android 4.4 Tablet for Seniors: Suitable for Tablets From Different
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Employment and Finance

Betsy Cummings

*How to Find A Job After 50: From Part-Time to Full-Time, From Career Moves to
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Kerry Hannon

*Great Jobs for Everyone 50 +: Finding Work That Keeps You Happy and Healthy-
and Pays The Bills,*
331.702 H

Katherine S. Newman

Downhill From Here: Retirement Insecurity in the Age of Inequality, 306.3809 N

Health and Wellbeing

Brent Agin

Healthy Aging for Dummies,
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Mark H. Beers

*Aging in Good Health: A Complete Essential Medical Guide for Older Men and
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Arthur C. Brooks

*From Strength to Strength: Finding Success, Happiness, and Deep Purpose in the
Second Half of Life,* 155.67 B

Joan Chittister

The Gift of Years: Growing Older Gracefully, 200.846 C

Gene D. Cohen

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Michael Fekete

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Sara Gottfried

*Younger: A Breakthrough Program to Reset Your Genes, Reverse Aging, and Turn
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Alan Herdman

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Jo Ann Jenkins

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*Natural and Home Remedies for Aging Well: 196 Alternative Health and
Wellness Secrets That Will Change Your Life,* 613.0438 N

Sage Rountree

*Lifelong Yoga: Maximizing Your Balance, Flexibility, and Core Strength in Your 50s,
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John Withington

*Secrets of the Centenarians: What is it Like to Live for a Century and Which of Us
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Miscellaneous

Rebecca S. Colmer

Senior's Guide to Digital Photography, 778.3 C

Marni Jameson

Downsizing the Family Home: What to Save, What to Let Go, 648.5 J

Thelma Reese

How Seniors Are Saving the World:

Retirement Activism to the Rescue!,

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Sixty Things to Do When You Turn Sixty: 60 Experts on the Subject of Turning 60, 646.79 S



DVDs

As Good As It Gets

The Best Exotic Marigold Hotel

The Bucket List

The Comedian

Elsa & Fred

Far From the Madding Crowd

The Good Liar

The Guardian

Guarding Tess

Johnny English Strikes Again

Last Vegas

Mr. Holmes

The Mule

Remember

St. Vincent

The Second Best Exotic Marigold Hotel

Trouble with the Curve

Venus